# Homework 4

Jinyuan Wu

May 10, 2023

# 1 Casimir-Polder Force

## 1.1 Interaction potential between two harmonic oscillators

The classical polarizability of a harmonic oscillator is

$$\alpha = \frac{e^2}{\epsilon_0 k}.\tag{1}$$

Since  $\omega_0^2 = k/m$ , the effective interaction potential

$$V(R) = -\frac{1}{8} \frac{\hbar}{m^2 \omega_0^3} \left(\frac{e^2}{2\pi\epsilon_0}\right)^2 \frac{1}{R^6}$$
 (2)

can be rewritten into

$$V(R) = -\frac{1}{32\pi^2}\hbar\omega_0 \frac{\alpha^2}{R^6}.$$
 (3)

## 1.2 An oscillator and a conducting wall

If we do angle average to the dipole interaction potential

$$V(r) = -\frac{d_1 d_2}{4\pi \epsilon_0 r_{12}^3} \left(\cos \theta_{12} - 3\cos \theta_1 \cos \theta_2\right)$$

$$= -\frac{d^2}{4\pi \epsilon_0 r_{12}^3} \left(\cos 2\theta - 3\cos^2 \theta\right)$$

$$= -\frac{d^2}{4\pi \epsilon_0 r_{12}^3} \left(-\frac{3}{2} - \frac{1}{2}\cos 2\theta\right),$$
(4)

since the  $\cos 2\theta$  term vanishes, we get

$$\langle V(r)\rangle = \frac{3}{2} \frac{\langle d^2 \rangle}{4\pi\epsilon_0 r_{12}^3},\tag{5}$$

where

$$d = ex (6)$$

is the dipole for one oscillator. This means in order to obtain the effective potential between the oscillator and the mirror, we just need to do the following substitution:

$$d_1 d_2 \longrightarrow -\frac{3}{2} e^2 \langle x^2 \rangle. \tag{7}$$

Ignoring the back action to the internal state of the oscillator,  $\langle x^2 \rangle$  can be evaluated using the property of a free oscillator:

$$\frac{1}{2}k\langle x^2\rangle = \frac{1}{2}\hbar\omega_0 \Rightarrow \langle d^2\rangle = e^2 \frac{\hbar\omega_0}{k}.$$
 (8)

## 1.3 Relativistic effect in field propagation

From the boundary condition, in a static field we have (note that the electric field is doubled because of the contribution of the image charge)

$$\frac{\sigma}{\epsilon_0} = \boldsymbol{n} \cdot \boldsymbol{E} \Rightarrow \frac{\sigma(r,\theta)}{\epsilon_0} = -2 \cdot \frac{e}{4\pi\epsilon_0(R^2 + r^2)} \frac{R}{\sqrt{R^2 + r^2}},\tag{9}$$

$$\sigma(r) = -\frac{eR}{2\pi (R^2 + r^2)^{3/2}}. (10)$$

The total charge is

$$\int_0^\infty 2\pi r \, \mathrm{d}r \, \sigma(r) = -e \int_0^\infty \frac{r}{R} \frac{\mathrm{d}r}{R} \frac{R^3}{(R^2 + r^2)^{3/2}} = -e \int_0^\infty \frac{\mathrm{d}x^2}{2} \frac{1}{(x^2 + 1)^{3/2}} = -e, \tag{11}$$

the expected result.

When R is large enough, it takes time for the electric field to propagate from the oscillator to the mirror and then back to the oscillator. The time cost is

$$T = \frac{2\sqrt{R^2 + r^2}}{c},\tag{12}$$

so at t, the oscillator sees the electric field it spread out at t-T; note that at different T values, the oscillator has different phases: the phase factor is  $e^{-i\omega_0(t-T)}$ . So finally the phase factor of the contribution of charges at r to the electric field felt by the oscillator at t is  $e^{i2\omega_0 T}$ . We may then take the real part (since we are working with linear electrodynamics) and the potential felt by a single charge is

$$V_{\rm d}(R) = \int_0^\infty 2\pi r \, \mathrm{d}r \, \sigma(r) \cdot \cos(2\omega_0 T) \cdot e\varphi(r \to R)$$

$$= \int_0^\infty 2\pi r \, \mathrm{d}r \, \sigma(r) \cdot \cos\left(4k_0 \sqrt{R^2 + r^2}\right) \frac{e}{4\pi\epsilon_0 \sqrt{R^2 + r^2}}$$

$$= -\frac{e^2 R}{4\pi\epsilon_0} \int_0^\infty r \, \mathrm{d}r \, \frac{\cos(4k_0 \sqrt{R^2 + r^2})}{(R^2 + r^2)^2}.$$
(13)

#### 1.4 Evaluation of the retarded interaction potential

We evaluate (13). We do the substitution

$$u = 4k_0\sqrt{R^2 + r^2},\tag{14}$$

and

$$du = 4k_0 \frac{r dr}{\sqrt{R^2 + r^2}}, \quad \frac{r dr}{(R^2 + r^2)^2} = \frac{1}{4k_0} \frac{\sqrt{R^2 + r^2} du}{(R^2 + r^2)} = (4k_0)^2 \frac{du}{u^3},$$

and we get

$$V_{\rm d}(R) = -(4k_0)^2 \frac{e^2 R}{4\pi\epsilon_0} \int_{4k_0 R}^{\infty} \frac{\mathrm{d}u}{u^3} \cos u$$

$$= -(4k_0)^2 \frac{e^2 R}{4\pi\epsilon_0} \left( -\frac{\sin(4k_0 R)}{8k_0 R} + \operatorname{Ci}(4k_0 R) + \frac{\cos(4k_0 R)}{2(4k_0 R)^2} \right). \tag{15}$$

When R is large (but we are still in the near-field region and the quasi-static approximation above still works) we have

$$V_{\rm d}(R) = -(4k_0)^2 \frac{e^2 R}{4\pi\epsilon_0} \cdot -\frac{\sin(4k_0 R)}{(4k_0 R)^3} = \frac{e^2 \sin(4k_0 R)}{4\pi\epsilon_0 (4k_0)^2 R^3}.$$
 (16)

This is the potential for a single point charge; we can repeat the same procedure for a dipole, and the resulting potential in the  $R \to \infty$  limit is  $\propto 1/R^4$ .

#### 1.5

The  $1/R^4$  law agrees with Eq. (3) (the large-cavity case) in Phys. Rev. 73, 360 (1948).

# 2 p to x matrix element

We know

$$[x, H] = i\hbar \frac{p}{m}, \tag{17}$$

and therefore

$$\frac{\mathrm{i}\hbar}{m} \langle i|\boldsymbol{p}|j\rangle = \langle i|[\boldsymbol{x},H]|j\rangle = \langle i|\boldsymbol{x}E_j - E_i\boldsymbol{x}|j\rangle = (\hbar\omega_j - \hbar\omega_i) \langle i|\boldsymbol{x}|j\rangle,$$

and thus

$$\langle i|\boldsymbol{p}|j\rangle = \mathrm{i}m\underbrace{(\omega_i - \omega_j)}_{\omega_{ij}} \langle i|\boldsymbol{x}|j\rangle.$$
 (18)

The optical transition lifetime is  $\sim 1\,\mathrm{ns}$ , and the lind width is therefore is  $\sim 10 \times 10^9\,\mathrm{Hz}$ , which is still very small compared with even the typical frequency of microwave. Therefore, approximately,  $\omega_i - \omega_j$  equals to the driving frequency  $\omega$ .

# 3 Sum rules

#### 3.1 The x-closure sum rule

We have

$$\sum_{k} |\langle n|x_i|k\rangle|^2 = \langle n|x_i \sum_{k} |k\rangle\langle k|x_i|n\rangle = |\langle n|x_i^2|n\rangle|, \qquad (19)$$

and therefore

$$\sum_{k} |\langle n|\boldsymbol{x}|k\rangle|^{2} = \sum_{k} \sum_{i} |\langle n|x_{i}|k\rangle|^{2}$$

$$= \sum_{i} |\langle n|x_{i}^{2}|n\rangle| = |\langle n|\boldsymbol{x}^{2}|n\rangle|.$$
(20)

## 3.2 The Thomas-Reiche-Huhn (TRK) sum rule

From

$$\frac{\hbar}{\mathrm{i}} = \langle n|px - xp|n\rangle = \sum_{k} (\langle n|p|k\rangle \langle k|x|n\rangle - \langle n|x|k\rangle \langle k|p|n\rangle) \tag{21}$$

and

$$[H,x] = \frac{\hbar}{m!}p,\tag{22}$$

we have

$$\begin{split} \frac{\hbar}{\mathrm{i}} &= \sum_{k} \left( \frac{m\mathrm{i}}{\hbar} \left\langle n|[H,x] \left| k \right\rangle \left\langle k|x|n \right\rangle - \left\langle n|x|k \right\rangle \cdot \frac{m\mathrm{i}}{\hbar} \left\langle k|[H,x] \left| n \right\rangle \right) \\ &= \frac{m\mathrm{i}}{\hbar} \sum_{k} \left( \left\langle n|E_{n}x - xE_{k}|k \right\rangle \left\langle k|x|n \right\rangle - \left\langle n|x|k \right\rangle \left\langle k|E_{k}x - xE_{n}|n \right\rangle \right) \\ &= \frac{m\mathrm{i}}{\hbar} \sum_{k} \left( 2(E_{n} - E_{k}) \left\langle n|x|k \right\rangle \left\langle k|x|n \right\rangle \right), \end{split}$$

and therefore

$$\sum_{k} (E_k - E_n) |\langle n|x|k\rangle|^2 = \frac{\hbar^2}{2m}.$$
(23)

# 4 Hydrogen maser

The structure of the device is shown in Foot Fig. 6.4.

#### 4.1 The initial state

There are four states:  $F = 0, M_F = 0, \text{ and } F = 1, M_F = 0, \pm 1.$  The initial state is

$$\rho_0 = \frac{1}{Z}(|0,0\rangle\langle 0,0| + e^{-\beta\Delta E}(|1,-1\rangle\langle 1,-1| + |1,0\rangle\langle 1,0| + |1,1\rangle\langle 1,1|)), \tag{24}$$

where

$$Z = 1 + 3e^{-\beta \Delta E},\tag{25}$$

$$\Delta E = \frac{2\mu_{\rm B} - g_p \mu_{\rm N}}{2\hbar} B. \tag{26}$$

When the external field is turned off we have

$$\rho_0 = \frac{1}{4} \operatorname{diag}(1, 1, 1, 1). \tag{27}$$

The order of basis vectors is the order in the above discussion.

#### 4.2 State selector

The  $F=1, M_F=0,1$  states see energy increase when the magnetic field is applied and are selected. But I have no idea why we get an entangled state ...

#### **4.3** Transition between F states

When the magnetic field inside the cavity is weak, we can consider the magnetic coupling Hamiltonian as a perturbation over the hyperfine splitting. Using formulae from Homework 3.3, we find a magnetic field on z direction doesn't shift the energy of  $|F=1,M_F=0\rangle$  directly, but there is transition between  $|F=0,M_F=0\rangle$  and  $|F=1,M_F=0\rangle$ . Using second order perturbation theory, we have

$$\Delta E = \frac{(g_s \mu_{\rm B} \pm g_p \mu_{\rm N})^2}{E_{\rm hfs}},\tag{28}$$

and the sign is + when the state is  $|F=1,M_F=1\rangle$  and – when the state is  $|F=1,M_F=0\rangle$ . On the other hand  $F=1,M_F=1$  receives a first order energy correction. So the frequency between  $F=1,M_F=0$  and  $F=0,M_F=0$  is much smaller than the frequency between  $F=1,M_F=1$  and  $F=0,M_F=0$ .

#### **4.4** Transition between 1,0 and 0,0

The magnetic moment of electron is much larger than that of proton, so to make things easier we consider the former only. The interaction matrix elements then are

$$\langle F = 0, M_F = 0 | g_s \mu_B B S \sigma_{x,y,z} | F = 1, M_F = 0 \rangle \approx \mu_B B \langle F = 0, M_F = 0 | \sigma_{x,y,z} | F = 1, M_F = 0 \rangle$$
. (29)

We already know that since  $\sigma_x$  flips the sign before  $|m_s=-1,m_I=1\rangle$  but leaves  $|m_s=1,m_I=-1\rangle$  unchanged, we have

$$\langle F = 0, M_F = 0 | g_s \mu_B B S \sigma_z | F = 1, M_F = 0 \rangle = \mu_B B.$$
 (30)

We have

$$\sigma_x = \sigma_+ + \sigma_-, \quad \sigma_y = -i\sigma_+ + i\sigma_-, \tag{31}$$

and therefore we find after we apply  $\sigma_{x,y}$  to  $|F=1,M_F=0\rangle$ , we get a mixture of  $|m_s=1/2,m_I=1/2\rangle$  and  $|m_s=-1/2,m_I=-1/2\rangle$ , and therefore

$$\langle F = 0, M_F = 0 | g_s \mu_B BS \sigma_{x,y} | F = 1, M_F = 0 \rangle = 0.$$
 (32)

#### 4.5 Einstein A and B coefficients

We can first evaluate B and find A from detailed balance. The occupation of the excited state  $|F=1, M_F=0\rangle$  is

$$N_2 = N \frac{\Omega^2 / 4}{(\omega - \omega_0)^2 + \gamma^2 / 4},\tag{33}$$

where

$$\hbar\Omega = \text{transitional matrix element} = \mu_{\rm B}B_{\omega}.$$
(34)

Here we use  $B_{\omega}$  to refer to the magnetic field. Since the magnetic driving may have a line width we have

$$N_2 = \int d\omega \, g(\omega) N \frac{\Omega^2/4}{(\omega - \omega_0)^2 + \gamma^2/4} \approx N \mu_{\rm B}^2 B_\omega^2 \int d\omega \, g(\omega) \frac{1}{(\omega - \omega_0)^2 + \gamma^2/4} \approx \frac{2\pi}{\gamma} N \mu_{\rm B}^2 B_\omega^2. \tag{35}$$

In equilibrium, we have

$$B\rho(\omega)N =: N_{\text{pumping per second}} = \gamma N_2,$$
 (36)

where  $\rho = B_{\omega}^2/\mu_0$  is the electromagnetic energy density, and we get

$$B = 2\pi\mu_0\mu_{\rm B}^2. \tag{37}$$

We still need to add a 1/3 factor before B since at frequency  $\omega$  we have 3 directions of k and two polarizations per k, and only two modes are oscillating in the  $\hat{z}$  direction. So

$$B = \frac{2}{3}\pi\mu_0\mu_{\rm B}^2. \tag{38}$$

Now from

$$\frac{A}{B} = \frac{\hbar\omega^3}{\pi^2 c^3} \tag{39}$$

we get

$$A = \frac{2\hbar\omega^3\mu_0\mu_{\rm B}^2}{3\pi c^3}.$$
 (40)

4.6

# 4.7 Magnetic field and photon

When the number of photons is large, we have

$$\hbar\omega N = \mu_0 B^2 \cdot V \Rightarrow B = \sqrt{\frac{\hbar\omega N}{\mu_0 V}}.$$
 (41)

## 4.8 Equation of motion of particle numbers

The EOMs of particle numbers in the bulb is the follows:

$$\dot{N}_{2} = \Phi - N_{2} (\gamma_{h} + \gamma_{w}) - Bn\rho(\omega) 
\dot{N}_{1} = -N_{1} (\gamma_{h} + \gamma_{W}) + Bn\rho(\omega) 
\dot{q} = -q\gamma_{c} + Bn\rho(\omega).$$
(42)

Here  $n = N_2 - N_1$  and q is the photon number.

The term  $Bn\rho(\omega)$  may be rewritten into

$$Bn\rho(\omega) = B'nq \Rightarrow B' = B\frac{\hbar\omega}{V}.$$
 (43)

But since q also has frequency dependence we need to do a line width integral similar to (35) and get

$$B' = B \frac{\hbar \omega}{V} \frac{2\pi}{\gamma_c}.$$
 (44)

#### 4.9 Threshold of maser

From the EOMs, in the equilibrium case, we have

$$q = \frac{\gamma_h + \gamma_w}{2\gamma_c} \left( \frac{\Phi}{\gamma_h + \gamma_w} - \frac{\gamma_c}{B'} \right), \tag{45}$$

and the occupation inversion is constantly

$$n = \frac{\gamma_c}{B'},\tag{46}$$

independent of the pumping  $\Phi$  and photon production q. The threshold incoming jet of excited H atoms is

$$\Phi_0 = \frac{\gamma_c(\gamma_h + \gamma_w)}{B'}.\tag{47}$$

We also have

$$N_1 + N_2 = \frac{\Phi}{\gamma_h + \gamma_w},\tag{48}$$

and therefore we are able to solve  $N_1$  and  $N_2$ . Slightly above the threshold, we have

$$N_1 \approx \frac{1}{2} \left( \frac{\Phi_0}{\gamma_h + \gamma_w} - n \right) = 0, \tag{49}$$

and

$$N_2 \approx n = \frac{\gamma_c}{B'}. (50)$$

#### 4.10 Schawlow-Townes limit

# 5 Diffracted limited beam

We are dealing with linear optics so the power of the laser beam is irrelevant. The beam radius of a Gaussian beam is

$$w(z) = w_0 \sqrt{1 + \left(\frac{z}{z_R}\right)^2}, \quad z_R = \frac{\pi w_0^2 n}{\lambda}.$$
 (51)

When z is very large, we have

$$w(z) = w_0 \frac{z}{z_{\rm R}} = \frac{\lambda}{\pi w_0 n} \cdot z. \tag{52}$$

The wave length of green laser is  $532 \,\mathrm{nm}$ . The distance between earth and moon is  $382 \,500 \,\mathrm{km}$ , and we can take  $w_0$  to be half of the 1 mm diameter of the laser beam when it leaves the laser, and thus on the moon the radius of the beam is

$$w_{\text{moon}} = \frac{\lambda}{\pi w_0} \cdot R_{\text{earth-moon}} = 129 \,\text{km}.$$

This can also be seen as an instance of uncertainty principle: the above equation is equivalent to

$$\underbrace{w_0}_{\Delta x} \cdot \frac{\pi}{\lambda} \cdot \underbrace{\frac{w(z)}{z}}_{\tan \theta} = 1. \tag{53}$$