Literature Review Title

author1, author2

Date

Summary

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Annotated Bibliography

1. (2012) Schaink et al., "A scoping review and thematic classification of patient complexity: offering a unifying framework"

   - Conducted literature review for definitions and descriptions of complexity and developed a Complexity Framework to understanding patient complexity.
   - Used 1,669 articles, 127 of which were considered relevant as assessed by the inclusion/exclusion criteria.
   - Concluded the following complexity framework:
     (a) Medical/physical, e.g. functional impairment, chronic symptoms (e.g. pain), challenges in the application of clinical practice guidelines (CPGs), multimorbidity, and polypharmacy;
     (b) Mental health, e.g. depression, psychological distress, cognitive impairment, and substance use;
     (c) Demographics, e.g. age, frailty, female, ethnicity, education;
     (d) Social capital, e.g. caregiver strain, poor social support, relationship strain and lack of leisure time;
     (e) Health and social experiences, e.g. healthcare utilization, quality of life, self-management, healthcare system navigation.

2. (2014) Violan et al., "Prevalence, determinants and patterns of multimorbidity in primary care: a systematic review of observational studies"

- Performed a systematic review of literature to determine if there was any established determinants for multimorbidity.
- Found age, lower socioeconomic status, and female gender as well as the presence of mental health problems to be well established determinants.
- Found hypertension and osteoarthritis appear to be a very common combination followed by different cardiovascular condition combinations.
- Concluded estimates of multimorbidity prevalence and the identification of specific patterns vary widely between studies.

References

Schaink, Alexis K et al. "A scoping review and thematic classification of patient complexity: offering a unifying framework". In: *Journal of comorbidity* 2.1 (2012), pp. 1–9.

Violan, Concepció et al. "Prevalence, determinants and patterns of multimorbidity in primary care: a systematic review of observational studies". In: *PloS one* 9.7 (2014), e102149.