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March 6, 2013

T.V. Prabhakar, Deputy Superintendent of Police
CID
Carlton House
Palace Road
Bangalore – 560001
Karnataka, India

Re: Life Bliss Foundation v. Rao
Our File No. : 1188

Dear Deputy Superintendent Prabhakar:

Please be advised that the attached email to Gopika Nithyananda from Aarthi Rao aka Premeshwari Mayi Nithyananda dated July 30, 2009 is an exhibit in the Bharadwaj v. Nithyananda Case No. CIV RS 1013793 and authenticated by Vinay Bharadwaj as an email received by him from Aarthi Rao aka Premeshwari Mayi Nithyananda in his Deposition. The email is a summary of Mr. Bharadwaj's conversation with Aarthi Rao.

You should be advised that on November 26, 2012 Mr. Bharadwaj's case was dismissed pursuant to a Motion for Terminating Sanctions.

Very truly yours,

TUCHMAN & ASSOCIATES



AVIV L. TUCHMAN

ALT:rehm
Enclosure

Premeshwari Mayi Nithyananda <nithyananda.premeshwari@gmail.com>

re. my conversation

1 message

Premeshwari Mayi Nithyananda <nithyananda.premeshwari@gmail.com>

Thu, Jul 30, 2009 at
5:05 PM

To: Gopika Nithyananda <nithyananda.gopika@gmail.com>

Nithyanandam Ma,

Here is the conversation I had with Vimalananda last nite at 11:00 pm. I'm putting down as much as I can recollect in detail. Not all the words may be exactly as said, but all the key ideas are as I heard & understood.

Vimalananda: Nithyanandam ma. I want to talk to you about something.

You were there in LA so you have heard some of it in the meetings. It is continuing here and more is happening.

Premeshwari: Yes. I remember. So whats up?

V: I feel when people know a few secrets of Swami, they are immediately pushed away and suppressed. I have seen this happen many times.

P: That doesnt make much sense, bcas if they knew a few secrets, and they are pushed away, they can go out and reveal all those secrets. So why would Swami want to do that?

V: Swami has had relationships with many women. I am also one of those with whom he had a relationship. Did you know Radhika?

P: Yes, a little - the one from San Diego?

V: Yes. Radhika left bcas she was continuously pressured to do things. She was constantly pressured by Swami to become a Radhika. She couldnt handle that pressure. There are many cases like that. I want to talk to you and find out if you have had any such experience. You are a lady devotee and you have been in the ashram. Have you had any such experience? I am talking to 1 or 2 people to know more about their experiences.

P: I have no direct knowledge of any of these things you are saying. In all my personal experiences, nothing like this has happened to me.

V: People are just 'use and throw' in this organization. That is one of my main concerns.

Ma prabha and sri prabha left b'cos they were pressured to do many things.

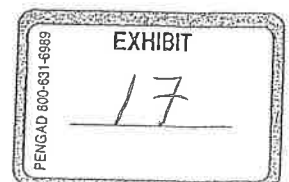
This is the reason why so many people come into our organization & leave so soon, bcas they all feel they are just used and discarded. Thats the reason why in LA, after temple inauguration, there were 20 ananda sevaks, but now only 4 are barely there. The reason is, we never treated them well. We didn't really care for them. We just used them as long as we could. So many people left after the temple started, that we became very weak. Thats why it took Swami 1 & 1/2 years to come back, bcas we had to almost start again.

P: Do you mean we became weak financially?

V: No, I mean in terms of people. So many left our mission in LA, there was hardly anyone left there. They had to start again and attract new crowd and it took so long to get it back to previous strength.

V: Another concern is, Swami is very controlling and authoritative. Nobody can question him or criticize him. If they do say anything against him, they are thrown out or sidelined. Their position is weakened so much and their voice is completely suppressed.

Everything is kept secretive and anything negative about Swami or the organization is immediately hushed



up. This is exactly how a cult is, this organization is becoming like a cult. But even if you don't consider it a cult, it seems wrong that complete control of everything is with Swamiji and no one else is allowed to think or act differently from him.

P: Do you think this has to do with Swamiji or with others around him who may be making such decisions?

V: Everything is directly controlled by Swamiji. He is the single source of all decisions and actual controlling authority.

V: Did you know there were many cases of chicken pox breakout in the ashram last year? No one heard about it, bcos it was immediately suppressed.

Nobody knows where he stays, nobody knows who takes care of him. No one knows much about anything other than what they are asked to work on.

P: But why do people need to know where he stays, etc? Its more of a safety issue than anything else, isn't it? How does it help others to know that kind of info? There are cases of other enlightened masters having been poisoned or facing such safety issues, because of which it makes sense to keep that confidential.

V: Yes, I agree that its for his protection. Maybe in this case its not important for everyone to know where he stays. But everything is generally kept as a secret. Nothing is open.

V: There is no doubt that Swami is spiritually very powerful, he gives the disciples and devotees spiritual experience & bliss. But he also uses his powers in ways that other enlightened masters dont. He uses them to manipulate and control people.

P: Why would he do that?

V: Just bcos he wants to control everything and everyone. Just for the power.

P: But he doesnt need the name and fame or this organization, he is enlightened.

V: He has the power, so he wants to control everything. We are like an ant in front of him. Just like you can control an ant, push it where u want it to go, or stop it anywhere, or do anything you want with it, same way he controls us.

V: He can put anyone through churning at anytime, like he did during Nithyanandam. He controls all of us to such an extent.

P: I feel he puts us thro churning to expose our own ego hidden inside us, by creating situations where the ego manifests itself. Otherwise its very hard for us to work on our ego.

V: That is there. But its also all about control.

I agree that there were mistakes on my part in Seattle, and I feel there were mistakes on his side too. I think if I was told that certain actions and decisions of mine were wrong, I would have very easily corrected it. Instead I was asked to go away from Seattle. I think I was becoming a bit popular in Seattle & he didn't like it.

He wants to be the only one occupying the stage, he will not give power to anyone else?

P: If that's the case then why will he empower people like Gnanananda to conduct so many programs. Gnana is very popular too among the devotees, people feel he is just like Swami. So then Swami should feel threatened by it and not allow it right?

V: Only reason why people like Gnanananda are given so much power is because they will listen to anything he says, and do whatever he wants.

P: Have you tried discussing you concerns with someone higher up in the organization, like Ayya or Sachit. Maybe they can help address them.

V: I cannot take these concerns to ayya or Sachit because they will protect Swami no matter what. I was also like that, blindly protecting swami.

P: What has changed for you if you were also like them?

V: Now I see that I am also being subject to the same treatment of use & throw. I have seen it happen so many times to so many people again and again, but now its happening to me also! It happened to Ma Praba and Sri Praba too. Sri Praba is planning to do something.

P: What is Sri Praba planning to do?

V: I dont know what exactly, but I feel he is working on it.

V: I feel this is not how this organization should treat people. Besides, for Ayya & Sachit, protecting swami is their livelihood. If there is no Swami, there is no organization, without that they also cant exist, So its natural that they will protect him strongly and not hear me out.

P: Did you try expressing these concerns to Swami directly?

V: I tried telling these concerns to Swami, he just said I dont have enough surrender and that the problem is with me.

V: Its sad to see how these kids from villages (who come for LBT) are treated. Telling them what to do bcas they dont know enough is ok. But beating them everyday is so terrible! The public face of Swami that everyone sees is so sweet and nice. But only when u come close you see how controlling and manipulative he is. Anyone who knows a few secrets of his is immediately pushed away.

V: This is very confidential. Please dont talk about this to anyone. It will create unnecessary problems, thats why I am asking you to keep this to yourself.

P: When you called me you assumed I will keep this to myself. Thats a huge leap of faith on your part!

V: Yes. I trust you will not speak about this to others. Please do keep all of this strictly confidential. I just wanted to know about a few things form you, thats all. Thats why I called you.

P: I am not saying that I will or I wont talk to anyone else about it. But I am concerned about your wellbeing. Do take care of yourself.

3rd call:

V: Ma, please dont mention this to anyone else. I just wanted to ask you about a couple of things, thats why I called. I think this is not the way to go about it.

P: What do you mean by that?

V: I will resolve it within the organization.

P: Yes, I think thats a better approach. it may be an uphill battle, but its still better that way.

V: Yes ma. I realize this is not the way to go. So I will take it up directly with the authorities. Don't talk about this to anyone, do I have your word on it? If you need to, you can call me. I am just deciding what to do. I will call you later and let you know.

Ma, based on all that I understood, I had a few concerns that I want to bring to Swamiji's attention. I know he knows everything, and he knows what is best. Ultimately for me, none of what anyone says about Swamiji matters. I love him and will do anything for him & anything he says. But only out of love for him and a deep desire that his tireless & ceaseless hard work in creating this mission should not be wasted away, I want to share these concerns.

- - I feel that there is a group of outcasts (disgruntled ex-disciples/devotees) who may feel weak as individuals to raise their voice/issues against swami. But they must be trying to gather strength in numbers to attack Swami/mission in a bigger and legal way.
- - We all know that one big law suit or bad publicity can completely damage Swamiji's image and the mission and setback all his efforts to a large extent.
- - Suppressing the individuals every now and then can only sweep the problem under the carpet for sometime, eventually it may come back to bite Swami and the mission in a very big & terrible way, just as it did for Osho & his movement. :(
- - The root of these issues is ofcourse lack of understanding on the part of these individuals, lack of surrender & trust in Swami. But the truth is, not everyone in the mission at all levels is going to be that

connected with Swamiji. So it seems natural that there will be those who out of their own ego and ignorance will misunderstand Swami and his intentions.

- - At the spiritual level, swamiji's connection and relationship with every individual is unique and personal. its nobody else's business.
- But in this physical plane, where social rules govern us, it maybe unwise to ignore the social implications for Swami and the mission from such gross misunderstandings that people have.
- When these people go out of our mission, obviously thy will spew poison into others minds and corrupt them too
- - Our mission is all about people, and it is nothing without people! So at the social level, we need to have the reputation as an organization that cares about its people! The feeling of "use & throw", if many people feel that way, is clearly not good for our mission to grow in the long run.
- Swamiji has given us a phenomenal challenge to raise the global consciousness with the 12-12-2012 vision/mission. But can we even get there if people file lawsuits against Swami in US/India, prompt police investigations into our mission, & all the bad publicity & PR it will create, etc?
- The general public which is already so suspicious of any swami is waiting for such news to drop spirituality! Of course we can say we dont care about the onlookers and we are only working to reach the real seekers! But even those people may find it lot harder to cross these obstacles in the social plane!

So its my humble, sincere & loving request to Swamiji to consider the following:

- If people have a different view or opinion or questions about certain things, can there be a forum where they can express it and feel heard rather than rejected, ignored or suppressed?
 - This way problems/concerns can be addressed before they become a big issue that force people to leave.
 - This forum could be seniors like Ayya, Sachit, Ma Maneesha, who can give the person counseling and inner healing to gain a better understanding.
 - But the seniors should also look into any compaints for any genuine opportunities to correct mistakes on our part.
 - Swamiji is enlightened, but many of us around him can still make mistakes as we may not have reached Swami's level. So it also becomes our responsibility towards the mission to not dismiss/disregard/cover-up our mistakes, but take responsibility for it and correct it on our side, so that we don't create a bad reputation for Swamiji as a master who doesn't care!

If I have stepped out of line by expressing my feelings and concerns here, I sincerely apologize, please forgive me Swamiji. I really wish to see no harm/danger come to Swami or our mission.

With all my love to Swamiji.

In Nithyananda,
Ma Nithyananda Premeshwari Mayi

When you stop judging you start listening - Paramahansa Nithyananda

Over 500 video clips on Life Solutions and profound Truths by Enlightened Master Paramahansa Nithyananda available for FREE at
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