

EDUCATION & PROFESSIONAL CERTIFICATIONS

National University of Singapore Professional Certificate in Clinical Practice and CBT Foundations for Adults	2024
National University of Singapore Bachelor of Arts with Honours (Psychology); Grade: Distinction (2:1)	2019 – 2023

RELEVANT PROFESSIONAL DEVELOPMENT

National University of Singapore Data Literacy Programme (Intermediate)	Jan 2025
National University of Singapore (Yong Loo Lin School of Medicine) Fundamentals of Cognitive Behavioural Therapy	Nov 2024
Samaritans of Singapore & CAMS-care Collaborative Assessment and Management of Suicidality [here]	Aug 2024
American Psychiatric Association Motivational Interviewing for People with Serious Mental Illness [here]	Jun 2024

PROFESSIONAL EXPERIENCE

NUS Office of the President (Health and Wellbeing) <i>Associate Psychologist (Senior Executive)</i>	Feb 2024 – Present
<ul style="list-style-type: none">• Led data science efforts by implementing models that forecast trends, optimise resource allocation, and enhance client outcomes• Spearheaded frontline clinical operations, managing a caseload of >30 new clinical staff cases monthly• Conducted bi-weekly intake sessions for clients under clinical supervision from registered clinical psychologists• Delivered on-site crisis interventions, using evidence-based techniques (CBT) to de-escalate and stabilise individuals in acute distress• Built a dynamic tiered care system with JavaScript and Python to automate mental health tiered care assignment for >48,000 students• Automated the entire online therapy registration workflow for staff [here], incorporating innovative risk flagging methods• Designed and implemented Prophet and Gradient Boosting models, achieving a 11% average prediction error over a 10 year period• Analysed large datasets (>350,000 counseling appointments) to inform NUS' mental health strategy alongside Chief Wellbeing Officer	
Ministry of Social and Family Development (Child Protective Services) <i>Child Protection Officer (Assistant Manager)</i>	Jul 2023 – Feb 2024
<ul style="list-style-type: none">• Led triage processes for child protection cases, ensuring timely and accurate intake management of violence and abuse cases.• Screened inquiries and allocated cases to appropriate agencies using standardized assessment tools to streamline workflows• Conducted social investigations and case management involving alleged abuse or neglect by the parents or caregivers of children• Provided emotional support to children and families, demonstrating empathy in high-stress and sensitive situations• Leveraged R, Python, and Power BI to optimize data extraction, predictive modeling, and risk assessment processes• Developed an automated reverse-geocoding tool to map child protection case locations, enhancing geographic accuracy	

Temasek Trust <i>Communications and Engagement Intern</i>	Jan 2023 – Jun 2023
Singapore Prison Service (Psychological and Correctional Rehabilitation Division) <i>Research Intern</i>	May 2022 – Jul 2022
Ministry of Social and Family Development (Child Protective Services) <i>Child Protection Intern (Intake-ALERT)</i>	Dec 2021 – Feb 2022
NUS Office of the President (Health and Wellbeing) <i>Communications and Branding Assistant</i>	Jul 2021 – Jul 2022
Singapore Police Force (Police Psychological Services Department) <i>Research Intern</i>	Sep 2021 – Dec 2021
Central Narcotics Bureau (Communications Division) <i>Communications Intern</i>	May 2021 – Jul 2021
NUS Situated Goal Pursuit Lab <i>Undergraduate Research Assistant</i>	Jan 2021 – Jul 2021
Singapore Police Force (Airport Police Division) <i>Police Officer (Ground Response Force)</i>	Apr 2017 – Feb 2019

RELEVANT RESEARCH

1. **Yap, J.,** & Chu, J. (2025, June). *Network psychopathology: leveraging vulnerability and simulation methods for mental health triaging* [Oral presentation]. International Mental Health Conference 2025, Australia [\[here\]](#)
2. **Yap, J.,** Yeo, D., Chu, J., & Tay, A. (2025, February). *Making sense of risk: NUS' data-driven approach* [Poster presentation]. Global Mental Health in Asia 2025, Singapore. [\[here\]](#)
3. **Yap, J.** (2024, December). *Analysing mental health discourse on mindline.sg* [Poster presentation]. Higher Education Conference in Singapore (HECS) 2024, Singapore. [\[here\]](#)

RELEVANT SKILLS

- Branding and Illustrations (e.g., Photoshop, Illustrator, Figma)
- Coding Languages and Software (e.g., HTML, CSS, JavaScript, React, Python, PowerBI)
- R Studio (e.g., data wrangling, web scraping, geospatial analysis)

RELEVANT AWARDS

NUS SPOT Award (2024)

Recognised for outstanding performance and contributions in mental health innovation at the National University of Singapore

Home Team Achievement Award (2018)

Awarded for significant contributions and cross-agency teamwork in the Singapore Police Force