## **Narratives**

## Sharon

It is the first of November, a freezing cold day with a large amount of 911 calls because of the sudden drop in temperature. After returning from a call, Sharon removes her equipment and goes into the employee lounge. She slumps onto the couch, exhausted but fulfilled. She feels like she needs a mental break from all the extra 911 calls, so she takes out her phone and sees a notification from Accelerate. "Oh Boy!", she thinks. She opens the app and sees that her boss has invited her to a new challenge. The challenge is entitled "Discover Diabetes". She reads on: "Because November is American Diabetes Month, I invite you to a month-long campaign to learn about diabetes causes and prevention. The person with the most correct answers at the end of the month will be the winner. I will take the winner to my favorite (healthy!) restaurant for dinner. Good luck!". After reading the description, Sharon is very excited. Although she is relatively healthy herself, she sees a lot of insulin-related cases on the job, so this will help her increase her field knowledge. Also, dinner with the boss! That would be the perfect opportunity to plant the seed of a promotion! Eagerly, she joins the competition and begins reading facts and taking quizzes about diabetes, general health, and exercise. The light-hearted visualizes of the application and the friendly owl character lifts her spirits and she feels refreshed for the rest of the afternoon.

## Roland

Roland has been sitting awkwardly in the employee lounge for a few hours. It is a slow day, which means that he and his fellow squad members have just been hanging out in the lounge, watching TV. Most of the other squad members are young and tech-savvy, which makes Roland feel left out. He's worried that he will be replaced with a younger person eventually. However, he is extremely passionate about his job and saving lives, so he hopes that his supervisors see that. Jerry, one of his fellow coworkers, sees that Roland is sitting all alone. He comes over to make small talk. "Hey man, what's up? Did you install that Accelerate app that the boss invited you to?" Roland explains that he had not installed the app because he wasn't sure he would understand it. Jerry helps him install it and shows him how it works. "Ain't it cool, man? So yeah, the boss invited us to this challenge called "Bedside Manners". At the end of the week, the person with the highest score in the competition will get a pair of movie tickets". Roland is amazed at how easy the app is to use and begins the challenge. They make small talk for a while longer, while reading facts aloud to each other. At the end of the week, Roland learns that he won the "Bedside Manners" challenge, which makes him feel more confident than he has in a long time.