Ayurvedic Herbs For Hair Regrowth

Below are some of the most commonly used herbs you can seek as ingredients in the above mentioned topical Ayurvedic treatments for hair regrowth.

a. Brahmi (Bacopa monnieri)

b. Bhringraj (Eclipta Prostrata or Eclipta Alba)

c. Kumari (Aloe Vera)

d. Ashwagandha (Indian Ginseng)

e. Japa (Hibiscus)

d. Lavender (Lavandula angustifolia)