

# Arterial Wall Mechanics

## Introduction

Arteries are blood vessels that carry freshly oxygenated blood from the heart throughout the rest of the body. They are layered structures with the intima inside, followed by the media and the adventitia. The two outer layers are predominantly responsible for the mechanical behavior of healthy arteries. Both layers are made of collagenous soft tissue that show prominent strain stiffening. Families of collagen fibers give each layer anisotropic properties. These fiber-reinforced structures enable blood vessels to sustain large elastic deformations.

The Holzapfel-Gasser-Ogden (HGO) constitutive model described in Ref. 1 captures the anisotropic, nonlinear mechanical response observed in experiments on excised arteries.

This example model demonstrates how this hyperelastic material is implemented in COMSOL Multiphysics, and the results are compared to those reported in Ref. 1.

## Model Definition

The model geometry represents a sector of a carotid artery from a rabbit. Following Ref. 1, the media and adventitia are modeled as a layered cylindrical tube. Model symmetry allows the use of a 2D axisymmetric model. The main dimensions are reported in Figure 1.

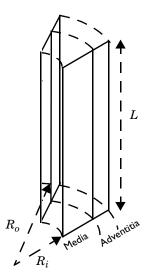


Figure 1: Carotid artery section of L=2.5 mm in length. The inner radius  $R_i$  is 0.71 mm, the outer radius  $R_o$  is 1.1 mm, the media thickness is 0.26 mm, and the adventitia thickness is 0.13 mm.

Typical mechanical experiments measure the response of arterial sections subject to combined axial stretch and internal blood pressure. The following set of boundary conditions replicate these experiments: On the bottom surface, a symmetry boundary condition is applied, which allows the bottom end of the artery to expand freely in the radial direction. On the top surface, prescribed displacements in the axial direction account for the axial stretching. The internal pressure is applied with a pressure boundary load on the inner surface.

This model considers axial stretches between 1.5 and 1.9 and internal pressures between 0 and 160 mmHg. The mechanical response in this range is highly nonlinear, resulting in large elastic deformations, and it is described mathematically within the theory of hyperelasticity.

The HGO model is an incompressible, anisotropic hyperelastic material model defined by an isochoric strain energy density. The incompressibility condition implies adding a volumetric stress  $S_{\rm vol}$ ,

$$S_{\text{vol}} = -p_{\text{w}}JC^{-1}$$

The auxiliary pressure  $p_w$  ensures the incompressibility with the weak equation

weak = 
$$(J-1)$$
test $(p_w)$ 

The isochoric strain energy density is defined by a function of the form

$$W_{e} = W_{1} + W_{4} + W_{6} \tag{1}$$

The three terms on the right-hand side of Equation 1 depend on invariants of the elastic, isochoric right Cauchy-Green deformation tensor. Here, the first term describes the mechanical behavior of the isotropic ground substance. The strain energy density function  $W_1$  depends on one material parameter c and the first invariant  $\overline{I}_1 = tr(\overline{C}_{el})$ , defined in the same fashion as for an incompressible neo-Hookean material (see Ref. 3 for more details)

$$W_1 = \frac{c}{2}(\overline{I_1} - 3) \tag{2}$$

The second and third terms on the right-hand side of Equation 1 describe the mechanical contribution of the collagen fiber network. Following Ref. 4, these expressions are written as

$$W_i = \frac{k_1}{2k_2} (e^{Q_i} - 1), i = 4, 6$$
 (3)

$$Q_{i} = k_{2} [k_{3} \overline{I_{1}} + (1 - 3k_{3}) \overline{I_{i}} - 1]^{2}, i = 4, 6$$
(4)

Herein, the fiber network is reduced to two families of fibers with equal material properties  $k_1, k_2$ , and  $k_3$ . The parameter  $k_1$  represents the fiber stiffness (SI unit: Pa),  $k_2$  is a dimensionless tuning parameter, and  $k_3$  is the fiber dispersion. A family i of fibers is defined by a vector field  $\mathbf{a}_{0i}$  of unit length in the reference configuration. The fibers deform under the action of the isochoric deformation gradient, so that  $\overline{F_{el}} \cdot \mathbf{a}_{0i}$  describes the fiber vector in the current configuration. The length of  $\overline{F_{el}} \cdot \mathbf{a}_{0i}$  is the fiber stretch, which can be used in the constitutive equations. The HGO model uses the square of the fiber stretches according to the invariants

$$\overline{I}_{i} = (\overline{F}_{ol} \cdot \mathbf{a}_{0i}) \cdot (\overline{F}_{ol} \cdot \mathbf{a}_{0i}) = \mathbf{a}_{0i} \cdot \overline{C}_{ol} \cdot \mathbf{a}_{0i}, i = 4, 6$$
(5)

Following the example in Ref. 1, the two fiber families are assumed to be oriented at an angle  $\pm \beta_i$  with respect to the circumferential direction of the artery. The subscript j = M, A indicates that the angle differs between the media and the adventitia. You can find a detailed background of the HGO model formulation in Ref. 1, Ref. 2, and Ref. 4.

In this example, the mechanical properties of both the media and the adventitia are assumed to be governed by these expressions. Each layer has a distinct set of material parameters  $c, k_1$ , and  $k_2$ , and  $k_3$  and the initial fiber directions  $\mathbf{a}_{0i}$  are aligned at different angles.

MATERIAL

The material parameters for the media and the adventitia are given in the following table.

Material properties (Ref. 1)	Value, media	Value, adventitia
c	3[kPa]	0.3[kPa]
$k_1$	2.3632[kPa]	0.5620[kPa]
$k_2$	0.8393	0.7112
β	29[deg]	62[deg]

## Results and Discussion

The initial alignment of the fiber families in the media and the adventitia is shown in Figure 2.

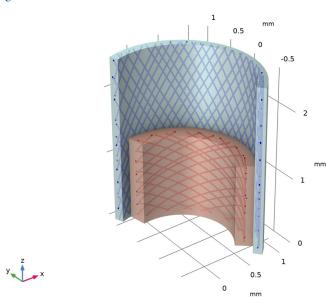


Figure 2: Fiber layout in the media (inner, red) and the adventitia (outer, blue), shown in the undeformed configuration. Note the different angles between the fiber families.

Figure 3 shows the radial stress distribution through the wall thickness at an axial stretch of 1.9 and an internal pressure of 160 mmHg.

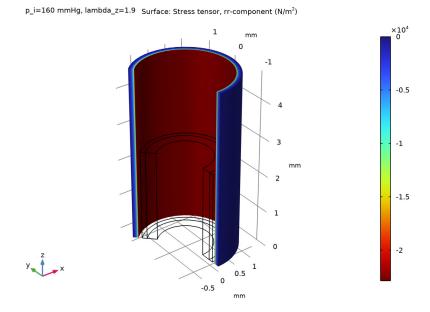


Figure 3: Radial stress distribution in the artery wall at an axial stretch of 1.9 and 160 mmHg internal pressure.

The internal pressure is plotted as a function of the inner radius of the artery for pressures from 0 to 160 mmHg and axial stretches of 1.5, 1.7, and 1.9 in Figure 4. The results are in excellent agreement with the data reproduced from Ref. 1.

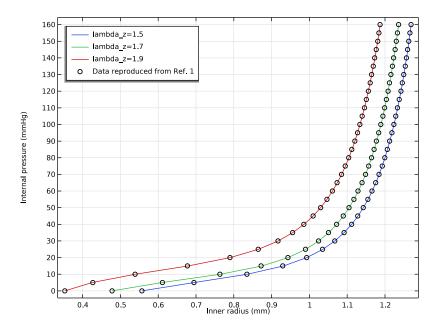


Figure 4: Plot of internal pressure vs. inner radius for three different axial stretches. Data reproduced from Ref. 1 (circles) coincide with the model results.

# References

- 1. G. Holzapfel, T. Gasser, and R. Ogden, "A New Constitutive Framework for Arterial Wall Mechanics and a Comparative Study of Material Models," J. Elasticity, vol. 61, pp. 1-48, 2000.
- 2. G. Holzapfel, Nonlinear Solid Mechanics: A Continuum Approach for Engineering, John Wiley & Sons, 2000.
- 3. Nonlinear Structural Materials Module User's Guide, COMSOL Multiphysics.
- 4. T. Gasser, R. Ogden, and G. Holzapfel, "Hyperelastic modelling of arterial layers with distributed collagen fibre orientations", J. R. Soc. Interface, vol 3, pp. 15-35, 2006.

# Notes About the COMSOL Implementation

The most important aspect in this model is the implementation of the HGO material model with the Fiber feature.

There are two fiber families in each arterial layer. The mathematical expressions in the HGO model are the same for the media (M) and the adventitia (A), except for the different material parameters.

The initial fiber directions are identified with the use of user-defined rotated coordinate systems. Four coordinate systems are necessary, one for each fiber family. They are oriented in such a way that their second axis is aligned with the fiber directions.

The mechanical behavior of the elastic ground substance is defined in the **Hyperelastic** Material parent node (one for the media and one for the adventitia) with the use of an incompressible neo-Hookean model to define the isotropic function  $W_1$  as in Equation 2.

The mechanical contribution of the collagen fiber network is accounted for with an anisotropic contribution to the isochoric strain energy  $(W_4+W_6)$ . The **Fiber** feature is used to compute such strain energy densities. Add a Fiber feature for each fiber family, two for the media and two for the adventitia. Only the operation for the first family of fibers in the media is discussed below. Similar operations are performed for all other fiber families.

In the settings for the **Fiber** feature, select the appropriate rotated reference system as a reference coordinate system. Then in the *Orientation* section select the orientation of the fiber ( $\mathbf{a}_{01M}$ ) to be aligned with the second axis ( $x_2$ ).

The **Fiber** feature automatically computes the corresponding invariant  $\overline{I}_i$  according to Equation 5 in order to compute the strain energy function  $W_i$  in Equation 3.

The option Stiffness in tension only is already activated for the HGO model and it sets the fiber stress and strain energy to zero if the fiber stretch is smaller than one. This means that the fibers only contribute to the stress when they are in extension.

Activate the option Contribute to total stress to add the fiber strain energy directly to the total energy. This option allows to consider the fibers and the ground substance as a single anisotropic material and the resulting stress will account for all contributions.

This model also shows how to use the fiber direction variables to plot the orientation of the fiber families (see Figure 2). The COMSOL implementation takes care of the mapping from the global coordinate system in a 2D axisymmetric model to the cylindrical coordinate system used in the revolved result plots.

Application Library path: Nonlinear Structural Materials Module/ Hyperelasticity/arterial wall mechanics

From the File menu, choose New.

#### NEW

In the New window, click Model Wizard.

#### MODEL WIZARD

- I In the Model Wizard window, click 2D Axisymmetric.
- 2 In the Select Physics tree, select Structural Mechanics>Solid Mechanics (solid).
- 3 Click Add.
- 4 Click Study.
- 5 In the Select Study tree, select General Studies>Stationary.
- 6 Click M Done.

#### **GLOBAL DEFINITIONS**

Load all model parameters from a file containing parameters for the geometry, the material properties, and the boundary conditions.

#### Parameters 1

- I In the Model Builder window, under Global Definitions click Parameters I.
- 2 In the Settings window for Parameters, locate the Parameters section.
- 3 Click Load from File.
- 4 Browse to the model's Application Libraries folder and double-click the file arterial wall mechanics parameters.txt.

Now add an interpolation function for importing the pressure versus radius data reproduced from Ref. 1. Use it for comparison.

Interpolation I (intl)

- I In the Home toolbar, click f(x) Functions and choose Global>Interpolation.
- 2 In the Settings window for Interpolation, locate the Definition section.
- 3 From the Data source list, choose File.
- 4 Click **Browse**.
- **5** Browse to the model's Application Libraries folder and double-click the file arterial\_wall\_mechanics\_pressure\_radius.txt.

This file contains the data adapted from Ref. 1.

- 6 In the Number of arguments text field, type 1.
- 7 Click | Import.
- **8** Find the **Functions** subsection. In the table, enter the following settings:

Function name	Position in file
hgo_pr_1_5	1
hgo_pr_1_7	2
hgo_pr_1_9	3

**9** Locate the **Units** section. In the **Argument** table, enter the following settings:

Argument	Unit
Column I	kPa

**10** In the **Function** table, enter the following settings:

Function	Unit
hgo_pr_I_5	mm
hgo_pr_I_7	mm
hgo_pr_I_9	mm

#### **GEOMETRY I**

Construct the model geometry by drawing a circumferential cross-section of the artery. Use Layers to divide it into two domains corresponding to the Media and the Adventitia.

- I In the Model Builder window, under Component I (compl) click Geometry I.
- 2 In the Settings window for Geometry, locate the Units section.
- 3 From the Length unit list, choose mm.

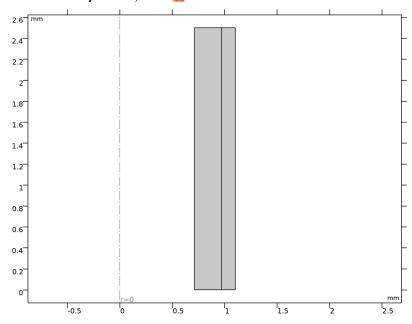
Rectangle I (rI)

- I In the Geometry toolbar, click Rectangle.
- 2 In the Settings window for Rectangle, locate the Size and Shape section.
- 3 In the Width text field, type Ro-Ri.
- 4 In the Height text field, type L.
- **5** Locate the **Position** section. In the **r** text field, type Ri.

**6** Click to expand the **Layers** section. In the table, enter the following settings:

Layer name	Thickness (mm)
Layer 1	НА

- 7 Clear the Layers on bottom check box.
- 8 Select the Layers to the right check box.
- 9 In the Geometry toolbar, click | Build All.



## **DEFINITIONS**

Define coordinate systems. These are used to define the initial directions of all fiber families.

Rotated System Media Fiber Family I

- I In the **Definitions** toolbar, click **Coordinate Systems** and choose **Rotated System**.
- 2 In the Settings window for Rotated System, type Rotated System Media Fiber Family 1 in the Label text field.
- 3 Locate the Rotation section. From the Input method list, choose General rotation.
- 4 Find the Euler angles subsection. In the  $\beta$  text field, type betaM.
- 5 Locate the Origin section. From the Frame list, choose Material (R, PHI, Z).

6 Right-click Rotated System Media Fiber Family I and choose Duplicate.

Rotated System Media Fiber Family 2

- I In the Model Builder window, under Component I (compl)>Definitions click Rotated System Media Fiber Family 1.1 (sys3).
- 2 In the Settings window for Rotated System, type Rotated System Media Fiber Family 2 in the Label text field.
- 3 Locate the Rotation section. Find the Euler angles subsection. In the  $\beta$  text field, type betaM.
- 4 Right-click Rotated System Media Fiber Family 2 and choose Duplicate.

Rotated System Adventitia Fiber Family 1

- I In the Model Builder window, under Component I (compl)>Definitions click Rotated System Media Fiber Family 2.1 (sys4).
- 2 In the Settings window for Rotated System, type Rotated System Adventitia Fiber Family 1 in the Label text field.
- **3** Locate the **Rotation** section. Find the **Euler angles** subsection. In the  $\beta$  text field, type betaA.
- 4 Right-click Rotated System Adventitia Fiber Family 1 and choose Duplicate.

Rotated System Adventitia Fiber Family 2

- I In the Model Builder window, under Component I (compl)>Definitions click Rotated System Adventitia Fiber Family 1.1 (sys5).
- 2 In the Settings window for Rotated System, type Rotated System Adventitia Fiber Family 2 in the Label text field.
- **3** Locate the **Rotation** section. Find the **Euler angles** subsection. In the  $\beta$  text field, type betaA.

#### MATERIALS

Create the materials for the media and the adventitia.

Material (Media)

- I In the Model Builder window, under Component I (compl) right-click Materials and choose Blank Material.
- 2 In the Settings window for Material, locate the Geometric Entity Selection section.
- 3 In the list, select 2.
- 4 Click Remove from Selection.

- **5** Select Domain 1 only.
- 6 In the Label text field, type Material (Media).

## Material (Adventitia)

- I Right-click Materials and choose Blank Material.
- 2 In the Settings window for Material, type Material (Adventitia) in the Label text field
- 3 Select Domain 2 only.

## SOLID MECHANICS (SOLID)

- I In the Model Builder window, under Component I (compl) click Solid Mechanics (solid).
- 2 In the Settings window for Solid Mechanics, locate the Structural Transient Behavior section.
- **3** From the list, choose **Quasistatic**.

## Hyperelastic Material (Media)

- I In the Physics toolbar, click **Domains** and choose Hyperelastic Material.
- 2 In the Settings window for Hyperelastic Material, type Hyperelastic Material (Media) in the Label text field.
- **3** Select Domain 1 only.

## Hyperelastic Material (Adventita)

- I In the Physics toolbar, click **Domains** and choose Hyperelastic Material.
- 2 In the Settings window for Hyperelastic Material, type Hyperelastic Material (Adventita) in the Label text field.
- **3** Select Domain 2 only.
- **4** Locate the **Hyperelastic Material** section. From the **Compressibility** list, choose **Incompressible**.

## Hyperelastic Material (Media)

- I In the Model Builder window, click Hyperelastic Material (Media).
- 2 In the Settings window for Hyperelastic Material, locate the Hyperelastic Material section.
- 3 From the Compressibility list, choose Incompressible.

#### Fiber Family 1

- I In the **Physics** toolbar, click **Attributes** and choose **Fiber**.
- 2 In the Settings window for Fiber, type Fiber Family 1 in the Label text field.

- 3 Locate the Coordinate System Selection section. From the Coordinate system list, choose Rotated System Media Fiber Family I (sys2).
- 4 Locate the Orientation section. From the a list, choose Second axis.
- **5** Locate the **Fiber Model** section. Select the **Contribute to total stress** check box.
- 6 Right-click Fiber Family I and choose Duplicate.

## Fiber Family 2

- I In the Model Builder window, under Component I (compl) > Solid Mechanics (solid) > Hyperelastic Material (Media) click Fiber Family 1.1.
- 2 In the Settings window for Fiber, type Fiber Family 2 in the Label text field.
- 3 Locate the Coordinate System Selection section. From the Coordinate system list, choose Rotated System Media Fiber Family 2 (sys3).

## Hyperelastic Material (Adventita)

In the Model Builder window, under Component I (compl)>Solid Mechanics (solid) click Hyperelastic Material (Adventita).

## Fiber Family 1

- I In the Physics toolbar, click \_\_\_ Attributes and choose Fiber.
- 2 In the Settings window for Fiber, type Fiber Family 1 in the Label text field.
- 3 Locate the Coordinate System Selection section. From the Coordinate system list, choose Rotated System Adventitia Fiber Family I (sys4).
- 4 Locate the Fiber Model section. Select the Contribute to total stress check box.
- 5 Locate the Orientation section. From the a list, choose Second axis.
- 6 Right-click Fiber Family I and choose Duplicate.

## Fiber Family 2

- I In the Model Builder window, under Component I (compl)>Solid Mechanics (solid)> Hyperelastic Material (Adventita) click Fiber Family 1.1.
- 2 In the Settings window for Fiber, type Fiber Family 2 in the Label text field.
- 3 Locate the Coordinate System Selection section. From the Coordinate system list, choose Rotated System Adventitia Fiber Family 2 (sys5).

#### Symmetry Plane 1

- I In the Physics toolbar, click Boundaries and choose Symmetry Plane.
- 2 Select Boundaries 2 and 5 only.

## Prescribed Displacement I

- I In the Physics toolbar, click Boundaries and choose Prescribed Displacement.
- 2 Select Boundaries 3 and 6 only.
- 3 In the Settings window for Prescribed Displacement, locate the Prescribed Displacement section.
- 4 From the Displacement in z direction list, choose Prescribed.
- **5** In the  $u_{0z}$  text field, type (lambda\_z-1)\*L.

## Boundary Load 1

- I In the Physics toolbar, click Boundaries and choose Boundary Load.
- 2 Select Boundary 1 only.
- 3 In the Settings window for Boundary Load, locate the Force section.
- 4 From the Load type list, choose Pressure.
- **5** In the *p* text field, type p i.

#### MESH I

## Mabbed I

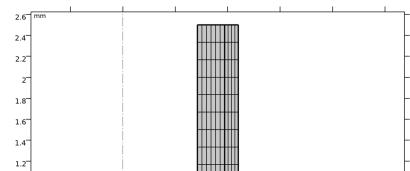
In the Mesh toolbar, click Mapped.

## Distribution I

- I Right-click Mapped I and choose Distribution.
- 2 Select Boundary 2 only.
- 3 In the Settings window for Distribution, locate the Distribution section.
- **4** In the **Number of elements** text field, type 6.

#### Distribution 2

- I In the Model Builder window, right-click Mapped I and choose Distribution.
- 2 Select Boundary 5 only.
- 3 In the Settings window for Distribution, locate the Distribution section.
- 4 In the Number of elements text field, type 4.



5 In the Model Builder window, right-click Mesh I and choose Build All.

## MATERIALS

1

0.6 0.4 0.2

Material (Media) (mat1)

-0.5

Before solving, all necessary materials properties should be defined using the model parameters loaded.

1.5

2.5

I In the Model Builder window, under Component I (compl)>Materials click Material (Media) (matl).

0.5

- 2 In the Settings window for Material, locate the Material Contents section.
- **3** In the table, enter the following settings:

Property	Variable	Value	Unit	Property group
Lamé parameter $\mu$	muLame	сМ	N/m²	Lamé parameters
Density	rho	rhoM	kg/m³	Basic
Fiber stiffness	kIHGO	k1M	Pa	Holzapfel-Gasser- Ogden

Property	Variable	Value	Unit	Property group
Model parameter	k2HGO	k2M	I	Holzapfel-Gasser- Ogden
Fiber dispersion	k3HGO	k3M	I	Holzapfel-Gasser- Ogden

Material (Adventitia) (mat2)

- I In the Model Builder window, click Material (Adventitia) (mat2).
- 2 In the Settings window for Material, locate the Material Contents section.
- **3** In the table, enter the following settings:

Property	Variable	Value	Unit	Property group
Lamé parameter μ	muLame	cA	N/m²	Lamé parameters
Density	rho	rhoA	kg/m³	Basic
Fiber stiffness	kIHGO	k1A	Pa	Holzapfel-Gasser- Ogden
Model parameter	k2HGO	k2A	I	Holzapfel-Gasser- Ogden
Fiber dispersion	k3HGO	k3A	I	Holzapfel-Gasser- Ogden

#### STUDY I

Now set up a study to compute the static response of the artery segment subject to combined axial stretch and internal pressure.

- I In the Model Builder window, click Study I.
- 2 In the Settings window for Study, locate the Study Settings section.
- 3 Clear the Generate default plots check box.

You will not need the default plots in this model.

## Step 1: Stationary

- I In the Model Builder window, under Study I click Step I: Stationary.
- 2 In the Settings window for Stationary, click to expand the Study Extensions section.
- 3 Select the Auxiliary sweep check box.
- 4 Click + Add.

**5** In the table, enter the following settings:

Parameter name	Parameter value list	Parameter unit
lambda_z (Axial stretch)	1.5 1.7 1.9	

The parameter lambda\_z controls the axial stretch.

- 6 Click + Add.
- 7 In the table, enter the following settings:

Parameter name	Parameter value list	Parameter unit	
p_i (Internal pressure)	range(0,5,160)	mmHg	

Use p\_i to vary the internal pressure from 0 to 160 mmHg in steps of 5 mmHg.

- 8 From the Sweep type list, choose All combinations.
- **9** From the Reuse solution from previous step list, choose Auto.

Using the Auto option for Reuse solution for previous step is suitable for this kind of multiparameter sweep with continuation.

Solution I (soll)

I In the Study toolbar, click Show Default Solver.

Using constant prediction for the continuation sweep improves the convergence when the solution is very nonlinear in the sweep parameter.

- 2 In the Model Builder window, expand the Solution I (soll) node.
- 3 In the Model Builder window, expand the Study I>Solver Configurations> Solution I (soll)>Stationary Solver I node, then click Parametric I.
- 4 In the Settings window for Parametric, click to expand the Continuation section.
- 5 From the Predictor list, choose Constant.
- 6 In the Study toolbar, click **Compute**.

#### RESULTS

I In the Model Builder window, expand the Results node.

Before you examine the results, create Revolution 2D datasets. These datasets create the 3D cylindrical geometry from the 2D axisymmetric plane that was used for the computation.

Sector Revolution

I In the Model Builder window, expand the Results>Datasets node.

- 2 Right-click Results>Datasets and choose Revolution 2D.
- 3 In the Settings window for Revolution 2D, type Sector Revolution in the Label text field.
- 4 Click to expand the Revolution Layers section. In the Start angle text field, type -90.
- 5 In the Revolution angle text field, type 225.

#### Full Revolution

- I In the Results toolbar, click More Datasets and choose Revolution 2D.
- 2 In the Settings window for Revolution 2D, type Full Revolution in the Label text field.

Now duplicate the datasets and add a selection for the media. Use these in one of the plots below.

## Study I/Solution I (soll)

In the Model Builder window, right-click Study I/Solution I (soll) and choose Duplicate.

#### Media

- I In the Model Builder window, under Results>Datasets click Study I/Solution I (2) (soll).
- 2 In the Settings window for Solution, type Media in the Label text field.

#### Selection

- I Right-click Media and choose Selection.
- 2 In the Settings window for Selection, locate the Geometric Entity Selection section.
- 3 From the Geometric entity level list, choose Domain.
- 4 Select Domain 1 only.

## Media Sector Revolution

- I In the Results toolbar, click More Datasets and choose Revolution 2D.
- 2 In the Settings window for Revolution 2D, type Media Sector Revolution in the Label text field.
- 3 Locate the Data section. From the Dataset list, choose Media (soll).
- 4 Locate the Revolution Layers section. In the Start angle text field, type -40.
- 5 In the Revolution angle text field, type 140.
- **6** Click to expand the **Advanced** section.

Now duplicate the datasets and add a selection for the adventitia. Use these in one of the plots below.

Study I/Solution I (soll)

In the Model Builder window, right-click Study I/Solution I (soll) and choose Duplicate.

#### Adventitia

- I In the Model Builder window, under Results>Datasets click Study I/Solution I (3) (soll).
- 2 In the Settings window for Solution, type Adventitia in the Label text field.

#### Selection

- I Right-click Adventitia and choose Selection.
- 2 In the Settings window for Selection, locate the Geometric Entity Selection section.
- 3 From the Geometric entity level list, choose Domain.
- 4 Select Domain 2 only.

## Adventitia Sector Revolution

- I In the Results toolbar, click More Datasets and choose Revolution 2D.
- 2 In the Settings window for Revolution 2D, type Adventitia Sector Revolution in the Label text field.
- 3 Locate the Data section. From the Dataset list, choose Adventitia (soll).
- 4 Locate the Revolution Layers section. In the Start angle text field, type -50.
- 5 In the Revolution angle text field, type 160.

Create a 3D plot group for the radial stress distribution.

## Radial Stress

- I In the Results toolbar, click **3D Plot Group**.
- 2 In the Settings window for 3D Plot Group, type Radial Stress in the Label text field.

#### Surface I

- I In the Radial Stress toolbar, click Surface.
- 2 In the Settings window for Surface, click Replace Expression in the upper-right corner of the Expression section. From the menu, choose Component I (compl)>Solid Mechanics> Stress>Stress tensor (spatial frame) - N/m2>solid.sGprr - Stress tensor, rr-component.
- 3 Locate the Coloring and Style section. From the Color table transformation list, choose Reverse.

## Deformation I

- I In the Radial Stress toolbar, click Topology Deformation.
- 2 In the Settings window for Deformation, locate the Scale section.
- 3 Select the Scale factor check box. In the associated text field, type 1.

- 4 In the Radial Stress toolbar, click Plot.
- 5 Click the Go to Default View button in the Graphics toolbar.

Create a 1D plot group to compare the pressure versus radius relationship with the data from Ref. 1.

#### Pressure vs. Radius

- I In the Home toolbar, click Add Plot Group and choose ID Plot Group.
- 2 In the Settings window for ID Plot Group, type Pressure vs. Radius in the Label text field.
- 3 Click to expand the **Title** section. From the **Title type** list, choose **None**.
- 4 Locate the Plot Settings section.
- 5 Select the x-axis label check box. In the associated text field, type Inner radius (mm).
- 6 Select the y-axis label check box. In the associated text field, type Internal pressure (mmHg).
- 7 Select the Flip the x- and y-axes check box.
- 8 Locate the Legend section. From the Position list, choose Upper left.

## Point Grabh 1

- I Right-click Pressure vs. Radius and choose Point Graph.
- 2 Select Point 1 only.
- 3 In the Settings window for Point Graph, click Replace Expression in the upper-right corner of the y-Axis Data section. From the menu, choose Component I (compl)> Geometry>Coordinate (spatial frame)>r - r-coordinate.
- 4 In the Pressure vs. Radius toolbar, click Plot.
- **5** Click to expand the **Legends** section. Select the **Show legends** check box.
- **6** Find the **Include** subsection. Clear the **Point** check box.

## Global I

- I In the Model Builder window, right-click Pressure vs. Radius and choose Global.
- 2 In the Settings window for Global, locate the Data section.
- 3 From the Dataset list, choose Study I/Solution I (soll).
- 4 From the Parameter selection (lambda\_z) list, choose Last.

**5** Locate the **y-Axis Data** section. In the table, enter the following settings:

Expression	Unit	Description
hgo_pr_1_5(p_i)	mm	Interpolation 1

This is the interpolation function with data from Ref. 1. It returns the inner radius as a function of the internal pressure at an axial stretch of 1.5, 1.7, and 1.9.

- 6 Click to expand the Coloring and Style section. Find the Line style subsection. From the Line list, choose None.
- **7** From the **Color** list, choose **From theme**.
- 8 Find the Line markers subsection. From the Marker list, choose Circle.
- 9 From the Positioning list, choose In data points.
- 10 Click to expand the Legends section. From the Legends list, choose Manual.
- II In the table, enter the following settings:

Legen	ıds			
Data	reproduced	from	Ref.	1

12 Right-click Global I and choose Duplicate.

## Global 2

- I In the Model Builder window, click Global 2.
- 2 In the Settings window for Global, locate the y-Axis Data section.
- **3** In the table, enter the following settings:

Expression	Unit	Description
hgo_pr_1_7(p_i)	mm	Interpolation 1
hgo_pr_1_9(p_i)	mm	Interpolation 1

- 4 Locate the Legends section. Clear the Show legends check box.
- 5 In the Pressure vs. Radius toolbar, click **Plot**.

Create a 3D plot group to display the fiber path.

#### Fiber Direction

- I In the Home toolbar, click Add Plot Group and choose 3D Plot Group.
- 2 In the Settings window for 3D Plot Group, type Fiber Direction in the Label text field.
- **3** Locate the **Plot Settings** section. Clear the **Plot dataset edges** check box.
- 4 Click to expand the **Title** section. From the **Title type** list, choose **None**.

#### Adventitia

- I Right-click Fiber Direction and choose Volume.
- 2 In the Settings window for Volume, type Adventitia in the Label text field.
- 3 Locate the Data section. From the Dataset list, choose Adventitia Sector Revolution.
- **4** Locate the **Expression** section. In the **Expression** text field, type 1.
- 5 Locate the Coloring and Style section. From the Coloring list, choose Uniform.
- **6** From the **Color** list, choose **Custom**.
- 7 On Windows, click the colored bar underneath, or if you are running the crossplatform desktop — the **Color** button.
- 8 Click Define custom colors.
- **9** Set the RGB values to 224, 255, and 255, respectively.
- **10** Click **Add to custom colors**.
- II Click Show color palette only or OK on the cross-platform desktop.

#### Transbarency 1

- I Right-click Adventitia and choose Transparency.
- 2 In the Settings window for Transparency, locate the Transparency section.
- **3** Set the **Transparency** value to **0.2**.

#### Adventitia

In the Model Builder window, right-click Adventitia and choose Duplicate.

#### Media

- I In the Model Builder window, under Results>Fiber Direction click Adventitia I.
- 2 In the Settings window for Volume, type Media in the Label text field.
- 3 Locate the Data section. From the Dataset list, choose Media Sector Revolution.
- 4 Locate the Coloring and Style section. Click Define custom colors.
- **5** Set the RGB values to 252, 199, and 178, respectively.
- 6 Click Add to custom colors.
- 7 Click Show color palette only or OK on the cross-platform desktop.

#### Filter I

- I Right-click Media and choose Filter.
- 2 In the Settings window for Filter, locate the Element Selection section.
- 3 In the Logical expression for inclusion text field, type Z<L/2 && R<(Ri+HM\*0.99).

Fiber Family Adventitia 1

- I In the Model Builder window, right-click Fiber Direction and choose Streamline.
- 2 In the Settings window for Streamline, type Fiber Family Adventitia 1 in the Label text field.
- **3** Locate the **Expression** section. In the **R-component** text field, type solid.hmm2.fib1.aOR.
- **4** In the **PHI-component** text field, type solid.hmm2.fib1.aOPHI.
- **5** In the **Z-component** text field, type solid.hmm2.fib1.a0Z.
- 6 Locate the Data section. From the Dataset list, choose Adventitia Sector Revolution.
- 7 Locate the Streamline Positioning section. From the Positioning list, choose Uniform density.
- 8 In the Separating distance text field, type 0.06.
- 9 Locate the Coloring and Style section. Find the Point style subsection. From the Color list, choose Blue.
- **10** Find the **Line style** subsection. From the **Type** list, choose **Tube**.
- II Right-click Fiber Family Adventitia I and choose Duplicate.

Fiber Family Adventitia 2

- I In the Model Builder window, under Results>Fiber Direction click Fiber Family Adventitia 1.1.
- 2 In the Settings window for Streamline, type Fiber Family Adventitia 2 in the Label text field.
- **3** Locate the **Expression** section. In the **R-component** text field, type solid.hmm2.fib2.aOR.
- **4** In the **PHI-component** text field, type solid.hmm2.fib2.a0PHI.
- **5** In the **Z-component** text field, type solid.hmm2.fib2.a0Z.
- **6** Click to expand the **Inherit Style** section. From the **Plot** list, choose Fiber Family Adventitia 1.

Fiber Family Adventitia 1

In the Model Builder window, right-click Fiber Family Adventitia I and choose Duplicate.

Fiber Family Media 1

I In the Model Builder window, under Results>Fiber Direction click Fiber Family Adventitia 1.1.

- 2 In the Settings window for Streamline, type Fiber Family Media 1 in the Label text field.
- 3 Locate the Data section. From the Dataset list, choose Media Sector Revolution.
- **4** Locate the **Expression** section. In the **R-component** text field, type solid.hmm1.fib1.aOR.
- 5 In the PHI-component text field, type solid.hmm1.fib1.aOPHI.
- **6** In the **Z-component** text field, type solid.hmm1.fib1.a0Z.
- 7 Locate the Streamline Positioning section. In the Separating distance text field, type 0.1.
- 8 Locate the Coloring and Style section. Find the Point style subsection. From the Color list, choose Red.

#### Filter I

- I Right-click Fiber Family Media I and choose Filter.
- 2 In the Settings window for Filter, locate the Element Selection section.
- 3 In the Logical expression for inclusion text field, type Z<L/2 && R<(Ri+HM\*0.99).

## Fiber Family Media 1

Right-click Fiber Family Media I and choose Duplicate.

## Fiber Family Media 2

- I In the Model Builder window, under Results>Fiber Direction click Fiber Family Media 1.1.
- 2 In the Settings window for Streamline, type Fiber Family Media 2 in the Label text field.
- 3 Locate the Expression section. In the R-component text field, type solid.hmm1.fib2.aOR.
- 4 In the **PHI-component** text field, type solid.hmm1.fib2.aOPHI.
- **5** In the **Z-component** text field, type solid.hmm1.fib2.a0Z.
- 6 Locate the Inherit Style section. From the Plot list, choose Fiber Family Media 1.
- 7 In the Fiber Direction toolbar, click Plot.
- 8 In the Graphics window toolbar, click ▼ next to Scene Light, then choose Ambient Occlusion.