

Spring 2024 Registration Sheet

Please check the box of each program in which you wish to participate. Carefully read the requirements of each program before signing up.

☐ **Expedited Book Mailings** – Check with the administration of your facility to be sure you are allowed to participate. If yes, please send a check for \$4.00 or some other means that is allowed at your prison to cover postage. Books are free, but the mailing cost is not. List types of books you want, and we will make the best match with our existing collection of books. **Checks should be made out to CTA/PE.**

Please fill in this if you order expedited books:

_____ Number of books allowed

_____ Soft cover only

_____ Hardcover and soft covered both allowed

Prisoner Express Permissions Form

I grant Prisoner Express the right to publish, in its newsletters and website, any work including essays, artwork and journal entries.

Please check boxes if you wish us to display your work in public]

☐ that I have sent to Prisoner Express in the past

☐ that I will ever send to Prisoner Express in the future, unless I clearly indicate on the work that I do not want it published.

Signature: _____

Print name/number _____

Address _____

☐ **Journal Project** – I will keep a Journal for a year, and I may share my entries with PE. Please send me a Journal Starter packet.

☐ **Poetry Project** – Please send me the next Prisoner Express Poetry Anthology Vol. 30. I understand that to receive the anthology I am required to submit a poem for consideration in the anthology.

☐ **Building Trades Primer** -- Learn about building site management and organization from a construction professional.

☐ **Advanced Climate Change Packet:** Our Heating Planet – Educate yourself and gain a deeper understanding of the changing climate and its effects on all beings.

☐ **Body Weight Fitness** – Use your body weight to develop an effective fitness routine.

☐ **Human Development** – Come learn the principles of human development and see what insights it provides into your own perception of your life and your place in the world.

☐ **Chess Club** – Yes, I want to receive a packet on how to improve my chess game, including strategies and challenging chess puzzles.

☐ **Puzzles** – Send me a booklet of puzzles and brainteasers.

☐ **Rattle Mag** – Send me a new issue of Rattle magazine [Note: Limited to first 500 responses.]

☐ **Meditation** – Send the meditation packet including a copy of Pema Chodron's book on Meditation.

☐ **Art Knows** – Come explore the world of art with Treacy. This packet will include instructions for our next art projects.

☐ **Paper Folding** – Learn to create animals and other shapes by folding paper.

☐ **Miscellaneous Essays** – Come explore the selection of essays that were submitted to the program, that Dayanara thought would be worth a read.