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મી-વેદવૃત્તમાય નમઃ

મીમલ્લ-મુદ્-મહુર-રુગવદ્-પરમ્પરાગત-મુલામાય-મવલ્લ-
પીં મી-કાણી-કામકેદિ-પીં
અગસ્તુર-મી-મહુરગાદ-શ્રામિ-મીમં-મંમુનમા

મીમળીય-પણ્ડિત-મદઃ વેદ-પદ્મ-મામુ-પરિપાલન-મદા ય

॥ વિશ્વાવમુ-મિંદુ-રુદ્પદ-પ્રલિમા - યદુગુલ્મા ॥

રાઠ-માપ-ગુમ્મા 7-મેષ્ઠુગા-2025 ચમુમયાડા પરમા

વેદ-પદ્મ-મામુ-પરિપાલન-મદા

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ଗୁରୁ-ମନ୍ତ୍ର: (ଚାରତ୍ର ମନ୍ତ୍ର) କାନ୍ଦୁକ୍ଷୁ | ମେଘଭାଗ 07 - 08

ମୁକ୍ତ:	21:57	
ନିର୍ମାଣନା	23:01	ସୁରଭିଭାଗ (ମନ୍ତ୍ର), ଉଦ୍ଭାଗ (ମନ୍ତ୍ର)
ମୃତ୍ୟୁ	23:42	
ଉଦ୍ଭାଗନା	00:23 (ସପରାତ୍ରି)	ମୃତ୍ୟୁ (ମନ୍ତ୍ର)
ମେଘ:	01:26 (ସପରାତ୍ରି)	ମେଘ-ଭାଗ (ମନ୍ତ୍ର)

ନିର୍ମାଣନା = ଗୁରୁ-ପ୍ରାଣ-ସୁରଭି, ଉଦ୍ଭାଗନା = ଗୁରୁ-ପ୍ରାଣ-ମୃତ୍ୟୁ:

ଗୁରୁ-ପ୍ରାଣ-ଭାଗ - ପ୍ରାଣ

ପିଠିତାମି ନବତ୍ରି				
ପ୍ରବ-ପ୍ରେଷ୍ଠପଦ*, ମତ୍ରିଧିକା, ଉଦ୍ଭାଗ-ପ୍ରେଷ୍ଠପଦ, ପ୍ରବତ୍ତ୍ୱ, ବିମାପା (ପ୍ରାଣିନ-ବାହୁ-ଗାଳିତ-ଋଷି ଓଭାମି ସପି - ମତ୍ରିଧିକା, ମ୍ରିଷ୍ଠ, ସୁଦ୍ଧ, ସ୍ୱାଦୀ)				
ପିଠିତା: ଗମୟ:				
ସଞ୍ଜିକା	କୁନ୍ଦ*	ଭୀନ:	କାକ:	ବୃଷ୍ଟିକ:
ମୃତ୍ୟୁ	ଭିଷ୍ମନା	ଭିନ୍ନ:	ତୁଳା	ଭକ୍ତ:

(* = ଗୁରୁକାଳିକା)

(ମାତ୍ରି-ମ୍ରିକା:)

ଅଧା ଗମିନୀ ମୁଦ୍-ଘରା - ମେଘ, ବୃଷ୍ଟି, କୃତ୍ୱ, ପ୍ରାଣ

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Kannada: Dr Ramprasad, Hindi: Kum Vanchitha Bharanidharan

Instructions specific for this grahanam

Ahara niyama

- One yāma is one fourth of the day or night (about 3 hours).
- On the previous day, food may be taken before midday (about 12 o'clock). In extreme western parts of (Akhandā) Bharat (Narayana Sarovar, Karachi), food may only be taken upto the first yama of that day (about 09:45).
- Due to this, the shraddha to be done that day for purnima tithi should be done on the next day (of Prathama).
- No food is to be taken that night.
- For those like children/elders who are not able to stay without food, it is practical to take alpa aharam like gruel (yavagu / kanji) as early as possible before sunset.
- Definitely during the grahanam nothing should be eaten.

Correct time for chandra grahana anushtana

- Modern publications may show 20:58 to 02:25 as the span of this eclipse. But that includes the penumbral phase of the eclipse which is not visible to the eye. 21:56 to 01:26 is the correct time of the visible umbral phase of the eclipse suitable for anushtana.

Upcoming grahanas visible in Bharat

- The next Chandra Grahana is after six months on Vishvavasu year Kumbha Phalgunā Purnima evening (2026 March 03).

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- The next Surya Grahana is two years away on Plavanga year Kataka Ashadha Amavasya (2027 August 02).

⇒ पृथैगः

General notes for all grahanas

Jyautisha details

- A lunar eclipse happens because of the earth's shadow falling on the moon. So start and end times of Chandra Grahana will not change depending on where we see it from.
- A solar eclipse happens because of the moon's shadow falling on the earth. Due to the movement of this shadow on the surface of the earth, each place will have different start and end times of Surya Grahana.
- The sandhi of amavasya-prathama or purnima-prathama is known as parva.
- Globally, a solar eclipse will start before this parva in amavasya at one place and end after it in prathama at another place. But the matter of individual places is different. A grahana occurring in the morning can end within amavasya before prathama. A grahana occurring in the evening can start in prathama after amavasya.
- However since for a lunar eclipse has only one global start and end time, it will always start before the parva in purnima and end after it in prathama.
- In case of grasta udaya, grahana will start before the rise of sun or moon in our place. But it will obviously be visible only after rise.
- In case of grasta astamana, grahana will end after the set of sun or moon in our place. But it will obviously be visible only until set.

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- In the case of a lunar eclipse, the penumbra of the earth (where only a part of the sun is blocked) does not cause a visible darkening of the moon and is hence not considered for anushtanam.

Bhojana niyamas

- For four yāmams (≈ 12 hours) before the solar eclipse food should not be eaten. It is three yāmas (≈ 9 hours) for a lunar eclipse.
- Food is not to be taken in the night before surya grasta udaya and day before chandra grasta udaya.
- Food is not to be taken in the night after surya grasta astamana and day after chandra grasta astamana.
- Young children (≈ 7 years old), elderly (≈ 70 years old), and sick people need not observe this. Those who cannot observe this can adopt a light diet like milk, fruit. Even in this case, it is necessary to avoid food for at least 1 yāmam (≈ 3 hours) before.
- Certainly food is not to be taken during the eclipse by anyone.
- None of these restrictions apply to the intake of mother's milk by infants. The age of the child may be taken into consideration.
- Water, food that is apakva (i.e. uncooked food items) - the sampradāya is to protect them with darbha grass. These can be used after eclipse. But food cooked before grahaṇa is not edible after the eclipse.

Beginning of anushtana

- Before the start of the eclipse, make sure to keep ready the change of garments, the āsanās for the anushtana (ritual), and the tirthapātra.

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Make sure that all those who have to offer tarpana have their own sesame, darbha, tarpana books.

- Once the eclipse has begun, one should bathe with the clothes that were worn. Secure water for the grahana anushtana. Put on garments that were kept separately.

Grahana Ashaucha

- Do not touch anything other than what is needed for the anushtanas at the time of eclipse, especially bed / mat / cloth, till the bath is complete after the eclipse. If touched, they have to be washed before reusing them. This niyama (restriction) is called grahaṇa āśaucam.
- Other āśaucas like that of the birth / death do not preclude the ability to do this eclipse-related karma. Such people have 'śuddhi' for the duration of the eclipse. Menstruating women too need to bathe with a separately secured water.

Grahana Shraddham

- The ancestors are to be propitiated with shraddham / tarpaṇam during the eclipse. It is also done during the lunar eclipse that occurs at night.
- In case of Surya Grahanam, if it occurs on the same day as Amavasya Shraddha/Tarpana, there are two opinions:
- Many texts say that the Grahana Shraddha is performed the same way as Amavasya Shraddha ie women ancestors are propitiated together with their husbands and not separately. In such case, only Grahana Shraddha is to be performed.

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- One tradition holds that the women ancestors are to be propitiated separately in Grahana Shraddha (but not in Amavasya Shraddha). In such case, Grahana Shraddha and Amavasya Shraddha should be done separately.
- Make the decision as per how you are performing the grahana shrad-dham.
- Annual shraddham that is to be performed on the day of grahana may need to be performed on the next day.

Do-s and don't-s during the punya kala

- Avoid doing wasteful things. This is an ideal time for worship and prayer.
- If the grahana occurs during sandhya kala, sandhyavandanam is to be definitely observed even during the grahana. Arghya is to be given before rise or set of sun and japam is then to be done.
- Mantra japa at the time of eclipses is of great benefit. This is also the best time to get mantra initiation.
- Do not sleep or engage in natural impulses during the eclipse. Therefore, it is better to complete any required toileting beforehand.
- Dana-s performed during grahana punya kala-s accrue immensely more punya. Do as much dana as possible.
- In grahana punya kala, all water is equal to Ganga for snanam and anushthanam. All vedadhyayis are equal to Brahma or Vyasa to accept danam. All danam is equal to bhu danam. All places are equal to Kurukshetram. So wherever we may be, we must certainly do snanam danam japam etc.

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- The stotra to ashta dik palakas praying for grahana dosha nivritti is to be read. This stotra is given later.
- In case of very short grahana-s, do whatever is possible: at least arambha snanam with short sankalpam and set aside something for danam. For grahana shraddha/tarpana if at least sankalpa is done within the punya kala, the rest can be completed as soon as possible even if the grahana is over.
- Eclipse should not be observed with naked eyes. You can see with the strength of the light on the garment if desired. Or (if not clear) you can see the reflection - in glass, in water or in a mirror.
- Pregnant women should not be exposed either to the moonlight or sunlight during the respective eclipse. Therefore, they should avoid looking at the sun. It is best to perform the Bhagavannāma japam or stotram etc. at that time in the interest of the pregnancy.
- After the eclipse is over, one should bathe with the garment that is worn. This mokṣa snāna is very important. If not, the impurity will continue till the next eclipse.
- Even in case of grasta astamana, moksha snana is to be done after the time of moksha as known by shastra. Only after that other smarta anushthanas such as aupasanam or shrauta anushthanas such as sayandoham may be done.

Grahana shanti/pariharam

- The people born in the rashi/nakshatra in which grahana occurs may if possible perform shanti in the form of homa next day.

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- If grahana occurs in rashis 3, 6, 10, 11 from janma rashi, it will give shubha phala. If it occurs in rashis 2, 5, 7, 9 it will give somewhat ashubha phala. If it occurs in rashis 1, 4, 8, 12 it will give more ashubha phala.
- The same when counted from the grahana rashi: rashis 11, 8, 4, 3 will get shubha phala. Rashis 12, 9, 7, 5 will get somewhat ashubha phala. Rashis 1, 10, 6, 2 will get more ashubha phala.
- The nakshatra in which grahana occurs, the preceding and succeeding nakshatras, the 10th (anujanma) and 19th (trijanma) nakshatras also receive ashubha phala.
- That is, those born in the rashi/nakshatras receiving ashubha phala will have problems due to the effect of previous karma. Therefore, they should follow the anushtanas with more zeal and do parihara.
- A simple form of parihara is given **later**.

Punya kala nirnayam

- Even if one cannot see the sun or moon due to clouds etc, the punya kalam is from when the grahana begins until when it ends as determined by jyautisha shastra.
- In the case of grasta udayam, the punyakalam is only after the rise of sun or moon. In the case of grasta astamanam, the punyakalam is only until the set of sun or moon. Generally, the punya kalam is when the grahana can be visible.
- In case of grasta astamana, the sandhya japa which was started already is to be continued upto the time of moksha even after the punya kala is over.

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- There is a practice of doing tarpanam in krishna paksha during grahana. But since a solar eclipse can start after amavasya is over as said earlier, and in case of grasta astamana of chandra, this is not always possible. However, since anushthana is mandatory for occurrence of grahana, one should do even if there is no krishna paksha.
- If a solar eclipse occurs on a Sunday or a lunar eclipse on a Monday (from Monday sunset till Tuesday sunrise) then it is called a Chudamani grahana and the punya kalam accrues limitless benefit.
- Rise/set timings given here if any are calculated as per our tradition. Here refraction or bending of light by the air near the horizon is not considered since it is unpredictable. Modern publications calculate refraction approximately showing rise times a few minutes earlier and set times a few minutes later. For anushthana, traditional times are to be taken.

॥गुरु-सुरभुभान-मङ्कलः॥

सुमभनभा। सुक्ताभरणं + मातृषो। प्रालम्बाभः।

उदेव लग्नं भूमिने उदेव उरगलं मन्मलं उदेव।
विष्टुगलं देवगलं उदेव लक्ष्मीपतेरक्षिपुगं भूराभि॥

मपविः पविः वा मन्वावभूगतेऽपि वा।
यः भूरेद्वृषीकां म गृह्णतृपुरः सुमिः॥

भानमं वापिकं पापं कम्पु मभुपास्तिउभा।
मीरभः भूरात्तैव वृषेरुति न मंसयः॥
मीरभ रभ रभा

उषिविपूमुषा वारे नरुं विपूरेव म।
वेगस्तु करं तैव मवं विपूभयं एगता॥
मीररे गेविनु गेविनु गेविनु।

वेद-पद्म-साम्-परिपालन-मरु

મહાપાતકાનાં મહાપાતક-મનુમરુદ્ધાનીનાં મમપાતકાનાં ઉપપાતકાનાં મલિની-
કરનાં ગરુડન-મુદ્ધન-ઉપલીવનનીનાં મપાડીકરનાં અડિંમકરનાં
વિહિતકમુદ્ધાગ-નિહિતમમારનાંનીનાં હનતઃ મહુડા કુડાનાં મહનતઃ મમહુડા
કુડાનાં મવેધાં પાપાનાં મમુઃ મપતેદનાં -

મહાગાંપટ્ટાદિ-મમમુ-વૈદિક-દેવતા-મવિષે (____-નમુઃ પુવે / દલિલ / પશ્ચિમે /
ઉત્તરે ડીરે / ____-પુષ્ટ-ડીરે) યન્નુ-ગુલ્લ-પુષ્ટ-કાલે ગુલ્લ-મુરમુધાનાં મહં કરિષ્ઠે
(મપ ઉપમુદ્ધા)

ગક્ક ગક્કેડિ યે રૂયાદૈનનાં મડૈરપિ
મુદ્ધે મવપાપેરુ વિપ્પલેકં મ ગમ્મડિ

ગક્ક ય યમુને યૈવ ગેદ્ધવરિ મરમુડિ
નમ્મદે મિરુ કાવેરિ અલેધ્મિના મવિષિં કુશ

મહિકુર મહાકાથ કલ્પુરુદ્ધનેપમા
ઠૈરવાથ નમમુદ્ધા મનુહં દાડુમા મમ્મિ

(પેલ્લ-મરુઃ/ધાન-મરુઃ)

(મહા વમું દ્વા કુલાદારવડા પુષ્ટનારનાં ય કુદ્ધ મુદ્ધમુદ્ધે કુદ્ધાડા)

॥ઉદ્ધ-મહુલ્લ॥

મપવિરુઃ પવિરે વા + પુષ્ટાડિષે

(પ્રાણીનાવીડી) ગેરુનાંમા + પુષ્ટાડિષે

યન્નુ-ગુલ્લ-પુષ્ટ-કાલે વજ્રદ્વય-પિરુનાં ઉમ્મિમુ ડિલ-ઉદ્ધં કરિષ્ઠે

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॥ગુરુ-પરિકારઃ॥

પીઠિતાનિ નક્ષત્રાણિ

પુષ્ક-પૈષ્ઠપદ્મ*, મત્રિકા, ઉદુર-પૈષ્ઠપદ્મ, પુનઃપુષ્ક, વિમાળા

(પ્રાચીન-વાક્ય-ગણિત-સૂત્રા ડાહ્યાનિ ચપિ - મત્રિકા, મૃતિકા, મુદ્રા, મ્હાત્રી)

પીઠિતાઃ રામયઃ

મૃતિકા	કુમ્ભ*	મીનઃ	કલકઃ	વૃક્ષિકઃ
મૃતુભા	મિષ્ટનભા	મિંદુઃ	તુલા	મકરઃ

(* = ગુરુકાલિકા)

ઉત્પન્નતે દેવપરમ્ણુ રથઃ પ્રાપ્તમે વાયુ-કુરુ-મથાઃ।

મહાન્નદેભ મમ રામિ-મંત્રુ પૈષ્ઠપદ્મ મમયતુ મથે॥

Those born in the previously mentioned rashis/nakshatras should perform parihara. Write the above verse on a card or a palm leaf and chant least a few times before tying it on the forehead.

The grahana is of Chandra. Paddy dhanya pleases Chandra.

Thus when the eclipse is over, perform danam of the above dhanyas with this card / palm leaf and offer it on the same or next day along with tam-būlam and some dakṣiṇa.

Repeat the following eight verses below as many times as possible.

॥પરિકાર-મૈત્રુભા॥

ચૈભૈ વસ્તુને દેવઃ મુદિટ્ટાનં પરુદ્મઃ।

મરુમ્નયનઃ મત્ઃ ગુરુપીઠં વૃષ્ટેરુઃ॥૦॥

માપં યઃ મથદેવાનં મપ્રાક્ષિરમિત્તદ્મિઃ।

પ્રાપ્તુદેવપરમેશ્વર મથિઃ પીઠં વૃષ્ટેરુઃ॥૦॥

યઃ કમ્ભાલી લેકાનં યમે મરિધવાનઃ।

પ્રાપ્તુદેવપરમેશ્વર ગુરુપીઠં વૃષ્ટેરુઃ॥૦॥

વેદ-પદ્મ-મામ્-પરિપાલન-મથા

રહેગલ્લપિપઃ માહાડા પ્લયાનલમત્રિરુઃ
 ઉગ્ઃ કરાલે નિગાંતિઃ ગુરુપીઠં વૃપેરુડુ॥૬॥

નાગપામળે દેવઃ મહા મકરવારુનઃ
 વરુલે અલલેકેમે ગુરુપીઠં વૃપેરુડુ॥૭॥

યઃ પાલ્લુપે લેકાનં વાયુઃ કુપ્લુમગપિયઃ
 યન્મુદેપરાગેઠું ગુરુપીઠં વૃપેરુડુ॥૮॥

થેમૈ નિપિપતિરુવઃ પદ્મુલળે વરઃ
 યન્મુદેપરાગેઠું કલ્પં મે વૃપેરુડુ॥૯॥

થેમૈ મુલળે રુદ્ઃ મહુરે વૃધવારુનઃ
 યન્મુદેપરાગેઠું દેધં નામચરુ મુડામા॥૧૦॥



॥પાન-મહુલ્લઃ॥

મમેપાટ્ટ + પીટું ____ ગેરેમુવમૃ / ગેરેમુવાયાઃ ____ નરુરુ ____ રામે રુડમૃ /
 રુડાયાઃ ____-મદ્મલ્લઃ/-નામઃ/-નામૃઃ યન્મુગુલ્લ-કાલિક-રામિ-નરુરુદ્મિ-મુપિત્તયા
 મમુવિત્તમૃ મવવિપ્પમૃ મનિષ્ઠમૃ પરિભારાઠું યષામકિ કિરિષ્ટાનં કરિષ્ઠે

કિરિષ્ટાગદુ-ગદુમું કૈમરીં વિરુવમેઃ

મનરુ-પ્રુષ્ટ-દ્વલદ્વમા મરુઃ મારિં પ્રયમ્લ મે॥

____ ગેરેમુવમૃ / ગેરેમુવાયાઃ ____ નરુરુ ____ રામે રુડમૃ / રુડાયાઃ ____-મદ્મલ્લઃ/-
 નામઃ/-નામૃઃ યન્મુગુલ્લ-કાલિક-રામિ-નરુરુદ્મિ-મુપિત્તયા મમુવિત્તમૃ મવવિપ્પમૃ
 મનિષ્ઠમૃ પરિભારાઠું ડં કિરિષ્ટ મદ્મલ્લકં મરુમુલં રુદ્મલ્લય — રુદ્મમા / મનમા
 ઉદ્મિષ્ટાચ / યમૈકમૈપિદ્મા — મરુ મમુદ્મ ન મમા

॥મેલ-પાન-મહુલ્લઃ॥

મમેપાટ્ટ-મમમુ-પ્રિત-રુચ-સ્વા મીપરમેસ્વર-પીટું યન્મુગુલ્લ-મેલ-પાનં કરિષ્ઠે



વેદ-પદ્મ-મામૃ-પરિપાલન-મહુ