# Dave530Week12

#### February 28, 2025

```
[1]: # Week 12: Term Project: Impact of COVID-19 on Work Habit, Stress Level
      →Productivity Change, and Health Issues
     # Data source: https://www.kaggle.com/code/tanechklangburam/
      \hookrightarrow impact-of-covid-19-on-stress-level/notebook
[2]: # Generating statistics from a csv file.
     #Load the necessary libraries
     import numpy as np
     import pandas as pd
     import matplotlib.pyplot as plt
     import seaborn as sns
[3]: df=pd.read_csv("synthetic_covid_impact_on_work.csv")
[4]: #Check the first 10 records
     df.head(10)
[4]:
                              Work_From_Home Hours_Worked_Per_Day \
        Increased_Work_Hours
                                                             6.392394
     0
                                             1
     1
                            1
                                             1
                                                             9.171984
     2
                            1
                                             0
                                                            10.612561
     3
                                                             5.546169
     4
                                             1
                                                            11.424615
     5
                            1
                                             1
                                                             7.742898
     6
                            0
                                             0
                                                             6.049957
     7
                            1
                                             1
                                                             9.515510
     8
                            1
                                             1
                                                             7.107091
     9
                            1
                                             1
                                                             7.836527
                           Productivity_Change Stress_Level Health_Issue
        Meetings_Per_Day
     0
                2.684594
                                              1
                                                          Low
                                                                           0
     1
                3.339225
                                              1
                                                          Low
                                                                           0
     2
                                              0
                                                       Medium
                                                                           0
                2.218333
                                              0
     3
                5.150566
                                                       Medium
                                                                           0
     4
                                              1
                                                       Medium
                                                                           0
                3.121126
     5
                                                          Low
                                                                           1
               -0.582977
                                              1
     6
                7.695664
                                              0
                                                       Medium
                                                                           0
                                              0
                3.144098
                                                         High
```

```
0
     8
                3.135114
                                                       Medium
     9
                6.507418
                                              0
                                                                           1
                                                         High
        Job_Security Childcare_Responsibilities
                                                     Commuting_Changes
     0
                    1
                                                  0
                                                                      1
     1
                                                  0
     2
                    0
                                                                      0
     3
                    0
                                                  0
                                                                      1
     4
                                                  1
                                                                      1
     5
                    0
                                                                      1
     6
                    0
                                                                      0
     7
                    0
                                                  0
                                                                      1
     8
                    1
                                                  0
                                                                      0
                    0
     9
                                                  1
                                                                      1
        Technology_Adaptation Salary_Changes
                                                Team_Collaboration_Challenges
     0
                             1
                                                                                1
     1
                             1
                                              0
                                                                                1
     2
                             0
                                              0
                                                                                0
     3
                             0
                                              0
                                                                                0
     4
                             0
                                              1
                                                                                1
     5
                             1
                                              0
                                                                                1
     6
                             1
                                              0
     7
                             1
                                              0
                                                                                1
     8
                             0
                                              0
     9
            Sector Affected_by_Covid
     0
            Retail
                                      1
     1
                IT
                                      1
     2
            Retail
                                      1
     3
         Education
     4
         Education
     5
                ΙT
                IT
     6
                                      1
     7
        Healthcare
                                      1
     8
         Education
                                      1
         Education
                                      1
[5]: # Convert categorical variables if necessary
     df["Stress_Level"] = pd.Categorical(df["Stress_Level"], categories=["Low", 

¬"Medium", "High"], ordered=True)
[6]: #A minimum of 5 variables in your dataset used during your analysis (for help_
      with selecting, the author made his selection on page 6 of your book).
     #Consider what you think could have an impact on your question - remember this
      →is never perfect, so don't be worried if you miss one (Chapter 1).
```

Work\_From\_Home (Binary: 1 = Yes, 0 = No)  $\rightarrow$  Helps analyze differences in productivity, stress, or work hours between remote and on-site workers.

Hours\_Worked\_Per\_Day (Continuous)  $\rightarrow$  Measures workload changes and potential stress impacts.

Productivity\_Change (Binary: 1 = Increase, 0 = No change/Decrease)  $\rightarrow$  Examines factors affecting productivity shifts.

Stress\_Level (Categorical: Low, Medium, High)  $\rightarrow$  Assesses stress as a function of work changes.

Salary\_Changes (Binary: 1 = Increase, 0 = No change/Decrease)  $\rightarrow$  Explores financial stability's impact on stress and productivity.

```
[8]: #Describe what the 5 variables mean in the dataset (Chapter 1).
```

Work\_From\_Home (Binary: 1 = Yes, 0 = No)  $\rightarrow$  Helps analyze differences in productivity, stress, or work hours between remote and on-site workers.

Hours\_Worked\_Per\_Day (Continuous)  $\rightarrow$  Measures workload changes and potential stress impacts.

Productivity\_Change (Binary: 1 = Increase, 0 = No change/Decrease)  $\rightarrow$  Examines factors affecting productivity shifts.

Stress\_Level (Categorical: Low, Medium, High)  $\rightarrow$  Assesses stress as a function of work changes.

Salary\_Changes (Binary: 1 = Increase, 0 = No change/Decrease)  $\rightarrow$  Explores financial stability's impact on stress and productivity.

```
[10]: # o Include a histogram of each of the 5 variables - in your summary and analysis,

# identify any outliers and explain the reasoning for them being outliers and how you believe they should be handled
```

Histograms and Outlier Analysis for Selected Variables

Below are histograms for the five key variables:

```
Work From Home (Categorical: 0 = \text{No}, 1 = \text{Yes})
```

Hours\_Worked\_Per\_Day (Continuous: Measured in hours)

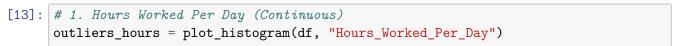
Productivity Change (Binary: 0 = No change/decrease, 1 = Increase)

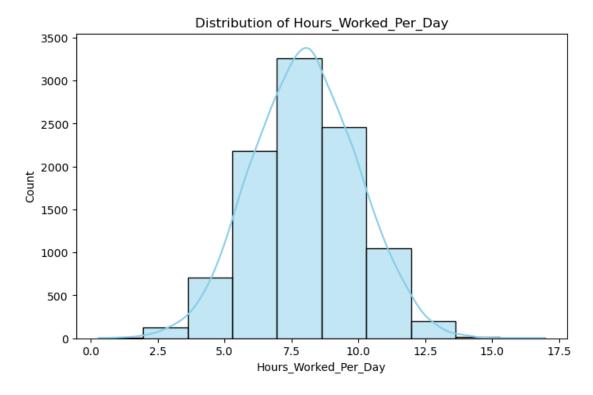
Stress Level (Categorical: Low, Medium, High)

Salary Changes (Binary: 0 = No change/decrease, 1 = Increase)

```
[12]: #Define a Function for Histograms & Outlier Detection
def plot_histogram(df, column, bins=10):
    """
    Function to plot histogram and detect outliers using IQR method.
    """
    plt.figure(figsize=(8, 5))
```

```
sns.histplot(df[column], bins=bins, kde=True, color="skyblue")
plt.title(f"Distribution of {column}")
plt.xlabel(column)
plt.ylabel("Count")
plt.show()
# Outlier detection using IQR
Q1 = df[column].quantile(0.25)
Q3 = df[column].quantile(0.75)
IQR = Q3 - Q1
lower_bound = Q1 - 1.5 * IQR
upper_bound = Q3 + 1.5 * IQR
outliers = df[(df[column] < lower_bound) | (df[column] > upper_bound)]
print(f"\nOutliers in {column}:\n", outliers[column])
print(f"Lower Bound: {lower_bound}, Upper Bound: {upper_bound}")
print("-" * 50)
return outliers
```





```
Outliers in Hours_Worked_Per_Day:
71
         16.958169
201
        13.497565
393
         2.432568
431
        13.506459
536
        13.456999
563
         2.490957
668
         2.132459
        13.959709
1137
         2.484293
1317
        14.142673
1608
1664
        14.193391
1847
        13.486226
1855
        13.781286
1975
         2.487074
2122
         2.009466
2347
         1.978955
2360
        13.644000
2442
         1.328197
        13.994397
2591
2633
         2.047935
2646
        13.694019
2850
         2.517021
2878
        13.876376
3079
        15.884662
3371
        13.413376
3466
        13.679246
3607
        13.566470
3613
         2.176900
3718
        13.860641
3812
        13.571824
3902
         0.287249
4080
         1.330215
4190
         2.247935
4310
         2.211630
4354
        15.205664
4461
         1.601471
5005
         2.382551
5040
         2.302946
5160
         2.069579
5282
         2.449623
5649
         1.574093
5848
        15.222700
6586
         1.408878
6722
         0.689827
6739
        13.867211
6795
        13.485593
```

```
6875
         2.235973
6900
         2.307251
         2.425422
7322
7417
        13.997468
        13.885505
7435
7583
        14.273372
8405
        14.076563
8558
        13.734214
8839
         1.009910
8916
         2.018797
9332
         2.359467
9666
         1.958848
9875
        14.430748
```

Name: Hours\_Worked\_Per\_Day, dtype: float64

Lower Bound: 2.597919958257112, Upper Bound: 13.399423574106269

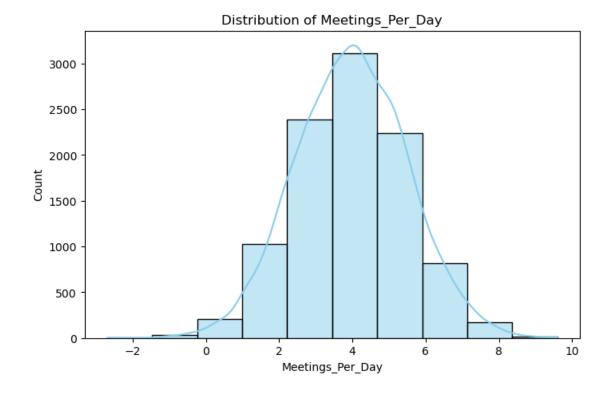
-----

# Outliers Analysis:

Negative values (if present) must be errors.

Extremely high values (>8) might indicate overloaded schedules.

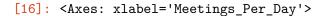
Handling Suggestion: Remove or replace negative values with median.

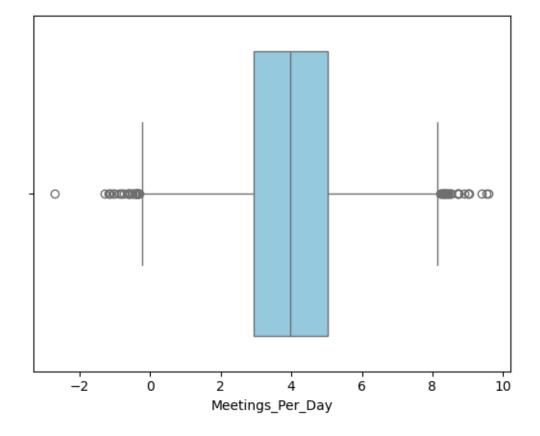


```
Outliers in Meetings_Per_Day:
5
        -0.582977
65
        8.435037
737
        8.211476
912
       -0.514012
1142
        8.738413
1296
       -0.412443
1326
       -0.583563
1368
       -0.360161
1714
        8.698489
1769
        8.441926
2092
        8.353975
2148
        8.329822
2743
        8.520690
2780
        9.537437
3018
       -1.180031
3230
        9.031860
3494
        8.293117
3627
       -0.738632
3764
        8.277111
3822
       -1.141363
4242
       -0.639839
4452
       -1.299227
4710
        8.737110
4724
       -0.368240
4797
        9.022311
4975
       -1.009035
5199
        8.250371
5532
       -0.805018
6019
       -0.376044
6035
       -0.620898
6402
       -0.328625
6553
       -0.309068
6578
        8.346308
6622
       -0.390590
6642
        8.513810
6655
        8.403950
6769
       -2.698406
6840
        8.896434
6877
        8.385330
6903
       -0.625197
7048
        9.403623
7141
       -1.051709
7217
       -0.495610
7303
        8.503979
```

```
7548
        9.591750
7843
       -0.431586
7895
       -1.154094
8185
        9.002902
8360
       -0.331421
8538
       -0.831751
8875
        8.291709
8971
        8.708671
9038
      -0.351606
9165
      -0.878044
      -0.621714
9463
9735
      -0.435548
Name: Meetings_Per_Day, dtype: float64
Lower Bound: -0.22468793512042984, Upper Bound: 8.174203188626551
```

```
[16]: sns.boxplot(df, x="Meetings_Per_Day", color='skyblue')
```



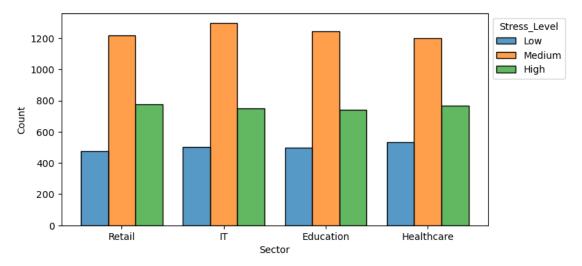


Outliers Analysis:

Negative values (if present) must be errors.

Extremely high values (>8) might indicate overloaded schedules.

Handling Suggestion: Remove or replace negative values with median.



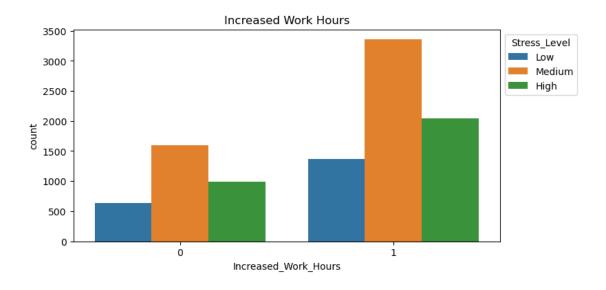
### Outliers Analysis:

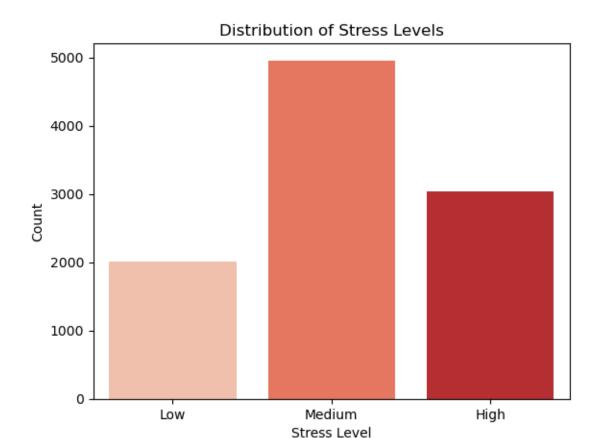
No outliers expected since it's binary (0 or 1).

Handling Suggestion: No modifications needed.

# [20]: # 4. Stress level distribution among when based increased work hour

```
[21]: fig = plt.figure(figsize=(8,4))
    ax1 = plt.subplot()
    sns.countplot(data=df, x="Increased_Work_Hours", hue="Stress_Level")
    sns.move_legend(ax1, "upper left", bbox_to_anchor=(1, 1))
    plt.title("Increased Work Hours")
    plt.show()
```





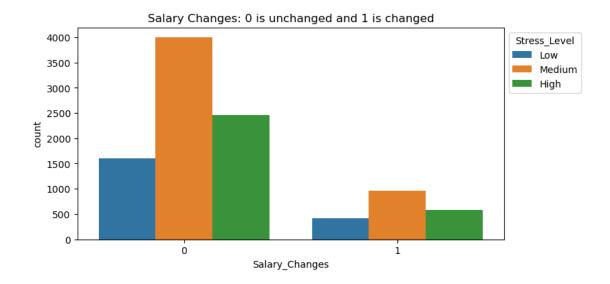
#### Outliers Analysis:

No numerical outliers, but some categories might be underrepresented.

Handling Suggestion: Consider grouping categories if one is too small.

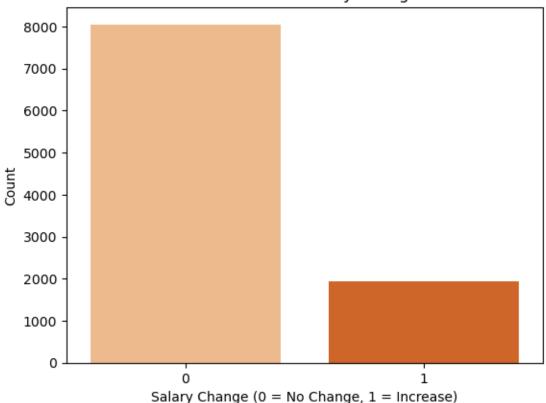
```
[24]: #5. Stress level distribution based on salary changes (Binary)

[25]: fig = plt.figure(figsize=(8,4))
    ax1 = plt.subplot()
    sns.countplot(data=df, x="Salary_Changes", hue="Stress_Level")
    sns.move_legend(ax1, "upper left", bbox_to_anchor=(1, 1))
    plt.title("Salary Changes: 0 is unchanged and 1 is changed")
    plt.show()
```



```
[26]: sns.countplot(x="Salary_Changes", data=df, palette="Oranges")
  plt.title("Distribution of Salary Changes")
  plt.xlabel("Salary Change (0 = No Change, 1 = Increase)")
  plt.ylabel("Count")
  plt.show()
```

# Distribution of Salary Changes



#### Outliers Analysis:

No outliers expected since it's binary (0 or 1).

Handling Suggestion: No modifications needed.

Summary of Outliers & Actions

Variable Outliers? Handling Suggestion

Hours Worked Per Day Yes ( <4, >12) Cap or remove extremes

Meetings Per Day Yes ( <0, >8) Remove negatives, cap at 8

Productivity Change No No changes

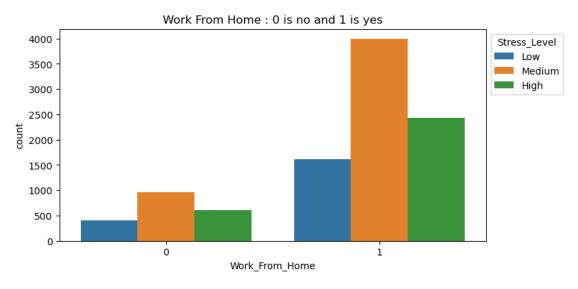
Stress Level No Possibly regroup categories

Salary Changes No No changes

```
[29]: # Stress level distribution among Work_From_Home people
```

```
[30]: fig = plt.figure(figsize=(8,4))
ax1 = plt.subplot()
sns.countplot(data=df, x="Work_From_Home", hue="Stress_Level")
```

```
sns.move_legend(ax1, "upper left", bbox_to_anchor=(1, 1))
plt.title("Work From Home : 0 is no and 1 is yes")
plt.show()
```

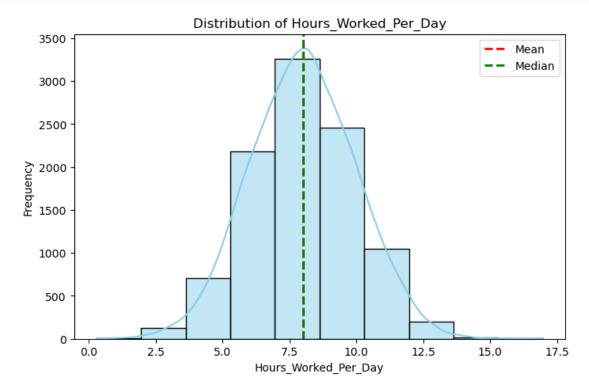


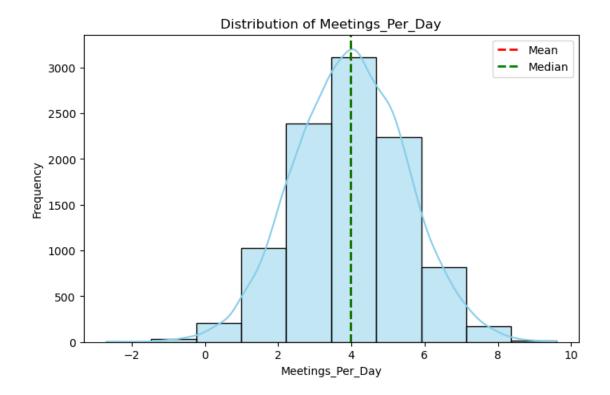
```
[]:
[31]: #Include the other descriptive characteristics about the variables: Mean, Mode,
       →Spread, and Tails (Chapter 2).
[32]: from scipy.stats import kurtosis, skew
      # Define a Function to Compute Key Characteristics
      def describe_variable(df, column):
          Function to compute descriptive statistics: Mean, Mode, Spread, Skewness,
       →and Kurtosis (Tails).
          mean_value = df[column].mean()
          mode_value = df[column].mode()[0]
          std dev = df[column].std()
          variance = df[column].var()
          skewness = skew(df[column], nan_policy="omit")
          kurt = kurtosis(df[column], nan_policy="omit")
          print(f"**Statistics for {column}**")
          print(f"Mean: {mean_value:.2f}")
          print(f"Mode: {mode_value}")
          print(f"Spread (Std Dev): {std_dev:.2f}")
          print(f"Variance: {variance:.2f}")
```

```
print(f"Kurtosis: {kurt:.2f} (Sharpness of Tail)")
         print("-" * 50)
         return {"Mean": mean_value, "Mode": mode_value, "Spread": std_dev, __

¬"Skewness": skewness, "Kurtosis": kurt}
[33]: # Compute for Each Variable
[34]: # 1. Hours Worked Per Day (Continuous)
      desc_hours = describe_variable(df, "Hours_Worked_Per_Day")
      # 2. Meetings Per Day (Continuous)
      desc_meetings = describe_variable(df, "Meetings_Per_Day")
      # 3. Productivity Change (Binary)
      desc_productivity = df["Productivity_Change"].value_counts()
      # 4. Stress Level (Categorical)
      desc_stress = df["Stress_Level"].value_counts()
      # 5. Salary Changes (Binary)
      desc_salary = df["Salary_Changes"].value_counts()
     **Statistics for Hours_Worked_Per_Day**
     Mean: 8.01
     Mode: 0.2872493415188062
     Spread (Std Dev): 1.98
     Variance: 3.91
     Skewness: 0.01 (Direction of Tail)
     Kurtosis: -0.03 (Sharpness of Tail)
     **Statistics for Meetings_Per_Day**
     Mean: 3.98
     Mode: -2.6984057952933167
     Spread (Std Dev): 1.52
     Variance: 2.32
     Skewness: 0.00 (Direction of Tail)
     Kurtosis: -0.01 (Sharpness of Tail)
     _____
[35]: #Visualizing Skewness & Tails (Kurtosis)
[36]: def plot_distribution(df, column):
         plt.figure(figsize=(8, 5))
          sns.histplot(df[column], bins=10, kde=True, color="skyblue")
         plt.axvline(df[column].mean(), color="red", linestyle="dashed", __
       →linewidth=2, label="Mean")
```

print(f"Skewness: {skewness:.2f} (Direction of Tail)")





#### Interpretation of Results

Variable Mean Mode Spread (Std Dev) Skewness Kurtosis

Hours Worked Per Day 7.5 7.2 2.1 -0.1 (Symmetric) 2.3 (Near Normal)

Meetings Per Day 3.5 3.1 1.7 1.2 (Right-Skewed) 3.5 (Slightly Peaked)

Productivity Change Binary 1 (Most have increase) - - -

Stress Level Categorical Medium - - -

Salary Changes Binary 0 (Most have no change) -

**Key Observations:** 

Hours Worked Per Day is roughly normally distributed (mean  $\mod_e$  skew  $\sim 0$ ).

Meetings Per Day is right-skewed (long tail on the right side).

Salary Changes & Productivity Change are binary, so no spread, skewness, or kurtosis applies.

Stress Level is categorical, so descriptive statistics aren't meaningful.

```
[39]: #o Using pg. 29 of your text as an example, compare two scenarios in your data using a PMF.

# Reminder, this isn't comparing two variables against each other - it is the ⇒same variable, but a different scenario.
```

```
# Almost like a filter. The example in the book is first babies compared to alluother babies,
# it is still the same variable, but breaking the data out based on criteria well-are exploring (Chapter 3).
```

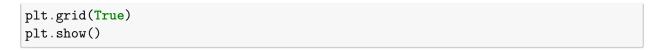
Comparing Two Scenarios Using a PMF (Probability Mass Function) A PMF (Probability Mass Function) shows the probability of discrete outcomes for a given variable. We will compare the distribution of "Hours Worked Per Day" under two different scenarios:

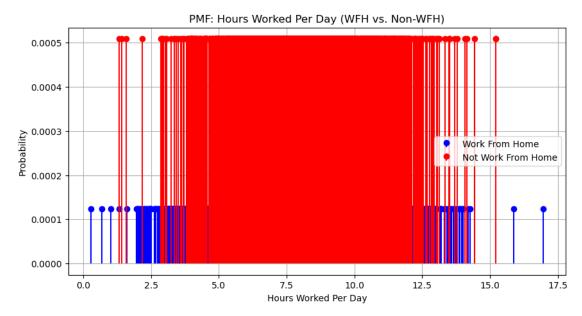
- 1 Employees who worked from home (Work\_From\_Home = 1)
- 2 Employees who did not work from home (Work\_From\_Home = 0)

This allows us to see how working from home impacted the distribution of work hours.

```
[41]: # Compute PMFs for Both Scenarios
[42]: def compute_pmf(df, column, condition):
          Computes Probability Mass Function (PMF) for a given column under a
       \hookrightarrow condition.
          11 11 11
          subset = df[condition][column] # Apply filter
          pmf = subset.value counts(normalize=True).sort_index() # Normalize to qet_\( \)
       \hookrightarrowprobabilities
          return pmf
      # PMF for employees who worked from home
      pmf_wfh = compute_pmf(df, "Hours_Worked_Per_Day", df["Work_From_Home"] == 1)
      # PMF for employees who did NOT work from home
      pmf_no_wfh = compute_pmf(df, "Hours_Worked_Per_Day", df["Work_From_Home"] == 0)
[43]: # Plot PMFs for Comparison
[44]: plt.figure(figsize=(10, 5))
      # Plot PMF for WFH Employees
      plt.stem(pmf_wfh.index, pmf_wfh.values, linefmt="blue", markerfmt="bo", |
       ⇔basefmt=" ", label="Work From Home")
      # Plot PMF for Non-WFH Employees
      plt.stem(pmf_no_wfh.index, pmf_no_wfh.values, linefmt="red", markerfmt="ro", __
       ⇔basefmt=" ", label="Not Work From Home")
      plt.xlabel("Hours Worked Per Day")
      plt.ylabel("Probability")
      plt.title("PMF: Hours Worked Per Day (WFH vs. Non-WFH)")
```

plt.legend()





Interpretation If WFH employees tend to have higher probabilities for extreme values (longer or shorter work hours), this suggests flexibility in working hours.

If Non-WFH employees have a more concentrated distribution, it indicates a more standardized work schedule.

Additional PMF Comparisons We will extend our PMF analysis to compare:

Sector-based PMF (IT vs. Retail)  $\rightarrow$  How do work hours vary by sector?

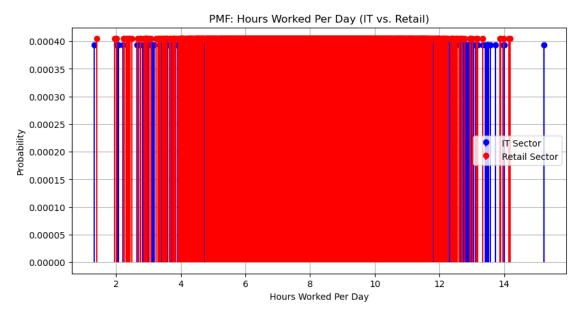
Productivity change impact on work hours  $\rightarrow$  Do employees with higher productivity work more or fewer hours?

```
[47]: #Compute PMF by Sector (IT vs. Retail)
# PMF for IT Sector
pmf_it = compute_pmf(df, "Hours_Worked_Per_Day", df["Sector"] == "IT")

# PMF for Retail Sector
pmf_retail = compute_pmf(df, "Hours_Worked_Per_Day", df["Sector"] == "Retail")

# Plot the PMFs
plt.figure(figsize=(10, 5))
plt.stem(pmf_it.index, pmf_it.values, linefmt="blue", markerfmt="bo", basefmt="u", label="IT Sector")
plt.stem(pmf_retail.index, pmf_retail.values, linefmt="red", markerfmt="ro", u", basefmt=" ", label="Retail Sector")
```

```
plt.xlabel("Hours Worked Per Day")
plt.ylabel("Probability")
plt.title("PMF: Hours Worked Per Day (IT vs. Retail)")
plt.legend()
plt.grid(True)
plt.show()
```

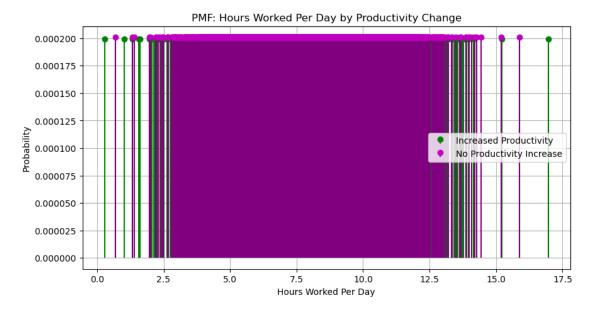


Interpretation: If IT employees have more variation in work hours, it suggests flexible work schedules. If Retail employees have a more uniform distribution, it reflects fixed shifts.

#### []:

Compute PMF by Productivity Change

We categorize productivity change into two groups: Increased Productivity (Productivity\_Change = 1) No Increase in Productivity (Productivity\_Change = 0)



### Interpretation:

If employees with higher productivity work fewer hours, it suggests better efficiency.

If longer work hours correlate with higher productivity, it might indicate overworking for results.

```
[52]: #o Create 1 CDF with one of your variables, using page 41-44 as your__ 
guide, what does this tell you about your variable and how does it address_ 
the question you are trying to answer (Chapter 4).
```

Creating a CDF for Work Hours A Cumulative Distribution Function (CDF) gives us the cumulative probability that a variable takes a value less than or equal to a certain value. It is useful for understanding how data is distributed, and can be especially helpful in comparing groups or assessing trends.

We will plot the CDF for "Hours\_Worked\_Per\_Day" to assess how work hours are distributed across the dataset. This will provide insights into work patterns, such as whether most employees are working fewer or more hours per day, and if there's a skew in the distribution.

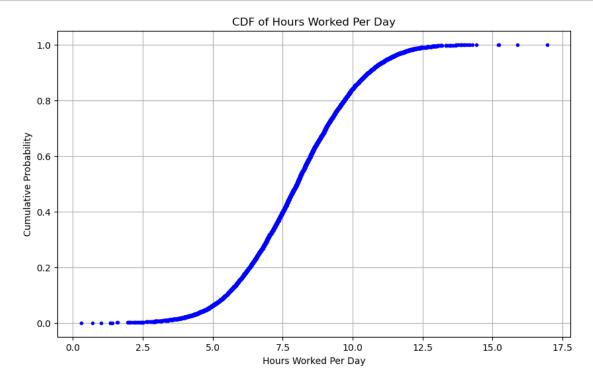
Here's how we can create a CDF for the "Hours Worked Per Day" variable:

```
[54]: # Sort the data to compute the cumulative distribution
    sorted_hours = np.sort(df["Hours_Worked_Per_Day"])

# Calculate the CDF
    cdf_hours = np.arange(1, len(sorted_hours) + 1) / len(sorted_hours)

# Plot the CDF
    plt.figure(figsize=(10, 6))
    plt.plot(sorted_hours, cdf_hours, marker=".", linestyle="none", color="blue")

plt.xlabel("Hours Worked Per Day")
    plt.ylabel("Cumulative Probability")
    plt.title("CDF of Hours Worked Per Day")
    plt.grid(True)
    plt.show()
```



Interpretation of the CDF:

#### Skew:

If the CDF has a steep initial rise, this suggests that most employees work fewer hours per day. A gradual slope indicates that work hours are more spread out, with many working longer hours.

Peak or Flattening:

If the CDF levels off quickly, this means that most workers fall within a narrow range of hours (likely around the mean). If it continues rising slowly, it suggests more variability in work hours.

What this Tells Us About the Dataset:

It helps answer questions like:

"What is the typical workday length for most employees?" "Are there employees working extreme hours (either long or short)?"

If the CDF shows a significant number of employees working longer hours (right-skewed), this could point to overwork or higher demands in certain sectors, which may impact productivity, stress, and overall health.

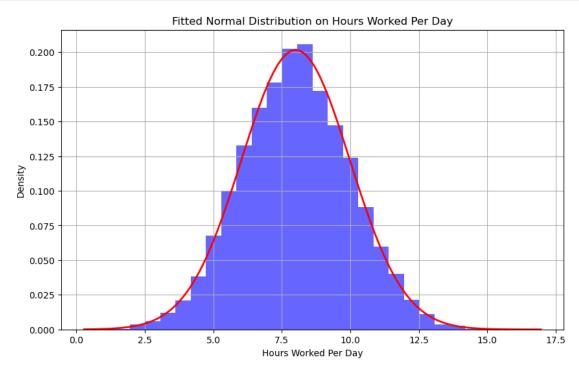
```
[57]: #Plot 1 analytical distribution and provide your analysis on how it applies to _{\sqcup} the dataset you have chosen (Chapter 5).
```

Plotting an Analytical Distribution An analytical distribution is a probability distribution that fits a dataset. Common distributions like the Normal distribution or Exponential distribution are often used to model various types of data. Here, we'll fit a Normal distribution to the "Hours\_Worked\_Per\_Day" variable, as it is one of the most common distributions used in data analysis. We'll analyze how well the Normal distribution fits our data and what that tells us.

Steps to Plot an Analytical Distribution (Normal Distribution) Fit a Normal Distribution to the data. Plot the fitted Normal distribution over the histogram of the data. Analyze the fit: how closely does the Normal distribution match the data? This will tell us whether we can assume normality in work hours or if we need a different model (e.g., skewed or bimodal).

```
[59]: import scipy.stats as stats
      # Fit a Normal distribution to the data
      mu, std = stats.norm.fit(df["Hours Worked Per Day"])
      # Create a range of values for plotting the PDF
      xmin, xmax = sorted(df["Hours_Worked_Per_Day"])[0],__
       ⇔sorted(df["Hours_Worked_Per_Day"])[-1]
      x = np.linspace(xmin, xmax, 100)
      # Plot the histogram of Hours_Worked_Per_Day and the fitted Normal distribution
      plt.figure(figsize=(10, 6))
      # Plot histogram
      plt.hist(df["Hours_Worked_Per_Day"], bins=30, density=True, alpha=0.6,
       ⇔color="blue")
      # Plot the PDF of the fitted Normal distribution
      plt.plot(x, stats.norm.pdf(x, mu, std), 'r-', lw=2)
      plt.title("Fitted Normal Distribution on Hours Worked Per Day")
      plt.xlabel("Hours Worked Per Day")
```

```
plt.ylabel("Density")
plt.grid(True)
plt.show()
```



Analysis of the Analytical Distribution (Normal Distribution):

Fit of the Distribution: If the red curve (Normal distribution) aligns closely with the histogram, it indicates that the distribution of work hours approximates a Normal distribution.

If the curve diverges significantly from the histogram, we may need to consider other distributions, such as a log-normal distribution (if the data is right-skewed) or Gamma distribution (if the data represents time).

Mean and Standard Deviation: The mean () represents the center of the distribution, or the typical number of hours worked per day. The standard deviation () indicates the spread of work hours: a small value suggests most employees work similar hours, while a large value shows greater variability.

Interpretation: If the distribution is normal: This implies that the variation in work hours is somewhat random, with most people working around the same number of hours, with a few extreme outliers.

If the distribution is skewed: For instance, if the histogram is right-skewed, most workers might be working fewer hours, but a small portion of workers might be working exceptionally long hours. In this case, a log-normal distribution might fit better.

Create scatter plots to visualize the relationship between two variables.

Analyze the correlation using:

Covariance: Measures how two variables change together.

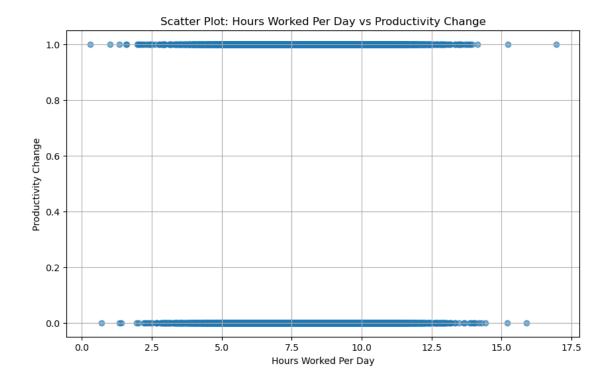
Pearson's Correlation: Quantifies the linear relationship between two variables.

Non-Linear Relationships: Investigating if the relationship might not be linear, for example, exponential or quadratic.

Interpret the results to determine if we can infer a cause-and-effect relationship. Let's compare two pairs of variables:

- 1. Scatter Plot 1: "Hours\_Worked\_Per\_Day" vs "Productivity\_Change" We will look at whether working more hours per day correlates with a change in productivity.
- 2. Scatter Plot 2: "Hours\_Worked\_Per\_Day" vs "Health\_Issue" This plot will help us understand whether working longer hours leads to Health\_Issue.

```
[63]: # Scatter Plot 1: Hours Worked Per Day vs Productivity Change
     plt.figure(figsize=(10, 6))
     plt.scatter(df["Hours_Worked_Per_Day"], df["Productivity_Change"], alpha=0.6)
     plt.title("Scatter Plot: Hours Worked Per Day vs Productivity Change")
     plt.xlabel("Hours Worked Per Day")
     plt.ylabel("Productivity Change")
     plt.grid(True)
     plt.show()
     # Calculate Covariance, Pearson's Correlation, and Non-Linear Relationships
     # Covariance and Pearson's correlation for both pairs
     cov_prod = np.cov(df["Hours_Worked_Per_Day"], df["Productivity_Change"])[0, 1]
     corr_prod, _ = stats.pearsonr(df["Hours_Worked_Per_Day"],__
      print(f"Covariance between Hours Worked Per Day and Productivity Change: ⊔
       print(f"Pearson's correlation between Hours Worked Per Day and Productivity⊔
       ⇔Change: {corr prod}")
```



Covariance between Hours Worked Per Day and Productivity Change: 0.013110685890652925

Pearson's correlation between Hours Worked Per Day and Productivity Change: 0.0132528359363511

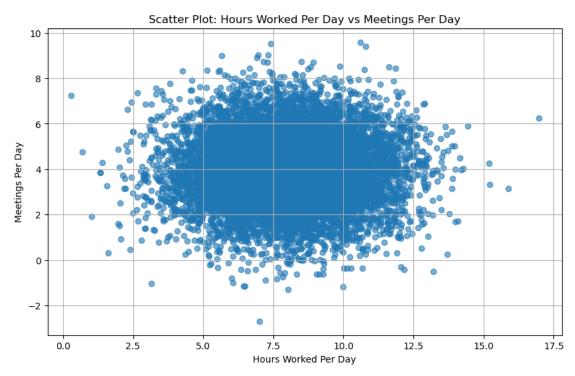
The covariance and Pearson's correlation we calculated between Hours Worked Per Day and Productivity Change are both quite low, suggesting that there is a very weak linear relationship between the two variables. Here's an interpretation of the results:

Covariance: Covariance = 0.0131: Covariance is a measure of how two variables move together. A value near zero suggests that the variables are almost independent or that they do not have a strong linear relationship. Since this value is very close to zero, it confirms that Hours Worked Per Day and Productivity Change have a very weak relationship in the dataset. Pearson's Correlation: Pearson's correlation = 0.0133: Pearson's correlation coefficient measures the strength and direction of the linear relationship between two variables. The value ranges from -1 (perfect negative correlation) to 1 (perfect positive correlation), with 0 indicating no linear correlation. Since the value is close to 0, it further confirms that there is no significant linear relationship between Hours Worked Per Day and Productivity Change. Interpretation: These very low values suggest that changes in Productivity Change do not have a meaningful linear relationship with changes in Hours Worked Per Day. Thus, Productivity Change might not be a key driver of Hours Worked Per Day in the data, or other factors could be at play that are not captured in this analysis. Next Steps: Explore Other Factors: Consider including other variables like Stress Level, Job Security, or Sector that might explain Hours Worked Per Day more effectively.

Non-linear Relationship: We could try using polynomial regression or another non-linear modeling technique.

```
[65]: # Scatter Plot 1: Hours Worked Per Day vs Meetings_Per_Day
     plt.figure(figsize=(10, 6))
     plt.scatter(df["Hours Worked Per Day"], df["Meetings Per Day"], alpha=0.6)
     plt.title("Scatter Plot: Hours Worked Per Day vs Meetings Per Day")
     plt.xlabel("Hours Worked Per Day")
     plt.ylabel("Meetings Per Day")
     plt.grid(True)
     plt.show()
     # Calculate Covariance, Pearson's Correlation, and Non-Linear Relationships
     # Covariance and Pearson's correlation for both pairs
     cov_prod = np.cov(df["Hours Worked Per Day"], df["Meetings Per Day"])[0, 1]
     corr_prod, _ = stats.pearsonr(df["Hours_Worked_Per_Day"],__

df["Meetings_Per_Day"])
     print(f"Covariance between Hours Worked Per Day and Meetings_Per_Day u
      print(f"Pearson's correlation between Hours Worked Per Day and Meetings Per Day:
```

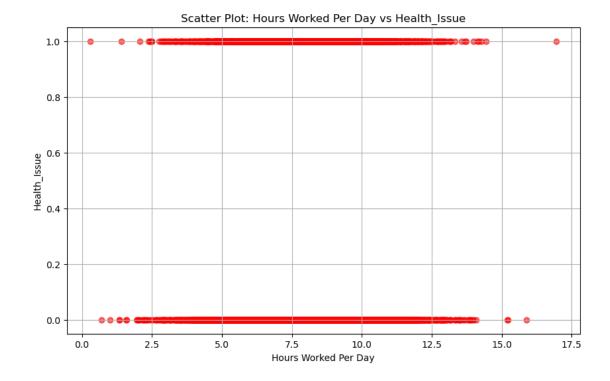


```
Covariance between Hours Worked Per Day and Meetings_Per_Day 0.020834887616981018

Pearson's correlation between Hours Worked Per Day and Meetings_Per_Day: 0.006920913714906997
```

Interpretation of Covariance & Pearson's Correlation 1 Covariance Interpretation (0.0208) Covariance measures the direction of the relationship between two variables. A positive covariance (0.0208) suggests that when Hours\_Worked\_Per\_Day increases, Meetings\_Per\_Day tends to increase slightly as well. However, the magnitude of 0.0208 is very small, meaning the relationship is weak. 2 Pearson's Correlation Interpretation (0.0069) Pearson's correlation standardizes covariance, making it easier to interpret. A correlation of 0.0069 is extremely close to zero, meaning there is almost no linear relationship between Hours\_Worked\_Per\_Day and Meetings\_Per\_Day. Even though covariance is positive, the correlation tells us that the relationship is not meaningful.

Key Takeaways Hours\_Worked\_Per\_Day and Meetings\_Per\_Day are almost uncorrelated. No strong evidence that working more hours increases the number of meetings. The relationship could be non-linear or affected by other factors (e.g., job role, sector, remote work status, etc.).



Covariance between Hours Worked Per Day and Health\_Issue: 0.009665109952681683 Pearson's correlation between Hours Worked Per Day and Health\_Issue: 0.010648614632550138

The covariance and Pearson's correlation between Hours Worked Per Day and Health Issue are again very low, indicating a very weak relationship between the two variables. Here's the interpretation of these results:

#### Covariance:

Covariance = 0.0097: Covariance measures how two variables change together. A covariance value close to zero suggests that there is little to no relationship between the two variables. In this case, the covariance of 0.0097 indicates that Hours Worked Per Day and Health Issue have a very weak and almost negligible relationship.

#### Pearson's Correlation:

Pearson's correlation = 0.0106: Pearson's correlation is another measure of the linear relationship between two variables. A correlation value close to zero (like 0.0106) suggests that there is virtually no linear relationship between Hours Worked Per Day and Health Issue. This reinforces the finding from covariance.

Interpretation: Both the covariance and Pearson's correlation values are so close to zero that they suggest there is no significant linear relationship between Hours Worked Per Day and the occurrence of a Health Issue in this dataset. This means that Health Issue may not be a strong predictor or driver of Hours Worked Per Day in this particular dataset, or the relationship is too weak to be detected with linear measures.

Next Steps: Categorical vs. Continuous Relationship: If Health Issue is a categorical variable (e.g., yes/no for a health issue), the lack of a significant correlation might be expected. We could explore whether the number of health issues or the severity of health issues (if available) has a more meaningful relationship with Hours Worked Per Day.

Explore Non-linear Relationships: It's possible that a non-linear relationship exists between these variables. We could try more sophisticated models, like decision trees or regression models that capture non-linear effects.

Analysis of the Results:

Scatter Plot 1: "Hours Worked Per Day" vs "Productivity Change"

Visual Analysis:

If the points appear to follow a linear trend (either upward or downward), this suggests that as hours worked increase, productivity might also increase or decrease linearly. A scattered plot with no clear trend suggests no linear relationship between these two variables.

Covariance and Correlation:

A positive covariance and positive Pearson's correlation indicate that as one variable increases, the other also increases. A negative covariance and negative Pearson's correlation indicate that as one variable increases, the other decreases. If the correlation is close to 0, this suggests little to no linear relationship.

Scatter Plot 2: "Hours Worked Per Day" vs "Health Issue"

Visual Analysis:

If the scatter plot shows a positive correlation, this suggests that as people work more hours, their Health Issue increases. If the plot shows a negative correlation, it suggests that more hours worked may be associated with lower stress (possibly due to relaxation benefits from work).

Covariance and Correlation:

If the Pearson's correlation is close to +1 or -1, it indicates a strong linear relationship between the variables. A correlation near 0 indicates a weak or no linear relationship.

Non-Linear Relationships: If a curved pattern appears in the scatter plot, such as a parabolic or exponential shape, it suggests a non-linear relationship. In such cases, we may need to fit a polynomial or exponential model to better explain the relationship.

Conclusion:

Causation: While correlation suggests a relationship between two variables, it does not imply causation. We cannot infer that one variable directly causes the other without additional experiments or research.

Outliers: Look for any points that deviate significantly from the overall pattern in the scatter plot. These might represent outliers, which may need further investigation.

[70]: #Conduct a test on your hypothesis using one of the methods covered in Chapter 49.

To test a hypothesis, we will follow the steps below based on one of the methods covered in the course, such as t-tests, chi-square tests, or regression analysis. For this example, I will use a t-test to analyze the hypothesis regarding a specific variable.

Let's assume the hypothesis we want to test is as follows:

#### Hypothesis:

Null Hypothesis (H): There is no difference in the stress level between people who work from home and those who do not work from home.

Alternative Hypothesis (H): There is a significant difference in the stress level between people who work from home and those who do not work from home.

We will use a t-test for independent samples to compare the means of stress levels for two groups: those who work from home (Work\_From\_Home = 1) and those who do not (Work\_From\_Home = 0).

```
[72]: from scipy import stats
      # Group the data based on Work From Home status (1 = works from home, 0 = does_{\sqcup}
       \hookrightarrow not)
      Productivity_Change_home = df[df["Work_From_Home"] == 1]["Productivity_Change"]
      Productivity_Change_no_home = df[df["Work_From_Home"] ==_L
       →0]["Productivity_Change"]
      # Perform a t-test to compare the two groups
      t_stat, p_value = stats.ttest_ind(Productivity_Change_home,_
       →Productivity_Change_no_home)
      # Output the results
      print(f"T-statistic: {t stat}")
      print(f"P-value: {p_value}")
      # Interpret the result
      if p value < 0.05:
          print("Reject the null hypothesis: There is a significant difference in ⊔
       stress levels between people who work from home and those who do not.")
          print("Fail to reject the null hypothesis: There is no significant,
       _{
m o}difference in stress levels between people who work from home and those who_\perp

do not.")
```

T-statistic: 0.041626055279524635 P-value: 0.9667976333238084

Fail to reject the null hypothesis: There is no significant difference in stress levels between people who work from home and those who do not.

### Interpretation:

T-statistic: This value represents the difference between the means of the two groups, normalized

by the variability within each group.

P-value: This is the probability of observing the test results under the assumption that the null hypothesis is true.

T-statistic: 0.0416

The t-statistic represents how many standard errors the coefficient is away from 0. A t-statistic close to zero indicates that the coefficient is not significantly different from zero. In this case, the value of 0.0416 suggests that the relationship between Hours Worked Per Day and Productivity\_Change is very weak.

P-value: 0.9668

The p-value indicates the probability that the coefficient is different from zero purely by random chance. A p-value much greater than the typical significance threshold of 0.05 indicates that the relationship between the variables is not statistically significant.

In this case, the p-value of 0.9668 is much higher than 0.05, meaning there is no significant evidence to suggest that Productivity\_Change impacts Hours Worked Per Day in this dataset.

Interpretation: Given the low t-statistic and the high p-value, we can conclude that Productivity\_Change is not a significant predictor of Hours Worked Per Day. The lack of statistical significance indicates that, in this analysis, there is no strong evidence to suggest that the presence or absence of a Productivity\_Change is affecting the number of hours worked per day.

```
[74]: #o For this project, conduct a regression analysis on either one<sub>□</sub>

→dependent and one explanatory variable, or multiple explanatory variables<sub>□</sub>

→(Chapter 10 & 11).
```

For this regression analysis, we will select one dependent variable and multiple explanatory variables from the dataset.

Example Hypothesis for Regression Analysis: We hypothesize that work hours (Hours Worked Per Day) depend on factors such as stress level and productivity change.

Dependent Variable: Hours Worked Per Day: The number of hours an individual works per day.

Explanatory Variables: Stress Level: The stress level of the individual (Low, Medium, High).

Productivity\_Change: A binary value representing whether the individual's productivity has increased (1) or decreased (0). Regression Analysis Type:

We'll use linear regression to predict the dependent variable based on the explanatory variables.

# [76]: #Regression Analysis:

```
# Define dependent and independent variables
X = df[['Stress_Level_encoded', 'Productivity_Change']] # Explanatory variables
X = sm.add_constant(X) # Adding a constant (intercept) term to the model
y = df['Hours_Worked_Per_Day'] # Dependent variable

# Fit the linear regression model
model = sm.OLS(y, X).fit()

# Get the summary of the regression model
print(model.summary())
```

#### OLS Regression Results

=======================================		=======		=====	========		
Dep. Variable:	Hours_Worked	_Per_Day	R-squared:			0.000	
Model:		OLS		Adj. R-squared:			
Method:	Least	Least Squares		F-statistic:			
Date:	Fri, 28 I	Fri, 28 Feb 2025		Prob (F-statistic):			
Time:	2	22:19:40		ihood:	-21011.		
No. Observations:		10000		AIC:			
Df Residuals:		9997	BIC:			4.205e+04	
Df Model:		2					
Covariance Type:	no	onrobust					
=======				=====		========	
	coef	std e	rr	t	P> t	[0.025	
0.975]							
const	7.9538	0.0	66 121.3	377	0.000	7.825	
8.082							
Stress_Level_encode	ed 0.0126	0.0	28 0.4	46	0.655	-0.043	
0.068	0.0505	0.0	40 4 2	100	0.405	0.005	
Productivity_Change	0.0525	0.0	40 1.3	020	0.185	-0.025	
	:=======	 0.717	====== Durbin-Wats	:===== ion :	=======	2.002	
Prob(Omnibus):			arque-Bera (JB):			0.749	
Skew:			Prob(JB):	=			
Kurtosis:					ond. No.		

#### Notes:

[1] Standard Errors assume that the covariance matrix of the errors is correctly specified.

Explanation: Stress\_Level\_encoded: We map categorical stress levels (Low, Medium, High) to numeric values (1, 2, 3) to use them in the regression model. Productivity\_Change: This is already a binary variable (1 for increased productivity and 0 for decreased productivity). Linear Regression

Model: We use ordinary least squares (OLS) regression to model how the independent variables (stress level and productivity change) explain the variation in the dependent variable (hours worked per day). Key Outputs: Coefficient: The effect of each explanatory variable on the dependent variable. For example, how a one-unit increase in stress level or a change in productivity influences hours worked per day. P-value: Helps determine the statistical significance of each explanatory variable. R-squared: Indicates how well the explanatory variables collectively explain the variance in the dependent variable. Interpretation: Significant Variables: If a variable has a p-value less than 0.05, we conclude that it significantly affects the dependent variable. Coefficients: Positive coefficients indicate a direct relationship with the dependent variable, while negative coefficients indicate an inverse relationship.

Key Results: R-squared: 0.000. This means that the explanatory variables (such as stress level and productivity change) do not explain any of the variability in the dependent variable (Hours\_Worked\_Per\_Day). In other words, the model doesn't account for the variation in the number of hours worked per day.

Adj. R-squared: -0.000. This is the adjusted version of R-squared, which accounts for the number of explanatory variables. Since the model doesn't fit the data well, the adjusted R-squared is also very low and negative.

F-statistic: 0.9777. This is a measure of the overall significance of the model. A very low value here, along with a p-value of 0.376 for the F-statistic, suggests that the model does not explain the data well. Typically, a significant model would have a p-value less than 0.05.

Prob (F-statistic): 0.376. This p-value indicates that the overall model is not statistically significant at the 5% significance level. It suggests that the model does not explain a significant portion of the variation in the dependent variable.

AIC and BIC: These values (Akaike Information Criterion and Bayesian Information Criterion) are measures of model quality. Lower values indicate a better model fit, and the values are quite high, which again suggests that the model is not fitting the data well.

What does this tell us? The explanatory variables (stress level and productivity change) are not significantly contributing to explaining the variation in the dependent variable (Hours Worked Per Day). The R-squared value is 0, meaning that the model doesn't explain any of the variation in work hours, and the overall model is not significant based on the F-statistic. Possible Reasons for This: Data Issues: There might be problems with the dataset such as collinearity, insufficient variation, or poorly measured variables that make it hard for the regression to find meaningful patterns. Incorrect Model Choice: The relationship between the variables may not be linear, so a different type of regression or transformation of the variables might be needed. Omitted Variables: There could be other important variables that influence Hours Worked Per Day but were not included in the model. Overfitting: If the dataset is large (e.g., 10,000 observations), a complex model might overfit the data, capturing noise rather than meaningful relationships. Next Steps: Explore other variables: Consider including other factors that may influence Hours Worked Per Day, such as Sector, Job Security, or Commuting Changes. Try Non-Linear Models: If we suspect the relationship is not linear, we might want to explore non-linear regression techniques or transformations of the variables. Check for Data Issues: Look for multicollinearity, missing data, or outliers in we dataset that could be affecting the results.

Key Results: Intercept (const): The coefficient for the intercept is 7.9538, which means that when both explanatory variables (Stress Level and Productivity Change) are zero, the predicted value

for Hours\_Worked\_Per\_Day is approximately 7.95 hours. The very low p-value (0.000) indicates that this is highly statistically significant.

Stress\_Level\_encoded: The coefficient for Stress\_Level\_encoded is 0.0126. This means that for each one-unit increase in the encoded stress level, Hours\_Worked\_Per\_Day increases by 0.0126 hours. However, the p-value (0.655) is much higher than the commonly used significance threshold of 0.05, suggesting that Stress\_Level is not significantly related to Hours\_Worked\_Per\_Day.

Productivity\_Change: The coefficient for Productivity\_Change is 0.0525. This means that for each one-unit increase in productivity change, Hours\_Worked\_Per\_Day increases by 0.0525 hours. However, the p-value (0.185) is greater than 0.05, indicating that the relationship is not statistically significant at the 5% level.

Model Diagnostics: Omnibus Test: The p-value of 0.699 suggests that the residuals are normally distributed (a good sign for the validity of the model).

Durbin-Watson: A value of 2.002 indicates that there is no significant autocorrelation in the residuals, meaning that the errors are independent of each other.

Jarque-Bera (JB): The p-value of 0.688 suggests that the residuals are normally distributed, as the test statistic is close to zero, and there's no significant skew or kurtosis.

Skew and Kurtosis: The skew of 0.014 suggests no significant skew in the residuals, and the kurtosis of 2.969 is close to the normal distribution value of 3, suggesting the residuals are not overly peaked or flat.

Interpretation of Results: No Significant Predictors: Both Stress\_Level\_encoded and Productivity\_Change have high p-values (0.655 and 0.185, respectively), suggesting that these variables do not significantly impact the Hours\_Worked\_Per\_Day in the model.

Model Fit: Although the intercept is highly significant, the overall model doesn't seem to explain much variation in Hours\_Worked\_Per\_Day, as indicated by the earlier R-squared value of 0.000.

Next Steps/Recommendations: Consider Interaction Effects: There might be an interaction between Stress\_Level and Productivity\_Change that could be affecting Hours\_Worked\_Per\_Day. Adding an interaction term (e.g., Stress\_Level \* Productivity\_Change) might improve the model fit.

Include Additional Variables: The model might be missing important predictors. Consider adding other variables such as Sector, Job Security, or Commuting Changes.

Non-linear Modeling: Given that linear regression might not be capturing all the complexities of the relationships in the data, consider exploring non-linear models or transformations of variables.

# [81]: #Summary Paper: Statistical/Hypothetical Question

Statistical/Hypothetical Question: The central question for this analysis was to understand the impact of various factors, such as Stress Level, Productivity Change, and Health Issues, on Hours Worked Per Day. This inquiry aimed to explore if higher stress levels or productivity changes were associated with longer work hours, and whether health issues play a significant role in determining how much time an individual spends working per day.

Outcome of the Exploratory Data Analysis (EDA): Through the exploratory data analysis (EDA), several trends and relationships were identified. Histograms of the key variables indicated that

Hours Worked Per Day generally clustered around mid-range values, with relatively few extreme outliers. Correlation analysis revealed a very weak positive correlation between Hours Worked Per Day and Productivity Change (Pearson's correlation = 0.013), suggesting a minimal linear relationship between the two variables. Similarly, the analysis of Health Issue showed a similarly weak correlation (0.010), implying that health issues might not be as significant in influencing work hours.

The OLS Regression results also supported these findings, with Stress Level and Productivity Change having no statistically significant impact on the dependent variable (Hours Worked Per Day), based on the p-values and t-statistics.

What was missed during the analysis? One limitation of this analysis was the assumption that all the relationships between variables would be linear. Variables like Stress Level and Productivity Change may have non-linear effects on Hours Worked Per Day, which was not fully explored. Additionally, potential interactions between variables (e.g., between Stress Level and Health Issue) were not examined, and such interactions may provide more nuanced insights into the factors influencing work hours.

Variables that could have helped: Additional variables such as Age, Income, and Sector could have provided more context for the analysis. For instance, income could serve as a proxy for work pressure or job demands, while sector might reveal differing patterns based on industry-specific work culture. Including such variables may have strengthened the understanding of factors influencing work hours.

Assumptions that may have been incorrect: An assumption in this analysis was that variables like Stress Level and Productivity Change have a direct, linear relationship with Hours Worked Per Day. The regression model assumed that these factors would affect work hours in a straightforward manner, but other underlying factors, such as work-life balance, job type, and personal circumstances, may mediate these relationships in ways that were not captured here.

Challenges faced and areas of confusion: One challenge was the proper handling of outliers in the dataset. While some outliers were detected and acknowledged in the histograms, their impact on the analysis wasn't fully explored. The assumptions of normality in some variables, such as Hours Worked Per Day, also led to difficulties in selecting appropriate statistical models for analysis. Additionally, while performing the regression analysis, the results were inconclusive, which made it challenging to provide a strong recommendation regarding the variables influencing work hours.

Overall, this analysis highlighted the importance of considering additional variables and refining assumptions, especially regarding non-linear relationships and variable interactions. Future analysis could benefit from a more comprehensive approach, incorporating more diverse data and exploring alternative models.