

# EmpathOS: A Mental Health Chatbot

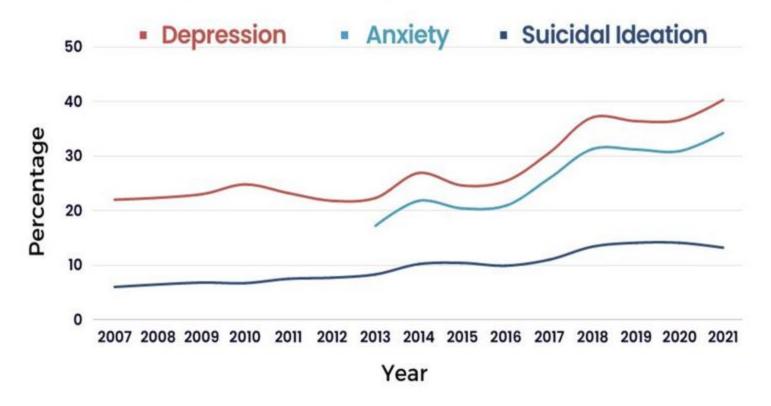
— transforming conversations into compassionate supportfor unresolved mental health challenges

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### **Problem Statement**

- Rates of depression and anxiety in college trended upward over the past 10 years.
- With increased demand, it can be harder for students to access the mental care service.

#### Percentage of College Students Experiencing Depression, Anxiety, or Suicidal Ideation



We aim to develop a mental health chatbot that offers confidential, immediate support with referrals to professional resources.

### Our Audiences

Our target audiences are individuals who are facing mental health challenges, with a specific focus on the following groups:

- Teenagers
- College students
- Young adults



What makes our solution different from existing options?





# Value Proposition

**Targeted Support:** We focus on specific groups instead of generic responses

**Evidence-based Conversations:** RAG allows our chatbot to learn from the latest research in mental health.

### How it benefits our

### users

24/7 Support

Accessible anytime, unlike traditional services restricted by appointments.

### Scientifically Backed

RAG ensures that users are not only receiving empathetic support but also scientifically backed information.

### Safe Space

Our secure chatbot ensures confidential exploration of mental health concerns.

# Scalability and Efficiency

#### **1** Technical Scalability

Leveraging Google Cloud services like **Cloud Run** or **GKE** enables the chatbot to auto-scale during peak times and downsize as demand decreases.

#### Performance Optimization

**RAG** enables accurate, context-aware responses
Fine-tuning with **LoRA** boosts efficiency with minimal computation.

### **2** Infrastructure Considerations

#### Google Cloud Platform (GCP):

Offers scalable, secure solutions for mental health data with tools like Cloud Run and Pub/Sub.

#### Docker:

Enables consistent, portable deployments, simplifying environment management.

#### Vertex AI:

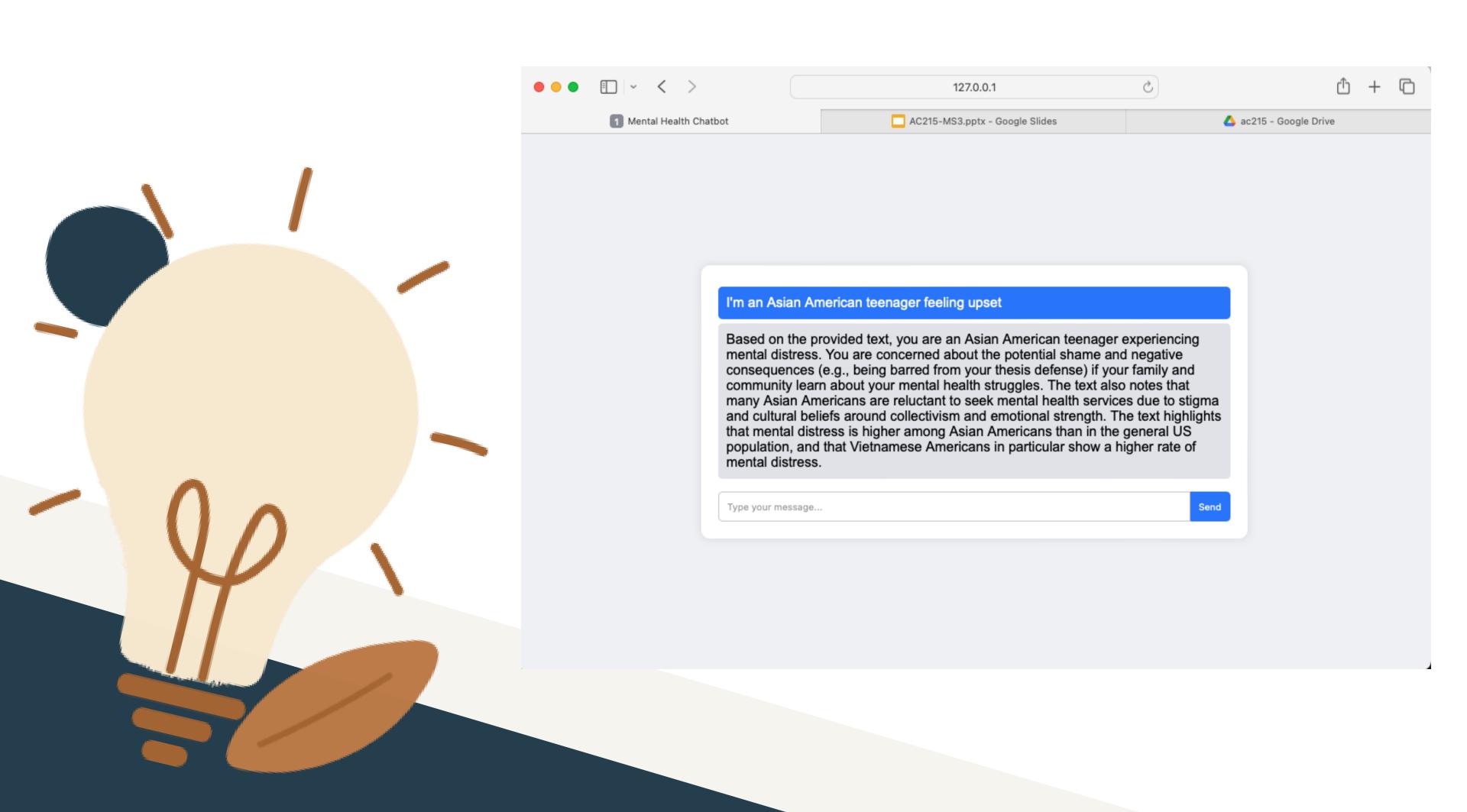
Streamlines model training, deployment, and monitoring for an always-updated, responsive chatbot.

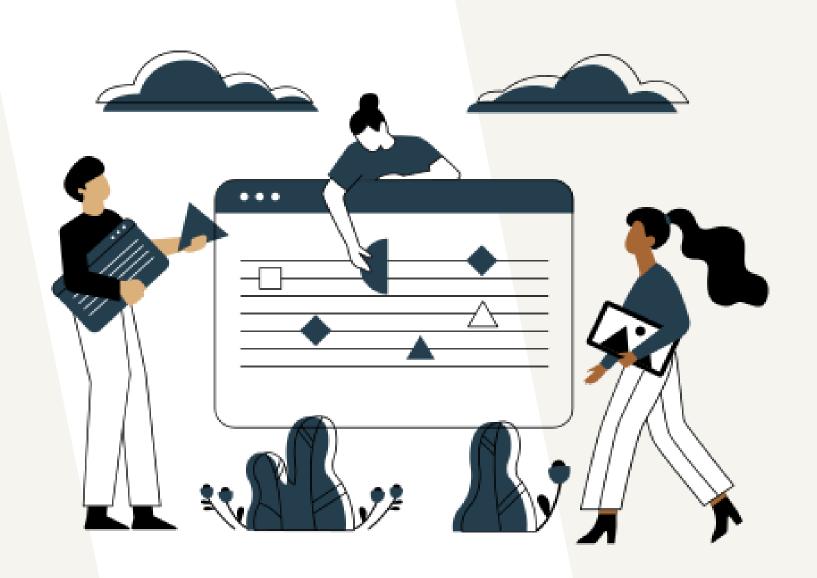
## **Next Steps**

- Model Optimization and
   Continuous Improvement
- Conduct UX Interviews and Gather Feedback
- Use services like Cloud Run and GKE for scalability



- Market Growth
  - Strategic Partnerships with
     Mental Health Institutions
  - Expansion into New User
     Groups and Markets





# Questions