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# INSTRUCTIONS TO AUTHORS



The JPPS agrees to accept manuscripts prepared in accordance with the "Uniform Requirements submitted to the Biomedical Journals" published in the British Medical Journal 1991; 302: 334-41. All material submitted for publication should be sent exclusively to the Journal of Pakistan Psychiatric Society. Work that has already been reported in a published paper or is described in a paper sent or accepted elsewhere for publication should not be submitted. However a complete report following publication of a preliminary report, usually in the form of an abstract, or a paper that has been presented at a scientific meeting, if not published in full in a proceedings or similar publication, may be submitted. Press reports of meetings will not be considered as breach of this rule, but such reports should not be amplified by additional data or copies of tables and illustrations. In case of doubt, a copy of the published material should be included with a manuscript to help the editors decide how to deal with the matter.

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Lettersshould normally not exceed 400 words, have no more than 05 references, and be signed by the entire authors in case they are more than one; preference is given to those that take up points made in contributions published in the journal.Editorials are written by invitation. Authors should keep onecopy of their manuscript for

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Tablesand illustration should be merged with in the text of the paper, and legends to illustrations should be typed on the same sheet. Tables should be simple, and should supplement rather than duplicate information in thetext;tablesrepeating information will be omitted. Each table should have a title andbe typed in double space without horizontal and vertical lines on an 8 ½"X 11" (21.5cm X 28.0cm) paper.Table should be numbered consecutively with roman numerals in the order they are mentioned in the text. Page number should be in the text. Page number should be in the upper right corner. If abbreviations are used, they should be explained in footnotes and when theyfirst appear in the text.When graphsscatter grams, or histograms are submitted, the numerical data which they are based should be supplied. All graphs should be made with MS Excel and be sent as a separate Excel file even if merged in the manuscript. For scanned photographs highest resolution should be used.

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System International (5.1) Unit measurement should be used. All drugs must be mentioned in their generic form. The commercial name may, however, be mentioned within brackets, if necessary.

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i.Objective ii.Design

1. Place & duration of study
2. Subjects & Methods *v.*Results *vi.*Conclusion

Four elements should be addressed: why did you start, what did you do, what did you find,and what does it mean.Why did you start is the objective. What did you do constitutes the methodology and could include design, setting, patients or other participants interventions, and, outcome measures. What did you find is the results, and what does it mean would constitute your conclusion. Please label each section clearly with the appropriate sub-headings. Structured abstract for an original article should not be more than 250 words. Review article, case report and other requires a short, unstructured abstract.Commentaries do not require abstract.

# INTRODUCTION

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terms such as retrospective studies should not be used.The selection of the observational or experimental subjects (patients or experimental animals, including controls) should be described clearly. The methods \lind the apparatus used should be identified (with the manufacturer's name and address in parentheses), and procedures described in sufficient detail to allow other workers to produce the results. References to established methods should be given, including statistical methods; references and brief descriptions for methods that have been published but are not well­ known should be provided; new or substantially modified methods should be described, giving reasons for using them, and evaluating their limitations. All drugs and chemicals used should be identified precisely, including generic name(s), dose(s), a d route(s) of administration.

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These should be presented in a logical sequence in the text, tables, and illustrations. All the data in the tables or illustrations should not be repeated in the text; only important observations should be emphasized or summarized.

# DISCUSSION

The author's comment on the results, supported with contemporary references, including arguments and analysis of identical work done byother workers. A summary isnot required. Brief acknowledgement may be made at the end.

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Conclusion should be provided under separate heading and highlight new aspects arising from the study. It should be in accordance with the objectives.

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