

Resume of

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APPLICATION FOR SAFETY SUPERVISOR POSITION

Summary:

Total of 7 years+ experiences as a offshore HSSE in oil & gas industry with various cooperated companies such as Murphy Sabah Oil Company Limited for Offshore Technical Support of Kikeh SPAR - Well Drilling, PETRONAS Carigali for Topside Major/Structural Maintenance (Brownfield & Shutdown project), Upstream International Asia Shell (Sarawak Shell Berhad & Sabah Shell Petroleum Company Limited) for the project of provision of Hook-Up, Commissioning, major maintenance (Brownfield & Shutdown project) and construction services CAT-3 and ExxonMobil Exploration and Production Malaysia Inc (EMEPMI) for Tapis EOR Brownfield Modification & Retrofits, Telok & Damar Rejuvenation/Topsides & Pipelines Installation projects and SCORE Project in construction of Integrated Temporary Workers & Executives Accommodations/Camps at Samalaju Industrial Park for TOKUYAMA Malaysia with JayaFront Management (associated of ANDERCO, Singapore).

I'm hard working, responsible, diligent, committed in all aspects of my duties as a HSE/Safety personal. Able to manage and complete an assignment within agreed deadline. With my work capabilities and leadership, I'm able to generate an ideas, problem solving, and reliable person. I'm able to handle my responsibilities/duties in different stages of activities (onshore, offshore, marine and constructions work environment); in all HSSE matters (inspection) to administrative. I'm familiar in enforcing of company and client HSSE policies, procedures and guidelines. Monitor, promote and conduct coaching/training for the team's safety awareness and site safety process improvement. I'm familiar with job hazards analysis, permit to work, scheduled wastes management, OH/Hygienic (advice/assist Offshore Medic) and others safe working practices/systems of PETRONAS, SHELL (SSB/SSPC) and ExxonMobil EP. Have exposure to various level of organization from non-managerial, first line, middle management and having good relationships with all parties (contractors and clients personnel).

Previous employment with Royal Malaysian Navy (resigned 13 years services), I had received an appreciation certificates from Ministry of Defence for hard working, commitments, disciplines and excellent performance FY2001 and 2002 with good services record.

Availability: **Immediately**

Expected Salary: **Negotiable**

Recognition & Award:

1. PETRONAS Carigali, Sabah Operations (SBO) HSE Award Individual Highest UAUC Reporting 2007/2008
2. Excellence Services Award Certificate 2001, Ministry of Defence (Federal Government)
3. Excellence Services Award Certificate 2002, Ministry of Defence (Federal Government)
4. Received General Service Medal (PPA)

Previous Accomplishment (HSE Contribution & Achievements):

An active contributor and lead of HSSE performance on-board work boat MV Ajang Hikmah (Jan 2009 - April 2012) and Work Barge SARKU 2000 (May 2012 - Feb 2013) - **Offshore**

HSE Focal Point (Sarawak & Sabah Shell Project):

- Received an appreciation of **CAT-3 Good Safety Performance** Successfully Achieved 100% FY2012.
- Leading Goal Zero Milestones Target for Work Barge SARKU 2000 (since mob May 1, 2012 until to 2013) - **90, 180 & 270 goal zero days.**
- Leading & achieved **1088 Goal Zero Days without LTI** on-board Work Boat MV Ajang Hikmah - January 2009 until April, 2012
- Leading & achieved **2.2 Million Of Safety Man-hours without LTI** FY2010
- Leading & achieved **ONE YEAR Goal Zero Days** without LTI FY2009-2010 (B11DR-A Modification, PC4DP-A Tie In and B11K-A HUC) work boat Ajang Hikmah.

Personal Details:

Date of Birth	6 November 1970
IC Number	701106-13-6005
Race / Religion	Chinese + Iban / Christian (RC)
Nationality	Malaysian
Marital Status	Married with 2 daughters: i. Antonia Chong (DOB: 16 Oct 1997) ii. Esther Aquila Chong (DOB: 21 Sep 2004)
International Passport Number	K31150495 (valid 9 Dec 2015)

Education/Training:

Year	Course	Remark (Achievement)
2013	NEBOSH HSW Certificate (Distance Learning program)	KBA Training Centre, Singapore
2005	Safety and Health Officer Certificate	NIOSH, Malaysia
2002	STPM (Malaysia High School Certificate)	1C3R
1999	SPM (Malaysian School Certificate)	Grade 2
1994/1998	Communication Tactical Class 1 & Advanced	Royal Naval College, M'sia
1988	SPM (Malaysian School Certificate)	Grade 3

Computer Literacy:

No	Program/Software	Proficiency (ranging from 1 is Poor - 5 is very good)	Remarks
1	*Microsoft Office - Word	5	Report writing & word documents
2	Microsoft Office - Power Point	5	Presentation
3	Microsoft Office - Excel	4	Record inventory
4	Email Communication	5	Business communication
5	Internet use	5	Web information and refer

NOTE:

***Attended Microsoft Office course 1997 - passed in assessment**

****Good in typing (attended Typing Skills Training while in Naval Education Training College Tactical Class 1 1994 - 98%)**

WORKING EXPERIENCES:

Company : **PRG-MS Company (PROSERV)**

Position : **Safety & Health Officer (Freelance)**

Service Number : ASA101298

Duration : May 5, 2014

Project : Maui Gas Field, coast of Taranaki / Southeast of New Plymouth New Zealand.

Job Responsibilities:

- To correct unsafe acts or conditions or conditions through the regular line of authority, may exercise emergency authority to prevent or stop unsafe acts when immediate action is required.
- To maintain awareness of active and developing situations.
- To ensure there is safety messages in each incident Action Plan.
- To monitor site activities to ensure compliance with Company HS & E policies, procedures and standards.

PREVIOUS EMPLOYMENT:

1. Company : **NES Global Talent Sdn. Bhd. (seconded to ExxonMobil Exploration and Production Malaysia Incorporated)**

Position : **Site & Vessel Safety Advisor (*Client Rep*)**

Authorised for Service: PR-392

Report To	From	To	Position	Reason for leaving
Construction Site Manager / Project Safety Advisor	April 15, 2013	Nov 30, 2013	Site & Vessel Safety Advisor	End of Project/ Contract

Job Function:

- Provide safety / health support to the site leadership team and the Engineering, Procurement, and Construction (EPC) Contractor's organization. In some cases, responsibilities may extend other Safety, Security, Health, and Environment (SSH&E) issues, status, and metrics.
- Ensure establishment and proper implementation of work processes at the site level as stipulated in the Project Safety Plan and the Project Security Plan.
- Evaluate / monitor / support implementation of Contractor's safety / health management systems.

- Monitor, investigate, identify, and resolve site level SSH&E issues, evaluate metrics, and provide weekly / monthly report to responsible line management, and Project Team SSH&E Team as required.

Responsibilities and duties:

- Work with company and contractor's site management and Safety, Security, Health and Environment (SSH&E) organizations to implement project specific site safety programs.
- Advise site Project Team (company, contractor, and subcontractors) of company, contractor and local authorities' safety requirements, regulations, expectations and best practices.
- Facilitate and advise contractor and subcontractors to establish communicate and implement safety expectations and initiatives; monitor and stimulate execution with contractor's safety policy, rules, and procedures; and monitor conformance with project and site safety execution plans and implement improvements where appropriate.
- Provide safety awareness and safe performance among Project Team members, including consultants and contractor personnel.
- Identify and work to eliminate site hazards, unsafe conditions, and unsafe act; work with company, contractor, and subcontractor management toward achieving an injury-free work place.
- Keep site management apprised of significant safety issues and plans/progress toward resolving issues and eliminating hazards.
- Assist in implementation of systematic safety processes to assure compliance with the Project Safety Management System (PSMS) requirements.
- Collect and analyse data on safety initiatives and performance for reporting to project and functional management.
- Identify and assist with prioritization of opportunities for site safety process improvements.
- Conduct periodic safety inspections / assessments onsite and at key offsite subcontractor locations in accordance with established project and site safety plans or as requested by Project Team members.
- May conduct occasional health inspections, as requested by Medicine and Occupational Health (MOH) or the Project Safety Advisor.
- Verify implementation of the EPC contractor's site SSH&E Plan as endorsed by ExxonMobil (EM) project management.
- Organize and coordinate SSH&E training program.
- Develop expectations for project management systems for safety-related activities.
- Communicate and coordinate guidelines for ExxonMobil SSH&E awareness, recognition and incentive programs.
- Provide assistance to and participate in risk assessment and studies as defined in the Project's SSH&E Plan.
- Provide regular feedback to Project Safety Advisor / SSHE Lead / SSH&E Manager.
- Organize and participate in investigation and follow-up of incidents, including development of remedial action plans.
- Assist in the preparation of notifications / reports for communication of significant incidents to company project / function management as per ExxonMobil incident reporting procedures and matrix.
- Review and / or critique incident and investigation notifications and reports.
- Provide support for training, drills and other matters related to emergency preparedness and response.
- Collect and share lessons learned between site and outside organizations where appropriate.

- Encourage heightened SSHE&E awareness and behaviour throughout the site project.
- Assist in the facilitation of site level SSH&E Steering Committee meetings.
- Monitor work processes to ensure compliance with the site work permit system and area / system responsibilities.
- Prepare / provide a safety induction briefing to new ExxonMobil team members and ExxonMobil visitors to site.
- May collect and report security or health matrix when no security or health advisor is assigned.
- May be asked to provide other services by the SSH&E Lead, Project Leadership Team, and / or Project Safety Advisor.

Project Involved (EMEPMI - MMHE Fab Yard, PG & Terengganu Offshore High Seas)

- Telok & Damar platform MMHE Fabrication Yard Pasir Gudang Johor May-June 2013.
- Tapis-Q Carry Overwork / Hook-Up Commissioning on-board AWB Saujana 7 May-July 2013 (HUC department)
- Damar 16" CRA Pipeline Project on-board DLB Enterprise 3 (Offshore Installation Group) Aug 2-14, 2013
- Tapis-A Riser Guard Installation on-board DLB Enterprise 3 Aug 15-23, 2013
- Telok Topside Work (Telok-A shutdown & B - commissioning) 2 Sep - 3 Oct 2013 on-board MV Tg. Gelang and AWB Sarku 300
- Tapis-A & D-Pump (on-board AWB Setia Station 2) - Offshore TaEOR Brownfield Modifications and Retrofits 11 Oct - 1 Nov 2013
- Tapis-R Topside at MMHE Fabrication Yard, Pasir Gudang Johor Nov 11-30, 2013 (on-going)

2. Company : SapuraKencana Petroleum Berhad (SARKU Engineering Services)

Position : HSE Officer

Shell ECS Number : ECS/SARKU/0354 (since 2008)

Report To	From	To	Position held	Last Position held	Reason for leaving
Construction Superintendent / HSE Coordinator	April 6, 2011	Feb 11, 2013	HSE Officer	Safety Officer	Job opportunity

Summary of Organization activities:

SARKU Engineering Services Sdn. Bhd. is a member of SapuraKencana Petroleum Berhad which is currently serving for SARAWAK Shell Berhad and SABAH Shell Petroleum Company Limited for the contract of Hook-Up commissioning, Major Maintenance and Constructions services (MMHUC CAT-3) on/at several of Shell facilities/installation/Vessels at SABAH and SARAWAK highsea.

Roles and responsibilities:

- Reporting to the Superintendent on day-to-day HSSE matters and to assist in the implementation of the safety and health procedures and systems in place for the smooth running of the operations as and when required.
- Carry out and perform work places inspections and audit regularly, do rectification and follow-up (necessary precaution) of non-compliance to ensure that the hazards

and risks associated to work activities as well as risks posed by machineries, plant, equipment, substances, appliances and process safety or any description of activities are managed as low as reasonably practicable (ALARP).

- Participate in incident investigation, ensuring that the incident investigation process is carried out in accordance with Incident Investigation & Reporting Procedure, to ensure consistent and structured incident investigation and accurate identification of incident causation.
- Monitor the conduct of work site activities to ensure full compliances to HSE safe work practices, rules, guidelines, procedures and its Regulations.
- Advise line supervisory on the control measure to be taken in the all aspects of HSSE of the operational, personnel employed with, execution of works and implementing of safe work practices are applied and complied with.
- To investigate any Accident, Near Misses, and Dangerous Occurrence, Occupational poisoning or Occupational Disease happened by formulating information, pictures and sketches. Records and reports all incidents to identify the causes and provide recommendations.
- Executed the HSE Activities and Plan (weekly, quarterly and monthly) as planned, update daily barge HSE (accident control technique), plan, reports, checking and monitoring of personnel training matrix for closed out and compilation.
- Provide HSSE related training, coaching and mentoring at work sites throughout the division including contractors to enhance competency on occupational safety and health with a view to promoting safe work practices.
- Provide information, demonstrate personal commitment to HSE and ensure compliances with all relevant company policies, HSE rules and procedures. Educates employees and sub-contractor to keep their safety awareness by monitoring their base behaviours safety.
- Conduct morning toolbox meeting and Pre-job discussion to all employees and sub-contractors. Provide by cascading the presentations of HSSE lesson learnt/learning from accidents/incidents and alert sharing to all personnel.
- To carry out any other instructions made by the employer or any person in charge at the work places (client) on any matters pertaining to HSSE at the facilities systems and workplaces.

Project Involved (SMEP-UIA: Sabah & Sarawak Shell)

- January- February 11, 2013: SJJT-A Jib Crane Installation Detailed Designed.
- Oct 5, 2012 - December 28, 2012: SJJT-F Jib Crane Installation and SJJT-A & B Wired/Wireless Transmitters.
- August 1, 2012 - October 4, 2012: St. Joseph Technical Integrity Restoration (TIR) Fire and Gas Detectors upgrade phase 2 & AC/DC UPS systems replacement, St. Joseph Relief Valve replacement (volume 2 of 2), SJK-A Compressor Seal System Upgrade extension K-2400, Upgrade IC Engine (G2) located at Hazardous area of SJP-A (Phase 1), SJJT-B Wired Transmitters, SJJT-B TIR - Contact Point Corrosion Phase 2/stage 2, and SJJT-H TIR- Contact Point Corrosion Phase 2/Stage 2.
- St. Joseph TIR (Contact Corrosion Point Phase II, Stage II) and SJK-A IC Engine Upgrade @ Hazardous area May 1 - July 31, 2012 (completion of the project without incident) on-board work barge SARKU 2000.
- F13E Well Tie-In 24 February - 7 Apr 2012 on-board work boat MV Ajang Hikmah
- E11PA/KA/BA & Bridge TIR (Contact Point Corrosion Phase II) 4 - 23 Feb 2012.
- F6 Diesel Storage T-390 Bottom Plate Replacement, Piping Contact Point Phase II, Lean Glycol Storage T-490 Bottom Plate Replacement & F6Q-A Parallel Redundant Systems for UPS-7801/7802 (GRE Piping-Punch list) Dec 1, 2011 - 28 Jan 2012
- F6 Modification for F28DR-A Tie-In (Phase 1B) - Sep 14, 2011 - November 30, 2011
- F28DR-A Pre-Drill and HUC Aug 7 - Sep 10, 2011 on-board MV Ajang Hikmah (for drilling works by SEADRILL on-board West Alliance).

- BARTON (BTMP-B) Installation of shutdown Valve between Surge Vessel & COTP, Rectangular Storage Tank and Technical Integrity Restoration (TIR) for Fire and Gas detail design Phase 1, Topside Major Maintenance (TMM) & BARTON (BTJT-A) Biocide Injection Facilities (Phase 2) June 4, 2011 - July 26, 2011
- F28DR-A Jacket Grouting Works (CAT1) May 20 - 31, 2011 on-board work boat MV Ajang Hikmah.
- F6 Modification for F28DR-A Tie-In (Phase 1A) Feb 14, 2011 (MOB Apr 6) - May 19, 2011 on-board work boat MV Ajang Hikmah.

3. Company : JayaFront Management and Services Sdn. Bhd.
(Associated of ANDERCO, Singapore)

Position : Safety Officer

Report To	From	To	Position held	Last Position held	Reason for leaving
Executive Director/ Operation Manager	January 27, 2011	March 31, 2011	Safety Officer	HSE Officer	Freelance job

Summary of Organization activities:

JayaFront Management and Services (associated of ANDERCO, Singapore) is the main contractor to propose and provide the Integrated Temporary Workers & Executives Accommodations/Camps, Samalaju for TOKUYAMA Limited for the Sarawak Corridor Renewable Energy (SCORE) project in developing/producing the Polycrystalline Silicone Plant for Solar Cell Project for Sarawak government (Bintulu Development Authority), CAHAYA Mata Sarawak (CMS) Property Development Sdn. Bhd.)

Job Responsibilities:

- Report direct to Executive Director (Singaporean) on safety and administration issues.
- Close working with Operation Manager on the safety and security issues in the camp sites and construction safety.
- Ensure the safety and security standards meet with international safe practices (liaise with foreigner - Singaporean, Japanese, Sri Lanka, Indian, Bangladesh, China & local workers).
- Ensure visitors are complying with the company policies and rules.
- Interface with the client's Safety Advisors/Officer when required (camp inspections & auditing).
- Provide line-managers with feedback on safety performance and trends for improvement.
- Work with line managers (Operation and Project Manager) the development of suitable hazards control and interventions.
- Ensure Schedule waste properly managed and disposed (complying with the DOE requirement - EQA 1974 & local authority - BDA).
- Conduct workplace safety inspections, auditing and review sharing for improvement and Develop contact with supervisors and employees on construction safety issues.
- Maintaining Safety records, statistics and provide safety training to personnel i.e. security, fire fighting and camp emergency rescue.
- Do auditing and inspection and Camp HSE/Safety walkabout with client representative. Ensure construction and sub-contractor lifting appliances/equipment's/machineries are inspected and fit to use.

- Conduct safety induction for new arrivals (construction workers) and visitors to the camp sites.
- Lead accident investigation team and ensure all incident /accident within the camp to be investigated and corrective action/measures to be taken. Provide feedback on incident reporting and investigations.
- Monitoring internal Traffic flows and security issues within the camp.
- Attend daily multiple discipline meeting and highlight on construction safety issue with client and sub-contractor.

4. Company : SapuraCrest Petroleum Berhad (SARKU Engineering Services)

Position : HSE Officer

Report To	From	To	First Position held	Last Position held	Reason for leaving
HSE Coordinator/ Construction Superintendent	October 7, 2008	Dec 2, 2010	HSE Officer	HSE Officer	Vessel maintenance

Roles and Responsibilities:

- Provide advice to line management, including Contractors on occupational safety and health matters, to ensure that the conduct of activities are in full compliance to regulatory and company requirements.
- Carry out and perform work places inspections and audit regularly, do rectification and follow-up (necessary precaution) of non-compliance to ensure that the hazards and risks associated to work activities as well as risks posed by machineries, plant, equipment, substances, appliances and process safety or any description of activities are managed as low as reasonably practicable (ALARP).
- Participate in incident investigation, ensuring that the incident investigation process is carried out in accordance with Incident Investigation & Reporting Procedure, to ensure consistent and structured incident investigation and accurate identification of incident causation.
- Implement occupational safety and health programs, in compliance with regulatory requirements, with a view to enhancing the level of occupational safety and health awareness at all work locations.
- Monitor the conduct of work site activities to ensure full compliance to HSE safe work practices, rules, guidelines, procedures and its Regulations.
- Provide occupational safety and health related training, coaching and mentoring at work sites throughout the division including contractors to enhance competency on occupational safety and health with a view to promoting safe work practices.
- Advise employer on the control measure to be taken in the interests of the site safety and health of the person employed with, HSE committee in organizing and implementing safe work places.
- To provide advice to Line Supervisory on all aspects of safety concerning the work boat, barges & platform operational to ensure that relevant Health and Safety Legislation, policies and safe work practices are applied and complied with.
- To investigate any Accident, Near Misses, and Dangerous Occurrence, Occupational poisoning or Occupational Disease happened by formulating information, pictures and sketches. Records and reports all incidents to identify the causes and provide recommendations.

- Executed the HSE Activities and Plan (weekly, quarterly and monthly) as planned, update daily barge HSE (accident control technique), plan, reports, checking and monitoring of personnel training matrix for closed out and compilation.
- Provide information, demonstrate personal commitment to HSE and ensure compliances with all relevant company policies & HSE procedures/standards. Educates employees and sub-contractor to keep their safety awareness by monitoring their base behavioursafety.
- Conduct morning toolbox meeting and Pre-job discussion to all employees and sub-contractors. Provide/cascade HSE presentations, lesson learnt/learning from accidents/incidents and alert sharing to all personnel.
- To carry out any other instructions made by the employer or any person in charge at the work place (client)on any matters pertaining to HSE at the facilities systems and workplaces.

Project Involved (SMEP-UIA: SABAH & SARAWAK Shell)

- E8K/F13K Aug/Oct 2010 Brownfield Scope &E11 HUB (PA/PB/BA/RA/KA) Combined TMM & HUC September 17, 2010 - December 2, 2010 on-board work boat MV AjangHikmah.
- F23DP-A TMM/TIR (Fire & Gas) June 9, 2010 until September 15, 2010 on-board work boat MV AjangHikmah.
- E11R-B TMM Phase 1 & F13E Pre-Drill Project April 8, 2010 - May 30, 2010 on-board work boat MV AjangHikmah.
- B11K-A HUC Project August 31, 2009 - April 7, 2010 (Project completed without TRC & HSE Achievement on 365 Goal Zero Days January 11, 2010) on-board work boat MV AjangHikmah
- St. Joseph (SJJT-H & SJJT-G) Topside Major Maintenance & Technical Integrated Restoration for Shell Sabah Petroleum Company Limited (SSPC) July 2-25, 2009 on-board work boat MV AjangHormat.
- BARTON Production Bravo (BTMP-B) Technical Integrity Restoration (DBB Phase I & II, Corrosion Contact Point Phase II) for Sabah Shell Petroleum Limited (SSPC) March 30 - May 18, 2009 on-board work boat MV AjangHormat.
- B11DR-A Modification & PC4 DP-A Tie-In & Installation (HUC) Project January 20 - August 21, 2009 (project completed without TRC) onboard work boat MV AjangHikmah.
- F13E (SC) DR-A 12" Riser Tie In & HUC October 30 - November 25, 2008 on-board DPV MV SARKU Santubong.
- SCDR-A Pre-Drill HUC October 8-29, 2008 onboard DPV MV SARKU Santubong.

5. Company : DAYANG Enterprise Sdn. Bhd.

Position : HSE Officer

Report To	From	To	First Position held	Last Position held	Reason for leaving
HSE Manager / Project Manager	July 7, 2007	Sep 30, 2008	HSE Officer	Radio Officer	Job opportunity

Job Responsibilities:

- Reporting to the Project Manager on day-to-day logistical and Administrative matters and HSE Manager for HSE related matters;
- Required to work offshore to assist in the implementation of the safety and health procedures and systems in place for the smooth running of the operations as and when required;

- To assist in the implementation and monitor all safety and health rules and safe systems of work in place offshore;
- Monitor all offshore worksite personnel's have valid work safety passport and monitoring up to date listing of worksite personnel safety training;
- Carry out safety inspection of the worksite to ensure works are executed in accordance with approved and established procedures;
- To advice work supervisors on rectification of non-compliance found during inspections and accident control techniques observation, and close out the report;
- To prepare and compile monthly report on health safety and environment conformance on weekly basis, for the workplace and submitted weekly, in your daily progress report to the Project Manager, and a copy to the Health Safety Department;
- To assist Project Manager, Health Safety & Environment Manager, formulating information and data, pictures, sketch, in any investigation into accident/near misses occurred at worksite;
- To report immediately all accident, near misses, dangerous occurrences to Project Manager, Health Safety and Environment Manager immediately, and to ensure collection of information and data commences;
- Any other duties assigned to ensuring the smooth operations and the high standard of health safety and environment performance at worksites;

Project Involved (PETRONAS Carigali)

- ERB West Quarter-A platform (EQW-A) TSM/TMM August 12 - Sep 28, 2008 on-board work boat MV Armada Goodman (SBO).
- Enhances Oil Recovery (EOR) & BARONIA Drilling Production-B for work over Drilling Preparation (WOP) for BARONIA Gas-B (BNG-B) July 16-28, 2008 onboard work boat MV DAYANG Berlian (SKO).
- BARAM Compressor-B and Drilling Production-B (BAK-B & BADP-B) May 28-July 3, 2008 on-board work boat MV DAYANG Pertama (SKO).
- EWQ-A (ERB West Field) TMM April 14 - May 13, 2008 on-board work boat MV Armada Goodman (SBO).
- SMJT-C (Semarang Field) TSM/TMM February 25 - March 10, 2008 on-board work boat MV Armada Goodman (SBO).
- BADP-A & G and BAK-B (work over Drilling Preparation, SIPROD and rig up station prior drilling activities) February 1-22, 2008 on-board work boat MV Sin Bee II (SKO).
- SMP-C (Semarang Field) TSM/TMM Nov 19-Dec 30, 2007 on-board work boat MV Armada Goodman (SBO).
- SMP-C (Semarang Field) TSM/TMM Oct 8-14, 2007 on-board work boat MV Armada Goodman (SBO).
- Murphy KIKEH Spar (Floating Deepwater) July-August 2007 on-board Support Vessel SMIT Nicobar and Work Barges West Setia, Singapore in Offshore Technical Support (OTS) for Murphy Sabah Oil Company Limited.

SKO - PETRONAS Carigali Sarawak Operation (PCSB SKO)

SBO - PETRONAS Carigali Sabah Operation (PCSB SBO)

6. Company : SARKU Marine Services Sdn. Bhd.
(Member of SapuraCrest Petroleum Company)

Position : Radio & Admin Officer

Report To	From	To	Position held	Last Position held	Reason for leaving
Vessel Operation	March 21,	June 16,	Radio Officer	HSE Trainee	Job

Supervisor/ Operation Manager	2007	2007			opportunity
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Job Descriptions:

- Prepared a Daily Progress Report (DPR) regarding the marine activities on-board on Marine maintenances, electrical, mechanicals, admin and Logistic;
- Prepared/updating daily personnel on-board. Reports are including work over drilling activities by UMW PETRODRILL (M) Sdn Bhd (Sub-Contractor for PETRONAS Carigali) and 3rd parties that involved in the work over drilling project which is have been done at the location of TKJT-C, TKJT-D, TKJT-E and WLDP-C31 (TK - TUKAU & WL - WEST Lutong);
- Prepared reports for PCSB CSR and Captain (Barge Master) regarding the work over drilling activities (administrations and logistics issues);
- Compile and update daily reports for record and filling purposes.
- Keep all radio's communication in good condition & functioning well especially EPIRB, GMDSS equipment's while in distress & an emergency;
- Maintain watch keeping (communication) with PETRONAS Carigali operations (mother platform Control/Radio Room), all support/supply vessels at the offshore vicinities areas and to keep others meant of communication e.g. In-Marsat Mini-M, telephone line and Walkie Talkie in good operational;
- Keep radio room/office in clean, keeping proper fillings & documentations and guided Barge Master in correspondences and administration matters regarding of SARKU Marine management (onshore);
- Prepared POB crew list on-board for daily tracking of training matrix, crews change list for boat manifest submission, record of weekly and monthly HSE Man-hours refer to the POB list;
- Keep record of Emergency Drill (Emergency Mustering station, Fire, Abandon, SOPEP drill) reports involving all parties (POB) on-board;
- Established standard communication through Barge PA systems.

Project Involved:

On-board work barge SARKU Samudera on hired by PETRONAS Carigali Sdn Bhd for Work Over (Drilling) Project at TUKAU and West Lutong Field by UMW PETRODRILL (M) Sdn Bhd.

7. Company : BINTULU Port Sdn. Bhd. (BPSB)

Position : HSE Trainee (Transition Training)

Report To	From	To	Position held	Last Position held	Reason for leaving
HSE Executive	May 28, 2005	Nov 27, 2005	HSE Trainee	LTO (communication)	Resigned 13 years services

Training Unit within BPSB HSE Department:

a. Technical & Environment Unit:

- auditing on all technical tools and equipment,
- transportation, mechanical/machineries, visual inspection for those entering into Port compound,
- Inspection the chemical storage,
- Monthly inspection of oil spill equipment's (SOPEP).

b. Occupational Safety and Health Unit:

- conduct safety briefing for visitor and sub-contractor,
- inspection to all Port machineries, building & facilities,
- Monitoring heavy lifting activities and by mobile crane is to perform safely including review permit and checklist,
- Chemical health risk assessment for the company auditing,
- PTW auditing & tracking from the company and Sub-Contractor.
- Updating HSE compilation for monthly.

c. Maritime Unit:

- inspection to all LNG/LPG Tankers/vessel that coming alongside at the jetty prior for LNG/LPG off-loadings,
- Station Emergency Shutdown Valve (ESDV) testing with BPSB control tower,
- Checking and verify the valves connections are fitted and ready operational,
- Ensure all preparation from LNG/LPG tankers are done and ready in safely manner,
- Patrolling within Bintulu offshore vicinities areas.

8. Ministry of Defence : Royal Malaysian Navy

Position : Leading Tactical Operator (RO)

Report To	From	To	Position held	Last Position held	Reason for leaving
Commanding Officer	Jan 2, 1993	Jan 1, 2006	Leading Tactical	Class 1 Radio Operator	Resigned 13 years services

While on-board Royal Malaysian Navy warships and shore bases. The work scope included:

- Breaking the communication code.
- Flying the international flags and interpreting the meaning.
- Communication between ship to ship and ship to shore using voice procedure.
- Communication between ship to ship using light flashing system procedure.
- Assigned as a Flight Deck Officer, guiding the helicopter landing and take-off.
- Supervise and teach the procedures of communication skills and put into practices to the new comer (RMN communicator).
- Administrative, correspondence and training.

OFFSHORE COURSES ATTENDED

No	Description	Training Institute	Year Attended
1	Basic Offshore Sea Survival, HUET (EBS)	Borneo Safety Training Services	2012
2	Designated First Aider (DFA)	Sribima Maritime Training Centre	2012
3	Permit to Work (Applicant)	Sribima Maritime Training Centre	2009
4	Hydrogen Sulphide (H ₂ S)	Sribima Maritime Training Centre	2009
5	BOSET (Re-fresher)	Sribima Maritime Training Centre	2009
6	Designated First Aider (DFA)	Sribima Maritime Training Centre	2009
7	Confined Space Entry	Borneo Safety Training Services	2007

8	Hydrogen Sulphide (H ₂ S)	SOLAR Alert	2007
9	Helicopter Underwater Escape Training with Emergency Breathing System	Sribima Maritime Training Centre	2007
10	Rigging and Slings Safety	Sribima Maritime Training Centre	2006
11	TBOSIET & Travel Safety by Boat (OPITO)	Maritime Safety Training Services	2006
12	Combined Sea Survival, First Aid, Fire Fighting & HUET	Maritime Safety Training Services	2006

Note:

Certified Designated First Aider

Member of Site Emergency Response Team (Team Leader)

HSE TRAINING, SEMINAR & WORKSHOP ATTENDED (CLIENT AND GOVERNMENT BODIES)

No	Description	Training Institute	Year Attended
1	NEBOSH HSW Certificate	KBA Training Centre, S'pore	2013/14
2	Integrated HSE Alignment	ExxonMobil and MMHE Development Program	19 Nov 2013
3	Loss Prevention System (LPS) and SSHE Induction	Terengganu Safety Training Centre (TSTC)	8/5/2013
4	Travel Safely by Boat, Boat Transfer & Swing Rope (PTB)	Terengganu Safety Training Centre (TSTC)	16/5/2013
5	Authorised Entrant and Standby person for Confined Space	National Institute of Occupational Safety & Health and SMTC	2011
6	UIA SSB/SSPC Group Control Framework (GCF) HSSE Workshop	In-House Training by ECS HSE Dept, Sarawak Shell Berhad	2011
7	HSE Supervisory	BSTS	2009
8	Back to Basic HSE Workshop (3 days)	PETRONAS Carigali SKO	2007
9	Job Hazard Analysis Workshop	DESB In-House Training	2007
10	Safety and Health Committee	NIOSH, Bintulu	2006
11	Implementation of Notification of Accident, Dangerous Occurrence, Occupational Poisoning and Occupational Disease Regulation 2004	National Institute of Occupational Safety & Health (NIOSH)	2006
12	Safety and health Officer Certificate	NIOSH	2005
13	Fire Safety Management (3 days)	Safety and Fire Academy, KL	2004
14	Safety Management (2 days)	Safety and Fire Academy, KL	2004
15	Occupational Safety & Health for Supervisor	NIOSH, Bangi	2003
16	Health Awareness and Fitness	Youth & Sport Department, Selangor	2001

RMN COURSES (NAVAL EDUCATION TRAINING COLLEGE)

No	Description	Training Institute	Year
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			Attended
1	Electronic Warfare	SAPURA Technologies (Maritime Tactical Centre)	2002
2	First Aid & CPR	96 Armed Forces Hospital	2001
3	Advance Radio Communication (Leading Tactical)	Naval Education Training College, Lumut Perak	1998
4	RMN Leadership and Management	Naval Education Training College	1998
5	Damage Control and Fire Prevention	Naval Education Training College	1998
6	Microsoft Word Program	AT System WP Labuan	1997
7	Radio Communication (Tactical Class I)	Naval Education Training College	1994
8	Radio Communication (Tactical Class II)	Naval Education Training College	July 1993
9	Basic RMN Recruit Training	Recruit Training Centre Woodland, Singapore	Jan 1993

Membership:

- i. Member of World Taekwondo Federation (WTF), Perak, Malaysia (since 2002)
- ii. Member of Malaysian Red Cross & Red Crescent (Blood Donors)