# Joonwoo Lee, M. Ed

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# **EDUCATION**

2026 (Expected)	Ph. D., Counseling Psychology University of Wisconsin-Madison, Wisconsin Advisor: Dr. Stephanie Budge
2020	M. Ed. Counseling Korea University, Seoul, South Korea Advisor: Dr. Bora Lee
2016	Marlboro College, VT B.A., Economics & Chinese Language (High Honor)
2010 – 2012	<b>Yonsei University, Seoul, South Korea</b> Psychology Major

# RESEARCH/PROJECT FUNDING

2023 – 2024 \$44,666	Institute for Diversity Science Grant University of Wisconsin-Madison A psychotherapy study to understand mechanisms of change for trans people of color through a quantitative and qualitative analysis; Conducting observational coding of therapy sessions to understand variables impacting therapeutic alliance for trans people of color.  Role: Co-Investigator
2023 – 2024 \$9,000	Roy Scrivner Memorial Research Grant American Psychological Foundation's (APF) Research Title: Transgender and Nonbinary People's Experience of Relational Trauma with Parental Figures Role: Principal Investigator
2023 – 2024 \$4,000	Baldwin Wisconsin Idea Endowment Seed Grant Ira and Ineva Reilly Baldwin Wisconsin Idea Endowment Research Title: Transgender and Nonbinary People's Experience of Relational Trauma with Parental Figures Role: Principal Investigator
2023 \$4,500	Scott Kloeck-Jenson Fellowship Institute for Regional and International Studies, University of Wisconsin-Madison Research Title: Korean Transgender and Nonbinary People's Needs and

	Challenges in Accessing Gender Affirming Services: A Thematic Analysis <i>Role:</i> Principal Investigator
2023 \$2,500	4W Engagement Grant for Emerging Scholars 4W (Women & Wellbeing in Wisconsin & the World) Initiative, University of Wisconsin-Madison
	Project Title: Towards Equitable Access to Gender-Affirming Care for TNB Individuals in South Korea: Disseminating the Companionship Model  Role: Project Lead

# HONORS AND AWARDS

2023	Prism Foundation Scholarship (\$2,500) Prism Foundation
2023	Aritzia Scholarship (\$5,000) Stonewall Community Foundation
2023	Transgender Research Award (\$500) Division 44, American Psychologist Association
2023	Research Grants for Psychology Students and Recently Graduated Psychologist of Color Award (\$300)  American Psychologist Association
2023	Malyon Smith Scholarship Research Award (\$300) Division 44, American Psychologist Association
2023	<b>Distinguished Student Contribution Award</b> Division 44, American Psychologist Association
2023	Finalist, Flagship Award Point Foundation
2023	Michael Sullivan Diversity Scholarship Fund (\$500) Ohio Psychological Association
2023	Student Research Grants Competition (\$1,500) Office of Diversity, Inclusion, and Funding, University of Wisconsin-Madison Graduate School
2023	Mentoring Student Travel Award (\$500) Division 44, American Psychologist Association
2023	Travel Award (\$1,265) National Transgender Health Summit Planning Committee
2022	BIPOC Scholarship (\$1,500) Point Foundation

2022	Qualified Treatment Trainee Graduate Student Award (\$5,000) Center for Inclusive Transition, Education & Employment – UW Whitewater.
2022	<b>Graduate Student Outstanding Research Award-First Runner Up</b> Division 17 International Section, American Psychologist Association
2022	APA Convention Funding Award (\$300) Society of Counseling Psychology's Student Affiliates of Seventeen Division 17 International Section, American Psychologist Association
2021	Graduate Student Outstanding Research Award-Runner up (\$400) Division 17 International Section, American Psychologist Association
2020 – 2021	Kemper Knapp Fellowship (\$28,000) College of Education, University of Wisconsin-Madison
2020	Outstanding Thesis Award (\$1,500) College of Education, Korea University
2019	Research Award (\$2,000) Korea University
2019	Conference Travel Award (\$800) Korea University
2019	Conference Travel Awards (\$800) Korea University
2018 – 2019	Brain Korea 21 (BK 21) Plus Scholarship (\$600/month) Korea University
2018	Conference Travel Award (\$800) Korea University
2018	Research Assistantship (\$30,000) Counseling Program, Korea University
2016	<b>High Honor Thesis</b> Marlboro College
2015	Geiger Research Grant (\$2,000) Marlboro College
2015	International Experience Grants (\$3,000) Christian Johnson Endeavor Foundation (CJEF)
2013 – 2016	Marlboro Merit Scholarship (\$23,000) Marlboro College

# **PUBLICATIONS**

# **Peer-Reviewed Journal Publication**

5. Budge, S.L., **Lee, J.**, Domínguez, S. Jr., Tebbe, E. (In Press). Using The Companionship Model When Writing Referral Letters for Transgender and Nonbinary Adults. *Psychology of Sexual Orientation and Gender Diversity*.

- 4. Budge, S.L., Shoenike, D., **Lee, J.**, Norton, M., & Sinnard, M.T. (2023). Transgender and Nonbinary Patients' Psychotherapy Goals: A Secondary Analysis from a Randomized Controlled Trial. *Journal of Psychiatric Research*, *159*. 82-86. http://dx.doi.org/10.1016/j.jpsychires.2023.01.027
- 3. Pyo, S., Lee, S., Jang, A., Lee, J., Lee, E., & Yang, E. (2022). Factors influencing the Sexual Identity Formation of Sexual Minority (LGB) in Korea: A Qualitative Meta-Summary. *Korean Psychological Journal of Culture and Social Issues, 28* (2), 83-114. http://dx.doi.org/10.20406/kjcs.2022.5.28.2.241
- 2. Budge, S.L., **Lee, J.**, Lindley, L. (2020). Therapie mit transmaskulinen klienten (Therapy for transmasculine clients). Psychotherapie im Dialog. 21(04). 52-56. https://doi.org/10.1055/a-0987-5851.
- 1. Lee, M., Kim, G., Lee, J., Vo, H., & Lee, S. M. (2020). The Effects of academic stress and academic failure tolerance on academic burnout among college students: Moderated mediation effects of interpersonal Stress. *Journal of the Korea Convergence Society*, 11(2), 175-185. https://doi.org/10.15207/JKCS.2020.11.2.175.

# **Manuscripts Submitted for Publication**

- 5. Domínguez S. Jr., Matsuno, E., Adames, H.Y., Mosley, D.V., Richardson J.M., Lee, J., Norton, M., Budge, S.L. (Under Review) Using Radical Healing to Address the Coloniality of Gender: A Common Factors Approach to Anti-Colonial Psychotherapy. Submitted to American Psychologist.
- 4. Lindley, L., Lee, J., Buhr, B., McKellips, M. (Under Review). "Alleviated the feeling I used to have of being distressingly bare:" A Qualitative Analysis of Messages About and Lived Experience of the Impacts of Gender Affirming Medical Interventions on Gender Dysphoria. Submitted to The Counseling Psychologist.
- 3. Lindley, L., Lee, J., Norton, M., Budge, S.L. (In Revision). A Qualitative Study on How Social Messages About Gender Dysphoria (Dis)Align with the Lived Experiences of Trans and Nonbinary People. Submitted to Sex Roles.
- 2. Norton, M., Lee, J., Lindley, L. (Under Review). Who's voice matters: A critical analysis of gatekeeping and ethical violations towards Transgender and Nonbinary Population. Submitted to Psychology of Sexual Orientation and Gender Diversity
- 1. Lee, J., Hoyt, W. T., Budge, S.L. & Lee, B. (In Revision). The Effect of Parental Attachment on Internalized Transnegativity among Transgender and Nonbinary Populations: Testing Self-Shame, Rejection Sensitivity, and Self-Concept Clarity as Mediators. Submitted to The Counseling Psychologist.

## **Manuscripts in Progress**

- Domínguez, S. Jr., Lee, J., Norton, M., Richards, K., Budge, S.L., Tebbe, E., mcneill, j. (in progress) Cultivating trust, healing radically: Using CBPR to increase access to affirming psychotherapy for transgender people of color.
- **Lee, J.**, Kim, H., Budge, S.L, Domínguez, S. Jr. (in progress). Applying the Companionship Model to Support Transgender and Nonbinary Youths and their Parents in the Letter Writing Process.
- Lee, J. & Lee, B. (in progress). A grounded theory of Korean trans and nonbinary people's interpersonal interactions in workplace: Gaining access to a critical awareness of gender and transcending binary gendered society
- Lee, J., Gao, S., Domínguez, S. Jr., Norton, M., Tebbe, E., Budge, S.L (in progress). Transgender, two-spirit, and nonbinary people of color's psychotherapy goals.
- Lee, J. & Lee, B. (in progress). A grounded theory study of expectations at work and working relationship among Korean transgender people through gender transition processes.
- Lee, B. & Lee, J. (in progress). A grounded theory study of experience of discrimination in job market and vulnerability to discontinuous career among Korean trans and nonbinary people.
- Budge, S.L., Tebbe, E., Lee, J., Lindley, L., Domínguez, S. Jr., Matsuno, E. (in progress). Evaluating the Efficacy of the Radical Healing Framework in Psychotherapy for Trans People of Color
- Tebbe, E., Matsuno, E., Dominguez Jr., Norton, M., Lindley, L., Lee, J., Budge, S.L. (in progress) Program Evaluation of the Gender, Resilience, and Resistance, Empowerment, and Affirmation Training.
- Lee, J., Hoyt, W. T. & Budge, S.L. (in progress). Psychometric characteristics and validation of the Transgender Identity Survey in a Korean trans and nonbinary sample: A measure to assess internalized transnegativity.
- Lee, J., Barr, S. M. (in progress). Transgender and Nonbinary People's Experience of Relational Trauma with Parental Figures: An Investigation of Intersection with Minority Stress, Healing, and Post-Traumatic Growth

# **BOOKLETS**

- 2. Choe, D. & Lee, J. (2021). Making Korea Trans Affirming: Interviews with Trans Affirming Church, Army, School, Workplace Organizations around the World. Korean Transgender Rights Organization (JOGAKBO). In collaboration with Affirm United, SPART\*A, GLSEN, Workplace Pride.
- 1. Lee, J. (2019). Our Own Internalized Transnegativity. In Korean Transgender Rights Organization's Annual Journal, 3, 10-15.

# INVITED TALKS AND TRAININGS

- 15. Budge, S.L., Lee, J. (2023, Oct). Transgender and Nonbinary Mental Health: Health Disparities and Protective Factors. An invited session at <u>Korean Clinical Psychology Association Annual Conference.</u>
- 14. Lee, J. (2023, Oct). Understanding the Standards of Care (v. 8) to Improve Ethical TNB Referral Letter Practices in Korea. An invited session to introduce the Standards of Care (SOC v. 8) to Korean clinical psychologists (450+), with an emphasis on understanding current practices in Korea and improving assessment procedures followed by a Q & A session at Korean Clinical Psychology Association Annual Conference.
- 13. **Lee, J.**, Tebbe, E., Budge, S.L. (2023, Oct). Gender Diversity Inclusion as Researchers and in Research: How to Use a Community-Based Approach. An invited talk at the Diversity Summit on Protecting and Advancing Trans Health, *UW Health & School of Medicine* and Public Health at UW-Madison
- 12. Kim, H., Lee, J., Budge, S. L., Dominguez, S., Tebbe, E. (2023, Oct). Informed Consent & the Companionship Model: An Alternative to Gatekeeping. An invited session talk on addressing and reducing barriers and gatekeeping to gender-affirming care for trans and gender-diverse youth at <a href="mailto:American Psychiatric Association Mental Health Services"><u>American Psychiatric Association Mental Health Services</u></a>
  <a href="mailto:Conference."><u>Conference.</u></a>
- 11. Lee, J. (2023, July). Utilizing the Informed Consent Model and Moving Towards the Companionship Model in Providing Medical Care for Transgender and Nonbinary People. Provided a 3-hour training to medical professionals and students at <u>Seoul National University, College of Medicine.</u>
- 10. Lee, J. (2023, July). Understanding and Overcoming Institutional Barriers for Implementing the Standards of Care ver. 8 in Korean Contexts. Designed, organized, and facilitated a public roundtable (90+ participants comprising MDs, lawyers, clinicians, allies, and TNB people) at <u>Soonchunhyang University Seoul Hospital, Seoul, South Korea</u>.
- 9. Lee, J. (2023, July). Understanding the Revised WPATH Standards of Care v.8 for Clinical Work with Transgender and Gender Diverse People. An invited talk for 90+ participants at Soonchunhyang University Seoul Hospital, Seoul, South Korea.
- 8. Lee, J. (2023, April). Using the Companionship Model and the Updated Standards of Care for Writing Referral Letters for Transgender and Gender Diverse Clients. Provided an all-staff (80+) 2-hour training for *University Health Services at the University of Wisconsin-Madison*.
- 7. Lee, J. (2022, November). **Trans and Nonbinary People's Experience of Systemic Discrimination, Interpersonal Interactions, and Resilience in Workplace**. Provided a webinar provided to health care clinicians and other care team members as part of a webinar series titled "Forces of Marginalization Shifting toward effective practices in service of the transgender community at *Prism Health North Texas*.

- 6. Darling, E., Norton, M., Lee, J. (2022, October). Trans/GNC: 101. A training provided to clinicians at *Journey Mental Health Center*, *Madison*, *WI*.
- 5. Lee, J., Norton, M., Lindley, L., Gao, S. (2022, September). Working with Gender Dysphoria and Promoting Parental Support for Transgender and Nonbinary People. A training provided to the *Wisconsin Psychiatric Institute & Clinics, Madison, WI*.
- 4. Lee, J., Norton, M., Lindley, L., Gao, S. (2022, September). A Companionship Model for Trans and Nonbinary Letter Writing and Therapist Errors. A training provided to the Wisconsin Psychiatric Institute & Clinics, Madison, WI.
- 3. Dominguez, S. Jr., Lee, J., Budge, S. L. (2022, September). Providing Trans-Affirming Care to Trans Youth and their Family Members. A seminar provided to the <u>Wisconsin Psychiatric Institute & Clinics, Madison, WI.</u>
- 2. Budge, S. L., Lee, J. (2022, July). Reducing Stigma and Improving Mental Health for Two-Spirit, Transgender, and Nonbinary Clients: Role of parental attachment for internalized transnegativity among TNB people and intervention strategies. An invited webinar provided to 120+ Korean Counselors from Korean Counseling Association, Seoul, South Korea.
- 1. Dominguez, S. Jr., Lee, J., Budge, S. L. (2022, March). Providing Trans-Affirming Care to Trans Youth and their Family Members. A training provided to the <u>Wisconsin Psychiatric Institute & Clinics, Madison, WI.</u>

# **INVITED PANELS**

- 2. Lee, J., Schultz, G., Smaldino, E., Schlechter, T. (2022, April). **Promoting Health Equity for Trans and Nonbinary Individuals**. A panel talk provided to the *Colorado School of Public Health, Aurora, CO*.
- 1. Lee, J., Schultz, G., j.nyla mcneill. (2021, October). Cis/heteronormativity within the health, educational, and family system. A panel talk provided to the Wisconsin Population Health Service Fellowship & Preventive Medicine Residency Learning Community Meeting, Madison, WI.

## **CONSULTATIONS**

- 2023 Summer— University Health Services, University of Wisconsin-Madison
  Applying the Companionship Model for Transgender and Nonbinary Client
  Letter Writing
  - Provided consultation to clinicians in implementing the Companionship Model in writing referral letters for TNB clients at the University Health Services.
- 2023 Spring **Advisory Board Consultant**, Texas Tech University Real-Time Study of Psychotherapy, Suicide Risk, and Resilience in Transgender and Non-Binary Adults (P.I: Sarah Victor)

• Provide expert feedback on the research study design and processes

## **GUEST LECTURES**

#### **Graduate Level Course**

N807 Grounded Theory Research, University of Wisconsin-Madison, June 2023

- Invited to provide a talk on a community-based participatory theoretical sampling method for a grounded theory study.
- CP 865 Lifestyle and Career Development, University of Wisconsin-Madison, April 2023
  - Invited to provide a lecture and facilitate group discussions on *Korean TNB People's Experience of Systemic Discrimination, Interpersonal Interactions, and Resilience in Workplace.*

# **Undergraduate Level Course**

CP 655 Clinical Communication Skills, University of Wisconsin-Madison, April 2023

• Provided a guest lecture for a large-classroom undergraduate course on Motivational Interviewing, with a focus on complex reflection skills.

### **CONFERENCE PRESENTATIONS**

# Symposium/Workshop/Oral Presentation

- 12. Lee, J., Barr, S. (2023, August). Parental Relational Trauma in Transgender and Nonbinary People: Exploring Intersection with Minority Stress, Healing, and Post-Traumatic Growth. Presented as a symposium session at the annual meeting of the American Psychological Association, Washington D.C.
- 11. Domínguez, S. Jr., Norton, M., mcneill, j. n., Lee, J., Tebbe, E., & Budge, S. L. (2023, May). Let's find a sweet spot to co-conspire: Building a community advisory board for community-based participatory research. A workshop presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
- 10. Domínguez, S. Jr., Budge, S. L., Tebbe, E., Norton, M., Lee, J., Lindley, L., & mcneill, j. n. (2023, May). Longitudinal analyses from an open psychotherapy clinical trial with Two-Spirit, trans, and nonbinary clients of color. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
- 9. Lee, J., Lee, B. (2023, May). A grounded theory of Korean trans and nonbinary people's interpersonal interactions in workplace: Gaining critical awareness of gender and transcending binary gendered society. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
- 8. Lee, J., Budge, S.L., Dominguez, S. Jr., Tebbe, E (2023, May). From gatekeeping to a companionship model: How to write referral letters for trans and nonbinary individuals. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.

- 7. Lee, J., Stan, G., Dominguez, S. Jr., Norton, M., Budge, S.L, Tebbe, E (2023, May). Understanding the Psychotherapy Goals of Two-Spirit, Transgender, and Nonbinary People of Color from the First Psychotherapy Trial Study for TPOC. An oral presentation at the 2023 National Transgender Health Summit, San Francisco, CA.
- 6. Lee, J., Lee, B. (2022, October). A Grounded Theory of Korean Trans and Nonbinary People's Interpersonal Interactions in Workplace: Gaining Access to a Critical Awareness of Gender and Transcending Binary Gendered Society. Symposium session presented at the annual meeting of the Korean Counseling Psychology Association, Seoul, South Korea.
- 5. Lee, J., Budge, S.L. (2022, August). Moving Away from Gatekeeping to a Companionship Model in the Letter Writing Process for Trans and Nonbinary Individuals. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
- 4. Lee, J., Matsuno, E. Norton, M., Lindley, L., Tebbe, E., Budge, S.L. (2022, August). Program Evaluation of the Gender, Resilience, and Resistance, Empowerment, and Affirmation Training. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
- 3. Norton, M., Lee, J., Lindley, L., Budge, S. L. (2022, August) Inter-organizational Gatekeeping of Trans and Nonbinary Individuals: A Call to Action for Ethical Trans Affirmative Research and Practice. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
- 2. Dominguez, S. Jr., Budge, S.L., Tebbe, E., Norton, M., Lee, J., Lindley, L., j.nyla mcneill. (2022, August). Mixed-Methods Results from Gender, Resilience, and Resistance, Empowerment, and Affirmation Training. Symposium session presented at the annual meeting of the American Psychological Association, Minneapolis, MN.
- 1. Lee, M., Kim, G., Lee, J., & Vo, H. (2018, November). Self-efficacy as a mediator of parent-child relationship and self-regulatory ability in Korean adolescents. Korea University-Waseda University 2018 International Conference, Tokyo, Japan.

### **Poster Presentation**

- 3. Lee, J., Hoyt, W. T., Budge, S.L. & Lee, B. (2021, August). Parental attachment and internalized transnegativity among Korean TNB populations: Role of Self-shame, Rejection Sensitivity, and self-concept clarity. American Psychological Association, Virtual.
- 2. Lee, J., Lee, B. (2020, Accepted). Perceived changes in workplace experience pre- and post-gender transition among Korean transgender individuals. American Psychological Association, Virtual.
- 1. Lee, J. (2019, March). Limitations in stage models for transgender identity development. The Korean Counseling Association-International Chapter 2019 Annual Conference, New Orleans, LA.

#### **Roundtable Presentation**

1. Lee, B.H., Lee, J. (2022). Navigating Graduate School. A Roundtable presented at the International Section of the APA Society of Counseling Psychology at the Annual Meeting of the American Psychological Association, Minneapolis, MN

## **TEACHING EXPERIENCE**

# Lead Teaching Assistant, Department of Counseling Psychology

University of Wisconsin-Madison, Sept 2023 - Present

- Counseling Psychology 655: Clinical Communication Skills (0.5 FTE)
- Supported a team of 5 Teaching Assistants through guidance on effective pedagogy.
- Managed the Canvas system, ensuring organized and timely updates of course content.
- Served as a primary consultant for TAs regarding student-related issues, offering solutions and strategies to foster a positive learning environment.
- Teaching two weekly labs (1.5 hours each) on utilizing and applying clinical communication skills for students going into healthcare professions
- Writing recommendation letters

# Teaching Assistant, Department of Counseling Psychology

University of Wisconsin-Madison, Sept 2022 – May 2023

- Counseling Psychology 655: Clinical Communication Skills (0.5 FTE)
- Teaching three weekly labs (1.5 hours each) on utilizing and applying clinical communication skills for students going into healthcare professions
- Providing weekly feedback on each student's recorded, clinical practices on Skillsetter.
- Communicating with students to facilitate their learning and sense of community and to address students' needs.

# Teaching Assistant, Department of Counseling Psychology

University of Wisconsin-Madison, Sept 2021 – May 2022

- Counseling Psychology 225: Intersectionalities, Self-Awareness, and Social Actions for Social Change (0.5 FTE)
- Provided weekly written feedback and evaluation for group discussion and individual assignment on race/ethnicity, class, gender, sexuality, disability/ability, migration status, and religion
- Communicated with students via e-mail to facilitate their learning and address students' needs

### Teaching Assistant, Department of Education

Korea University, Mar 2019 - July 2019

- Career Counseling
- Graded written essays for mid-term and final exams
- Assisted in preparing course materials

### Teaching Assistant, Department of Humanities

Marlboro College, Jan 2016 – May 2016

- Provided weekly Chinese tutoring in one-on-one and group setting
- Assisted in preparing class materials.
- Monitored in-class exams

## **SERVICE EXPERIENCES**

Expert Reviewer, WPATH Standards of Care (version 8, Korean), 2023 – Present

• Conducted a comprehensive expert review of the translated *Chapter 5: Assessment of Adults*. In WPATH Standards of Care (version 8, Korean)

#### Ad-Hoc Journal Article Reviewer

- Journal of Counseling Psychology, 2022 Present
- Psychology of Sexual Orientation and Gender Diversity, 2022-Present

Co-Chair, Cultural Assessment Subcommittee for the Task Force on Sexism and Cissexism Division 44, American Psychological Association (APA), *June 2021 – December 2022* 

- Conduct cultural assessment on Division 44 and APA of its historical sexism and cissexism with the intersectional lens on racial inequity
- Cooperate with division 44 leads and president to move the agenda forward

### **APA Annual Convention Submission Reviewer**

Division 44, American Psychological Association (APA), Jan 2023 – Present

• Reviewed and evaluated symposium and poster submissions for division 44

Activist, Korean Transgender Rights Organization (JOGAKBO), June 2020 - Present

- Arranged national LGBTQ+ conferences, pride parade, annual magazine publication, and fund-writing
- Co-led and published a book on interviews with international LGBTQ+ organizations to promote trans-affirming military, church, school, and workplace in South Korea
- Recruited interviewees, designed interview questions, and interviewed with directors of the Workplace Pride, Affirm United, GLSEN, SPART\*A

Co-Editor, Korean Transgender Rights Organization (JOGAKBO) Jan 2019 – Sept 2019

- Edited the annual journal of the organization
- Wrote an opening article on "How to Fight Internalized Transnegativity"

Volunteer, Korean Counseling Association-International Chapter March 2019

• Volunteered in the 2019 Annual Conference, New Orleans for conference preparation, proceedings, and poster session

**Participant & Transcriber,** The Korean Society of Law and Policy on Sexual Orientation and Gender Identity (SOGI)

 Participated in creating the Korean Diversity Guideline for LGBTQ+ Friendly Workplace (Funded by Google)

### **CLINICAL EXPERIENCES**

**Doctoral Counseling Trainee, Veterans Affairs (VA)** 

PTSD Clinical Team, Madison VA, Sept 2023 –

Advanced Practicum Trainee

- Conducting Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE)
  - · Understanding the research and evidence base for PTSD and trauma-focused care.
  - · Receiving weekly individual/group supervision on CPT and PE.
  - Supervisor: Dr. Valerie Maine

# **Doctoral Counseling Trainee**, Journey Mental Health Center

University of Wisconsin-Madison, August 2022 – June 2023

Foundational Practicum Trainee

- Providing individual counseling to community members
  - Specialized in working with BIPOC (Black, Indigenous, and people of color) Trans and Nonbinary, LGBQ+ People
  - · Specialized in working with relational trauma (complex PTSD)
  - · Writing referral letters for TNB seeking gender-affirming services and providing training and consultations to therapists for TNB referral letters.
- Providing group therapy to community members
  - · Co-led the Rainbow (LGBTQ+) Recovery Group
- Providing clinical assessments in the REST program (Resilient response to the Effects of Stress and Trauma: A school-based program for Dane County, Wisconsin)

## **Doctoral Counseling Trainee, Counseling Psychology Training Clinic (CPTC)**

University of Wisconsin-Madison, August 2021 – May 2022

First Year Experience Practicum Trainee

- Provided in-person individual counseling to UW-Madison students and community members with a wide spectrum of presenting concerns including interpersonal trauma, attachment issues, shame, LGBTQ+ identities, depression, anxiety, and body image.
- Wrote letters of support for Transgender and Nonbinary (TNB) clients.
- Provided a case presentation using the interpersonal process therapy.

## **Pre-Practicum Trainee**, Counseling Psychology Training Clinic (CPTC)

University of Wisconsin-Madison, January 2021 – May 2021

Pre-Practicum Trainee

## Master's Counseling Trainee, University Counseling Center

Korea University, Sept 2018 – Dec 2018

Practicum Trainee

# RESEARCH EXPERIENCES

2021 Fall – **Research Staff,** University of Wisconsin-Madison

Clinical Trial Study for Psychotherapy with Transgender, Two-Spirit, and Nonbinary People of Color

Supervisor: Stephanie Budge

- Participated in the grant-writing process (\$250,000) for a clinical trial research to increase access for psychotherapy for Transgender, Two-Spirit, and Nonbinary People of Color using the radical healing framework
- Interviewed with participants pre-intervention
- Manuscript writing on study findings

# 2020 Fall – Lab Member, University of Wisconsin-Madison

Trans CARE (Counseling, Advocacy, Research, and Education) Collaborative Supervisor: Stephanie Budge

• Weekly research meetings with trans researchers and community members examining using the community based participatory research.

## 2018 – 2020 **Graduate Research Student, Korea University**

The Brain Korea 21 Plus Project

- Performed data analysis for counseling research using SPSS, AMOS, and Mplus.
- Assisted in data-collection and data-coding

# 2018 – 2020 **Graduate Researcher**, Korea University

Counseling Lab under Professor Bora Lee

- Conducted a grounded theory research on *Perceived sex-role differences* among Korean transgender individuals in workplace pre- and post-transition as the first author
- Conducted semi-structured individual interviews with sixteen Korean transgender individuals.
- Transcribed the interview
- Analyzed the data
- Manuscript writing

# 2014 – 2016 **Plan of Concentration,** Marlboro College

Department of Economics under Professor John Rush

- A 2-year intensive research and writing project (15,000 words, APA style)
- Participated in extensive collaboration with faculty
- Formally reviewed and evaluated by two faculty sponsors as well as an outside evaluator with an expertise in the subject area
- Completion of Clear Writing Program in 2013

# **PROFESSIONAL AFFILIATIONS**

2021 – 2022	Co-Chair Cultural Assessment Subcommittee for the Task Force on Sexism and Cissexism Division 44, American Psychological Association (APA)
2021 – Present	Professional Organization Member American Psychological Association (APA) American Psychological Association of Graduate Students (APAGS) Society of Counseling Psychology (SCP) (Division 17) Society for the Psychological Study of LGBT Issues (Division 44) The Division of Trauma Psychology (APA Division 56)
2020 – 2021	Activist Korean Transgender Rights Organization, Jogakbo
2020 – Present	Professional Organization Member Korean LGBTQ+ Researcher Network
2018 - 2020	Professional Organization Member

Updated 10/21/23.

Korean Counseling Association-International Chapter

2018 – Present **Professional Organization Member** 

The Korean Counseling Psychological Association, LGBT Counseling Division

2018 – Present **Professional Organization Member** 

The Korean Counseling Psychological

Association

# REFERENCES

Dr. Stephanie Budge Dr. Bora Lee

Professor of Counseling Psychology
University of Wisconsin – Madison

Professor of Counseling
Korea University

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