

BREASTFEEDING MATTERS!

Help Moms & Babies Get a Healthy Start as a Nursing Mothers Counsel Volunteer Breastfeeding Counselor

When:

8 consecutive Wednesdays
January 15-March 5, 2014

6:30-9:00pm

** plus one mandatory
pre-training meeting,
Sunday, January 12, 2014
4:00-5:00pm **

Where:

Dominican Rehab Center
Solarium Conference Room
610 Frederick Street
Santa Cruz, 95062

Contact

For more information, or to
register for the training,
please contact
Virginia Kaufman at
ginnypk@comcast.net or
831-247-5461



Join us for our upcoming NMC Training!

This is an 8 week comprehensive course, taught by Janet Hoover, IBCLC. Topics include anatomy & physiology of the breast; positioning & latch; anticipating & managing normal breastfeeding challenges; troubleshooting problems; infant behavior; counseling techniques; going back to work; & *much more!*

There are 2 ways to participate in the NMC Training

*** Full Membership:** Participants who wish to become active NMC Volunteer Counselors & provide free breastfeeding information & peer support to families in the community. Full members must complete the training, pass a written exam, & also have breastfed their own baby. Cost: \$225 (includes text and materials).

*** Affiliate Membership:** Participants who wish to take the training for professional development or personal enrichment. Affiliates do not work on behalf of NMC after the training. Cost: \$325 (includes text & materials). 18 CEs available for an additional \$125 (approved by the CA Board of Registered Nurses, Provider #11351).

Nursing Mothers Counsel is

a volunteer-based, non-affiliated organization dedicated to supporting the individual breastfeeding goals of all families. We provide information and assistance via phone, email and home visits. We also offer monthly prenatal breastfeeding classes to expectant parents.

