

An Investigation Hardware design for portable ECG monitoring using Machine Learning

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Abstract—This paper presents a portable ECG monitoring device enhanced with machine learning for real-time heart health analysis. The system integrates ECG electrodes, an analog front end (AFE), a low-power microcontroller, and a Bluetooth module for wireless data transmission. A convolutional neural network (CNN) is optimized for embedded implementation to detect cardiac abnormalities. The device is designed for continuous health monitoring with real-time alerts. Preliminary results show high accuracy in arrhythmia detection, making it a viable solution for remote and at-home healthcare

I. INTRODUCTION

Cardiovascular diseases (CVDs) are among the leading causes of mortality worldwide, necessitating continuous monitoring and early detection. Traditional ECG machines are expensive and limited to clinical settings, making routine monitoring challenging. This project develops a low-cost, portable ECG device using an AD8232 sensor and an Arduino Nano microcontroller. Machine learning techniques are integrated to detect anomalies in ECG signals, enabling users to monitor heart health remotely and in real-time. The system leverages wireless data transmission to a mobile app for visualization and storage.

II. METHODOLOGY

This section outlines the systematic approach taken to develop the automated basketball analytics system.

A. Data Collection and Preprocessing

- 1) High-resolution video footage of basketball games is captured for analysis.
- 2) Video data is preprocessed to enhance quality and ensure consistency.
- 3) Frames are extracted at consistent intervals to facilitate analysis.

B. Player Detection and Tracking

- 1) Implement object detection algorithms to identify players within each frame.

- 2) Utilize tracking algorithms to monitor player movements across consecutive frames.
- 3) Address challenges such as occlusion and rapid player movements to maintain tracking accuracy.

C. Court Localization and Homography

- 1) Detect court boundaries and key markings within the video frames.
- 2) Apply homography transformations to map 2D video data onto a standard court model.
- 3) Ensure spatial accuracy to facilitate precise player positioning and movement analysis.

D. Data Integration and Storage

- 1) Integrate positional data with game events (e.g., passes, shots) for comprehensive analysis.
- 2) Store processed data in a structured database to support efficient querying and retrieval.

E. Performance Evaluation

- 1) Validate the system's accuracy by comparing automated analyses with manual annotations.
- 2) Assess the system's robustness across different game scenarios and video qualities.

III. LITERATURE REVIEW

Recent advancements in portable electrocardiogram (ECG) monitoring devices have significantly enhanced real-time cardiac health analysis through the integration of machine learning techniques. Chauhan and Vig [1] proposed the use of deep long short-term memory (LSTM) networks for detecting anomalies in ECG time signals, leveraging temporal dependencies to improve detection accuracy.

The development of portable devices for real-time ECG signal analysis has been a focal point in recent research. One study [2] implemented a device capable of real-time ECG monitoring, emphasizing its potential for early detection of cardiac abnormalities. Similarly, another research [4] detailed

the design and implementation of a portable PC-based ECG machine, highlighting its effectiveness in continuous cardiac monitoring.

The integration of Internet of Things (IoT) technology into ECG monitoring systems has opened new avenues for smart healthcare solutions. A study [3] presented an IoT-based portable ECG monitoring system aimed at enhancing healthcare delivery. In parallel, another work [6] discussed the design of a portable ECG health monitoring system utilizing IoT capabilities to facilitate remote patient monitoring.

Cloud computing has been employed to enhance the scalability and accessibility of ECG monitoring systems. Research [5] introduced a cloud-based healthcare framework designed for real-time anomaly detection and classification of one-dimensional ECG signals, demonstrating improved diagnostic accuracy and system efficiency.

Advanced machine learning techniques have been applied to improve ECG anomaly detection. One study [9] developed an arbitrarily reconfigurable extreme learning machine inference engine tailored for robust ECG anomaly detection. Another research [10] proposed a real-time morphology-based anomaly detection method, focusing on the morphological features of ECG streams to identify abnormalities accurately.

The development of mobile and wireless ECG monitoring solutions has been explored to enhance patient mobility and comfort. For instance, a study [7] introduced "Mobile Heart Sync," an IoT-based portable ECG monitor designed for seamless integration with mobile devices. Additionally, research [8] discussed the development of a portable wireless ECG machine, emphasizing its potential for continuous and unobtrusive cardiac monitoring.

Recent advancements have enabled patients to conduct detailed ECGs at home, potentially saving thousands of lives by detecting early heart issues. UK scientists are developing devices that allow patients to take their own detailed ECGs and receive easily interpreted diagnoses, simplifying the process and making it more accessible [11].

IV. TABLE

Key Components of the Portable ECG Monitoring System:

Component	Description
ECG Sensor	AD8232 module for real-time ECG signal acquisition
Microcontroller	Arduino Nano for processing ECG signals
Machine Learning Model	CNN optimized for real-time arrhythmia detection
Wireless Communication	Bluetooth module for data transmission to mobile devices
Power Supply	Rechargeable Li-Ion battery ensuring portability
Mobile Application	Displays real-time ECG readings and stores patient data
Data Security	Encryption-based protocols for secure ECG data transmission

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