

title: **I finally got another job after almost a year and I'm terrified.**

num_comments: 17

num_up_votes: 79

upvote_ratio: 0.99

Post Text

I interviewed for a front end position and bombed the tech interview as usual . I was sure I wasn't getting any call back. I attempted a take home assessment for another company and I was not doing well with that either. It was just a regular html and css layout. I think depression and stress about running out of money before finding a new job had broken my brain. I was long overdue for nervous breakdown and thought today would be perfect to have one. Before I could start curling up into fetal position to cry, I got email about offer. There's going to be a lot of things I hadn't done before regarding web testing. It both excites and terrifies me. The fear is almost making me not want to celebrate. I must defeat this impostor by any means. A notable and funny difference about this interview is that I mentioned my ADHD about 10 times to the team. I also showed them my fidget spinner at the start of the meeting. I'm not sure what possessed me to do that but I wonder if it helped. My brain is going 1000 miles per hour thinking about starting next month. I'd appreciate any encouragement and positive experiences from those that started a new dev job while feeling under qualified. What did you do to overcome it?

Comments

Commenter_2

ID: REDACTED! ~(o.o)~ <3, Upvotes: 16

I get nervous and freak out before most new jobs. I had imposter syndrome for my first year at a FAANG. Now I'm killing it. have faith in yourself. ask questions, communicate about timeline, even when it's bad news

Commenter_3

ID: REDACTED! ~(o.o)~ <3, Upvotes: 10

May i humbly propose you upgrade to a Fidget CUBE instead (<https://www.antsylabs.com/products/fidget-cube>) it looks less childish, and is WAY more clicky-fun.

OP

ID: REDACTED! ~(o.o)~ <3, Upvotes: 6

Good looking out

Commenter_3

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

i'm not sure what that means, but i'll take it as a compliment nonetheless

Commenter_5

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

Good (on you for) looking out (for me)

Commenter_6

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

I got a fidget cube! It's awesome. Good for rubber-ducking actually

Commenter_7

ID: REDACTED! ~(o.o)~ <3, Upvotes: 8

I haven't gotten a job yet, but credit to you. Acing an interview is not an easy fit. You got this !

Commenter_8

ID: REDACTED! ~(o.o)~ <3, Upvotes: 7

Congrats on landing the offer. Best of luck on the new job. Hope you have awesome teammates to help you ramp up. Take it one day at a time. You don't have to know everything, just ask the simple questions. Congrats!

Commenter_9

ID: REDACTED! ~(o.o)~ <3, Upvotes: 5

Dude idk but I'm in your boat - currently freaking out about (not) having a new job...but I imagine when that happens I'll be like you. Well at least you disclosed your condition so that cat is out of the bag. I guess if they don't care then you're golden. Just put all your nervous energy into learning the new web testing stuff and before you know it you'll be kicking butt.

Commenter_10

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

Congratulations! On the new job. It's time to celebrate now, worry about the future later :)

Are you medicated? Being on medications makes a huge difference the difference was night and day for me. Getting started on medications might help you reduce your anxiety.

Don't worry about under qualified. Impostor Syndrome is real, even the best programmers suffer from it. If you didn't feel anxious that would be a reason to be concerned you don't want to be complacent at the new job.

You got this! Keep the momentum going.

OP

ID: REDACTED! ~(o.o)~ <3, Upvotes: 4

I've been on adderall a several months. It does help with my anxiety. While it might not be the best now, it was REALLY BAD before meds. I was paralyzed with anxiety and depression even on mood stabilizers. I didn't even apply to jobs.

Commenter_10

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

Did you try increasingly the dosage? Also, meditation and exercise helps a lot with ADHD. It is worth a shot.

Commenter_11

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

Confidence isn't really the best predictor of ability. You were hired for a reason. The relief after you settle into the position will make all the anxiety worth it.

Commenter_12

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

Look on the bright side....ADHD primes you for learning new things!

The question is...does whatever they're going to ask you to do sound interesting for you to learn? If yes, you'll soak it up, but if not....er...got meds?

Commenter_13

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

I just took a new job myself a month ago- I've be writing things in Vue (never touched it) and doing unit tests (never worked on a team that kept up with them).

​

So far everyone has been nice. They've had no problem training me. A lot of places are having trouble even hiring devs so I'd say enjoy the demand for your skills and soak up everything they can teach! Seems we are both in a great position to increase our skills but also contribute.

OP

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

I will be introduced to unit testing at this new job too. It will most likely be in React and I'm not quite solid yet. I'm determined to get there

Commenter_14

ID: REDACTED! ~(o.o)~ <3, Upvotes: 4

Congrats, hope you like the job. Pro tip, it's not a good idea to mention ADHD to co-workers/managers, most people don't have a good understand of how it affects people differently . Assume whatever you tell privately your coworkers, might be casually shared/mentioned with others.