Global Mental Health Analysis

29K — Self-Employed MH Focus

99K — Growing Stress Count

290K — Total Responses

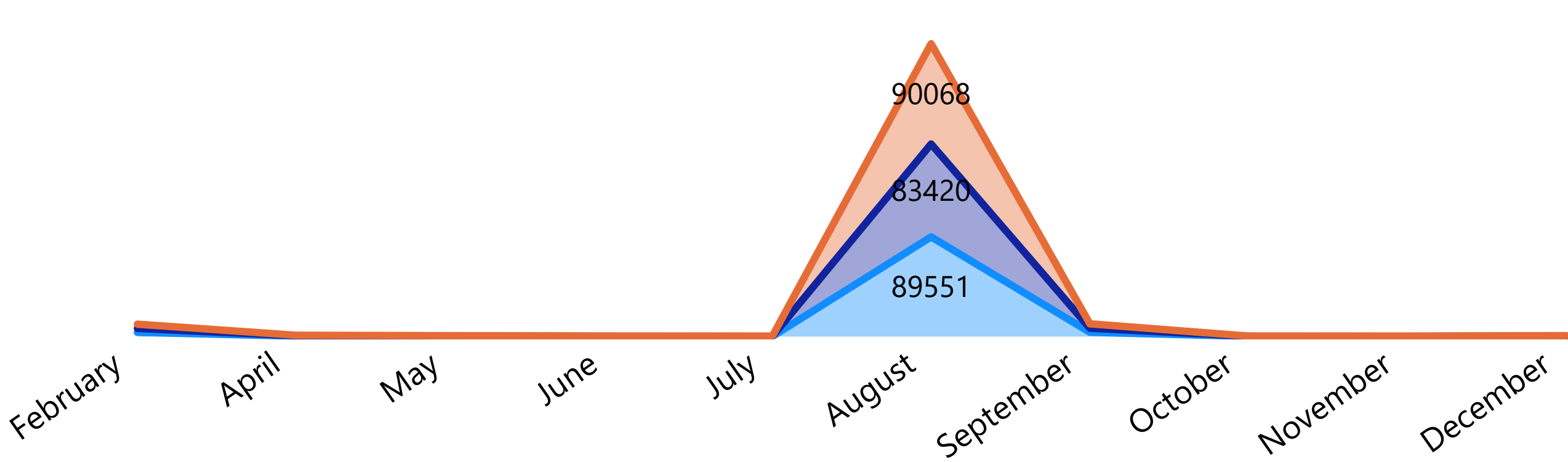| Year	Month	Occupation	Country	Gender
All	All	All	All	All

High | Low | Medium

Growing Stress Overview

— Growing Stress - Yes Count — Growing Stress - No Count — Growing Stress - Maybe Count
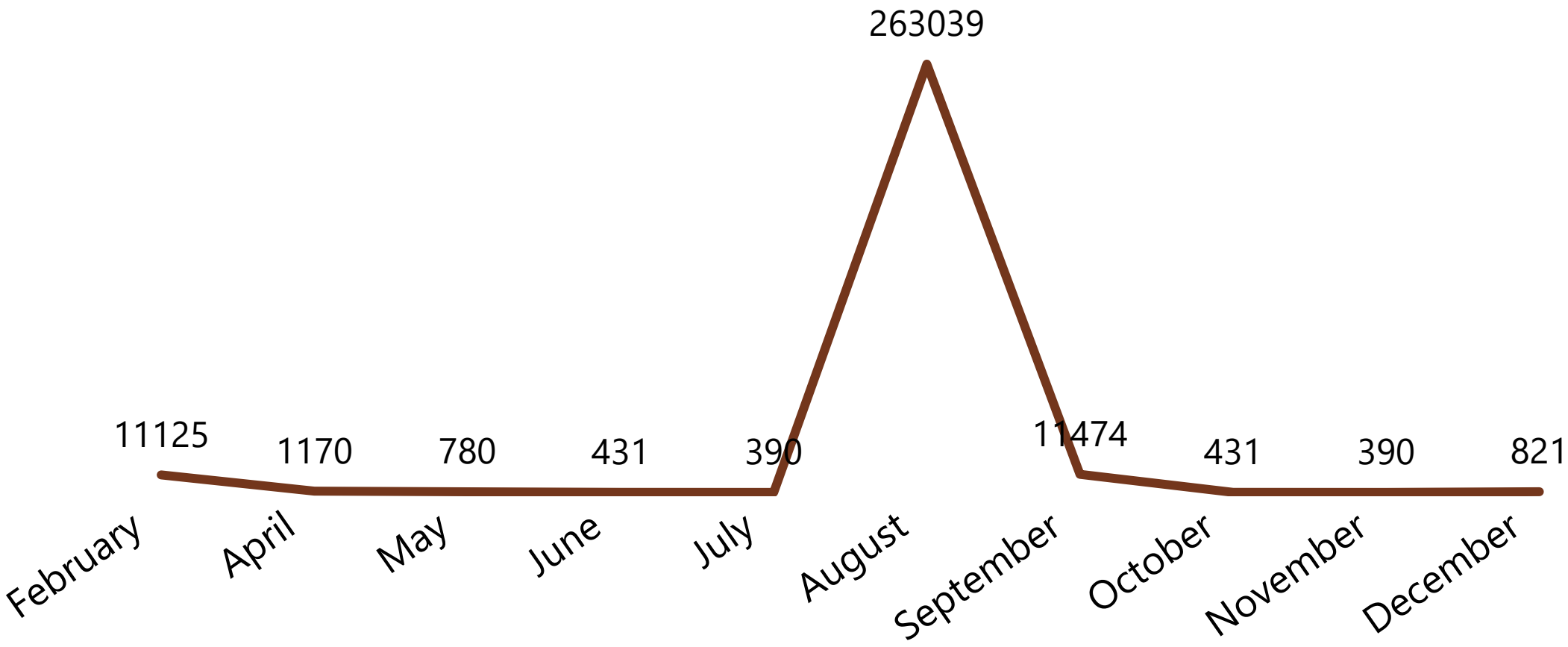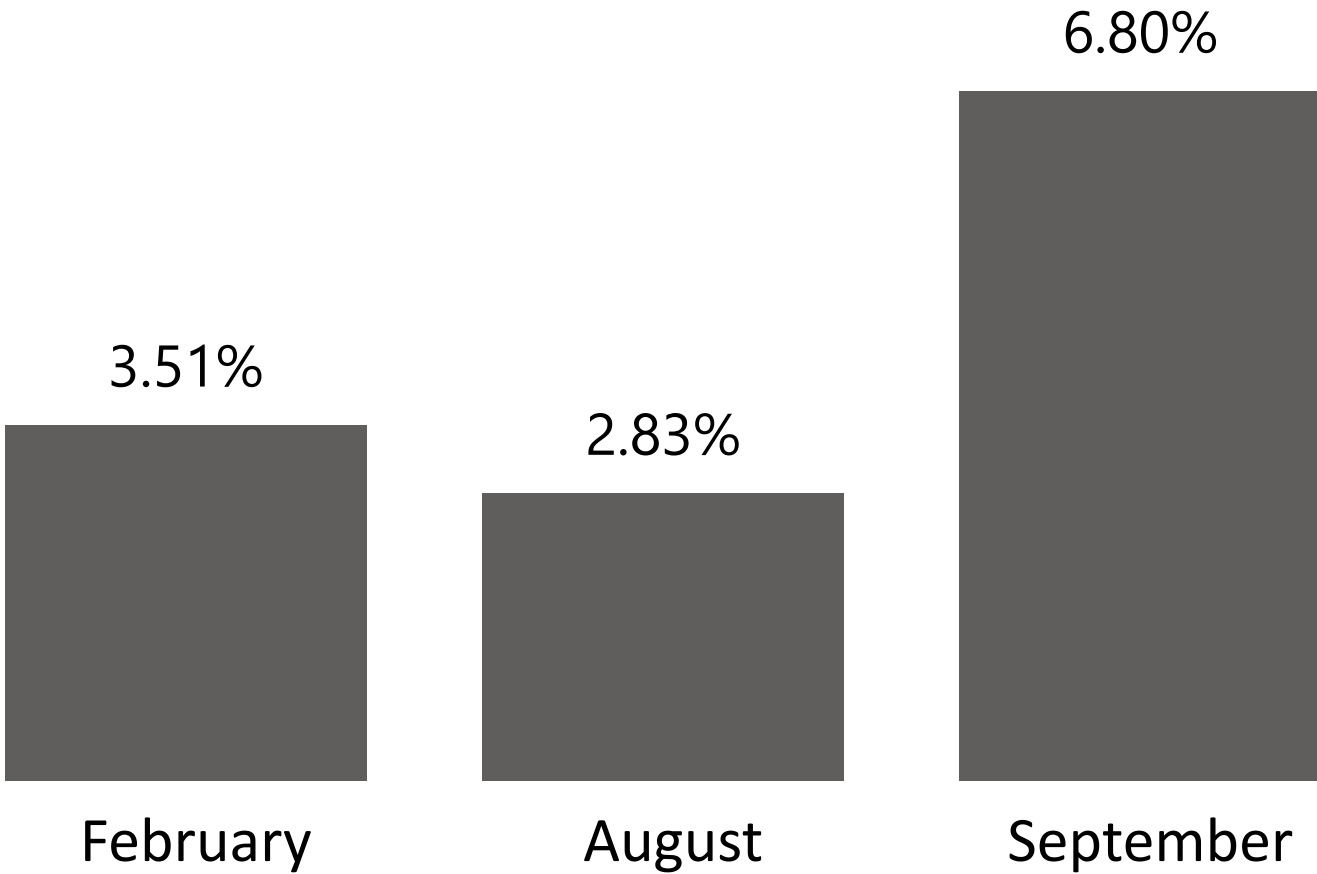
Y-axis: Growing Stress - Y...

90068
83420
89551

Months: February, April, May, June, July, August, September, October, November, December

Total Responses by Month

Y-axis: Total Responses

11125, 1170, 780, 431, 390, 263039, 11474, 431, 390, 821

Months: February, April, May, June, July, August, September, October, November, December

MH Interview Openness Rate by Month

Y-axis: MH Interview Openness Rate

- February: 3.51%
- August: 2.83%
- September: 6.80%

Growing Stress by Gender

- 21K (20.95%) — Female
- 78K (79.0...) — Male

Gender
- Male
- Female

Treatment Seeking Rate by Month

Y-axis: Treatment Seeking Rate

100.00%, 100.00%, 100.00%, 100.00%, 100.00%
60.70%
50.00%
49.22%
55.46%
47.50%

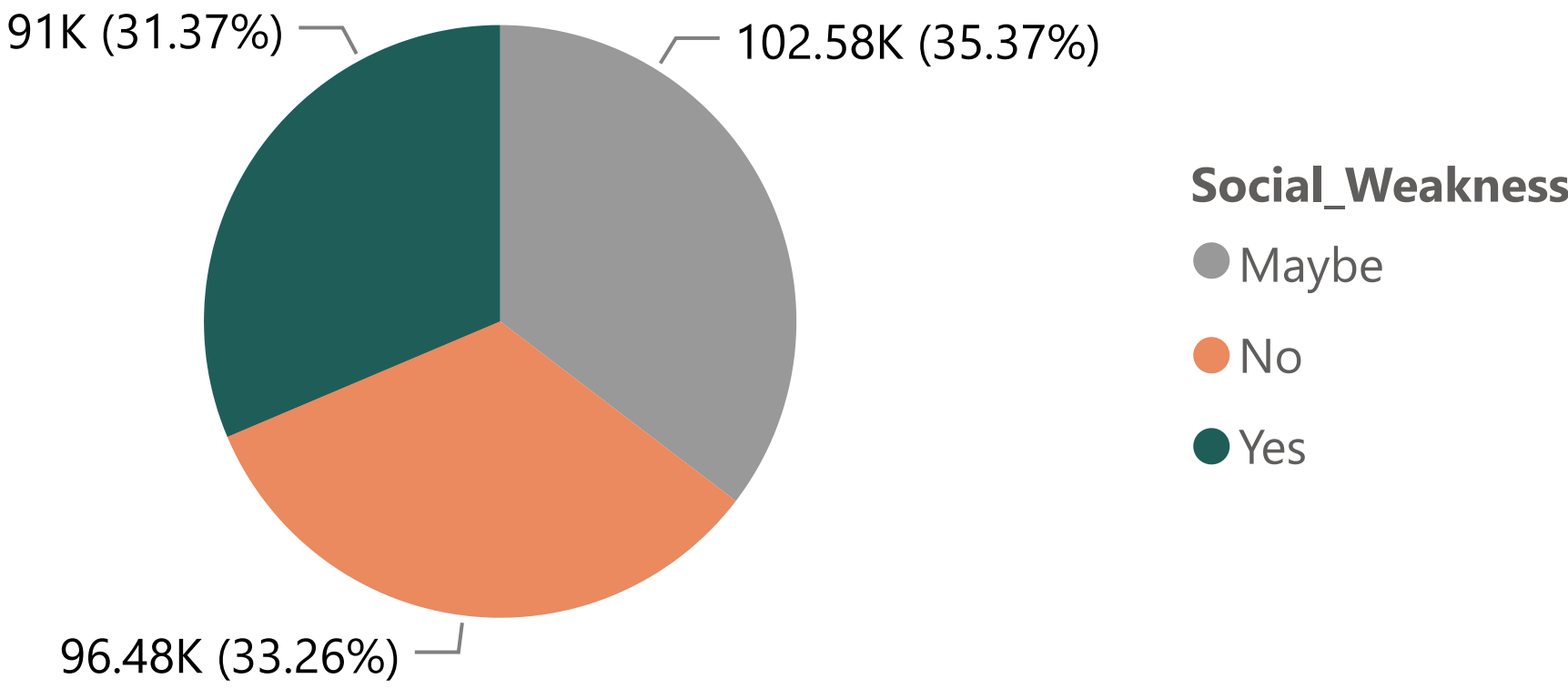Months: February, April, May, June, July, August, September, October, November, December
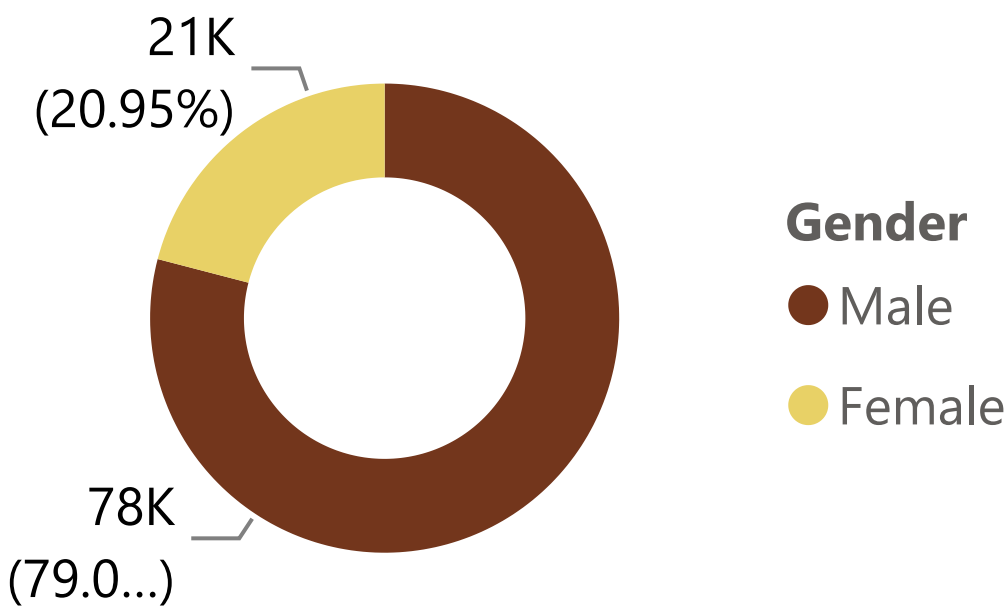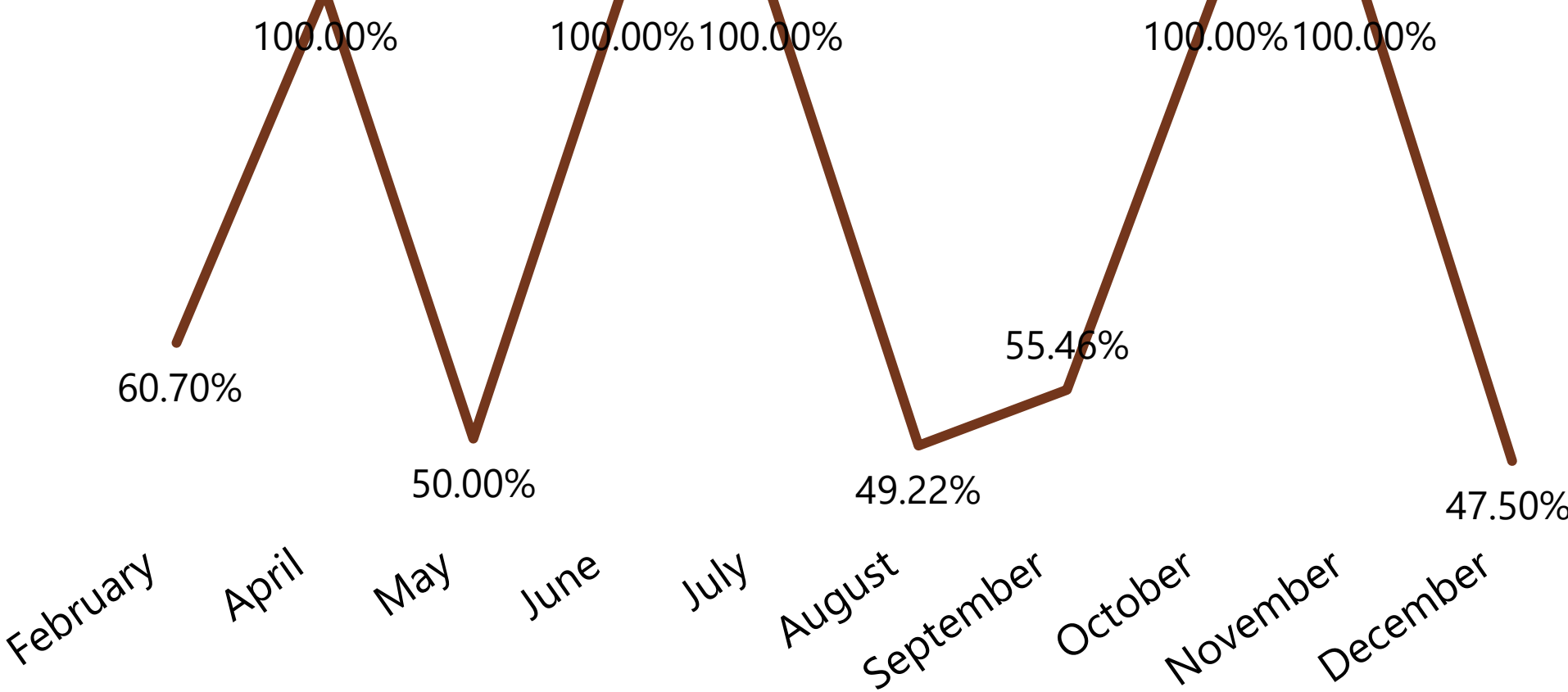
Days Indoor Overview

● 15-30 Days ● 1-14 Days ● 31-60 Days ● Days Indoors Go Out Every Day ● Days Indoors More Than 2 Months

Y-axis: 15-30 Days, 1-14 Days, 31-60...

Business: 9.9K, 9.5K, 10.0K
Corporate: 10.6K, 12.8K, 13.3K
Housewife: 13.0K, 16.6K, 9.7K, 15.6K, 1.0K
Others: 8.9K, 12.4K, 14.6K, 7.4K, 9.0K
Student: 11.1K, 13.4K, 12.2K

Social_Weakness Overview

- 91K (31.37%)
- 102.58K (35.37%)
- 96.48K (33.26%)
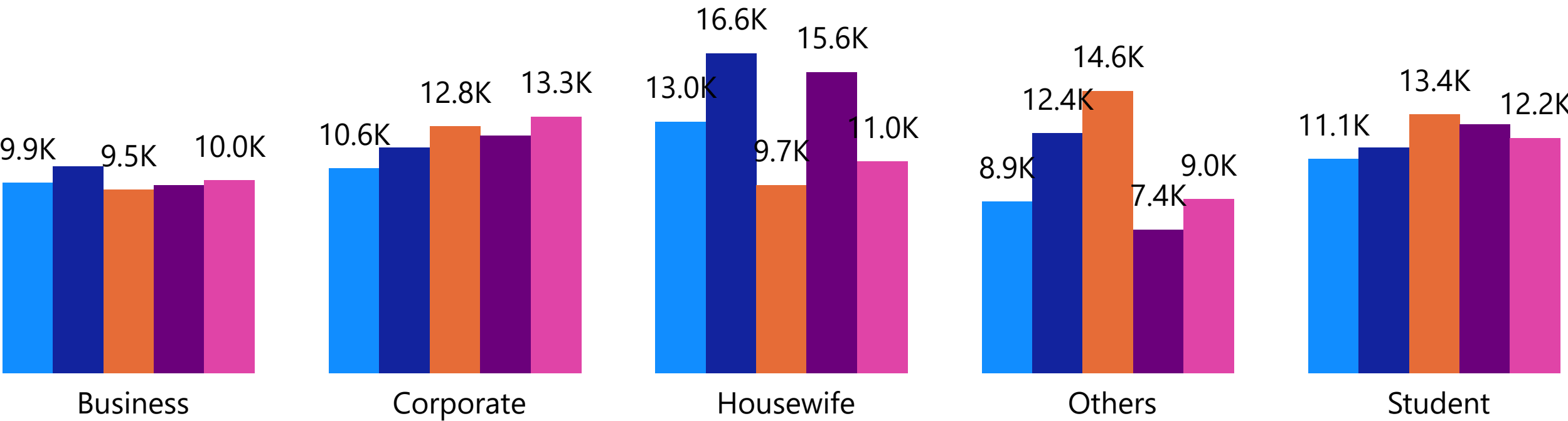
Social_Weakness
- Maybe
- No
- Yes

Summary

The **Mental Health Analysis Dashboard** presents several visualizations derived from a Power BI report centered around mental health trends.
 Here's a summary of the visuals included in the report:

Total Responses by Month:
This bar graph shows the number of responses collected each month, with significant peaks in specific months like May and November.

Treatment Seeking Rate by Month: A line chart that depicts the percentage of respondents seeking treatment each month, revealing high treatment rates in several months, reaching up to 100%.

Growing Stress by Gender:
A pie chart compares stress levels reported by males and females, indicating a higher percentage of stress among males at approximately 79%.

MH Interview Openness Rate by Month: This line chart illustrates the openness rate of participants in mental health interviews, highlighting fluctuating rates throughout the year.

Growing Stress Overview:
A combined bar chart presents counts of respondents reporting growing stress, categorized into 'Yes', 'No', and 'Maybe'. This visual shows a consistent number of respondents across different categories over various months.

Days Indoor Overview: A detailed bar chart categorizes days spent indoors by respondents into several ranges (e.g., 15-30 days, 1-14 days) across different professions like Business, Corporate, and Student, showing how indoor days vary among professions.

Social Weakness Overview:
This bar chart illustrates the levels of social weakness (Yes, Maybe, No) among the respondents, with a notable division showing a considerable number reporting 'Maybe'.
Each visualization in this report provides insightful data points about mental health trends, treatment seeking behaviors, stress levels, openness in discussing mental health, indoor activity patterns, and social weaknesses, reflecting comprehensive analysis over time and across various demographics.