

Combating Climate Change with Hindu Principles

Foreword

प्राणमे पाह्यपानमे पाहि व्यानमे पाहि चक्षुर्मुद्दर्शितव्या विभाहि श्रोत्रमे श्लोकय।
अपः पिन्वौषधीर्जिन्व द्विपादव चतुष्पात् पाहि दिवो वृष्टिमेरय ॥८ ॥१४.८॥

prāṇamme pāhyapānamme pāhi vyānamme pāhi cakṣurma'urvyā vibhāhi śrotramme ślokaya l
apaḥ pinvauṣadhiṁjīva dvipādava catuṣpāt pāhi divo vṛṣṭimeraya ॥८ ॥१४.८॥

With the earth and the environment, protect and strengthen my pranic energy, protect and strengthen the Apaṇa air going down and out, protect and strengthen my Vyāna air circulating in the body-system. Give the divine light to my eye, the divine voice to my ear. Protect and promote the waters. Refresh and promote the greenery. Protect the bipeds (humans and birds). Protect the four-footed (animals). Bring the showers of rain from heaven.

~Yajurveda 14.8

In recent years, climate change has upended the lives of millions across the globe. The previous decade has been the hottest recorded decade so far. Global warming due to increased greenhouse gas emissions, extreme weather conditions, shifting weather patterns, an upsurge in the number of natural disasters, and rising sea levels pose an imminent threat to our sustainable survival as a species. The impacts of climate change are global in scope and unparalleled in scale. Wildfires, storms and droughts continue to wreak havoc while glaciers melt at unprecedented rates.

A significant correlation has been found between air pollution and COVID-19 infections and mortality in some countries in the world and experts expect a rise in the number of deaths due to the growing world population, industrialization and urbanization.

In the past years, we were reminded that if we do not act simultaneously and immediately to categorically cut down on greenhouse gas emissions, we will forever alter life as we know it on planet Earth. The pandemic is a global call to action, that we must abandon the destructive path we have unconsciously chosen to trod on in turn fueling three colossal challenges humanity faces today - climate change, environmental degradation, and pollution.

The main sources of air pollution are fossil fuel emissions from coal-burning for power and heat from power plants, transport industry, dust, industrial furnaces, brick kilns, agricultural practices, domestic solid fuel heating, the unregulated burning of waste materials such as plastics and batteries, and dietary habits.

KAILASA upholds to develop and enhance integrated approaches towards sustainable development practices as per Ved-Agamas to foster a clean, safe, healthy and green planet through several humanitarian initiatives for the last 27 years under the vision, guidance and micromanagement of The SPH Nithyananda Paramashivam.

Mother Earth

From the earliest days of the Hindu civilization, reverence for the environment has been an integral part of Hinduism.

The Prithvi Sukta in Atharva Veda states

माता भूमि पुत्रोहं पृथिव्या

*Mata Bhumi Putroham Prithivyah
My Mother is Earth and I am her Son.*

Innate intelligence of Mother Earth

The innate intelligence of Mother Earth has fostered and produced every living organism that has coexisted to expand the life cycle of what we are today. In Hinduism Bhumidevi is a goddess representing or personifying planet Earth. As stated in the Bhumi Sukta Verse 2 and 3:

असंबाधं बध्यतो मानवानां यस्या उद्वतः प्रवतः समं बहु ।
नानावीर्या ओषधीर्या बिभर्ति पृथिवी नः प्रथतां राध्यतां नः ॥२॥
यस्यां समुद्रं उत सिन्धुरापौ यस्यामत्रं कृष्णः संबभूतः ।
यस्यामिदं जिन्वति प्राणदेजत्सा नो भूमिः पूर्वपेये दधातु ॥३॥

āsambādham Badhyato mānavānām ṿasyā ūdvataḥ Pravataḥ Samam Bahu |
ṇānā-Vīryā ḍossadhiyā Bibharti Prthivī ṷah Prathatām ṣādhyatām ṷah |||||
ᷟasyām Samudra ūta Sindhu-āapo ṷasyām-ānnam khrsstayah Sambabhūvuh |
ᷟasyām-īdam Jinvati Prānnad-ējat-Sā ḷo Bhūmih Pūrva-Peye ḣadhātu |||||

Salutations to mother earth! who extends unimpeded freedom (both outer and inner) to human beings through her mountains, slopes and plains, she bears many plants and medicinal herbs of various potencies; may she extend her riches to us (and make us healthy).

Salutations to mother earth! in her is woven together ocean and river waters; in her is contained food which she manifests when ploughed, in her indeed is alive all lives; may she bestow us with that life.

Bhumidevi governs all happenings of life on her. Myriad living organisms on her interact with their physical and chemical environments to build a complex, self-regulating system that co-evolves life on the planet. This symbiosis of earth and living organisms promotes a healthy and sustainable ecosystem for all.

This excerpt from the Presidential Address of The SPH Nithyananda Paramashivam on January 3, 2023 reveals the sacred truth about Mother Nature:

Mother nature is an independent intelligence beyond the rules of physics and chemistry. She is alive, moola prakriti, living intelligence.

Only when we wake up to this truth we will address the climate crisis legitimately - we will decide to coexist with mother nature, moola prakriti.

We human beings need to wake up to the reality mother nature is a living being, conscious, independently intelligent.

Then we will address climate crisis with right point of view.

We should be addressing it from the point of view of karma and not math.

Only from the point of view of karma climate crisis can be resolved.

Never through the math but through principle of karma: cause and effect.

Innate self healing properties of Earth

Enriched and empowered by the goddess of earth, Bhumidevi, soils innately possess self healing properties capable of healing diseases in humans. Today, soil has come to a position of producing nutrient deficient, toxic and chemicalized food due to human activity. Similar activities employed by human beings are another reason for triggering and worsening global warming where its immediate consequences affect the earth's soil. Little did we know, the nature around us and the soil beneath our feet is the sacred ancient panacea for all human diseases and is the bridge to a healthier and sustainable future.

Healing properties of Mother Earth

One's greater exposure to, or 'contact with', natural environments is associated with better health and well-being. This connection can begin in the simplest of ways, as early as childhood, and can continue to grow through all the stages of life. From backyards to apartment roofs, on city streets and rural roadways, on school grounds and in urban neighborhoods, from wild protected areas to urban parks, people need places and spaces to engage with nature's richness and diversity. Connecting with nature promotes peace and good health for everyone, as well as laying the foundation for resilient, healthy ecosystems, communities, to thrive and last for generations.

Being in nature, or even viewing nature scenery, decreases anger, fear, and tension while increasing pleasant feelings. Nature improves emotional and physical well-being by lowering blood pressure, heart rate, muscular tension, and the generation of stress chemicals. According to scientific research, it may even lower mortality. Connecting with nature is good for humanity. It promotes cognitive flexibility, overall health and well-being and the healthy coexistence of our communities. Encouraging connectedness towards nature promotes environmental awareness and consciousness ensuring the critical formation of ecological culture in every being. When people connect with and experience nature, they are more inclined to act in ways that benefit the Earth.

Scientific studies on the healing properties of soil

Scientific studies have discovered that walking barefoot on Earth or soil (a.k.a. "Earthing" or "grounding") transfers electrons, reducing chronic stress, quieting the mind, and encouraging relaxation, according to a review published in the Journal of Environmental and Public Health. Electroencephalograms were utilised in the experiments to evaluate brain electrical activity. Earthing or grounding lowers heart rate, increases skin conductivity, regulates blood sugar, and promotes immunity. According to a study published in the Journal of Alternative and Complementary Medicine, barefoot contact with the Earth also enhances the surface charge of red blood cells which reduces blood viscosity. There are multiple benefits connected to one's health and their direct connection with nature.

Revelation from the SPH on the miraculous powers of Mother Earth

This excerpt from the SPH Nithyananda Paramashivam reveals the sacred truth about soil and its miraculous powers.

"Involvement with the Reality has drastically come down. It is so unfortunate; especially the food, the plastic food dumped into your system. See, all the things which you eat - none of them have life. They are all not grown from life. My Guru used to tell, "Please walk without chappal or covering your feet... whatever grows in that land, eat; because Mother Earth records when you walk without shoes what all the ingredients are missing in your body". She records what you need for your body - nutrients or vitamins, whatever. Whatever is missing in your body, she produces in that food which grows in that land. You don't need any external medicine, if you know to live with the nature.

Walk on Earth without shoes. In that land what grows, will supply exactly what you need for your body. Your body does not need any other medicine, anything else.

Nature is miraculous. If you are ready to play, she shows it. She demonstrates her love, her care. If we go back to the ‘food with life’, our life also will start - more interacting, more alive, more vibrant, more overflowing.”

Initiatives by KAILASA

Natural resource extraction and conversion into useful products now account for half of all global greenhouse gas emissions. Likewise packing of these products for the people have resulted in 8.3 billion metric tonnes of plastics dumped in the lands after usage. Other dimensions of pollution include meat based diets, increased transportation and chemical compounds manufactured by humans are evidently found in the snow on the highest mountain summits and in the atmosphere beyond, and to the bottom of Earth’s deepest abyssal trenches.

KAILASA is tirelessly working towards creating an ideal, clean, safe, healthy and green ecosystem prioritizing the “Healthy air - Healthy planet” initiative in accordance with the Ved-āgamas for the last 27 years. KAILASA’s International humanitarian agency - GREEN OM, in collaboration with ShriKailasa Uniting Nations for Vegetarianism and Climate Change, ShriKailasa Uniting Nations Against Deforestation, ShriKailasa Uniting Nations for Ethical Environmentalism, ShriKailasa Uniting Nations for Energy and Natural Resources, ShriKailasa Uniting Nations for Endangered Life on Earth, and ShriKailasa Uniting Nations for Zero-Waste Production operates as a worldwide movement in about 196 countries around the globe empowering communities through several green initiatives

1. Clean air Initiatives

Today, 9 out of 10 people breathe air that exceeds WHO guideline limit containing high levels of pollutants resulting in over 7 million deaths per year. Over the last 26 years, KAILASA’s Department of Environment and Animals in collaboration with ShriKailasa Uniting Nations for Ethical Environmentalism has shown tremendous commitment towards improving the air quality by adopting and implementing the Clean air initiative in its de facto spiritual embassies, legations, consular offices, and other facilities, including all Hindu Temples, Monasteries, Satsang Temples, Pādukā Mandirs, Satsang Centres, Micronations, Paramaśiva Senā Śākhās, healing centres, franchisee campuses, Hindu Universities and schools.

KAILASA’s Clean Air Initiative strives to work towards a safe, green future through healthy and sustainably managed ecosystems around the world – for people and the planet by planting oxygen-rich flora in the spiritual embassies of KAILASA in over 196 countries. Trees have been a lifeline for the millions of people who have turned to them for their most essential subsistence. Trees absorb carbon, hence help reduce the amount emitted by industrial processes and help regulate temperature and humidity. KAILASA houses and grows numerous oxygen yielding flora in its de-facto embassies including the sacred Banyan tree, Athi (Fig), Ala (Banyan) and Arasa

(Peepal). In the Vedic tradition, these are sacred trees, known as Vanaspati or 'Lord of the forest'. It is said that Paramashiva resides in the place where these three trees are found together - Dakshina Kailash. The de facto spiritual embassies of KAILASA also hosts Neem, Sandal and Baek trees among the various other trees and 1008+ herbal, medicinal oxygen-rich plants including Tulsi and Aloe Vera.

Under the guidance of the SPH Nithyananda Paramashivam, KAILASA Department of Environment and Animals, as part of the Clean air initiative provides samplings of Vanaspati including banyan tree saplings to all the spiritual de facto embassies of KAILASA in over 196 countries aiming to increase the Prana to provide a purified, spiritual ambience in all de facto embassies of KAILASA.

पुरा कैलासशिखरे सिद्धगन्धर्वसेविते । तत्र कल्पलतापुष्पमन्दिरेऽत्यन्तसुन्दरे ॥ ८ ॥
व्याघ्राजिने समासीनं शुकादिमुनिवन्दितम् । बोधयन्तं परं तत्त्वं मध्ये मुनिगणे क्वचित् ॥ ९ ॥

purā kailāsa-śikhare siddhgandharva sevite | tatra kalpalatāpuśpamandire-atyanta sundare || 8
||
vyāgrājīne samāśīnam śukādimuṇivanditam | bodhayantam param tattvam madhye munigaṇe
kvaccit || 9 ||

1. 8. & 1.9. Ages ago, on the sacred mountain peak of Kailāsa, the abode of Lord Śiva, which is frequented by the Siddhas and Gandharvas, in that most beautiful temple created by Kalpavṛkṣa, the wish-fulfilling tree adorned by its shrubs, flowers, fruits. Seated on a tiger-skin, surrounded and worshipped by Śuka and other sages, on one occasion, while Lord Śiva was expounding to the Rsis—the Param Tattva, Supreme Truth;
Srimad Guru Gita, Chapter 1 Verses 8 and 9

The banyan tree is known for its ability to emit a large amount of oxygen. The Banyan trees are one of the few trees that produce oxygen at night, ensuring the air's purity and decreasing the existence of CO₂ in the environment. In Ayurveda, the banyan tree is believed to heal many diseases and infections. It has medicinal properties apart from its rich oxygen emission. The banyan tree housed in Adi KAILASA Nithyananda Sarvajna Peetam in Bengaluru, India is a Kalpavriksha, living in the abode of Paramashiva.



गन्धर्वाणां चित्ररथः सिद्धानां कपिलो मुनिः || 26||

aśhvatthaḥ sarva-vṛikṣhānāṁ devarṣhīṇāṁ cha nāradāḥ
gandharvāṇāṁ chitrarathāḥ siddhānāṁ kapilo muniḥ

Amongst trees, I am the peepal tree (sacred fig tree); of the celestial sages, I am Narad. Amongst the Gandharvas I am Chitrath, and amongst the Siddhas, I am the sage Kapil.

Peepal is considered to be the largest oxygen provider, among all other trees. Peepal continues to produce oxygen throughout the day and unlike many plants, peepal has the ability to produce oxygen at night due to a special photosynthesis process called Crassulacean Acid Metabolism. The tree not only purifies the surroundings but hosts as the cure for up to 50 disorders as prescribed in Ayurveda.

Various spiritual de facto embassies around the world, harbour Peepal trees as part of the Clean Air Initiative.



KAILASA fosters multiple Fig trees in various de facto embassies. Providing nutritious fruits and oxygen-rich air, fig trees are a great contributor to the Clear Air Initiative.



The de facto embassies of KAILASA is blessed with an abundance of Neem trees as part of the Clean Air Initiative, continuously purifying and blessing the citizens with innumerable benefits.

Neem is a gift bestowed upon humanity. The citizens of KAILASA consume neem as means of spiritual upliftment and to enhance their mental and physical well-being. Cultivation and consumption of neem are practised in all the de facto embassies of KAILASA. According to Ayurveda, Neem trees release a significant amount of oxygen in their surroundings and possess a plethora of health benefits such as the ability to cure many different diseases and purify one's system. Neem is considered the most efficient as every part of the tree holds immense benefits for the people and the planet.



Bamboo plays a fundamental role in reducing the carbon footprint. Research shows a fully grown bamboo tree to its best growth generates over 300 kg of oxygen every year. Further, it can absorb 80 tonnes of carbon dioxide per acre every year. A grove of bamboo releases 35% more oxygen than an equivalent stand of trees. As part of the Clean Air Initiative, KAILASA inhabits numerous Bamboo groves all across its embassies.



Bilva trees, which have longevity and strength to withstand adverse conditions, purify the air. These air-purifying trees ensure a steady flow of oxygen even in the absence of sunlight as opposed to others. The sacred bilva leaves hold great significance in Hinduism.

According to Shiva Purana, bilva is the symbol of Paramashiva. Blessed are those who offer Bilva to Paramashiva as one Bilva is equivalent to offering a thousand lotus.

**ट्रिदलम् त्रिगुणाकारम् त्रिनेत्रम् च त्रियायुधम्
त्रिजन्म पापसम्हारम् एक बिल्वम् शिवार्पणम्**

tridalam trigunākāram trinetram ca triyāyudham
trijanma pāpasamhāram eka Bilvam śivārpaṇam

I offer the bilva patra to Shiva. This leaf embodies the three qualities of sattva, rajas and tamas. This leaf is like the three eyes, and the sun, moon and fire. It is like three weapons. It is the destroyer of sins committed in three earlier births. I perform pooja for Shiva with the bilva patra

Bilvashtakam, Verse 1

2. Go Zero Waste Initiative

The very fabric of Hinduism personifies the earth as Bhumi Devi emphasizing the significance of preserving and worshiping nature and its exquisite resource. Atharva Veda, Bhoomi Shuktam, verse 13.3 states urges human beings to explore their inner infinite possibilities rather than exploiting the vastness of Mother Earth,

सा नो भूमिर्वर्धयद्वर्धमाना ॥१३.३॥

ṣā no Bhūmir-Vardhayad-Vardhamānā ॥13.3॥

*May the Expansion (Expanding Space) provided by the Earth,
expand (our inner selves also).*

In the ancient Vedic Era, natural resources were not scarce and the capacity of nature to heal itself was much more than the harm inflicted on nature by human activity. Therefore the Vedic Rishis and Munis implemented unique methodologies, as revealed by Paramashiva, to reuse, reduce and recycle in order to create a “Zero Wastage” ecosystem, working toward the goal of sustainable development.

Understanding the dire consequences of Food Loss and Waste, KAILASA under the guidance of the SPH Nithyananda Paramashivam, is tirelessly working to revive the ideal, efficient, sustainable ecosystem envisioned by the Vedic Sages, to “**Stop the food waste. For the People. For the planet**” in accordance with the Ved-āgamas for the last 26 years. Keeping the principle stated in the Taittiriya Upanishad, “**Annam Bahu Kurvita**”, in the forefront, KAILASA in collaboration with its international humanitarian agencies - Red OM & Green OM, ShriKailasa Uniting Nations for Zero-Waste Production, ShriKailasa Uniting Nations for Ethical Environmentalism, ShriKailasa Uniting Nations for Energy and Natural Resources, ShriKailasa Uniting Nations for Endangered Life on Earth, ShriKailasa Uniting Nations Against Deforestation and ShriKailasa Uniting Nations for Vegetarianism and Climate Change operates as a worldwide “Zero Wastage” movement in about 196 countries around the globe empowering communities adhere to the Sustainable development goals as described in the Ved-Agamas.

The Zero Waste Initiative is an effort to encourage resource life cycle redesign such that all items are reused with the ultimate goal to produce no waste through reducing, reusing, and recycling.

- (a) Adapting to Aparigraha (living with minimalistic items), a consciously chosen minimalistic simple living - as a spiritual lifestyle is the Hindu Solution towards Zero Wastage. The Sovereign Order of KAILASA live and practice the vow of Aparigraha sincerely, as means to live life with simplicity, discipline and tremendous internal freedom.

(b) Many daily essentials come in plastic and non-eco friendly containers. People buy these essentials and their container by-products are trashed in the lands. Keeping the principle of "Anything which cannot be consumed should not be externally applied on the skin," KAILASA uses organic-based toiletries and cosmetics such as but not limited to Tumeric, Haritaki, Neem-based body soaps, hair wash, tooth powder and washing detergent. This method drastically reduces the container wastage of the daily products and promotes an eco friendly environment.

(c) Agriculture and industrial farming produce a large carbon byproduct due to livestock farming and the usage of chemical pesticides. KAILASA has a strict, no-chemical policy eliminating the need for chemical waste that impacts the environment such as chemical fertiliser and pesticides. Recycling the byproducts from the KAILASA's Nithyananda Gaumandir such as Dewatered Dry Cow Dung, Manure and Distilled Cow Urine are used as fertilizers for organic farming. Cow byproducts such as Pancha Ghavya (Cow dung, Cow urine, Desi Ghee, Milk and curd) are of prime importance in the performance of Vedic Rituals such as Homas and Abhishekams. Therefore all byproducts from the Nithyananda Gau Mandir are recycled and reused as a result of the Go Zero Waste initiative.

3. Say No to Plastics Initiative

The rise of plastics has proliferated since the 1950s and currently, there are 300 million tonnes of plastic wastes produced every year. Plastics are ubiquitous and are contributing to the downfall of nature's biodiversity and wildlife.

A leading source of air pollution is **incineration**. In that, plastic incineration is based on burning plastic waste, 38 million tons of plastic is burnt every year releasing a combined total of 16 million metric tons of GHGs into the air leading to deaths between 400,000 and one million annually from illnesses and diseases brought by plastic burning.

KAILASA practices and lives a lifestyle of 'no plastic' by default, using eco-friendly products in all its de facto spiritual embassies across 196 countries for the past decade. Rooted in the ancient history of metallurgy in Hinduism. Hindus forged every item and artifact with amalgamated metals for daily use which still stands as evidence today proving Hindus lived a Sustainable lifestyle promoting zero waste to the environment and planet

4. Reuse Food Waste in Agriculture

The inevitable food wastage can be used as a natural fertilizer for the Plant biodiversity for accelerating its evolution process through the right channeling of the wastage contributing to providing the salient requisites for the normalized functioning of a holistic ecosystem that protects watersheds, mitigates erosion, moderates climate, and provides shelter for animals and

reduced global warming. Efficient allocation of resources is critical for the harmonious coexistence of all beings on planet earth.

In the ancient hindu civilization, meticulous structured methodologies were used where all the resources were recycled and reused in multiple spheres that served a tailored purpose to that field. For instance, excess boiled rice were dried under the sun and stored for years for further use, the remnants of vegetable and fruits were used as natural fertilizers, Ayurvedic medical preparations etc. The food prepared by people was always offered to the temples in the vicinity and then consumed, this way the people of the civilization pay their obeisance to the divine. The cycle of enlightened based civilization assured zero wastage of resources let alone food due to the complete self-sustaining system for all the fundamental needs, which made the concept of dependency redundant.

KAILASA has revived and established the practice of sustainable agriculture, combining the urban and rural way of life as means of reduction in post harvest crop loss. Adhering to the principle stated in Bhagavad Gita Ch 3, verse 12

इष्टान्भोगान्हि वो देवा दास्यन्ते यज्ञभाविताः | तैर्दत्तानप्रदायैभ्यो यो भुडक्ते स्तेन एव सः ॥ ३-१२ ॥

iṣṭānbhogān hi vo devā dāsyante yajñabhāvitāḥ
tairdattānapradāyaibhyo yo bhuṅkte stena eva saḥ ॥3.12 ॥

Satisfied with the selfless enriching service, the celestial beings certainly award you the desired necessities of life. He who enjoys the things given by them without offering to the celestial beings is certainly a thief.

The harvested fruits and vegetables are thus offered to the divine, before the consecrated food is distributed among the community. This self-sustained system provides a “Zero Wastage” post harvest solution as crop loss post harvest accounts for over 56% of food wastage in the world. Therefore KAILASA is reviving the ancient enlightened self sustained ecosystem to stop the food waste

5. Food Reuse Policy For the Animals

In Hindu villages, surplus food cooked in the household is distributed among all animals in the locality. Whatever we eat, the remaining food is given to them. Over 17% of the global food wastage comes from households and globally, wasted food accounts for about 8 percent of all greenhouse gas emissions. In today's world, human beings allocate more resources in producing quality pet food, when converting food waste into animal feed is one of the most sustainable practice compared to the environmental and health impacts of different technologies for food waste processing, including anaerobic digestion and composting in the landfills.

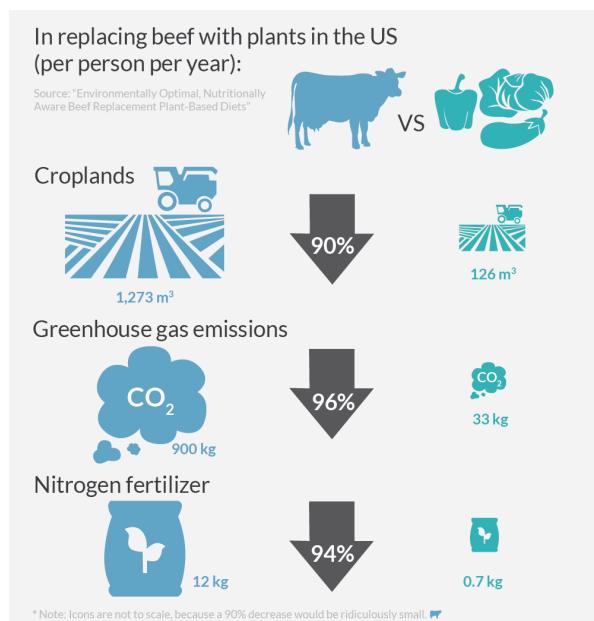
The SPH Nithyananda Paramashivam has revived the **Nandi Sarvajnapeetam** hosting all the beings of the world. KAILASA hosts numerous animals in Nandi Sarvajnapeetam globally. Each ecosystem built with the steadfast goal of “Zero Wastage” donates surplus food to the Nandi

Sarvajnapeetam, where in return the organic, sattvik, vegetarian, nutritious food is fed to the animals, reducing the carbon footprint.

6. “Go Vegetarian” Initiative

Our **dietary habits** are also found to be significantly linked to greenhouse gas emissions and climate change. The greenhouse gas emissions from the global livestock industry surpass those from all cars, trains, planes, and ships combined. A study published in Science in 2018 assessed the relative climate impact of various food groups which showed that animal-based foods, especially beef, lamb, shrimps, pork, poultry, fish, and eggs have a much higher carbon footprint than plant-based foods. Naturally, switching from a meat-heavy diet to a vegan or vegetarian diet, or even reducing the meat intake in our diet could help shrink greenhouse gas emissions.

The demand for large quantities of grass for grazing cattle leads to the use of **nitrogen fertilizers**, the production of which causes the release of carbon dioxide (CO₂) and nitrous oxide (N₂O), both potent greenhouse gases. Nitrous oxide (N₂O) traps heat and contributes to global warming, after carbon dioxide and methane. It also depletes the ozone layer drastically.



KAILASA conducted several initiatives for promoting and initiating masses into vegetarian lifestyles for reducing carbon footprint in the communities. All the initiatives are focused on promoting and fostering a healthy, greener environment and have expanded the biodiversity in all KAILASA(s) tremendously enhancing and healing the soils and the atmosphere.

Hindu communities have the lowest gas CO₂ emissions because they do not raise animals for meat. The largest number of vegetarians are Hindus in the world resulting in a much lower carbon footprint. Evidence-based research explains the wrong allocation of

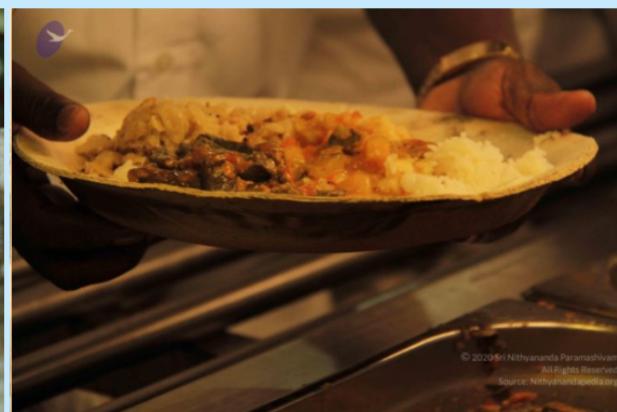
resources in forcibly “fattening” livestock, in order to meet the ever-growing demand for meat are a key contributor to the rise in world hunger.

KAILASA operates with the core belief of Sanatan Hindu Dharma that the divine exists in all living beings, both human and non-human, and *Vasudhaiva Kutumbakam*, the whole world is one family. Keeping this principle at the forefront, the Vegetarian lifestyle is practised and followed in all embassies of KAILASA. The Supreme Pontiff of Hinduism, Jagatguru

Mahasannidhanam His Divine Holiness Bhagavan Nithyananda Paramashivam has initiated masses into a vegetarian lifestyle through the Vishesha Deeksha.



Initiating masses into the vegetarian lifestyle

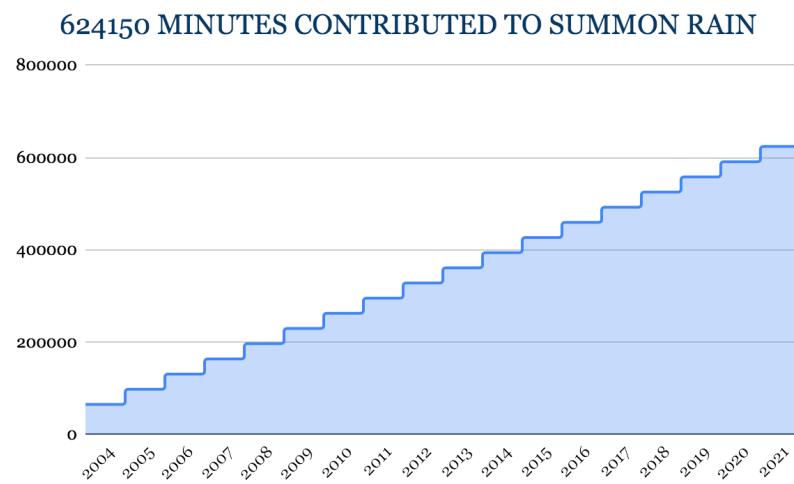


Organic, vegetarian, sattvic meals served in all the de facto embassies of KAILASA

7. Climate resilient planet " - an initiative through Vedagamic rituals to invoke rain

On 5th June 2017, World Environment Day, the world witnessed the historic happening on the planet - The SPH Nithyananda Paramashivam manifested rain in 108 places across the globe, bringing tremendous healing to the environment. Many times, during the period of droughts and no rain fall, the citizens of KAILASA have witnessed rainfall in Australia and the United States with the grace and blessings of The SPH Nithyananda Paramashivam.

Climate change, fuelled by air pollution, brings extreme imbalance to planet earth resulting in droughts in one part of the world and floods in the other. Severe heatwave and unseasonal rains have destroyed innumerable amounts of crops worldwide. As a means of tackling the problems, KAILASA has performed over 624150 peace minutes of Homa as means of bringing rain and purifying the world.



KAILASA, on a quotidian basis, conducts Rudra Homa, one of the most powerful Vedic rituals, worshipping Sri Rudra. The Vedic vibrations combined with the energy of Agni (consecrated fire) invoked releases immense energy, cleansing and blessing the environment. The Rudra Homa is performed with utmost integrity, authenticity, dedication and devotion resulting in **the invocation of rain during the ritual. Regardless of the climate, with almost 96% accuracy and with the conscious intention to manifest rain as the Sankalpa (conscious declaration), the initiated Balasanth (child saints) studying in Nithyananda Gurukul are able to summon rain in the vicinity of the Homa ritual.**





8. ISHANYA Project

Resources are not inadequate but wastage and uneven distribution are unfairly keeping more than 16 percent of the world's population in poverty and inhumane conditions. With the aim of helping 10 million people out of poverty, The Supreme Pontiff of Hinduism (SPH) Nithyananda Paramashivam announced the Ishanya Project on August 3rd, 2022.

The world is facing a global crisis and recession. More than ever, basic necessities like food, shelter, clothing and medical care are becoming more and more scarce to the poor. However, resources are not inadequate.

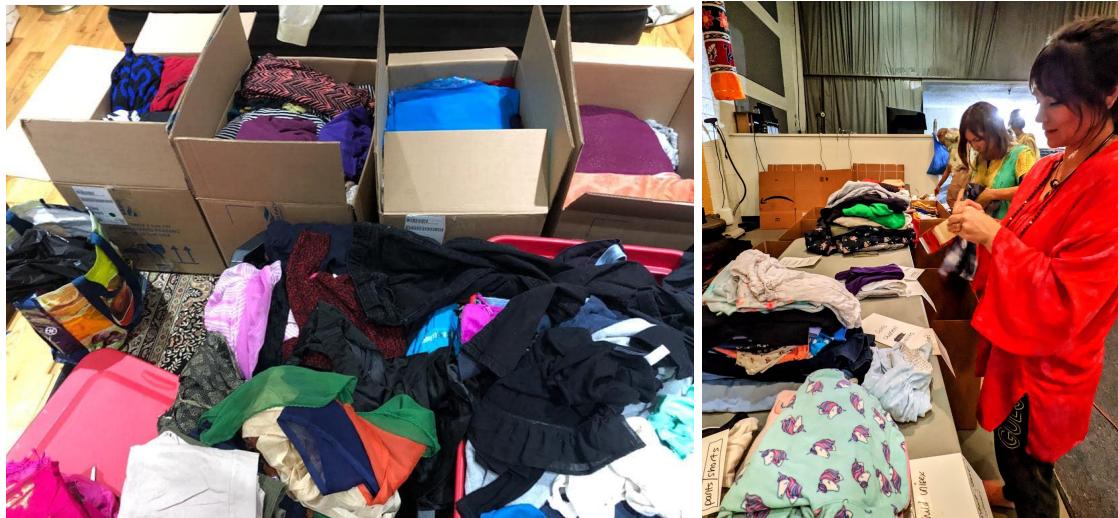
According to the World Food Program (WFP), while 9 million people globally die of hunger each year, one-third of food produced for human consumption is wasted globally. This amounts to about 1.3 billion tons per year, worth approximately US \$1 trillion. All the food produced but never eaten would be sufficient to feed two billion people.

While at least half the world lacks access to essential health services and each year millions are pushed into extreme poverty because of health expenses, medical supplies that are in perfect, usable condition are often put out in the trash by health care facilities, adding up to about \$765 billion a year.

Likewise, while globally 689 million people live in extreme poverty and 1.3 billion people live in multidimensional poverty, the global fashion industry produces over 92 million tonnes of textile waste per year. In the U.S. alone, over 17 million tons of used textile waste are generated annually.

The aim of Ishanya is simple – to bring to the fore the real issues the world is facing through a specialized process of recycling, facilitating the movement of good quality unwanted items from the “Haves” to the “Have-nots”.

Over the last 27 years, SHRIKAILASA has organically built a global network of peacebuilders and organizations. SHRIKAILASA's Department of Human Services in collaboration with the various organizations and KAILASA agencies will make full use of this network to collect clothing, medical equipment and food from the developed nations, transport them, and distribute them to countries and regions in need, with all transportation and distribution expenses sponsored by SHRIKAILASA.



THE WAY FORWARD

Havoc has been wreaked upon planet earth, unless Hindu environmental policies are revived to rectify the situation, humanity may face great peril in the form of natural and man-made disasters, disease-outbreaks, rising global health issues and inevitably the annihilation of planet earth.

Amidst these unprecedented times, under the guidance of The SPH Nithyananda Paramashivam, KAILASA in coordination with the international humanitarian agency - GREEN OM, continues to facilitate humanity to live a green organic life and to encourage humanity to adopt a vegetarian diet.

KAILASA aims to bring planet earth back to its full glory through this initiative of "Healthy air - Healthy planet". Having established an ideal green ecosystem in various embassies around the globe. KAILASA further aims to educate and implement these techniques, worldwide. KAILASA understands the urgent need to prioritize planet earth before humanity goes beyond the point of no return. Now is the time to protect Mother Earth. KAILASA further invites philanthropists around the globe to support our International Humanitarian Agencies to further advance our initiatives towards environmental protection through sustainable approaches from Vedagamas.