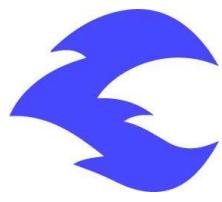


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每一分钟都会变得更好@小火苗

精 彩 课 程 马 上 开 始

I SPARK YOUR DREAM

Spark®

智能过级包 4G 套餐1P2+系统



麦姐今日答疑：

1. 系统班将于**3月**开课，过级包即将邮寄，**需要改地址**的同学尽快联系客服。
2. 作业全做对了还要按照课上**精听步骤**练习吗？必须精听！做题不是唯一目的，更重要的是**积累**。另外，对的题目也可能**是蒙对的**.....必须分析**正确和错误原因**。
3. 只练习课上给的内容就够了吗？目前需要按照要求完成布置的所有**课上**课后所有任务。
4. 怎样检验自己是否听懂了？**盲听**可以跟上**大意**。然后进行**强化训练**（影子，倍速）

**四级听力
寒假班**

(4)

-雯雯老师-

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Paraphrasing

同义替换1

Like many people who have lived for a
while , I simply got about it. I can't
imagine living my professional or social life
without .

同义替换1

Like many people who have lived **overseas** for a while , I simply got **crazy** about it. I can't imagine living my professional or social life without **international interactions**.

和许多在海外生活过一段时间的人一样，我对此很感兴趣。无法想象在没有国际交流的情况下，我的职业生活或社交生活是什么样子。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
- f. He grew up in a poor single-parent family.
- g. It is practiced in most of the states.
- h. It is hard to get rid of.

同义替换2

I was asked to go up on the stage and taste the beef dish that was being prepared and _____.

同义替换2

I was asked to go up on the stage and taste the beef dish that was being prepared and tell what I thought.

他们叫我上台品尝刚做好的牛肉，并要我点评一下。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
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同义替换3

Dr. Ben Carson grew up in a poor _____ parent _____ in Detroit.

同义替换3

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Dr. Ben Carson grew up in a poor single-parent **household** in Detroit.

本·卡森医生在底特律——一个贫穷的单亲家庭长大。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
- f. He grew up in a poor single-parent family.
- g. It is practiced in most of the states.
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同义替换4

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To his classmates and even to his teachers he was thought of as the _____ kid in his class.

同义替换4

To his classmates and even to his teachers, he was thought of as the **dumbest** kid in the class, according to his own not so fond memories.

根据他自己不那么美好的回忆，他的同学们，甚至老师，都认为他是班上最笨的孩子。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
- f. He grew up in a poor single-parent family.
- g. It is practiced in most of the states.
- h. It is hard to get rid of.

同义替换5

Everybody says, "Oh, I'd love to retire and get a _____. But it seems to me that it's actually very _____. "

同义替换换5

Everybody says, "Oh, I'd love to retire and get a **country pub**." But it seems to me that it's actually **very hard work**.

每个人都说，“哦，我想退休，开个乡村酒吧。”
但在我看来，这是一项非常艰苦的工作。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
- f. He grew up in a poor single-parent family.
- g. It is practiced in most of the states.
- h. It is hard to get rid of.

同义替换6

But almost any _____, when it's _____, can make a person think he needs it all the time. By this time, it's too late and the person is _____.

同义替换6

But almost any **drug**, when it's **misused**, can make a person think he needs it all the time. By this time, it's too late and the person is **hooked**.

但几乎任何药物，一旦滥用，你就会觉得一直需要它。到这个时候，一切都太晚了，你已经上瘾了。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
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同义替换7

In the United States, _____ currently allow _____ for serious crimes such as murder.

同义替换7

In the United States, **36 states** currently allow **capital punishment** for serious crimes such as murder.

在美国，目前有**36个州**允许对谋杀等**严重罪行**判处**死刑**。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
- f. He grew up in a poor single-parent family.
- g. It is practiced in most of the states.
- h. It is hard to get rid of.

同义替换8

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In the state of South Carolina, a _____ murderer was given the _____ for a crime he committed while he was a _____.
A. condemned
B. condemned
C. condemned
D. condemned

同义替换8

In the state of South Carolina, a **convicted** murderer was given the **death penalty** for a crime he committed while he was a **minor**.

在南卡罗来纳州，一名在未成年时犯下罪行的杀人犯已被判处死刑。

(请选出相对应的同义替换)

- a. Stupid.
- b. It is a rather tough job.
- c. They have an intense interest in cross-cultural interactions.
- d. Taste the beef and give her comment.
- e. He was sentenced to death for a crime he committed as a minor.
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- g. It is practiced in most of the states.
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Key Words & Expressions

请写出你听到的单词或词组1

- deliver 递送，运输
- supplies 供应，补给
- value-added tax 增值税

听句子大意1

W : And how long does it take to deliver ?

M : Oh , I couldn't really say. It depends on how much work we've got and how many other orders there are to send out , you know.

—运送需要多长时间？

—我也说不准。取决于我们有多少工作量以及有多少需要派送的订单。

请写出你听到的单词2

- ancient 古老的
- legend 传奇
- flee 逃跑
- lightning rod 避雷针
- enlighten 启发
- electricity 电力

听句子大意2

In ancient China , they were used to carry ropes across rivers.

在中国古代，他们是用来把绳子送到河对岸的。

听句子大意3

For instance , Benjamin Franklin used the kite to prove that lightning is electricity.

例如，本杰明富兰克林曾使用风筝来证明闪电是电。

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听句子大意 4

But later on , it led to the invention of the lightning rod.

但是后来 , 它启发了人们发明避雷针。

请写出你听到的单词3

- interpreter 口译者
- context 环境，上下文
- facility 设施，设备
- event 事件，活动
- studio 演播室

四句子大意5

I have learnt many languages , but I have not mastered them the way ———— has.

听句子大意5

I have learnt many languages , but I have not mastered them the way a professional interpreter or translator has.

我学了很多种语言，但没有专业的口译或笔译员那样精通。

听句子大意6

Once , just after I returned from my year in Vienna. I was asked to translate for a German judge at an Olympic level horse event and learned a lot about the sport.

我刚从维也纳回来，就被邀请去一个奥林匹克级别的赛马比赛为一个德国裁判做翻译。我从中学到了很多。

请写出你听到的单词4

- temper 脾气
- critical 关键的，批评的
- strategy 策略
- mark 标记，标志
- ultimately 最终
- destruction 破坏
- convince 使信服
- submit 提交
- soar 猛增

听句子大意7

Dr. Carson was _____ of _____ until a critical moment in his youth.

听句子大意7

Dr. Carson was headed down a path of self-destruction until a critical moment in his youth.

Dr. Carson走上了——条自毁之路，直到青年时期的——个关键时刻。

听句子大意8

She would put check marks on them like she had been reading them.

她会在已经读过的地方做标记。

听句子大意9

As he _____ of hard work, his grades began to _____. Ultimately he _____ to attend Yale University.

听句子大意9

As he got in the habit of hard work, his grades began to soar. Ultimately he received a scholarship to attend Yale University.

因为养成了勤奋的习惯，他的成绩开始迅速上升。最终他获得了耶鲁大学的奖学金。

请写出你听到的单词5

- qualification 资格
- diploma 文凭
- shorthand 速记
- turn down 拒绝
- old-fashioned 老派的
- pub 酒吧
- variety 多样，种类
- off and on 间歇地

Rep of Na. Uni →

Psy. Diseases.

Maj. Fac. For:

- 1: 休
2. 轉
3. 自殺 (80's 中)

So:

Edu. Pl. warn!:

/lʌyEdu. *atten. ↑

Bec: It →

* fac 1. heal 2. uni's 穩

According to reports from each national university, diseases resulted from psychological problems have become the major factor for suspension of schooling, dropout and even suicide since middle 1980s. So people in fields of university education warn that the mental quality education for college students should be paid more and more attention to, for this problem has become the striking factor affecting the health of university students and the university's steadiness.

听句子大意10

M: Any qualifications?

W: Yes. I gained a shorthand and typing diploma at evening classes?

—你有资格证书吗？

—我在夜校获得了速记与打字文凭。

听句子大意11

I thought I'd like to be a policewomen. But they turned me down because I was too short.

我想当警察。但是因为我太矮被拒绝了。

听句子大意12

I've been involved with pubs off and on for ten years.

我开酒吧,断断续续有10年了。

请写出你听到的单词6

- substance 物质，实质
- physical 身体的
- soft drink 软饮
- drug abuse 药物滥用
- illegal 非法的
- recreation 娱乐，消遣
- routine 例行的

听句子大意 13

A drug is a _____. It can bring about a _____, _____, or _____ change in people.

听句子大意13

A drug is a chemical substance. It can bring about a physical, emotional, or mental change in people.

药物是一种化学物质。它能给人带来生理上、情感上或心理上的变化。

听句子大意14

Drug abuse is the use of a drug, legal or illegal,
that hurts a person or someone close to him.

药物滥用是以合法或非法的手段使用药物，
它会伤害——个人或他亲近的人。

听句子大意15

_____ take drugs to _____. They use drugs with
friends or at parties to _____ of things.

听句子大意15

Recreational users take drugs to get high.They use drugs with friends or at parties to get into the mood of things.

以取乐为目的的吸食者服用药物来获得快感。他们和朋友在聚会上使用毒品来进入情绪状态。他

请写出你听到的单词7

- recover 恢复
- frozen 冻结的
- consumer 消费者
- sacrifice 牺牲
- low-fat 低脂
- vitamin 维他命
- expectation 预期
- implication 含义；暗示
- positive 积极的
- item 条款，项目，物品
- accomplish 完成

听句子大意16

The Healthy Choice product line was carefully tested with consumers before being introduced to the general public.

向介绍给公众之前，Healthy Choice的产品线经过仔细的了消费者测试。

听句子大意17

According to the firm's vice-president of marketing and sales," We benefited from low expectations."

该公司负责市场营销和销售的副总裁表示，“我们受益于低期望值。

听句子大意 18

The name Healthy Choice was chosen for the _____ it held for consumers.

听句子大意18

The name Healthy Choice was chosen for the positive implication it held for consumers.

选择Healthy Choice这个名字是为了给消费者带来积极的暗示。

请写出你听到的单词8

- capital punishment 死刑，极刑
- death penalty 死刑
- execute 执行
- appeal 上诉
- sentence 判决

听句子大意 19

In other words, is it right for _____ who kill
when they are _____—that is, under the age of
18—to receive the _____?

听句子大意19

In other words, is it right for convicted murderers who kill when they are minors—that is, under the age of 18—to receive the death penalty?

换句话说，一个未成年人，也就是不到18岁的人，因为谋杀被判处死刑，这样的做法正确吗？

听句子大意20

The lawyer argued that it is wrong to

_____ while he was a minor.

听句子大意20

The lawyer argued that it is wrong to execute a person for a crime he committed while he was a minor.

律师称判决一个在未成年人死刑这种做法是错误的。

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WEAK FORM

Schwa sound /ə/

- I like a cup of tea in the morning.
- Could you get a packet of biscuits?
- Can you give it to me?
- I had an apple for lunch today.
- I can speak two languages.
- I borrowed it from my brother.

Schwa sound /ə/

- I like **a** cup **of** tea in the morning.
- Could you get a packet **of** biscuits?
- Can you give it **to** me?
- I had **an** apple **for** lunch **to**day.
- I **can** speak two languages.
- I borrowed it **from** my brother.

Consonant + h

- I really like his cooking.
- We think he's left the country.
- They let him leave early.
- They offered her a promotion.
- He looks like he's had an accident.

Consonant + h (his, her, him, he)

- I really like his cooking.
- We think he's left the country.
- They let him leave early.
- They offered her a promotion.
- He looks like he's had an accident.

the /ðə/ /ðɪ/

- In a restaurant, I always order **the** apple pie.
- I think **the** autumn is **the** best time of year.
- The earlier I get up, **the** happier I am.
- It's **the** one over there.
- I prefer **the** orange one.

have— /əv/

- Your parcel should' **ve** been delivered yesterday.
- I would' **ve** done it differently.
- We might' **ve** made a mistake.
- The police' **ve** arrived.
- I'd**ve** stayed home.

American English & British English

- 元音字母+r : 美

purpose burglar chairman dirty

The early bird catches the worm.

- 元音开口大/j/ : 英/a:/ —美 /ɑ:/

last demand castle command example

odd lock sock watch because monopoly

- flap /t/ 美

chapter matter bottle better

American & British

Spark

- fertile hostile missile fragile
- laboratory, record, schedule, vitamin

浊化

在音节开头如果有两个在一起的清辅音，第二个清辅音要浊化。常见于 “s” “x” 后。

sp, sb

st, sd

sk, sg

str, sdr

Spark

sport

space

speak

stair

skirt

stream

stand

street

skate

strike

start

steam

sky

strict

spoon

stick

ski

string

spray

school

string

experience

explain

expert

extend

extend

extra

英文精听大法好

Spark

预测选项
播放录音
边听边答

查-听-背-读
彻底弄明白
每一个细节

倍速听力
或影子练习
加强反应速度

预测听音频做题

核对扫盲

强化训练

逐句听1-3遍

盲听全文

不要超过3遍
3遍过后还听不出
进入到下一步
不看原文
盲听1-3遍



本周任务

- 把课上词句听到/读到滚瓜烂熟。
- 微信公众号 “[是雯雯老师啊](#)” 回复 “寒假四级”，每周讲解10篇练习（每天更新2篇）。
- 按照 “[雯雯精听大法好](#)” 完成全部练习精听。



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#星火英语四六级过级包# 微博打卡活动

一起度过四六级备考的每一天

***** 如何打卡 *****

分享你今天的心情

晒一晒你的学习笔记

秀一秀你的课后作业

Po下你今天的学习鼓励餐

.....

有什么新鲜事想告诉大家？

已输入62字

#星火英语四六级过级包#写上自己的学习总结，心得体会，备考宣言，晒晒学习笔记.....
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祝贺你！

顺利完成寒假阶段学习！

系统课程3月正式开始。

虐耳班预计2月底上线。

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道阻且长，行之将至。

路漫漫其修远兮。

Chinese New Year 20XX The Year Of XX
HAPPY NEW YEAR

春節