| Participant Initials | Age | Number of Self- Reported News-Free Days | Number of Tumbir Posts | News Topics |
|-------------------------|-----|--|---------------------------|--|
| AB | 22 | 8 | 3 | Celebrity, movies, crime |
| BW | 29 | 1 | 14 | Sports, science, national news, finance, politics |
| СМ | 23 | 2 | 36 | Business, self-improvement, wellness, local news, national news, international news, celebrity, travel |
| CW | 41 | 0 (but noted news-free times or low-news days) | 22 | Local news, crime, national news, human interest, health |
| DR | 26 | 1 | 40 | Politics, celebrity, human interest, national news, science |
| IL | 47 | 4 | 17 | Local politics, food, national news |
| JS | 51 | 1 | 18 | Politics, crime, local news, national news, human interest, music, sports, science |
| JW | 39 | 3 | 24 | Politics, international news, local news, movies, health |
| LV | 43 | 0 (but noted news-free times or low-news days) | 36 | Video games, TV, movies, politics, science, health, celebrity, national news, international news |
| ML | 37 | 0 (but noted news-free times or low-news days) | 40 | Politics, business, human interest, finance, celebrity, health, science, sports |
| MR | 42 | 1 | 41 | Politics, local news, crime, entertainment/celebrity, human interest, national news |
| SA | 29 | 0 | 10 | Local news, politics, crime, human interest |
| SB | 21 | 0 (but noted news-free times or low-news days) | 27 | Politics, crime, national news, travel, food, celebrity, human interest, health |
| SK | 26 | 6 | 8 | Politics, self-improvement, science, international news |

Table 3: Participant Details

For each diary study participant, this table lists: their initials, their age, the number of days that they stated in their voicemails that they did not interact with the news (if they did not interact with the news for a portion of the day or had a slower than usual news day, that is also indicated), the number of Tumblr posts , and the general topics of the news items about which they posted.