

# Patient Medical Record

Patient Name	Ananya Sharma
Age	29 Years
Gender	Female
Blood Group	O+
Primary Condition	Heart Disease
Diagnosis	Mild Coronary Artery Disease
Symptoms	Chest discomfort, Shortness of breath, Palpitations, Fatigue
Medical History	Family history of heart disease, High cholesterol
Lifestyle Factors	Sedentary lifestyle, High stress, Non-smoker
Current Medications	Statins, Beta-blockers, Low-dose Aspirin
Recent Vitals	BP: 130/85 mmHg, HR: 82 bpm, BMI: 26.1

## Doctor Notes

Patient is advised regular cardiac follow-ups, lifestyle modifications including a heart-healthy diet, regular physical activity, stress management techniques, and adherence to prescribed medication. Early intervention is emphasized due to young age.