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Topic area: Parenting styles

Narrowed topic: Discuss the <u>effects</u> of permissive parenting techniques that lead to atypical

behavior in children and suggest solutions to minimize negative impacts.

The effects of permissive parenting styles might hinder the offspring's development. Many children make their choices independently because of their lack of guidance. In their relations with others, juveniles may encounter submissive responses as a consequence of their inability to make decisions after consulting everyone. This leads to them being "dependent" and they "lack social responsibility" [1]. Children of permissive parents are suggested to progress slower in terms of their emotional growth owing to the constraint on the opportunities for the child to experience emotionally taxing circumstances. The ability of the youth to succeed in activities could be affected owing to their inhibited emotional growth which can influence the constructive thought pattern of the youngster. The child's mental development is oftentimes directly influenced by the permissive parenting techniques of the parent.

Furthermore, the descendants of parents with low demandingness have been suggested to be associated with Higher Generalized Anxiety. Internalized problems are often a trait noticed in children of permissive parents with a noteworthy relation with anxiety. A study conducted by Geanina Cucu Ciuhan [2] suggested that the association between the offspring's higher generalized anxiety and their father's permissive parenting approach was a partial mediation effect (22.84%). Whereas the association of the same with their mother's parenting techniques had a complete mediation result (34.66%). Census data argues that the children are significantly at risk of developing generalized anxiety during their pre-school years. Children's susceptibility to internalizing problems could be due to their permissive parent's tendency to shelter them.

In addition, permissive parenting styles may create a cumulative effect on the behavioral problems of their progeny through the technique's influence on empathy. The young do not realize. In particular, children having permissive mothers were found to be more antisocial [3]. The low level of disciplinary measures provides children with high levels of unsupervised freedom. This has a tangible effect on the young to be more easily influenced by their environment and tends to lead to physical aggression and rule-breaking characteristics. Many children of permissive parents are known to be antisocial due to their traits associated with such hostility.

Reference List:

- [1]: S Alizadeh et al, "Relationship between Parenting Style and Children's Behavior Problems". Malaysia: Asian Social Science, vol. 7, no. 12, 198, 2011.
- [2]: Ciuhan, "Relationship between permissive parenting style and atypical behaviour in preschool children, with generalized anxiety as mediator", Early Child Development and Care, 5, 2021.
- [3] Kiran et al, "Parenting Style and Anti-social Behavior: An Exploratory Study of Secondary School Students". University of Okara: European Online Journal of Natural and Social Sciences, 302, 2019.