

Portfolio

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Self and Others

Who am I?

Brief Biography

- Family Members
 - Immediate Family
 - * Living with me
 - Mother Krista Parker
 - Stepfather Jeremy Yourchuk
 - Brother Kyran Parker
 - * Living with dad
 - Stepmother Louise Roy
 - Father Christopher Buckton
 - Brothers Noah, Nathen and Nolan Buckton-Roy
- Friends
 - Alexander Morin My best friend, do everything together
- Girlfriend
 - Liliana Rhein Been together for roughly three years. Plan on living together after College/University
- Pets
 - Living with me

- * Dogs Kiara and Kazer. Kiara is a female yellow lab with infinite energy. Once swam across the haviland lake without breaking a sweat, had to be picked up in a canoe. Kazer is a male black lab, a little more relaxed than his girlfriend. Was attacked by another dog, puncturing his back and injuring his knee. Recovered well, and is back to running around, albeit a little slower than Kiara.
- * Cat We originally had two cats, Toby and Kya. Toby ended up running off one day and never came back. Kya is a black/grey cat, very cuddly. Will sleep on you if you let her.
- Living with dad
 - * Dogs Two little Shiatsu/Pomeranian mixes, both female, love to lick peoples faces. When shaved, they look like little teddy bears.
 - * Bearded Dragons Originally we had 1, then another, then another until we ended up with 5 of these funny lizards. Unfortunately, Louise found out that she was allergic to them and was forced to give 3 of them away. Now only the original (little buddy, who isn't very little anymore) and Kevin (the angry one, only lets me pet him some days) remain. Love baths and running around chasing the dogs.
 - * Fish I don't think any of the fish actually have names. Nathen has a beta fish, and there is a tank of misc. fish in the living room. They are fun to look at, and serve as occasional food for the next pet on the list
 - * Turtle Our turtle, who happens to be named Turtle, spends most of his day under his basking lamp. However when he's not basking, he's swimming around chasing fish, and looking at you as you walk by his tank.

- Schools Attended

- Greenwood Elementary School Attended from JK to Grade 6. Enjoyed (most) of my time there, good teachers. Still talk to my Grade 6 teacher (Mrs. Wilcox) sometimes whenever I pop in to say hello. Moved to the Korah 7/8 program the first year it was created, half to escape the bullying that had started and half for the computer labs.

- Korah Collegiate and Vocational School Have been attending Korah since Grade 7. Currently enrolled, this semester taking Foods, Personal Life Management, Advanced Functions and Computer Science. In fact, this is actually an exam for my Personal Life Management class, don't tell anybody! Teachers here are great, (most of) the people are super nice, and I met my best friend (Alex) in grade 7 here.
- Sports I've tried most sports; Soccer, Baseball, Football, Badminton, however the only sport that really ever stuck was Hockey. Started when I was a kid, and I've been playing ever since. Next year is my last year, excepting College/University hockey. Hopefully going into Midget AA, will have to see how I do in drafts.
- Personality Traits
 - Good at analyzing situations
 - Quiet / Introverted
 - Don't like having a schedule
 - Curious / Inquisitive
- Hobbies Some of my hobbies include; Computer Programming, Hockey, Video Gaming, Biking, and Hiking.
- Post Secondary Plans Currently up in the air about this, was planning for a while to go into the Computer Science course at Algoma U, but recently have been exploring the Computer Security field as a future career. Will most likely either go to Algoma University or Sault College, for the fact that it is cheaper to remain in the city rather than go somewhere else for my post secondary.

Famous Quote or Proverb that describes my personality and/or outlook on life

Do not take life too seriously. You will never get out of it alive.
 –Elbert Hubbard

This quote describes my outlook on life fairly well. Take things as they come, and it helps me remember that whatever happens today, it will seem inconsequential in a few years so why should I stress over it?

Resources

Human Resources in my life

- Liliana
 - How do you know them? She's my girlfriend, for 3 years.
 - How do they help you? She reminds me every day that there are people that care about me, and inspires me to achieve any goal that I set for myself.
 - How do you get ahold of them? I call her. On the telephone. Or over the internet.
- Alexander Morin
 - How do you know them? I've known him ever since grade 7, when I moved here (Korah) for the 7/8 program. Since then we've been (mostly) inseparable, playing video games and just hanging out. I also occasionally scribe for him, because he has dyslexia, and finds it very hard to write.
 - How do they help you? He helps me remember to relax sometimes, unwind over a barbecue together and helps me focus on what I want to do in life.
 - How do you get ahold of them? Talk to him at school, or call him. On the telephone. Or over the internet.

Personal Resources

- Skills
 - Adept at technology
 - Strategist
 - Intelligent
 - Management
- Interests
 - Coding
 - Video Games
 - Books
 - Music

– Cool Creepy Things

- Health/Fitness Reasonably fit, can lift 140+ lbs, which is almost my body weight, which is 164 lbs. At 5'11, this gives me a BMI of 22, or with the newer SBMI, 37/70. Both of which are in the healthy range. This is going to help me as I work towards independence because I won't have to worry about increased health risks, and can do more without becoming fatigued.

Goals

Identify and explain 2 short term goals (one year or less)

- Get more physically fit
- Save up some money

Identify and explain 1 long term goal (one year or longer) and create a SMART goal plan for it

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Describe the lifestyle you hope to have when you're 30 years old

- City Phoenix, Arizona
- Home Doesn't really matter, as long as it has a pool.
- Job Something in the Computer Security field.
- Family Liliana Rhein, Single Child, preferably a boy (don't tell Lili I said that).
- Vehicle A black Impala.
- Pets A Corgi, Lizards, and a Pacman Frog.
- Finances Something around 75k\$ a year for myself.

Communication

Overview of your oral communication ability as it relates to conversing with both people you know, as well as people you do not know

- People you know

- People you don't know
- Styles of communication I use

Explain the process of active listening and describe your personal level of competency

- In the classroom
- With peers

Comment on how aware you and confident you are of your non-verbal communication

- Body language
- Nervous habits
- Eye contact
- Personal space
- Image projection

Time Management and Productivity

Identify and briefly describe 3 time wasters that you personally experience and know you need to manage better

Identify and explain one strategy you could implement to be more productive with your time

Pathways

Career/Job Goals(s)

Identify and describe a job you would like to have one day and why you would like that job

A job I would like to have one day is to be an Information Security Analyst. I'd like that job because it involves monitoring networks for security breaches, conduct testing to determine whether or not there are any security holes in a system, and help plan and conduct security procedures.

Describe specifically what education, skills, and personal attributes you will need to do that job

Typically a Bachelor's Degree is required, along with related experience in the same field. Some skills needed include analytical skills, the need to be detail oriented, have problem solving skills and ingenuity.

Job Search and Interview Preparation

Identify some different ways people go about finding jobs and describe how you (or a friend/parent/sibling) found their job

I don't have any siblings or friends with jobs, so I can't speak for that part. Some of the ways people go about finding jobs, however, I can speak for.

- Online A (relatively) newer way of finding jobs involves the internet. Recruiters, who are people looking for people looking for jobs, post job openings on different websites, with descriptions, salaries, benefits, and any other information one might want. Then, someone looking for a job can go to these websites, and submit resumes either online or in person (by going to the store that is hiring), which brings me to the next way.
- In-Person Sometimes stores don't have all this fancy internet stuff. In these cases, if one was looking for a job they might see a store with a "We're Hiring" sign in their window. Then this person would go into the store with a resume, and give it to the manager (or whoever handles hiring at the company). This method usually makes you look better than the online method, though I don't have any anecdotal evidence to prove it.
- Through a Friend or Family Member Though much rarer than the previous two, sometimes people just get jobs through a friend or family member. A good example of this is a family business. If my mother ran a grocery store, for example, I don't think she would make me submit a resume in order to stock shelves.

Include an edited version of your resume here

Resume

Finance

Budgeting and Saving

Describe what the term "budgeting" means and the importance of budgeting. Include a blank budget table.

Identify 3 advantages for saving money and reflect personally on how well you save money

Pay Stubs

Describe the type of information presented on a pay stub

Explain why it is important to review your pay stubs regularly, and the possible risks of not checking your pay stubs

Credit Cards and Debt

Describe the pros and cons of credit cards and whether or not you wish to have one someday - Why or Why Not?

Smart Shopping

Identify 3 strategies you should use when shopping to ensure you are getting the best deals for your dollars

- Coupons One of the best ways to save money is to not pay full price on things. There are almost always coupons in stores and online that allow you to save upwards of 30% on everyday items.
- Sales
- Buying Bulk

Describe the level of confidence you have in distinguishing your "needs" from your "wants" *and* utilizing strategies to ensure all of your clothing and food needs will be met, once you're living on your own

If we're using an 'out of 10' system, I would rate my confidence as a solid 10.

Community and World

Values

Identify and describe 4 values that you have

Comment on how these 4 values influence your decision making

Decision Making

Explain which decision making style you most often use for tough decisions and why you use it

Identify and describe *one* example of a bad decision that you made and which decision making style you used to make it.

- Were there any consequences from it that affected you or others?

Identify and describe *one* example of a good decision that you made and which decision making style you used to make it.

- Did this decision affect anyone besides yourself? If so, how?

World Impact

Identify 1 decision you have made that has world impact (may start within the home and reach community or the world). Think of things like purchasing cheap clothing, using antibiotics, recycling, using environmental cleaners, smoking, etc.

Explain how these decisions affect you, people close to the situation, companies or cities/

Resources

Identify 2 community resources you use or may have to use. Include a brief description

Household Management

Toxin Free Products

Complete a list of 5 products that are common in households that are toxic to us and list a healthy alternative to each one

Choose your favorite product and include a recipe to make the product using healthy home ingredients. Include the original product, the recipe, an image and at least 1 potential benefits