| **Table 2. Summary of physical activity** | |
| --- | --- |
|  | **Overall (N=199)** |
| **Sedentary [hours/day]** |  |
| Median [Q1, Q3] | 4.29 [2.57, 4.29] |
| 0 hrs | 2 (1.0%) |
| >0-2 hrs | 31 (15.6%) |
| >2 hrs | 166 (83.4%) |
| **Walking wheeling [hours/day]** |  |
| Median [Q1, Q3] | 0.11 [0, 0.75] |
| 0 hrs | 52 (26.1%) |
| >0-2 hrs | 130 (65.3%) |
| >2 hrs | 17 (8.5%) |
| **Light sport [hours/day]** |  |
| Median [Q1, Q3] | 0.11 [0, 0.43] |
| Missing | 1 (0.5%) |
| 0 hrs | 93 (46.7%) |
| >0-2 hrs | 93 (46.7%) |
| >2 hrs | 12 (6.0%) |
| **Moderate sport [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0] |
| 0 hrs | 162 (81.4%) |
| >0-2 hrs | 35 (17.6%) |
| >2 hrs | 2 (1.0%) |
| **Strenuous sport [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0] |
| Missing | 2 (1.0%) |
| 0 hrs | 161 (80.9%) |
| >0-2 hrs | 33 (16.6%) |
| >2 hrs | 3 (1.5%) |
| **Exercise [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0.25] |
| 0 hrs | 116 (58.3%) |
| >0-2 hrs | 80 (40.2%) |
| >2 hrs | 3 (1.5%) |
|  |  |
| **Light housework [hours/day]** |  |
| Median [Q1, Q3] | 0.32 [0.11, 1.29] |
| 0 hrs | 24 (12.1%) |
| >0-2 hrs | 159 (79.9%) |
| >2 hrs | 16 (8.0%) |
| **Heavy housework [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0.11] |
| Missing | 1 (0.5%) |
| 0 hrs | 117 (58.8%) |
| >0-2 hrs | 81 (40.7%) |
| >2 hrs | 0 (0%) |
| **Home repairs [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0] |
| Missing | 1 (0.5%) |
| 0 hrs | 160 (80.4%) |
| >0-2 hrs | 37 (18.6%) |
| >2 hrs | 1 (0.5%) |
| **Yard work [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0.11] |
| 0 hrs | 146 (73.4%) |
| >0-2 hrs | 51 (25.6%) |
| >2 hrs | 2 (1.0%) |
| **Gardening [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0.250] |
| 0 hrs | 103 (51.8%) |
| >0-2 hrs | 89 (44.7%) |
| >2 hrs | 7 (3.5%) |
| **Caring [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0.32] |
| Missing | 1 (0.5%) |
| 0 hrs | 134 (67.3%) |
| >0-2 hrs | 33 (16.6%) |
| >2 hrs | 31 (15.6%) |
| **Work related activity [hours/day]** |  |
| Median [Q1, Q3] | 0 [0, 0] |
| 0 hrs | 173 (86.9%) |
| >0-2 hrs | 14 (7.0%) |
| >2 hrs | 12 (6.0%) |
| **PASIDP SCORE [MET hr/d],** Median [Q1, Q3] | 7.18 [2.87, 14.9] |
| **LTPA SCORE (MET hr/d),** Median [Q1, Q3] | 2.83 [0.61, 6.43] |
| **Household activity SCORE, (MET hr/d),** Median [Q1, Q3] | 2.41 [0.61, 6.93] |
| **Work related activity SCORE, (MET hr/d),** Median [Q1, Q3] | 0 [0, 0] |