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Your Creative Brain | Dr. Shelley Carson

Shelley Carson's 'Your Creative Brain' offers unique and innovative insight into the creative process. But more importantly, it teaches those who have condemned themselves as the 'uncreative' to shake off that grim mantle and demonstrates how they can achieve new levels of ingenuity and unlock abilities they'd never known they possessed.

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Your Creative Brain: Seven Steps to Maximize Imagination, Productivity, and Innovation in Your Life by Shelley Carson. This provocative book reveals why sitting in front of a light box can increase your creativity more than listening to a Bach concerto.

Your Creative Brain: Seven Steps to Maximize Imagination ...

Here are seven essential steps to making your creative vision a reality. Be sure to download the template Brain and watch the recorded webinar at the end of this blog entry. 1. Sometimes we become preoccupied about an issue at work or a personal passion but never take the necessary steps to making it a reality.

7 Steps To Make Your Creative Vision a Reality - TheBrain

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Your Creative Brain: Seven Steps To Maximize Imagination, Productivity, and Innovation in Your Life. Basing this book on her Harvard psychology course, Creativity: Madmen, Geniuses, and Harvard Students, Carson sees creativity in a broader context—not just coming up with new ideas but being able to ... Read full review.

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