



Crockpot Spinach Artichoke Dip

Yields 6 cups

Ingredients

- 10oz block of frozen spinach
- 14oz can artichokes hearts, chopped
- 1 small yellow onion, chopped
- 4 cloves garlic, minced
- 3 tablespoons unsalted butter
- 3 cups whole milk
- 1/2 teaspoon thyme
- 1 teaspoon black pepper
- 1 cup freshly grated parmesan cheese
- 8oz Monterey jack cheese, shredded (2 cups)
- 8oz block cream cheese

Directions

1. Combine all ingredients in crockpot except cream cheese.
2. Cook on low for 6-8 hours.
3. Add cream cheese for the last 30 minutes.