

**A Safe & Healthy Home**

| CHAPTER | CHAPTER TITLE       | SECTIONS | SECTION TITLES   | S1 SECTION # | S2 SECTION # | S3 SECTION # | SUBSECTION TITLES   |
|---------|---------------------|----------|--|--------------|--------------|--------------|---|
| CH. 1   | Introduction        | 1        | S1 - Introduction  | 1            | 0            | 0            | S1.1 - Introduction   |
| CH. 2   | Guiding Goals       | 1        | S1 - Guiding Goals   | 8            | 0            | 0            | S1.1 - Keep it Dry<br>S1.2 - Keep it Clean<br>S1.3 - Keep it Pest Free<br>S1.4 - Keep it Safe<br>S1.5 - Keep it Contaminant Free<br>S1.6 - Keep it Well Ventilated<br>S1.7 - Keep it Well Maintained<br>S1.8 - Keep it Temperature Controlled   |
| CH. 3   | Lead Poisoning      | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Lead Risks come from?<br>S3 - What can you do to help the families and communities you serve?                | 1            | 2            | 4            | S1.1 - Lead Poisoning<br>S2.1 - "Blank"<br>S2.2 - Why is Lead Dangerous?<br>S3.1 - Family Health<br>S3.2 - Healthy Housekeeping & Habits<br>S3.3 - If there is Lead in a Home<br>S3.4 - If there is Lead Plumbing in a Home   |
| CH. 4   | Asthma & Allergies  | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Asthma & Allergy Risks come from?<br>S3 - What can you do to help the families and communities you serve?    | 1            | 3            | 6            | S1.1 - Asthma & Allergies<br>S2.1 - Asthma Triggers<br>S2.2 - Allergies<br>S2.3 - Common Allergies<br>S3.1 - Family Health<br>S3.2 - Housekeeping & Maintenance<br>S3.3 - Pets<br>S3.4 - Pollen, Pollution & Fragrances<br>S3.5 - Smoking<br>S3.6 - Mold & Moisture   |
| CH. 5   | Mold & Moisture     | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Mold & Moisture Risks come from?<br>S3 - What can you do to help the families and communities you serve?     | 1            | 2            | 4            | S1.1 - Mold & Moisture<br>S2.1 - "Blank"<br>S2.2 - Should a Family Test for Mold in the Home?<br>S3.1 - Family Health & Housekeeping Habits<br>S3.2 - Preventing Significant Moisture and Mold Inside a Home<br>S3.3 - Preventing Significant Moisture Outside a Home<br>S3.4 - Recommended Procedure for Cleaning up Mold    |
| CH. 6   | Carbon Monoxide     | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Carbon Monoxide Risks come from?<br>S3 - What can you do to help the families and communities you serve?     | 1            | 1            | 3            | S1.1 - Carbon Monoxide<br>S2.1 - "Blank"<br>S3.1 - Family Health & Safety<br>S3.2 - Carbon Monoxide Alarms<br>S3.3 - CO Poisoning Prevention  |
| CH. 7   | Radon               | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Radon Risks come from?<br>S3 - What can you do to help the families and communities you serve?               | 1            | 3            | 3            | S1.1 - Radon<br>S2.1 - "Blank"<br>S2.2 - Testing for Radon<br>S2.3 - Understanding Radon Test Results<br>S3.1 - Family Health & Safety<br>S3.2 - A Radon Problem can be Fixed<br>S3.3 - Fixing a Radon Problem with a Mitigation System   |
| CH. 8   | Drinking Water      | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Drinking Water Risks come from?<br>S3 - What can you do to help the families and communities you serve?      | 1            | 5            | 3            | S1.1 - Drinking Water<br>S2.1 - "Blank"<br>S2.2 - Public Water Supplies<br>S2.3 - Private Water Supplies<br>S2.4 - Types of Wells<br>S2.5 - Testing Well Water<br>S3.1 - Family Health<br>S3.2 - Community Health & Safety<br>S3.3 - Housekeeping & Maintenance   |
| CH. 9   | Household Chemicals | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Household Chemical Risks come from?<br>S3 - What can you do to help the families and communities you serve?  | 1            | 1            | 4            | S1.1 - Household Chemicals<br>S2.1 - "Blank"<br>S3.1 - Family Health<br>S3.2 - Housekeeping & Maintenance<br>S3.3 - Use Safely as Directed<br>S3.4 - Safe Housekeeping Habits   |
| CH. 10  | Pests               | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Pests Risks come from?<br>S3 - What can you do to help the families and communities you serve?               | 1            | 1            | 6            | S1.1 - Pests<br>S2.1 - "Blank"<br>S3.1 - Preventing or Controlling Pests Safely<br>S3.2 - IPM in Multifamily Housing<br>S3.3 - Housekeeping & Maintenance<br>S3.4 - Safe Pest Control Methods<br>S3.5 - Methods that Use Chemicals<br>S3.6 - Bed Bug Prevention & Removal   |
| CH. 11  | Home Safety         | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Home Safety Risks come from?<br>S3 - What can you do to help the families and communities you serve?         | 1            | 1            | 7            | S1.1 - Home Safety<br>S2.1 - "Blank"<br>S3.1 - Action for Living in a Healthy Home<br>S3.2 - Help Prevent Trips, Slips, & Falls<br>S3.3 - Help Prevent Fires & Burns<br>S3.4 - Help Prevent Choking & Suffocation<br>S3.5 - Help Prevent Stangulation<br>S3.6 - Help Prevent Tip-Over Hazards<br>S3.7 - Help Prevent Drowning |
| CH. 12  | Temperature Control | 3        | S1 - What are the Health & Safety Risks?<br>S2 - Where do Temperature Control Risks come from?<br>S3 - What can you do to help the families and communities you serve? | 1            | 1            | 4            | S1.1 - Temperature Control<br>S2.1 - "Blank"<br>S3.1 - Family Health & Housekeeping Habits<br>S3.2 - Insulation<br>S3.3 - Air Ducts<br>S3.4 - General Heating & Cooling Tips  |
| CH. 13  | Indoor Air Quality  | 1        | S1 - Indoor Air Quality  | 9            | 0            | 0            | S1.1 - Indoor Air Quality<br>S1.2 - Lead Poisoning<br>S1.3 - Asthma & Allergies<br>S1.4 - Mold & Moisture<br>S1.5 - Carbon Monoxide<br>S1.6 - Radon<br>S1.7 - Pests<br>S1.8 - Household Chemicals<br>S1.9 - Asbestos  |
|         | Checklists          | 1        | S1 - Checklists  | 12           | 0            | 0            | S1.1 - IChecklists<br>S1.2 - Living, Dining, & Family Rooms<br>S1.3 - Kitchen<br>S1.4 - Bedroom(s)<br>S1.5 - Entry<br>S1.6 - Bathrooms<br>S1.7 - Laundry<br>S1.8 - Attic<br>S1.9 - Basement (or Crawlspce)<br>S1.10 - Garage<br>S1.11 - Outside<br>S1.12 - General  |
|         | Resources           | 1        | S1 - Resources   | 11           | 0            | 0            | S1.1 - Genral Safe & Healthy Homes Information<br>S1.2 - Lead Poisoning<br>S1.3 - Asthma & Allergies<br>S1.4 - Mold & Moisture<br>S1.5 - Carbon Monoxide<br>S1.6 - Radon<br>S1.7 - Drinking Water<br>S1.8 - Household Chemicals<br>S1.9 - Pests<br>S1.10 - Home Safety<br>S1.11 - Temperature Control                         |
|         | Credits             | 1        | S1 - Credits   | 3            | 0            | 0            | S1.1 - National Coordination<br>S1.2 - Project Coordination<br>S1.3 - Project Contribution & Editors  |