



CALDO VERDE

PREPARATION TIME:

30 min

INGREDIENTS:

For 6

- 8 Batatas (Potatoes)
- 4 Cebolas (Onions)
- 6 Dentes alho (Garlic cloves)
- Azeite (Olive oil)
- 1 kg Couve para Caldo Verde (Collard Green)
- 3 Folhas de Louro (Laurel)
- Sal (Salt)
- 1 Chouriço (Spicy Sausage)

DIRECTIONS:

1. In a large saucepan over medium heat with water and salt, cook onion, garlic and potatoes with olive oil for 20 minutes, until potatoes are mushy. Put the laurel here too.

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- 2. Meanwhile, in another saucepan, with water, over medium-low heat, cook sausage, 10 minutes. Drain.
- 3. Mash potatoes or puree the potato mixture with a blender or food processor.
- 4. Stir the collard green into soup and simmer, 10 minutes, until kale is tender and jade green. In the last 3 minutes put sausage into the saucepan already cut into thin slices.
- 5. After the cook time you can serve and appreciate your Caldo Verde!

OBSERVATIONS:

At the end of the cooking time you can put more olive oil, to improve the taste.

Accompanies this soup with a piece of maize bread, you will enjoy it.