#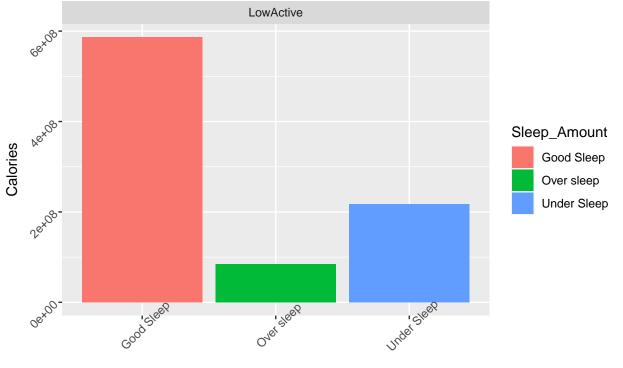 How much Calories burns affecting by Sleep Quality By Distance Categor