

# Training Day-111 Report:

## Normal Distributions

### What is a Normal Distribution?

A **Normal Distribution**, also known as a **Gaussian Distribution**, is a continuous probability distribution characterized by its symmetric, bell-shaped curve. It is one of the most important distributions in statistics and is widely used in various fields due to its natural occurrence in many real-world phenomena.

The Normal Distribution is defined by two parameters:

1. **Mean ( $\mu$ ):** Determines the center of the distribution.
2. **Standard Deviation ( $\sigma$ ):** Determines the spread or width of the distribution.

### Properties of Normal Distribution

1. **Symmetry:**
  - The curve is symmetric around the mean ( $\mu$ ).
2. **Bell Shape:**
  - The curve has a peak at the mean and tails off equally on both sides.
3. **Empirical Rule (68-95-99.7 Rule):**
  - About **68%** of the data lies within one standard deviation of the mean ( $\mu \pm \sigma$ ).
  - About **95%** of the data lies within two standard deviations ( $\mu \pm 2\sigma$ ).
  - About **99.7%** of the data lies within three standard deviations ( $\mu \pm 3\sigma$ ).
4. **Total Area Under the Curve:**
  - The total area under the curve is equal to 1.

### Probability Density Function (PDF)

The PDF of a normal distribution is given by:

$$f(x) = \frac{1}{\sigma\sqrt{2\pi}} e^{-\frac{(x-\mu)^2}{2\sigma^2}}$$

Where:

- $x$  is the random variable.
- $\mu$  is the mean.

- $\sigma^2$  is the variance.
- $e$  is the base of the natural logarithm ( $e \approx 2.718 \approx 2.718$ ).

### Standard Normal Distribution

A **Standard Normal Distribution** is a special case of the normal distribution with:

- Mean ( $\mu$ ) = 0
- Standard Deviation ( $\sigma$ ) = 1

To standardize a normal random variable  $X$ , use the **Z-score**:

$$Z = \frac{X - \mu}{\sigma}$$

### Applications of Normal Distribution

1. **Statistics:**
  - Used in hypothesis testing, confidence intervals, and regression analysis.
2. **Natural Sciences:**
  - Models phenomena like heights, weights, and measurement errors.
3. **Finance:**
  - Analyzes stock market returns and risk assessments.
4. **Machine Learning:**
  - Assumes normality in algorithms like Gaussian Naive Bayes.
5. **Quality Control:**
  - Evaluates processes under the assumption of normality in production lines.

### Examples

#### 1. Height of Individuals:

Suppose the heights of a population are normally distributed with a mean of 170 cm and a standard deviation of 10 cm. The probability of a randomly selected individual being between 160 and 180 cm is:

$$P(160 \leq X \leq 180) = \int_{160}^{180} f(x) dx$$

Use the Z-score and standard normal tables for calculation.

#### 2. Exam Scores:

If exam scores are normally distributed with a mean of 75 and a standard deviation of 8, the probability of scoring above 85 is:

$$Z = \frac{85 - 75}{8} = 1.25$$

Look up  $Z = 1.25$  in standard normal tables to find the probability.

# Training Day-112 Report:

## Z-Score:

### What is Z-Score?

The **Z-Score** (also called the **Standard Score**) measures how many standard deviations a data point is from the mean of a distribution. It allows comparison of data points from different distributions by standardizing them.

A Z-score helps to determine whether a value is typical or unusual in a given dataset.

### Formula for Z-Score

$$Z = \frac{X - \mu}{\sigma}$$

Where:

- $Z$  = Z-score
- $X$  = Individual data point
- $\mu$  = Mean of the distribution
- $\sigma$  = Standard deviation of the distribution

### Interpretation of Z-Score

1. **Positive Z-Score ( $Z > 0$ ):**
  - Indicates that the data point is above the mean.
2. **Negative Z-Score ( $Z < 0$ ):**
  - Indicates that the data point is below the mean.
3. **Z-Score of 0:**
  - Indicates that the data point is exactly at the mean.
4. **Magnitude of Z-Score:**
  - The further the Z-score is from 0, the more unusual the data point is.

### Example of Z-Score Calculation

#### Example 1: Exam Scores

Suppose exam scores are normally distributed with a mean ( $\mu$ ) of 75 and a standard deviation ( $\sigma$ ) of 10. A student scores 85 on the exam.

To calculate the Z-score:

$$Z = \frac{85 - 75}{10} = \frac{10}{10} = 1$$

The Z-score is **1**, meaning the student scored 1 standard deviation above the mean.

## Applications of Z-Score

### 1. Comparing Data Points:

- Standardizes values from different distributions for comparison.
- Example: Comparing test scores from two tests with different scales.

### 2. Outlier Detection:

- Data points with Z-scores greater than 3 or less than -3 are often considered outliers.

### 3. Probability Calculations:

- Z-scores are used with standard normal tables to calculate probabilities for normal distributions.

### 4. Standardizing Data in Machine Learning:

- Z-scores are used to normalize features to have a mean of 0 and standard deviation of 1.

## Z-Score and the Standard Normal Table

The **Standard Normal Table** (Z-Table) provides the cumulative probability for a given Z-score.

- Example: A Z-score of **1.25** corresponds to a cumulative probability of approximately **0.8944**.

This means that 89.44% of the data lies below this Z-score.

## Examples with Probability

### Example 1: Finding Probabilities

A dataset of weights is normally distributed with a mean of 70 kg and a standard deviation of 5 kg. What is the probability that a randomly chosen person weighs less than 75 kg?

1. Calculate the Z-score:

$$Z = \frac{75 - 70}{5} = 1 \quad Z = \frac{75 - 70}{5} = 1$$

2. Use the Z-Table:

- A Z-score of **1** corresponds to a cumulative probability of **0.8413**.
- Therefore, there is an **84.13%** chance that a person weighs less than 75 kg.

### Example 2: Finding Intervals

What is the probability of a person weighing between 65 kg and 75 kg?

1. Calculate the Z-scores:

- For 65 kg:  $Z = \frac{65 - 70}{5} = -1 \quad Z = \frac{65 - 70}{5} = -1$ .
- For 75 kg:  $Z = \frac{75 - 70}{5} = 1 \quad Z = \frac{75 - 70}{5} = 1$ .

2. Use the Z-Table:

- Cumulative probability for  $Z=-1$ : **0.1587**.
- Cumulative probability for  $Z=1$ : **0.8413**.

3. Subtract probabilities:

$$P(65 \leq X \leq 75) = 0.8413 - 0.1587 = 0.6826 \quad P(65 \leq X \leq 75) = 0.8413 - 0.1587 = 0.6826$$

- Therefore, there is a **68.26%** chance that a person weighs between 65 kg and 75 kg.

# Training Day-113 Report:

## Central Limit Theorem

### What is the Central Limit Theorem?

The **Central Limit Theorem (CLT)** states that the sampling distribution of the sample mean approaches a normal distribution as the sample size increases, regardless of the original distribution of the population.

This theorem is a cornerstone of statistics because it justifies the use of normal distribution in hypothesis testing and confidence interval estimation, even when the underlying population distribution is unknown.

### Key Points of the Central Limit Theorem

#### 1. Normality of Sampling Distribution:

- For large sample sizes ( $n \geq 30$ ), the distribution of sample means will be approximately normal.

#### 2. Mean and Standard Deviation:

- The mean of the sampling distribution ( $\mu_{\bar{X}}$ ) equals the population mean ( $\mu$ ).
- The standard deviation of the sampling distribution ( $\sigma_{\bar{X}}$ ), also called the **Standard Error (SE)**, is given by:  $\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}}$

#### 3. Independence of Sample Size:

- The CLT holds true regardless of the population's original shape, as long as the samples are independent and identically distributed.

## Applications of Central Limit Theorem

#### 1. Hypothesis Testing:

- Enables the use of Z-tests and T-tests, which assume normality of the sampling distribution.

#### 2. Confidence Intervals:

- Helps calculate intervals to estimate population parameters.

#### 3. Quality Control:

- Used in evaluating sample statistics to infer about population metrics.

## Example of CLT

Suppose a population has a mean ( $\mu$ ) of 100 and a standard deviation ( $\sigma$ ) of 15. If we take random samples of size  $n=50$ :

- The mean of the sampling distribution remains 100.
- The standard error is:  $\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}} = \frac{15}{\sqrt{50}} = 2.12$

If the sample means are plotted, their distribution will approximate a normal curve, even if the population distribution is not normal.

## Hypothesis Testing

### What is Hypothesis Testing?

**Hypothesis Testing** is a statistical method used to evaluate assumptions (hypotheses) about a population parameter based on sample data.

### Key Steps in Hypothesis Testing

1. **State the Hypotheses:**
  - Null Hypothesis ( $H_0$ ): Assumes no effect or no difference.
  - Alternative Hypothesis ( $H_a$ ): Contradicts  $H_0$ ; claims an effect or difference exists.
2. **Set the Significance Level ( $\alpha$ ):**
  - Commonly used values are 0.05 (5%) or 0.01 (1%).
3. **Choose the Appropriate Test:**
  - Use Z-tests, T-tests, Chi-square tests, or others depending on data type and sample size.
4. **Calculate the Test Statistic:**
  - Example: For Z-test, compute:  $Z = \frac{\bar{X} - \mu}{\frac{\sigma}{\sqrt{n}}}$
5. **Determine the p-value:**
  - Compare the p-value to  $\alpha$  to decide whether to reject  $H_0$ .
6. **Make a Decision:**
  - If  $p \leq \alpha$ , reject  $H_0$ .
  - If  $p > \alpha$ , fail to reject  $H_0$ .

### Types of Errors

1. **Type I Error ( $\alpha$ ):**
  - Rejecting  $H_0$  when it is true.

## 2. Type II Error ( $\beta$ ):

- Failing to reject  $H_0$  when it is false.

### Example of Hypothesis Testing

#### Example 1: Mean Testing

Suppose the average height of students is claimed to be 170 cm ( $H_0: \mu = 170$ ). A sample of 30 students has a mean height of 172 cm, with a standard deviation of 5 cm. Use a significance level of 0.05.

##### 1. State Hypotheses:

- $H_0: \mu = 170$ ,  $H_a: \mu \neq 170$ .

##### 2. Calculate Test Statistic:

$$Z = \frac{\bar{X} - \mu}{\frac{\sigma}{\sqrt{n}}} = \frac{172 - 170}{\frac{5}{\sqrt{30}}} = 2.19$$

##### 3. Find p-value:

- From Z-tables,  $p = 0.0282$ .

##### 4. Decision:

- Since  $p = 0.0282 < \alpha = 0.05$ , reject  $H_0$ .
- Conclusion: The mean height is significantly different from 170 cm.

### Applications of Hypothesis Testing

#### 1. Medicine:

- Test the efficacy of new drugs.

#### 2. Manufacturing:

- Evaluate quality differences in production.

#### 3. Market Research:

- Determine customer preferences or behavior changes.