(C)NTR(I) ΔND QUESTION OUTSINF BUBBIF

THE IMPACT OF DIGITAL DESIGN ON PERSONAL EXPERIENCE

Theme:

HOW DOES INTERNET USE AFFECT PEOPLE IN THEIR PERSONAL SPHERE?

Central Research Question:

HOW DOES DESIGN REFLECT CURRENT IDEALS OF SUCCESS?

Embedded in the research will be the question or stance that humans are more important than their networks/infrastructures. It should explore the sense of loss of humanity or conectedness to each other, go through different attitudes we have towards the internet as a solution to problems or a medium for change.

SUB QUESTIONS

- What are current ideals of success?
- How does web design influence people subliminally?
- In who's best interest are ubiquitous networks?

CHARACTERS

It is key to my research to include personal experience in the essay/thesis. Alongside the presented research I will adopt three recurring ways of speaking that are based on three characters. The characters are based on interviews and talks I've had with people as well as articles and documentaries and personal experience.

Mainly because there is no way I can be entirely factual about the topic *the internet*. The thesis deserves an approach that is human, non-factual and sensual, as much as it needs a factual basis. Secondly, many of the things I've learned from the internet is not by reading pages in a book, but reading *web pages*. And often reading them while I was in one of the "modes of browsing" they stand for. Lastly it gives me a way to highlight ways people experience the internet from an insider's perspective.

The gonzo: The gonzo uses the network with full enthousiasm but without joy or need for personal gains. They know the system is rotten and they don't feel responsible for it. The gonzo spends time binging around the

internet and reports with a sometimes sarcastic, sometimes humourous point of view.

- This is the immersed mode of browsing
- The optimal: Using the network is not a problem. The optimal has efficiently matched his or her habits to the system, making them a leading force and role model of the networked life.
 - This is the utilitarian mode of browsing
- The renegade: Despises the network in its current state. Knows a lot about the history of the internet. A desillusioned person with a hawk's eye overview of the internet. The renegade is looking for the next network to explore. The current one is broken.
 - This is the disinterested mode of browsing.

PITFALLS, BACK OF HEAD

- I want to avoid coming to a premature conclusion or opinion by writing "personally".
- Maybe there is something better to say about the internet than a lesson per se. I wanna avoid my writing to become patronizing and/or demonizing, mainly because that seems to be countereffective.......
- I am always open for responses at manusnijhoff@gmail.com for objections, comments and insights.

INTRODUCTION

WILD. ENFANT SAUVAGE

Which arts and design practices are exposing the relation human beings have to the internet? How do these arts relate to the balance of human discipline? Which radicals are to be found? A shocking chapter. Leonardo da Vinci working for Google. The author is an angry Trump supporter that didn't believe he would actually be elected. The gonzo of digital space that reports back with suggestions and proposals The renegade escaping the internet, looking for the next network to exploit. This character will reappear in parts of the thesis to show its views and shake things up.

CONTROL AND EGO, SUFFERING

What are "filter bubbles" good for? How do social media pull us in? Why do we keep coming back to it? What is the role of the ego in these networks? Can people control their impulses? Are we being dominated by computers and machines? What efforts are people making to take control of their own impulses? How do people try to escape the internet?

STRATEGIES FOR HISTORY

With a focus on the history of addiction / conditioning research and computing / tech / systems research: Can we learn from history? Which ways does history repeat itself? How can we learn from that to improve?

FI FETING TIME

Who's time are you spending? Are you planning flexibly towards yourself? Philosophising about ways to live, play, and work.

OPTIMIZATION OF DISASTER

Personal optimization is an ideal in health and in work. Do the ends justify the means? Are we adapting willingly to systems that will drive us into extinction?

MAAKBAARHEID EN MYTHE

Should mankind always improve itself? After looking at the dynamic of self control is it really useful? Why do people seem to be interested in personal achievement so much? Critiquing the thesis that we are living in a simulation. Using that example to drag people out of their personal sphere and wake them up to a world where people live, work, love together (utopian view) or to show them a world where people do not live, work, love together (dystopian view)

BORING INTERNET

How does web design reflect the current ideals of success and career? Why are we annoyed by the internet? In who's interest are you using the WWW?

CONCLUSION

If design lives on, this is how it should work to deal with corporate powers, third, fourth, fifth parties' interests and, last but not least, the self.

SOURCES

BOOKS

- Natasha Dow Schüll, Addiction by Design, Princeton University Press, 2012
- Nicholas Carr, The Shallows, What The Internet Is Doing To Our Brains

- Steven Levy, In The Plex: How Google Thinks, Works, and Shapes Our Lives
- George Steiner, Nostalgia for the Absolute, 1974
- Douglas Coupland, Shopping In Jail: Ideas, Essays, and Stories for the Increasingly Real Twenty-First Century, 2013

SECONDARY

- *** Kenneth Goldsmith, Uncreative Writing
- Ernest Hemingway, For Whom The Bell Tolls, 1940
- ---- John Williams. Stoner. 1965
- Rebecca Solnit, Men Explain Things To Me, 2014

ARTICLES. ESSAYS

- Troy Hunt, *How I optimized my life to make my job redundant*, last checked 15 september https://www.troyhunt.com/how-i-optimised-my-life-to-make-my-job/
- Different articles from Whole Earth Review: Computers as Poison
- Michelle M. Weil, Ph.D. and Larry D. Rosen, Ph.D., *A Conversation with TechnoStress Authors*, http://www.technostress.com/tsconversation.htm
- Silvio Lorusso, *Shouldn't You Be Working?*, http://networkcultures.org/entreprecariat/shouldnt-you-be-working/
- Gabriel Goh, *Image Synthesis from Yahoo's open_nsfw*, https://open_nsfw.gitlab.io/
- Silvio Lorusso, *The Competitive Aesthetics of Failure*, http://silviolorusso.com/the-competitive-aesthetics-of-failure/
- Olivia Solon, *Is our world a simulation? Why some scientists say it's more likely than not*, https://www.theguardian.com/technology/2016/oct/11/-simulated-world-elon-musk-the-matrix
- Bruce Sterling & Jon Lebkowsky: *State of the World 2016*, http://www.well.com/conf/inkwell.vue/topics/487/Bruce-Sterling-Jon-Lebkowsky-Sta-page01.html
- ALEXIS C. MADRIGAL, Bruce Sterling on Why It Stopped Making Sense to Talk About 'The Internet' in 2012,
 - http://www.theatlantic.com/technology/archive/2012/12/-
- wilhelm Hofmann and Lotte Van Dillen, Desire: The New Hot Spot in Self-Control Research, 2012
- Joelle Renstrom, *And their eyes glazed over*, https://aeon.co/essays/can-students-who-are-constantly-on-their-devices-actually-learn
- Gareth Cornfield, Security man Krebs' website DDoS was powered by hacked Internet of Things botnet, last checked 26 september http://www.theregister.co.uk/2016/09/26/brian_-krebs_site_ddos_was_powered_by_hacked_internet_of_things_botnet/
- James Rickman, THE STRANGER COULD BE YOU: ARTIST HEATHER

 DEWEY-HAGBORG ON HER CHELSEA MANNING DNA PORTRAIT, last

 checked 23 september http://www.papermag.com/-
- "WE ARE AT THE VERY BEGINNING OF A NEW EPOCH:" CHELSEA
 MANNING ON THE LUXURY OF PRIVACY, last checked 23 september
 http://www.papermag.com/
- Bruce Sterling, *Atemporality for the Creative Artist*, 2010 http://www.wired.com/2010/02/atemporality-for-the-creative-artist/

Bergje Hofstede, *Hoe de smartphone van de hele wereld een wachtkamer maakt*, geraadpleegd 14 september 2016

https://decorrespondent.pl/5248/-_boe-de-smartphone-van-de-hele-werel

https://decorrespondent.nl/5248/- hoe-de-smartphone-van-de-hele-wereld-een-wachtkamer-maakt/19678262912-425311f8

SECONDARY

- Tobias Stone, *History Tells Us What Will Happen Next With Brexit & Trump*, last checked 21 september [https://medium.com/@theonlytoby/- history-tells-us-what-will-happen-next-with-brexit-trump-a3fefd154714#.mqqy6djl7] (https://medium.com/@theonlytoby/- history-tells-us-what-will-happen-next-with-brexit-trump-a3fefd154714#.mqqy6djl7)
- Tobias Stone, A response to some of the comments on my last essay, [https://medium.com/@theonlytoby/a-response-to-some-of-the-comments-on-my-last-essay-f7917146aebe#.gwfwpv54p] (https://medium.com/@theonlytoby/a-response-to-some-of-the-comments-on-my-last-essay-f7917146aebe#.gwfwpv54p)
- The Knife, *Shaking The Habitual Manifesto*, 2013 http://www.factmag.com/2013/03/18/the-knife-issue-bizarre-shaking-the-habitual-manifesto/
- Hito Steyerl, *In Defense of the Poor Image*, first published November 2009 in e-flux journal http://www.e-flux.com/journal/in-defense-of-the-poor-image/
- James Palmer, *Chabuduo! Close enough ...* Last checked 8 oktober 2016, https://aeon.co/essays/what-chinese-corner-cutting-reveals-about-modernity
- Nick Turse, PENTAGON VIDEO WARNS OF "UNAVOIDABLE" DYSTOPIAN FUTURE FOR WORLD'S BIGGEST CITIES, 13 oktober 2016 https://theintercept.com/2016/10/13/- pentagon-video-warns-of-unavoidable-dystopian-future-for-worlds-biggest-cities/

DOCUMENTARIES, LECTURES

- Harry Brignul, *Dark Patterns: User Interfaces Used To Trick People* https://youtu.be/1KVyFio8gw4
- Adam Curtis, *HyperNormalisation*, 2016 https://youtu.be/-fny99f8amM
- Adam Curtis, Watched Over By Machines Of Loving Grace part 1: Love and Power
- Adam Curtis, Watched Over By Machines Of Loving Grace part 2: The Use and Abuse of Vegetational Concepts
- J.T.S. Moore, *Revolution OS*, 2001 https://www.youtube.com/watch?v=fxjElWL8igo
- V.A. Imagine... The Year Of Anish Kapoor, BBC One, 2009
- www Werner Herzog, Lo and Behold; Reveries of the Connected World, 2016 http://vodlocker.com/tx20izok6oza
- James Gustave Speth, *System Change Not Climate Change: Manifesto for a New Economy* Lecture at Dartmouth College, Hanover New Hampshire, VS, last checked 18 september https://youtu.be/gqNi_bxbZ9g
- Nicholas Carr, *The Shallows What the Internet Is Doing to Our Brains* https://youtu.be/lt_NwowMTcg

SECONDARY

- Tom Thurman, Buy the Ticket, Take the Ride: Hunter S. Thompson on Film, 2006
- Manuel Bürger & Thomas Jeppe, Theory of the Bench, 2014 http://www.manuelbuerger.com/theoryofthebench
- Guy Debord, *Theory of the Dérive*, 1958 http://www.bopsecrets.org/SI/2.derive.htm
- Jack Cocker, Jeremy Deller: *Middle Class Hero*, 2012 https://vimeo.com/80729157
- Stephen Kijak, Paul Marchand, *Jaco*, 2015 http://www.imdb.com/title/tt2385115/?ref_=fn_al_tt_2
- Jeff Radice, No No: A Dockumentary, 2014 https://youtu.be/6uQnZriEz1Q
- Keeping It Real Art Critics *The tears of Mara McCarthy Frieze London KIRAC (E05)*, https://youtu.be/xNRuuxUSCcY

WIKIPEDIA

PRIMARY

- **** The Ludovico Technique (Clockwork Orange) on Wikipedia https://en.wikipedia.org/wiki/Ludovico technique
- -----> Jenny Holzer on Wikipedia, https://en.wikipedia.org/wiki/Jenny_Holzer
- Wikipedia entry for Luddite, last checked 23 september https://en.wikipedia.org/wiki/Luddite
- Wikipedia entry for Neo-Luddism, last checked 23 september https://en.wikipedia.org/wiki/Neo-Luddism
- -----> Flooding https://en.wikipedia.org/wiki/Flooding_(psychology)
- Dark Night of the Soul on Wikipedia, https://en.wikipedia.org/wiki/Dark_Night_of_the_Soul
- Desensitization on Wikipedia,

 https://en.wikipedia.org/wiki/Desensitization_(psychology)
- -----> Simulation Hypothesis, https://en.wikipedia.org/wiki/Simulation_hypothesis
- -----> Self Control on Wikipedia, https://en.wikipedia.org/wiki/Self-control

SECONDARY

----- List of Mentally III Monarchs

https://en.wikipedia.org/wiki/List of mentally ill monarchs

- Pina Bausch on Wikipedia https://en.wikipedia.org/wiki/Pina_Bausch

OTHER

- (artwork) Andrew Norman Wilson, Workers Leaving the Googleplex, https://vimeo.com/15852288
- (site) F.B. Purity http://www.fbpurity.com/facebook-css.htm
- (podcast series) Rafael Rozendaal and Jeremy Bailey, *Good Point*, September 2016 present

- (wiki) Rick and Morty S02E06 *The Ricks Must Be Crazy*, http://rickandmorty.wikia.com/wiki/The_Ricks_Must_Be_Crazy
- (TED talk) Juan Enriquez, *The Next Species of Human*,_ https://www.ted.com/talks/juan_enriquez_shares_mindboggling_new_science? language=en
- (skit) John Cleese, Why Do People Work? https://youtu.be/lrycgL_xeRA
- (spoken word) Prince Ea, *Can We Auto-Correct Humanity?* Last checked 26 september https://youtu.be/dRI8ElhrQjQ
- (site) Jonas Lund and Sebastian Scheming, *Other People Also Bought*, last checked 19 september http://otherpeoplealsobought.com/
- (scene) Marry Harron, *American Psycho*, 2000 http://www.imdb.com/title/tt0144084/?ref_=fn_al_tt_1 (Business Card Scene)
- (podcast) a16z Podcast: *Sleep!* https://soundcloud.com/a16z/sleep-revolution
- (movie) Alex Garland, *Ex Machina*, 2015 http://www.imdb.com/title/tt0470752/
- (lecture) Marshall McLuhan, *The Medium is the Message*, Lecture on ABC, 1977 https://youtu.be/a11DEFmOWCw
- (commercial) *De Maatschappij, dat ben Jij.* Series of commercials in video and book form by SIRE, 2002 https://youtu.be/HorCCe6vdn4
- (song) Opgezwolle, *Elektrostress* van het album Eigen Wereld, 2006
- (tv series) Sam Esmail, *Mr. Robot*, TV-series, HBO Studios, 2015 onwards http://www.imdb.com/title/tt4158110/

SECONDARY

- (website) World Population Clock, http://www.worldometers.info/world-population/
- (Fashion collection) Ssense, ASMR Fashion https://www.ssense.com/en-ca/video/testing-this-seasons-belts
- (lecture) Brandon Rohrer, *Deep Learning Demystified*, last checked 25 september, https://www.youtube.com/watch?v=Q9Z20HCPnww
- (application) Matthew Dryhurst, *Saga*, https://accessions.org/article/saga-v1-0/
- (vlog post) Elliot Earls, *Against the Global Influence of Dutch Graphic Design*, last checked 25 september https://youtu.be/ZjrnMvCYClc
- (site) Various authors (?), *Timeline of War*, last checked 22 september http://www.datesandevents.org/events-timelines/24-timeline-of-war.htm
- (site) Troy Hunt, *Have I Been Pwned?* Last seen 15 september https://haveibeenpwned.com/
- Ross Ulbricht (Dread Pirate Robberts), website for his release, http://art.freeross.org/
- (movie) Jim Jarmusch, *Ghost Dog*, The Way of the Samurai, 1999 https://youtu.be/1kcU2HxmeMY
- (song) Opgezwolle, Park van het album Eigen Wereld, 2006
- (artwork) Christian Marclay, *The Clock* Seen at Centre Pompidou, Metz http://www.centrepompidou-metz.fr/en/clock-christian-marclay

ACKNOWLEDGEMENTS

Hannah Nilsson and Rasmus Svensson (PWR), Arthur Röing Baer, Charlie Stigler (Selfcontrol), Residenza dei Imperatori, family. Special shout out to Aeon magazine, they have an amazing selection of texts. With the motto: 'IDEAS CAN CHANGE THE WORLD' they must be an audacious team. Also, Stewart Brand and the Whole Earth movement has been pretty inspiring for me so far.