| **Table 1. Cohort Summary by Situation** | | | | | | |
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|  | **Self-imposed isolation/shielded (considered at-risk) (N=99)** | **Isolation due to government legislation (N=25)** | **Practising social distancing (N=66)** | **None of the above (N=5)** | **Other (N=4)** | **Overall (N=199)** |
| **Sex, n (%)** |  |  |  |  |  |  |
| Female | 70 (70.7%) | 19 (76.0%) | 48 (72.7%) | 1 (20.0%) | 4 (100%) | 142 (71.4%) |
| Male | 29 (29.3%) | 6 (24.0%) | 17 (25.8%) | 4 (80.0%) | 0 (0%) | 56 (28.1%) |
| Prefer not to disclose | 0 (0%) | 0 (0%) | 1 (1.5%) | 0 (0%) | 0 (0%) | 1 (0.5%) |
| **Age (years)** |  |  |  |  |  |  |
| Median [Q1, Q3] | 55.0 [44.0, 65.0] | 44.0 [38.0, 54.0] | 61.5 [55.0, 67.8] | 44.0 [38.0, 45.0] | 57.0 [54.5, 59.3] | 56.0 [44.0, 65.0] |
| **Ethnicity, n (%)** |  |  |  |  |  |  |
| Asian/Asian British | 1 (1.0%) | 1 (4.0%) | 0 (0%) | 0 (0%) | 0 (0%) | 2 (1.0%) |
| Black/African/Caribbean/Black British | 0 (0%) | 1 (4.0%) | 0 (0%) | 0 (0%) | 0 (0%) | 1 (0.5%) |
| Caucasian/White | 93 (93.9%) | 21 (84.0%) | 65 (98.5%) | 5 (100%) | 4 (100%) | 188 (94.5%) |
| Mixed/multiple ethnic groups | 2 (2.0%) | 1 (4.0%) | 1 (1.5%) | 0 (0%) | 0 (0%) | 4 (2.0%) |
| Other | 3 (3.0%) | 1 (4.0%) | 0 (0%) | 0 (0%) | 0 (0%) | 4 (2.0%) |
| **Mobility Aid, n (%)** |  |  |  |  |  |  |
| Manual wheelchair | 21 (21.2%) | 3 (12.0%) | 9 (13.6%) | 1 (20.0%) | 1 (25.0%) | 35 (17.6%) |
| Power wheelchair | 14 (14.1%) | 2 (8.0%) | 3 (4.5%) | 1 (20.0%) | 0 (0%) | 20 (10.1%) |
| Mobility scooter | 4 (4.0%) | 1 (4.0%) | 1 (1.5%) | 0 (0%) | 0 (0%) | 6 (3.0%) |
| Zimmer frame | 6 (6.1%) | 2 (8.0%) | 3 (4.5%) | 0 (0%) | 1 (25.0%) | 12 (6.0%) |
| Walking sticks | 24 (24.2%) | 5 (20.0%) | 13 (19.7%) | 0 (0%) | 1 (25.0%) | 43 (21.6%) |
| Crutches | 6 (6.1%) | 1 (4.0%) | 2 (3.0%) | 1 (20.0%) | 0 (0%) | 10 (5.0%) |
| None | 1 (1.0%) | 1 (4.0%) | 1 (1.5%) | 0 (0%) | 0 (0%) | 3 (1.5%) |
| Other | 23 (23.2%) | 10 (40.0%) | 34 (51.5%) | 2 (40.0%) | 1 (25.0%) | 70 (35.2%) |
| **Government Response Stringency Index, n (%)** |  |  |  |  |  |  |
| 64.35 | 53 (53.5%) | 10 (40.0%) | 49 (74.2%) | 2 (40.0%) | 3 (75.0%) | 117 (58.8%) |
| 67.59 | 9 (9.1%) | 5 (20.0%) | 3 (4.5%) | 0 (0%) | 0 (0%) | 17 (8.5%) |
| 69.44 | 2 (2.0%) | 0 (0%) | 0 (0%) | 1 (20.0%) | 0 (0%) | 3 (1.5%) |
| 69.91 | 3 (3.0%) | 1 (4.0%) | 1 (1.5%) | 0 (0%) | 0 (0%) | 5 (2.5%) |
| 71.3 | 29 (29.3%) | 5 (20.0%) | 13 (19.7%) | 2 (40.0%) | 1 (25.0%) | 50 (25.1%) |
| 73.15 | 3 (3.0%) | 4 (16.0%) | 0 (0%) | 0 (0%) | 0 (0%) | 7 (3.5%) |