

title: **Just did an interview while going through a Vyvanse withdrawal because my prescriber forgot to refill my meds**

num_comments: 5

num_up_votes: 13

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Post Text

I saw my prescriber last week since I was going to run out of Vyvanse. I didn't think it was doing anything for me so I was in no rush to pick it up. My last dose was on Friday and by the time I managed to go pick it up yesterday, I realized the pharmacy only had my Wellbutrin refill and that my prescriber didn't refill my Vyvanse. I'm using Cerebral so I sent a message through their online portal (I can't call or contact my prescriber directly) but unfortunately they haven't seen it yet. For some reason I didn't think that skipping a couple of days would be that bad, so it wasn't until yesterday evening that I realized I'm going through withdrawal. I felt super tired and was unable to focus as I was trying to prepare for my interview. Also my mood completely tanked (although it was already low because of depression). I started crying because I felt like there's nothing I can change about my life that will make me feel better, so I'll be stuck feeling miserable forever. What a motivation killer. This morning I had a live coding interview with a company I'm really excited about, but I totally failed it. I could tell what kind of problem it was but couldn't quite figure it out, so I went with a less optimal brute-force approach (and missed a ton of cases). I didn't see the optimal solution until the very end :(I'm not sure if I should ask my recruiter for a do-over because of these circumstances. I feel like I could have done a better job because I've been gradually preparing since January, have done about 2 practice leetcode interviews per week over the past 6 weeks, and had the knowledge required to answer the question. But it's also possible that I just need more practice since this is only my second real interview.

Comments

Commenter_2

ID: REDACTED! ~(o.o)~ <3, Upvotes: 6

If it was with a FAANG company or some other major tech company asking for a do-over might make sense, and I hope some others can chime in here because that is outside of my experience. Maybe you could try it since as you said it is one you've been prepping for months now. Otherwise though, it might be best to just chalk it up as a loss and move on, there are millions of fish in the sea. Pretty sure I did the same thing the other day, and it stinks because they seemed like they were expecting me to do badly so I didn't get a lot of time.

Commenter_3

ID: REDACTED! ~(o.o)~ <3, Upvotes: 4

I've always known our personalities shine without the meds so maybe it worked in your favour

Commenter_4

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

I think it might work if it's a big company. I know a company like Google might tell you try again in a year. It's happened.

Just learn from it. Learn to set yourself up to win. Cancel the interview if you feel off or something will be less than optimal. Reschedule. I've learned some lessons myself. I don't do interviews in the morning. Takes me a while to be fully awake. In your case, what you went through, I'd consider it a medical emergency. I'm not a doctor but I would call it that if it happened to me.

OP

ID: REDACTED! ~(o.o)~ <3, Upvotes: 1

Wow I didn't even consider it a medical emergency but that feels accurate in retrospect. I went from my baseline mood to being severely depressed (to the point of having suicidal thoughts) within the span of a few hours. Sadly I have felt that depressed before so I wasn't sure it warranted an emergency room visit :(

I actually decided to take a sick day that morning because I knew I wouldn't be able to work. But I thought it was too late to reschedule the interview (plus I had already pushed it back once). I'm going to take this as a learning experience and might even take a break from interviewing.

Commenter_4

ID: REDACTED! ~(o.o)~ <3, Upvotes: 2

Yeah, you gotta set yourself up to win. Like for example one thing I don't do is take home interview projects because there's someone out there with no job that can put more time into the project. As opposed to me, who's time is limited because I already have a job. Sorry you had to go through that.