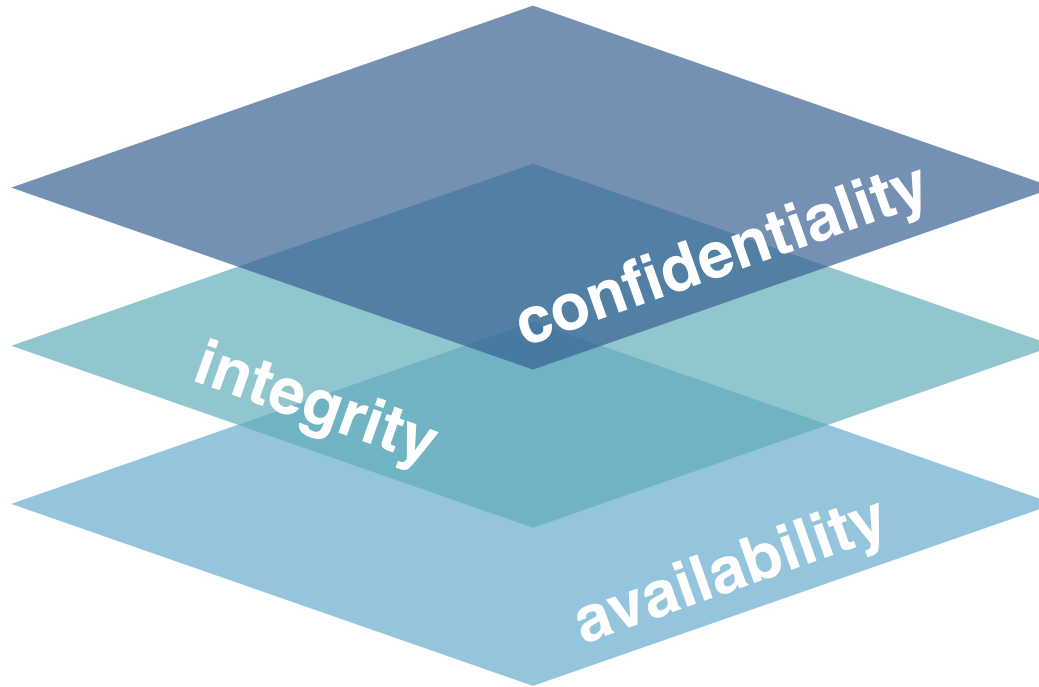


# Cybersecurity Fundamentals



# Cybersecurity Objectives

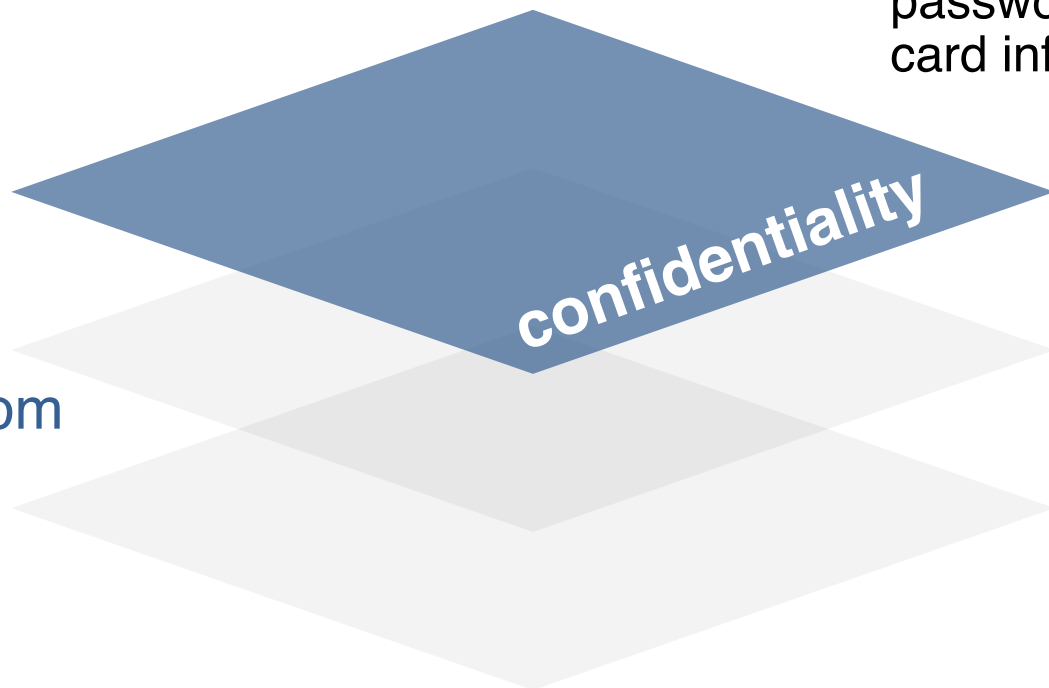


**More**  
NIST  
Special  
Publication  
800-12,  
revision 1  
*An  
Introduction  
to  
Information  
Security  
section 1.4*

# Confidentiality

## Example:

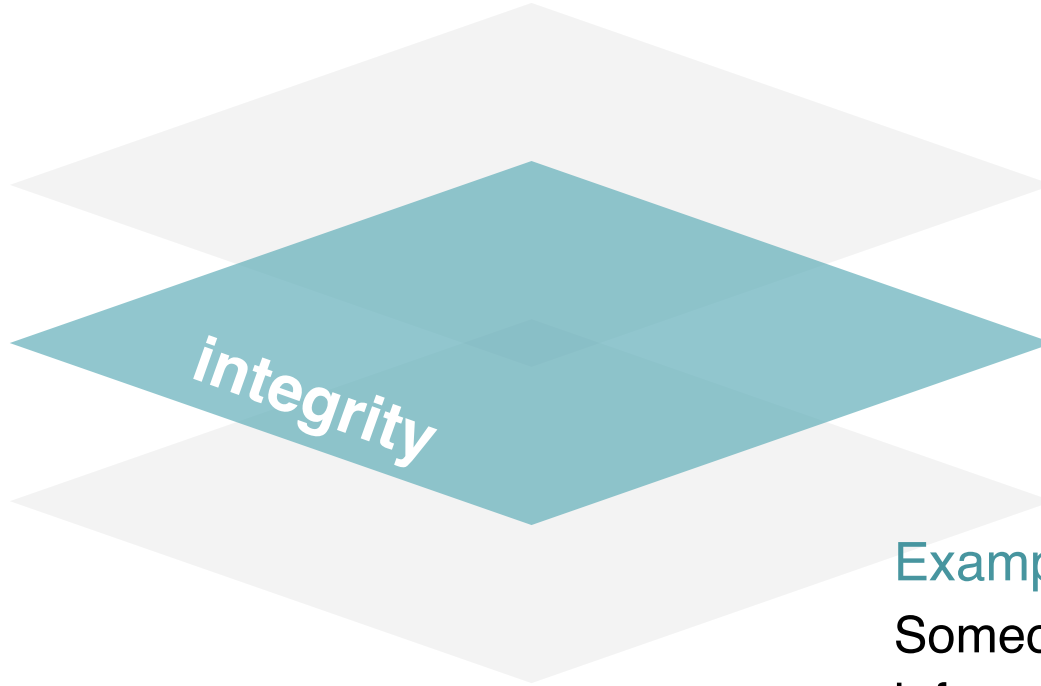
Criminal steals customers' usernames, passwords, or credit card information



Protecting information from unauthorized access and disclosure

# Integrity

Protecting  
information  
from  
unauthorized  
modification



Example:

Someone alters payroll  
information or a  
proposed product  
design

# Availability

Example:

Your customers are unable to access your online services

Preventing disruption in how information is accessed



# Elements of Risk

What are the **threats**?

What are the **vulnerabilities**?

What is the **likelihood** of a threat exploiting a vulnerability?

What would be the **impact** of this to your business?

## More

NIST Special Publication 800-30, revision 1  
*Guide for Conducting Risk Assessments*, section 2.3.1



# What are you protecting?

To practice cybersecurity risk management, you can start with these steps:

1. Identify your business' assets
2. Identify the value of these assets
3. Document the impact to your business of loss or damage to the assets
4. Identify likelihood of loss or harm
5. Prioritize your mitigation activities accordingly



## More

NIST Interagency Report 7621, revision 1

*Small Business Information Security: The Fundamentals*, section 2.2



# 1. Identify Your Business Assets

List the types of information, processes, important people and technology your business relies upon

Customer info

Key employees

Banking info

Manufacturing Process

Proprietary technology

Also consider critical business processes like sales and budgeting.



# 1. Identify Your Business Assets on the Worksheet (cont.)

- In column 1 of the worksheet, list the assets (e.g., information, people, processes, or technology) that are most important to your business
- Add more rows, if needed

Asset
Patient health information
Devices storing patient information (laptops, server in closet, mobile devices)
Processing patient claims to insurance
Receiving payments from insurance and patients
3 <sup>rd</sup> party email provider

## 2. Identify the Value of the Assets

Go through each asset type you identified and ask these questions:

- What would happen to my business if this asset was made public?
- What would happen to my business if this asset was damaged or inaccurate?
- What would happen to my business if I/my customers couldn't access this asset?

## 2. Identify the Asset Values on the Worksheet (cont.)

- Pick an asset value scale that works for you (e.g., low, medium, high or a numerical range like 1-5)

Asset	Value of the Asset
Patient health information	High, due to regulations
Devices storing patient information (laptops, server in closet, mobile devices)	Medium
Processing patient claims to insurance	High
Receiving payments from insurance and patients	High
3 <sup>rd</sup> party email provider	Medium

### 3. Document the Impact to your Business of Loss/ Damage to the Assets

- Consider the impact to your business if each asset were lost, damaged, or reduced in value (e.g., intellectual property revealed to competitors)
- This impact may differ from the asset value determined in step 2.

### 3. Document the Impact to your Business of Loss/ Damage to the Assets (cont.)

- Pick an impact value scale that works for you (e.g., low, medium, high)
- Consider if any business processes have manual backup methods

Asset	Value of the Asset	Impact of Loss/ Damage to the Asset
Patient health information	High, due to regulations	High
Devices storing patient information (laptops, server in closet, mobile devices)	Medium	High
Processing patient claims to insurance	High	Medium (can institute manual processes temporarily)
Receiving payments from insurance and patients	High	High
3 <sup>rd</sup> party email provider	Medium	Medium

## 4. Identify likelihood of loss or damage to the asset

- List the threats to each business asset
- Evaluate the likelihood that the asset may be lost or damaged by the threat(s)

### More

NIST Special Publication 800-30, revision 1

*Guide for Conducting Risk Assessments*, Appendix G, Likelihood of Occurrence

## 4. Identify likelihood of loss or damage to the asset (cont.)

Asset	Value of the Asset	Impact of Loss/ Damage to the Asset	Threats to the Asset	Likelihood of Loss/Damage to the Asset
Patient health information	High, due to regulations	High	Hackers, ransomware	Medium
Devices storing patient information (laptops, server in closet, mobile devices)	Medium	High	Thieves, malware, phishing	Low
Processing patient claims to insurance	High	Medium (can institute manual processes temporarily)	Denial of service, hackers	Low
Receiving payments from insurance and patients	High	High	Denial of service, hackers	Low
3 <sup>rd</sup> party email provider	Medium	Medium	Phishing, malware	Medium



## 5. Identify Priorities and Potential Solutions

- Compare your impact and likelihood scores. Assets with high impact and/or likelihood scores should be assigned top priorities.
- Identify your priorities.
- Identify potential solutions.
- Develop a plan, including funding, to implement the solutions.

### Sample Priority Structure

**High:** Implement immediate resolution.

**Medium:** Schedule a resolution.

**Low:** Schedule a resolution.

## 5. Prioritize Assets - Risk Matrix

IMPACT	High	Medium	High	High
	Medium	Low	Medium	High
	Low	Low	Low	Medium
		Low	Medium	High
		LIKELIHOOD		

# 5. Prioritize Asset Protection

Asset	Value of the Asset	Impact of Loss/ Damage to the Asset	Threats to the Asset	Likelihood of Loss/Damage to the Asset	Prioritization of Protection to the Asset
Patient health information	High, due to regulations	High	Hackers, ransomware	Medium	High
Devices storing patient information (laptops, server in closet, mobile devices)	Medium	High	Thieves, malware, phishing	Low	Low
Processing patient claims to insurance	High	Medium (can institute manual processes temporarily)	Denial of service, hackers	Low	Low
Receiving payments from insurance and patients	High	High	Denial of service, hackers	Low	Low
3 <sup>rd</sup> party email provider	Medium	Medium	Phishing, malware	Medium	Medium

# NIST Cybersecurity Framework ("Framework for Improving Critical Infrastructure Cybersecurity ")

Provides a continuous  
process for  
cybersecurity risk  
management

For organizations of any  
size, in any sector,  
whether they have a  
cyber risk management  
program already or not

Has proven useful to a  
variety of audiences

## **More**

*Framework for Improving Critical Infrastructure Cybersecurity* version  
1.1

# Cybersecurity Framework Functions



*Credit: N. Hanacek/NIST*



# Identify

**Develop  
organizational  
understanding** to  
manage  
cybersecurity risk to  
systems, assets,  
data, and  
capabilities.



# Sample Identify Activities



Business  
Environment  
[ID.BE]

Asset  
Management  
[ID.AM]

Governance  
[ID.GV]

Risk  
Assessment  
[ID.RA]

- Identify critical business processes
- Document Information flows
- Establish policies for cybersecurity that includes roles and responsibilities
- Maintain hardware and software inventory
- Identify contracts with external partners
- Identify Risk Management processes



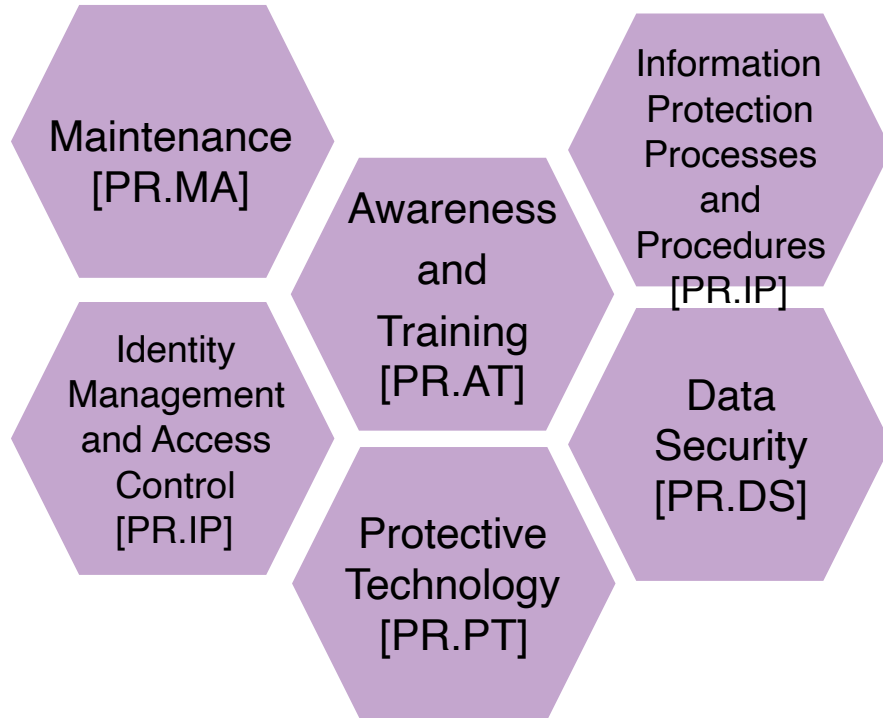


# Protect

**Develop and implement the appropriate safeguards to ensure delivery of services.**



# Sample Protect Activities



- Manage access to assets and information
- Conduct regular backups
- Protect sensitive data
- Patch operating systems and applications
- Create response and recovery plans
- Protect your network
- Train your employees



# Detect

Develop and implement the appropriate activities to **identify the occurrence of a cybersecurity event.**





# Sample Detect Activities

Anomalies  
and Events  
[DE.AE]

Continuous  
Monitoring  
[DE.CM]

- Install and update anti-virus and other malware detection software
- Know what are expected data flows for your business
- Maintain and monitor logs



# Respond

Develop and implement the appropriate activities to **take action** regarding a detected cybersecurity event.





# Sample Respond Activities



Response  
Planning  
[RS.RP]

Communication  
s  
[RS.CO]

- Coordinate with internal and external stakeholders
- Ensure response plans are tested
- Ensure response plans are updated



# Recover

Develop and implement the appropriate activities to maintain plans for **resilience and to restore any capabilities or services** that were impaired due to a cybersecurity event.





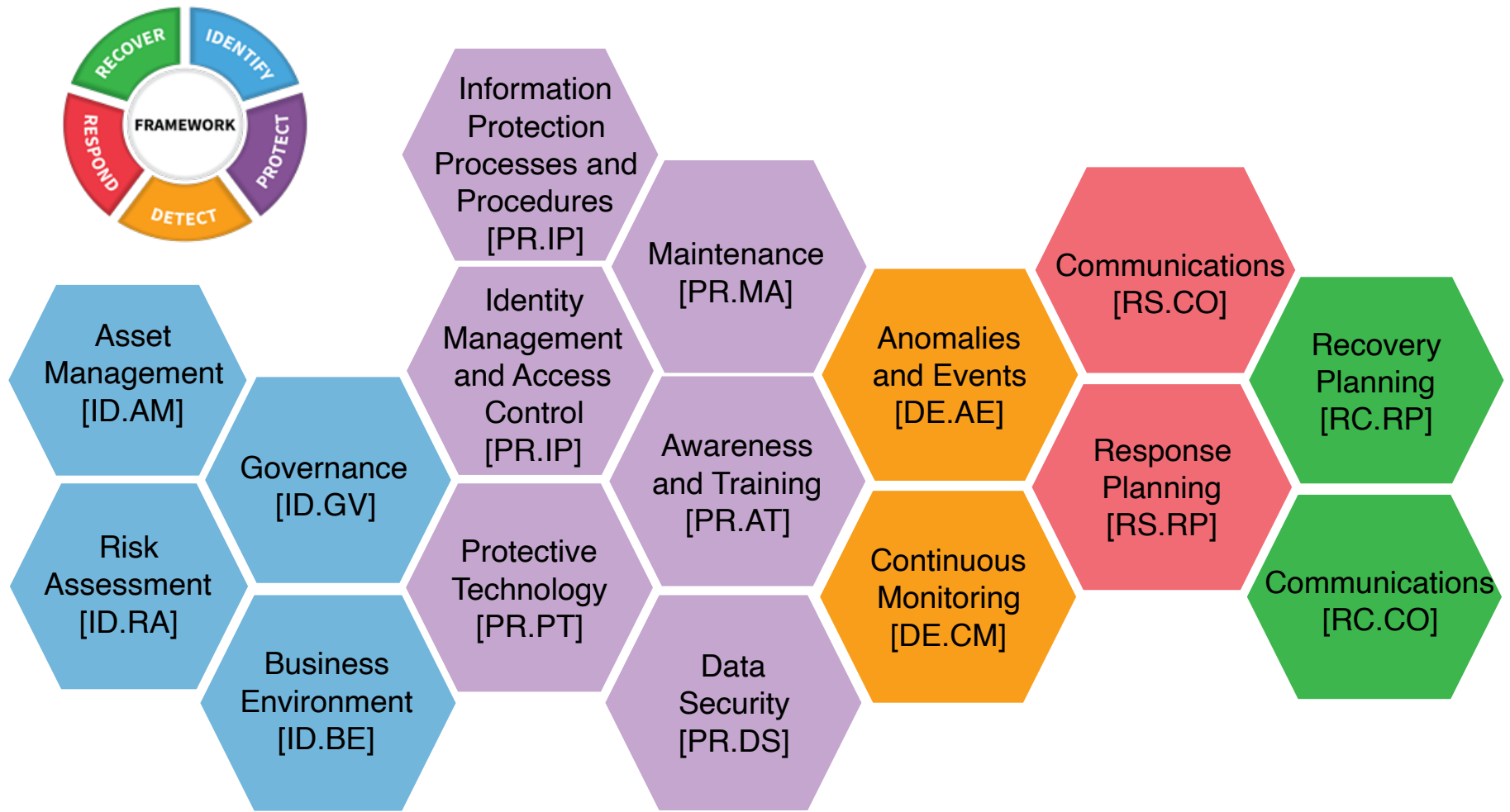
# Sample Recover Activities



Recovery  
Planning  
[RC.RP]

Communication  
s  
[RC.CO]

- Manage public relations and company reputation
- Communicate with internal and external stakeholders
- Ensure recovery plans are updated
- Consider cyber insurance





## Resources

NIST Small Business Cybersecurity Corner

<https://www.nist.gov/itl/smallbusinesscyber>

CyberSecure My Business | National Cyber Security Alliance

<https://staysafeonline.org/cybersecure-business/>

NIST Interagency Report 7621, revision 1 | *Small Business Information Security: The Fundamentals*

<https://doi.org/10.6028/NIST.IR.7621r1>

# More Information



<https://www.nist.gov/itl/smallbusinesscyber>



[www.NIST.gov/topics/cybersecurity](http://www.NIST.gov/topics/cybersecurity)



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