User Preferences:

- Frequently uses Microsoft Teams for chat and collaboration.
- Prefers using keyboard shortcuts.
- Heavy user of Microsoft OneDrive for file sharing.
- Often schedules meetings with external clients.
- Uses Teams for project management with Planner integration.

Usage Statistics:

- Average weekly chat messages: 200
- Number of meetings per week: 10
- Shared files in OneDrive: 25

Personalized Recommendations:

- 1. Utilize the Planner integration for project management to streamline workflows.
- 2. Explore the Teams calendar and scheduling tools to optimize meeting management.
- 3. Use more advanced keyboard shortcuts for faster navigation in chat and meetings.
- 4. Use OneDrive to store frequently used documents and share them across Teams seamlessly.