

title: **How do you improve communication with your colleagues?**

id: tt8hru

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Post Text

My boss called me in today for some feedback. We don't have good communication, and as he pointed out, we really don't have much communication at all and when we do we always have misunderstandings that trigger uncomfortable feelings. I work in a "traditional" company that is not very used to remote workers. I am allowed to work from home 3 days of the week and have the OK from HR to work from home whenever needed because of my health, but obviously my boss isn't very happy about that because we need to talk "face to face". I don't think I'm horrible at communication, but somehow with them it doesn't work. I'm autistic and the company I work with is German speaking so to me these are both "cultural" barriers to communication. I've had jobs in the past where we did tons of work without ever meeting in the same place, and without even being on the same continent. I am very comfortable having small talk and talking by written chat, but nobody uses Teams much in the office and I feel uncomfortable writing an email to the whole team when it's for silly little things like you wouldn't mind posting in a group chat. Do you have good ideas on tools or techniques to improve communication? And how I can bring these up to my boss?

Comments

Commenter_2

ID: i30q5k7, Upvotes: 2

I started taking notes at meeting and sending those notes to be reviewed by everyone for corrections and asked for a replay that day and kept a very good log. This resulted in very positive changes when I left they couldn't even talk

Commenter_3

ID: i30zoso, Upvotes: 2

What are the kind of misunderstandings that you have with your boss?

One thing you might try is to send a email to your boss at the end of each week or day outlining what you accomplished that day, what you will do the next day, and any roadblocks you might be having. They may never read these emails, but if they do they can see what you have done and they should become less concerned with what you have been doing while remote.

OP

ID: i33hyqh, Upvotes: 1

That could be a good idea. It might be a bit overkill but I guess better do a bit too much than not enough.

I think I often feel very criticised/attacked when he talks to me when he just wants to check in what I'm doing, and when I set something aside because I know I'll do it later and it is not an immediate problem I think he sees that as me being lazy or failing to notice something very important. I feel like I am not very trusted and he's kind of "babying" me, but I know what I'm doing most of the time but we have different ways of getting there so his "advice" isn't helpful.

Unknown_User

ID: i3bowei, Upvotes: 1

You could take a look into advise with Autism and Communication, or you could find a company that is more

suited to you. If that's an option of course.