# Introduction to Machine Learning Gradient and Regularization Methods

Andres Mendez-Vazquez

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# Outline

- 1 Linear Regression using Gradient Descent
  - Introduction
  - How do we stabilize the solution?
  - The Basic Algorithm
  - How to obtain  $\eta(k)$
- Regularization Methods
  - Introduction
  - Intuition from Overfitting
  - The Idea of Regularization
  - Ridge Regression
  - The LASSO
    - Lagrange Multipliers
    - The Basic Method
    - The Lagrangian Version of the LASSO
    - Generalization

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# Given that the Canonical Solution has problems

## We can develop a more robust algorithm

• Using the Gradient Descent Idea

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Using the Gradient Descent Idea

## Basically, The Gradient Descent

 It uses the change in the surface of the cost function to obtain a direction of improvement.

# The basic procedure is as follow

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- $\textbf{ Obtain value } \boldsymbol{w}\left(2\right) \text{ by moving from } \boldsymbol{w}\left(1\right) \text{ in the direction of the steepest descent:}$

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$$\boldsymbol{w}(k+1) = \boldsymbol{w}(k) - \eta(k) \nabla J(\boldsymbol{w}(k))$$
 (1)

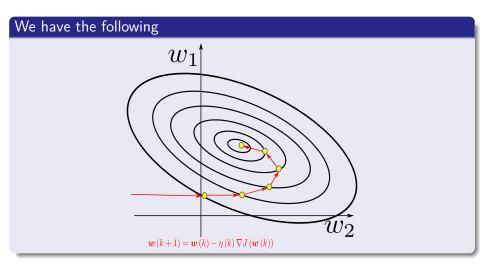
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 $\eta(k)$  is a positive scale factor or learning rate!!!

# Geometrically



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# For our full regularized equation

### We have

$$J(w) = \frac{1}{2} \sum_{i=1}^{N} \left( y_i - \sum_{j=1}^{d+1} x_j^i w_j \right)^2 + \frac{\lambda}{2} \sum_{j=1}^{d+1} w_j^2$$
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## Then, for each $w_i$

$$\frac{dJ(\boldsymbol{w})}{dw_j} = -\sum_{i=1}^{N} \left[ \left( y_i - \sum_{j=1}^{d+1} x_j^i w_j \right) x_j^i \right] + \lambda w_j$$
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#### **Therefore**

$$\nabla J(\boldsymbol{w}(k)) = \begin{pmatrix} -\sum_{i=1}^{N} \left[ \left( y_{i} - \sum_{j=1}^{d+1} x_{j}^{i} w_{j} \right) x_{1}^{i} \right] + \lambda w_{1} \\ \vdots \vdots \\ -\sum_{i=1}^{N} \left[ \left( y_{i} - \sum_{j=1}^{d+1} x_{j}^{i} w_{j} \right) x_{d+1}^{i} \right] + \lambda w_{d+1} \end{pmatrix}$$

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# **Gradient Decent**

**1** Initialize  $\boldsymbol{w}$ , criterion  $\theta$ ,  $\eta\left(\cdot\right)$ , k=0

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# Problem!!! How to choose the learning rate?

• If  $\eta(k)$  is too small, convergence is quite slow!!!

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- If  $\eta(k)$  is too small, convergence is quite slow!!!
- If  $\eta(k)$  is too large, correction will overshot and can even diverge!!!

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# We do the following

$$J(\boldsymbol{w}) = J(\boldsymbol{w}(k)) + \nabla J^{T}(\boldsymbol{w} - \boldsymbol{w}(k)) + \frac{1}{2}(\boldsymbol{w} - \boldsymbol{w}(k))^{T}\boldsymbol{H}(\boldsymbol{w} - \boldsymbol{w}(k))$$
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- $\nabla J$  is the vector of partial derivatives  $\frac{\partial J}{\partial w_i}$  evaluated at  $\boldsymbol{w}(k)$ .
- $m{H}$  is the Hessian matrix of second partial derivatives  $\frac{\partial^2 J}{\partial w_i \partial w_j}$  evaluated at  $m{w}(k)$ .

# Then

$$\boldsymbol{w}(k+1) - \boldsymbol{w}(k) = \eta(k) \nabla J(\boldsymbol{w}(k))$$
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$$\frac{1}{2}\left(-\eta\left(k\right)\nabla J\left(\boldsymbol{w}\left(k\right)\right)\right)^{T}\boldsymbol{H}\left(-\eta\left(k\right)\nabla J\left(\boldsymbol{w}\left(k\right)\right)\right)$$

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# Finally, we have

$$J\left(\boldsymbol{w}\left(k+1\right)\right) \cong J\left(\boldsymbol{w}\left(k\right)\right) - \eta\left(k\right) \left\|\nabla J\right\|^{2} + \frac{1}{2}\eta^{2}\left(k\right) \nabla J^{T} \boldsymbol{H} \nabla J \tag{6}$$

Derive with respect to  $\eta\left(k\right)$  and make the result equal to zero

### We have then

$$-\left\|\nabla J\right\|^{2} + \eta\left(k\right)\nabla J^{T}\boldsymbol{H}\nabla J = 0\tag{7}$$

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Remark This is the optimal step size!!!

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#### Problem!!!

Calculating H can be quite expansive!!!

# We can have an adaptive linear search!!!

# We can use the idea of having everything fixed, but $\eta\left(k\right)$

Then, we can have the following function  $f\left(\eta\left(k\right)\right) = J\left(\boldsymbol{w}\left(k\right) - \eta\left(k\right)\nabla J\left(\boldsymbol{w}\left(k\right)\right)\right)$ 

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#### Linear Search Methods

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#### Linear Search Methods

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- Golden ratio
- Etc.

#### Please Take a Look

## For more, please read the paper

"SEQUENTIAL MINIMAX SEARCH FOR A MAXIMUM" by J. Kiefer

### There are better versions

#### Take a look

The papers at the repository.

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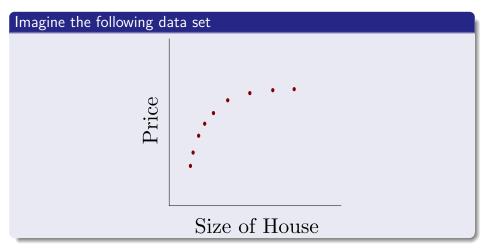
#### Therefore

• Shrinkage methods are more continuous avoiding high variability.

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## The house example



## Now assume that we use LSE

### For the fitting

$$\frac{1}{2} \sum_{i=1}^{N} (h_{\mathbf{w}}(x_i) - y_i)^2$$

#### Now assume that we use LSE

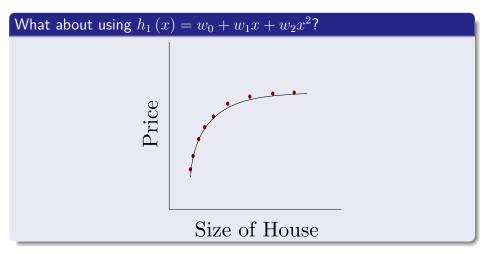
### For the fitting

$$\frac{1}{2} \sum_{i=1}^{N} (h_{w}(x_{i}) - y_{i})^{2}$$

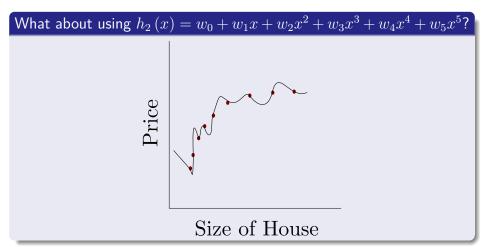
We can then run one of our machine to see what minimize better the previous equation

Question: Did you notice that I did not impose any structure to  $h_{\boldsymbol{w}}\left(x\right)$ ?

# Then, First fitting



# Second fitting



## Therefore, we have a problem

#### We get weird overfitting effects!!!

What do we do? What about minimizing the influence of  $w_3, w_4, w_5$ ?

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What do we do? What about minimizing the influence of  $w_3, w_4, w_5$ ?

#### How do we do that?

$$\min_{\mathbf{w}} \frac{1}{2} \sum_{i=1}^{N} (h_{\mathbf{w}}(x_i) - y_i)^2$$

What about integrating those values to the cost function? Ideas

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#### We have

### Regularization intuition is as follow

Small values for parameters  $w_0, w_1, w_2, ..., w_n$ 

#### We have

## Regularization intuition is as follow

Small values for parameters  $w_0, w_1, w_2, ..., w_n$ 

#### It implies

- "Simpler" function
- 2 Less prone to overfitting

# We can do the previous idea for the other parameters

#### We can do the same for the other parameters

$$\min_{\mathbf{w}} \frac{1}{2} \sum_{i=1}^{N} (h_{\mathbf{w}}(x_i) - y_i)^2 + \sum_{i=1}^{d} \lambda_i w_i^2$$
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#### However handling such many parameters can be so difficult

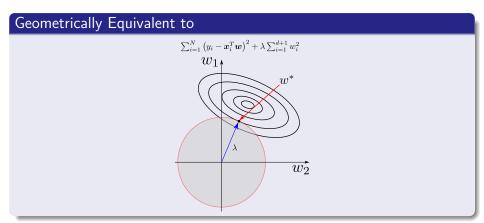
Combinatorial problem in reality!!!

### Better, we can

## We better use the following

$$\min_{\mathbf{w}} \frac{1}{2} \sum_{i=1}^{N} (h_{\mathbf{w}}(x_i) - y_i)^2 + \lambda \sum_{i=1}^{d} w_i^2$$
 (10)

# Graphically



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# Ridge Regression

#### Equation

$$\hat{w} = \arg\min_{w} \left\{ \sum_{i=1}^{N} \left( y_i - w_0 - \sum_{j=1}^{d} x_{ij} w_j \right)^2 + \lambda \sum_{j=1}^{d} w_j^2 \right\}$$

# Ridge Regression

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#### Here

•  $\lambda \geq 0$  is a complexity parameter that controls the amount of shrinkage

### Therefore

## The Larger $\lambda \geq 0$

• The coefficients are shrunk toward zero (and each other).

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#### This is also used in Neural Networks

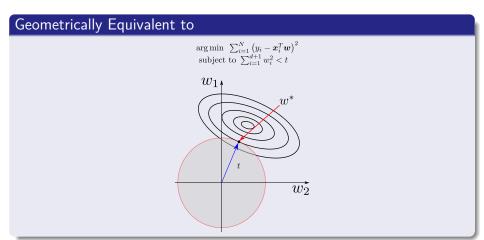
• where it is known as weight decay

### This is also can be written

## Optimization Solution

$$\arg\min_{\pmb{w}} \sum_{i=1}^N \left( y_i - w_0 - \sum_{j=1}^d x_{ij} w_j \right)^2$$
 subject to  $\sum_{j=1}^d w_j^2 < t$ 

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# Least Absolute Shrinkage and Selection Operator (LASSO)

It was introduced by Robert Tibshirani in 1996 based on Leo Breiman's nonnegative garrote

$$\widehat{\boldsymbol{w}}^{garrote} = \arg\min_{\boldsymbol{w}} \sum_{i=1}^{N} \left( y_i - \beta_0 - \sum_{j=1}^{d} x_{ij} w_j \right)^2 + N\lambda \sum_{j=1}^{d} w_j$$
s.t.  $w_i > 0 \ \forall j$ 

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#### This is quite derivable

However, Tibshirani realized that you could get a more flexible model by using the absolute value at the constraint!!!

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### Robert Tibshirani proposed the use of the $L_1$ norm

$$\|\boldsymbol{w}\|_1 = \sum_{i=1}^d |w_i|$$

### The Final Optimization Problem

### **LASSO**

$$\widehat{\boldsymbol{w}}^{LASSO} = \arg\min_{\boldsymbol{w}} \sum_{i=1}^{N} \left( y_i - \beta_0 - \sum_{j=1}^{d} x_{ij} w_j \right)^2$$
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#### This is not derivable

More advanced methods are necessary to solve this problem!!!

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  - Introduction
  - How do we stabilize the solution?
  - The Basic Algorithm
  - $\blacksquare$  How to obtain  $\eta(k)$
- Regularization Methods
  - IntroductionIntuition from Overfitting
  - The Idea of Regularization
  - Ridge Regression
  - The LASSO
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       Lagrange Multipliers
    - The Basic Method
    - The Lagrangian Version of the LASSO
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### The method of Lagrange multipliers

• It gives a set of necessary conditions to identify optimal points of equality constrained optimization problems.

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• It gives a set of necessary conditions to identify optimal points of equality constrained optimization problems.

## This is done by converting a constrained problem to an equivalent unconstrained problem

• with the help of certain unspecified parameters known as <u>Lagrange</u> multipliers.

### The classical problem formulation

min 
$$f(x_1, ..., x_n)$$
  
s.t  $h_1(x_1, ..., x_n) = 0$ 

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#### where.

- $L(\mathbf{x}, \lambda)$  is the Lagrangian function.
- $\lambda$  is an unspecified positive or negative constant called the **Lagrange Multiplier.**

### Finding an Optimum using Lagrange Multipliers

### New problem

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### Finding an Optimum using Lagrange Multipliers

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$$\min \ L\left(x_{1},...,x_{n},\lambda\right)=\min \left\{f\left(x_{1},...,x_{n}\right)-\lambda h_{1}\left(x_{1},...,x_{n}\right)\right\}$$

#### We want a $\lambda = \lambda^*$ optimal

If the minimum of  $L(x_1,...,x_n,\lambda^*)$  occurs at

$$(x_1, x_2, ..., x_n)^T = (x_1, x_2, ..., x_n)^{T*}$$

### Therefore

$$(x_1,...,x_n)^{T*}$$
 satisfies  $h_1(x_1,...,x_n)=0$ , then  $(x_1,...,x_n)^{T*}$  minimizes

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#### Trick

• It is to find appropriate value for Lagrangian multiplier  $\lambda$ .

### Remember

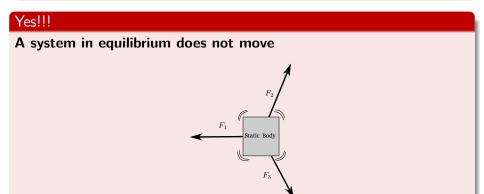
### Think about this

Remember First Law of Newton!!!

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#### Definition

Gives a set of necessary conditions to identify optimal points of  $\underline{\text{equality}}$  constrained optimization problem

### Lagrange was a Physicists

### He was thinking in the following formula

A system in equilibrium has the following equation:

$$F_1 + F_2 + \dots + F_K = 0 (11)$$

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### Think about the following

The Gradient of a surface.

### Gradient to a Surface

### After all a gradient is a measure of the maximal change

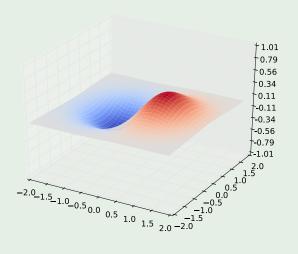
For example the gradient of a function of three variables:

$$\nabla f(\mathbf{x}) = i \frac{\partial f(\mathbf{x})}{\partial x} + j \frac{\partial f(\mathbf{x})}{\partial y} + k \frac{\partial f(\mathbf{x})}{\partial z}$$
(12)

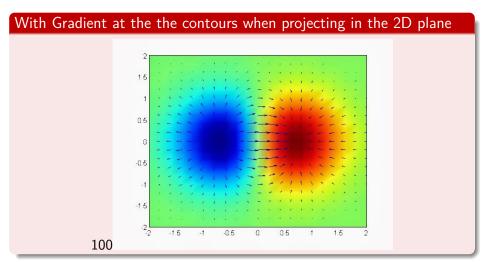
where i, j and k are unitary vectors in the directions x, y and z.

### Example

We have  $f(x, y) = x \exp\{-x^2 - y^2\}$ 



### Example



### Now, Think about this

### Yes, we can use the gradient

However, we need to do some scaling of the forces by using parameters  $\boldsymbol{\lambda}$ 

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### Yes, we can use the gradient

However, we need to do some scaling of the forces by using parameters  $\boldsymbol{\lambda}$ 

#### Thus, we have

$$F_0 + \lambda_1 F_1 + \dots + \lambda_K F_K = 0 \tag{13}$$

where  $F_0$  is the gradient of the principal cost function and  $F_i$  for i=1,2,..,K.

### Thus

If we have the following optimization:

$$\min f(\mathbf{x})$$

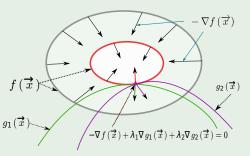
$$s.tg_1(\mathbf{x}) = 0$$

$$g_2(\mathbf{x}) = 0$$

### Geometric interpretation in the case of minimization

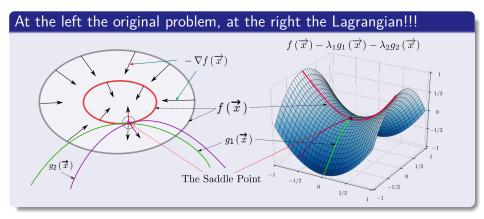
What is wrong? Gradients are going in the other direction, we can fix by simple multiplying by -1  $\,$ 

Here the cost function is  $f(x,y) = x \exp\{-x^2 - y^2\}$  we want to minimize



Nevertheless: it is equivalent to  $\nabla f\left(\overrightarrow{x}\right) - \lambda_1 \nabla g_1\left(\overrightarrow{x}\right) - \lambda_2 \nabla g_2\left(\overrightarrow{x}\right) = 0$ 

# Basically, we convert the problem into a one looking for a **Saddle Point**



### Yes!!!

### Basically

 We convert the minimization or maximization of a convex or concave section of a function living in a constrained environment!!!

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$$\sum_{i=1}^{N} \left( y_i - \boldsymbol{x}^T \boldsymbol{w} \right)^2 + \lambda \sum_{i=1}^{d} |w_i|$$
 (14)

- Here you need to use a soft version of the absolute value
- **3** Express all  $x_i$  in terms of Lagrangian multiplier  $\lambda$ .

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- **5** Calculate x by using the just found value for  $\lambda$ .

### Steps

- Original problem is rewritten as:
  - minimize  $L(\boldsymbol{x}, \lambda) = f(\boldsymbol{x}) \lambda h_1(\boldsymbol{x})$
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### From the step 2

If there are n variables (i.e.,  $x_1, \cdots, x_n$ ) then you will get n equations with n+1 unknowns (i.e., n variables  $x_i$  and one Lagrangian multiplier  $\lambda$ ).

## Example

### We can apply that to the following problem

$$\min f(x,y) = x^2 - 8x + y^2 - 12y + 48$$
s.t  $x + y = 8$ 

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# The Lagrangian Version

### The Lagrangian

$$\widehat{\boldsymbol{w}}^{LASSO} = \arg\min_{\boldsymbol{w}} \left\{ \sum_{i=1}^{N} \left( y_i - \boldsymbol{x}^T \boldsymbol{w} \right)^2 + \lambda \sum_{i=1}^{d} |w_i| \right\}$$

# The Lagrangian Version

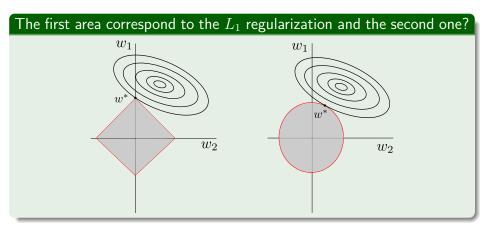
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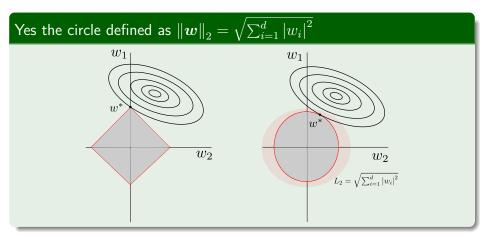
#### However

ullet You have other regularizations as  $\|oldsymbol{w}\|_2 = \sqrt{\sum_{i=1}^d \left|w_i
ight|^2}$ 

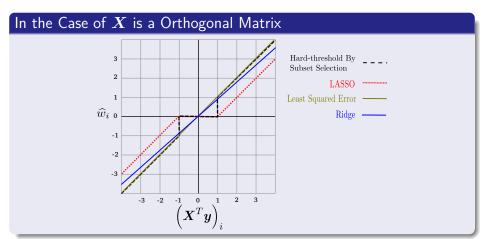
# Graphically



# Graphically



## For Example



## The seminal paper by Robert Tibshirani

#### An initial study of this regularization can be seen in

"Regression Shrinkage and Selection via the LASSO" by Robert Tibshirani - 1996

### This out the scope of this class

However, it is worth noticing that the most efficient method for solving LASSO problems is

"Pathwise Coordinate Optimization" By Jerome Friedman, Trevor Hastie, Holger Ho and Robert Tibshirani

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#### **Nevertheless**

It will be a great seminar paper!!!

### Outline

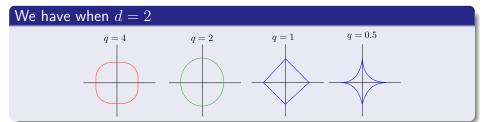
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#### **Furthermore**

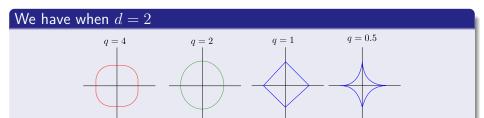
We can generalize ridge regression and the lasso, and view them as Bayes estimates

$$\widehat{\boldsymbol{w}}^{LASSO} = \arg\min_{\boldsymbol{w}} \left\{ \sum_{i=1}^{N} \left( y_i - \boldsymbol{x}^T \boldsymbol{w} \right)^2 + \lambda \sum_{i=1}^{d} \left| w_i \right|^q \right\} \text{ with } q \geq 0$$

# For Example



# For Example



### Here, when q > 1

You are having a derivable Lagrangian, but you lose the LASSO properties

### Therefore

### Zou and Hastie (2005) introduced the elastic- net penalty

$$\lambda \sum_{i=1}^{d} \left\{ \alpha w_i^2 + (1 - \alpha) |w_i| \right\}$$

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#### This is Basically

• A Compromise Between the Ridge and LASSO.