

Motion in One Dimension

Kinematics Description of motion

Displacement, Velocity, and Speed

An object moving from initial position x_i to final position x_f has **displacement**

$$\Delta x = x_f - x_i.$$

The **average velocity** of the object is the ratio of the displacement to the time it takes for the displacement $\Delta t = t_f - t_i$,

$$v_{av} = \frac{\Delta x}{\Delta t}.$$

The **average speed** of the object is the ratio of the distance traveled to the time it takes,

$$\bar{v} = \frac{\Delta s}{\Delta t}.$$

The average velocity and the average speed of an object are very different.

Geometric Interpretation: The average velocity is the slope of the straight line connecting the points (t_1, x_1) and (t_2, x_2) in the x -versus- t plot.

Instantaneous velocity is defined as

$$v(t) = \lim_{\Delta t \rightarrow 0} \frac{\Delta x}{\Delta t}.$$

The **instantaneous speed** is the magnitude of the instantaneous velocity.

Acceleration

The rate of change of the instantaneous velocity with respect to time.

The **average acceleration** of an object is the ratio of the *change* in velocity to the time it takes for the change $\Delta t = t_f - t_i$,

$$a_{av} = \frac{\Delta v}{\Delta t}.$$

The **instantaneous acceleration** is the slope of the line tangent to the v -versus- t curve.

$$a = \lim_{\Delta t \rightarrow 0} \frac{\Delta v}{\Delta t}.$$

Motion with Constant Acceleration

The motion of a particle that has constant acceleration is common in nature. When air resistance is negligible, the free fall of an object near Earth's surface has acceleration $g = 9.81m/s^2$, which Galileo was the first to conclude.

We can use the “Big Five” under constant acceleration:

$$v = v_0 + at$$

$$\Delta x = v_0 t + \frac{1}{2}at^2$$

$$v^2 - v_0^2 = 2a\Delta x$$

$$\Delta x = \frac{1}{2}(v_0 + v)t$$

$$\Delta x = vt - \frac{1}{2}at^2$$

Vectors and Two-Dimensional Motion

General Properties of Vectors

A **vector quantity** has both a magnitude and a direction.

A **scalar quantity** has magnitude, but no direction.

Equality $\vec{A} = \vec{B}$ if $A = B$ and their directions are the same.

Addition Vectors can be added both geometrically and algebraically.

Geometrically *Head-to-tail* and *parallelogram* methods can be used.

Thus, the **resultant vector** $\vec{R} = \vec{A} + \vec{B}$ is the sum of two or more vectors.

Negative The negative of a vector has the same magnitude but opposite direction.

Subtraction $\vec{A} + \vec{B} = \vec{A} + (-\vec{B})$.

Multiplication by a Scalar $s\vec{A}$ has magnitude sA and has the same direction as \vec{A} if s is positive and opposite direction if s is negative.

Components The component of \vec{A} in the direction of a directed line S is $A_S = A \cos \theta$, where θ is the angle between S and \vec{A} .

A vector can be specified by its rectangular components along the x - and y -axes

$$A_x = A \cos \theta,$$

$$A_y = A \sin \theta.$$

It can also be specified by its magnitude and direction through the Pythagorean theorem and the definition of tangent

$$A = \sqrt{A_x^2 + A_y^2},$$

$$\tan \theta = \frac{A_y}{A_x}.$$

We can hence define algebraic addition of vectors such that

$$\vec{A} = \vec{A} + \vec{B} \iff C_x = A_x + B_x \text{ and } C_y = A_y + B_y.$$

Position, Velocity, and Acceleration

The **position vector** of a particle at a point (x, y) is a vector from the origin to the point

$$\vec{r} = x\hat{i} + y\hat{j}.$$

The **displacement** is the change in position

$$\Delta\vec{r} = \vec{r}_2 - \vec{r}_1.$$

The **average velocity** in the time interval $\Delta t = t_2 - t_1$

$$\vec{v}_{av} = \frac{\Delta\vec{r}}{\Delta t}.$$

The **instantaneous velocity**

$$\vec{v} = \lim_{\Delta t \rightarrow 0} \frac{\Delta\vec{r}}{\Delta t}.$$

The **average acceleration** in the time interval $\Delta t = t_2 - t_1$

$$\vec{a}_{av} = \frac{\Delta\vec{v}}{\Delta t}.$$

The **instantaneous acceleration**

$$\vec{a} = \lim_{\Delta t \rightarrow 0} \frac{\Delta\vec{v}}{\Delta t}.$$

Relative Velocity

Measurements of velocity depend on the reference frame of the observer. A reference frame is just a coordinate system.

Consider a particle of velocity \vec{v}_{pA} relative to reference frame A, which has velocity \vec{v}_{AB} relative to frame B, the velocity of the particle relative to frame B is then

$$\vec{v}_{pB} = \vec{v}_{pA} + \vec{v}_{AB}.$$

However, this relative-velocity relation is only true when the velocities are small compared to the speed of light.

Projectile Motion

Consider an object projected with an initial velocity \vec{v}_0 at angle θ_0 with the horizontal surface. The components of the velocity are

$$v_{0x} = v_0 \cos \theta_0,$$

$$v_{0y} = v_0 \sin \theta_0.$$

In the absence of air resistance, the motion of the projectile is the superposition of a constant-velocity motion in the x -direction and a constant-acceleration in the y -direction.

$$a_x = 0,$$

$$a_y = -g.$$

Thus, the kinematics of one-dimensional motion can be applied

$$\Delta x = v_{0x}t,$$

$$v_y = v_{0y} - gt,$$

$$\Delta y = v_{0y}t - \frac{1}{2}gt^2,$$

$$v_y^2 - v_{0y}^2 = -2g\Delta y.$$

We can also show that the path of the projectile is a parabola

$$y = x \tan \theta_0 - \frac{1}{2} \frac{g}{v_0^2 \cos^2 \theta_0} x^2.$$

The Laws of Motion

0.1 Newton's Laws

A **force** is simply a push or a pull on some object.

A force has both magnitude and direction, so it is a vector quantity.

0.1.1 Newton's First Law

Principle of inertia: if an object is left alone, is not perturbed, it continues to move with a constant velocity in a straight line if it was originally moving, or it continues to stand still if it was just standing still.

Inertia The tendency of an object to continue in its original state of motion.

Mass A measure of inertia, or the object's resistance to changes in its motion due to a force.

Newton formalized Galileo's principle of inertia into **Newton's first law of motion:**

An object moves with a constant velocity unless acted upon by a nonzero net force.

0.1.2 Newton's Second Law

Newton's second law provides a specific way of determining how the velocity of an object changes under different influences called forces. *The acceleration of an object is directly proportional to the net force acting on it and inversely proportional to its mass.*

$$\vec{a} = \frac{\sum \vec{F}}{m}, \text{ or } \sum \vec{F} = \vec{F}_{\text{net}} = m\vec{a}$$

When $a = 0$, we have the condition of **equilibrium**.

Newton's second law is applicable on every object.

0.1.3 Unit of Force

Newton's first and second laws allow us to define force more precisely.

A **force** is an external influence on an object that causes it to accelerate relative to an inertial reference frame. The direction of the force is that of the acceleration it causes and the magnitude is the product of the mass of the object and the magnitude of the acceleration.

The SI unit of force is the newton, or N. $1 \text{ N} = 1 \text{ kg m/s}^2$. In the U.S. customary system, the unit of force is the pound. $1 \text{ N} = 0.225 \text{ lb}$. The units of mass and acceleration in the U.S. customary system are the slug and ft/s^2 .

0.1.4 Newton's Third Law

Forces always occur in equal and opposite pairs. If object A exerts a force $\vec{F}_{A,B}$ on object B, an equal but opposite force $\vec{F}_{B,A}$ is exerted by object B on object A.

$$\vec{F}_{A,B} = -\vec{F}_{B,A}$$

The pair of forces are parts of an interaction between two objects. One force is called action and the other reaction.

It is important to note that action and reaction forces act on different objects.

0.2 Forces in Nature

Forces that result from the physical contact between two objects are called **contact forces**.

Forces that do not involve any direct physical contact and act at a distance are called **field forces**.

0.2.1 Weight

The force due to gravity.

When air resistance is neglected, all falling objects near Earth's surface have the same acceleration (by experiment):

$$g = 9.81 \text{ m/s}^2 \approx 10 \text{ m/s}^2$$

The force causing this acceleration is the gravitational force on the object, called weight. If the weight is the only force acting on the object, the object is said to be in **free-fall**.

0.2.2 Contact Forces

- **Normal Force** F_n Push or compression reaction force.
- **Tension** T Force from a string or a rope when taut.
- **Spring Force** $F_x = -k\Delta x$ Force from the compression or stretching of a spring.
- **Friction** f Parallel resistive force between two surfaces.
- **Drag Force** $f = bv^n$ Resistive drag force through a fluid.

0.2.3 Friction

Surfaces in contact can also exert forces on each other that are parallel to the contacting surfaces.

Static Friction The resistive force that opposes the attempted motion of an object past another object with which it is in contact.

$$f_s \leq \mu_s F_n = f_{s,max}$$

μ_s is the coefficient of static friction. It depends on the nature of the surface in contact.

If you exert a horizontal force smaller than $f_{s,max}$ on a box, the frictional force will just balance this horizontal force.

Kinetic Friction The resistive force that opposes the motion of an object past another object with which it is in contact. It is between the surfaces of the two objects. The motion has started.

Data show

$$f_k = \mu_k F_n$$

μ_k is the coefficient of kinetic friction. It depends on the nature of the surface in contact. It does not depend on velocity, so it is constant once the motion starts. Experimentally, $\mu_k < \mu_s$.

Energy

0.3 Work

The **work** done by a constant force \vec{F} that moves an object a displacement Δx is defined as

$$W \equiv F \Delta x \cos \theta.$$

So $W = \vec{F} \cdot \Delta \vec{x}$.

Work is a scalar. The SI unit of work is the *joule* (J), $1 \text{ J} = 1 \text{ N} \cdot \text{m} = 1 \text{ kg} \cdot \text{m}^2/\text{s}^2$.

A **particle** is any object where all of its parts undergo equal Δx over any Δt .

The total work done on a particle is the same as the work done by the net force on the particle, so the work done is the area under the F_x -versus- x curve:

$$W = \sum \vec{F}_i \cdot \Delta \vec{x} = \vec{F}_{\text{net}} \cdot \Delta \vec{x}.$$

0.4 Kinetic Energy

Under a constant *net* force F_{net} acting along a straight line on a particle of mass m , which is displaced by Δx along the straight line, the work done on the particle is

$$W = F_{\text{net}} \Delta x.$$

Applying Newton's second law $F_{\text{net}} = ma$ and the kinematic relation $v^2 - v_0^2 = 2a\Delta x$, we have

$$W = F_{\text{net}} \Delta x = ma\Delta x = \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2.$$

The quantity $\frac{1}{2}mv^2$ is defined as the **kinetic energy** of the particle

$$K \equiv \frac{1}{2}mv^2.$$

Kinetic energy is a scalar. The SI unit of kinetic energy is the same as work: $\text{kg} \cdot \text{m}^2/\text{s}^2$ or J. Kinetic energy depends on the mass and speed of the particle but not the direction of motion.

$W = \Delta K$. This is true even when the force is varying. This is known as the **work-energy theorem**.

0.5 Potential Energy

The **potential energy** of a system is the energy associated with the configuration of the system. Often the work done by external forces on a system may result in an increase in the potential energy of the system.

Gravitational Potential Energy The gravitational force between an object of mass m and the Earth is $\vec{F} = -mg\hat{j}$, where $h, h_0 \ll r_E$, so the work done by gravity is

$$W_g = \vec{F} \cdot \Delta \vec{x} = -mg\hat{j} \cdot \Delta \vec{x} = -mg\Delta h = -mg(h - h_0).$$

When the object is near the surface of the Earth, the gravitational potential energy

$$U_g \equiv mgh.$$

Thus, the work done by gravity is at the expense of the gravitational potential energy:

$$W_g \equiv -\Delta U_g.$$

Potential Energy of a Spring The work done by the spring force, $F = -kx$, is given as

$$W_s = -\frac{1}{2}(kx_1 + kx_2)(x_2 - x_1) = -\left(\frac{1}{2}kx_2^2 - \frac{1}{2}kx_1^2\right).$$

When the spring potential energy is zero at $x = 0$, the spring potential energy can be defined as

$$U_s \equiv \frac{1}{2}kx^2.$$

The work done by the spring force is then at the expense of the spring potential energy

$$W_s = -\Delta U_s.$$

0.5.1 Conservative Force and Potential-Energy Function

A force is conservative if on a particle $W_{\text{net}} = 0$ around *any* closed path.

We can use this property to define a **potential-energy function** U such that the force is the negative of the slope of the potential-energy U -versus- x curve:

$$W = \sum_i \vec{F} \cdot \Delta \vec{x}_i = -\Delta U.$$

Non-conservative forces are forces that are not conservative.

0.6 Conservation of Mechanical Energy

A **system** is a collection of particles. All forces are either **external** or **internal**. The change in E_{net} of a system is done through work and heat. Since $K = \sum K_i$, we obtain by the work-energy theorem

$$W_{\text{net}} = \sum \Delta K_i = \Delta K = W_{\text{ext}} + W_{\text{nc}} + W_{\text{c}}.$$

The work done by all internal conservative forces can be recast as the change in the total potential energy of the system:

$$W_{\text{c}} = -\Delta U.$$

The sum $E_{\text{mech}} = K + U$ is known as the total mechanical energy of the system,

$$W_{\text{ext}} + W_{\text{nc}} = \Delta K + \Delta U = \Delta(K + U) = \Delta E_{\text{mech}}.$$

When $W_{\text{ext}} = 0$ and $W_{\text{nc}} = 0$, we get the **conservation of mechanical energy**:

$$K_f + U_f = K_i + U_i.$$

0.7 Conservation of Energy

For an isolated system, we have $W_{\text{ext}} = 0$ and we may account of W_{nc} by changes in forms of energy other than mechanical energy. **The law of energy conservation:**

$$E = E_{\text{mech}} + E_{\text{therm}} + E_{\text{chem}} + E_{\text{other}}.$$

Work and heat are the ways to transfer energy in or out of a system. When $\Delta Q = 0$, we have:

$$W_{\text{ext}} = \Delta E = \Delta E_{\text{mech}} + \Delta E_{\text{therm}} + \Delta E_{\text{chem}} + \Delta E_{\text{other}}.$$

0.8 Power

Power is the rate at which energy is transferred. The average **power** supplied by a force \vec{F} is the rate at which the force does work:

$$\bar{P} = \frac{\Delta W}{\Delta t} = \vec{F} \cdot \frac{\Delta \vec{x}}{\Delta t} = \vec{F} \cdot \vec{v}_{av},$$

$$P = \lim_{\Delta t \rightarrow 0} \vec{F} \cdot \vec{v}.$$

The SI unit of power is J/s, also called the **watt**. $1 \text{ W} = 1 \text{ J/s} = 1 \text{ kg} \cdot \text{m}^2/\text{s}^3$.

Momentum and Collisions

0.9 Momentum and Impulse

The product of mass and velocity of an object is defined as the **momentum** of the object

$$\vec{p} = m\vec{v}.$$

Momentum is a vector quantity. Its SI unit is $\text{kg} \cdot \text{m/s}$. Larger momenta make objects harder to stop. It is easier to stop a slow baseball than a fast bullet.

Newton's second law was originally written as

$$\vec{F} = m\vec{a} = m \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{p}}{\Delta t} = \frac{d\vec{p}}{dt}.$$

In terms of the average acceleration, we can define an average force

$$\vec{F}_{\text{av}} = \frac{\Delta \vec{p}}{\Delta t} = \frac{\Delta(m\vec{v})}{\Delta t}.$$

Thus,

$$\vec{F}_{\text{av}} \Delta t = \Delta \vec{p} = \vec{p}_f - \vec{p}_i = m\vec{v}_f - m\vec{v}_i.$$

Recall that displacement is given by the area under the velocity-versus-time curve. Analogously, the change in momentum is given by the area force-versus-time curve, defined as the **impulse** of the force. Thus, the impulse \vec{I} and the average force are related by

$$\vec{I} = \vec{F}_{\text{av}} \Delta t = \Delta \vec{p}.$$

Impulse is a vector quantity. Its SI unit is $\text{N} \cdot \text{s}$. Impulse produces a change in momentum.

0.10 Center of Mass

The motion of a system of particles can be described in terms of the motion of the center of mass plus the motion of each of the particles relative to the center of mass.

The **center of mass** of a system of two point particles of masses m_1 and m_2 in one direction with coordinates x_1 and x_2 is the position with coordinate x_{cm} as defined by

$$Mx_{\text{cm}} = m_1x_1 + m_2x_2$$

where $M = m_1 + m_2$ is the total mass of the system.

Generalize to a system of N particles in three dimensions:

$$M\vec{r}_{\text{cm}} = m_1\vec{r}_1 + m_2\vec{r}_2 + \cdots = \sum_i m_i\vec{r}_i \quad \left[M\vec{r}_{\text{cm}} = \int \vec{r} dm \right].$$

For highly symmetric objects, the center of mass is at the center of symmetry. The center of mass of a system consisting of two rods can be found by treating each rod as a point particle at its individual center of mass.

The gravitational potential energy of a system of particles in a uniform gravitational field is the same as if all the mass was concentrated at the center of mass:

$$U = \sum_i m_i g h_i = g \sum_i m_i h_i = M g h_{\text{cm}}.$$

If we suspend any irregular object from a pivot, the center of mass of the object will lie on the vertical line drawn directly downward from the pivot because that corresponds to minimum potential energy. Now suspend the object from another pivot and not where the vertical line now passes across the object. The center of mass will lie at the intersection of the two lines.

0.11 Motion of the Center of Mass

The center of mass of a system moves like a particle of mass $M = \sum m_i$ under the influence of the net external force acting on the system.

Consider a system consisting of two particles of mass m_1 and m_2

$$\vec{F}_{1,\text{ext}} + \vec{F}_{21} = m_1 \vec{a}_1,$$

$$\vec{F}_{2,\text{ext}} + \vec{F}_{12} = m_2 \vec{a}_2.$$

By Newton's third law, we have $\vec{F}_{12} = -\vec{F}_{21}$. Thus,

$$\vec{F}_{1,\text{ext}} + \vec{F}_{2,\text{ext}} = m_1 \vec{a}_1 + m_2 \vec{a}_2 = M \vec{a}_{\text{cm}}.$$

In general,

$$\sum m_i \vec{a}_i = \sum \vec{F}_i = \sum \vec{F}_{i,\text{int}} + \sum \vec{F}_{i,\text{ext}} = \sum \vec{F}_{i,\text{ext}} = \vec{F}_{\text{net,ext}}$$

so we have Newton's second law for a system of particles

$$\vec{F}_{\text{net,ext}} = \sum m_i \vec{a}_i = M \vec{a}_{\text{cm}}.$$

0.12 Conservation of Momentum

The total momentum \vec{P} of a system of particles is the sum of the momenta of the individual particles:

$$\vec{P} = \sum m_i \vec{v}_i = \sum \vec{p}_i = M \vec{v}_{\text{cm}}.$$

Thus,

$$\vec{F}_{\text{net,ext}} = \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{P}}{\Delta t} = \frac{d\vec{P}}{dt},$$

$$\vec{I}_{\text{net,ext}} = \Delta \vec{P}.$$

The law of conservation of momentum When the net external force acting on a system of particles remains zero, the total momentum of the system remains constant:

$$\vec{P} = \sum m_i \vec{v}_i = M \vec{v}_{\text{cm}} = \text{constant if } \vec{F}_{\text{net,ext}} = 0.$$

Internal forces may change the mechanical energy of a system but they have no effect on the system's total momentum.

0.13 Kinetic Energy of a System

If the net external force on a system remains zero the total momentum of the system must remain constant; however, the total mechanical energy of the system can change.

The kinetic energy of a system of particles can be written as the sum of the kinetic energy associated with the motion of the center of mass and the kinetic energy associated with the motion of the particles of the system relative to the center of mass.

$$K = \frac{1}{2}Mv_{\text{cm}}^2 + \sum \frac{1}{2}m_i u_i^2$$

where $M = \sum m_i$ is the total mass and \vec{u}_i is the velocity of the i th particle relative to the center of mass.

0.14 Collisions

In a **collision**, two objects interact strongly for a very short time.

During a collision, the only important forces acting on the two-object system are the interaction forces, which are equal and opposite, so the total momentum of the system remains unchanged.

Often the collision time is so short that during the collision any displacements of the colliding objects can be neglected.

Elastic collision: there is no change in kinetic energy before and after collision.

Inelastic collision: kinetic energies before and after collision are different. In a **perfectly inelastic collision**, the two objects stick together after collision. Thus, all of the kinetic energy relative to the center of mass is converted to thermal or internal energy of the system.

0.14.1 Collisions in one dimension

Consider a collision between two objects. Conservation of momentum gives

$$m_1 v_{1f} + m_2 v_{2f} = m_1 v_{1i} + m_2 v_{2i}.$$

The velocities are understood to be the components of the velocities so they can be positive or negative.

To solve for the final velocities, we need one more relation, which depends on the type of collision.

Perfectly Inelastic Head-on Collisions The two objects stick together after collision so

$$v_{1f} = v_{2f} = v_f = v_{\text{cm}},$$

$$m_1 v_{1i} + m_2 v_{2i} = (m_1 + m_2) v_f.$$

The kinetic energy of the system before and after collision can be written in terms the momentum of each particle as

$$K_i = \frac{p_{1i}^2}{2m_1} + \frac{p_{2i}^2}{2m_2},$$

$$K_f = \frac{P_f^2}{2(m_1 + m_2)},$$

where the momentum of the system after collision $P_f = p_{1i} + p_{2i}$. Show as an exercise that

$$\Delta K = K_f - K_i = -\frac{(m_1 p_{2i} - m_2 p_{1i})^2}{2(m_1 + m_2)m_1 m_2}.$$

Elastic head-on collisions Kinetic energy is conserved:

$$\frac{1}{2}m_1v_{1i}^2 + \frac{1}{2}m_2v_{2i}^2 = \frac{1}{2}m_1v_{1f}^2 + \frac{1}{2}m_2v_{2f}^2.$$

Using momentum conservation one can obtain a simpler relation:

$$v_{2f} - v_{1f} = v_{1i} - v_{2i}.$$

The speed of recession equals the speed of approach in an elastic collision.

The coefficient of restitution

$$e = \frac{v_{\text{rec}}}{v_{\text{app}}} = -\frac{v_{2f} - v_{1f}}{v_{2i} - v_{1i}}.$$

Special cases of head-on elastic collisions between two particles of the same mass

0.14.2 Collisions in Three Dimensions

Conservation of momentum is a vector equation in two or three dimensional collisions

$$m_1\vec{v}_{1i} + m_2\vec{v}_{2i} = m_1\vec{v}_{1f} + m_2\vec{v}_{2f}.$$

Conservation of momentum can be valid in only one of the three dimensions if only the corresponding component of the net external force is zero.

Perfectly Inelastic Collisions

$$m_1\vec{v}_{1i} + m_2\vec{v}_{2i} = (m_1 + m_2)\vec{v}_f.$$

This means the three velocity vectors and thus the collision are in the same plane. Two equations with two unknowns so the final velocity (cm velocity) can be solved.

Elastic Collisions

Generally more complicated. A simplified case is when an object collides with another one that is initially at rest:

$$m_1\vec{v}_{1i} = m_1\vec{v}_{1f} + m_2\vec{v}_{2f}.$$

So the collision occurs in a plane, which we assume to have been determined experimentally and we take it as the xy plane. This collision is called a *glancing* collision.

We have four unknowns and three equations: an additional one from energy conservation.

In practice the fourth equation is often found experimentally, by measuring the angle of deflection or the angle of recoil.

In the special case when all the masses equal, we can show that the final velocity vectors are perpendicular to each other.

Rotation

0.15 Basic Definitions

Radian Unit of angular measure. By definition, the angle in radians is equal to the length subtended.

One radian is $180^\circ/\pi \approx 57.30^\circ$.

Angular Displacement $\Delta\theta$

$$\Delta s = r\Delta\theta$$

Angular Velocity ω

$$v = r\omega$$

Angular Acceleration α

$$a_t = r\alpha$$

$$a_c = \frac{v^2}{r} = r\omega^2$$

0.16 Angular Quantities

	Translational	Rotational
Displacement	Δx	$\Delta\theta$
Velocity	v	ω
Acceleration	a	α
Equation #1	$\Delta x = \bar{v}t$	$\Delta\theta = \bar{\omega}t$
Equation #2	$v = v_0 + at$	$\omega = \bar{\omega}t$
Equation #3	$\Delta x = v_0t + \frac{1}{2}at^2$	$\Delta\omega = \omega_0t + \frac{1}{2}\alpha t^2$
Equation #4	$\Delta x = v_0t - \frac{1}{2}at^2$	$\Delta\omega = \omega_0t - \frac{1}{2}\alpha t^2$
Equation #5	$v^2 = v_0^2 + 2a\Delta x$	$\omega^2 = \omega_0^2 + 2\alpha\Delta\theta$

0.17 The Right-Hand Rule

Angular quantities are vectors. Angular displacement, angular velocity, and angular acceleration are all vectors.

Use the right-hand rule to find the direction of the angular velocity ω vector.
 The angular acceleration α vector is the same direction if the angular velocity ω is increasing with time, opposite if decreasing.

0.18 Rotational Kinetic Energy & Moment of Inertia

Rotational Kinetic Energy K

$$K = \sum \left(\frac{1}{2} m_i v_i \right) = \frac{1}{2} \sum (m_i r_i^2 \omega^2) = \frac{1}{2} I \omega^2$$

Moment of Inertia I

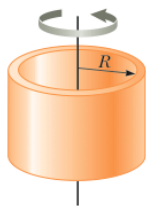
$$I = \sum m_i r_i^2$$

The Parallel-Axis Theorem

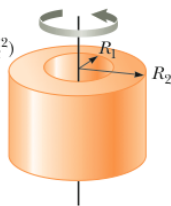
$$I = I_{\text{cm}} + Mh^2$$

0.19 Moments of Inertia

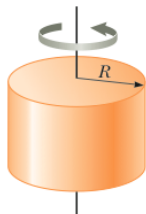
Hoop or thin
cylindrical shell
 $I_{\text{CM}} = MR^2$



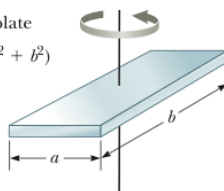
Hollow cylinder
 $I_{\text{CM}} = \frac{1}{2} M(R_1^2 + R_2^2)$



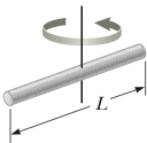
Solid cylinder
or disk
 $I_{\text{CM}} = \frac{1}{2} MR^2$



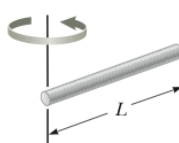
Rectangular plate
 $I_{\text{CM}} = \frac{1}{12} M(a^2 + b^2)$



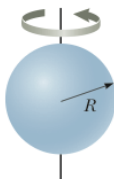
Long, thin rod
with rotation axis
through center
 $I_{\text{CM}} = \frac{1}{12} ML^2$



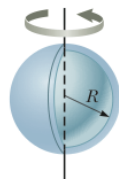
Long, thin
rod with
rotation axis
through end
 $I = \frac{1}{3} ML^2$



Solid sphere
 $I_{\text{CM}} = \frac{2}{5} MR^2$



Thin spherical
shell
 $I_{\text{CM}} = \frac{2}{3} MR^2$



0.20 Newton's Second Law for Rotation

Torque τ

$$\tau = rF_t = rF \sin \phi = F\ell$$

Work W

$$\Delta W = F_t r \Delta \theta$$

Newton's Second Law for Rotation

$$\sum \tau_{\text{ext}} = I\alpha$$

Power

$$P = \frac{\Delta W}{\Delta t} = \frac{\tau \Delta \theta}{\Delta t} = \tau \omega$$

0.21 Angular Momentum

Angular Momentum L

$$L = I\omega = r \times p$$

Conservation of Angular Momentum L_{sys} is constant if the external torque on the system is 0.

Rolling When rigid objects roll, there are two types of basic rolling: “with slipping” and “without slipping”.

$$v_{\text{cm}} = R\omega$$