



Cooking and Cuisine

Cooking actions:

- chop, slice, dice, cube
- stir, mix, peel, wash, season
- bake, fry, deep-fry, stir-fry, boil, steam, grill

Phrases for preparing:

- Batter it in breadcrumbs...
- Cook on low heat for 20 minutes.
- Cook until golden brown.
- Stir-fry the onions and slowly add the sauce.
- Steam it for 15 minutes and let it cool.
- Next, you need to...
- Once that's done, make sure to...
- When it's finished...

Phrases to connect events:

To make stir-fried tomato and eggs, you will need three eggs (or more, if you prefer), 2 chopped and peeled tomatoes, sesame oil, salt, sugar, olive oil, and scallions. You can add diced ginger if you like. Also, you'll need steamed rice on the side.

Add two tablespoons of olive oil into a preheated wok and wait for oil to heat up. Next, add diced scallions, and when you smell the aroma of the scallions, beat the eggs and pour them into the pan. Once they are almost fully cooked, pour them back into the mixing bowl.

Reheat the pan and add another tablespoon of olive oil. If you're using ginger, add that, then immediately add the tomatoes and cook them until they start turning golden brown, then put in the sesame oil, a tablespoon

of sugar, and a few pinches of salt, to taste. Finally, add the eggs into the wok and stir-fry for another two minutes.

Turn off the heat and let it cool for five minutes. Serve over steamed white rice.

Assignment:

Write down a recipe for something you know how to cook. Be as detailed as you can. Then, assign it to one of your friends and see how it comes out!