

# Joonwoo Lee, M. Ed

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## EDUCATION

2026 (Expected)	<b>Ph. D., Counseling Psychology</b> University of Wisconsin-Madison, Wisconsin Advisor: Dr. Stephanie Budge
2020	<b>M. Ed. Counseling</b> Korea University, Seoul, South Korea Advisor: Dr. Bora Lee
2016	<b>B.A., Economics &amp; Chinese Language (High Honor)</b> Marlboro College, VT
2010 – 2012	<b>Yonsei University, Seoul, South Korea</b> Psychology Major

## RESEARCH/PROJECT FUNDING

2023 – 2024 \$44,666	<b>Institute for Diversity Science Grant</b> University of Wisconsin-Madison <i>Implementation of the Healing through Ongoing Psychological Empowerment (HOPE) Intervention with Two Spirit, Transgender, and Nonbinary Clients of Color: An Open Clinical Trial.</i> Role: Co-Investigator
2023 – 2025 \$9,000	<b>Roy Scrivner Memorial Research Grant</b> American Psychological Foundation <i>Transgender and Nonbinary People's Experience of Relational Trauma with Parental Figures</i> Role: Principal Investigator
2023 – 2024 \$4,000	<b>Baldwin Wisconsin Idea Endowment Seed Grant</b> Ira and Ineva Reilly Baldwin Wisconsin Idea Endowment <i>Transgender and Nonbinary People's Experience of Relational Trauma with Parental Figures</i> Role: Principal Investigator
2023 \$4,500	<b>Scott Kloeck-Jenson Fellowship</b> Institute for Regional and International Studies, University of Wisconsin-Madison <i>Korean Transgender and Nonbinary People's Needs and Challenges in Accessing Gender Affirming Services: A Thematic Analysis</i> Role: Principal Investigator

2023  
\$2,500  
**4W Engagement Grant for Emerging Scholars**  
4W (Women & Wellbeing in Wisconsin & the World) Initiative, University of Wisconsin-Madison  
*Towards Equitable Access to Gender-Affirming Care for TNB Individuals in South Korea: Disseminating the Companionship Model*  
Role: Project Lead

## HONORS AND AWARDS

### Research & Advocacy Awards

2024	<b>Award for Outstanding Social Justice &amp; Advocacy in Counseling Psychology</b> Division 17 (SAS), American Psychologist Association
2024	<b>Jen Mandel Olson Memorial Award (\$2,500)</b> for Outstanding Research in Family Issues Dept of Counseling Psychology, University of Wisconsin-Madison
2023	<b>Transgender Research Award (\$500)</b> Division 44, American Psychologist Association
2023	<b>Research Grants for Psychology Students and Recently Graduated Psychologist of Color Award (\$300)</b> American Psychologist Association
2023	<b>Malyon Smith Scholarship Research Award (\$300)</b> Division 44, American Psychologist Association
2023	<b>Distinguished Student Contribution Award</b> Division 44, American Psychologist Association
2023	<b>Michael Sullivan Diversity Scholarship Fund (\$500)</b> Ohio Psychological Association
2023	<b>Student Research Grants Competition (\$1,500)</b> Office of Diversity, Inclusion, and Funding, University of Wisconsin-Madison Graduate School
2022	<b>Graduate Student Outstanding Research Award-First Runner Up</b> Division 17 International Section, American Psychologist Association
2021	<b>Graduate Student Outstanding Research Award-Runner up (\$400)</b> Division 17 International Section, American Psychologist Association
2020 – 2021	<b>Kemper Knapp Fellowship (\$28,000)</b> College of Education, University of Wisconsin-Madison
2020	<b>Outstanding Thesis Award (\$1,500)</b> College of Education, Korea University
2019	<b>Research Award (\$2,000)</b> Korea University

2018 – 2019	<b>Brain Korea 21 (BK 21) Plus Scholarship (\$7,000)</b> Korea University
2016	<b>High Honor Thesis</b> Marlboro College
2015	<b>Geiger Research Grant (\$2,000)</b> Marlboro College
2015	<b>International Experience Grants (\$3,000)</b> Christian Johnson Endeavor Foundation (CJEF)

### **Scholarships and Travel Awards**

2024	<b>Professional Development Scholarship (\$2,500)</b> Point Foundation
2024	<b>Aliveness Project Scholarship Fund (\$2,000)</b> PFund Foundation
2024	<b>BIPOC Scholarship (\$1,500)</b> Point Foundation
2023	<b>Prism Foundation Scholarship (\$2,500)</b> Prism Foundation
2023	<b>Aritzia Scholarship (\$5,000)</b> Stonewall Community Foundation
2023	<b>Finalist, Flagship Award</b> Point Foundation
2023	<b>Mentoring Student Travel Award (\$500)</b> Division 44, American Psychologist Association
2023	<b>Travel Award (\$1,265)</b> National Transgender Health Summit Planning Committee
2022	<b>BIPOC Scholarship (\$1,500)</b> Point Foundation
2022	<b>Qualified Treatment Trainee Graduate Student Award (\$5,000)</b> Center for Inclusive Transition, Education & Employment – UW Whitewater.
2022	<b>APA Convention Funding Award (\$300)</b> Society of Counseling Psychology's Student Affiliates of Seventeen Division 17 International Section, American Psychologist Association
2019	<b>International Conference Travel Award (\$800)</b> Korea University
2018	<b>International Conference Travel Award (\$800)</b> Korea University

2013 – 2016      **Marlboro Merit Scholarship (\$23,000)**  
Marlboro College

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## **PUBLICATIONS**

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### **Peer-Reviewed Journal Publication**

11. Domínguez S. Jr., Matsuno, E., Adames, H.Y., Mosley, D.V., Richardson J.M., **Lee, J.**, Norton, M., Budge, S.L. (In Press). Using Radical Healing to Address the Coloniality of Gender: A Common Factors Approach to Anti-Colonial Psychotherapy. *American Psychologist*.
10. **Lee, J.** & Lee, B. (In Press). Korean Transgender and Nonbinary Workers' Development of Critical Consciousness Through Interpersonal Relationships at Work: A Grounded Theory. *Journal of Counseling Psychology*.
9. **Lee, J.**, Kim, H., Budge, S.L. (In Press). The Companionship Model for Affirming Assessment Sessions for Transgender and Nonbinary Youths and Families. *Harvard Review of Psychiatry*.
8. Lindley, L., **Lee, J.**, Buhr, B., McKellips, M. (In Press). Gender Affirming Medical Interventions and Gender Dysphoria: Qualitative Exploration of Messages and Experiences. *The Counseling Psychologist*.
7. **Lee, J.**, Hoyt, W. T., Budge, S.L. & Lee, B. (In Press). Mediators of Parental Attachment and Internalized Transnegativity for Korean Transgender and Nonbinary people. *The Counseling Psychologist*.
6. Lindley, L., **Lee, J.**, Norton, M., Budge, S.L. (2024). Sociocultural Messages About Gender Dysphoria (Dis)Align with the Lived Experiences of Trans and Nonbinary Individuals: A Qualitative Study. *Sex Roles: A Journal of Research*. <https://doi.org/10.1007/s11199-024-01460-7>
5. Budge, S.L., **Lee, J.**, Domínguez, S. Jr., Tebbe, E. (2023). Using the Companionship Model When Writing Referral Letters for Transgender and Nonbinary Adults. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000684>
4. Budge, S.L., Shoenike, D., **Lee, J.**, Norton, M., & Sinnard, M.T. (2023). Transgender and Nonbinary Patients' Psychotherapy Goals: A Secondary Analysis from a Randomized Controlled Trial. *Journal of Psychiatric Research*, 159. 82-86. <http://dx.doi.org/10.1016/j.jpsychires.2023.01.027>
3. Pyo, S., Lee, S., Jang, A., **Lee, J.**, Lee, E., & Yang, E. (2022). Factors influencing the Sexual Identity Formation of Sexual Minority (LGB) in Korea: A Qualitative Meta-Summary. *Korean Psychological Journal of Culture and Social Issues*, 28 (2), 83-114. <http://dx.doi.org/10.20406/kjcs.2022.5.28.2.241>
2. Budge, S.L., **Lee, J.**, Lindley, L. (2020). Therapie mit transmaskulinen klienten (Therapy for transmasculine clients). *Psychotherapie im Dialog*. 21(04). 52-56. <https://doi.org/10.1055/a-0987-5851>.
1. Lee, M., Kim, G., **Lee, J.**, Vo, H., & Lee, S. M. (2020). The Effects of academic stress and academic failure tolerance on academic burnout among college students: Moderated mediation effects of interpersonal Stress. *Journal of the Korea Convergence Society*, 11(2), 175-185. <https://doi.org/10.15207/JKCS.2020.11.2.175>.

### **Manuscripts Submitted for Publication**

7. Lee, B. & **Lee, J.** (In Review). Korean Transgender and Nonbinary People's Job Search Experiences. Submitted to The Counseling Psychologist.

6. Domínguez, S. Jr., **Lee, J.**, Norton, M., Richards, K., Budge, S.L., Tebbe, E., mcneill, j., Turner, Y., Towers, O. (In Review) Let's find a sweet spot to co-conspire: Using community-based participatory research methods to increase access to affirming psychotherapy for transgender people of color. Submitted to Journal of Participatory Research Methods.
5. **Lee, J.**, Gao, S., Norton, M., Domínguez, S. Jr., Tebbe, E., Budge, S.L. (In Review). Psychotherapy Goals of Two Spirit, Transgender, and Nonbinary People of Color in Healing through Ongoing Psychological Empowerment (HOPE) Study. Submitted to Journal of Counseling Psychology.
4. Budge, S.L., Tebbe, E., **Lee, J.**, Domínguez, S. Jr., Matsuno, E., Lindley, L. (In Review). Feasibility and Implementation of the Healing through Ongoing Psychological Empowerment (HOPE) Intervention with Two Spirit, Transgender, and Nonbinary Clients of Color: An Open Clinical Trial. Submitted to JMIR Formative Research.
3. Budge, S.L., Tebbe, E., **Lee, J.**, Lindley, L., Domínguez, S. Jr., Matsuno, E. (In Review). Longitudinal Outcomes of an Open Psychotherapy Clinical Trial with Two Spirit, Transgender, and Nonbinary Clients of Color. Submitted to Transgender Health
2. Tebbe, E., Matsuno, E., Lee, J., Dominguez Jr., Norton, M., Lindley, L., Budge, S.L. (In Revision) Implementation and Evaluation of the Gender Resilience, Resistance, Empowerment, and Affirmation Training (GREAT) Pilot Program. Submitted to Psychotherapy.
1. Norton, M., **Lee, J.**, Lindley, L. (In Revision). Whose voice matters: A critical analysis of gatekeeping and ethical violations towards Transgender and Nonbinary Population. Submitted to Psychology of Sexual Orientation and Gender Diversity

### **Manuscripts in Progress**

#### **Developing Psychotherapy for 2STNB Black and Brown, People of Color**

- Lee, J.**, Mize, G., Pili, A., Budge, S.L., Tebbe, E., (in progress). Psychotherapy Outcomes from Healing Ourselves through Psychotherapy Empowerment (HOPE) Intervention with Two Spirit, Transgender, and Nonbinary Clients of Color.
- Lee, J.**, Norton, M., Gao, S., Budge, S.L. (in progress). Understanding Radical Healing Intervention in Action from Healing Ourselves through Psychotherapy Empowerment (HOPE).

#### **TNB People's Experiences of Relational Trauma with Parental Figures**

- Lee, J.**, Barr, S. M. (in progress). Understanding Types of Parental Harm Among Transgender and Nonbinary People Experience Relational Trauma with Parental Figures.
- Lee, J.**, Barr, S. M. (in progress). Interpersonal and Intrapersonal Impacts of Relational Trauma with Parental Figures Among Transgender and Nonbinary People.
- Lee, J.**, Barr, S. M. (in progress). Healing from Parental Relational Trauma Among Transgender and Nonbinary People: A Grounded Theory Model.
- Lee, J.**, Barr, S. M. (in progress). Trauma and Repair: Experiences of Repair and Non-Repair of the Relational Trauma with Parental Figures Among Transgender and Nonbinary People.
- Lee, J.**, Barr, S. M. (in progress). Using Grounded Theory in a Grounded Theory Way to Tell the Untold.

**Lee, J., Barr, S. M.** (in progress). Facilitating Healing Through a Community-Focused Trauma Research.

**Barr, S. M., Lee, J.** (in progress). Unraveling Myths Surrounding Childhood Trauma and Trans Identities.

#### Understanding Korean TNB People's Experiences

**Lee, J. & Lee, B.** (in progress). A grounded theory study of expectations at work and working relationship among Korean transgender people through gender transition processes.

**Lee, J., Lee, H., Lindley, L.** (in progress). Psychometric characteristics and validation of the Transgender Identity Survey in a Korean trans and nonbinary sample: A measure to assess internalized transnegativity.

**Lee, J.** (in progress). Korean Transgender and Nonbinary People's Needs and Challenges in Accessing Gender-Affirming Services: A Thematic Analysis

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### BOOKLETS

2. **Choe, D. & Lee, J.** (2021). Making Korea Trans Affirming: Interviews with Trans Affirming Church, Army, School, Workplace Organizations around the World. Korean Transgender Rights Organization (JOGAKBO). In collaboration with Affirm United, SPART\*A, GLSEN, Workplace Pride.
1. **Lee, J.** (2019). Our Own Internalized Transnegativity. In Korean Transgender Rights Organization's Annual Journal, 3, 10-15.

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### TEACHING EXPERIENCES

#### **Lead Teaching Assistant**, Department of Counseling Psychology

University of Wisconsin-Madison, *Sept 2023 – May 2024*

- Counseling Psychology 655: Clinical Communication Skills (0.5 FTE)
- Supported a team of 5 Teaching Assistants through guidance on effective pedagogy.
- Managed the Canvas system, ensuring organized and timely updates of course content.
- Served as a primary consultant for TAs regarding student-related issues, offering solutions and strategies to foster a positive learning environment.
- Teaching two weekly labs (1.5 hours each) on utilizing and applying clinical communication skills for students going into healthcare professions
- Writing recommendation letters

#### **Teaching Assistant**, Department of Counseling Psychology

University of Wisconsin-Madison, *Sept 2022 – May 2023*

- Counseling Psychology 655: Clinical Communication Skills (0.5 FTE)
- Teaching three weekly labs (1.5 hours each) on utilizing and applying clinical communication skills for students going into healthcare professions
- Providing weekly feedback on each student's recorded, clinical practices on Skillsetter.
- Communicating with students to facilitate their learning and sense of community and to address students' needs.

#### **Teaching Assistant**, Department of Counseling Psychology

University of Wisconsin-Madison, *Sept 2021 – May 2022*

- Counseling Psychology 225: Intersectionalities, Self-Awareness, and Social Actions for Social Change (0.5 FTE)
- Provided weekly written feedback and evaluation for group discussion and individual assignment on race/ethnicity, class, gender, sexuality, disability/ability, migration status, and religion
- Communicated with students via e-mail to facilitate their learning and address students' needs

**Teaching Assistant**, Department of Education  
Korea University, *Mar 2019 – July 2019*

- Career Counseling
- Graded written essays for mid-term and final exams
- Assisted in preparing course materials

**Teaching Assistant**, Department of Humanities  
Marlboro College, *Jan 2016 – May 2016*

- Provided weekly Chinese tutoring in one-on-one and group setting
- Assisted in preparing class materials.
- Monitored in-class exams

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## INVITED TALKS AND TRAININGS

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16. Lee, J. (2023, Dec). Understanding the SOC v.8 and Using the Companionship Model in Writing Letters of Support for TNB Youths and Adults. An invited clinician training at the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
15. Budge, S.L., **Lee, J.** (2023, Oct). Transgender and Nonbinary Mental Health: Health Disparities and Protective Factors. An invited session at *Korean Clinical Psychology Association Annual Conference*.
14. Lee, J. (2023, Oct). Understanding the Standards of Care (v. 8) to Improve Ethical TNB Referral Letter Practices in Korea. An invited session to introduce the Standards of Care (SOC v. 8) to Korean clinical psychologists (450+), with an emphasis on understanding current practices in Korea and improving assessment procedures followed by a Q & A session at *Korean Clinical Psychology Association Annual Conference*.
13. **Lee, J.**, Tebbe, E., Budge, S.L. (2023, Oct). Gender Diversity Inclusion as Researchers and in Research: How to Use a Community-Based Approach. An invited talk at the Diversity Summit on Protecting and Advancing Trans Health, *UW Health & School of Medicine and Public Health at UW-Madison*
12. Kim, H., **Lee, J.**, Budge, S. L., Dominguez, S., Tebbe, E. (2023, Oct). Informed Consent & the Companionship Model: An Alternative to Gatekeeping. An invited session talk on addressing and reducing barriers and gatekeeping to gender-affirming care for trans and gender-diverse youth at *American Psychiatric Association Mental Health Services Conference*.
11. Lee, J. (2023, July). Utilizing the Informed Consent Model and Moving Towards the Companionship Model in Providing Medical Care for Transgender and Nonbinary People. Provided a 3-hour training to medical professionals and students at *Seoul National University, College of Medicine*.
10. Lee, J. (2023, July). Understanding and Overcoming Institutional Barriers for Implementing the Standards of Care ver. 8 in Korean Contexts. Designed, organized, and facilitated a public roundtable (90+ participants comprising MDs, lawyers, clinicians, allies, and TNB people) at *Soonchunhyang University Seoul Hospital, Seoul, South Korea*.
9. Lee, J. (2023, July). Understanding the Revised WPATH Standards of Care v.8 for Clinical Work with Transgender and Gender Diverse People. An invited talk for 90+ participants at *Soonchunhyang University Seoul Hospital, Seoul, South Korea*.

8. Lee, J. (2023, April). Using the Companionship Model and the Updated Standards of Care for Writing Referral Letters for Transgender and Gender Diverse Clients. Provided an all-staff (80+) 2-hour training for *University Health Services at the University of Wisconsin-Madison*.
7. Lee, J. (2022, November). Trans and Nonbinary People's Experience of Systemic Discrimination, Interpersonal Interactions, and Resilience in Workplace. Provided a webinar provided to health care clinicians and other care team members as part of a webinar series titled "Forces of Marginalization - Shifting toward effective practices in service of the transgender community at *Prism Health North Texas*.
6. Darling, E., Norton, M., **Lee, J.** (2022, October). Trans/GNC: 101. A training provided to clinicians at *Journey Mental Health Center, Madison, WI*.
5. **Lee, J.**, Norton, M., Lindley, L., Gao, S. (2022, September). Working with Gender Dysphoria and Promoting Parental Support for Transgender and Nonbinary People. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
4. **Lee, J.**, Norton, M., Lindley, L., Gao, S. (2022, September). A Companionship Model for Trans and Nonbinary Letter Writing and Therapist Errors. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
3. Dominguez, S. Jr., **Lee, J.**, Budge, S. L. (2022, September). Providing Trans-Affirming Care to Trans Youth and their Family Members. A seminar provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
2. Budge, S. L., **Lee, J.** (2022, July). Reducing Stigma and Improving Mental Health for Two-Spirit, Transgender, and Nonbinary Clients: Role of parental attachment for internalized transnegativity among TNB people and intervention strategies. An invited webinar provided to 120+ Korean Counselors from *Korean Counseling Association, Seoul, South Korea*.
1. Dominguez, S. Jr., **Lee, J.**, Budge, S. L. (2022, March). Providing Trans-Affirming Care to Trans Youth and their Family Members. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.

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## GUEST LECTURES

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### Graduate Level Course

N807 Grounded Theory Research, University of Wisconsin-Madison, June 2023

- Invited to provide a talk on a community-based participatory theoretical sampling method for a grounded theory study.

CP 865 Lifestyle and Career Development, University of Wisconsin-Madison, April 2023

- Invited to provide a lecture and facilitate group discussions on *Korean TNB People's Experience of Systemic Discrimination, Interpersonal Interactions, and Resilience in Workplace*.

### Undergraduate Level Course

CP 655 Clinical Communication Skills, University of Wisconsin-Madison, Nov 2023

- Provided a guest lecture for a large-classroom undergraduate course (100+) on Motivational Interviewing

CP 655 Clinical Communication Skills, University of Wisconsin-Madison, April 2023

- Provided a guest lecture for a large-classroom undergraduate course (100+) on Addressing Health Disparities through Culturally Humble Clinical Communications Among Health Care Professionals



## INVITED PANELS

2. **Lee, J.**, Schultz, G., Smaldino, E., Schlechter, T. (2022, April). Promoting Health Equity for Trans and Nonbinary Individuals. A panel talk provided to the *Colorado School of Public Health, Aurora, CO*.
1. **Lee, J.**, Schultz, G., j.nyla mcneill. (2021, October). Cis/heteronormativity within the health, educational, and family system. A panel talk provided to the *Wisconsin Population Health Service Fellowship & Preventive Medicine Residency Learning Community Meeting, Madison, WI*.

## CONFERENCE PRESENTATIONS

### Symposium/Workshop/Oral Presentation

16. Kim, H., **Lee, J.**, Rainboth, K., Budge, S.L. (2024, Oct). The Companionship Model for Gender Affirming Care: A Guide for Clinicians. A workshop to be presented at GLMA's 42nd Annual Conference on LGBTQ+ Health.
15. **Lee, J.** (2024, Accepted). Understanding the SOC V.8 and Using the Companionship Model in Writing Letters of Support for Trans and Nonbinary Adults. Accepted for oral presentation at 2024 The World Professional Association for Transgender Health (WPATH) 28<sup>th</sup> Scientific Symposium in Lisbon, Portugal.
14. **Lee, J.**, McGuirk, A., Lindley, L. (2024, August). A Qualitative Analysis of Messages About and Lived Experience of the Impacts of Gender Affirming Medical Interventions on Gender Dysphoria. To be presented as a feature stage presentation at the annual meeting of the American Psychological Association, Seattle, WA.
13. **Lee, J.**, Mize, G., Pili, A., Budge, S.L., Tebbe, E., (2024, August). Assessing psychotherapy outcomes for transgender, two-spirit, and nonbinary people of color by therapists with shared identities. To be presented as a symposium session at the annual meeting of the American Psychological Association, Seattle, WA.
12. **Lee, J.**, Barr, S. (2023, August). Parental Relational Trauma in Transgender and Nonbinary People: Exploring Intersection with Minority Stress, Healing, and Post-Traumatic Growth. Presented as a symposium session at the annual meeting of the American Psychological Association, Washington D.C.
11. Domínguez, S. Jr., Norton, M., mcneill, j. n., **Lee, J.**, Tebbe, E., & Budge, S. L. (2023, May). Let's find a sweet spot to co-conspire: Building a community advisory board for community-based participatory research. A workshop presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
10. Domínguez, S. Jr., Budge, S. L., Tebbe, E., Norton, M., **Lee, J.**, Lindley, L., & mcneill, j. n. (2023, May). Longitudinal analyses from an open psychotherapy clinical trial with Two-Spirit, trans, and nonbinary clients of color. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
9. **Lee, J.**, Lee, B. (2023, May). A grounded theory of Korean trans and nonbinary people's interpersonal interactions in workplace: Gaining critical awareness of gender and transcending binary gendered society. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
8. **Lee, J.**, Budge, S.L., Dominguez, S. Jr., Tebbe, E (2023, May). From gatekeeping to a companionship model: How to write referral letters for trans and nonbinary individuals. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.

7. **Lee, J.**, Stan, G., Dominguez, S. Jr., Norton, M., Budge, S.L, Tebbe, E (2023, May). Understanding the Psychotherapy Goals of Two-Spirit, Transgender, and Nonbinary People of Color from the First Psychotherapy Trial Study for TPOC. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
6. **Lee, J.**, Lee, B. (2022, October). A Grounded Theory of Korean Trans and Nonbinary People's Interpersonal Interactions in Workplace: Gaining Access to a Critical Awareness of Gender and Transcending Binary Gendered Society. Symposium session presented at the annual meeting of the Korean Counseling Psychology Association, Seoul, South Korea.
5. **Lee, J.**, Budge, S.L. (2022, August). Moving Away from Gatekeeping to a Companionship Model in the Letter Writing Process for Trans and Nonbinary Individuals. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
4. **Lee, J.**, Matsuno, E. Norton, M., Lindley, L., Tebbe, E., Budge, S.L. (2022, August). Program Evaluation of the Gender, Resilience, and Resistance, Empowerment, and Affirmation Training. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
3. Norton, M., **Lee, J.**, Lindley, L., Budge, S. L. (2022, August) Inter-organizational Gatekeeping of Trans and Nonbinary Individuals: A Call to Action for Ethical Trans Affirmative Research and Practice. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
2. Dominguez, S. Jr., Budge, S.L., Tebbe, E., Norton, M., **Lee, J.**, Lindley, L., j.nyla mceill. (2022, August). Mixed-Methods Results from Gender, Resilience, and Resistance, Empowerment, and Affirmation Training. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
1. Lee, M., Kim, G., **Lee, J.**, & Vo, H. (2018, November). Self-efficacy as a mediator of parent- child relationship and self-regulatory ability in Korean adolescents. Korea University- Waseda University 2018 International Conference, Tokyo, Japan.

### **Poster Presentation**

3. **Lee, J.**, Hoyt, W. T., Budge, S.L. & Lee, B. (2021, August). Parental attachment and internalized transnegativity among Korean TNB populations: Role of Self-shame, Rejection Sensitivity, and self-concept clarity. American Psychological Association, Virtual.
2. **Lee, J.**, Lee, B. (2020, Accepted). Perceived changes in workplace experience pre- and post-gender transition among Korean transgender individuals. American Psychological Association, Virtual.
1. **Lee, J.** (2019, March). Limitations in stage models for transgender identity development. The Korean Counseling Association-International Chapter 2019 Annual Conference, New Orleans, LA.

### **Roundtable Presentation**

1. Lee, B.H., **Lee, J.** (2022). Navigating Graduate School. A Roundtable presented at the International Section of the APA Society of Counseling Psychology at the Annual Meeting of the American Psychological Association, Minneapolis, MN

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## **OTHER RESEARCH EXPERIENCES**

- 2024 Spring – **Reviewer, The Counseling Psychologist**  
Selected to participate in the 2024 TCP Reviewer Mentorship Program with Dr. Melissa Ertl
- Advancing competencies in peer-review through direct mentorship with a member of the TCP editorial board, fostering a deep understanding of scholarly publication standards within the field of counseling psychology.
- 2024 Spring – **Research Assistant, University of Wisconsin-Madison**  
Clinical Trial Study for Psychotherapy with Transgender, Two-Spirit, and Nonbinary People of Color  
Supervisor: Stephanie Budge
- Prepared manuscripts from the clinical study on 2STNB POC's goal for therapy and progress from therapy (post, 6-months follow-up)
  - Advised one doctoral and one undergraduate student for coding qualitative data and writing manuscripts.
- 2021 Fall – **Research Staff, University of Wisconsin-Madison**  
Clinical Trial Study for Psychotherapy with Transgender, Two-Spirit, and Nonbinary People of Color  
Supervisor: Stephanie Budge
- Participated in the grant-writing process (\$250,000) for a clinical trial research to increase access for psychotherapy for Transgender, Two-Spirit, and Nonbinary People of Color using the radical healing framework
  - Interviewed with participants pre-intervention
  - Manuscript writing on study findings
- 2020 Fall – **Lab Member, University of Wisconsin-Madison**  
Trans CARE (Counseling, Advocacy, Research, and Education) Collaborative  
Supervisor: Stephanie Budge
- Weekly research meetings with trans researchers and community members examining using the community based participatory research.
- 2018 – 2020 **Graduate Research Student, Korea University**  
The Brain Korea 21 Plus Project
- Performed data analysis for counseling research using SPSS, AMOS, and Mplus.
  - Assisted in data-collection and data-coding
- 2018 – 2020 **Graduate Researcher, Korea University**  
Counseling Lab under Professor Bora Lee
- Conducted a grounded theory research on *Perceived sex-role differences among Korean transgender individuals in workplace pre- and post-transition* as the first author
  - Conducted semi-structured individual interviews with sixteen Korean transgender individuals.
  - Transcribed the interview
  - Analyzed the data
  - Manuscript writing
- 2014 – 2016 **Plan of Concentration, Marlboro College**  
Department of Economics under Professor John Rush
- A 2-year intensive research and writing project (15,000 words, APA style)
  - Participated in extensive collaboration with faculty

- Formally reviewed and evaluated by two faculty sponsors as well as an outside evaluator with an expertise in the subject area
- Completion of Clear Writing Program in 2013

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## CLINICAL EXPERIENCES

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### **Doctoral Counseling Trainee, Veterans Affairs (VA)**

PTSD Clinical Team, Madison VA, *Sept 2023 – Aug 2024*

*Advanced Practicum Trainee*

- Conducting Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE)
  - Understanding the research and evidence base for PTSD and trauma-focused care.
  - Receiving weekly individual/group supervision on CPT and PE.
  - Supervisor: Dr. Valerie Maine
- Co-leading STAIR (Skills Training in Affective and Interpersonal Regulation) group therapy to veterans experiencing PTSD symptoms.
- Conducting psychological assessments for PTSD (CAPS, PCL-5), ADHD (DIVA, BRIEF, CARRS, CPT-II, D-KEFS), Autism Spectrum Disorder, Schizoaffective Disorder, Cognitive assessments (WAIS, MoCA), Personality Testing (MMPI-III, PAI, MCMI), Personality Disorders (SCIDs for PD), Eating Disorders (Eating Disorder Examination, EAT-26, CIA 3.0) and Anxiety and Mood Disorders (SCIDs, DIAMOND), as well as writing integrated psychological reports.

### **Doctoral Counseling Trainee, Journey Mental Health Center**

University of Wisconsin-Madison, *August 2022 – June 2023*

*Foundational Practicum Trainee*

- Providing individual counseling to community members
  - Specialized in working with BIPOC (Black, Indigenous, and people of color) Trans and Nonbinary, LGBTQ+ People
  - Specialized in working with relational trauma (complex PTSD)
  - Writing referral letters for TNB seeking gender-affirming services and providing training and consultations to therapists for TNB referral letters.
- Providing group therapy to community members
  - Co-led the Rainbow (LGBTQ+) Recovery Group
- Providing clinical assessments in the REST program (Resilient response to the Effects of Stress and Trauma: A school-based program for Dane County, Wisconsin)

### **Doctoral Counseling Trainee, Counseling Psychology Training Clinic (CPTC)**

University of Wisconsin-Madison, *August 2021 – May 2022*

*First Year Experience Practicum Trainee*

- Provided in-person individual counseling to UW-Madison students and community members with a wide spectrum of presenting concerns including interpersonal trauma, attachment issues, shame, LGBTQ+ identities, depression, anxiety, and body image.
- Wrote letters of support for Transgender and Nonbinary (TNB) clients.
- Provided a case presentation using the interpersonal process therapy.

### **Pre-Practicum Trainee, Counseling Psychology Training Clinic (CPTC)**

University of Wisconsin-Madison, *January 2021 – May 2021*

*Pre-Practicum Trainee*

### **Master's Counseling Trainee, University Counseling Center**

Korea University, *Sept 2018 – Dec 2018*

## SUPERVISION EXPERIENCES

### **Doctoral Supervisor**, Counseling Psychology Training Clinic (CPTC)

University of Wisconsin-Madison, *Jan 2024 – Present*

- Providing weekly (10 weeks) individual supervision to Master's level counseling student based on the Integrative Development Model
- Conducting live observation of supervisee's clinical work at their worksite.
- Provide feedback on clinical conceptualization and documentation.

## CONSULTATIONS

2023 Oct

### **Seoul National University, School of Medicine**

A Cohort Study on Korean Transgender and Gender Diverse People's Health

- Provided consultation on creating survey questions that are culturally sensitive, linguistically up-to-date, and methodologically sound to accurately capture the nuanced experiences of the cohort.
- Delivered consultation on the optimization of research environment to ensure positive participant experience.
- Provided expert guidance on the selection of methodologically robust and relevant measures.

2023 Summer

### **University Health Services, University of Wisconsin-Madison**

Applying the Companionship Model for Transgender and Nonbinary Client Letter Writing

- Provided consultation to clinicians in implementing the Companionship Model in writing referral letters for TNB clients at the University Health Services.

2023 Spring

### **Expert Reviewer**, WPATH Standards of Care (version 8, Korean)

- Conducted a comprehensive expert review of the translated *Chapter 5: Assessment of Adults*. In WPATH Standards of Care (version 8, Korean)

2023 Spring –

### **Advisory Board Consultant**, Texas Tech University

Real-Time Study of Psychotherapy, Suicide Risk, and Resilience in Transgender and Non-Binary Adults (P.I: Sarah Victor)

- Provide expert feedback on the research study design and processes

## SERVICE EXPERIENCES

### **Division 44 Science Committee Member**

Society for the Psychology of Sexual Orientation and Gender Diversity, APA

### **Award Selection Committee Member**

Transgender and Gender Diversity Research Award Committee, Division 44, APA

### **Ad-Hoc Journal Article Reviewer**

- The Counseling Psychologist
- Journal of Counseling Psychology
- Psychology of Sexual Orientation and Gender Diversity

**Co-Chair**, Cultural Assessment Subcommittee for the Task Force on Sexism and Cissexism  
Division 44, American Psychological Association (APA), *June 2021 – December 2022*

- Conduct cultural assessment on Division 44 and APA of its historical sexism and cissexism with the intersectional lens on racial inequity
- Cooperate with division 44 leads and president to move the agenda forward

### **APA Annual Convention Submission Reviewer**

Division 44, American Psychological Association (APA), *Jan 2023 – Present*

- Reviewed and evaluated symposium and poster submissions for division 44

**Activist**, Korean Transgender Rights Organization (JOGAKBO), *June 2020 – Present*

- Arranged national LGBTQ+ conferences, pride parade, annual magazine publication, and fund-writing
- Co-led and published a book on interviews with international LGBTQ+ organizations to promote trans-affirming military, church, school, and workplace in South Korea
- Recruited interviewees, designed interview questions, and interviewed with directors of the Workplace Pride, Affirm United, GLSEN, SPART\*A

**Co-Editor**, Korean Transgender Rights Organization (JOGAKBO) *Jan 2019 – Sept 2019*

- Edited the annual journal of the organization
- Wrote an opening article on “How to Fight Internalized Transnegativity”

**Volunteer**, Korean Counseling Association-International Chapter *March 2019*

- Volunteered in the 2019 Annual Conference, New Orleans for conference preparation, proceedings, and poster session

**Participant & Transcriber**, The Korean Society of Law and Policy on Sexual Orientation and Gender Identity (SOGI)

- Participated in creating the Korean Diversity Guideline for LGBTQ+ Friendly Workplace (Funded by Google)

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## **PROFESSIONAL AFFILIATIONS**

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2021 – 2022	<b>Co-Chair</b> Cultural Assessment Subcommittee for the Task Force on Sexism and Cissexism Division 44, American Psychological Association (APA)
2021 – Present	<b>Professional Organization Member</b> American Psychological Association (APA) American Psychological Association of Graduate Students (APAGS) Society of Counseling Psychology (SCP) (Division 17) Society for the Psychological Study of LGBT Issues (Division 44) The Division of Trauma Psychology (APA Division 56)
2020 – 2021	<b>Activist</b> Korean Transgender Rights Organization, Jogakbo
2020 – Present	<b>Professional Organization Member</b> Korean LGBTQ+ Researcher Network
2018 – 2020	<b>Professional Organization Member</b>

2018 – Present	Korean Counseling Association-International Chapter <b>Professional Organization Member</b> The Korean Counseling Psychological Association, LGBT Counseling Division
2018 – Present	<b>Professional Organization Member</b> The Korean Counseling Psychological Association

REFERENCES

Dr. Stephanie Budge Professor of Counseling Psychology University of Wisconsin – Madison budge@wisc.edu	Dr. Bora Lee Professor of Counseling Korea University boralee117@korea.ac.kr
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