

Richard Sokolov, M.D.
Infectious Diseases
8631 W. Third Street, Ste. 1020E
Los Angeles, CA 90048
Office 310-358-5530 Fax 310-358-0985

AFFIDAVIT OF RICHARD SOKOLOV, M.D.

August 14, 2015

I, Richard Sokolov, M.D., being first duly sworn, deposes and states that:

1. I am over the age of 18 years and am a resident of the state of California.
2. I have personal knowledge of the facts set forth below, and if called upon, could and would competently testify to the facts set forth herein.
3. I have hospital affiliations with Cedars-Sinai Medical Center in Beverly Hills, California. Attached hereto as exhibit "A" is a true and correct copy of my curriculum vitae.
4. I practice internal medicine-infectious disease in Los Angeles County since 1984 and have had my own practice in infectious disease consultative medicine for more than 25 years.
5. I am board certified by the American Board of Internal Medicine since 1988.
6. I am board certified by the American Board of Infectious Diseases in 1990 and I re-certified in 2006.
7. Attached hereto as exhibit "B" is a true and correct copy of the Victoria Hospital medical records of Sri Nithyananda Swami ("Swamiji").
8. Attached hereto is exhibit "C" is a true and correct copy of the allegations of Aarthi Rao ("Rao") under the alias "Amla", in the Indian criminal case CR #:141/2010 and 142/2010.
9. I have had an opportunity to review the medical records of Rao from the University of Michigan Health System. Attached hereto is exhibit "D" is a true and correct copy of the University of Michigan medical records of Mrs. Aarthi Rao.
10. Rao alleges, in exhibit C, that she came in skin-to-skin physical contact with Swamiji on a number of occasions.
11. Based upon my training, knowledge and experience my opinion is as follows:
12. Mrs. Rao's medical records in exhibit D reveal that, since at least 2004 she was infected with at least 4 sexually transmitted diseases (her "condition").
 1. Herpes simplex virus 1
 2. Herpes simplex virus type 2
 3. Recurrent genital herpes
 4. Herpes gladiatorum

Any skin-to-skin contact with Mrs. Rao orally or via sexual intercourse would place a sexual partner at risk for the spread of such a condition.

Richard Sokolov, M.D.
Infectious Diseases
8631 W. Third Street, Ste. 1020E
Los Angeles, CA 90048
Office 310-358-5530 Fax 310-358-0985

PAGE 2
RE: AFFIDAVIT
06/2015

13. The medical reports of Swamiji from Victoria Hospital in exhibit B, conversely reveals that Sri Nithyananda Swami does not have any proven sexually transmitted diseases.
14. Rao's condition is lifelong and chronic. There is no known cure for herpes simplex infections. Once a person is infected with this virus it remains in the body forever (establishing a chronic latent infection). Furthermore, since the Victoria Hospital records show that Sri Nithyananda Swami does not have antibodies to herpes simplex viruses, this would indicate that he had never been infected by this particular virus.
15. Rao's condition is contagious and can be transmitted to others whether she is having an outbreak or not and her infection could be transmitted to another person even when she was asymptomatic (with no symptoms or manifestations).
16. Since herpes simplex is transmitted by skin-to-skin contact, it may be transmitted even if there is no sexual intercourse. Condoms are most effective with preventing sexually transmitted diseases that are spread through ejaculate and vaginal fluid, but there is no absolute guarantee that using a condom would prevent the spread of herpes simplex.
17. Rao's condition is highly contagious and such a condition could shed from multiple sites from the body at various times. Since shedding a virus is most intense and heaviest during times of an active outbreak, Rao would therefore be most contagious several days before and after an outbreak.
18. Based upon my review of the medical records and Mrs. Rao's allegations, I find her claims not to be reasonably credible nor based on fact. If her claims in exhibit C were true, Mrs. Rao would likely have passed this highly transmissible sexually transmitted infection to Swamiji. However, given the highly contagious nature of her condition, the fact that Mrs. Rao would have regular monthly flare-ups: then the number of instances that Rao alleges skin-to-skin physical contact with Swamiji: and the fact that the medical records show that Swamiji does not present any indication of being infected by this highly transmissible

RS

Richard Sokolov, M.D.
Infectious Diseases
8631 W. Third Street, Ste. 1020E
Los Angeles, CA 90048
Office 310-358-5530 Fax 310-358-0985

and contagious disease proves that Mrs. Rao's allegations of rape and/or sexual abuse are false.

I declare under penalty of perjury under all laws of the United States of America that the foregoing is true and correct. Executed this day of August 14, 2015 in Beverly Hills, California.

RICHARD SOKOLOV, M.D.
RS/sy

A handwritten signature in black ink, appearing to read 'RS/sy', followed by a horizontal line.

see attached

CALIFORNIA JURAT WITH AFFIANT STATEMENT

- ☒ See Attached Document (Notary to cross out lines 1-6 below)
☐ See Statement Below (Lines 1-5 to be completed only by document signer[s], *not* Notary)

[Handwritten signature]

Signature of Document Signer No. 1

Signature of Document Signer No. 2 (if any)

State of California

County of Los Angeles

Subscribed and sworn to (or affirmed) before me on this

20th day of August, 2015, by
Date Month Year

(1) Richard Sokolov
Name of Signer

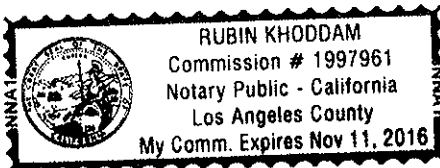
proved to me on the basis of satisfactory evidence
to be the person who appeared before me (.) (.)

(and

(2) _____
Name of Signer

proved to me on the basis of satisfactory evidence
to be the person who appeared before me.)

Signature [Handwritten Signature]
Signature of Notary Public



Place Notary Seal Above

OPTIONAL

*Though the information below is not required by law, it may prove
valuable to persons relying on the document and could prevent
fraudulent removal and reattachment of this form to another document.*

Further Description of Any Attached Document

Title or Type of Document: Affidavit of Richard Sokolov, M.D.
w/ exhibits

Document Date: _____ Number of Pages: _____

Signer(s) Other Than Named Above: _____

RIGHT THUMBPRINT OF SIGNER #1
Top of thumb here

RIGHT THUMBPRINT OF SIGNER #2
Top of thumb here