

## HORARI D'ACTIVITATS

DIMARTS	DIMECRES	DIJOUS
8:30-9:30 Pilates		8:30-9:30 Pilates
9:30-10:30 Pilates		9:30-10:30 Pilates
19:00-20:00 Pilates		19:00-20:00 Pilates
20:00-21:00 K-Fit		20:00-21:00 K-Fit

**KAIZEN DOJO** I Rambla Castell, 31 I Vilanova i la Geltrú (Barcelona) I © 602 240 169 I ⊠ kaizendojo.info@gmail.com