



Criteria for Referral Letters (SOC v. 8)

Hormone Therapy

- a. Gender incongruence is marked and sustained
- b. Meets diagnostic criteria for gender incongruence prior to gender affirming hormone treatment (only in regions where a diagnosis is necessary to access health care)
- c. Demonstrates capacity to consent for the specific gender-affirming hormone treatment
- d. Other possible causes of apparent gender incongruence have been identified and excluded
- e. Mental health and physical conditions that could negatively impact the outcome of treatment have been assessed, with risks and benefits discussed
- f. Understands the effect of gender-affirming hormone treatment on reproduction and they have explored reproductive options.

Surgery

- a. Gender incongruence is marked and sustained
- b. Meets diagnostic criteria for gender incongruence prior to gender-affirming surgical intervention in regions where a diagnosis is necessary to access health care
- c. Demonstrates capacity to consent for the specific gender-affirming surgical intervention
- d. Understands the effect of gender-affirming surgical intervention on reproduction and they have explored reproductive options
- e. Other possible causes of apparent gender incongruence have been identified and excluded
- f. Mental health and physical conditions that could negatively impact the outcome of gender-affirming surgical intervention have been assessed, with risks and benefits have been discussed
- g. Stable on their gender affirming hormonal treatment regime (which may include at least 6 months of hormone treatment or a longer period if required to achieve the desired surgical result, unless hormone therapy is either not desired or is medically contraindicated).*

*These were graded as suggested criteria