Supplementary Table 1. Detailed information on studies focusing on wearables in real-life setting. Time is expressed in years. Mean (SD) and median [IQR]. MS: multiple sclerosis, HC: healthy controls, RR: remitting relapsing, PP: primary progressive, SP: secondary progressive, PDDS: patient determined disease steps, EDSS: expanded disability status scale. ns: non-significant, s: significant, nt: not tested.

\*refer to Box 1

| Authors  | Population of interest Number of patients % female | Type of MS                           | Severity<br>Duration of disease             | Comparator population type Sample size (% female) Age (unless stated otherwise) | Wearables type of sensor, number of axes, number of wearables, primary position        | <b>Domain*</b> Results reported (significance)  |
|--|--|--------------------------------------|---|---|--|---|
| Ng et al, 1997                                   | Age  n=17 64.7% 46 (6)                             | RR: n=10,<br>CP: n=8                 | EDSS: 3 (median), range: 1.5-6 not reported | healthy sedentary n=15 (60% female) age: 44 (7)                                 | (respectively)  TriTrac-R3D accelerometer 3 axes 1 wearable waist                      | Physical activity Association with MS severity (ns) Association with other measures (ns) Group differences MS vs HC (mixed) |
| Motl et al., 2006<br>10.1207/815324796ABM3202_13 | n=196<br>88.3%<br>46.1 (9.8)                       | RR: n=174,<br>PP: n=3,<br>SP: n=19   | not reported<br>9.0 (7.1)                   | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported                   | Physical activity Association with other measures (s)   |
| Motl et al, 2006 10.1002/NUR.20161               | n=196<br>88.3%<br>46.1 (9.8)                       | RR: n=174,<br>PP: n=3,<br>SP: n=19   | not reported<br>9 (7.1)                     | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported Yamax SW-200      | Physical activity Association with other measures (s)   |
| Motl et al, 2006                                 | n=30<br>93.3%                                      | RR: n= 26,<br>PP: n=2,               | EDSS: 2.5 (median), range: 0-5              |   | mechanical pedometer  1 wearable waist  ActiGraph 7164 accelerometer 1 axis 1 wearable | Physical activity Association with other  |
| Motl et al, 2007                                 | 42.3 (9.5), range: 27-61  n=133 78.2% 51.1 (11.4)  | SP: n=2  RR: n=86, PP: n=6, SP: n=41 | not reported<br>12.0 (9.0)                  | none<br>none  | waist  ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported            | Physical activity Association with other measures (s)   |

| Kos et al, 2007<br>10.108007420520701282364              | n=19<br>47.4%<br>47.2 (12.1)                | not reported: n=19                  | EDSS: 5.5 [5-6]<br>not reported         | healthy<br>n=10 (60% female)<br>age: 39.6 (12.3) | ActiGraph accelerometer 3 axes 2 wearables wrist, ankle   | Physical activity Association with other measures (s) Group differences MS vs HC (mixed)       |
|--|---|-------------------------------------|---|--|---|--|
|  |   |                                     |   |  | Yamax SW-200 mechanical pedometer 1 axis 1 wearable not reported  ActiGraph 7164  |  |
| Gosney et al, 2007<br>10.1097/01.FCH.0000264411.20766.0C | n=196<br>88.3%<br>46.1 (9.8)                | RR: n=174,<br>P/SP: n=22            | not reported<br>9.0 (7.1)               | none   | accelerometer<br>1 axis<br>1 wearable<br>not reported   | Physical activity Association with other measures (nt)   |
| Motl et al, 2007   | n=292<br>83.9%<br>48.0 (10.3), range: 20-69 | RR: n=246,<br>PP: n=12,<br>SP: n=34 | not reported<br>10.3 (7.9), range: 1-35 | none   | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported  | Physical activity Association with MS severity (mixed) Association with other measures (mixed) |
|  |   |                                     |   |  | Yamax SW-200 mechanical pedometer 1 axis 1 wearable not reported  ActiGraph 7164  |  |
| Motl et al, 2007   | n=193<br>88.1%<br>46.2 (9.7)                | RR: n=171,<br>PP: n=3,<br>SP: n=19  | not reported<br>9.0 (7.1)               | none   | accelerometer 1 axis 1 wearable not reported  | Physical activity Test-retest reliability (nt)   |
| Kayes et al., 2007                                       | n=30<br>76.7%                               |                                     | not reported                            |  | Actical accelerometer 3 axes 1 wearable (non- wheelchair user), 2 wearables (wheelchair users) waist, wrist (wheelchair | Physical activity  |
| 10.1177/0269215507075516                                 | 54 (median), range: 27-76                   | not reported: n=30                  | not reported                            | none   | users only)   | Test-retest reliability (ns)   |

| Klassen et al, 2008                            | n=30<br>63.3%<br>42.9 (mean), range: 32-60 | not reported: n=30                                | EDSS: range: 1-6<br>not reported        | healthy<br>n=9 (89% female)<br>age: 41.6 (4.4), range: 37-<br>51          | TriTrac RT3 accelerometer 3 axes 1 wearable waist                    | Association with MS severity (s) Association with other measures (s) Group differences MS vs HC (mixed) Group differences MS vs MS (mixed)                         |
|--|--|---|---|---|--|--|
| Motl et al, 2008                               | n=133<br>78.2%<br>51.1 (11.1)              | RR: n=85,<br>PP: n=6,<br>SP: n=52                 | EDSS: 4.9 (2.0)<br>12.0 (9.0)           | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with other measures (nt)   |
| Motl et al, 2008                               | n=292<br>83.9%<br>48.0 (10.3)              | RR: n=246,<br>PP: n=12,<br>SP: n=34               | not reported 10.3 (7.9)                 | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with other measures (s)  |
| Hale et al, 2008                               | n=11<br>72.7%<br>63.7 (15.5), range: 28-91 | not reported: n=11                                | not reported<br>not reported            | healthy sedentary<br>n=9 (89% female)<br>age: 51 (18.1), range: 28-<br>76 | TriTrac RT3 accelerometer 3 axes 1 wearable waist                    | Physical activity Group difference MS vs HC (nt) Group difference MS vs Parkinson's disease (nt) Test-retest reliability (s) Subjective patient acceptability (nt) |
| Snook et al, 2008                              | n=80<br>81.3%<br>9.007 49.0 (11.4)         | RR: n=62,<br>PP: n=1,<br>SP: n=15,<br>benign: n=2 | EDSS: 3.9 (1.8)<br>10.1 (7.9)           | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with other measures (s)  |
| Motl et al, 2008<br>10.1097/NMD.08013E31817735 | n=80<br>81.3%                              | RR: n=65,<br>PP: n=1,<br>SP: n=14                 | EDSS: 4 (mean), range: 1-6.5 10.1 (7.9) | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with MS severity (s) Association with other measures (mixed)   |

Physical activity Association with MS

ActiGraph 7164

| Motl et al, 2009                                      | n=133<br>not reported<br>not reported       | RR: n=82, progressive: n=51                         | EDSS: 5.5 (median), range:<br>1-8.5<br>12 (9)                 | none | accelerometer 1 axis 1 wearable position not reported                | Physical activity Association with other measures (nt)                                     |
|---|---|---|---|------|--|--|
| Motl et al, 2009                                      | n=292<br>83.9%<br>48.0 (10.3), range: 20-69 | RR: n=246,<br>PP: n=12,<br>SP: n=34                 | PDDS: 3.0 (median), range<br>: 0-6<br>10.3 (7.9), range: 1-35 | none | ActiGraph 7164 accelerometer 1 axis 1 wearable waist                 | Physical activity Association with other measures (s) Responsiveness to change (mixed)     |
| Motl et al, 2009 10.1037/A0015985                     | n=292<br>83.9%<br>48.0 (10.3), range: 20-69 | RR: n=246,<br>PP: n=12,<br>SP: n=34                 | PDDS: 3.0 (median),<br>range: 0-6<br>10.3 (7.9), range: 1-35  | none | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Responsiveness to change (mixed)   |
| Motl et al, 2009<br>10.1080/13548500802241902         | n=292<br>83.9%<br>48.0 (10.3), range: 20-69 | RR: n=246,<br>PP: n=12,<br>SP: n=34                 | not reported<br>10.3 (7.9), range: 1-35                       | none | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with MS severity (s) Association with other measures (mixed) |
| Motl et al, 2009 10.1097/MRR.0B013E328325A5ED         | n=16<br>87.5%<br>43.4 (8.7)                 | RR: n=16  | not reported<br>not reported                                  | none | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with other measures (mixed) Responsiveness to change (nt)    |
| Motl et al, 2009<br>10.1016/J.JPAINSYMMAN.2008.08.004 | n=292<br>83.9%<br>48.0 (10.3)               | RR: n=239,<br>PP: n=12,<br>SP: n=34,<br>benign: n=7 | not reported<br>10.3 (7.9)                                    | none | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported | Physical activity Association with other measures (s)                                      |

| Snook et al, 2009<br>10.1177/0269215508101757      | n=74<br>82.4%<br>49.0 (11.6)               | RR: n=58,<br>PP: n=1,<br>SP: n=13,<br>benign: n=2 | EDSS: 3.9 (1.8)<br>10.1 (8.0)                          | none | ActiGraph 7164 accelerometer 1 axis 1 wearable waist  | Physical activity Association with other measures (mixed) Group difference MS vs MS (s)   |
|--|--|---|--|------|---|---|
| Motl et al, 2010                                   | n=26<br>84.6%<br>43.1 (11.9)               | RR: n=26  | PDDS: 1.8 (1.6)<br>11.6 (8.4)                          | none | ActiGraph 7164 accelerometer 1 axis 1 wearable waist  Cosmed K4b2 portable metabolic system measuring oxygen consumption head | Physical activity and O <sub>2</sub> cost of walking Association with MS severity (s) Association with other measures (s) Group difference MS vs MS (s) |
| Weikert et al, 2010                                | n=269<br>82.9%<br>45.9 (9.6)               | RR: n=269   | PDDS: 2 (median), range: 0-6 13.3 (9.2)                | none | ActiGraph 7164 accelerometer 1 axis 1 wearable waist  | Physical activity Association with MS severity (nt) Association with other measures (nt)  |
| Rietberg et al, 2010<br>10.1016/J.APMR.2010.07.018 | n=43<br>69.8%<br>48.7 (7.0)                | RR: n=26,<br>PP: n=7,<br>SP: n=10                 | EDSS: 3.5 [2.5], range: 1-6<br>14.3 (9.2), range: 2-51 | none | Vitaport Step Watch accelerometer 2 axes 5 wearables sternum, waist, upper leg  | Physical activity Test-retest reliability (s)   |
| Suh et al, 2010<br>10.1016/J.DHJO.2009.09.002      | n=96<br>78.1%<br>42.8 (10.2), range: 20-64 | RR: n=91,<br>PP: n=2,<br>SP: n=3                  | not reported<br>3.0 (1.5), range: 0.5-5                | none | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported  | Physical activity Association with MS severity (s) Association with other measures (mixed)  |

| Gijbels et al, 2010                               | n=50<br>66.0%<br>49 (10), range: 25-66  | RR: n=23,<br>PP: n=14,<br>SP: n=13 | EDSS: 4.5 (1.2), range:<br>1.5-6.5<br>not reported   | none  | SAM 2D accelerometer 2 axes 1 wearable ankle   | Physical activity Association with MS severity (mixed) Association with other measures (mixed) |
|---|---|------------------------------------|--|---|--|--|
| Sosnoff et al, 2010<br>10.1177/1352458510373111   | n= <b>70 80.0</b> % Age by self-reported disability status: mild: 47.4 (10.1), moderate: 49.4 (13.1), severe: 53.2 (10.3) | RR: n=56,<br>PP: n=1,<br>SP: n=13  | SR-EDSS:<br>mild: 2.1 (0.77),<br>moderate: 5.05 (0.53),<br>severe: 6.02 (0.12)<br>Disease duration by SR-<br>EDSS:<br>mild: 10.3 (8.4),<br>moderate: 10.7 (9.6),<br>severe: 11.5 (5.1) | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Association with other measures (s) Group difference MS vs MS (mixed)        |
| Motl et al, 2010 10.1097/NMD.08013E3181D14131     | n=269<br>82.9%<br>45.9 (9.6)  | RR: n=269                          | PDDS: 2 (median), range:<br>0-6<br>13.3 (9.2)  | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Association with MS severity (nt) Association with other measures (nt)       |
|   | n=18<br>88.9%   |                                    | PDDS: 1.0 (median), range: 0-4   |   | ActiGraph 7164 accelerometer 1 axis 1 wearable waist  New Lifestyles Digi- Walker SW-201 mechanical pedometer 1 wearable | Physical activity Responsiveness to change (mixed) Responsiveness to                           |
| Motl et al, 2011<br>10.1080/08964289.2011.636769  | 45.1 (9.5)  | RR: n=18                           | 7.3 (5.0)  | none  | position not reported  Actibelt  | intervention (mixed)  Physical activity  |
| Schlesinger et al, 2011<br>10.1055/8-0031-1271750 | n=16<br>50.0%<br>47.56 (7.78), range: 39-70   | SP: n=16                           | EDSS: 3.56 (1.05), 3.5 (median), range: 2-5.5 not reported   | healthy<br>n=26 (42% female)<br>age: 37.3 (12.9), range=<br>25-67 | accelerometer 3 axes 1 wearable waist  | Association with MS<br>severity (ns)<br>Group difference MS vs<br>HC (s)                       |

| Grčić et al, 2011<br>10.12659/MSM.882130         | n=49<br>79.6%<br>35 (median), range: 18-56                   | RR: n=49                       | EDSS: 3.0 (median), range: 1.5-6.0 8 (median), range: 1.3-27 | none  | StepWatch Activity Monitor accelerometer 3 axes 1 wearable ankle   | Physical activity Association with MS severity (nt) Responsiveness to change (mixed)                                  |
|--|--|--------------------------------|--|---|--|---|
| Yu et al, 2012<br>10.1088/0967-3334/33/12/2033   | n=17<br>not reported<br>range: 20-65 [inclusion<br>criteria] | not reported: n=17             | not reported<br>not reported                                 | healthy n=9 (sex-matched to MS patients) age: not specified   | FAMOS prototype accelerometer, ECG, sEMG, temperature 1 axis 8 wearables upper back, upper leg, lower leg, ankle | Physical activity, ECG,<br>EMG, temperature<br>Group difference MS vs<br>HC (mixed)                                   |
| Weikert et al, 2012                              | n=33<br>81.8%<br>47.5 (10.6)                                 | RR: n=28,<br>not reported: n=5 | PDDS: 2 (median), range:<br>0-6<br>9.2 (6.7)                 | healthy<br>n=33 (82% female)<br>age: 47.7 (11.3)  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Association with other measures (mixed) Group difference MS vs HC (nt)                              |
|  |  | ŕ                              |  | C , ,   | ActiGraph GT3X accelerometer 3 axes 1 wearable waist  IDEEA system accelerometer 1 axis                          | Physical activity Association with MS   |
| Sosnoff et al, 2012<br>10.1682/JRRD.2011.11.0218 | n=22<br>77.3%<br>46.9 (11.7), range 23-64                    | not reported: n=22             | EDSS: 3.0 [2.5] range: 1-6<br>11.0 (6.9), range: 1-23        | none  | 5 wearables<br>sternum, waist, upper leg,<br>foot  | severity (s) Association with other measures (mixed)  |
| Sosnoff et al, 2012<br>10.1155/2012/315620       | n=37<br>75.7%<br>53.4 (10.0)                                 | not reported: n=37             | EDSS: 5.0 [4]<br>14.6 (10.6)                                 | MS patients - no fallers<br>n=38 (82% female)<br>age: 50.1 (13.9)<br>Type: not reported<br>Severity of MS: 3.0 [2.0]<br>Disease duration [yrs]: 11.0<br>(9.6) | ActiGraph GT3X accelerometer 3 axes 1 wearable waist   | Physical activity Association with MS severity (s) Association with other measures (ns) Group difference MS vs MS (s) |

| Sandroff et al, 2012<br>10.1111/J.1600-0404.2011.01634.X | n=77<br>85.7%<br>47.3 (9.7)   | RR: n=66,<br>not reported: n=11                           | PDSS: 1 (median), range:<br>0-6<br>10.1 (7.3) | healthy<br>n=66 (85% female)<br>age: 47.0 (10.5)  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Association with other measures (mixed) Group difference MS vs HC (s) |
|--|-------------------------------|---|---|---|--|---|
|  |                               |   |   |   | Yamax SW-200 mechanical pedometer 1 axis 1 wearable waist  |   |
|  |                               |   |   | MS patients n=20 (80% female) age: 48.3 (9.8) Type: RR: n=18, not reported: n=2 Severity of MS: not | ActiGraph 7164 accelerometer 1 axis 1 wearable waist  Omron HJ-720ITC accelerometer                            |   |
| Motl et al, 2012 10.1037/A0025965                        | n=18<br>83.3%<br>45.4 (11.2)  | RR: n=18  | not reported 7.7 (5.5)                        | reported Disease duration [yrs]: 9.9 (8.9)  | 1 axis<br>1 wearable<br>waist  | Physical activity<br>Responsiveness to<br>intervention (s)                              |
| Ranadive et al, 2012 10.1249/MSS.0B013E31822D7997        | n=33<br>81.8%<br>47.0 (1.83)  | RR: n=29,<br>PP: n=1,<br>SP: n=3                          | PDSS: 2 (median), range:<br>0-6<br>9.2 (6.7)  | healthy<br>n=33 (82% female)<br>age: 47.0 (1.97)  | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported   | Physical activity Association with other measures (mixed) Group difference MS vs HC (s) |
| Motl et al, 2013   | n=256<br>81.3%<br>49.5 (10.2) | RR: n=215,<br>PP: n=13,<br>SP: n=24,<br>not reported: n=4 | EDSS: 4.0 [3.5], range: 0-6.5 11.3 (8.7)      | none  | ActiGraph GT3X accelerometer 3 axes 1 wearable wrist   | Physical activity Association with MS severity (s) Association with other measures (s)  |
| Motl et al, 2013   | n=786<br>84.9%<br>47.3 (10.5) | RR: n=705;<br>not reported: n=81                          | PDDS: 2.0 [2.0]<br>9.9 (8.0)                  | healthy<br>n=157 (91% female)<br>age: 43.4 (9.8)  | Yamax SW-200 mechanical pedometer 1 axis 1 wearable position not reported  ActiGraph 7164 accelerometer 1 axis | Physical activity Association with MS severity (s) Group difference MS vs HC (s)        |

| 1 wearable            |
|-----------------------|
| position not reported |

| Filipović Grčić et al, 2013                         | n=82<br>74.4%<br>37.8 (9.9)   | not reported: n=82                                      | EDSS: 2.5 (median), range: 0-6.5 9.0 (6.3)                                | none | StepWatch Activity Monitor accelerometer 3 axes 1 wearable ankle          | Physical activity Association with MS severity (s) Association with other measures (s) |
|---|-------------------------------|---|---|------|---|--|
| Mot1 et al, 2013<br>10.2522/PTJ.20120479            | n=269<br>82.9%<br>45.9 (9.6)  | RR: n=269   | PDDS: 2 [3]<br>8.8 (7.0)  | none | ActiGraph 7164 accelerometer 1 axis 1 wearable waist                      | Physical activity Responsiveness to change (s)   |
| Sandroff et al, 2013<br>10.1016/J.MHPA.2013.08.001  | n=82<br>75.6%<br>49.0 (9.1)   | RR: n=65,<br>PP: n=3,<br>SP: n=10,<br>not reported: n=4 | SR-EDSS: 3.5 (median),<br>range: 0-6.5<br>11.8 (8.2)                      | none | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                      | Physical activity Association with other measures (s)                                  |
|   |                               |   |   |      | Yamax SW-200 mechanical pedometer 1 axis 1 wearable position not reported |  |
| Dlugonski et al, 2013<br>10.1016/J.APMR.2012.12.014 | n=645<br>85.3%<br>46.3 (10.6) | RR: n=575,<br>P: n=63,<br>not reported: n=7             | PDDS<=2: n=255<br>PDDS=>3: n=194<br><10 years: n=395,<br>>10 years: n=250 | none | ActiGraph 7164 accelerometer 1 axis 1 wearable position not reported      | Physical activity Association with MS severity (s)                                     |

| Learmonth et al, 2013                                | n=82<br>75.6%<br>49.2 (9.0)              | RR: n=65,<br>PP: n=7,<br>SP: n=10                         | SR-EDSS: 3.5 (2.0), 3.5<br>[3.5], range: 0-6.5,<br>PDDS: 2.6 (1.8), 3 [3],<br>range: 0-6<br>11.8 (8.2), range: 0.5-32 | none | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                              | Physical activity Test-retest reliability (s)         |
|--|--|---|---|------|---|---|
| Learmonth et al, 2013<br>10.1186/1471-2377-13-37     | n=96<br>80.2%<br>53.5 (14), range: 30-78 | RR: n=79,<br>not reported: n=17                           | EDDS: 4.5 [3.0], range: 2-6.5, PDDS: 3.0 [3.0], range: 0-6 9 (12), range: 1-43  | none | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                              | Physical activity Association with MS severity (s)    |
| Sandroff et al, 2014<br>10.1016/J.MSARD.2013.06.014  | n=84<br>78.6%<br>51.8 (11.3)             | RR: n= 69,<br>PP: n=4,<br>SP: n= 7,<br>not reported: n= 4 | EDDS: 4.5 (median),<br>range: 2.0-6.5<br>10.8 (9.3)   | none | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                              | Physical activity Association with other measures (s) |
|  |  |   |   |      | ActiGraph GT3X accelerometer 3 axes 1 wearable waist  StepWatch Activity Monitor  |   |
| Sandroff et al, 2014<br>10.1371/JOURNAL.PONE.0093511 | n=63<br>76.2%<br>50.68 (9.22)            | RR: n=50,<br>not reported: n=13                           | EDSS: 4.0 (median), range:<br>1.0-6.5<br>12.83 (8.50)   | none | mechanical pedometer<br>1 wearable<br>ankle                                       | Physical activity<br>Group difference MS vs<br>MS (s) |
| Shammas et al, 2014<br>10.1186/1475-925X-13-10       | n=11<br>63.6%<br>41 (9.3)                | RR: n=8,<br>PP: n=1,<br>SP: n=2                           | Group EDSS 1-2.5: EDSS:<br>1.75 (0.82),<br>Group EDSS 3-5: EDSS:<br>4.40 (0.89)<br>2.18 (10.67)                       | none | Move II activity sensor<br>accelerometer<br>3 axes<br>2 wearables<br>waist, ankle | Physical activity Responsiveness to change (s)        |

| Schwartz et al, 2014                                   | n=269<br>82.9%<br>45.85 (9.73)              | RR: n=269  | PDDS: 2 [3]<br>8.8 (7.0)                                    | none   | ActiGraph 7164 accelerometer 1 axis 1 wearable waist | Physical activity Association with other measures (ns) Responsiveness to change (ns) |
|--|---|--|---|--|--|--|
| Balantrapu et al, 2014<br>10.1155/2014/649390          | n=44<br>72.7%<br>52.8 (7.6)                 | RS: n=36,<br>not reported: n=8                   | EDSS: 6 (median), range: 2.5-6.5 10.3 (8.4), range: 0-39    | MS patients without<br>spasticity<br>n=40 (90% female)<br>age: 47.7 (11.1)<br>Type: RR: n=37<br>Severity of MS: EDDS: 3.5<br>[2.0-6.5]<br>Disease duration [yrs]: 11.5<br>(9.7), range: 0-39 | ActiGraph GT3X accelerometer 3 axes 1 wearable waist | Physical activity, Dexterity/Tremor Group difference MS vs MS (s)                    |
| Ickmans et al, 2014<br>10.1016/J.CLINEURO.2014.04.021  | n=19<br>68.4%<br>39.74 (10.67)              | not reported: n=19                               | EDSS: 1.64 (1.02)<br>83.52 (68.50) <b>months</b>            | healthy<br>n=32 (69% female)<br>age: 39.3 (13.9)   | Actical accelerometer 3 axes 1 wearable wrist        | Physical activity Group difference MS vs HC (s)                                      |
| Motl et al, 2014                                       | n=567<br>83.6%<br>47.0 (10.0), range: 19-84 | RR: n=519,<br>PP: n=12,<br>SP: n=36              | PDDS: 2.0 (median),<br>range: 0-6<br>9.6 (7.5), range: 1-37 | none   | ActiGraph 7164 accelerometer 1 axis 1 wearable waist | <b>Physical activity</b> Test-retest reliability (s)                                 |
| Suh et al, 2014<br>10.1007/812529-013-9382-2           | n=68<br>82.4%<br>49.1 (8.8)                 | RR: n=68   | PDDS: 2 [0-3]<br>12.1 (7.9)                                 | none   | ActiGraph 7164 accelerometer I axis I wearable waist | Physical activity Association with other measures (s)                                |
| Kahraman et al, 2015<br>10.1016/J.CLINEURO.2015.07.018 | n=52<br>67.3%<br>36 (8)                     | RR: n=43,<br>clinically isolated syndrom:<br>n=9 | EDSS: 1.5 (1.0)<br>5 (4.0)                                  | none   | Caltrac accelerometer 3 axes 1 wearable waist        | Physical activity  |

| Motl, 2015<br>10.7224/1537-2073.2014-016           | n=41<br>73.2%<br>48.4 (9.1)                | RR: n=31,<br>P/SP: n=10  | PDDS mild: n=22,<br>PDDS moderate: n=19<br>10.6 (7.1)                         | Waitlist control (MS patients) n=41 (78% female) age: 49.5 (9.2) Type: RR: n=43, PP: n=7, SP: n=7 Severity of MS: PDDS mild: n=17, PDDS moderate: n=24 Disease duration [yrs]: 13.0 (9.1) | Yamax SW-401<br>mechanical pedometer<br>1 wearable<br>waist           | Physical activity Group difference MS vs MS (s) Responsiveness to intervention (s)  |
|--|--|--|---|---|---|---|
| 10.7224/1337-2073.2014-010                         | (3.1)                                      | 1.01.11  | 1010 (.11)  | (3.2)   | ···········   | (s)   |
| Bove et al, 2015 10.1212/NXI.00000000000162        | n=22<br>72.7%<br>34.3 (11.0)               | RR: n=15, PP: n=9, SP: n=4, clinically isolated syndrom: n=0, neruomyelitis optica: n=1, MS: n=1, undefined: n=1 | EDSS: 2.5 (2.4)<br>8.0 (6.0)  | healthy cohabitants<br>n=17 (53% female)<br>age: 39.9 (10.5)  | Smartphone (HTC<br>Sensation 4G)<br>touchscreen<br>1 wearable<br>hand | Dexterity/Tremor Association with other measures (mixed) Group difference MS vs HC (mixed) Responsiveness to change (mixed) |
| Sandroff et al. 2015                               | n=96<br>80.2%                              | RR: n=79,<br>P: n=13,  | EDSS: 4.5 (median), range: 2-6.5  |   | ActiGraph GT3X accelerometer 3 axes 1 wearable                        | Physical activity Association with other measures (s) Group difference MS vs  |
| 10.1016/J.GAITPOST.2014.10.011                     | 52.7 (11.1)                                | not reported: n=4  | 11.8 (10.0)   | none  | waist   | MS (s)  |
| Blikman et al, 2015<br>10.1016/J.APMR.2014.08.023  | n=23<br>78.3%<br>45.7 (10.2), range: 24-66 | RR: n=20,<br>SP: n=3   | EDSS: 2.0 [3.0]<br>9.3 (7.1), range: 0-21                                     | healthy (nonfatigued)<br>n=23 (78% female)<br>age: 45.7(10.2), range: 27-<br>67   | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                  | Physical activity<br>Group difference MS vs<br>HC (mixed)   |
| Ezeugwu et al, 2015<br>10.1016/J.PMEDR.2015.03.007 | n=439<br>84.7%<br>47.3 (10.0)              | RR: n=395,<br>PP: n=9,<br>SP: n=27,<br>benign: n=6,<br>not reported: n=2   | PDDS<=2: n=245,<br>PDDS>=3: n=194<br><= 10 years: n=279,<br>> 10 years: n=159 | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist                  | Physical activity<br>Group difference MS vs<br>MS (mixed)   |

| Klaren et al, 2015 10.1155/2015/482536         | n=39<br>76.9%<br>48.7 (9.6) | RR: n=30,<br>P: n=9             | EDSS: 4.5 [2.5]<br>10.3 (8.5)                   | none  | ActiGraph GT3X accelerometer 3 axes 1 wearable not reported | Physical activity Association with other measures (mixed)   |
|--|-----------------------------|---------------------------------|---|---|---|---|
| Rice et al, 2015<br>10.1016/J.APMR.2015.06.011 | n=9<br>66.7%<br>53.3 (11.1) | RR: n=3,<br>PP: n=2,<br>SP: n=4 | not reported<br>13.2 (8.9)                      | MS patients n=5 (80% female) age: 54 (0.4) Type: RR: n=2, PP: n=1, SP: n=2 Severity of MS: bilateral gross upperextremity strength of at least 4-/5 and full-time wheelchair user (use of power or manual for>40h/wk and>80% ambulation (inclusion criteria) Disease duration [yrs]: 17.6 (8.5) | ActiGraph GT3X accelerometer 3 axes 1 wearable wrist        | Physical activity Group difference MS vs MS (mixed) Responsiveness to intervention (nt)                                       |
| Sandroff et al, 2015                           | n=31<br>87.1%<br>43.4 (7.7) | RR: n=29,<br>SP: n=2            | PDDS: 2 (median), range:<br>0-5<br>8.6 (6.3)    | healthy<br>n=31 (87% female)<br>age: 42.4 (7.5)   | ActiGraph GT3X accelerometer 3 axes 1 wearable waist        | Physical activity Association with other measures (s) Group difference MS vs HC (mixed)                                       |
| Hubbard et al, 2015 10.1139/APNN-2014-0271     | n=82<br>75.6%<br>49.0 (9.1) | RR: n=65,<br>not reported: n=17 | SR-EDSS: 3.4 (2.3), 3.5<br>[4.5]<br>11.8 (mean) | none  | ActiGraph GT3X accelerometer 3 axes 1 wearable waist        | Physical activity Association with MS severity (mixed) Association with other measures (mixed) Group difference MS vs MS (nt) |
| Fjeldstad, 2015<br>10.7224/1537-2073.2014-037  | n=13<br>69.2%<br>47.6 (3.0) | RR: n=13                        | EDSS: 2.5 (0.5)<br>7.5 (1.0)                    | healthy<br>n=12 (42% female)<br>age: 45.5 (5.4)   | ActiGraph GT1M accelerometer 2 axes 1 wearable waist        | Physical activity Association with MS severity (s) Group difference MS vs HC (ns)   |

| Sola-Valls et al, 2015<br>10.1007/500415-015-7764-X           | n=23<br>52.2%<br>46.7 (10.0)  | RR: n=15,<br>SP: n=8             | EDSS: 3.5 [1.5–6.5]<br>14.2 (9.9)   | none   | ActiGraph GT3X accelerometer 3 axes 1 wearable waist | Physical activity Association with MS severity (s) Association with other measures (s) Group difference MS vs MS (s)                                       |
|---|---|----------------------------------|---|--|--|--|
| Brown, 2016<br>10.72241537-2073-2015-035                      | n=22<br>86.4%<br>55.0 (2.5)   | RR: n=13,<br>PP: n=4,<br>SP: n=5 | EDSS: 5.1 (0.3)<br>13.3 (1.7)   | MS patients with placebo<br>first and then treatment<br>n=21 (52% female)<br>age: 54 (0.4)<br>Type: RR: n=13, PP: n=2,<br>SP: n=6<br>Severity: EDSS score: 5.3<br>(0.2)<br>Disease duration [yrs]: 13.5<br>(1.5) | StepWatch 3 accelerometer 3 axes 1 wearable ankle    | Physical activity Group difference MS vs MS (ns) Responsiveness to intervention (ns)   |
| Klaren et al, 2016<br>10.14336/AD.2015.1025                   | n=963<br>84.0%<br>By age category:<br>Young: 33.1 (4.7),<br>Middle-aged: 49.6 (5.4),<br>Older: 63.0 (3.6) | RR: n=885,<br>not reported: n=78 | EDSS by age group:<br>Young: 1.0 [3.0]<br>Middle-aged: 2.0 [2.0]<br>Older: 3.0 [3.0]<br>Disease duration by age<br>group:<br>Young: 6.3 (5.0)<br>Middle-aged: 10.8 (7.2)<br>Older: 16.5 (9.2) | none   | ActiGraph 7164 accelerometer 1 axis 1 wearable waist | Physical activity<br>Group difference MS vs<br>MS (s)  |
| Grover et al, 2016  | n=27<br>66.7%<br>16.0 (4.0)   | not reported: n=27               | EDSS: 1.5 [0.5]<br>2.0 (2.0)  | healthy<br>n=37 (68% female)<br>age: 15.0 (3.0)  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist | Physical activity Association with other measures (s) Group difference MS vs HC (s) Group difference MS vs monophasic acquired demyelinating syndromes (s) |
| Kinnett-Hopkins et al,<br>2016<br>10.1016/J.MSARD.2016.08.010 | n=27<br>66.7%<br>15.73 (3.2)  | not reported: n=27               | EDSS: 1.5 (0.5)<br>2.03 (2)   | healthy<br>n=45 (67% female)<br>age: 14.76 (3.8)   | ActiGraph 7164 accelerometer 1 axis 1 wearable waist | Physical activity Group difference MS vs HC (mixed) Association with other measures (mixed)  |

| Zörner et al., 2016<br>10.1177/1352458515622695 | n=55<br>61.8%<br>48.6 (9.8)         | RR: n=29,<br>PP: n=5,<br>SP: n=21                                      | EDSS: 4.9 (1.3), range: 2.5-6.5 11.9 (7.4) | none  | Actiwatch 2 accelerometer 3 axes 1 wearable ankle                            | Physical activity Responsiveness to intervention (mixed) |
|---|-------------------------------------|--|--|---|--|--|
| Klaren et al, 2016<br>10.1123/APAQ.2015-0007    | n=422<br>85.1%<br>47.3 (10)         | RR: n=380;<br>not reported: n=42                                       | PDDS: 2.0 [4.0]<br>9.6 (7.4)               | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist                         | Physical activity Test-retest reliability (s)            |
| Sebastião et al, 2017                           | n=47<br>not reported<br>53.1 (11.4) | RR: n=44,<br>PP: n=1,<br>SP: n=2                                       | EDSS: 4 [3.0]<br>13.1 (9.6)                | none  | ActiGraph GT3X accelerometer 3 axes 1 wearable primary position not reported | Physical activity Group difference MS vs MS (s)          |
| Norris et al, 2017                              | n=26<br>not reported<br>44.5 (11.9) | RR: n=21,<br>PP: n=2,<br>SP: n=1,<br>benign: n=2,<br>not reported: n=1 | not reported<br>6.5 (6.2)                  | none  | SenseWear Armband accelerometer 2 axes 1 wearable wrist                      | Physical activity Test-retest reliability (nt)           |
| Sebastião et al, 2017<br>10.3233/NRE-161401     | n=21<br>90.5%<br>55.5 (9.1)         | RR: n=18, not reported: n=3  | EDSS: 6.0 [2.0]<br>14.7 (10.5)             | MS patients (normal fall risk) n=26 (88% female) age: 51.2 (12.9) Type: RR: n=26 Severity: EDSS: 3.0 [1.5] Disease duration [yrs]: 13.5 (1.5) | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                         | Physical activity Group difference MS vs MS (s)          |
| Klaren et al, 2017<br>10.2217/NMT-2016-0036     | n=36<br>80.6%<br>49.1 (9.1)         | RR: n=28,<br>not reported: n=8   | EDSS: 4.5 [2.5]<br>10.1 (8.6)              | none  | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                        | Physical activity Association with other measures (ns)   |

| Klaren et al, 2017 10.1123/JPAH.2016-0335        | n=269<br>82.9%<br>45.9 (9.8)         | RR: n=269                        | PDDS: 2.0 [3.0]<br>8.8 (7.1)                          | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Group difference MS vs MS (nt) Responsiveness to change (nt)   |
|--|--------------------------------------|----------------------------------|---|---|--|--|
| Motl et al, 2017                                 | n=49<br>85.7%<br>50.1 (8.3)          | not reported: n=49               | EDSS: 4.75 [2.0],<br>PDDS: 4.0 [2.0]<br>not reported  | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Association with MS severity (s) Association with other measures (s)                                       |
| Dalla-Costa et al, 2017                          | n=73<br>50.7%<br>47.6 (7.9)          | RR: n=53,<br>P: n=20             | not reported<br>14.4 (7.3)                            | none  | Garmin Forerunner 230 GPS 3 axes 1 wearable wrist  | Physical activity Association with other measures (nt)   |
| Krüger et al, 2017<br>10.1186/\$12883-016-0783-0 | n=26<br>69.2%<br>50.9 (5.2)          | RR: n=18,<br>PP: n=1,<br>SP: n=7 | EDSS: 4.0 (median), range:<br>1.5-6.0<br>not reported | healthy<br>n=30 (67% female)<br>age: 49.7 (8.3) | SenseWear Model mini accelerometer 2 axes 1 wearable upper arm ActiGraph Actisleep accelerometer 3 axes 1 wearable wrist | Physical activity Association with MS severity (mixed) Association with other measures (s) Group difference MS vs HC (mixed) |
| Aburub et al, 2017 10.1016/J.MSARD.2016.12.010   | n=60<br>not reported<br>35.62 (9.14) | RR: n=60                         | EDSS: 2.47 (1.63), range:<br>0-5<br>7.29 (4.37)       | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist   | Physical activity Association with MS severity (s) Association with other measures (s)                                       |

| Fakolade et al, 2018<br>10.3138/PTC.2017-36.EP          | n=14<br>71.4%<br>52.0 (11.7)  | RR: n=6,<br>PP: n=3,<br>SP: n=2,<br>not reported: n=3  | not reported<br>13.2 (8.2)  | healthy (caregivers)<br>n=14 (29% female)<br>age: 54.1 (13.5) | Actical accelerometer 3 axes 1 wearable waist  | Physical activity Group difference MS vs HC (ns)   |
|---|---|--|---|---|--|--|
| Neven et al, 2018 10.1177/0361198118772952              | n=108<br>61.1%<br>not reported  | not reported: n=108                                    | not reported<br>not reported  | none  | GPS Logger GPS 3 axes 1 wearable pocket or handbag (others)                              | Physical activity Group difference MS vs MS (ns)   |
| Dasmahapatra et al, 2018                                | n=114<br>75.4%<br>52 (9)  | RR: n=90,<br>PP: n=10,<br>SP: n=14                     | not reported<br>16 (10)   | none  | Fitbit One accelerometer 3 axes 1 wearable belt, pocket or bra (others)                  | Physical activity Association with other measures (mixed)  |
| Ketelhut et al, 2018                                    | n=34<br>76.5%<br>53.8 (12.4)  | RR: n=29,<br>SP: n=2,<br>not reported: n=3             | not reported<br>13.7 (8.6)  | none  | ActiGraph GT3X accelerometer 3 axes 1 wearable waist                                     | Physical activity Association with other measures (mixed)  |
| Cederberg et al, 2018 10.1123/JAPA.2016-0358            | n=40<br>75.0%<br>60 (5.0)   | RR: n=28,<br>PP: n=1,<br>SP: n=3,<br>not reported: n=8 | EDSS: 4.5 [2.5]<br>18 (14)  | none  | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                                    | Physical activity Association with other measures (mixed)  |
| Engelhard et al, 2018<br>10.1016/J.GAITPOST.2017.10.015 | n=88<br>83.0%<br>Age by MS severity:<br>mild: 41.43 (9.94),<br>moderate: 47.19 (7.85),<br>severe: 46 (8.66) | RR: n=73,<br>PP: n=2,<br>SP: n=8,<br>PR: n=5           | EDSS:<br>mild: range: 0-2.5,<br>moderate: range: 3-4,<br>severe: range: 4.5-6.5<br>Disease duration by MS<br>severity:<br>mild: 13.17 (6.87),<br>moderate: 18.29 (8.3),<br>severe: 18.55 (5.07) | healthy<br>n=38 (71% female)<br>age: 35.1 (12.4)              | ActiGraph GT3X accelerometer 3 axes 1 wearable waist  Polar S610i ECG 1 wearable sternum | Physical activity Association with MS severity (mixed) Association with other measures (mixed) Group difference MS vs HC (s) Group difference MS vs MS (mixed) |

| Supratak et al, 2018<br>10.3389/FNEUR.2018.00561     | n=32<br>53.1%<br>39.9 (8.6)          | not reported: n=32                      | EDSS: 2.5 (mean), range: 1-6 not reported           | healthy<br>n=22 (50% female)<br>age: 39.8 (8.9) | Axivity AX3 accelerometer 3 axes 1 wearable lower back                                    | Physical activity Association with other measures (mixed)   |
|--|--------------------------------------|---|---|---|---|---|
| Motl et al, 2018<br>10.1037/REP0000162               | n=684<br>81.0%<br>47.1 (10.2)        | RR: n=598,<br>P: n=71,<br>unknown: n=15 | PDDS: 2.0 [3.0]<br>9.8 (7.5)                        | none  | ActiGraph 7164 accelerometer 1 axis 1 wearable waist                                      | Physical activity Association with other measures (mixed)   |
| Bernhard et al, 2018 10.1186/512883-018-1111-7       | n=23<br>not reported<br>not reported | not reported: n=23                      | not reported<br>not reported                        | none  | Rehawatch accelerometer, gyroscope, magnetometer 3 axes 3 wearables lower back, ankle     | Gait Group difference MS vs other diseases (mixed)  |
|  | ·                                    | ·                                       | ·   |   | Undefined smartphone accelerometer, gyroscope, touchscreen 3 axes 1 wearable pocket, hand |   |
| Midaglia et al, 2019<br>10.2196/14863                | n=76<br>69.7%<br>39.5 (7.9)          | RR: n=69,<br>PP: n=3,<br>SP: n=4        | EDSS: 2.4 (1.4)<br>11.3 (7.0)                       | healthy<br>n=25 (28% female)<br>age: 34.9 (9.3) | Undefined smartphone accelerometer 3 axes 1 wearable wrist                                | Physical activity, Gait,<br>balance, dexterity/tremor<br>Subjective patient<br>acceptability (nt)                     |
| Block et al, 2019 10.1001/JAMANETWORKOPEN.2019.05 70 | n=95<br>62.1%<br>49.6 (13.6)         | not reported: n=95                      | EDSS: 4.0 (median), range:<br>0-6.5<br>not reported | none  | Fitbit Flex accelerometer 3 axes 1 wearable wrist   | Physical activity Association with MS severity (s) Group difference MS vs MS (mixed) Responsiveness to change (mixed) |

| Kratz et al, 2019<br>10.1093/ABM/KAY018              | n=107<br>69.2%<br>45.16 (11.73)  | RR: n=78,<br>P: n=29                                | not reported<br>9.49 (8.36)  | none  | PRO-Diary accelerometer 3 axes 1 wearable wrist                       | Physical activity Association with other measures (mixed) |
|--|--|---|--|---|---|---|
| Silveira et al, 2019<br>10.1016/J.CONCTC.2019.100366 | n=22<br>90.9%<br>52.2 (10.5)   | RR: n=19,<br>not reported: n=3                      | PDDS: 1.5 [4.0],<br>EDSS: 3.5 [2.0]<br>13.9 (10.3)   | none  | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                 | Physical activity Responsiveness to change (mixed)        |
| Baird et al, 2019<br>10.1016/J.MSARD.2019.07.003     | n=124<br>75.0%<br>By age group:<br>young: 33.3 (5.0),<br>middle-aged 48.5 (5.8),<br>older 65.8 (4.5) | RR: n=107,<br>not reported: n=17                    | not reported Disease duration by age group: young: 6.7 (5.0), middle-aged: 12.4 (5.8), older: 19.9 (8.7) | none  | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                 | Physical activity<br>Group difference MS vs<br>MS (mixed) |
| Rooney et al, 2019 10.108009638288.2019.1634768      | n=91<br>68.1%<br>48.1 (11.9)   | RR: n=63,<br>PP: n=14,<br>SP: n=14                  | EDSS: 2.9 (1.5), range: 0-6.5<br>8.8 (7.2)   | none  | Axivity AX3 accelerometer 3 axes 1 wearable upper leg                 | Physical activity Association with other measures (s)     |
| Cederberg et al, 2019                                | n=253<br>80.6%<br>59.4 (10)  | RR: n=170,<br>PP: n=29,<br>SP: n=51,<br>benign: n=3 | not reported 20.3 (9.7)  | none  | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                 | Physical activity Association with other measures (mixed) |
| Bollaert et al, 2019                                 | n=40<br>62.5%<br>65.3 (4.3)  | RR: n=27,<br>not reported: n=13                     | EDSS: 4.0 [2.0]<br>21.5 (8.6)  | healthy<br>n=40 (63% female)<br>age: 66.5 (6.7) | ActiGraph GT3X+ accelerometer 3 axes 1 wearable position not reported | Physical activity<br>Group difference MS vs<br>HC (mixed) |

| Bollaert, 2019<br>10.7224/1537-2073.2018-001    | n=40<br>62.5%<br>65.3 (4.3)   | RR: n=27,<br>not reported: n=13                     | EDSS: 4.0 [2.0]<br>21.5 (8.6)                      | none | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                           | Physical activity<br>Association with other<br>measures (s) |
|---|-------------------------------|---|--|------|---|---|
| Motl et al, 2019<br>10.1016/ј.днјо.2019.05.002  | n=275<br>81.1%<br>57 (10.1)   | RR: n=181,<br>not reported: n=94                    | not reported 20.4 (9.7)                            | none | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                           | Physical activity Association with other measures (mixed)   |
| Braakhuis et al, 2019 10.1186/S12984-019-0573-1 | n=212<br>73.6%<br>47.9 (10.4) | RR: n=155,<br>PP: n=22,<br>SP: n=21,<br>other: n=14 | EDSS: 2.5 [1.5]<br>6.4 (7.5)                       | none | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                           | Physical activity<br>Group difference MS vs<br>MS (s)       |
|   |                               |   |  |      | ActiGraph GT3X accelerometer 3 axes 1 wearable waist  Fitbit Flex accelerometer |   |
| Block et al, 2019 10.1177/2055217319888660      | n=31<br>54.8%<br>53.4 (11.7)  | RR: n=16,<br>P: n=15                                | EDSS: 4.0 (mean), range:<br>0-6.5<br>17.5 [8.5-23] | none | 3 axes 1 wearable wrist  Fitbit Flex2 accelerometer 3 axes 1 wearable wrist     | Physical activity Association with other measures (mixed)   |
| 10.1177/2033217319888000                        | 55.1 (11.17)                  | 1.11-13   | 17.5 [0.5 25]                                      | none | Wilst   | ineasures (inneed)  |
| Motl et al, 2019<br>10.1037/REP0000280          | n=295<br>75.6%<br>59.7 (10.1) | RR: n=181,<br>not reported: n=114                   | not reported 20.4 (9.7)                            | none | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist                           | Physical activity Association with other measures (mixed)   |

| Sasaki et al, 2019<br>10.108002540414.2018.1554614         | n=63<br>76.2%<br>56.6 (7.3)              | RR: n=50,<br>SP: n=7,<br>P: n=3,<br>other: n=3 | not reported<br>not reported         | none   | ActiGraph GT3X accelerometer 3 axes 1 wearable waist  | Physical activity Association with other measures (s)  |
|--|--|--|--------------------------------------|--|---|--|
| Schwab et al, 2020<br>10.1109/JBH1.2020.3021143            | n=774<br>not reported<br>not reported    | not reported: n=774                            | not reported<br>not reported         | healthy<br>n=372 (female ratio not<br>reported)<br>age:not reported  | Bring-your-own-device<br>(smartphone)<br>accelerometer, gyroscope,<br>touchscreen<br>3 axes<br>1 wearable<br>pocket, hand | Gait, Dexterity/tremor,<br>Other: cognition<br>Group difference MS vs<br>HC (nt)   |
| Mosquera-Lopez et al,<br>2020<br>10.1109/JBH1.2020.3041035 | n=25<br>68.0%<br>54 (mean), range: 33-76 | RR: n=11,<br>PP: n=6,<br>SP: n=8               | EDSS: range: 4.0-6.0<br>not reported | none   | MotioWear accelerometer 3 axes 1 wearable waist   | Gait, balance  |
| Mate, 2020<br>10.7224/1537-2073.2019-047                   | n=125<br>78.4%<br>45.4 (10.0)            | not reported: n=125                            | not reported 6.1 (3.4)               | none   | activPAL3 accelerometer 3 axes 1 wearable upper leg   | Physical activity Association with other measures (nt)   |
| Næss-Schmidt et al, 2020<br>10.1080/2331205X.2020.1713280  | n=28<br>78.6%<br>56.3 (8.8)              | not reported: n=28                             | not reported<br>12.4 (7.4)           | mixed<br>stroke: n=22 (55%,<br>female), age: 65.1 (10.8);<br>PD: n=34 (29% female),<br>age: 67.9 (7.8);<br>RA: n=15 (100% female),<br>age: 57.3 (17.0) | Axivity AX3 accelerometer 3 axes 1 wearable upper leg   | Physical activity Association with other measures (s) Group difference MS vs other diseases (stroke, Parkinson's, rheumatoid arthritis) (nt) |
| Sandroff et al, 2020<br>10.1017/S1355617720000284          | n=385<br>78.2%<br>49.9 (11.6)            | RR: n=299,<br>P: n=45,<br>not reported: n=41   | PDDS: 2.0 [4.0]<br>12.3 (9.4)        | none   | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist   | Physical activity Association with other measures (s)  |

| Pau et al, 2020                           | n=45<br>51.1%<br>Age by sex:<br>women: 49.4 (9.0),<br>men: 51.2 (11.8)                                     | RR: n=30,<br>PP: n=8,<br>SP: n=7                          | EDSS: 3.6 (1.8) Disease duration by sex: women: 17.6 (10.2), men: 18.4 (13.4)  | healthy<br>n=41 (51% female)<br>age: women: 46.7 (14.6),<br>men: 49.6 (14.4)  | ActiGraph GT3X accelerometer 3 axes 1 wearable wrist  | Physical activity Group difference MS vs HC (mixed) Group difference MS vs MS (mixed)   |
|---|--|---|--|---|---|---|
| Twose et al, 2020                         | n=34<br>not reported<br>range: 18-65 [inclusion<br>criteria]   | not reported: n=34  | not reported<br>not reported   | healthy n=24 (female ratio not reported) age: not reported  | Bring-your-own-device<br>(smartphone)<br>touchscreen<br>1 wearable<br>hand  | Dexterity/Tremor Association with MS severity (nt) Association with other measures (nt) Responsiveness to change (nt)   |
| Pratap et al, 2020                        | n=495<br>46.9%<br>Age by MS diagnosis:<br>self-referred: 45.2 (11.6),<br>clinic-referred: 48.93<br>(11.20) | RR: n=423,<br>PP: n=40,<br>SP: n=30,<br>not reported: n=2 | PDDS: normal: n=153, mild disability: n=109, moderate disability: n=142, gait disability: n=2 Disease duration by MS diagnosis: self-referred: 11.14 (8.84), clinic-referred: 14.29 (8.89) | healthy<br>n=134 (64% female)<br>age: 39.3 (11.4)   | Bring-your-own-device<br>(smartphone)<br>accelerometer, gyroscope,<br>touchscreen<br>3 axes<br>1 wearable<br>hand | Gait, balance,<br>dexterity/tremor<br>Association with MS<br>severity (s)<br>Association with other<br>measures (s)<br>Group difference MS vs<br>HC (nt)<br>Group difference MS vs<br>MS (nt) |
| Nasseri et al, 2020<br>10.7717/PEERJ 9303 | n=18<br>50.0%<br>49.6 (8.5)  | chronic progressive: n=18                                 | EDSS: 3.5 (median), range: 2.5-6.0 13.1 (5.6)  | MS patients n=20 (64% female) age: 52.5 (7.3) Type: chronic progressive: n=20 Severity: EDSS: 3.5 [3.0-6.0] Disease duration [yrs]: 20.1 (13.0) | ActiGraph GT3X+ accelerometer 3 axes 1 wearable position not reported   | Physical activity Group difference MS vs MS (ns) Responsiveness to change (s) Responsiveness to intervention (ns)   |
| Bourke et al, 2020<br>10.3390/S20205906   | n=76<br>69.7%<br>39.5 (7.9)  | RR: n=69,<br>PP: n=3,<br>SP: n=4                          | EDSS: 2.4 (1.4)<br>11.3 (7.0)  | healthy<br>n=25 (28% female)<br>age: 34.9 (9.3)   | Samsung Galaxy S7<br>(smartphone)<br>accelerometer, gyroscope,<br>magnetometer<br>3 axes<br>1 wearable<br>waist   | Gait Group difference MS vs HC (nt) Test-retest reliability (mixed)   |

MS patients (non-fatigued FSS < 4) n=78 (96% female) age: 60.6 (8.9)

| Neal et al, 2020                                  | n=174<br>81.0%<br>58.7 (10.4)         | RR: n=115,<br>P: n=59             | PDDS: 4.0 [2.0]<br>20.1 (10.2)          | Type: RR: n=57, P: n=21<br>Severity: PDDS: 1.0 [0.0-<br>4.0]<br>Disease duration [yrs]: 20.7<br>(8.5) | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist  | Physical activity Association with other measures (s) Group difference MS vs MS (s)   |
|---|---------------------------------------|-----------------------------------|---|---|--|---|
| Hibner et al, 2020<br>10.1016/J.MSARD.2020.101941 | n=50<br>76.0%<br>46 (12)              | RR: n=50                          | EDSS: 3.3 [2.5-4]<br>not reported       | none  | ActiGraph 7164 accelerometer 3 axes 1 wearable waist   | Physical activity Association with other measures (s)   |
| Stuart et al, 2020                                | n=56<br>53.6%<br>53.6 (8.0)           | PP: n=32,<br>SP: n=24             | EDSS: 5.7 (1.3)<br>12.2 (8.6)           | none  | SenseWear Armband<br>accelerometer,<br>thermometer, galvanic skin<br>response<br>3 axes<br>1 wearable<br>upper arm | Physical activity Association with MS severity (s) Association with other measures (mixed) Responsiveness to change (s)   |
| Shah, 2020  | n=13<br>not reported<br>48.69 (11.10) | not reported: n=13                | PREDSS: range: 3.5-6.0 not reported     | healthy n=21 (female not reported) age: 46.4 (11.1)   | APDM Opal IMU<br>accelerometer, gyroscope,<br>magnetometer<br>3 axes<br>3 wearables<br>lower back, foot            | Gait Association with MS severity (s) Association with other measures (s) Group difference MS vs HC (mixed)   |
| Lam et al, 2020                                   | n=85<br>75.3%<br>46.4 (10.1)          | RR: n=51,<br>PP: n=9,<br>SP: n=25 | EDSS: 3.5 [2.5-4.0]<br>11.3 [ 5.1-17.7] | healthy n=18 (56% female) age: 45.2 (13.5)  | Bring-your-own-device<br>(smartphone)<br>touchscreen<br>1 wearable<br>hand   | Dexterity/Tremor Association with MS severity (mixed) Association with other measures (mixed) Group difference MS vs HC (mixed) Group difference MS vs MS (ns) Test-retest reliability (nt) |

| Zhai et al, 2020  | n=67<br>62.7%<br>42.9 (10.9)       | RR: n=34,<br>P: n=33                | EDSS: 3.0 (median), range: 1.0-6.0 8.5 (8.1)                         | healthy<br>n=70 (67% female)<br>age: 41.5 (12.8)          | Samsung Galaxy S4 (smartphone) accelerometer, gyroscope, magnetometer 3 axes 1 wearable habitual phone position  ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist | Physical activity Association with MS severity (mixed) Association with other measures (mixed) Group difference MS vs HC (s) Group difference MS vs MS (ns) |
|---|------------------------------------|-------------------------------------|--|---|--|---|
| 10.3389/FNEUR.2020.00688  Creagh et al, 2020 10.1088/1361-6579/AB8771 | n=71<br>69.0%<br>40 (8)            | P: n=33  RR: n=64, PP: n=3, SP: n=4 | EDSS: normal 9PHT: 2.1 (1.26), abnormal 9HPT: 3.3 (1.4) not reported | healthy n=22 (32% female) age: not reported               | Samsung Galaxy S7 (smartphone) touchscreen 1 wearable hand   | MS (ns)  Dexterity/Tremor  Association with other measures (mixed)  Group difference MS vs  HC (nt)  Group difference MS vs  MS (nt)                        |
| Abbadessa et al, 2021   | n=25<br>48.0%<br>40.08 (8.87)      | RR: n=25                            | EDSS: 4.45 (1.39)<br>9.3 (6.6)                                       | none  | Samsung Gear S2 accelerometer 3 axes 1 wearable wrist  | Physical activity Association with MS severity (mixed) Association with other measures (mixed)  |
|   | , ,                                |                                     |  |   | APDM instrumented<br>socks prototype<br>accelerometer, gyroscope<br>3 axes<br>2 wearables<br>foot  | ·   |
| Shah et al, 2021<br>10.1016/J.GAITPOST.2020.11.024                    | n=15<br>not reported<br>49 (10.25) | RR: n=15                            | not reported<br>not reported   | healthy n=16 (female ratio not reported) age: 44.7 (10.7) | APDM Opal IMU<br>accelerometer, gyroscope,<br>magnetometer<br>3 axes<br>1 wearable<br>lower back   | Gait<br>Group difference MS vs<br>HC (nt)   |

| Abonie et al, 2021 | n=11<br>27.3%<br>57.9 (8.0)   | RR: n=6,<br>PP: n=1,<br>SP: n=4  | PDDS: 2.0 [2.0]<br>12 [24]                              | MS patients (no tailored information group) n=10 (30% female) age: 60.9 (9.5) Type: RR: n=4, PP: n=1, SP: n=5 Severity: PDDS: 3.5 [2.0] Disease duration [yrs]: 9.5 | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist  | Physical activity Group difference MS vs MS (s) Responsiveness to intervention (s)  |
|--------------------|---|----------------------------------|---|---|--|---|
| Creagh et al, 2021 | n=73<br>68.5%<br>Age by MS severity:<br>moderate: 40.5 (6.9),<br>mild: 39.3 (8.3) | not reported: n=73               | EDSS: moderate: 4.2 (0.7), mild: 1.7 (0.8) not reported | healthy<br>n=24 (75% female)<br>age: 35.6 (8.9)   | Samsung Galaxy S7 (smartphone) accelerometer, gyroscope, magnetometer 3 axes 1 wearable upper leg  Motorola 360 Sport accelerometer, gyroscope 3 axes 1 wearable wrist | Gait Association with MS severity (mixed) Association with other measures (mixed) Group difference MS vs HC (s) Group difference MS vs MS (s) Test-retest reliability (mixed) |
| Jeng et al, 2021   | n=233<br>80.7%<br>59.1 (9.8)  | RR: n=171,<br>P: n=62            | PDDS: 3 [1-5]<br>19.8 (9.7)                             | none  | ActiGraph GT3X+ accelerometer 3 axes 1 wearable waist  | Physical activity Association with MS severity (s) Group difference MS vs MS (s)  |
| Cheng et al, 2021  | n=76<br>69.7%<br>39.5 (7.9)   | RR: n=69,<br>PP: n=3,<br>SP: n=4 | EDSS: 2.4 (1.4)<br>11.3 (7.0)                           | healthy<br>n=25 (28% female)<br>age: 34.9 (9.3)   | Samsung Galaxy S7<br>(smartphone)<br>accelerometer, gyroscope,<br>magnetometer<br>3 axes<br>1 wearable<br>upper leg  | Gait Association with MS severity (s) Association with other measures (s) Group difference MS vs HC (nt) Test-retest reliability (s)  |