

General Knowledge & Academic Reading File

Level: B2 (Upper-Intermediate English)

This document provides structured reading texts on various topics. Each section includes clear explanations and well-organized paragraphs to help improve reading comprehension and vocabulary at B2 level.

1. Technology and Society

Technology has transformed almost every aspect of modern life. From communication to transportation, digital tools make daily tasks faster and more efficient. For example, remote work has become possible thanks to video conferencing platforms and cloud systems. However, technological development also creates challenges. Data privacy, cyber security, and screen addiction are growing concerns. Societies must create regulations and raise awareness to ensure responsible use of technology.

2. Climate Change and Environmental Protection

Climate change is one of the most serious global issues of our time. It is mainly caused by greenhouse gas emissions from industries, vehicles, and energy production. The consequences include rising sea levels, droughts, floods, and extreme weather events. Governments are investing in renewable energy such as solar and wind power to reduce carbon emissions. Individuals can also contribute by saving energy, recycling, and choosing sustainable products.

3. Health and Well-being

Maintaining good health requires both physical and mental balance. Regular exercise strengthens the heart and improves mood. A balanced diet that includes fruits, vegetables, and proteins provides essential nutrients. Mental health is equally important. Stress management, social support, and enough sleep help people maintain emotional stability. Preventive healthcare plays a key role in reducing serious diseases.

4. Artificial Intelligence and the Future of Work

Artificial Intelligence (AI) allows machines to perform tasks that usually require human intelligence. AI systems can analyze large amounts of data and make predictions. Many industries benefit from AI, including healthcare, finance, and transportation. However, automation may replace certain jobs. Therefore, continuous learning and skill development are necessary for future employment.

5. Education in the Digital Age

Digital tools have changed the way students learn. Online platforms provide access to courses from universities around the world. Students can learn at their own pace using interactive materials.

Despite these advantages, face-to-face interaction remains important. Teachers provide guidance, motivation, and social development opportunities that technology cannot fully replace.

6. Cultural Diversity and Globalization

Globalization has increased interaction between different cultures. Cultural diversity enriches societies by introducing new perspectives, traditions, and ideas. However, misunderstandings may occur if people lack cultural awareness. Education and open communication help promote tolerance and cooperation among nations.

7. Economic Systems and Global Trade

Economic systems determine how resources are produced and distributed. The three main types are market economies, planned economies, and mixed economies. Global trade allows countries to exchange goods and services. Although trade increases economic growth, it may also create inequality if not managed carefully.

8. Personal Development and Goal Setting

Personal development involves improving skills, knowledge, and self-awareness. Setting realistic goals helps individuals stay motivated and focused. Successful people often follow clear plans and evaluate their progress regularly. Continuous improvement is essential in both personal and professional life.