



# PLCs for Grant Success

*August 8th, 2024*

*METRICS Center*

[www.metricscenter.org](http://www.metricscenter.org)



Jump in the chat  
and tell us where  
you're joining from!



# Welcome!

Thank you for joining us  
today to learn more about  
METRICS and our PLC  
opportunities!

We are so happy you're here!



# Meet the Coaches



**Stacee Brewer**  
West + Southeast



**Telah Brown**  
Southeast



**Tara Schluesche**  
Northeast + Central



**Maureen Stewart**  
Northeast



**Anne Zaslofsky**  
Central + West



# Today

## OBJECTIVES

- Grantees will learn how the METRICS team uses multi-tiered systems of support to provide technical assistance.
- Grantees will join the METRICS team and sign up to participate in PLCs.

## AGENDA

**01** Overview

**02** About METRICS

**03** Who We Serve

**04** Technical Assistance

**05** METRICS PLC

**06** Next Steps





# Parking Lot

Have a question? Add it to the chat!





# Overview



The **Mental health Evaluation, Training, Research, and Innovation Center for Schools (METRICS)** goal is to provide the knowledge and resources needed to expand and diversify the school mental health workforce.





# Organizational Structure

METRICS represents a network of existing school mental health research and technical assistance centers that includes the **School Mental Health Collaborative (SMHC)** and the **Scanlan Center for School Mental Health (SCSMH)**.



UC SANTA BARBARA



WISCONSIN  
UNIVERSITY OF WISCONSIN-MADISON



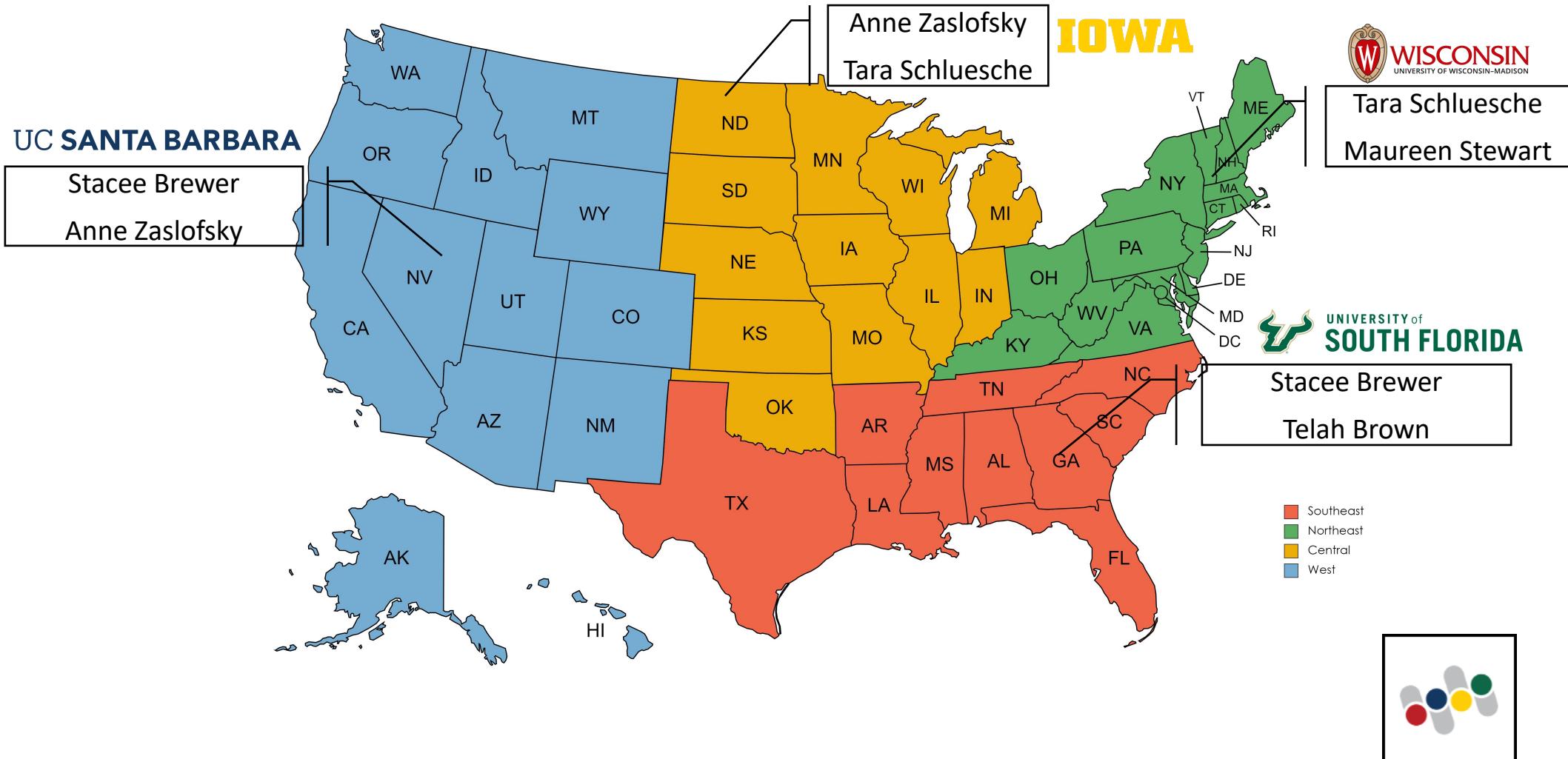
UNIVERSITY of  
SOUTH FLORIDA

IOWA

School Mental Health Collaborative (SMHC)

Scanlan Center for  
School Mental Health

# METRICS Regions



# METRICS Regions

UC SANTA BARBARA

Stacee Brewer  
Anne Zaslofsky

Anne Zaslofsky  
Tara Schluesche

IOWA



Tara Schluesche  
Maureen Stewart

Take a moment to  
participate in the poll to  
share in which region you  
are!

UNIVERSITY of  
**SOUTH FLORIDA**

Stacee Brewer  
Telah Brown

- Southeast
- Northeast
- Central
- West



# METRICS Supports

We provide **technical assistance** within multi-tiered systems of support. Examples include:

## Intensive

- 1:1 Consultation and Coaching

## Targeted Supports

- PLCs

## Universal Supports

- METRICS website
- Webinars



METRICS website ([www.metricscenter.org](http://www.metricscenter.org))



The Metrics logo consists of a cluster of colored dots (red, blue, green, yellow) followed by the word "metrics" in a lowercase sans-serif font.

About us    Events    Resources    Support

# Recruiting, training, and retaining

METRICS provides support to states, districts, and schools with the goal of increasing students' access to highly qualified mental health professionals in their schools.

# METRICS Supports |

We provide **technical assistance** within a multi-tiered system of support. Examples include:

## Intensive

- 1:1 Consultation and Coaching

## Targeted Supports

- PLCs
- Communication with grantees

## Universal Supports

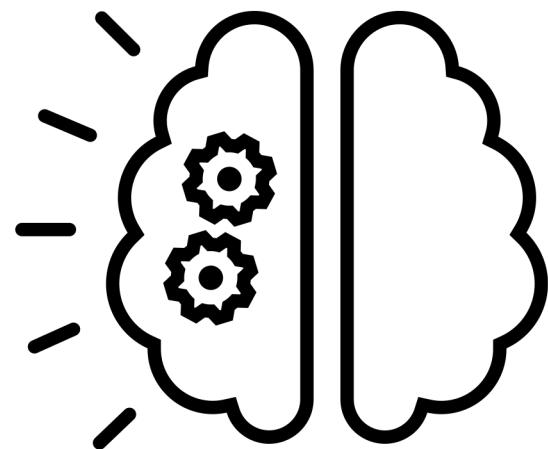
- METRICS website
- Webinars

Today we will talk primarily about PLCs. Though they are situated within Tier 2, **all grantees are encouraged to participate!**





## METRICS Supports | Getting started



What do you **already know** about professional learning communities (PLCs)?

What **experiences** have you had?





## METRICS Supports | Getting started



What do you **want to know** about METRICS PLCs?

What **questions** do you have?



# METRICS PLC | What are they?

## METRICS PLCs

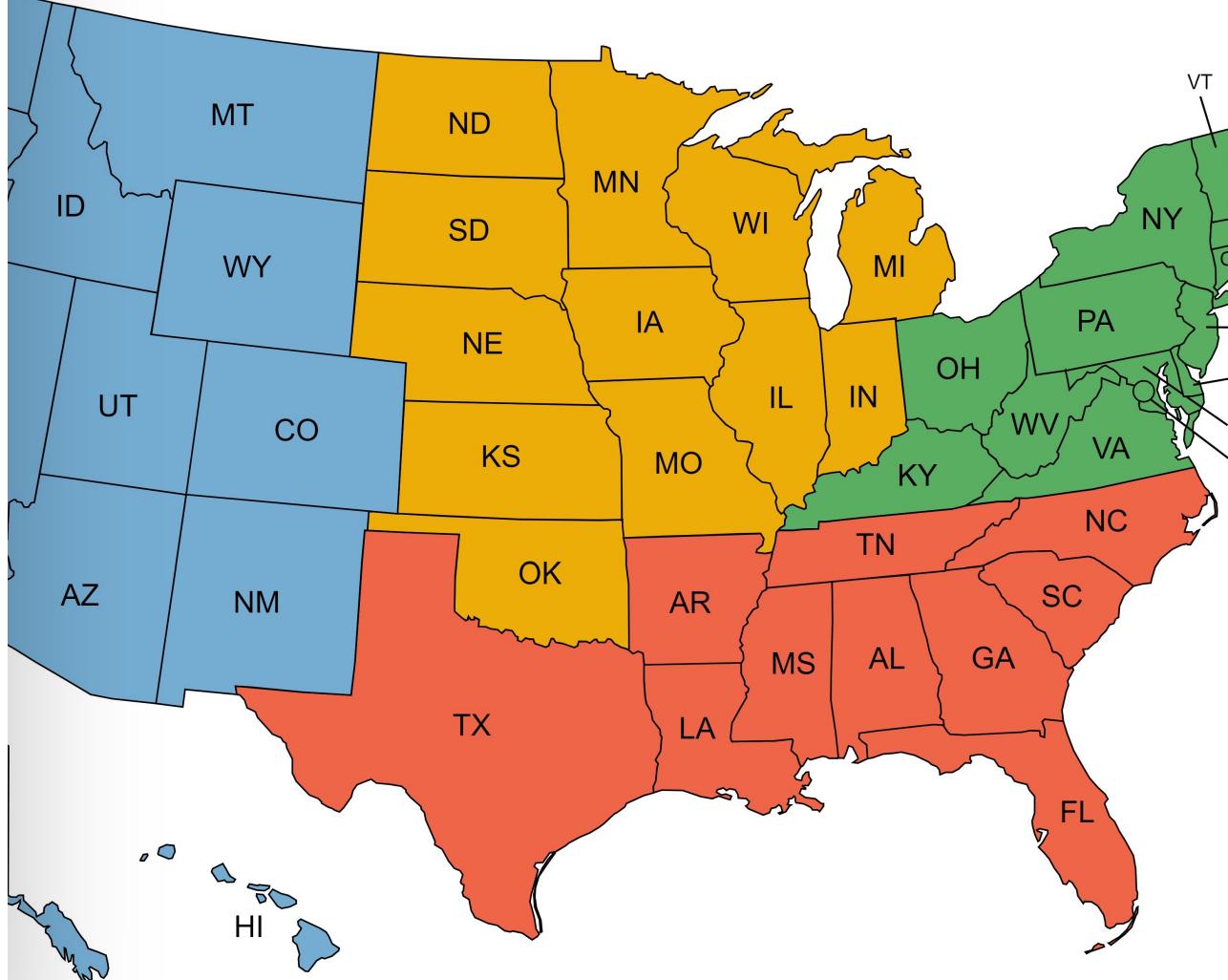
- ✓ Align with grant objectives
- ✓ Promote collaborative inquiry
- ✓ Use data to answer questions with
  - discussion protocols
  - learning resources that are evidence-based
  - best practices
  - policy-aligned
- ✓ **This structure facilitates members' review, sharing, and implementation of research-based techniques to expand their professional expertise.**



# METRICS PLC | Why participate?

## METRICS PLCs

- ✓ Connect you with other grantees
- ✓ Promote conditions for success
- ✓ Expand support offered to grantees
- ✓ Support grantees by highlighting lessons learned and best practices from their project



# METRICS PLC | Coaches' Role



## METRICS Coaches

- establish norms
- review objectives
- assign roles
- take attendance
- facilitate discussions
- organize resources
- determine topics
- host PLC meetings
- support grantee efforts



# Example

## OBJECTIVE

Grantees will collaborate to share expertise in recruiting, training, and retaining mental health professionals in schools and implement best practices to facilitate grant success.

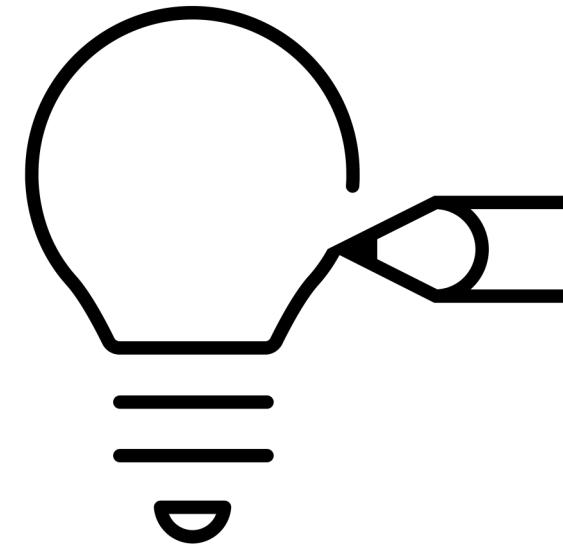
## AGENDA

- |           |                           |           |                     |
|-----------|---------------------------|-----------|---------------------|
| <b>01</b> | Begin with an end in mind | <b>02</b> | Successes           |
| <b>03</b> | Regional Topic            | <b>04</b> | Discussion Protocol |
| <b>05</b> | Requests for Assistance   | <b>06</b> | Next Steps          |



# Example PLC Topics

- Advocacy
- Retention
- Recruitment
- Supervision
- Scope of Practice
- Professional Development
- Relationship building
- Multi-tiered System of Support
- Annual Progress Reports (APRs)
- Resources for students + parents/families
- Training Standards
- Sustainability



# METRICS PLCs | Group Norms

Be helpful, reliable, honest, and fair

Assume positive intent

**We aim to create a  
positive, productive  
work culture.**

Engage as fully as possible

Be collaborative



# Discussion Protocol | Peeling the Onion

## Purpose

To provide a structured way to engage in problem solving for issues related to grant support.

## Process (40 mins)

1. Speaker presents focus question (5 mins)
2. Team asks clarifying questions (5 mins)
3. Team responds to **prompts**, speaker silently takes notes (15 mins)
4. Speaker reviews notes and reflects aloud (5 mins)
5. Open conversation - Now what? Next steps (5 mins)
6. Process debrief – Peeling the Onion (5 mins)



# Discussion Protocol | Peeling the Onion

## Prompts

“What I heard the presenter say is...”

“One thing I assume to be true about the problem is...”

“A question this raises for me is...”

“Further questions this raises for me are...”

“What if...?”

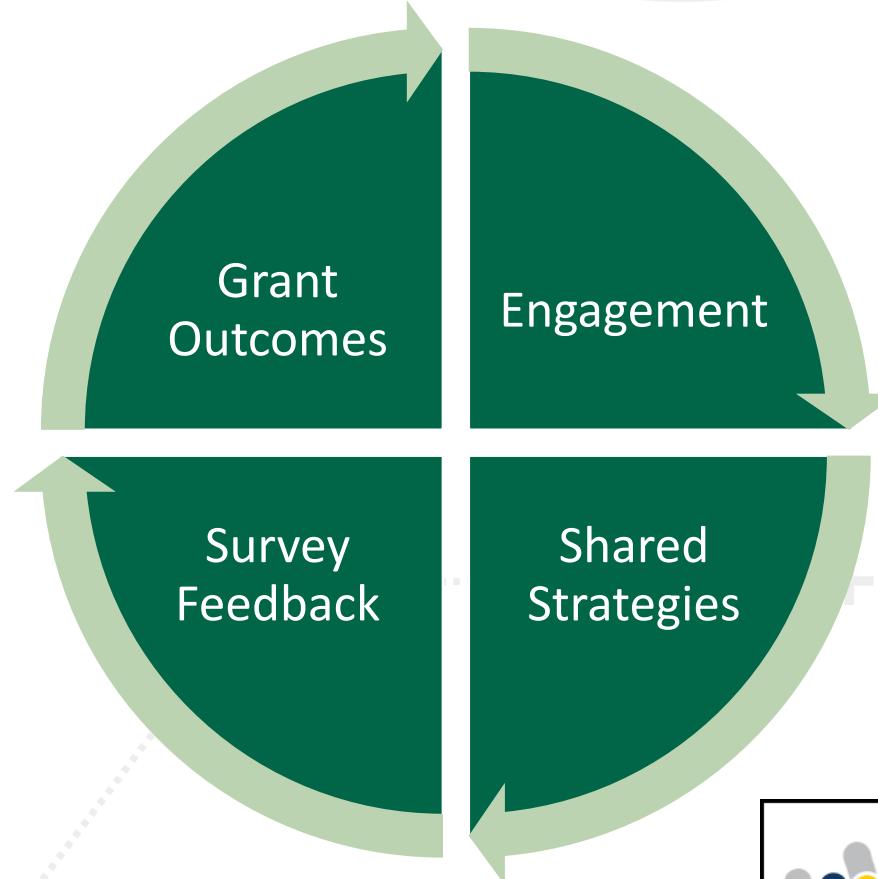
“Have we thought about...?”

“I wonder...”



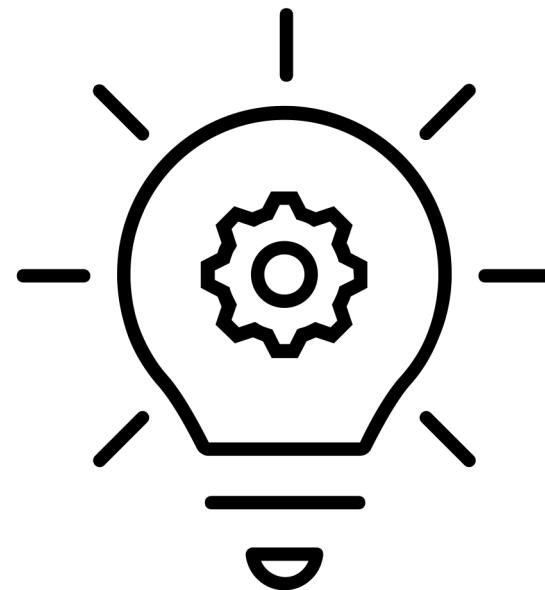
# Monitoring & Evaluating PLCs

- PLCs will meet at least once each month
- Meetings may evolve over time depending on the needs of participants





## METRICS Supports | Wrapping up



What did you **learn** about  
METRICS PLCs?

What questions do you have  
now?

Jot it down; we'll share in a  
moment!



# Breakout Groups



**Stacee Brewer**  
West + Southeast



**Telah Brown**  
Southeast



**Tara Schluesche**  
Northeast + Central



**Maureen Stewart**  
Northeast



**Anne Zasloffsky**  
Central + West



# WHAT'S NEXT?

- Sign up for a METRICS PLC!
- Connect with your coaches!
  - **West**
    - Anne
    - Stacee
  - **Central**
    - Anne
    - Tara
  - **Northeast**
    - Maureen
    - Tara
  - **Southeast**
    - Stacee
    - Telah



<https://tinyurl.com/mpewj5vy>



# THANK YOU!

How did we do?

- We want to hear from you!
- Please share your feedback about today's session.
- Have an outstanding question or need?  
Fill out a TA request!  
<https://www.metricscenter.org/support>



<https://tinyurl.com/38j8u2jf>