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| --- | --- | --- | --- |
| **Supplementary Table3. Summary statistics of GLM: HAQ SDI Mean** | | | |
|  | **HAQ SDI Mean** | | |
| *Predictors* | *Estimates* | *CI* | *p* |
| (Intercept) | 1.90 | 1.51 – 2.43 | **<0.001** |
| Age | 1.00 | 1.00 – 1.00 | 0.352 |
| Sex [male]1 | 1.02 | 0.94 – 1.11 | 0.615 |
| Sex [unknown]1 | 1.00 | 0.69 – 1.72 | 0.995 |
| Situation [none]2 | 1.11 | 0.79 – 1.66 | 0.579 |
| Situation [other]2 | 0.87 | 0.66 – 1.21 | 0.364 |
| Situation [self-imposed isolation]2 | 0.81 | 0.70 – 0.94 | **0.006** |
| Situation [social distancing]2 | 0.89 | 0.76 – 1.04 | 0.166 |
| Condition [Fibromyalgia]3 | 1.01 | 0.82 – 1.24 | 0.933 |
| Condition [Muscle Dystrophy]3 | 1.05 | 0.86 – 1.26 | 0.647 |
| Condition [Multiple Sclerosis]3 | 1.11 | 0.92 – 1.32 | 0.242 |
| Condition [Parkinson’s Disease]3 | 1.41 | 1.10 – 1.81 | **0.008** |
| Condition [Spinal Cord Injury]3 | 1.06 | 0.88 – 1.26 | 0.529 |
| Condition [Stroke]3 | 1.03 | 0.85 – 1.25 | 0.744 |
| Mobility Aid [Manual wheelchair]4 | 0.98 | 0.83 – 1.15 | 0.838 |
| Mobility Aid [Mobility scooter]4 | 1.07 | 0.84 – 1.39 | 0.585 |
| Mobility Aid [None]4 | 1.42 | 1.16 – 1.73 | **0.001** |
| Mobility Aid [Other]4 | 0.94 | 0.74 – 1.25 | 0.659 |
| Mobility Aid [Powered wheelchair]4 | 0.90 | 0.76 – 1.06 | 0.217 |
| Mobility Aid [Walking sticks]4 | 1.05 | 0.89 – 1.23 | 0.542 |
| Mobility Aid [Zimmer frame]4 | 0.97 | 0.79 – 1.17 | 0.732 |
| LTPA SCORE | 1.01 | 1.00 – 1.01 | 0.053 |
| Household activity SCORE | 1.01 | 1.00 – 1.02 | 0.097 |
| Work related activity SCORE | 1.00 | 0.98 – 1.02 | 0.907 |
| Sedentary Hours PerDay | 1.01 | 0.98 – 1.05 | 0.436 |
| Observations | 192 | | |
| R2 Nagelkerke | 0.507 | | |

*Abbreviations: LTPA = Leisure-time physical activity; HAQ Index = Healthcare Access Quality Index; SDI = Socio-demographic Index*

1*Reference: Female*

2*Reference: Government-issued isolation*

3*Reference: Cerebral Palsy*

4*Reference: Crutches*