Urban Tantra Sacred Sex For The Twenty First Century Barbara Carrellas

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Urban Tantra Sacred Sex For

This book, whose subtitle is "Sacred Sex for the Twenty-First Century," is refreshingly queer-friendly, kink-friendly, poly-friendly, and body-positive. I'm skeptical about some of the concepts Carrellas presents, but that didn't really keep me from enjoying the book.

Urban Tantra: Sacred Sex for the Twenty-First Century by ...

What is Sex/Life Coaching with Barbara Carrellas? Sex/Life Coaching is a process in which we work together to reveal your essential greatness. Whatever your sexual issue, concern, perceived limitation, expectation or goal, Sex/Life Coaching can help bring you into alignment with your deepest desires. ... Urban Tantra: Sacred Sex for the Twenty ...

Barbara Carrellas/Urban Tantra® - Urban Tantra: Ecstasy is ...

Urban Tantra: Sacred Sex for the Twenty-first Century User Review - Not Available - Book Verdict. This handy how-to promises mind-blowing, toe-curling, highly spiritual sex for humble beginners, BDSM aficionados and everyone in between.

Urban Tantra: Sacred Sex for the Twenty-first Century ...

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About Urban Tantra, Second Edition. If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. Celebrating the 10th anniversary of Urban Tantra, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to discover new frontiers.

Urban Tantra, Second Edition by Barbara Carrellas ...

Barbara Carrellas is the founder of the Urban Tantra ® Professional Training Program. She is the author of Urban Tantra: Sacred Sex for the Twenty-First Century, Ecstasy is Necessary: A Practical Guide to Sex, Relationships and Oh So Much More, and Luxurious Loving: Tantric Inspirations for Passion and Pleasure.Barbara's pioneering Urban Tantra ® workshops were named best in New York City ...

Team - Urban Tantra® Professional Training Program

Urban Tantra® is a radically updated Tantra practice for modern sexual/spiritual explorers that can be used by everyone. Tantra is not only a sexual practice; it is a way of life and a path to spiritual growth. On the Tantric path, pleasure, vision and ecstasy are celebrated and can be found in both everyday life and.

Urban Tantra®: Sacred Sex for the 21st Century - Sex & Dec 2...

Urban Tantra ® is a radically updated conscious sexuality/sacred sex practice for modern sexual and spiritual explorers. The Urban Tantra ® Professional Training Program is designed especially for—but is not limited to—people who work with sex and sexuality. This intensive workshop will give you the skills to take your practice to the next level—both personally and professionally.

About - Urban Tantra® Professional Training Program

Sex educator Carrellas is on a mission to bring Tantra-the ancient practice of sacred sex, in which interpersonal connection and transformative ecstasy are the norm-to the modern world, to reclaim sex from "messed-up, sexually-dysfunctional, judgmental, and ignorant culture," and to shift the urban sex paradigm from recreational activity to a ...

Urban Tantra, Second Edition by Barbara Carrellas (ebook)

Buy Urban Tantra: Sacred Sex for the Twenty-First Century 2nd Revised edition by Barbara Carrellas, Annie Sprinkle (ISBN: 9780399579684) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Urban Tantra, Second Edition: Sacred Sex for the Twenty ...

Written with wit and humor, Barbara's URBAN TANTRA keeps sex real, and, best of all, the rituals are fun."-Betty Dodson, PhD, author of Sex for One and Orgasms for Two"If you ever thought Tantra wasn't for you-too foreign or gimmicky or New Agey, or not edgy enough for your radical sex explorations-Barbara Carrellas will cure you of all ...

Urban Tantra: Sacred Sex for the Twenty-First Century by ...

Cath was one of the founders of Urban Tantra. Hayley Caspers brought her onto the team back in the early 90's when the team was just Chester Mainard, Hayley and me. Yamini Kathryn Toohey, Cyndi Darnell and Jenny Navarro joined soon after and we became family—bonded by a love of transcendent, grounded, sacred silliness, and a willingness to show up everywhere and anywhere a group might ...

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