

PILATES SCHEDULE

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| **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| 9:30-10:30 Pilates\* |  | 9:30-10:30 Pilates\* |
|  |  |  |
|  |  |  |
| 19:00-20:00 Pilates |  | 19:00-20:00 Pilates |
|  |  |  |

\*New groups currently forming. Ask for availability.

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