### EARLY DETECTION OF DIABETES USING MACHINE LEARNING

### **Problem Background**

- Diabetes, a rapidly escalating global health issue, affected 422 million people worldwide as of 2018 (WHO).
- The number of people affected is expected to have increased significantly since then.
- Approximately 50% of all people with diabetes are undiagnosed due to its long-term asymptomatic phase.
- In the United States, 8.5 million people (23.0% of adults) are undiagnosed. (June 29, 2022)
- Early detection is vital for clinically meaningful outcomes, requiring careful assessment of both common and less common symptoms.

### The Challenge

- Currently, there is a lack of efficient methods to predict the likelihood of developing diabetes.
- The unique asymptomatic phase of diabetes presents a significant challenge for early detection and intervention.

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### Our Approach

- We used data mining classification techniques and machine learning models to predict the likelihood of developing diabetes.
- A dataset of 520 instances from Sylhet Diabetes Hospital in Sylhet, Bangladesh, collected via direct questionnaires, will serve as the basis for our model.
- Tools: Alteryx for data preparation and blending, Tableau for data visualization and exploration, and machine learning for predictive modelling and analysis.

### **Objective**

- To leverage the power of Alteryx, Tableau, and Machine Learning to create a robust risk prediction model.
- The ultimate goal is to facilitate the early detection of diabetes, thus enabling timely interventions and improved patient outcomes.

# Initial Data Dictionary

#### **Patient Details**

- Age [20-65]
- Sex [Male, Female]

#### **Binary Medical Condition Variables**

- Polyuria
- Polydipsia
- sudden weight loss.
- weakness
- Polyphagia
- Genital thrush
- visual blurring
- Itching
- Irritability
- delayed healing
- partial paresis
- muscle stifness
- Alopecia
- Obesity

#### **Target Variable**

Class (Positive/Negative)

# Final Data used in Modeling

Upon conducting a comprehensive literature review, I discovered that 'partial\_paresis' and 'muscle\_stiffness' are symptoms often associated with prolonged diabetes. Conversely, 'alopecia' (hair loss) does not typically correlate with diabetes

Based on the Chi-Square test results, I decided not to include 'obesity', 'itching', and 'delayed\_healing' as these showed insignificance in relation to the target variable.

#### **Patient Details**

- Age Ordinal Bucketing
- Sex [Male, Female]

#### **Binary Medical Condition**

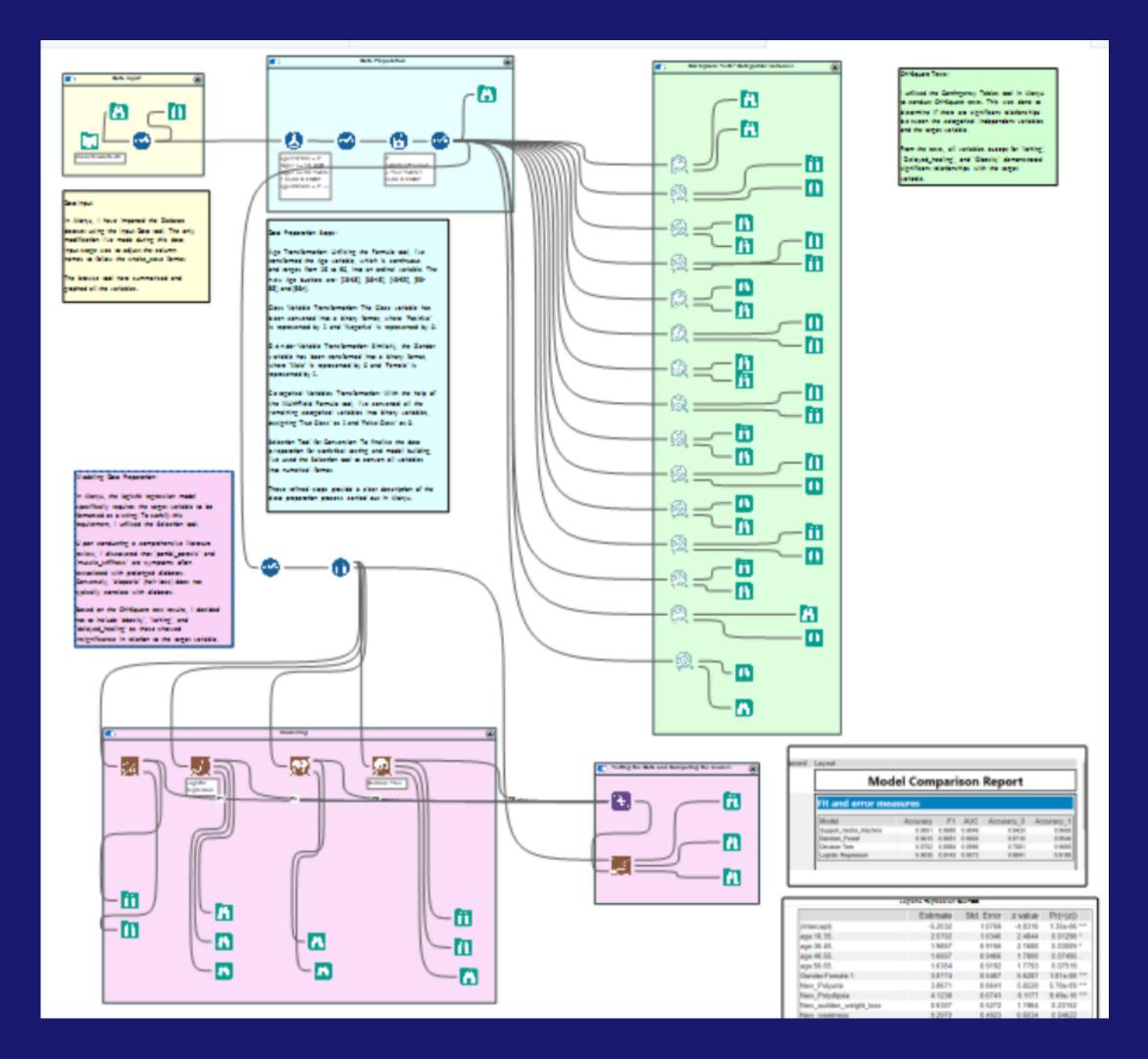
#### Variables

- Polyuria
- Polydipsia
- sudden weight loss.
- weakness
- Polyphagia
- Genital thrush
- visual blurring
- Obesity

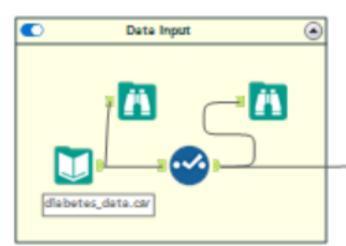
#### **Target Variable**

Class

(Positive/Negative)



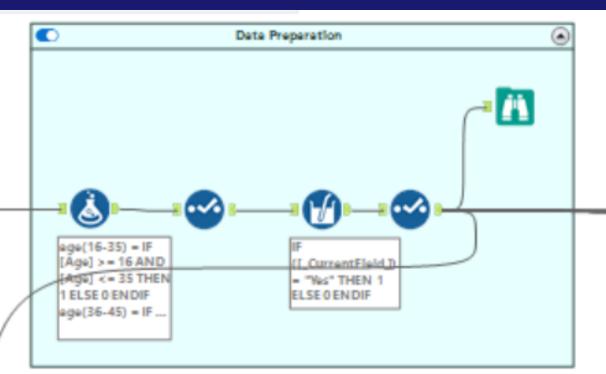
# ALTERYX WORKFLOW



#### Data Input

In Alteryx, I have imported the Diabetes dataset using the Input Data tool. The only modification I've made during this data input stage was to adjust the column names to follow the snake\_case format.

The browse tool here summarized and graphed all the variables.



#### Data Preparation Steps:

Age Transformation: Utilizing the Formula tool, I've transformed the Age variable, which is continuous and ranges from 16 to 90, into an ordinal variable. The new Age buckets are: [16-35], [36-45], [46-55], [56-65], and [66>].

Class Variable Transformation: The Class variable has been converted into a binary format, where 'Positive' is represented by 1 and 'Negative' is represented by 0.

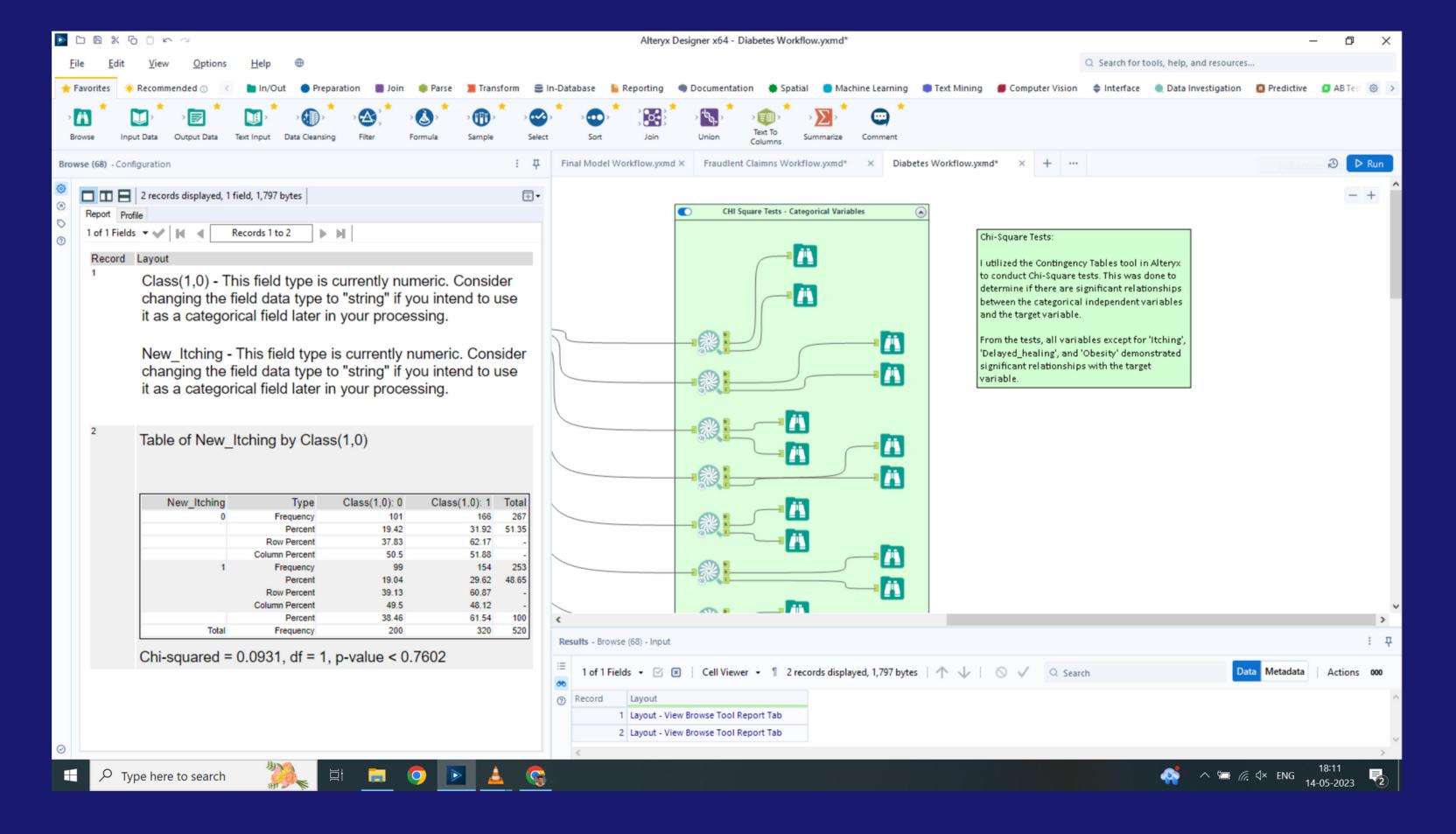
Gender Variable Transformation: Similarly, the Gender variable has been transformed into a binary format, where 'Male' is represented by 0 and 'Female' is represented by 1.

Categorical Variables Transformation: With the help of the Multi-Field Formula tool, I've converted all the remaining categorical variables into binary variables, assigning 'True Class' as 1 and 'False Class' as 0.

Selection Tool for Conversion: To finalize the data preparation for statistical testing and model building, I've used the Selection tool to convert all variables into numerical format.

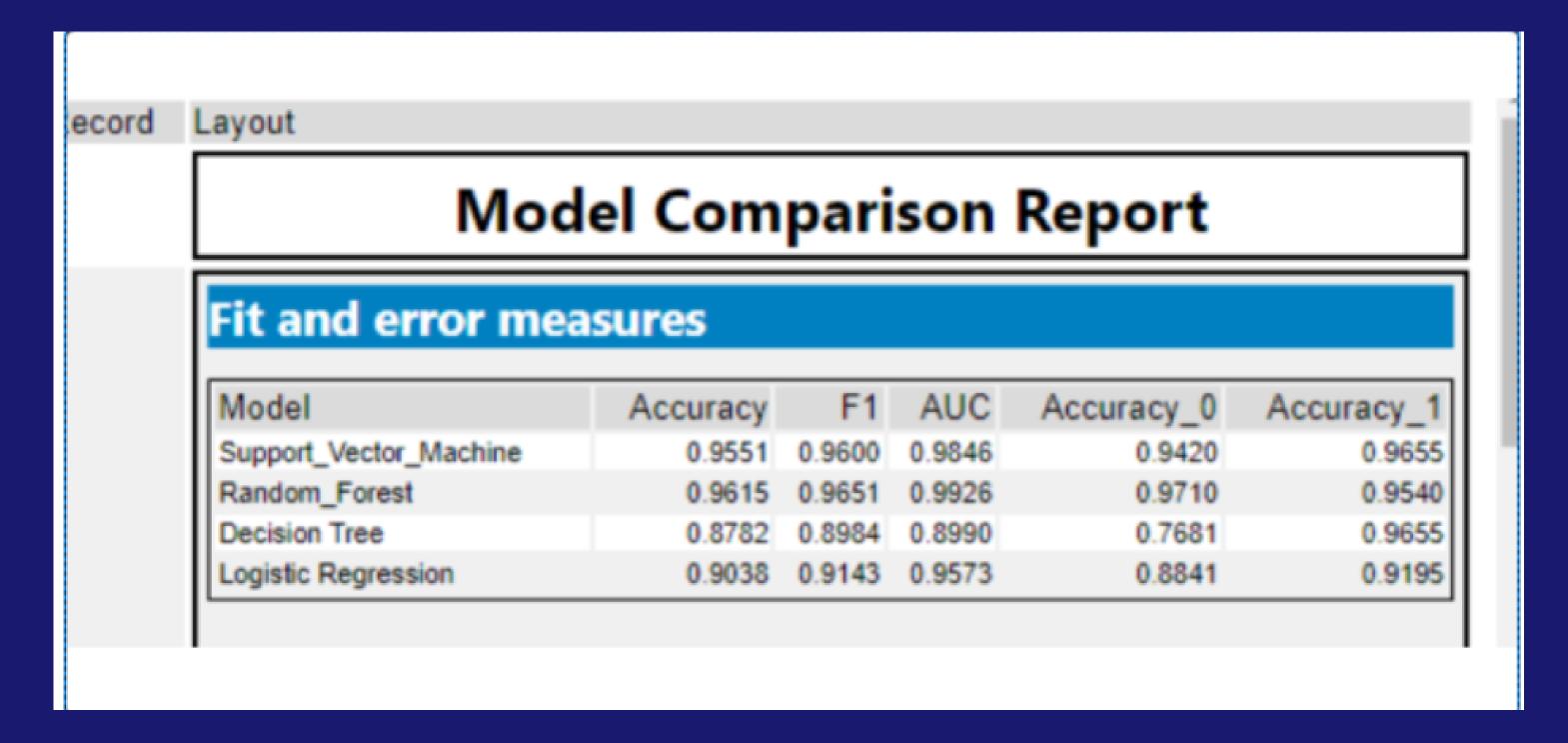
These refined steps provide a clear description of the data preparation process carried out in Alteryx.

# DATA PREP ALTREYX WORKFLOW



## CHI SQUARE ALTREYX WORKFLOW

# Final Models



MODEL PERFORMANCE ON THE TEST DATA. RANDOM FOREST IS THE ONE WITH HIGHEST AUC AND ACCURACY.

# Logistic Regression | Coefficient's

|                        | Estimate | Std. Error | z value | Pr(> z )     |
|------------------------|----------|------------|---------|--------------|
| (Intercept)            | -5.2032  | 1.0769     | -4.8316 | 1.35e-06 *** |
| age.16.35.             | 2.5702   | 1.0346     | 2.4844  | 0.01298 *    |
| age.36.45.             | 1.9857   | 0.9156     | 2.1688  | 0.03009 *    |
| age.46.55.             | 1.6857   | 0.9466     | 1.7808  | 0.07495 .    |
| age.56.65.             | 1.6354   | 0.9192     | 1.7793  | 0.07519.     |
| Gender.Female.1.       | 3.0774   | 0.5467     | 5.6287  | 1.81e-08 *** |
| New_Polyuria           | 3.8671   | 0.6641     | 5.8228  | 5.78e-09 *** |
| New_Polydipsia         | 4.1238   | 0.6741     | 6.1177  | 9.49e-10 *** |
| New_sudden_weight_loss | 0.6307   | 0.5272     | 1.1964  | 0.23152      |
| New_weakness           | 0.2970   | 0.4923     | 0.6034  | 0.54622      |
| New_Polyphagia         | 1.4431   | 0.5637     | 2.5601  | 0.01046 *    |
| New_genital_thrush     | 0.9075   | 0.5362     | 1.6925  | 0.09055.     |
| New_visual_blurring    | -0.4126  | 0.5158     | -0.7999 | 0.4238       |
| New_Obesity            | 0.2036   | 0.6067     | 0.3355  | 0.73721      |
| age66.                 | NA       | NA         | NA      | NA           |

Significance codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for binomial taken to be 1)