

From: [Nishanthiy D/O Balasamy \(IMH\)](#)
To: [Johnathan Yap](#)
Subject: SMHC 2025 Poster Specifications and Submission Guidelines
Date: Monday, 21 April 2025 11:25:09 am

- External Email -

Dear Johnathan YAP Wen Jie

Thank you for submitting your abstract titled “Monte Carlo Simulation for Optimising University Mental Health Services” to Singapore Mental Health Conference 2025. We are pleased to inform you that your abstract has been accepted.

Please find below the specifications and guidelines for submission of your finalised poster:

Poster Guidelines

TITLE¹

Presenting author's name, and name(s) of co-author(s)²

Affiliation(s) of author(s)³

Brief instructions:

1. The title should be in uppercase, bold and font size 88.
2. Author's/authors' name(s) should be in bold. The name of the presenting author should be underlined. The presenting author need not be the first author.
3. Affiliation(s) of author(s) should be in italic.

All texts should be in Calibri, font size 35. Font size may be adjusted to allow for sufficient space. Please ensure that the words and pictures on the poster can be easily viewed and read.

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Poster Specifications

- A0 size (841mm x 1189mm)
- Portrait Orientation
- Full Colour Hardcopy Poster
- Matte lamination
- Kindly proofread before printing.
- PDF version of the poster to be emailed to SMHC Secretariat at smhc@imh.com.sg by **15 June 2025**.

More details on the onsite logistics will be provided soon. If you have yet to register for the conference, you may do so via our website link [Registration](#)

Thank you.

SMHC 2025 Secretariat

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