**REVITALIZING COMFORT: A PROJECT FOR ENHANCED SANITATION AND STUDENTS WELL-BEING AT ALANGILAN SENIOR HIGH SCHOOL**

A Concept Paper Submitted to the Faculty of Alangilan Senior High School

In Partial Fulfillment of the Requirements in English For Academic and Professional Purposes as an Concept Paper in the field of Humanities and Social Sciences

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1. **INTRODUCTION**

The cleanliness of a school's restrooms has a significant impact on how the institution is perceived. As students, we are all aware that many of us are not accustomed to dirty restrooms in schools. One of the most significant aspects of the school is the comfort room. It is significant to us as students because we use it in our daily lives. Not all schools have clean restrooms with full equipment.

We all know that most of the times, our comfort room Is dirty. Given the fact that comfort room were open for the students, students discipline and behavior differs from one another, and that led for having a not well sanitized comfort room. There are instances comfort room can no longer address as “comfort room” as it is dirty and have an unpleasant smell. Im addition to that, a broken faucet, shortage of water supply, and absence of water bucket. On the other hand, comfort room also became and serve as a place for students to do vandalism, smoking, and other stuffs that shows immoral actions.

This concept seeks to comprehend the students' issue experiences and the influence of these challenges on their personal health and learning environment. As a result, this will serve as the foundation for renovating and maintaining the comfort room facility's cleanliness. To have a better environment to keep safe the students and experience a comfortable and convenience comfort room.

1. **THE NEED**

As per observation, a clear and compelling need arises for addressing the condition of the comfort rooms within Alangilan Senior High School. Unfortunately the school do not have enough funds of proper sanitation and equipments to maintain a safe and clean comfort room for everyone.

Consequently, in order for the school to achieve and sustain a good comfort room, they must be able to implement systems that are viable in the present situations. Thus, according to Kennedy (2012) Hygiene and Disease Prevention stresses the importance of regularly cleaned comfort rooms as an essential measure to combat germs and prevent the spread of diseases. These facilities should be equipped with fixtures and equipment that deter vandalism and offer a level of supervision to discourage potential bullying incidents during restroom breaks.

Moreover, Resource Efficiency; Mike (2012) draws attention to the outdated and wasteful toilet fixtures that consume a considerable amount of water. Newer, more efficient options are available, but the school's comfort rooms appear to lack these resource-saving fixtures. The environmental and cost-saving advantages of upgrading to such fixtures are evident.

Lastly, as Gaitano (2023) suggests, educational environment teachers have a profound impact on the school environment, and initiatives like Brigada Eskwela aim to enhance hygiene and sanitation. This serve the spirit of “bayanihan” The current state of the comfort rooms significantly affects the overall atmosphere of the school. Their deterioration, attributed to disobedience, graffiti, and improper disposal of items, has adverse consequences for the educational environment.

Therefore, it is crucial to recognize the pressing need to address the state of the comfort rooms within Alangilan Senior High School. This includes ensuring proper sanitation, improving hygiene, and creating a safe and conducive environment for learning, ultimately promoting the well-being and academic performance of the students.

1. **BACKGROUND**

According to Gaitano (2023) claims that the teachers at that school make a difference. Brigada eskwela to increase hygiene and sanitation building. This will shows the spirit of “bayanihan” of the students and teachers. It one of the most significant aspects of the school is the comfort room. First and foremost, the comfort room was in good shape. There is adequate water. Few days of class were lost due to disobedient students. Comfort became filthy, and there was a lot of graffiti of negative thoughts. among the difficulties, some of the girls are being reckless in their disposal of Their napkins, for example.

Meanwhile, According to Kennedy (2012) at a minimum , schools and universities need to provide comfort room that are cleaned regularly to clean germs and prevent the spread of disease ; that are outfitted with fixtures and equipment that ward off the temptation of vandalism ; and that allows for a level of supervisors that deters would be bullies from using a restroom break to harass vulnerable fellows students.in addition , facilities managers looking to save energy and cut costs should seek washroom design that conserve water and rely less on artificial lighting. In addition to an effective cleaning strategy, school can fight the dissemination of germs by selecting the right fixtures and equipment. Frequent and though hand washing is a critical step in trying to avoid contact with germs , but even with regular washing , restrooms users can pick up germs each time they touch a door handle , a Toilet paper dispenser, a flush handle , a sink faucet a soap dispenser or a towel dispenser, Equipment that is triggered by motion or is time-controlled enables students to use those fixtures without touching them.

Furthermore, according to Mike (2012), some models of toilets uses 3.5 gallons per flush. Equipment now available includes ultra-low-flow toilets which

use 1.6 gallons per flush, high -efficiency toilets that use 1.28 gallons per flush, and dual-flush toilets, which use 1.6 gallons to flush solid waste and 1.0 gallons to

flush liquid water. Many gallons of water also are waste because of inefficient urinals. The U.S Environmental Protection Agency says that 65 percent of the urinals in use in the United States -7.9 million fixtures exceed the federal standard of 1.0 gallon per flush for commercial urinals. Some use as much as five times that amount.

Therefore, the revitalization of comfort room and maintaining its cleanliness will help to those students, teacher and people will use comfort room that safe and convenience for them.

1. **PROJECT DESCRIPTION**

Goal: Proper Sanitation and improve the facilities of the comfort room in Alangilan Senior High School.

Objectives: This project aims to achieve its general objective of utilizing of maintenance and proper sanitation to gain convenience in using comfort room by focusing on the following specific objectives:

1. To improved sanitation and greater comfort of the students;

2. To provide hygiene kit and material needed;

3. To give convenience to the students by giving better facility; and

4. To design and implement program to make it safe and clean the comfort room in Alangilan Senior High School.

**V. BUDGETARY REQUIREMENTS**

•10 Bag of Cement 2,500

•Tiles(Estimated) 35,000

•Paint 10,000

•26 pcs Toilet bowl with flush 130,000

•Male Urinals 50,000

•Sinks 80,000

•26 pcs Wall Mirror 26,000

• 26 pcs Trash Bin 3,900

•Tissue 2,000

•Sanitary Pad 10,000

•Hygiene Kit 20,000

•10 Labor(500/day) 150,000

•Janitor(500/day) 15,000

Total 534,400

1. **CONTACT INFORMATION**

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