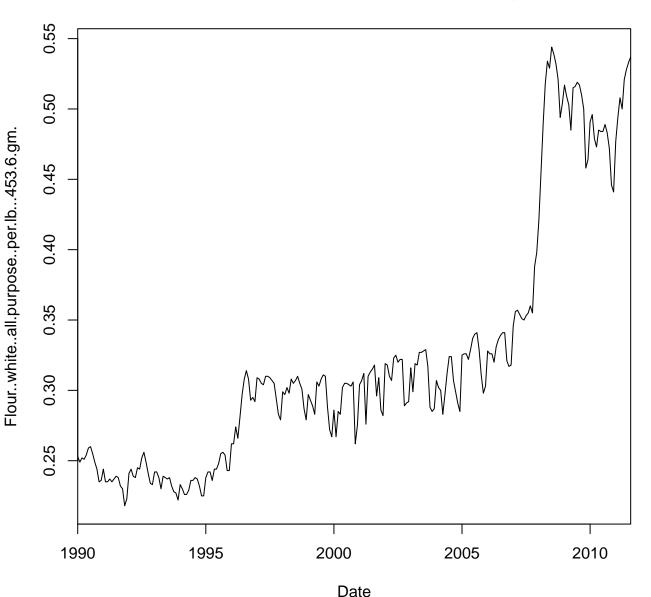
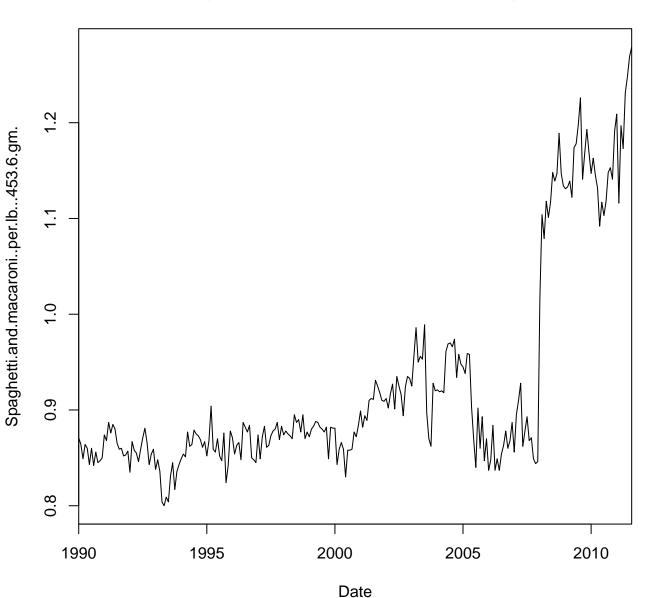
Flour..white..all.purpose..per.lb...453.6.gm.



Rice..white..long.grain..uncooked..per.lb...453.6.gm.

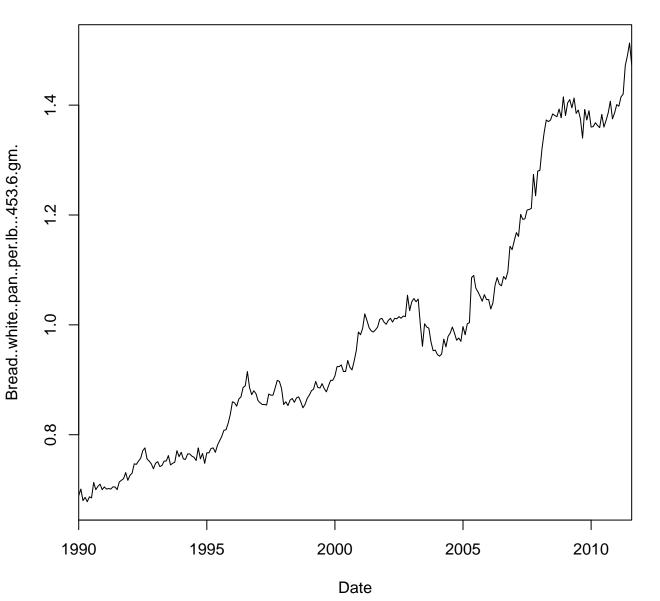


Spaghetti.and.macaroni..per.lb...453.6.gm.

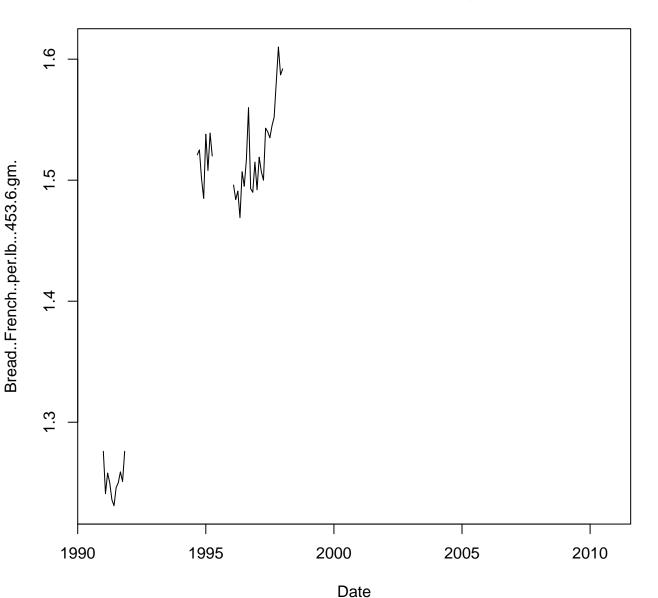


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

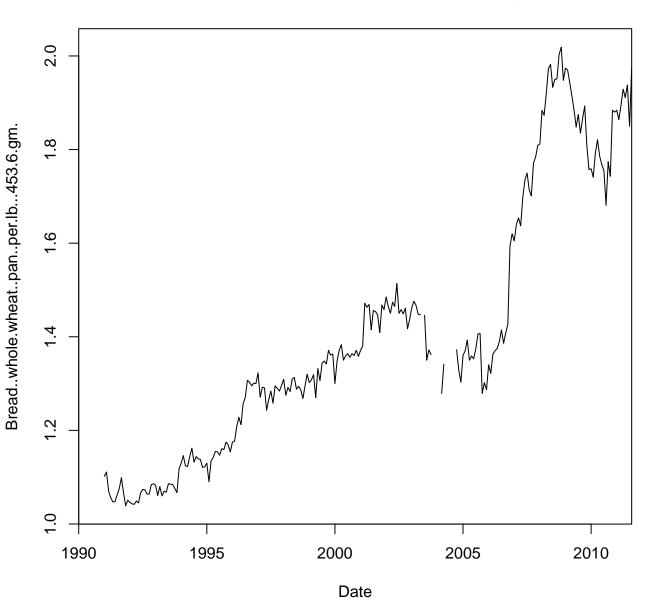
Bread..white..pan..per.lb...453.6.gm.



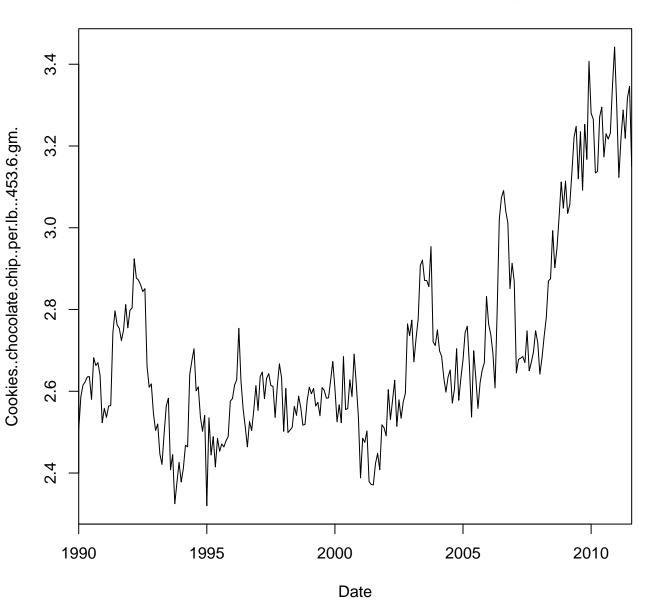
Bread..French..per.lb...453.6.gm.



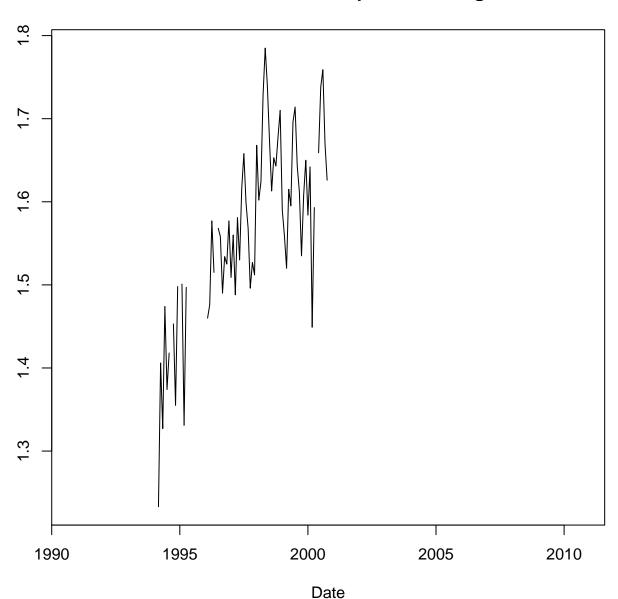
Bread..whole.wheat..pan..per.lb...453.6.gm.



Cookies..chocolate.chip..per.lb...453.6.gm.



Crackers..soda..salted..per.lb...453.6.gm.



Crackers..soda..salted..per.lb...453.6.gm.

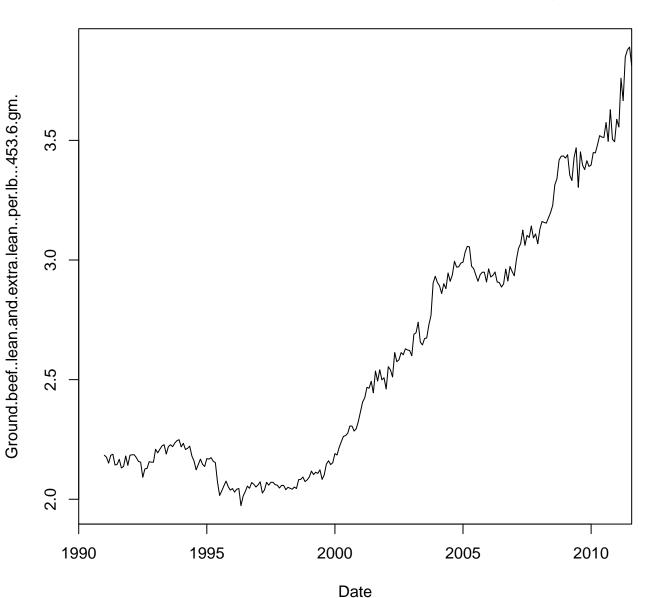
Ground.chuck..100..beef..per.lb...453.6.gm.



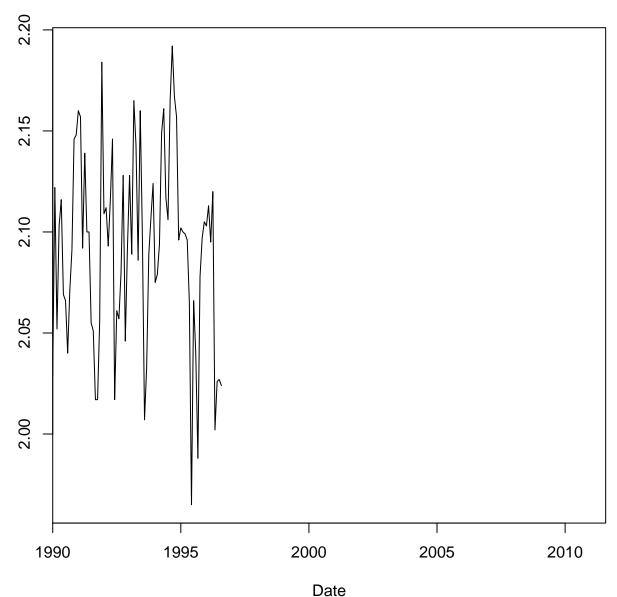
Ground.beef..100..beef..per.lb...453.6.gm.



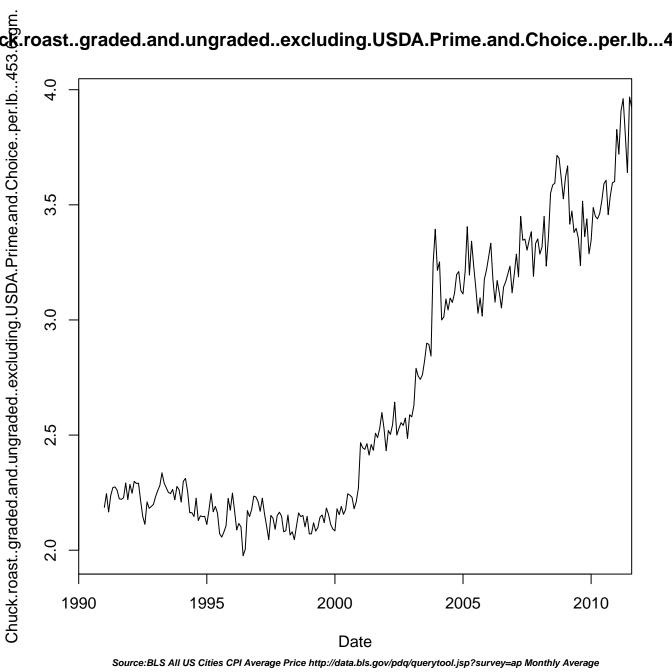
Ground.beef..lean.and.extra.lean..per.lb...453.6.gm.



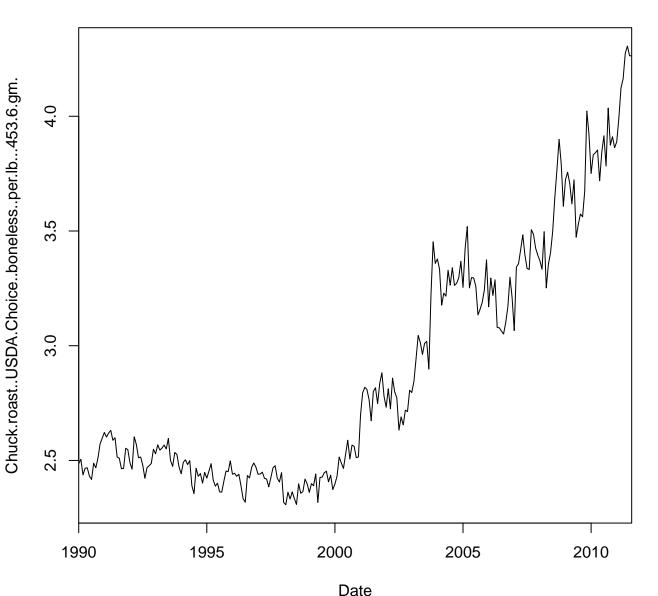
Chuck.roast..USDA.Choice..bone.in..per.lb...453.6.gm.



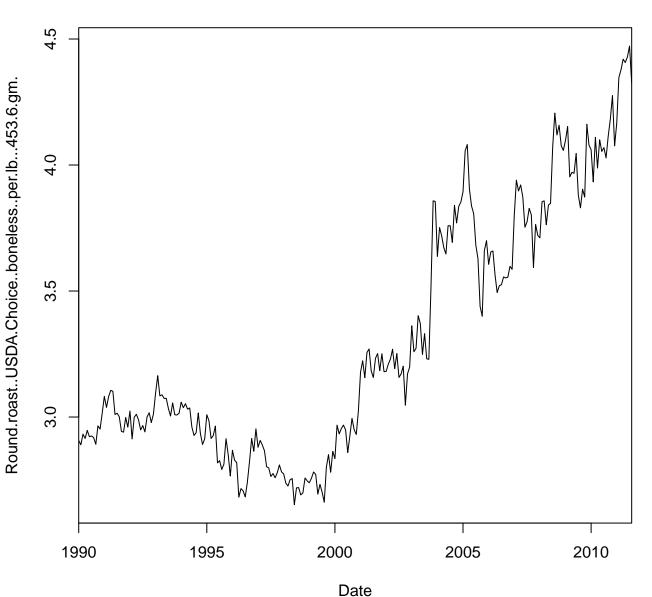
Chuck.roast..USDA.Choice..bone.in..per.lb...453.6.gm.

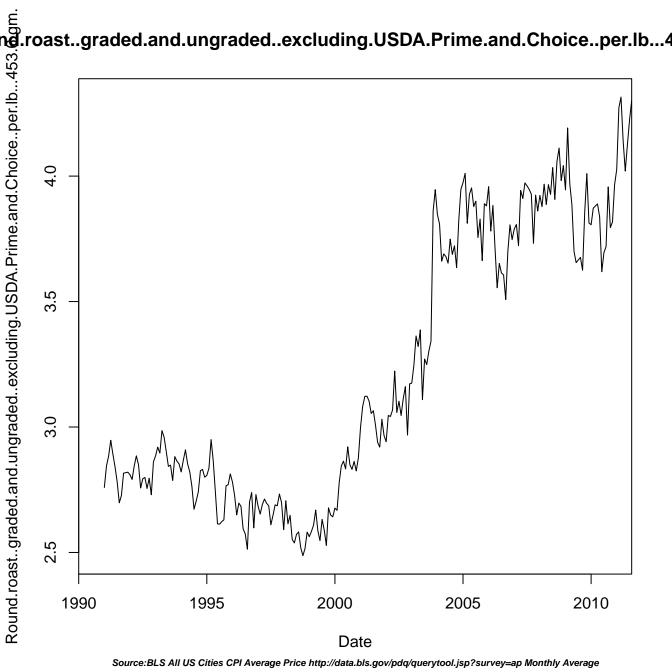


Chuck.roast..USDA.Choice..boneless..per.lb...453.6.gm.

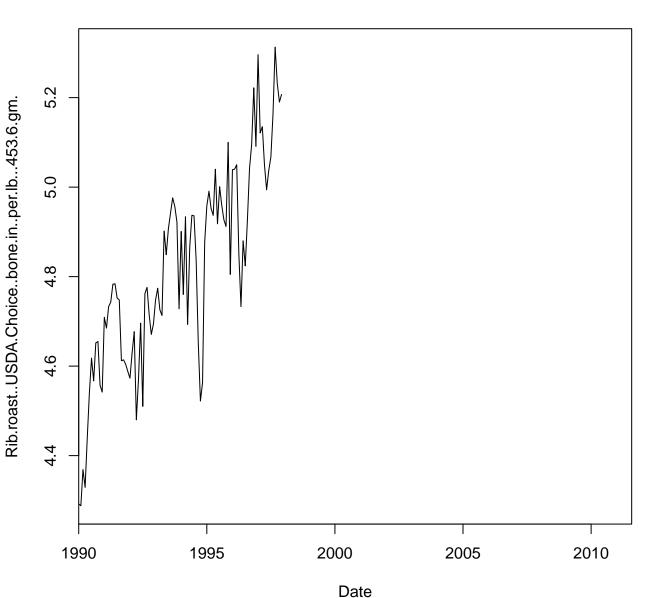


Round.roast..USDA.Choice..boneless..per.lb...453.6.gm.

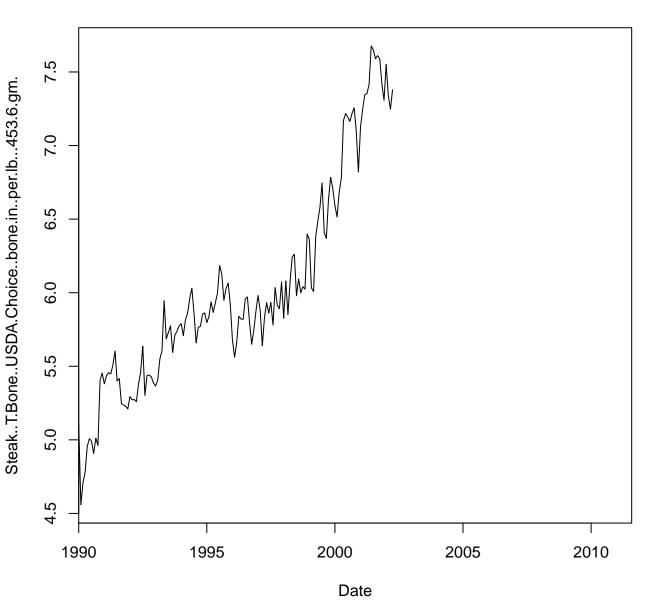




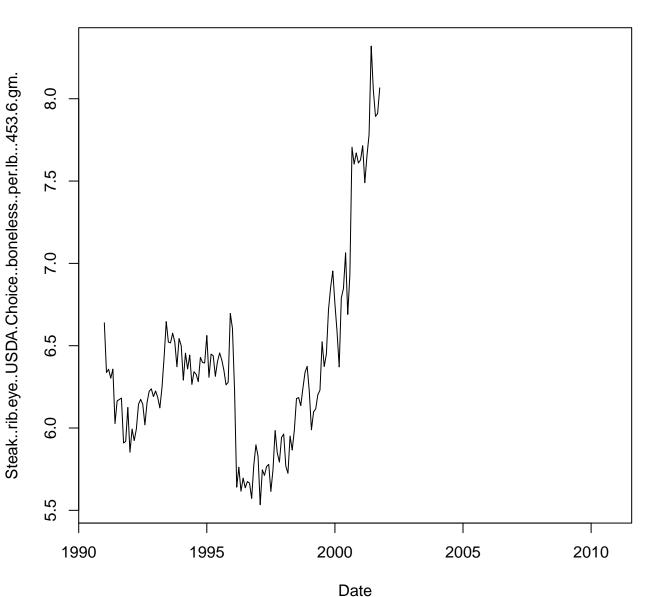
Rib.roast..USDA.Choice..bone.in..per.lb...453.6.gm.



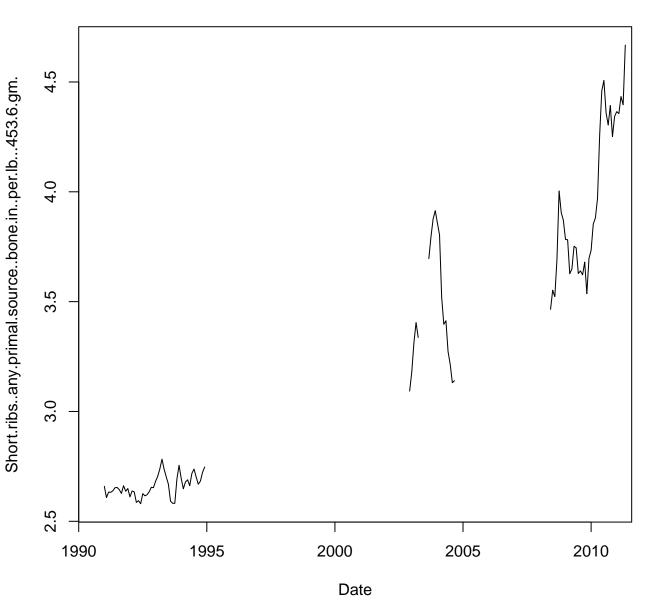
Steak..T.Bone..USDA.Choice..bone.in..per.lb...453.6.gm.



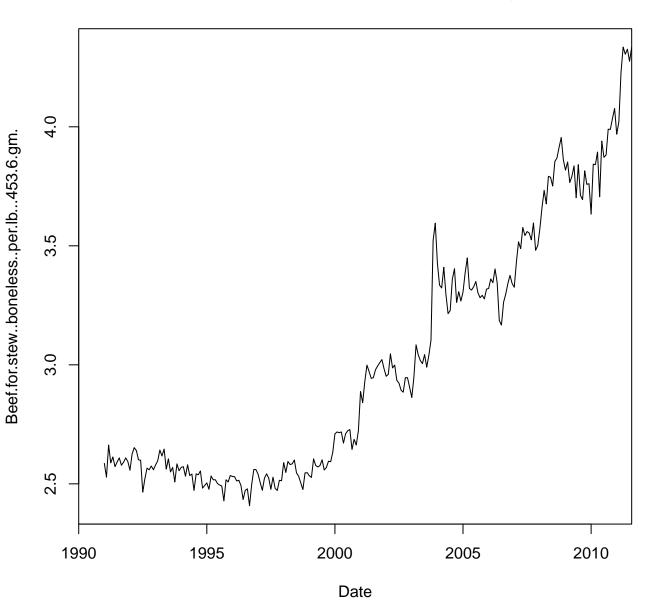
Steak..rib.eye..USDA.Choice..boneless..per.lb...453.6.gm.



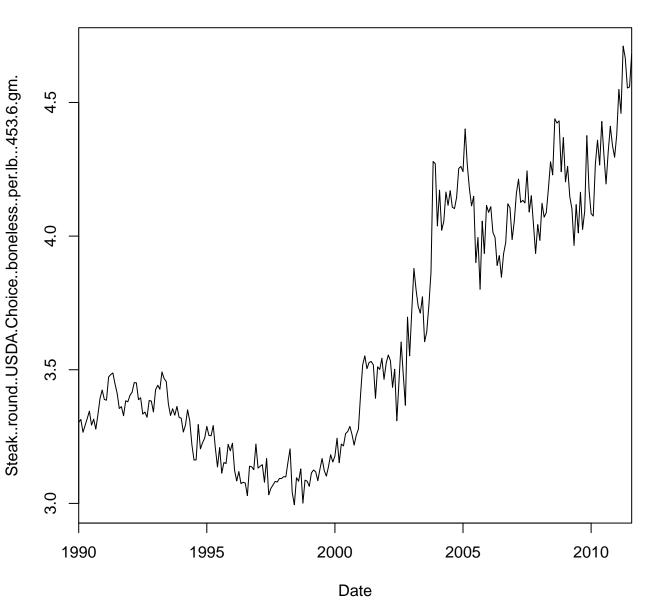
Short.ribs..any.primal.source..bone.in..per.lb...453.6.gm.

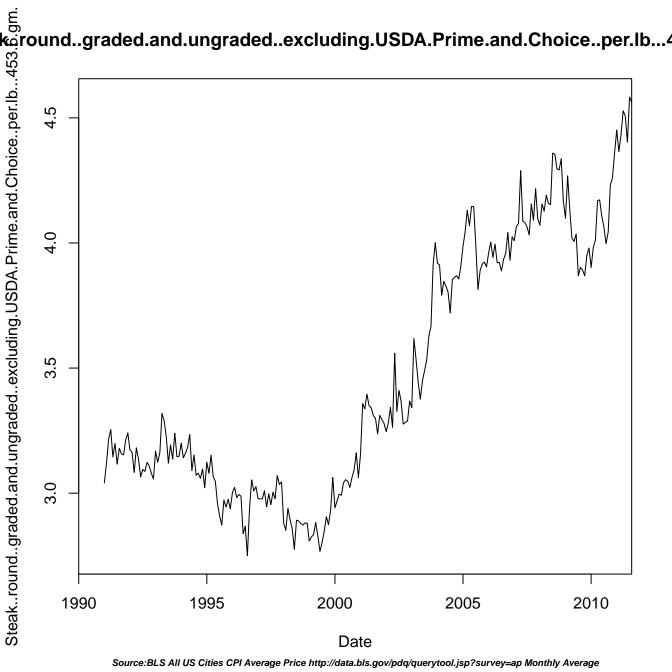


Beef.for.stew..boneless..per.lb...453.6.gm.

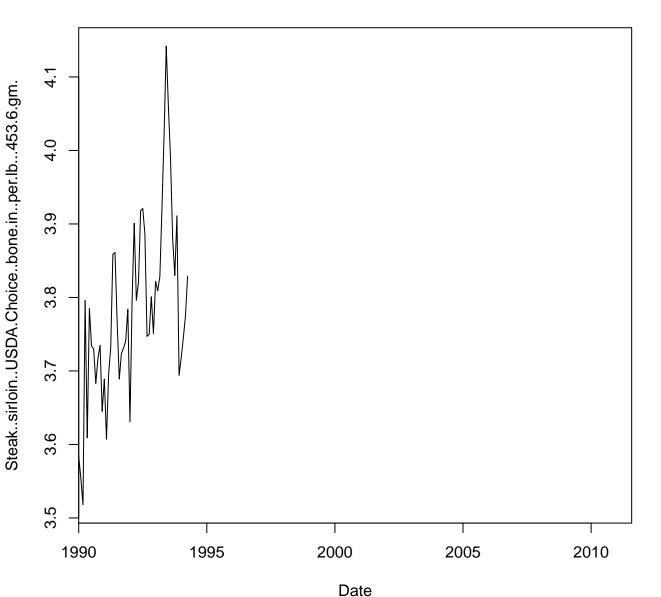


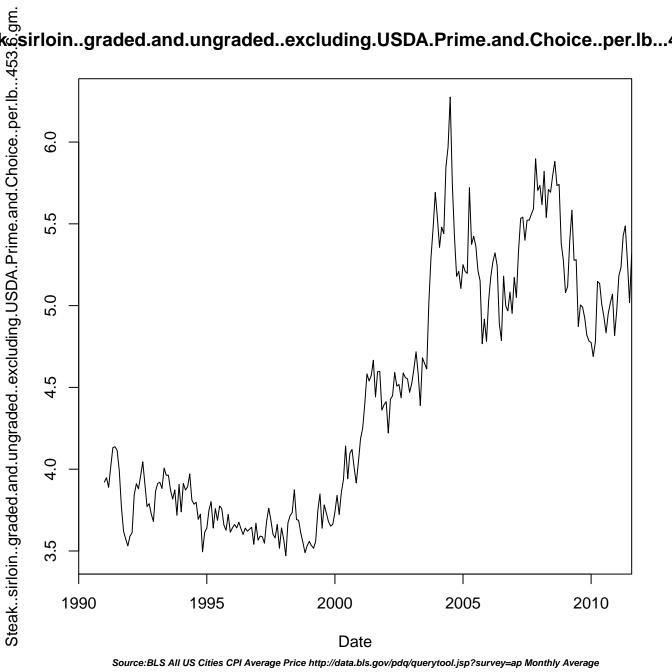
Steak..round..USDA.Choice..boneless..per.lb...453.6.gm.



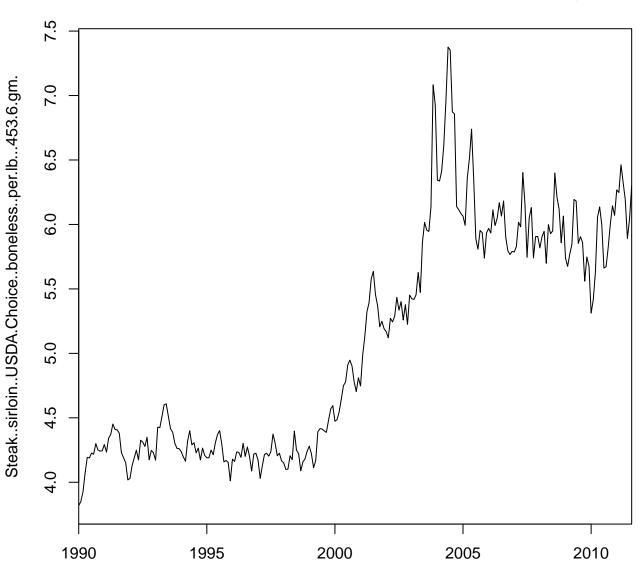


Steak..sirloin..USDA.Choice..bone.in..per.lb...453.6.gm.

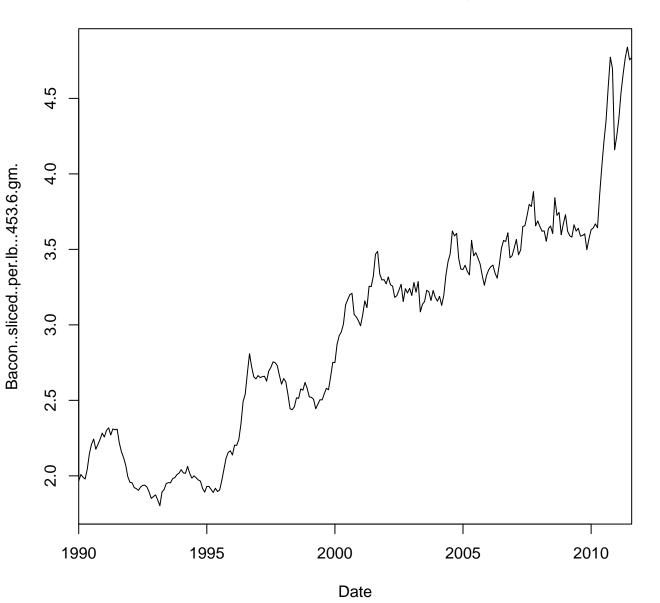




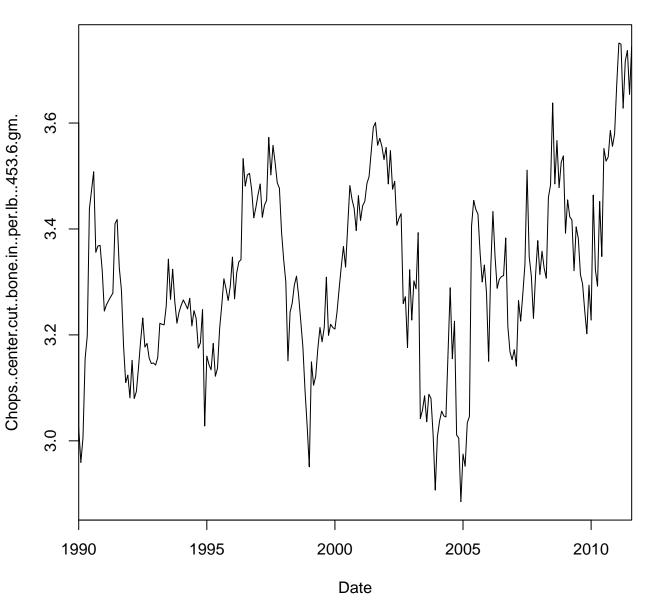
Steak..sirloin..USDA.Choice..boneless..per.lb...453.6.gm.



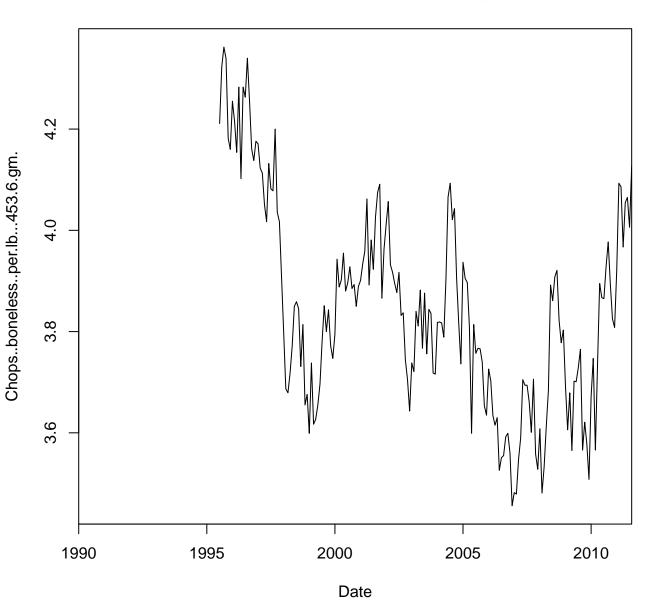
Bacon..sliced..per.lb...453.6.gm.



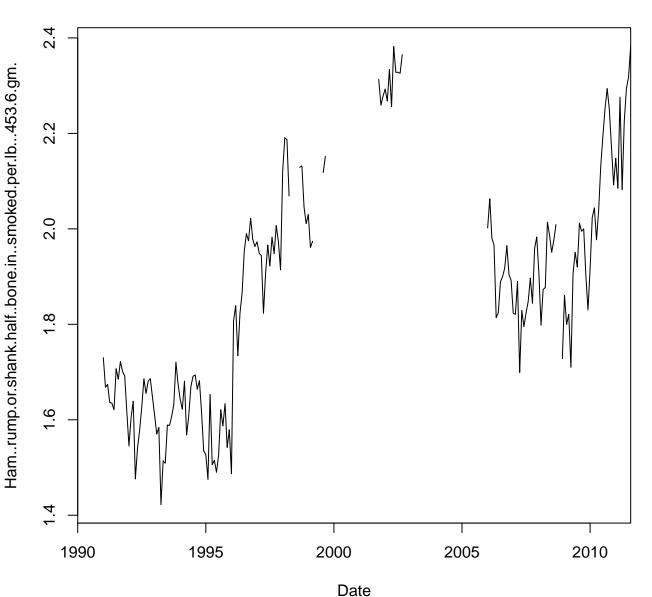
Chops..center.cut..bone.in..per.lb...453.6.gm.



Chops..boneless..per.lb...453.6.gm.

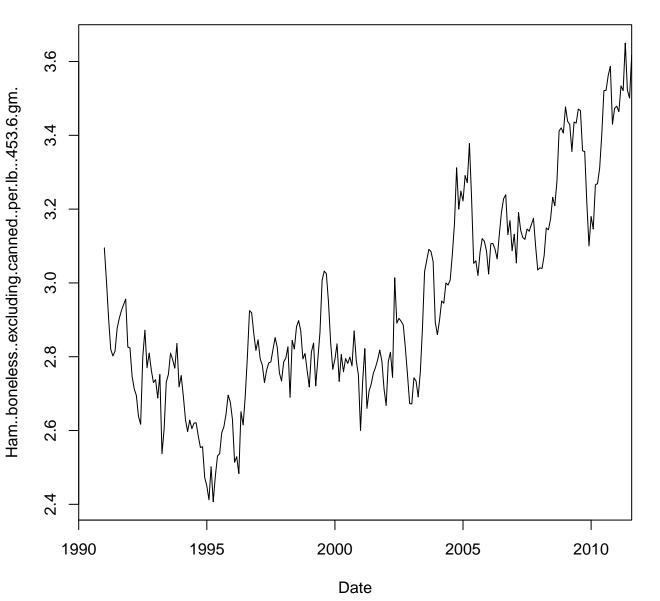


Ham..rump.or.shank.half..bone.in..smoked.per.lb...453.6.gm.



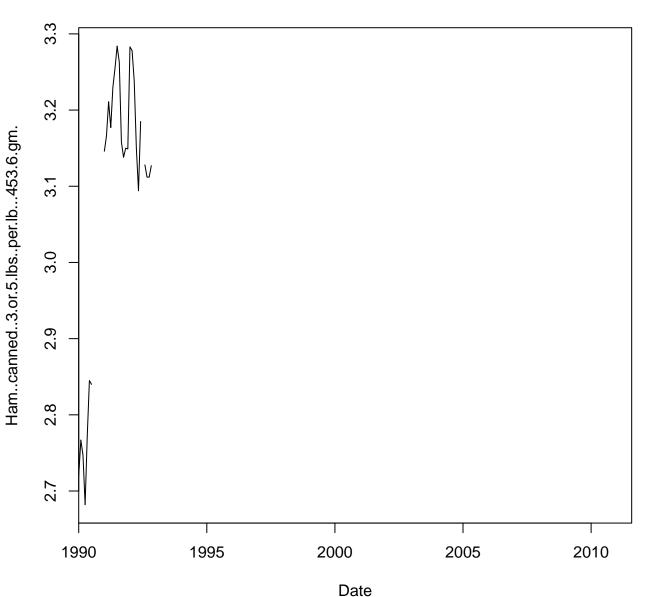
Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Ham..boneless..excluding.canned..per.lb...453.6.gm.

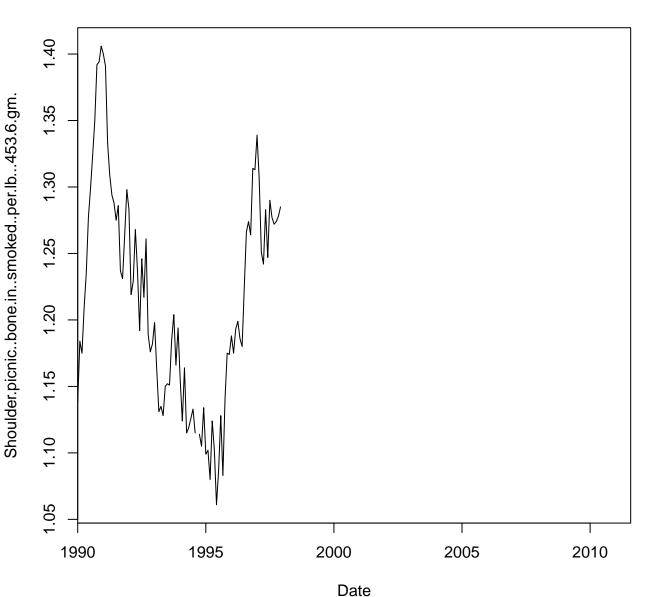


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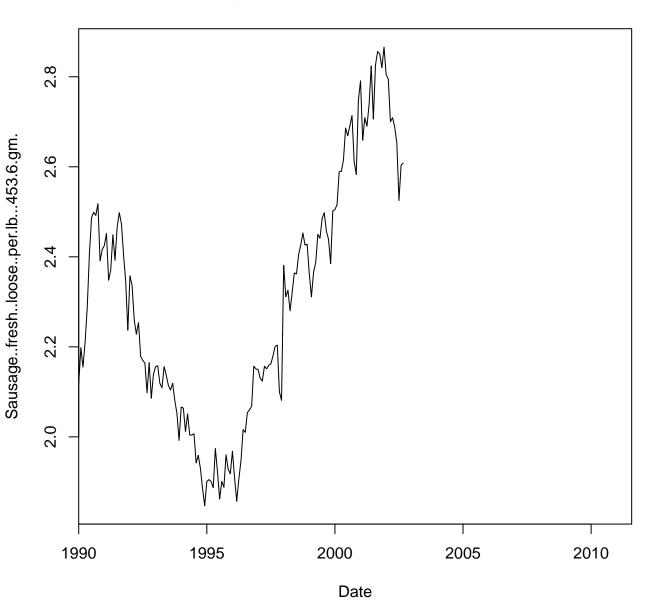
Ham..canned..3.or.5.lbs..per.lb...453.6.gm.



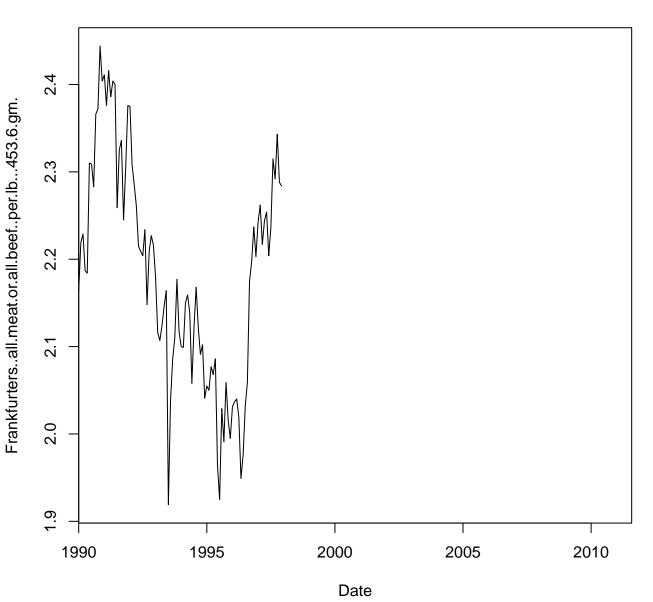
Shoulder.picnic..bone.in..smoked..per.lb...453.6.gm.



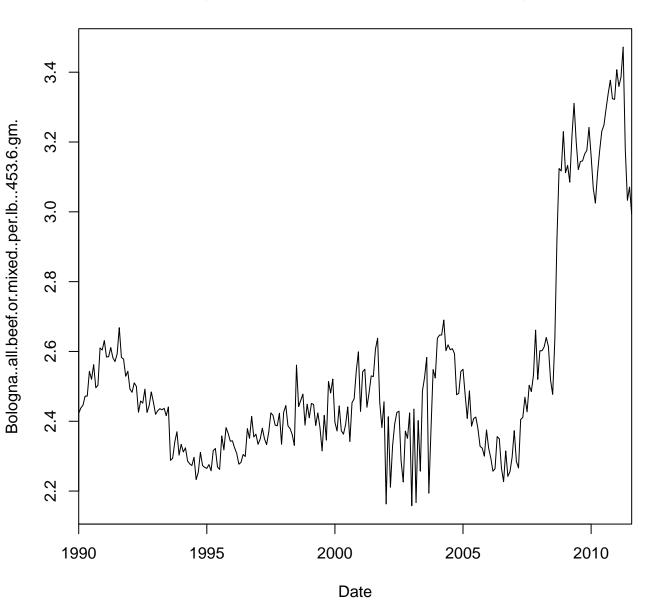
Sausage..fresh..loose..per.lb...453.6.gm.



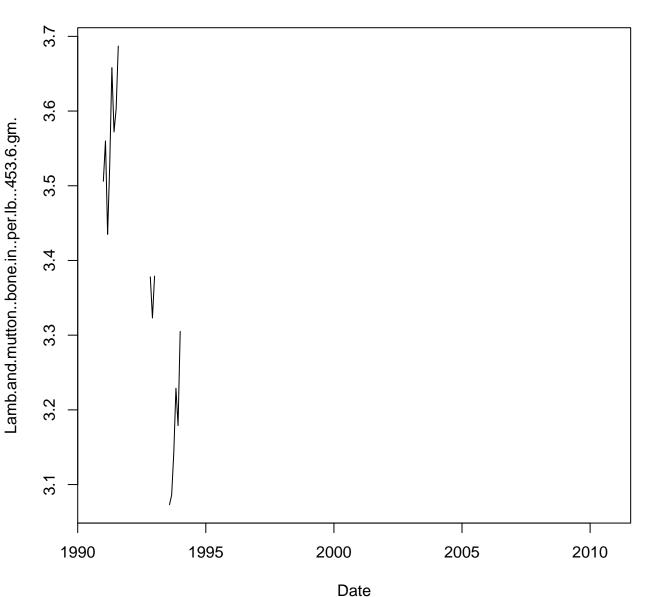
Frankfurters..all.meat.or.all.beef..per.lb...453.6.gm.



Bologna..all.beef.or.mixed..per.lb...453.6.gm.



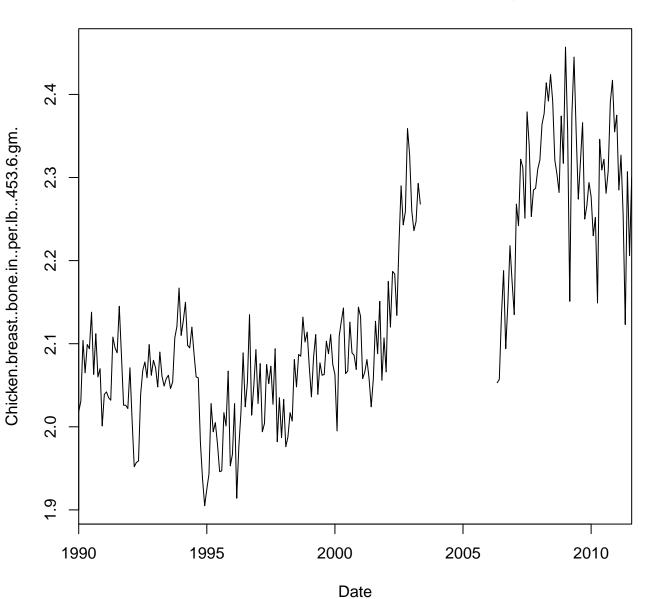
Lamb.and.mutton..bone.in..per.lb...453.6.gm.



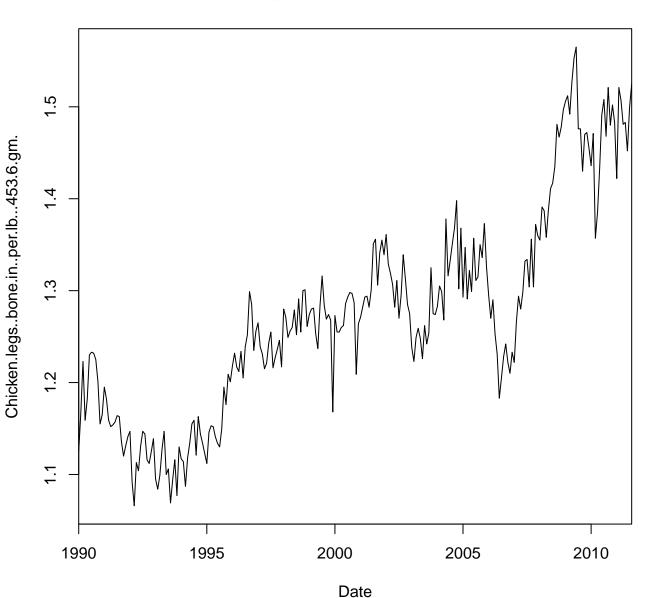
Chicken..fresh..whole..per.lb...453.6.gm.



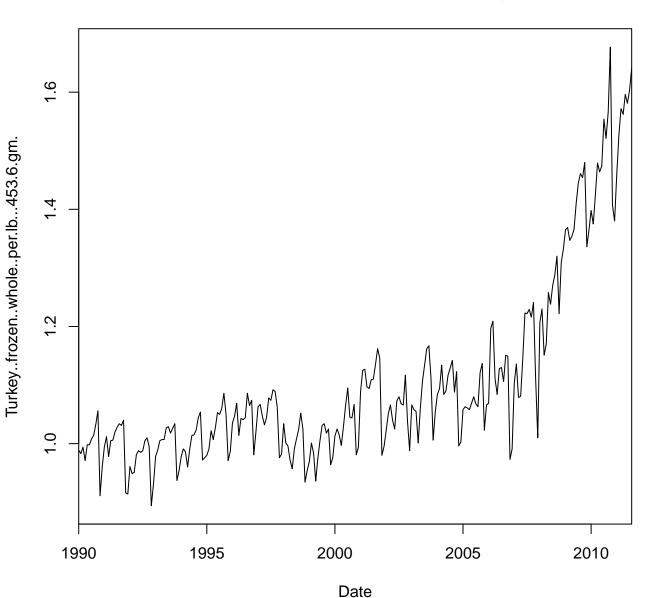
Chicken.breast..bone.in..per.lb...453.6.gm.



Chicken.legs..bone.in..per.lb...453.6.gm.

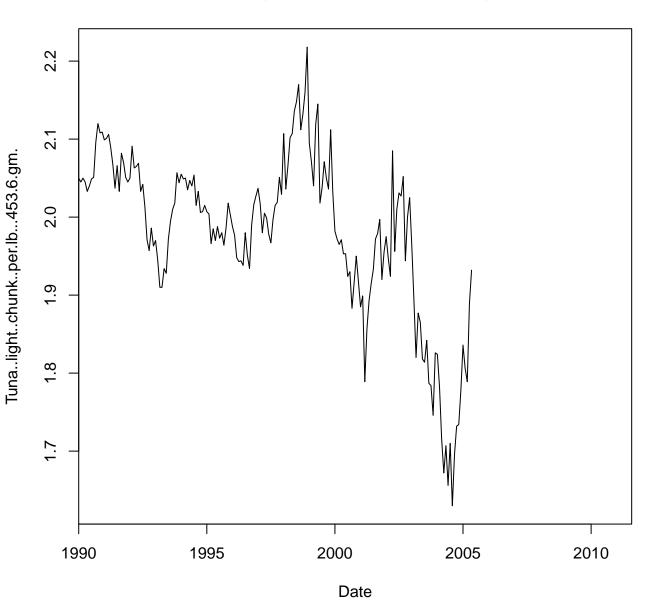


Turkey..frozen..whole..per.lb...453.6.gm.

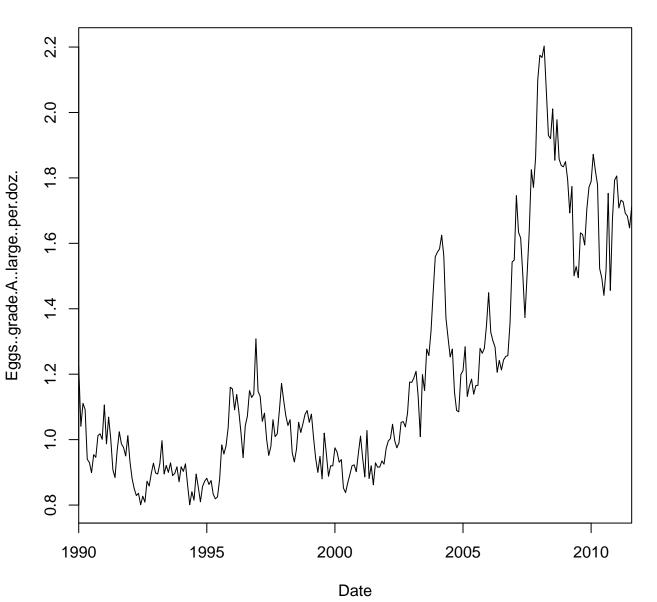


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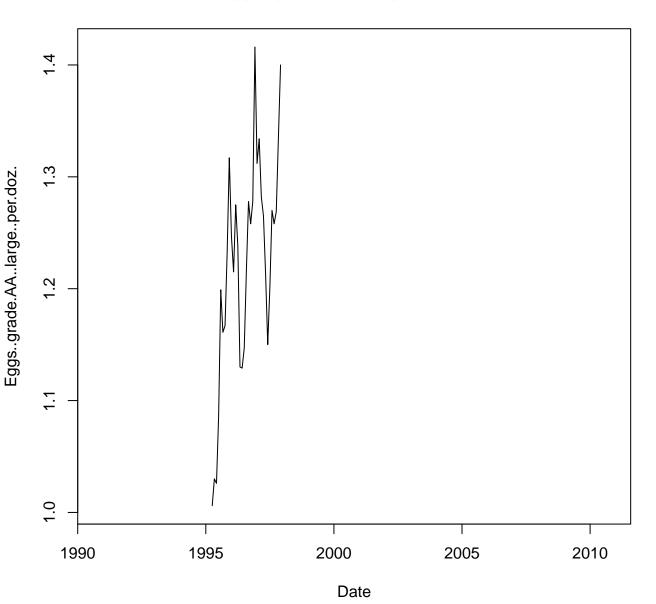
Tuna..light..chunk..per.lb...453.6.gm.



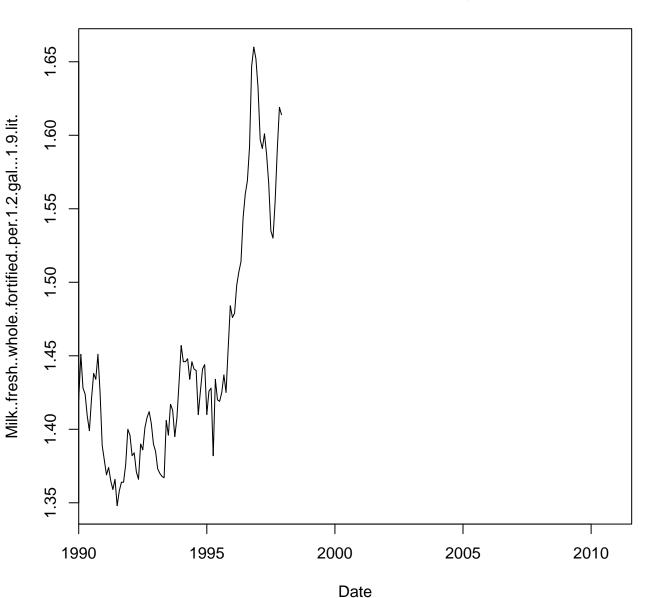
Eggs..grade.A..large..per.doz.



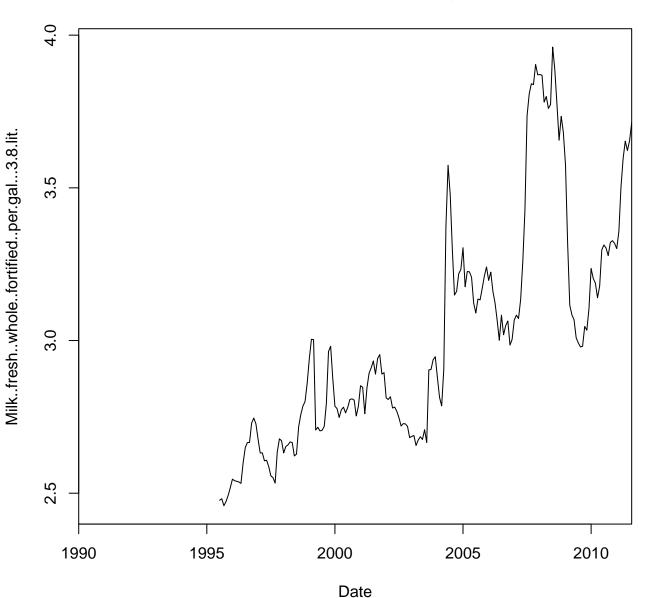
Eggs..grade.AA..large..per.doz.



Milk..fresh..whole..fortified..per.1.2.gal...1.9.lit.

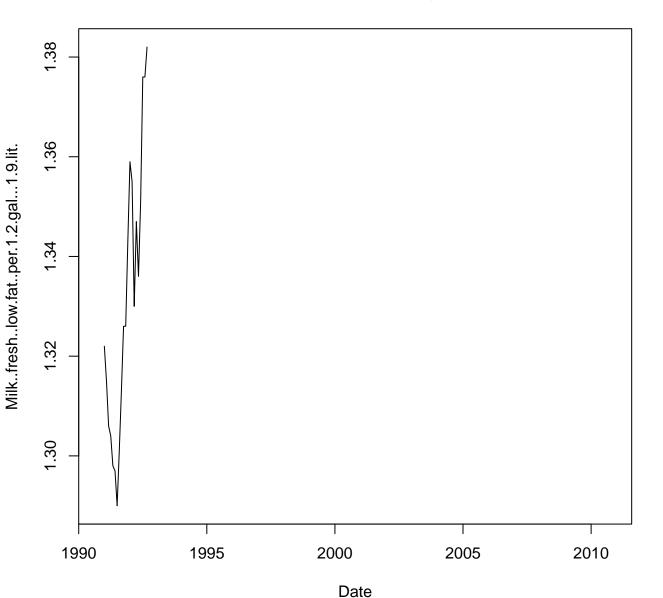


Milk..fresh..whole..fortified..per.gal...3.8.lit.

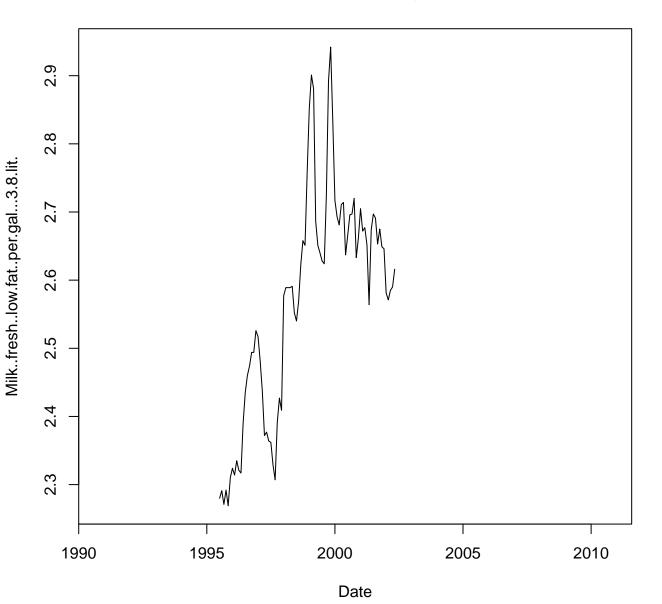


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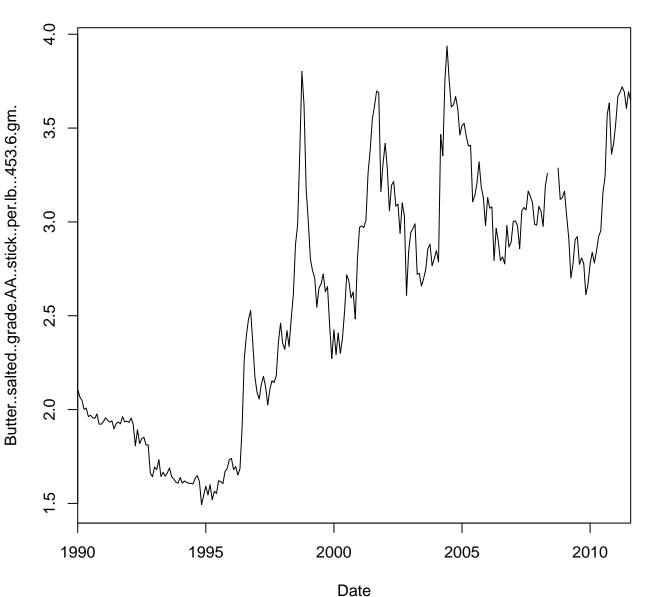
Milk..fresh..low.fat..per.1.2.gal...1.9.lit.



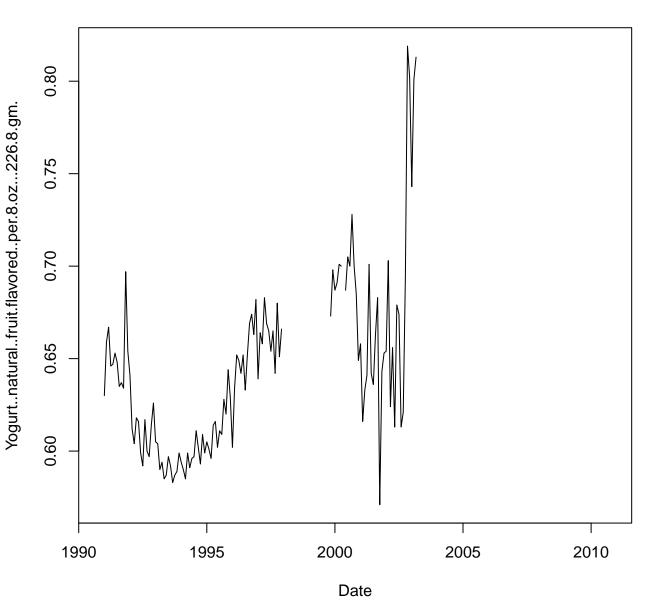
Milk..fresh..low.fat..per.gal...3.8.lit.



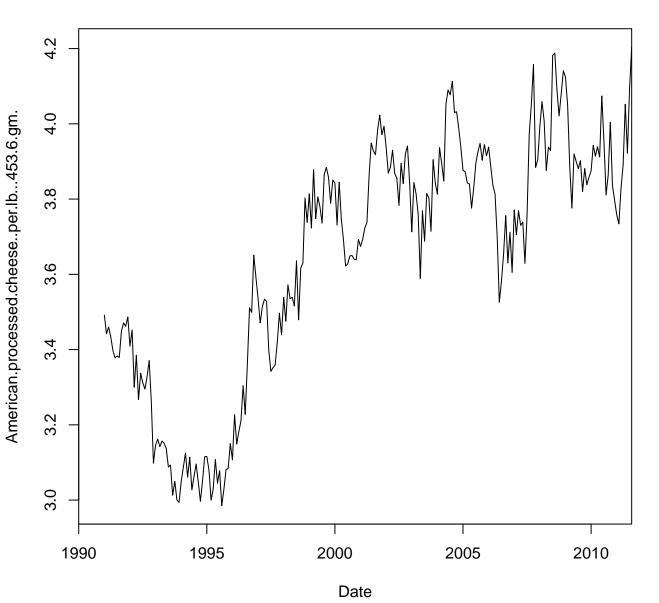
Butter..salted..grade.AA..stick..per.lb...453.6.gm.



Yogurt..natural..fruit.flavored..per.8.oz...226.8.gm.

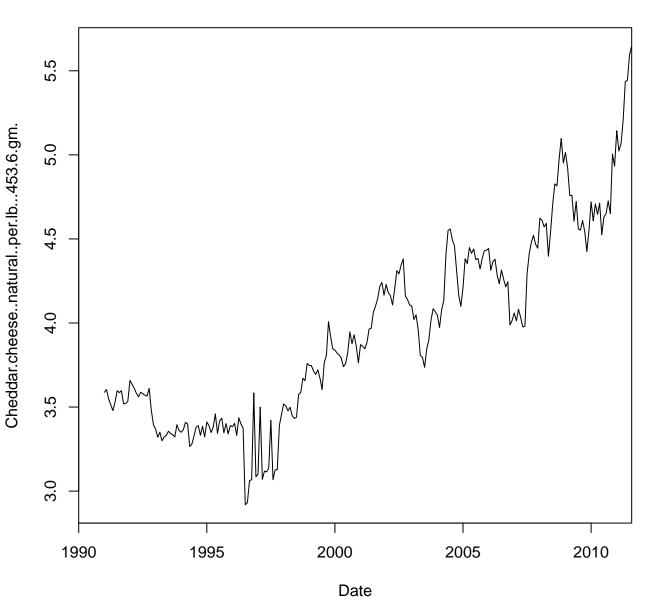


American.processed.cheese..per.lb...453.6.gm.

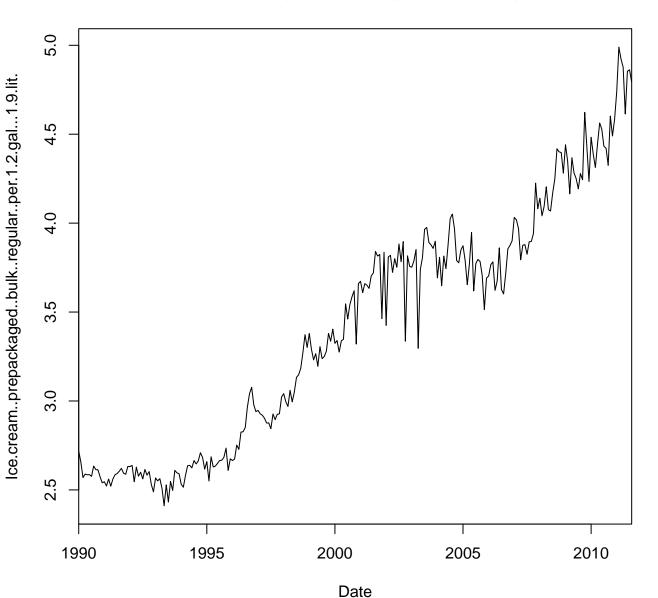


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Cheddar.cheese..natural..per.lb...453.6.gm.

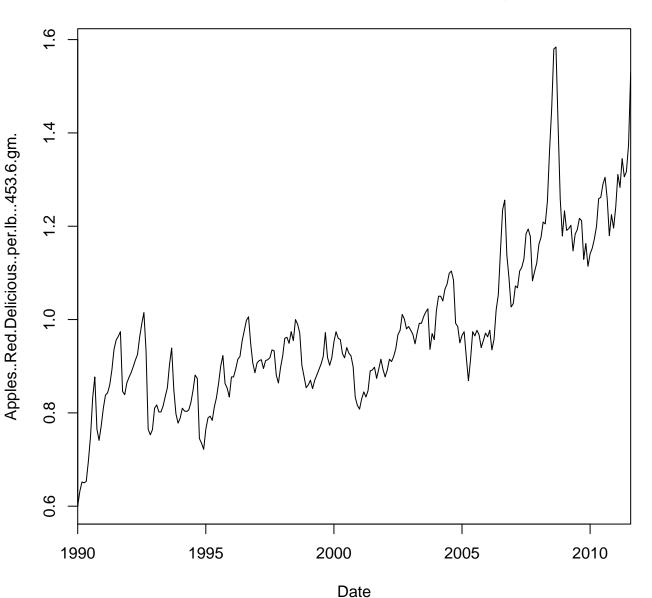


Ice.cream..prepackaged..bulk..regular..per.1.2.gal...1.9.lit.

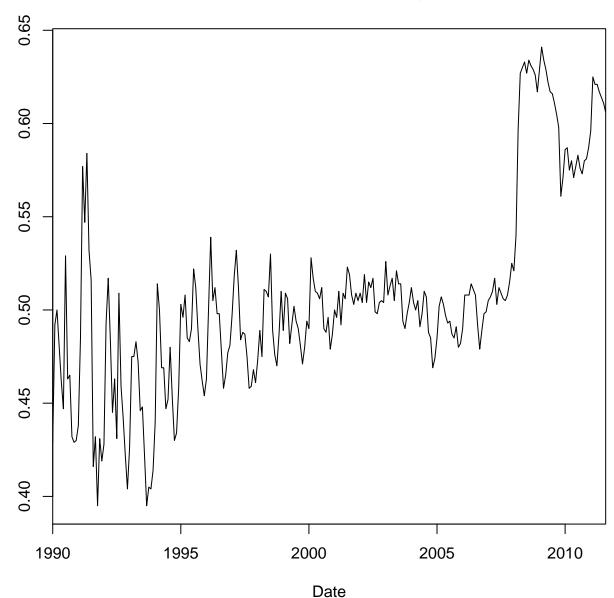


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Apples..Red.Delicious..per.lb...453.6.gm.

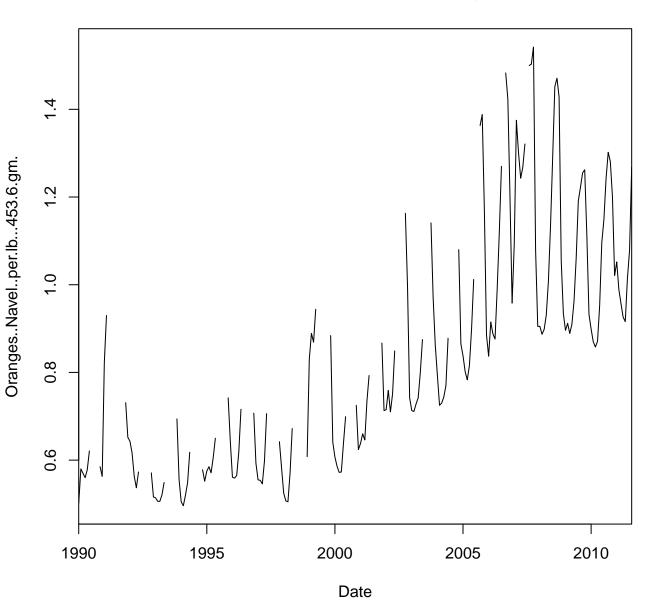


Bananas..per.lb...453.6.gm.



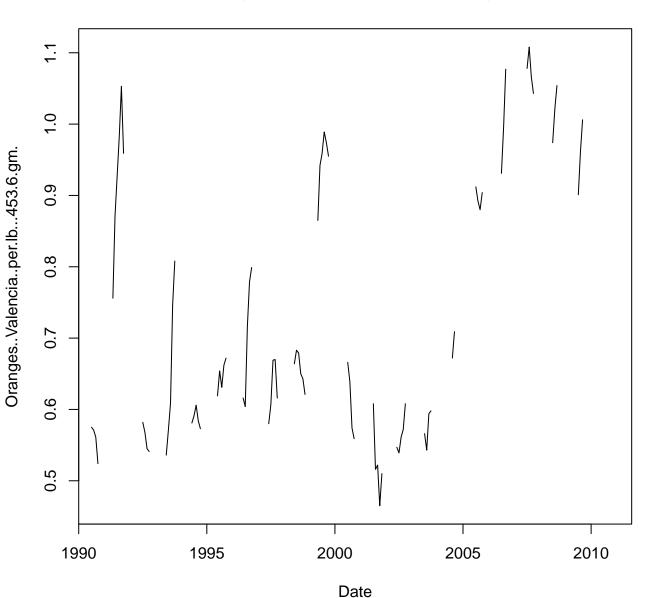
Bananas..per.lb...453.6.gm.

Oranges..Navel..per.lb...453.6.gm.

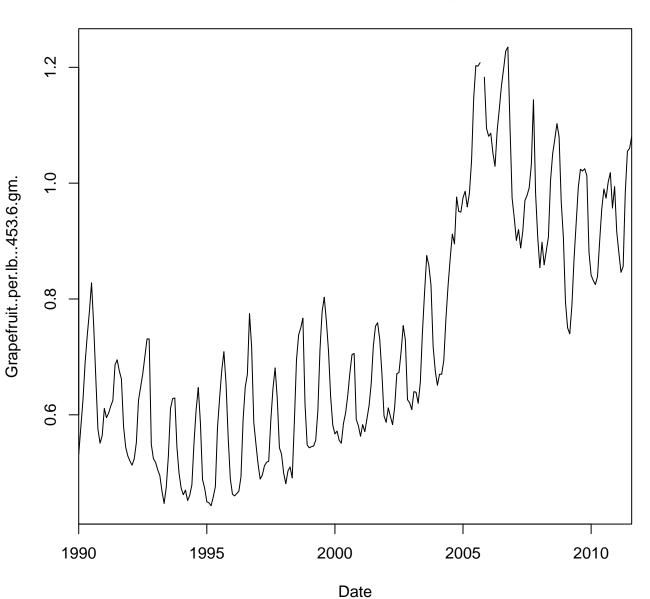


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Oranges..Valencia..per.lb...453.6.gm.

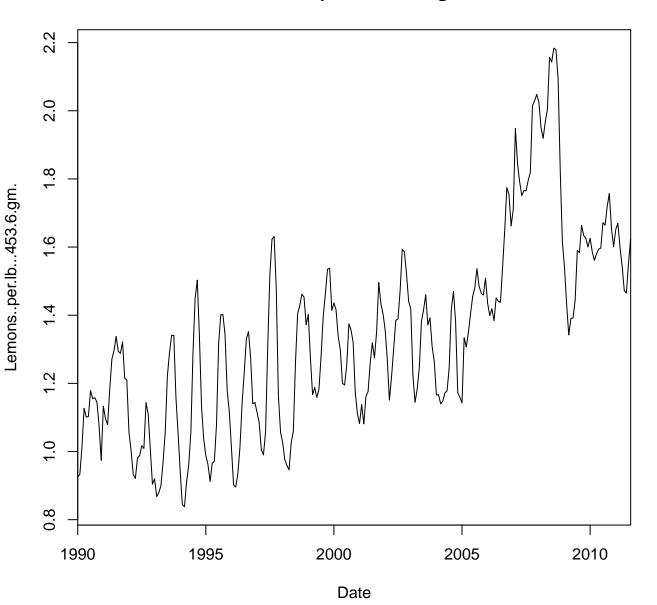


Grapefruit..per.lb...453.6.gm.



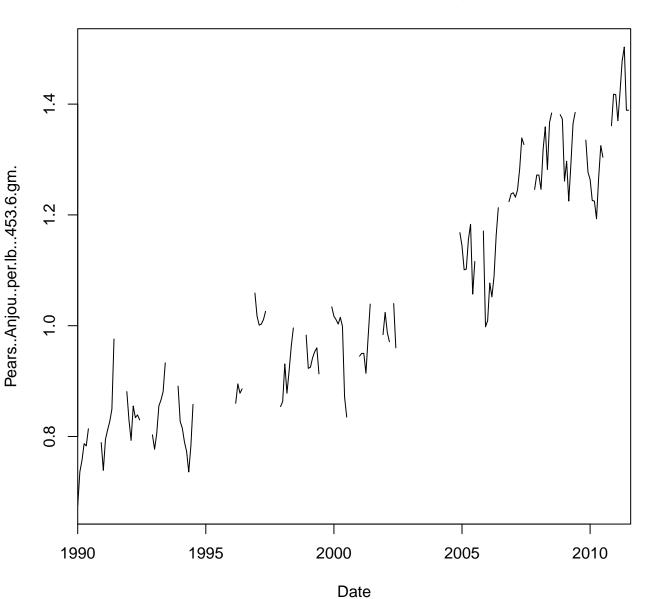
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Lemons..per.lb...453.6.gm.

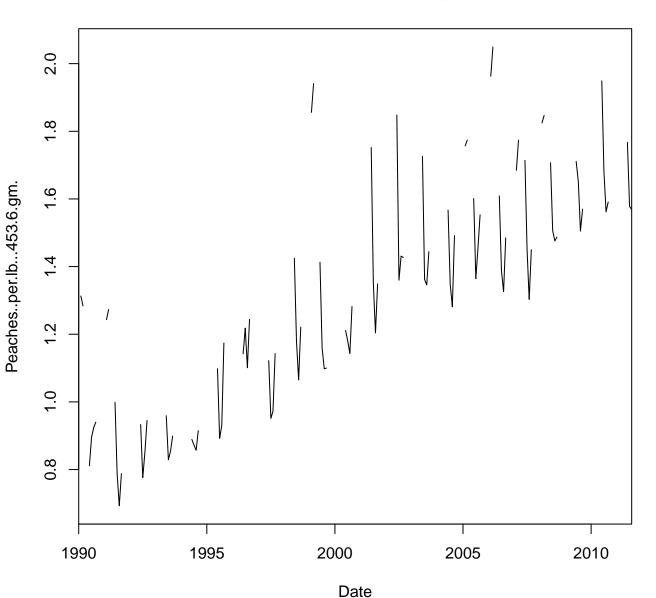


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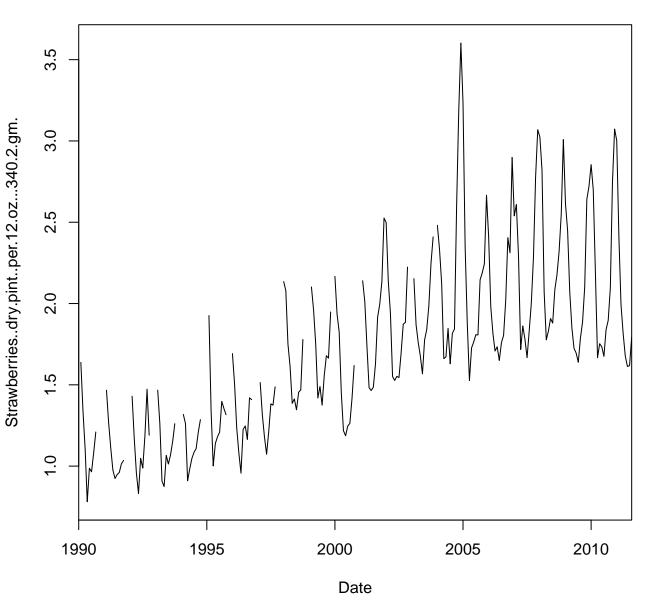
Pears..Anjou..per.lb...453.6.gm.



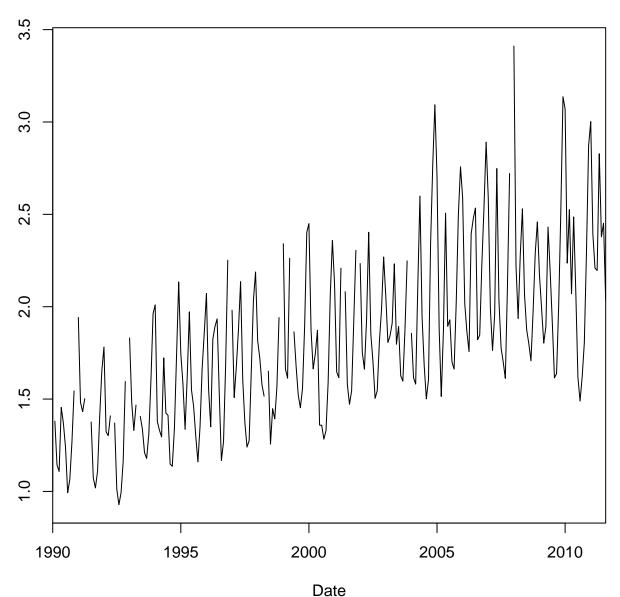
Peaches..per.lb...453.6.gm.



Strawberries..dry.pint..per.12.oz...340.2.gm.

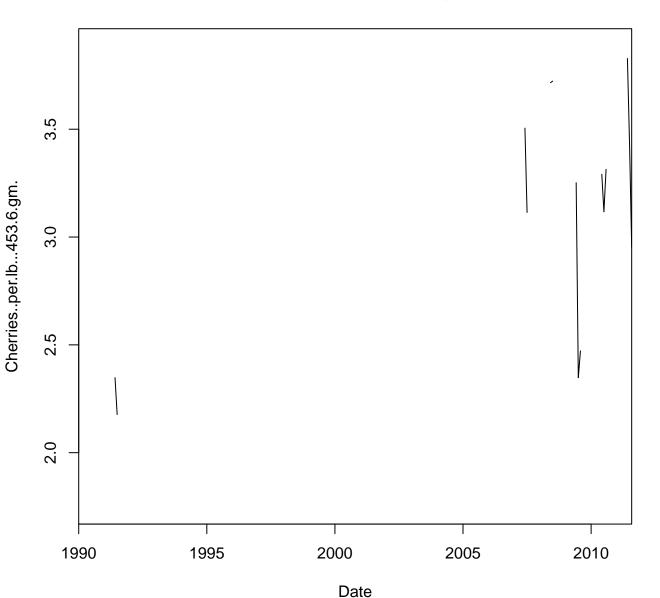


Grapes..Thompson.Seedless..per.lb...453.6.gm.

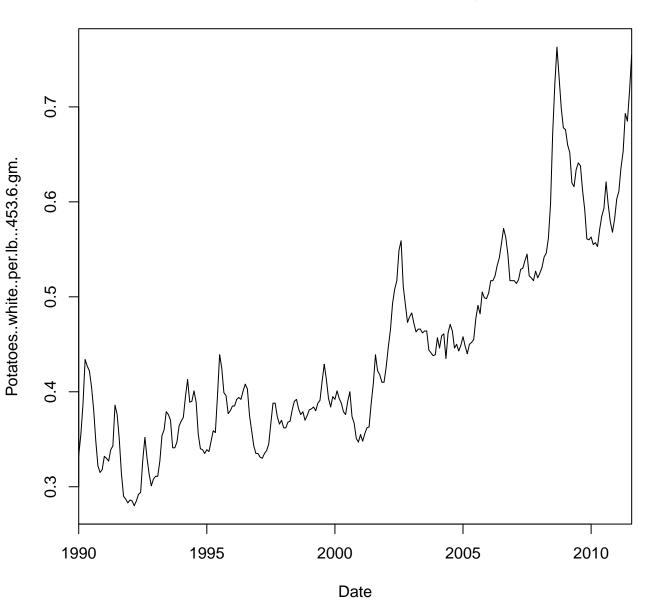


Grapes..Thompson.Seedless..per.lb...453.6.gm.

Cherries..per.lb...453.6.gm.

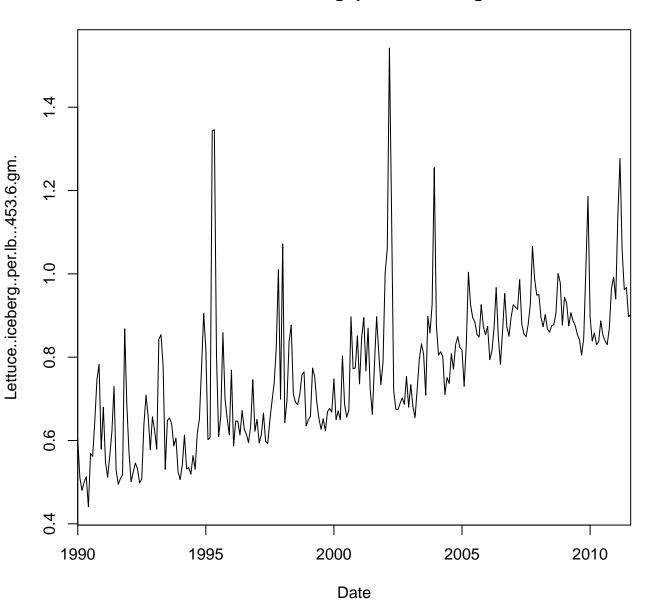


Potatoes..white..per.lb...453.6.gm.



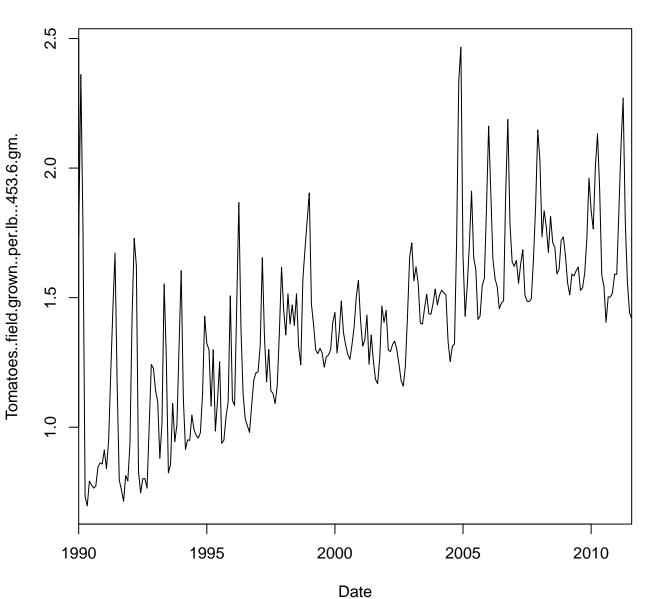
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Lettuce..iceberg..per.lb...453.6.gm.

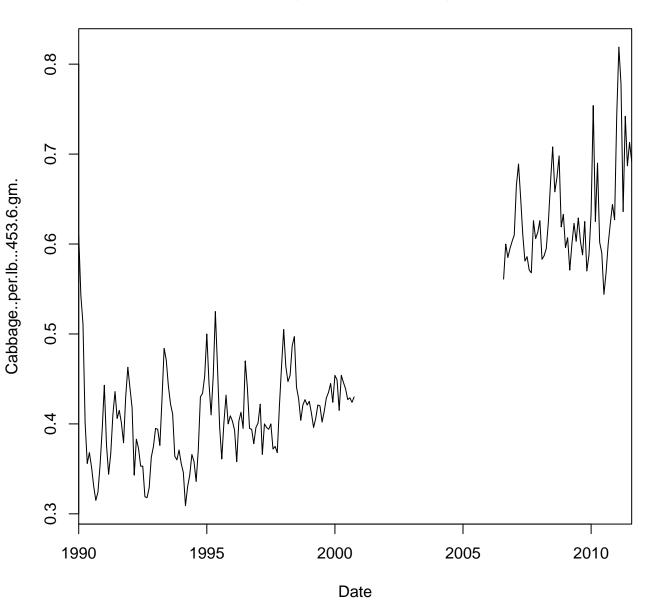


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Tomatoes..field.grown..per.lb...453.6.gm.

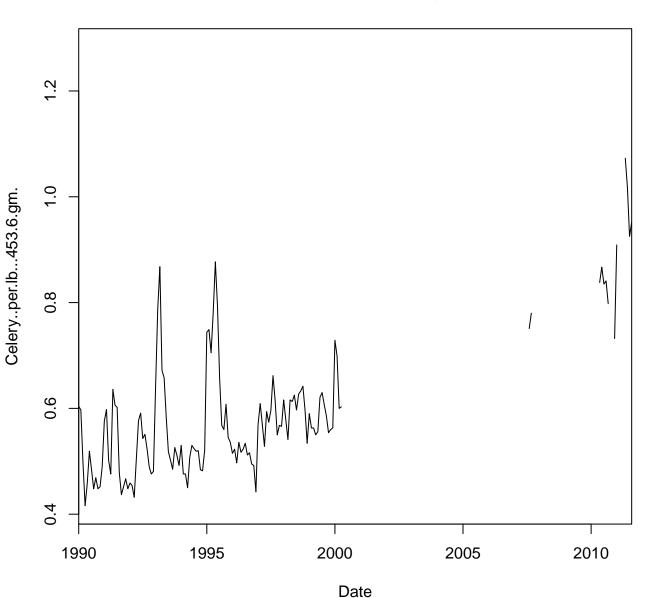


Cabbage..per.lb...453.6.gm.

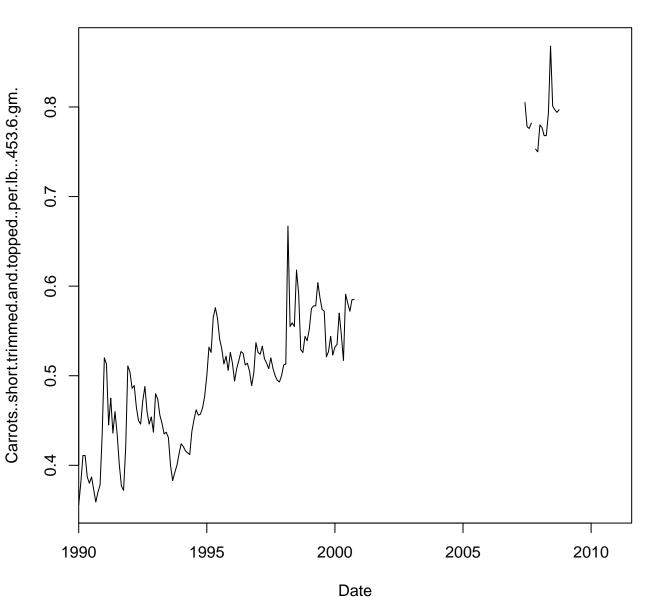


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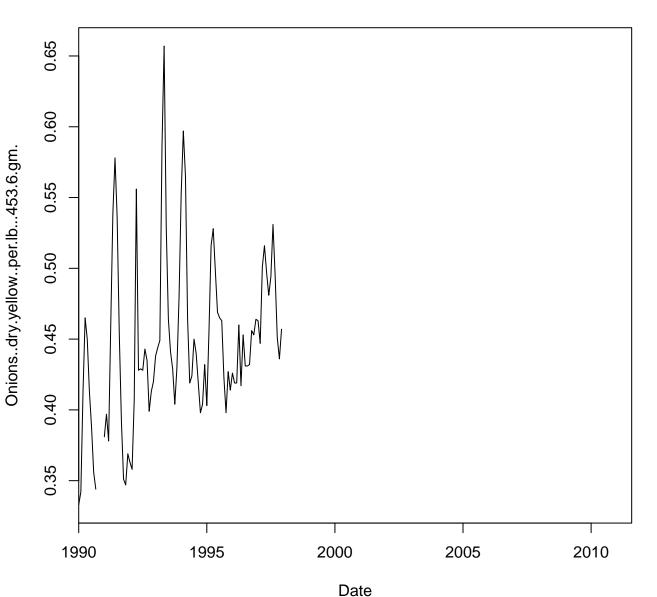
Celery..per.lb...453.6.gm.



Carrots..short.trimmed.and.topped..per.lb...453.6.gm.

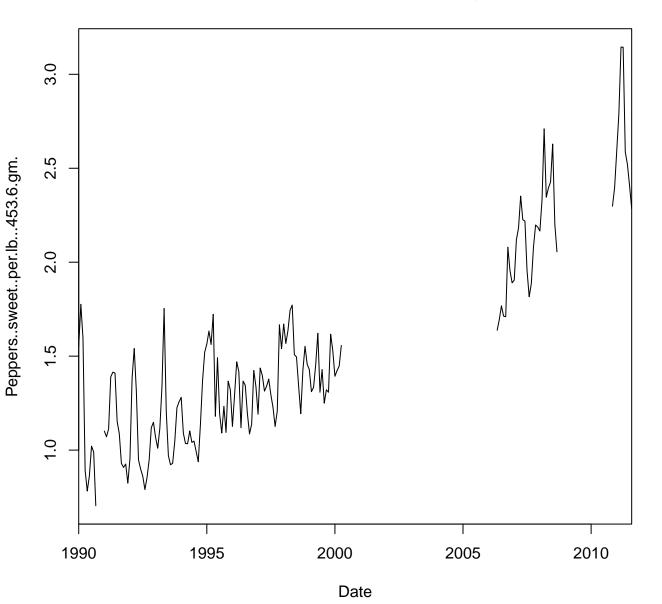


Onions..dry.yellow..per.lb...453.6.gm.

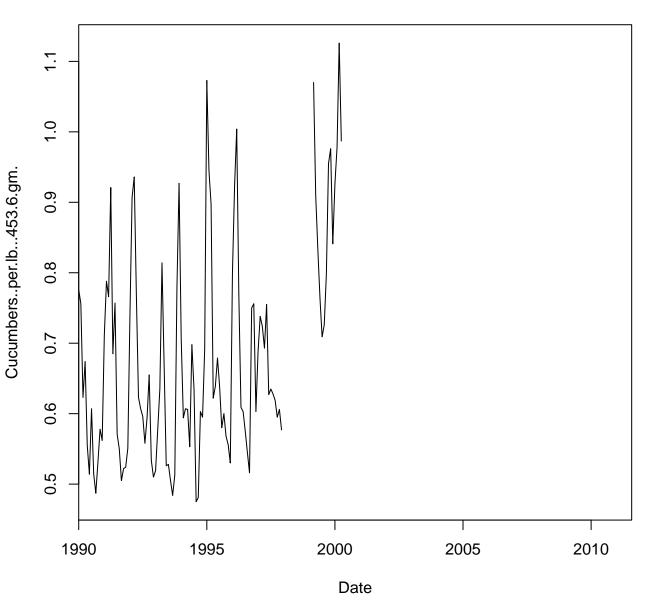


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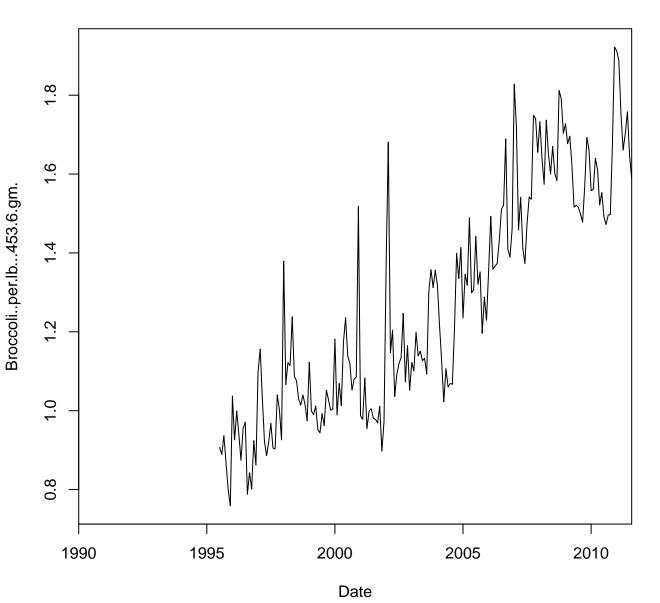
Peppers..sweet..per.lb...453.6.gm.



Cucumbers..per.lb...453.6.gm.

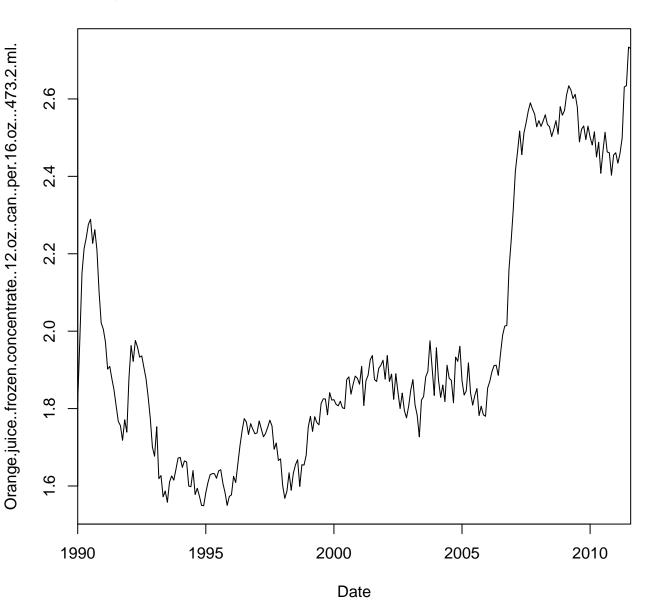


Broccoli..per.lb...453.6.gm.

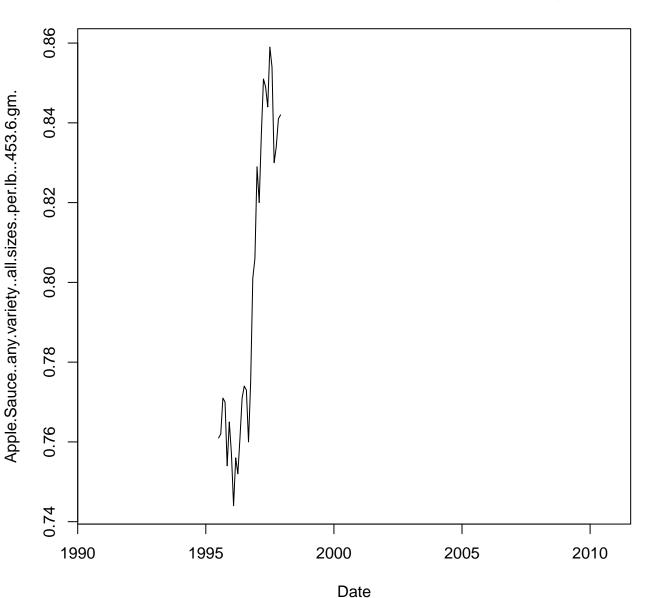


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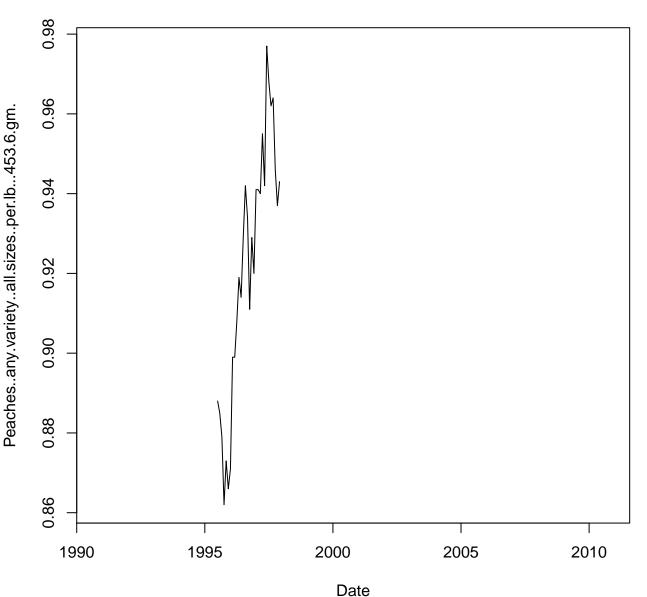
Orange.juice..frozen.concentrate..12.oz..can..per.16.oz...473.2.ml.



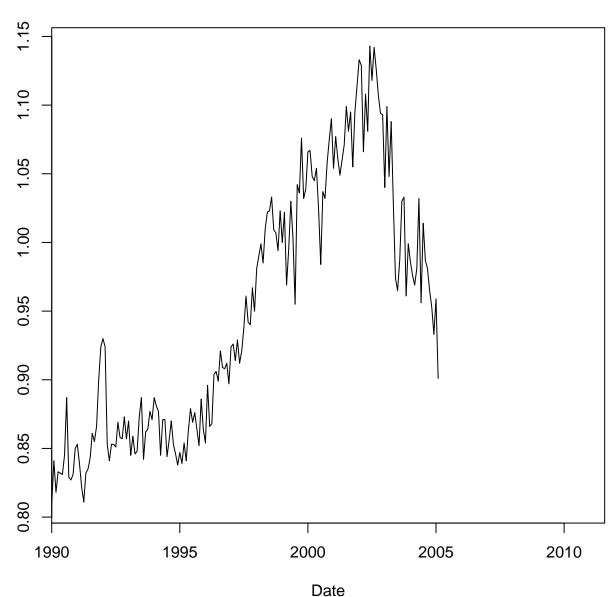
Apple.Sauce..any.variety..all.sizes..per.lb...453.6.gm.



Peaches..any.variety..all.sizes..per.lb...453.6.gm.

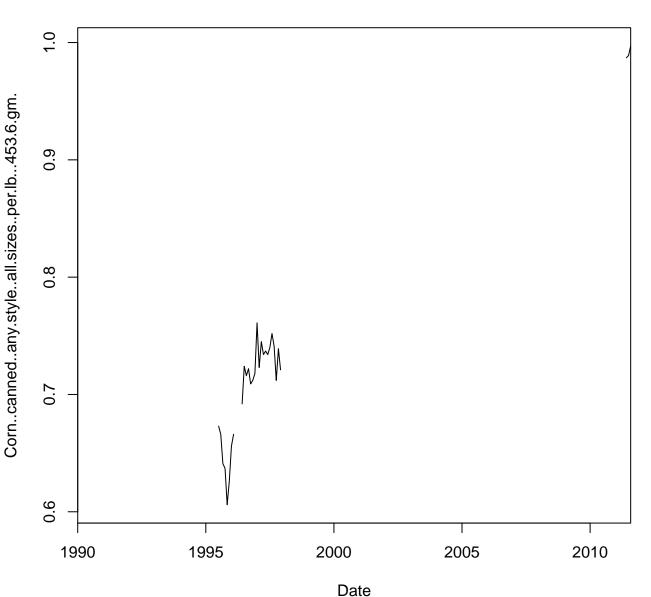


Potatoes..frozen..French.fried..per.lb...453.6.gm.

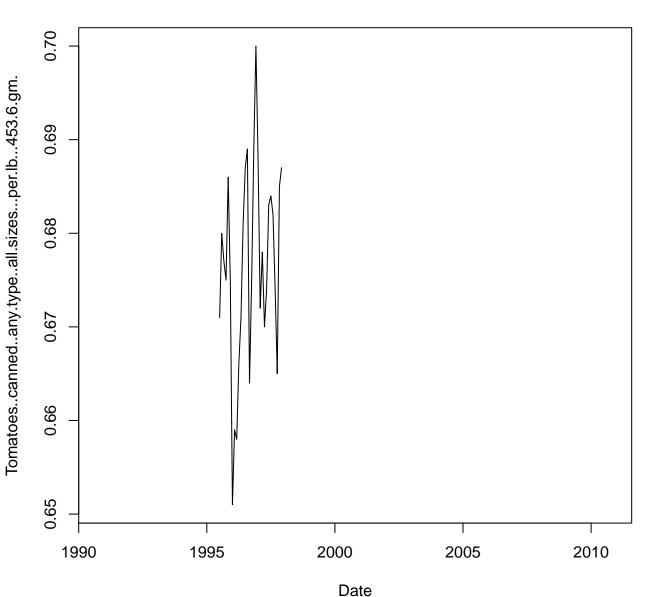


Potatoes..frozen..French.fried..per.lb...453.6.gm.

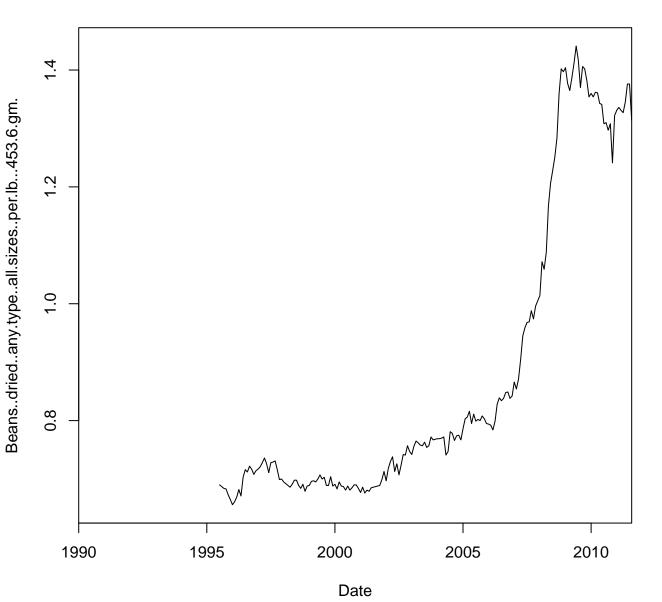
Corn..canned..any.style..all.sizes..per.lb...453.6.gm.



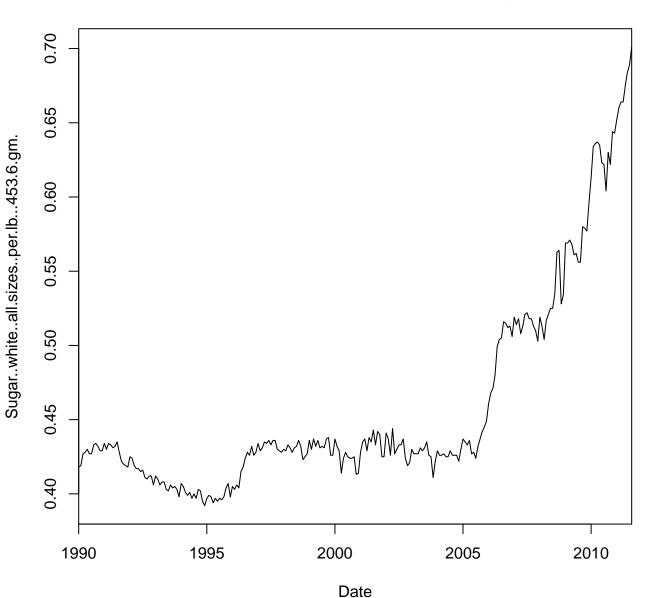
Tomatoes..canned..any.type..all.sizes...per.lb...453.6.gm.



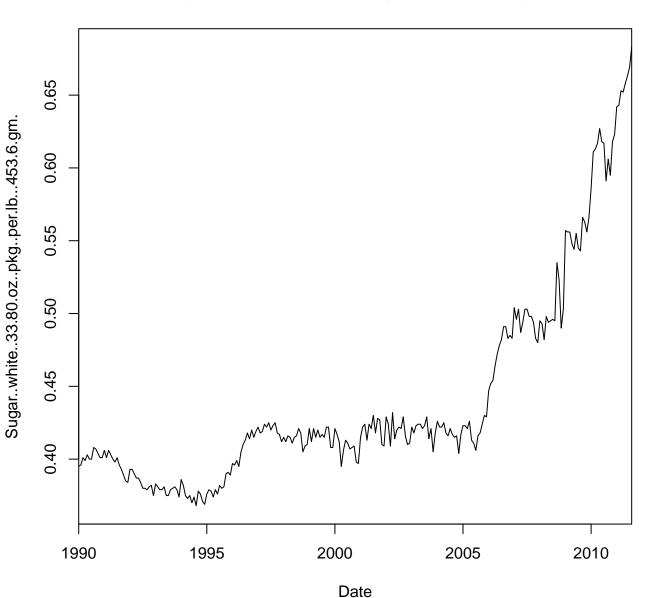
Beans..dried..any.type..all.sizes..per.lb...453.6.gm.



Sugar..white..all.sizes..per.lb...453.6.gm.



Sugar..white..33.80.oz..pkg..per.lb...453.6.gm.



Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

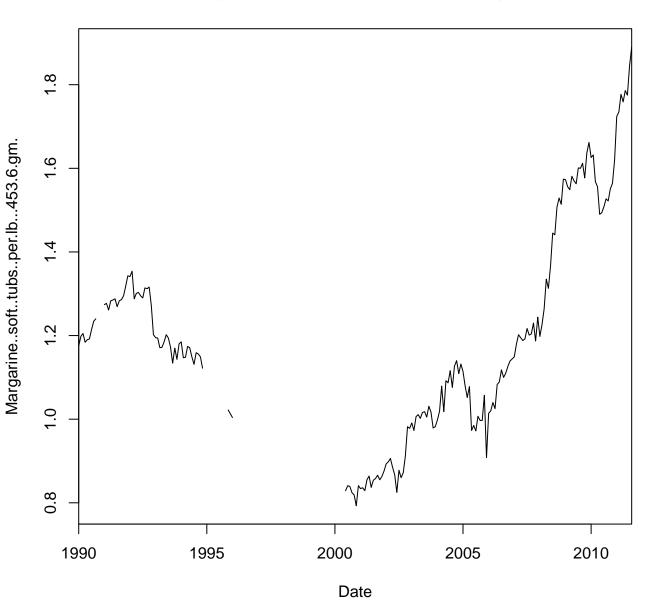
Margarine..stick..per.lb...453.6.gm.



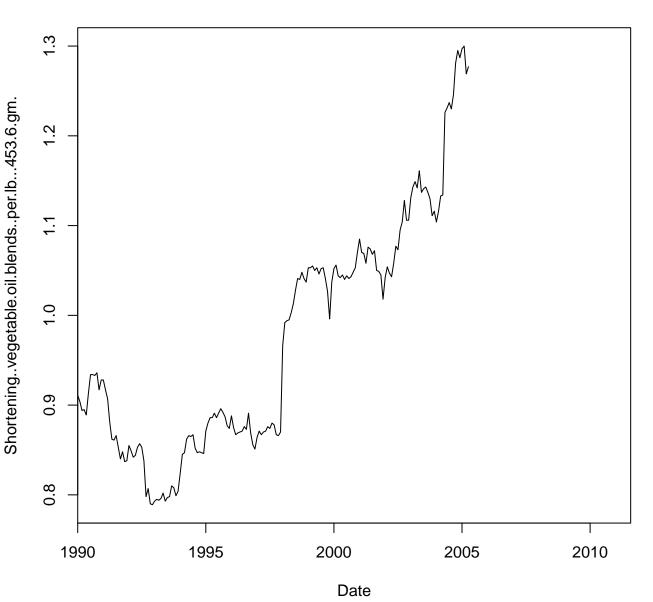
Margarine..stick..per.lb...453.6.gm.

Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

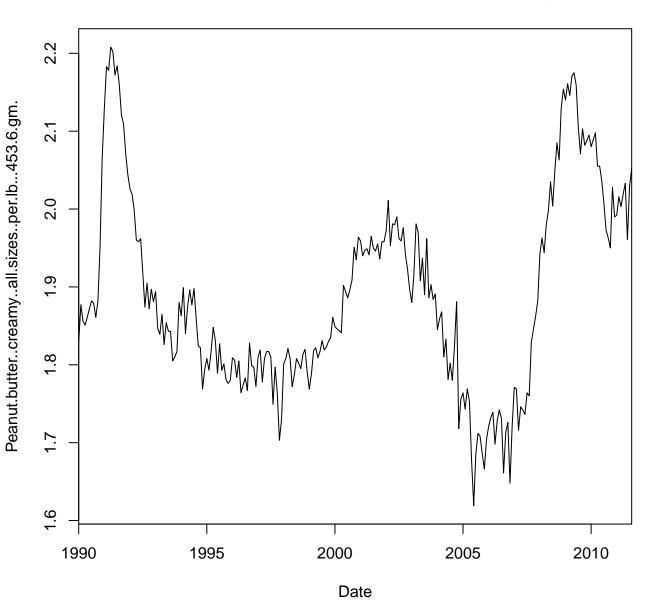
Margarine..soft..tubs..per.lb...453.6.gm.



Shortening..vegetable.oil.blends..per.lb...453.6.gm.

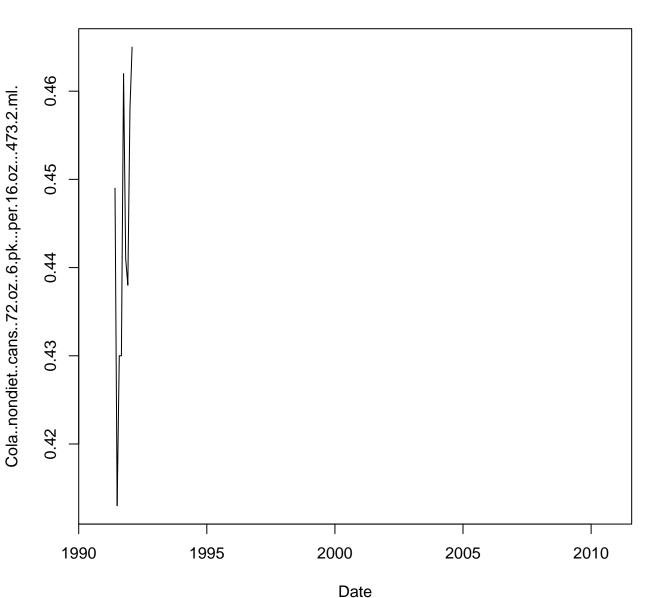


Peanut.butter..creamy..all.sizes..per.lb...453.6.gm.

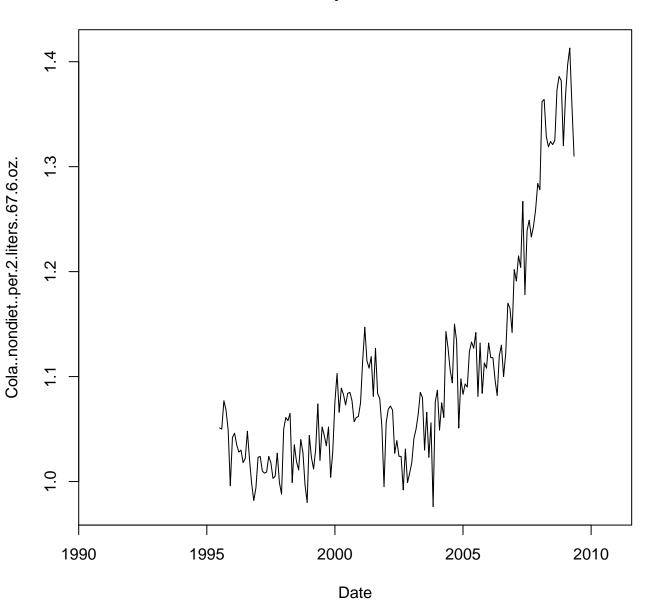


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Cola..nondiet..cans..72.oz..6.pk...per.16.oz...473.2.ml.

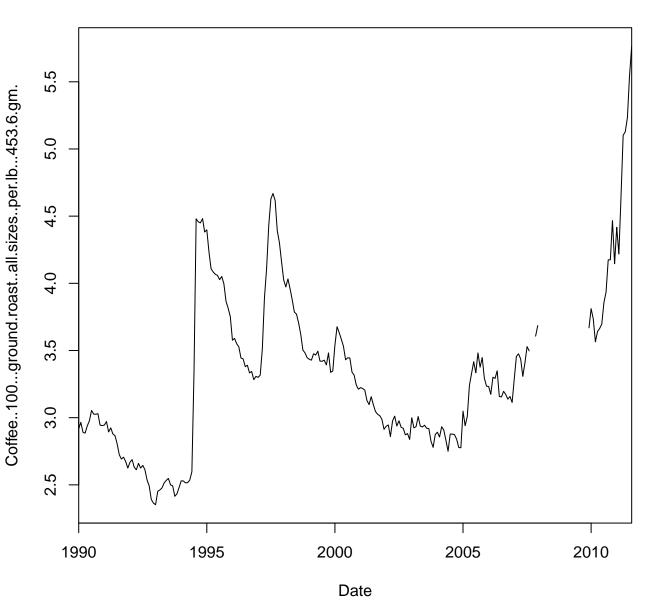


Cola..nondiet..per.2.liters..67.6.oz.

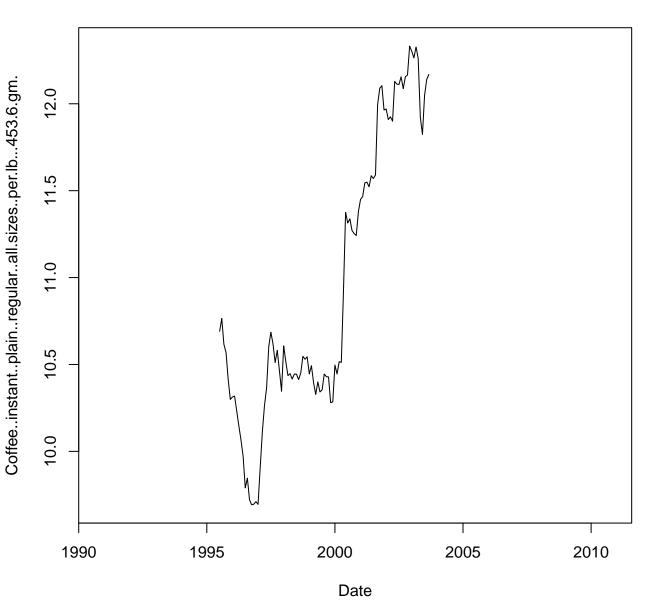


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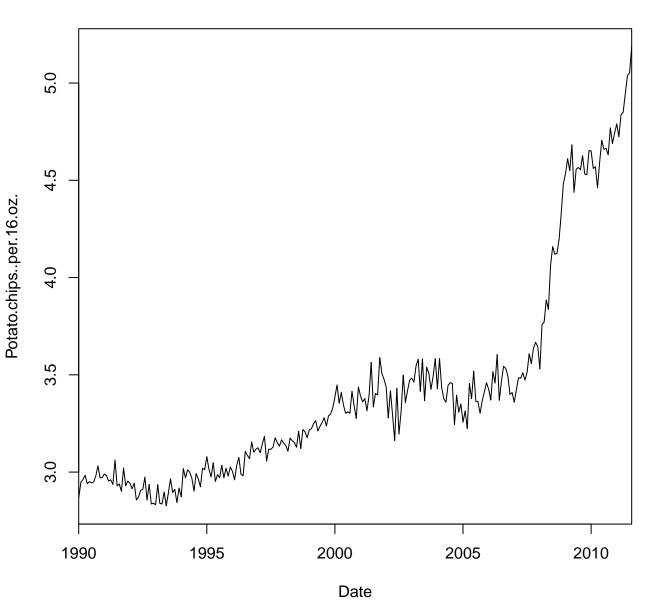
Coffee..100...ground.roast..all.sizes..per.lb...453.6.gm.



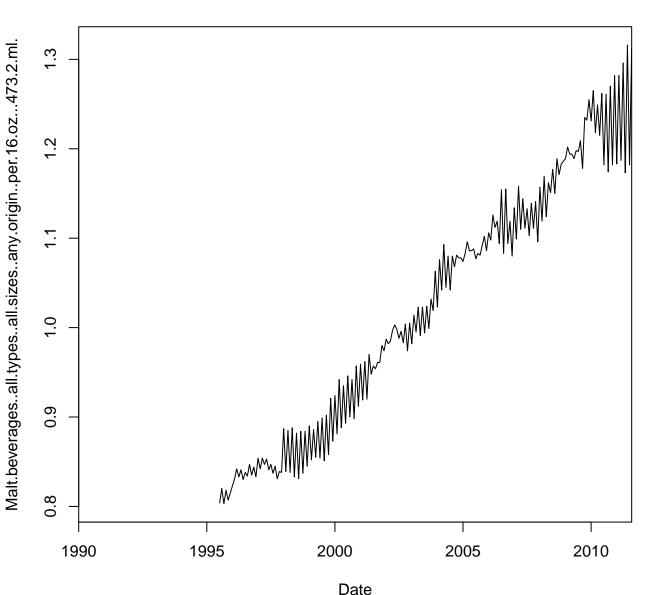
Coffee..instant..plain..regular..all.sizes..per.lb...453.6.gm.



Potato.chips..per.16.oz.

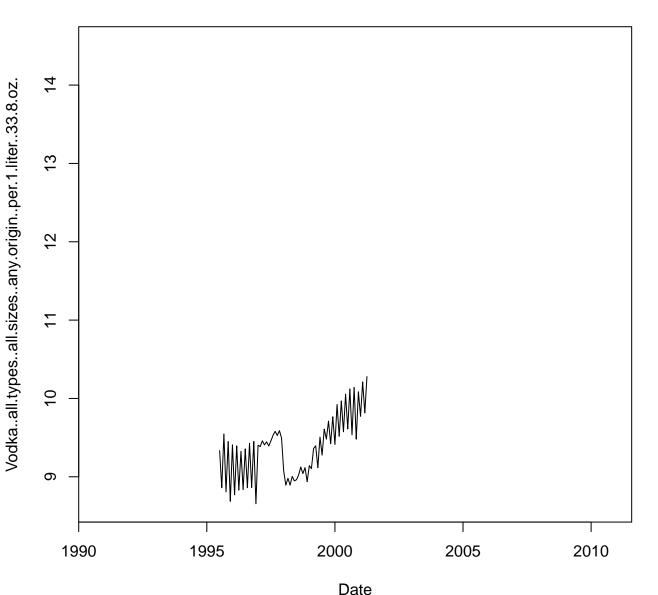


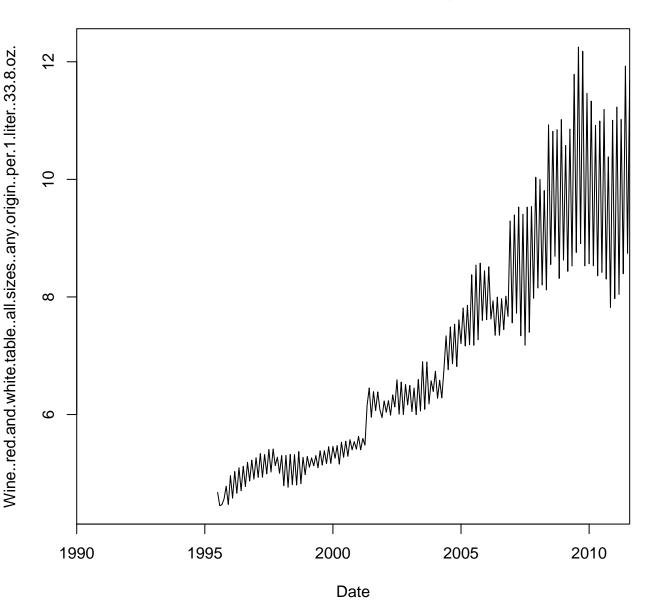
Malt.beverages..all.types..all.sizes..any.origin..per.16.oz...473.2.ml.



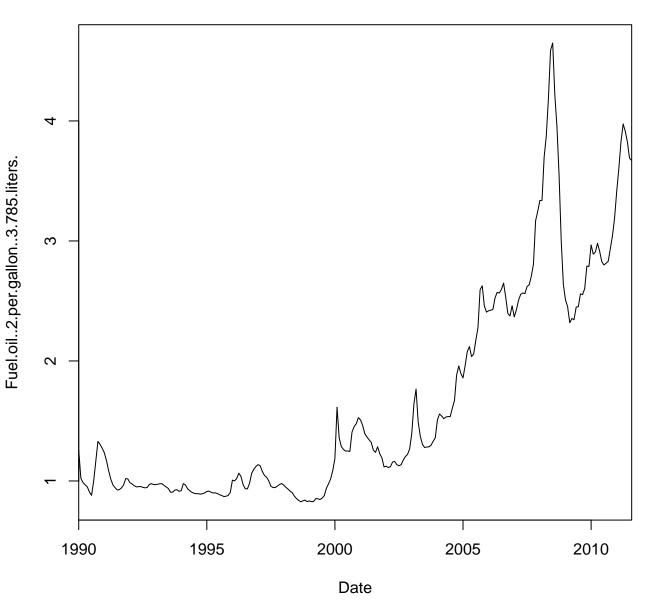
Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Vodka..all.types..all.sizes..any.origin..per.1.liter..33.8.oz.

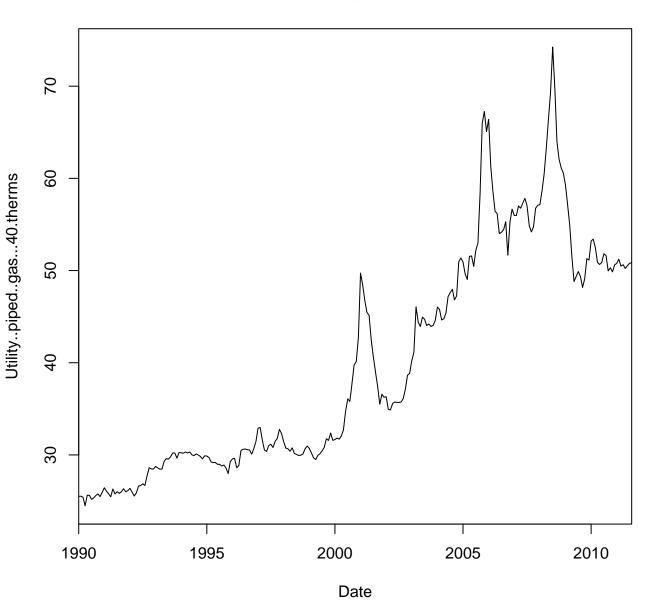




Fuel.oil..2.per.gallon..3.785.liters.

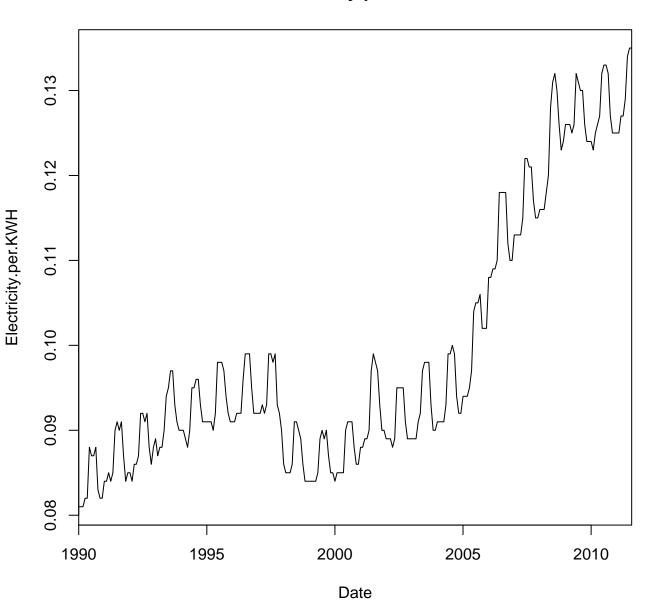


Utility..piped..gas...40.therms



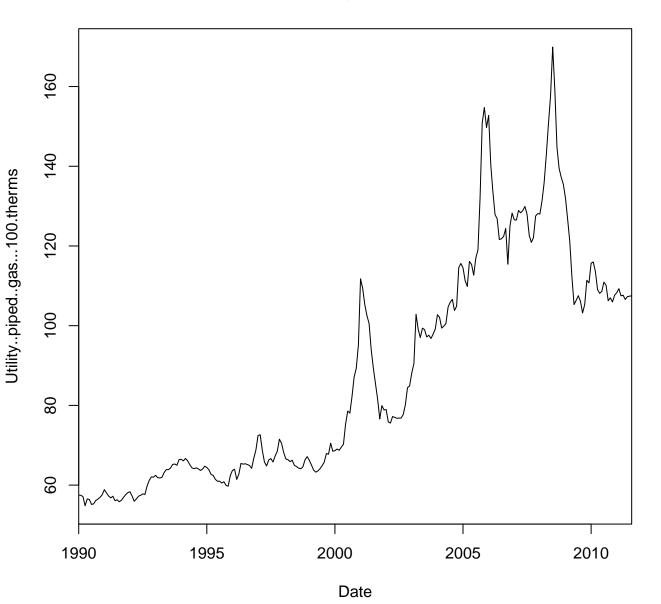
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Electricity.per.KWH



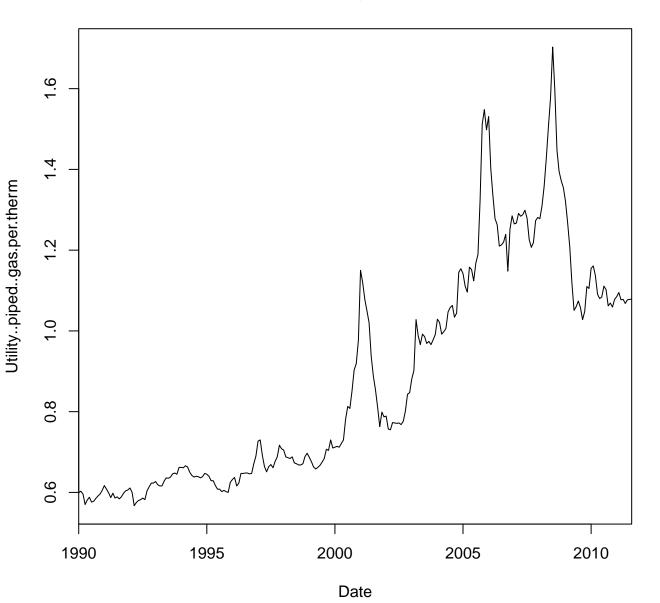
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Utility..piped..gas...100.therms



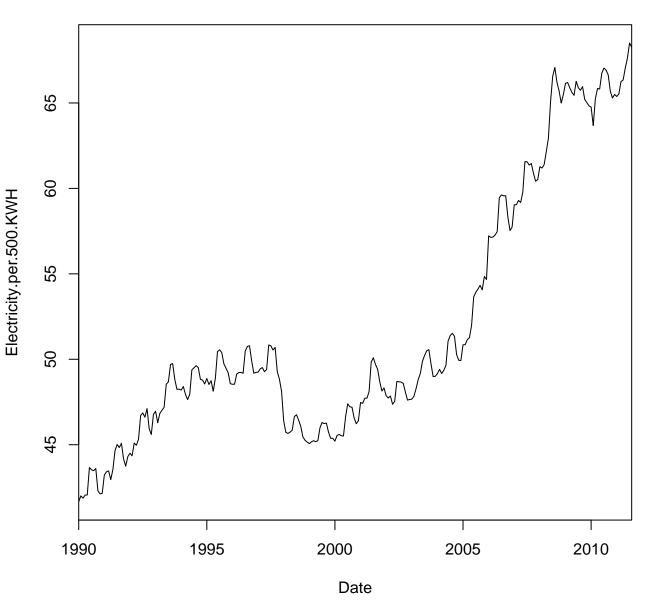
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Utility..piped..gas.per.therm



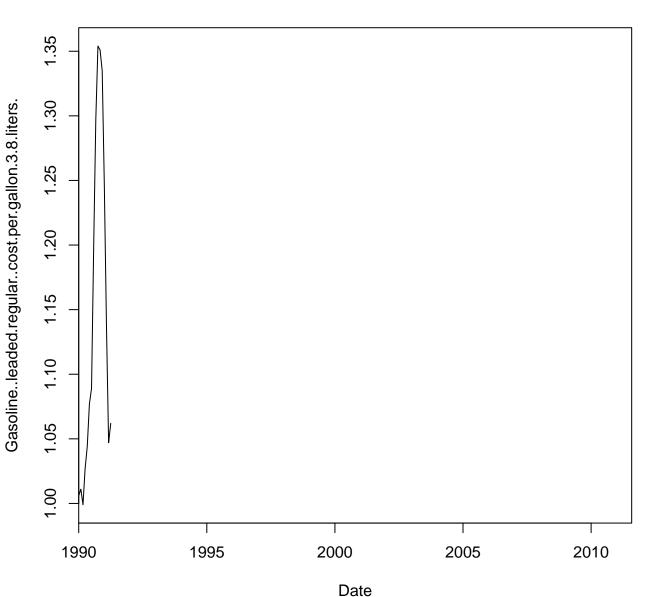
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Electricity.per.500.KWH

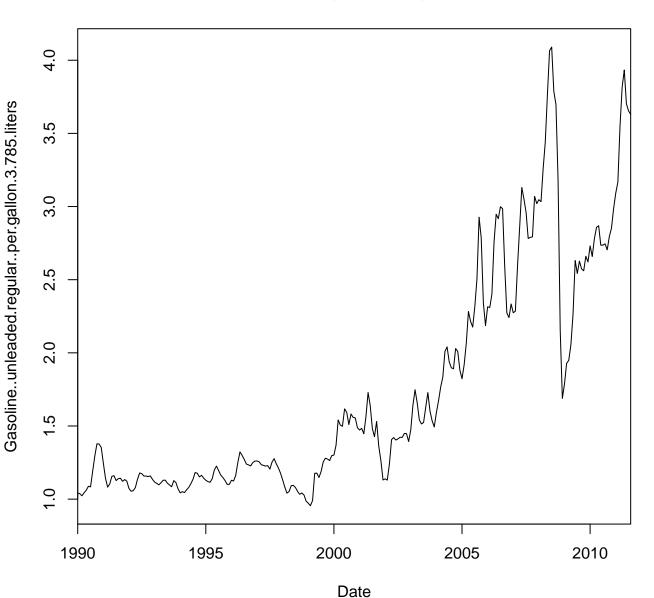


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Gasoline..leaded.regular..cost.per.gallon.3.8.liters.

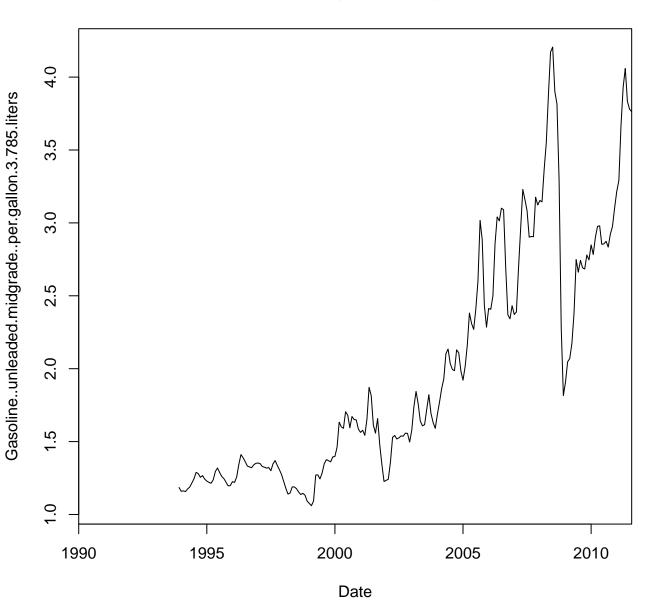


Gasoline..unleaded.regular..per.gallon.3.785.liters

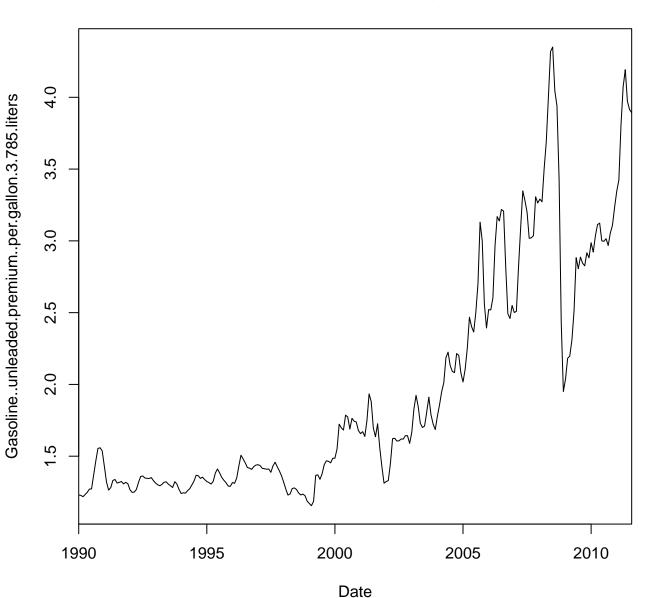


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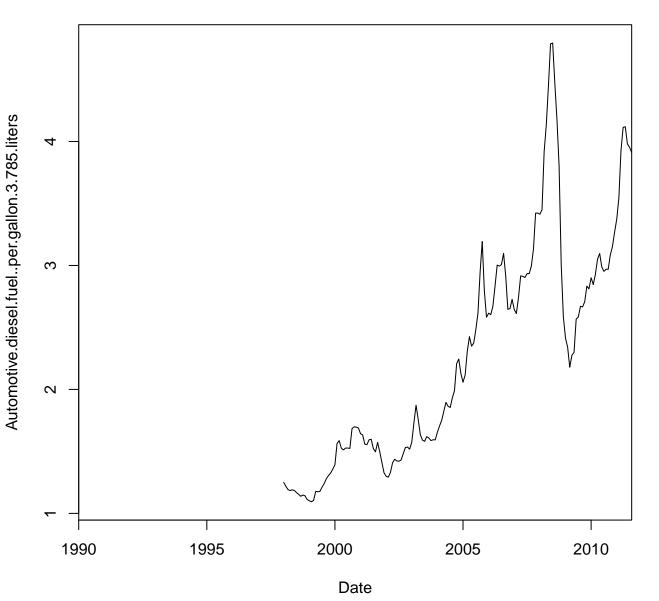
Gasoline..unleaded.midgrade..per.gallon.3.785.liters



Gasoline..unleaded.premium..per.gallon.3.785.liters

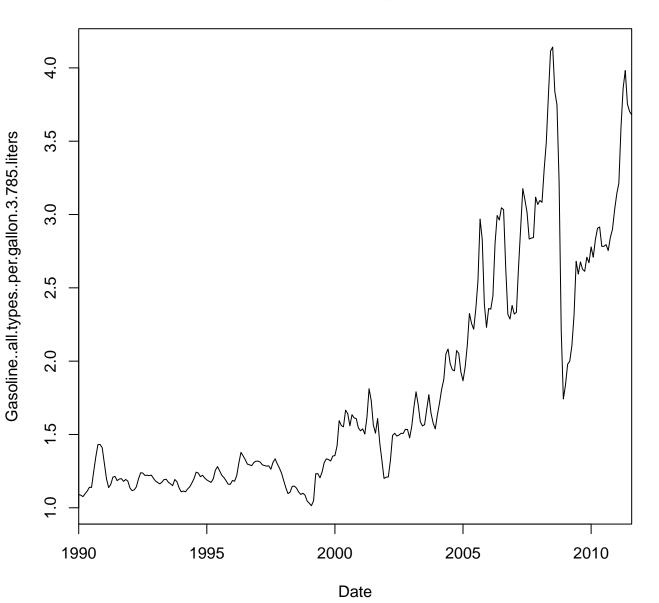


Automotive.diesel.fuel..per.gallon.3.785.liters

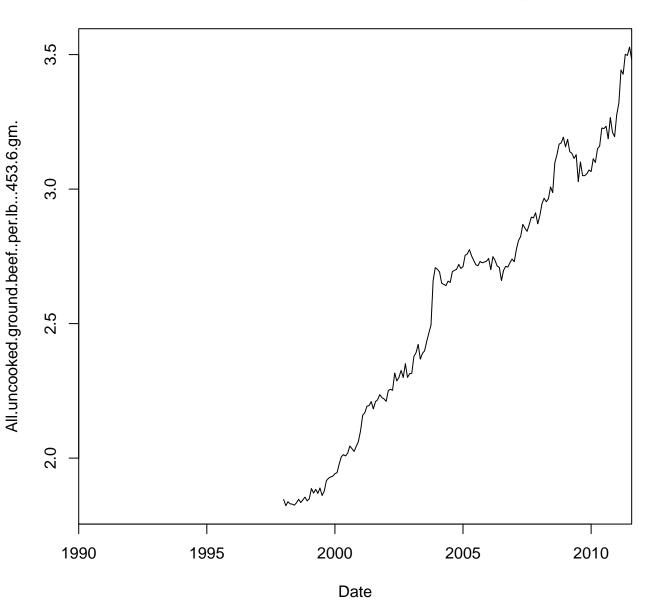


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Gasoline..all.types..per.gallon.3.785.liters

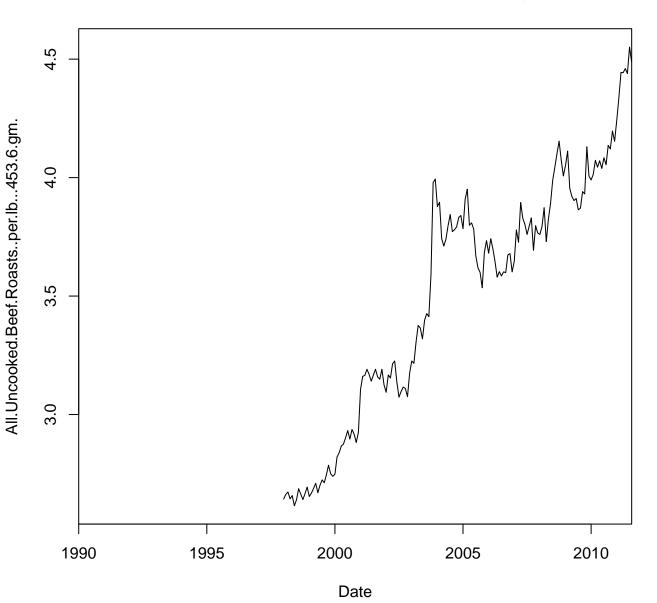


All.uncooked.ground.beef..per.lb...453.6.gm.

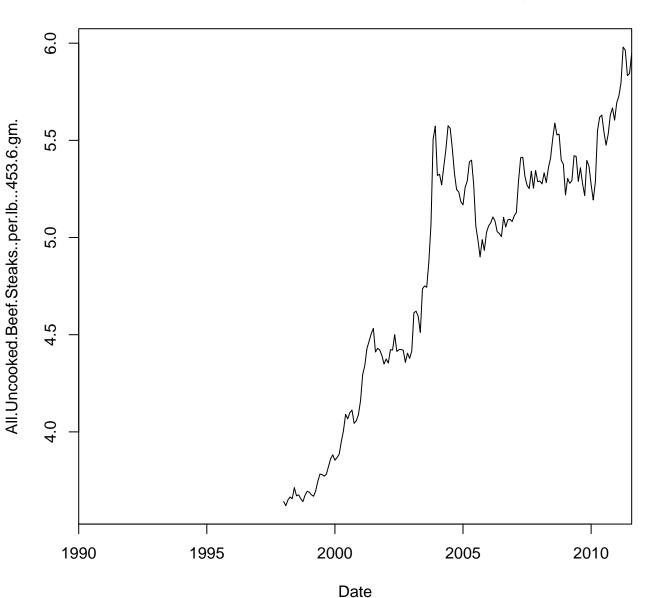


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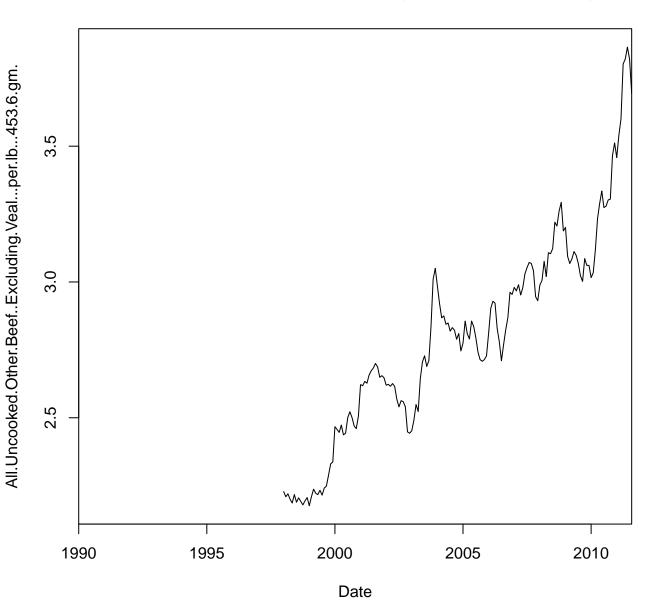
All.Uncooked.Beef.Roasts..per.lb...453.6.gm.



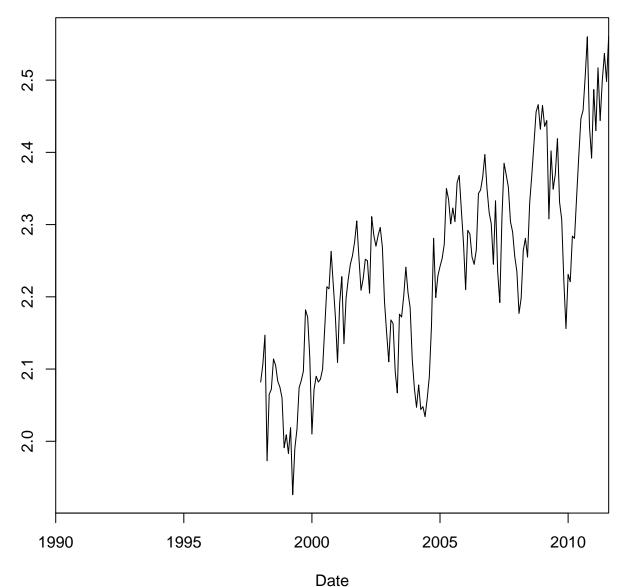
All.Uncooked.Beef.Steaks..per.lb...453.6.gm.



All.Uncooked.Other.Beef..Excluding.Veal...per.lb...453.6.gm.

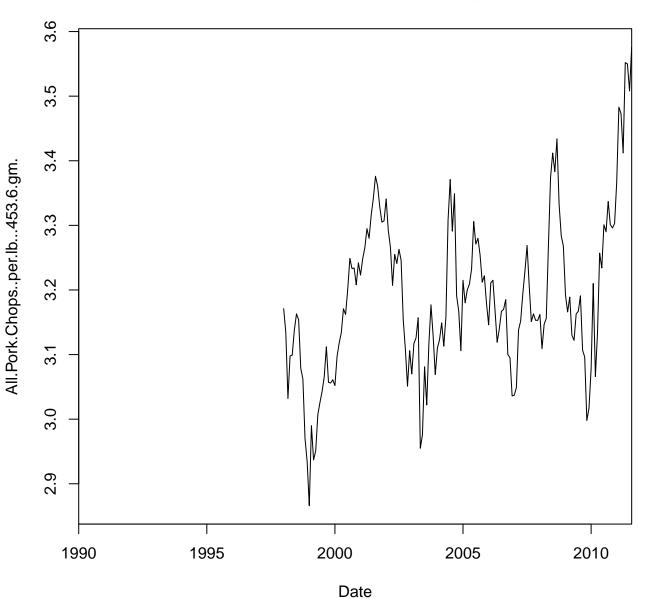


All.Ham..Excluding.Canned.Ham.and.Luncheon.Slices...per.lb...453.6.gm

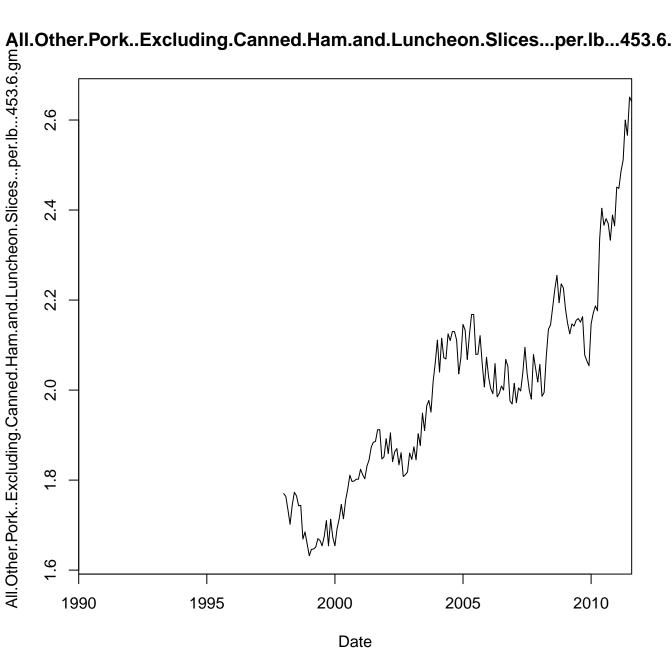


All. Ham.. Excluding. Canned. Ham. and. Luncheon. Slices... per. Ib... 453.6.gm.

All.Pork.Chops..per.lb...453.6.gm.

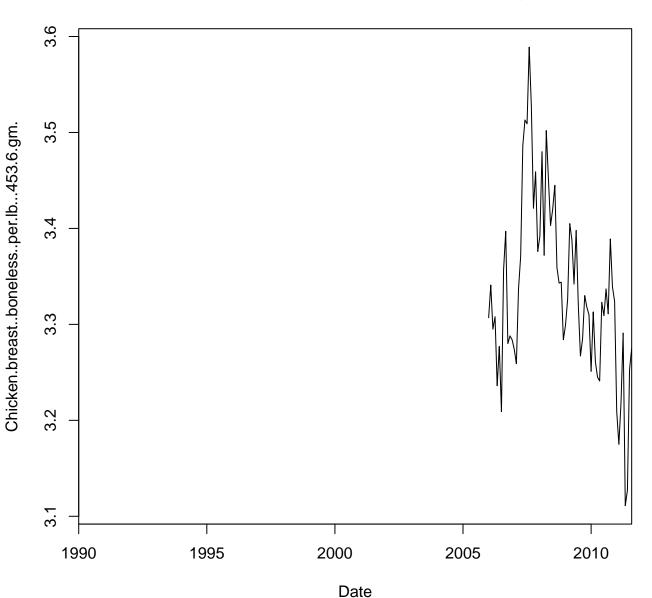


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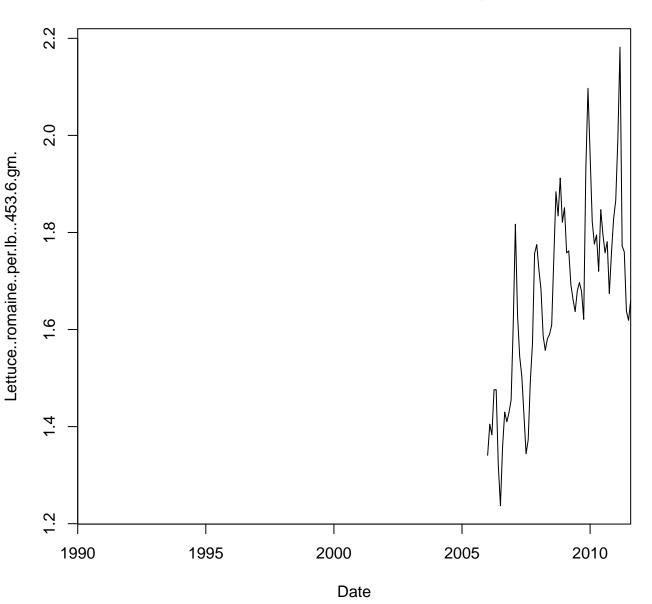


Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average

Chicken.breast..boneless..per.lb...453.6.gm.



Lettuce..romaine..per.lb...453.6.gm.



Source:BLS All US Cities CPI Average Price http://data.bls.gov/pdq/querytool.jsp?survey=ap Monthly Average