

title: **It's been one month on meds**

num_comments: 16

num_up_votes: 55

upvote_ratio: 0.97

Post Text

And it's been life changing. Not only in my personal life and mental health, but my work has significantly turned around. I love my job due to meds allowing me to stop and look out why I was at where I was at and gave me the tools to fix it, and telling my boss that I got diagnosed with ADHD recently turned his idea of me around for the best too. Today I successfully convinced them to implement a design process on our team and make me more of a lead designer and PO (I'm UX/UI on a small dev team) and received the most amazing compliment from my boss where he broadly congratulated me on looking at a problem head on, taking the difficult steps to solve it, and had a successful outcome. I've hated my job for 8 months, and now I love it.

Comments

Commenter_2

ID: REDACTED! ~(o.o)~ <3, Upvotes: 15

Great success! What medication are you currently on?

Commenter_3

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

I would also like to know

OP

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

I'm on generic adderall!

Commenter_5

ID: REDACTED! ~(o.o)~ <3, Upvotes: 5

That's awesome; super jealous, have tried all meds but they give me hellish anxiety :(

Commenter_6

ID: REDACTED! ~(o.o)~ <3, Upvotes: 1

Even the ones that aren't CNS stimulants?

Unknown_User

ID: REDACTED! ~(o.o)~ <3, Upvotes: 5

That's awesome. I'm glad they've been supportive. Great work!

Commenter_7

ID: REDACTED! ~(o.o)~ <3, Upvotes: 3

Congrats I'm very happy for you

Commenter_8

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

Yay Congrats!!

Unknown_User

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

Good for you, medication did not help in my case

Commenter_9

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

Thanks for this. I know my add is holding me back.

Commenter_10

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

Going be evaluated for my adhd next Monday. I am more hopeful now after reading about your success! I can't wait to focus better again and start my career in tech (programming or networking) still deciding. I tried programming before but, I would get lost, stuck, and frustrated due to memory and losing focus. I am hoping meds help me to become better at it even if it's just as a hobby.

Commenter_11

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

Hey me too, over 1 month in. It's amazing being able to focus on and truly contribute to meetings. I think that's been my biggest difference. Of course just staying on task overall has been much improved. Glad you're seeing a big difference!

Commenter_12

ID: REDACTED! ~(o.o)~ <3, Upvotes: 1

What are you on? I've got experience with Vyvanse if you'd like to share.

OP

ID: REDACTED! ~(o.o)~ <3, Upvotes: 1

I'm on generic adderall!

Commenter_13

ID: REDACTED! ~(o.o)~ <3, Upvotes: 1

That's great news. Just be sure to make sure you have a healthy sleep schedule as well.

Commenter_14

ID: REDACTED! ~(o.o)~ <3, Upvotes: 1

Welcome to this new life style to this new reality!