

MUHIMBILI NATIONAL HOSPITAL

Department of Psychiatry and Mental Health

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In reply please quote:

MNH/PSY/C.17/VOL.XII/062

Date: 10 July, 2020

Arusha Technical College,
P.O.Box 296,
ARUSHA

RE: MR. MICHAEL JOSEPH SHUNDI HOSP. REG. NO M42-21-14

The above named patient is concerned. Michael has given me a written informed consent to deliver his medical report to you.

He has been attended in our unit since 2012 due to Paranoid Schizophrenia and he was doing well. Unfortunately, in June 2020 he got a relapse which necessitated admission in our hospital for five weeks from 1st June 2020 to 8th July 2020. He was restarted on medication which he responded very well.

The latest mental status evaluation done on 8th July, 2020 and collateral information from his sister Sarah Joel reveal that he is currently mentally stable and functioning well. With this letter we recommend that he can now resume his duties, however he should continue with medications and attending follow up clinics as scheduled.

His next appointment is on 8th September, 2020. Due to nature of his illness we recommend that he should stay with close relatives for social support to avoid social stressors which may trigger relapse.

We will be ready to provide further information should you request in writing and per patients consent.

Kindly provide him with necessary support should the need arise.

Your faithfully,

Dr. Joyce Mugasa

Psychiatry and Mental Health Specialist

DEPARTMENT OF PSYCHIATRY
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DAR-ES-SALAAM