

1. Energy control 2 ← Energy control 1 is the removal of singularities at the end of SFT-6. The following prop can be viewed as an application of removal of singularities.

Prop (Lemma 9.11 in [Wen])

$(M, (\omega, \lambda))$  stable Ham str.  $J \in J((\omega, \lambda))$ .  $u: (\Sigma, j) \xrightarrow{G=S^2/\{1^\circ\}} (\mathbb{R} \times M, J)$

$J|_{\text{hw}}$  and satisfies  $E_\Sigma(u) < \infty$  and  $\int_{\Sigma} u^*(\pi_M^* \omega) = 0$ , where  $\pi_M: \mathbb{R} \times M \rightarrow M$  is the projection, then  $u$  is constant.

Pf.  $T(\mathbb{R} \times M) = \langle \partial_r, \overset{\parallel}{R}, \overset{\parallel}{\ker(\lambda)} \rangle$   
 $\overset{\parallel}{R} \xrightarrow{\text{def}} \overset{\parallel}{R}(\omega, \lambda)$

- For  $(s, t) \in \Sigma = \mathbb{C}$ , we have

$$\begin{aligned}
 u^*(\pi_M^* \omega)(\partial_s, \partial_t) &= \pi_M^* \omega(du(\partial_s), du(\partial_t)) \\
 &= \pi_M^* \omega(du(\partial_s), du(j\partial_s)) \\
 &= \pi_M^* \omega(du(\partial_s), J du(\partial_s)) \\
 &= \omega(\underbrace{\phantom{\omega} + \pi_{\mathbb{R}} du(\partial_s)}_{\substack{\omega \text{ vanishes} \\ \text{in R-direction}}}, \underbrace{\phantom{\omega} + \pi_{\mathbb{R}} J du(\partial_s)}_{\substack{\text{R-part} \\ \text{R-part}}}) \\
 &\stackrel{\text{def}}{=} \omega(\pi_{\mathbb{R}} du(\partial_s), \pi_{\mathbb{R}} J du(\partial_s)) \\
 &= \omega|_{\mathbb{R}}(\pi_{\mathbb{R}} du(\partial_s), J_{\mathbb{R}} \pi_{\mathbb{R}} du(\partial_s))
 \end{aligned}$$

By the defining condition of  $J$ , when restricted at  $\mathbb{R}$ ,  $J_{\mathbb{R}}$  is wlf compatible, so  $u^*(\pi_M^* \omega)(\partial_s, \partial_t) \geq 0$  and

$$u^*(\pi_M^* \omega)(\partial_s, \partial_t) = 0 \text{ iff } \text{im}(du) \subset \text{span}\{\partial_r, R\}.$$

Observe (Exe) that then  $\exists$  holomorphic map  $\Xi: \mathbb{C} \rightarrow \mathbb{C}$   
 s.t.  $(\dot{z}, \dot{j}) = (\dot{c}, \dot{j})$   $\xrightarrow{\text{not nec injective!}}$

$$\begin{array}{ccc} (\dot{z}, \dot{j}) = (\dot{c}, \dot{j}) & \xrightarrow{\text{u}} & (\mathbb{R} \times M, J) \\ & \searrow \text{"reparametrization"} & \downarrow u_r \\ & \Xi \searrow & (\mathbb{C}, \bar{J}_1) \\ & \text{R-direction} & \text{no part in } \mathfrak{f} \end{array}$$

not nec a closed orbit

when  $u_r(s, t) = (s, r(t))$  where  $r(t)$  is a flowline of  $R$ , that is,  
 $u = u_r \circ \Xi$ . (Note that here we need to use  $\text{Tr}(\mathbb{C}) = 0$ .)

- For  $\varphi \in T_{\mathbb{C}}$ , by the def of  $E_{\mathbb{C}}(u)$ , let's consider

$$(u^* \omega_{\varphi}) = u^*(\omega + d(\varphi(r)\lambda)) = \Xi^*(u_r^*(\omega + d(\varphi(r)\lambda)))$$

$$\begin{aligned} \text{Note that } (u_r^*(\omega + d(\varphi(r)\lambda))) (\partial_s, \partial_t) &= (\underbrace{\omega + \varphi(r)d\lambda}_{\text{from } (\mathbb{C}, \bar{J}_1)} + \varphi'(r)dr\lambda) (\partial_s, R) \\ &= (\varphi'(r) dr \wedge \lambda) (\partial_s, R). \end{aligned}$$

$$\Rightarrow u_r^*(\omega + d(\varphi(r)\lambda)) (s, t) = \varphi'(s) ds \wedge dt$$

$$\Rightarrow \int_{\dot{\Sigma}} u^* \omega_{\varphi} = \int_{\mathbb{C}} u^* \omega_{\varphi} = \int_{\mathbb{C}} \Xi^*(\varphi'(s) ds \wedge dt)$$

Since  $\varphi'(s) > 0$ ,  $\varphi'(s) ds \wedge dt$  is an area form on  $(\mathbb{C}, \bar{J}_1)$ .  $\int_{\mathbb{C}} \varphi'(s) ds \wedge dt = +\infty$

Claim. One can choose  $\varphi = \varphi(s) \in T_{\mathbb{C}}$  s.t. the area form  $\varphi'(s) ds \wedge dt$  extends

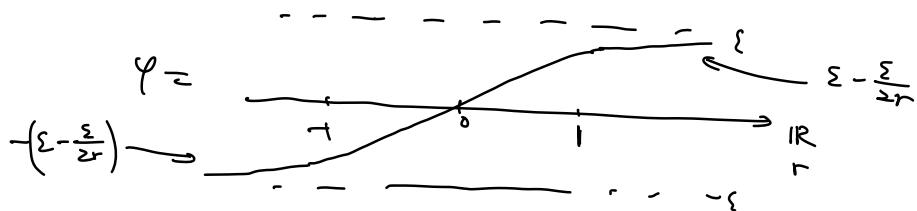
from  $\mathbb{C}$  to  $\mathbb{C} \cup \{\infty\} (= S^1)$  (i.e. at  $\infty$ , this form won't degenerate to 0).

To avoid writing  $\infty$  as a pt, let's change  $\infty \rightarrow 0$  by

$$\mathbb{C}^* \longrightarrow \mathbb{C}^* \quad z \rightarrow \frac{1}{z} \quad (\infty \rightarrow 0).$$

$$\begin{aligned} \text{Then } \varphi'(s) ds \wedge dt &\rightarrow \underbrace{\varphi'\left(\frac{s}{|z|^2}\right) \cdot \frac{1}{z} \cdot \frac{1}{|z|^4} dz \wedge d\bar{z}}_{\substack{z = s + \sqrt{-1}t \\ \bar{z} = s - \sqrt{-1}t}} \\ s + \sqrt{-1}t &\rightarrow \frac{1}{s + \sqrt{-1}t} = \frac{s}{|z|^2} + \dots \\ &= \underbrace{\varphi'\left(\frac{s}{|z|^2}\right) / |z|^4}_{(*)} ds \wedge dt \quad \text{for } z = s + \sqrt{-1}t \in \mathbb{C} \setminus \{0\}. \end{aligned}$$

We need to choose  $\varphi \in T_s$  r.t. (\*) won't degenerate to 0 at 0.



Then  $\exists c > 0$  (from cpt interval  $(-1, 1)$ ) s.t.  $\forall r \in \mathbb{R}$

$$\varphi'(r) \geq \min \left\{ c, \frac{\varepsilon}{2r^2} \right\}$$

$$\Rightarrow \varphi'\left(\frac{s}{|z|^2}\right) / |z|^4 \geq \min \left\{ \frac{c}{|z|^4}, \frac{\varepsilon |z|^4}{2s^2} \right\} = \min \left\{ \frac{c}{|z|^4}, \frac{\varepsilon}{2s^2} \right\}$$

$r = \frac{s}{|z|^2}$

and when  $|z| \rightarrow 0$ , both  $\frac{c}{|z|^4}$  and  $\frac{\varepsilon}{2s^2}$  blow up, so not degenerating to 0.

Then we have a setting:  $\underline{\mathbb{S}}: (\underline{\mathbb{S}}, j) \xrightarrow{\text{hol}} (\mathbb{S}^2, j_{std})$  and we have  
a well-defined area form  $\varphi(s) ds \wedge dt$  on  $(\mathbb{S}^2, j_{std})$  extended from  $\varphi'(s) ds \wedge dt$ .  
(symplectic)

$\Rightarrow \forall c > 0, \exists \text{ a symplectic str } \mathcal{L} \text{ on } (S^2, j_{\text{std}}) \text{ s.t.}$

$$\mathcal{L} \leq \varphi'(s) ds \wedge dt \quad \text{and} \quad \int_{S^2} \mathcal{L} > c.$$

Then

- If  $\int_{\Sigma} \Xi^* \mathcal{L} = \infty$ , then

$$\int_{\Sigma} u^* \omega_{\varphi} = \int_{\Sigma} \Xi^*(\varphi'(s) ds \wedge dt) \geq \int_{\Sigma} \Xi^* \mathcal{L} = \infty. \xrightarrow{\leftarrow} \text{to } E_{\Sigma}(u) \infty.$$

- If  $\int_{\Sigma} \Xi^* \mathcal{L} < \infty$ , then by removal of singularities,  $\Xi$  extends to a  $(j_{\text{std}})$  hol map  $\Xi: (S^2, j) \rightarrow (S^2, j_{\text{std}})$ , and

$$\begin{aligned} \int_{\Sigma} u^* \omega_{\varphi} &= \int_{\Sigma} \Xi^*(\varphi'(s) ds \wedge dt) \geq \int_{\Sigma} \Xi^* \mathcal{L} = \int_{S^2} \mathcal{L} \\ &= \deg(\Xi) \int_{S^2} \mathcal{L} \end{aligned}$$

$\Xi$  is hol  $\Rightarrow \deg(\Xi) \geq 0$  and then  $\deg(\Xi) \int_{S^2} \mathcal{L} \geq \deg(\Xi) \cdot c \rightarrow \infty$  as  $c \rightarrow \infty$ . Therefore,  $\int_{\Sigma} u^* \omega_{\varphi} = \infty \xrightarrow{\leftarrow} \text{Q.E.D.}$

Rank One can also consider  $\Sigma = S^2 \setminus \{p, q\} \cong \mathbb{R} \times S^1$ . The observation

above changes to  $u_r: \mathbb{R} \times S^1 \rightarrow \mathbb{R} \times M$  by

$$u_r(s, t) = (Ts, \gamma(Tt)) \quad \begin{array}{l} \text{where } T \text{ is the minimal} \\ \text{period of the flow of } R. \end{array}$$

By a similar argument, one can show either  $u$  is constant on

$$u(s, t) = (K Ts, \gamma(KTt))$$

that is, a  $K$ -fold covering of the "trivial cylinder".

## 2. Convergence to critical pts

Let's discuss in Morse case first.  $(M, F)$   $\xrightarrow{\text{closed}}$   $F$  is a Morse fn. also with a metric g fixed

Prop. Suppose that  $u(s) : \mathbb{R} \rightarrow M$  is a gradient flowline

$$\frac{du(s)}{dt} = \nabla F(u(s)).$$

then there exist  $p^\pm \in \text{Crit}(F)$  s.t.  $\lim_{s \rightarrow \pm\infty} u(s) = p^\pm$ .

Pf. By def of a Morse fn, each critical pt is "non-deg" (i.e. near crit cpt  $p$ ,  $F(x_1, \dots, x_n) = \sum_{i=1}^n \pm x_i^2$ ), so since  $M$  is closed,  $\exists$  finitely many critical pts

$$\text{Crit}(F) = \{p_1, \dots, p_N\}.$$

Choose  $\{U_i\}_{i=1}^N$ , NBHs of  $p_i$ , disjoint.

- $\exists \varepsilon_0 > 0$  s.t.  $\|\nabla F(x)\| \geq \varepsilon_0$  for any  $x \in M \setminus \bigcup_{i=1}^N U_i$ .

Suppose w.l.o.g.  $\exists x_n \in M \setminus \underbrace{\bigcup_{i=1}^N U_i}_{\text{closed} \Rightarrow \text{cpt}}$  s.t.  $\|\nabla F(x_n)\| < \frac{1}{n} \quad \forall n$ .

Then  $x_n \rightarrow x_*$  and  $\|\nabla F(x_*)\| = 0$ . So,  $x_* \in \text{Crit}(F) \rightarrow \in$

For every  $\varepsilon \in (0, \varepsilon_0)$ , denote the following NBH of  $p_i \in \text{Crit}(F)$ ,

$$V_i^\varepsilon := \{x \in U_i \mid \|\nabla F(x)\| < \varepsilon\} \subset U_i$$

- $\forall \varepsilon > 0$ ,  $\exists$  a seq  $s_j(\varepsilon) \in \mathbb{R}$  and  $s_j(\varepsilon) \rightarrow +\infty$  as  $j \rightarrow \infty$  s.t.

$$u(s_j(s)) \in \bigcup_{i=1}^N V_i^\varepsilon \text{ when } j \gg 1.$$



Suppose w.l.o.g.  $\exists s_*$  s.t.  $\forall s \geq s_*$ , we have

$$u(s) \notin \bigcup_{i=1}^N V_i^\varepsilon \stackrel{\text{then}}{\implies} \|\nabla F(u(s))\| \geq \varepsilon \quad (\forall s \geq s_*)$$

by def of  $V_i^\varepsilon$

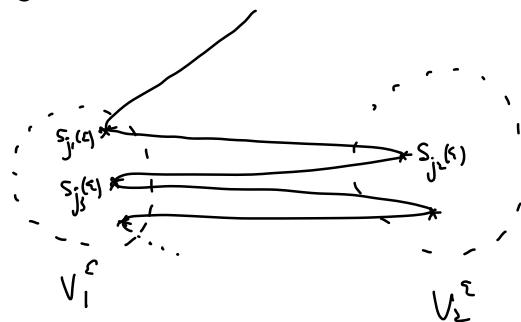
$$\text{Recall } E(u) := \int_{-\infty}^{\infty} \left\| \frac{du}{ds} \right\|^2 ds \quad \left( = \lim_{s \rightarrow \infty} F(u(s)) - \lim_{s \rightarrow -\infty} F(u(s)) \right)$$

Then

$$\begin{aligned} \max_M F - \min_M F &\geq E(u) = \int_{-\infty}^{\infty} \left\| \frac{du}{ds} \right\|^2 ds \\ &= \int_{-\infty}^{\infty} \|\nabla F(u(s))\|^2 ds \\ &\geq \int_{s_*}^{\infty} \|\nabla F(u(s))\|^2 ds \geq \int_{s_*}^{\infty} \varepsilon^2 ds = \infty. \end{aligned}$$

→ This shows that in a closed/cpt mfd, the energy of a gradient flow is also finite!

Note that this won't directly finish the proof since we could have the following "jumping" picture



Since  $E(u) < \infty$ , there  $\sigma_\varepsilon \in \mathbb{R}$  s.t.

$$\int_{\sigma_\varepsilon}^{\infty} \left\| \frac{du}{ds} \right\|^2 ds \leq \frac{\varepsilon}{4} \cdot \min_{i \in \{1, \dots, N\}} d(\overline{V_i^\varepsilon}, M \setminus V_i^\varepsilon)$$

- $\exists i \in \{1, \dots, N\}$  s.t.  $u(s) \in V_i^\varepsilon$  for  $s \geq \sigma_\varepsilon$ .

Since there are only finitely many  $V_i^\varepsilon$ 's that  $u(s)$  can "jump," so

- $\exists s_0 \geq \sigma_\varepsilon$  and  $i \in \{1, \dots, N\}$  s.t.  $u(s_0) \in V_i^{\varepsilon/2}$  ← apply the argument above to  $V_i^{\varepsilon/2}$  and take  $s = s_j(s_0)$  for sufficiently large  $j \gg 1$ .

Now, suppose  $\forall i \in \{1, \dots, N\}$ , in particular  $i_0$ , there

exist  $s_1 \geq \sigma_\varepsilon$  s.t.  $u(s_1) \notin V_{i_0}^\varepsilon$

$\Rightarrow$  (if nec, one can take  $s$  sufficiently large s.t.  $s_0 > s_1$ )

$\exists$  time interval  $[t_1, t_0]$  s.t.  $u(t_0) \in \partial V_{i_0}^{\varepsilon/2}$ ,  $u(t_1) \in \partial V_{i_0}^\varepsilon$ , and  $u(t) \in V_{i_0}^\varepsilon / V_{i_0}^{\varepsilon/2}$ .

By def of  $V_{i_0}^{\varepsilon/2}$ , we know for  $t \in [t_1, t_0]$ ,

$$\left\| \frac{\partial u}{\partial s}(t) \right\| = \left\| \nabla F(u(t)) \right\| \geq \frac{\varepsilon}{2} \quad \leftarrow \quad \left\| \frac{\partial u}{\partial s}(t) \right\|^{-1} \leq \frac{2}{\varepsilon}.$$

$$\begin{aligned} \Rightarrow \min_{i \in \{1, \dots, N\}} d(\bar{V}_i^{\varepsilon/2}, M | V_i^\varepsilon) &\leq d(u(t_1), u(t_0)) \leq \int_{t_1}^{t_0} \left\| \frac{\partial u}{\partial s} \right\| ds \\ &= \int_{t_1}^{t_0} \left\| \frac{\partial u}{\partial s} \right\|^2 \cdot \left\| \frac{\partial}{\partial s} \right\|^{-1} ds \\ &\leq \frac{2}{\varepsilon} \int_{\sigma_\varepsilon}^{\infty} \left\| \frac{\partial u}{\partial s} \right\|^2 ds \\ &\leq \frac{2}{\varepsilon} \cdot \frac{\varepsilon}{4} \cdot \min_{i \in \{1, \dots, N\}} d(\bar{V}_i^{\varepsilon/2}, M | V_i^\varepsilon) \\ &= \frac{1}{2} \min_{i \in \{1, \dots, N\}} d(\bar{V}_i^{\varepsilon/2}, M | V_i^\varepsilon). \end{aligned}$$

Finally, let  $s \rightarrow \infty$ , we know  $u(s) \rightarrow p_{i_0} \in \text{Cent}(F)$ .  $\square$