

(Translation of letter from Shrimatam)

**Parayana of Shri Narasimha Karunarasa Stotra for ensuring suraksha and
yoga kshema of the followers of Sanatana Dharma**

By the orders of the Mahasannidhanam Jagadguru Shankaracharya Shri Kanchi Kamakoti Moolamnaya Sarvajna Peetadhipatis, it is notified that –

Our Sanatana Vaidika Hindu Dharma only prays “lokaḥ samastāḥ sukhino bhavantu”. However many events giving irreparable grief to those following this Sanatana Dharma that stems from the Vedas of the Rishis have recently occurred in areas like Kashmira, Bengal etc. Only by Divine Grace those thus suffering should get peace, the concerned locations of Akhanda Bharata should recover to normalcy, people should live with Dharma and happiness.

Here especially when suffering befalls those following dharma due to adharmic people, of the forms of Sarveshvara to protect the afflicted, Bhagavan of the form of Shri Narasimha is to be worshipped. That is why Shri Shankara Bhagavatpada used the adjectives “Prahlada-kheda-parihāra-parāvātāra”, “Bhaktānurakta-paripālana-pārijāta” etc. It is the Karuna-rasa of Lakshmi-sameta Narasimha, that this stuti including such phrases seeks, and so it is called Karuna-rasa-stuti. It seeks the extending of the kara (hand) for avalamba (support) and uplifting of the one fallen in difficulty, and so it is called Karavalamba-stotra.

With prayers to Bhagavan Lakshmi Narasimha to nourish and strengthen shraddha in Sanatana Dharma in Bharatiya people, and to make that shraddha meaningful by giving protection, **on the evening of Narasimha Jayanti** (Vaishakha Shukla Chaturdashi) of the current Vishvavasū year (2025 May 11, Bhanu-vasara) **devotees, following achara, should do parayana of Lakshmi Narasimha Karuna Rasa (Karavalamba) Stotra at least three times.** May the nation attain suraksha and saukhya thereby!

Yatra Sthanam - Kanchipuram

Shankarabda #2534 Vishvavasū year, Shri Shankara Jayanti, Bhrigu vasara
(2025 May 02)

Note – Panakam (one part of jaggery dissolved into two and a half parts of water, with powders of dried ginger and elaichi added) is to be done naivedyam unto
Bhagavan and distributed to devotees

Need to use a proper script for Samskritam

Even though Bhagavan understands all languages, the power of our Bharatiya languages cannot be matched in expressing our cultural values especially when rising to the plane of conversing with Bhagavan. Of them, the Samskrita bhasha is special in that it is pan-Bharatiya. Hence our scriptures, anushtana paddhati-s and a lot of bhakti sahitya texts are in Samskrita only.

We know that in Samskritam, especially for anushtanam, sound/pronunciation is important. Therefore one should write and read sankalpa shloka-s etc for anushtanam in an appropriate script which is capable of distinguishing all the sounds of Samskritam.

Now the Latin (English) script was evolved for other languages, and we all know the difficulty of correlating spelling and pronunciation even in English. Further, more letters are required to write Samskritam than English as there are more sounds in it. However, since Latin script is widely known, scholars felt it useful to create a Latin-based transliteration system for Samskritam.

In such a system, Latin letters which may be casually applied to different sounds need to be differentiated. For instance in Rama the first or second “a” may denote a long sound. This is differentiated as Rāma or Ramā. Similarly, other marks called diacritics are used to differentiate sounds as in āā īī ūū ṛṛ ḷḷ ṁṁ ḥḥ ṇṇ ṭṭ ḍḍ ṣṣ. Aspirated (mahāprāna) sounds are denoted with an additional h as in k/kh, g/gh, c/ch, j/jh, ṭ/ṭh, ḍ/ḍh, t/th, d/dh, p/ph, b/bh.

However, a system is useful only if followed correctly. If diacritics or added h-s are ignored and we do not read with the intended pronunciation, then the transliteration is no longer useful for its intended purpose. It is very easy to ignore diacritics as they are not in daily use. It would then have altogether been better to use a script which actually has different symbols for the sounds.

Therefore it is strongly recommended to learn a Bharatiya script like Devanagari, Grantha, Telugu, Kannada etc which has clearly different letters to denote the various sounds. Our documents are published in many such scripts.

However, with a view to help people who are not able to immediately learn such scripts, we are now publishing documents in Latin transliteration as well as per the system called International Alphabet of Sanskrit Transliteration (IAST). For the above reasons, people should use these as a temporary measure till they learn a Bharatiya script.

The Samskrita varnamala in IAST is given below with Devanagari equivalents:

a अ, ā आ, i इ, ī ई, u उ, ū ऊ, ṛ ॠ, ṛ ॡ, ḷ ॢ, ḷ ॣ

e ए, ai ऐ, o ओ, au औ, am अं, ah अः

ka क, kha ख, ga ग, gha घ, ṇa ङ

ca च, cha छ, ja ज, jha झ, ña ञ

ṭa ट, ṭha ठ, ḍa ड, ḍha ढ, ṇa ण

ta त, tha थ, da द, dha ध, na न

pa प, pha फ, ba ब, bha भ, ma म

ya य, ra र, la ल, va व, śa श, ṣa ष, sa स, ha ह

hara hara śaṅkara

om

jaya jaya śaṅkara



śrī-vedavyāsāya namaḥ

śrīmad-ādyā-śaṅkara-bhagavatpāda-
paramparāgata-mūlāmnāya-sarvajña-pīṭham
śrī-kāñcī-kāmakoti-pīṭham
jagadguru-śrī-śaṅkarācārya-svāmi-śrīmaṭha-
samsthānam

gaṅgā-pūjā
||pradhāna-pūjā||

(ācamya)

[vighneśvarapūjāṃ kṛtvā]

śuklāmbara-dharaṃ viṣṇuṃ śaśi-varṇaṃ caturbhujam|
prasanna-vadanaṃ dhyāyet sarva-vighnopaśāntaye||
prāṇānāyamyā| mamopātta + ... ṛṇa-traya-vimocanārthaṃ gaṅgā-
bhāgīrathī-prasāda-siddhyarthaṃ gaṅgā-pūjāṃ kariṣye|

caturbhujāṃ tri-nayanāṃ śuddha-sphaṭika-sannibhāṃ|
dhyāye'haṃ makarārūḍhāṃ śubhra-vastrāṃ śuci-smitāṃ||
gaṅgā-devīm dhyāyāmi||

viṣṇu-pādābja-sambhūte viśvanātha-śīraḥ-sthite|
āvāhayāmi gaṅge tvāṃ bhaktābhīṣṭa-phala-prade||
gaṅgā-devīm āvāhayāmi

veda-dharma-śāstra-paripālana-sabhā

☎ 9884655618

☎ 8072613857

✉ vdspsabha@gmail.com

🌐 vdspsabha.org

muktā-ratna-suvarṇādi-khacitaṃ sundaraṃ śubham|
 siṃhāsanam pradāsyāmi gr̥hāṇa makarāsane ||
 gaṅgā-devyai namaḥ, āsanam samarpayāmi||

sindhvādi-saridudbhūtaṃ gandha-puṣpa-samanvitam|
 pādyam dadāmyaham devi prasīda parameśvari||
 gaṅgā-devyai namaḥ, pādyam samarpayāmi||

brahma-pātra-samudbhūte gaṅge tri-patha-gāmini|
 gr̥hāṇārghyam pradāsyāmi jahnu-kanye namo'stu te||
 gaṅgā-devyai namaḥ, arghyam samarpayāmi||

suvarṇa-kalaśānītaṃ nānā-gandha-suvāsitam|
 ācamyatāṃ mayā dattaṃ gr̥hāṇāmṛta-varṣiṇi||
 gaṅgā-devyai namaḥ, ācamanīyam samarpayāmi||

payodadhi-ghṛta-kṣaudra-rambhā-phala-samanvitam|
 pañcāmṛtamidaṃ devi svīkuruṣva maheśvari||
 gaṅgā-devyai namaḥ, pañcāmṛtasnānam samarpayāmi||

narmadā-yamunā-sindhu-godāvaryāhṛtairjalaiḥ|
 snāpayāmi śive bhaktyā bhāgīrathi namo'stu te||
 gaṅgā-devyai namaḥ, snānam samarpayāmi|| snānānantaram ācamanīyam
 samarpayāmi||

vaidūrya-padmarāgādi-khacitaṃ mekhalānvitam|
 suvarṇa-sūtra-samyuktaṃ kṣaumaṃ dāsyāmi gr̥hyatām||
 gaṅgā-devyai namaḥ, vastram samarpayāmi||

malayācala-sambhūtaṃ kastūrī-kuṅkumānvitam|
 karpūra-miśritaṃ gandham gr̥hāṇa parameśvari||
 gaṅgā-devyai namaḥ, gandhān dhārayāmi||

akṣatān śāli-sambhūtān haridrā-kuṅkumānvitān|
 pūjārtham saṅgrhāṇemān akṣayya-phala-dāyini||
 veda-dharma-śāstra-paripālana-sabhā

gaṅgā-devyai namaḥ, akṣatān samarpayāmi||

vajra-vaidūrya-māṇikyā-padmarāgādi-nirmitam |
kaṅkaṇaṃ kara-śobhārthaṃ kāmītārtha-phala-prade||
gaṅgā-devyai namaḥ, ābharaṇāni samarpayāmi||

ketakī-tulasī-bilva-mallikā-kamalādibhiḥ |
punnāgairarcayāmi tvāṃ grhāṇāmara-vandite||

gaṅgā-devyai namaḥ, puṣpamālāṃ samarpayāmi|| puṣpaiḥ sampūjayāmi|

atha aṅga-pūjā||

pāpa-parvata-nāśinyai namaḥ	pāḍau pūjayāmi
bhakta-vatsalāyai namaḥ	gulphau pūjayāmi
jagaddhātryai namaḥ	jaṅghe pūjayāmi
jāhnavyai namaḥ	jānunī pūjayāmi
śaila-sutāyai namaḥ	ūrū pūjayāmi
samudra-gāmīnyai namaḥ	kaṭiṃ pūjayāmi
makarārūḍhāyai namaḥ	guhyaṃ pūjayāmi
ānanda-varḍhinyai namaḥ	jaghanam pūjayāmi
gaṅgāyai namaḥ	nābhiṃ pūjayāmi
jagat-kukṣyai namaḥ	udaram pūjayāmi
viśāla-vakṣase namaḥ	vakṣaḥ-sthalaṃ pūjayāmi
hlāḍinyai namaḥ	hṛdayaṃ pūjayāmi
sustanyai namaḥ	stanau pūjayāmi
taraṅgiṇyai namaḥ	pārśvau pūjayāmi
unnata-kaṇṭhyai namaḥ	kaṇṭhaṃ pūjayāmi
trailokya-sundaryai namaḥ	skandhau pūjayāmi
amṛta-kalaśa-hastāyai namaḥ	hastān pūjayāmi
līlā-śuka-dhāriṇyai namaḥ	bāhūn pūjayāmi

vidyā-prakāśinyai namaḥ
 trailokya-vāsinyai namaḥ
 sunāsikāyai namaḥ
 makara-kunḍala-dhāriṇyai namaḥ
 bimboṣṭhyai namaḥ
 anātha-rakṣinyai namaḥ
 cañcala-gatyai namaḥ
 alaka-nandāyai namaḥ
 tilaka-dhāriṇyai namaḥ
 jñāna-rūpiṇyai namaḥ
 amṛta-bimbāyai namaḥ
 kirīṭa-dhāriṇyai namaḥ
 bhāgīrathyai namaḥ

mukhaṃ pūjayāmi
 lalāṭaṃ pūjayāmi
 nāsikāṃ pūjayāmi
 śrotre pūjayāmi
 oṣṭhe pūjayāmi
 adharaṃ pūjayāmi
 jihvāṃ pūjayāmi
 gaṇḍa-sthalaṃ pūjayāmi
 phālaṃ pūjayāmi
 cubukaṃ pūjayāmi
 alakān pūjayāmi
 śiraḥ pūjayāmi
 sarvāṅgāni pūjayāmi

gaṅgāṣṭottaraśatanāmāvaliḥ

śrī-gaṅgāyai namaḥ
 viṣṇu-pādābja-sambhūtāyai namaḥ
 hara-vallabhāyai namaḥ
 himācalendra-tanayāyai namaḥ
 giri-maṇḍala-gāminyai namaḥ
 tārakārāti-jananyai namaḥ
 saagarātmaja-tārikāyai namaḥ
 sarasvatī-samāyuktāyai namaḥ
 su-ghoṣāyai namaḥ
 sindhu-gāminyai namaḥ 10
 bhāgīrathyai namaḥ
 bhāgya-vatyai namaḥ
 bhagīratha-rathānugāyai namaḥ
 trivikrama-padodbhūtāyai namaḥ
 tri-loka-patha-gāminyai namaḥ

kṣīra-śubhrāyai namaḥ
 bahu-kṣīrāyai namaḥ
 kṣīra-vṛkṣa-samākulāyai namaḥ
 tri-locana-jaṭā-vāsinyai namaḥ
 ṛṇa-traya-vimocinyai namaḥ 20
 tripurāri-śiraścūḍāyai namaḥ
 jāhnavyai namaḥ
 nara-bhīti-hṛte namaḥ
 avyayāyai namaḥ
 nayanānanda-dāyinyai namaḥ
 naga-putrikāyai namaḥ
 nirañjanāyai namaḥ
 nitya-śuddhāyai namaḥ
 nīrajālī-pariṣkṛtāyai namaḥ
 sāvitryai namaḥ 30

salilāvāsāyai namaḥ
 sāgarāmbu-samedhinyai namaḥ
 ramyāyai namaḥ
 bindu-sarovyaktāyai namaḥ
 vṛndāraka-samāśritāyai namaḥ
 umā-sapatnyai namaḥ
 śubhrāṅgāyai namaḥ
 śrī-matyai namaḥ
 dhavalāmbarāyai namaḥ
 ākhaṇḍala-vanāvāsāyai namaḥ 40
 khaṇḍendu-kṛta-śekharāyai namaḥ
 amṛtākāra-salilāyai namaḥ
 līlā-laṅghita-parvatāyai namaḥ
 viriñci-kalaśāvāsāyai namaḥ
 tri-veṇyai namaḥ
 tri-guṇātmikāyai namaḥ
 saṅgatāghaughā-śamanyai namaḥ
 śaṅkha-dundubhi-niḥsvanāyai na-
 maḥ
 bhīti-ghnyai namaḥ
 bhāgya-jananyai namaḥ 50
 bhinna-brahmāṇḍa-darpiṇyai na-
 maḥ
 nandinyai namaḥ
 śīghra-gāyai namaḥ
 siddhāyai namaḥ
 śaraṇyāyai namaḥ
 śaśi-śekharāyai namaḥ
 śaṁ-karyai namaḥ
 śapharī-pūrṇāyai namaḥ
 bharga-mūrdha-kṛtālayāyai namaḥ

bhava-priyāyai namaḥ 60
 satya-sandha-priyāyai namaḥ
 haṁsa-svarūpiṇyai namaḥ
 bhagīratha-sutāyai namaḥ
 anantāyai namaḥ
 śaraccandra-nibhānanāyai namaḥ
 oṅkāra-rūpiṇyai namaḥ
 atulāyai namaḥ
 krīḍā-kallola-kāriṇyai namaḥ
 svarga-sopāna-saraṇyai namaḥ
 sarva-deva-svarūpiṇyai namaḥ 70
 ambhaḥ-pradāyai namaḥ
 duḥkha-hantryai namaḥ
 śānti-santāna-kāriṇyai namaḥ
 dāridrya-hantryai namaḥ
 śiva-dāyai namaḥ
 saṁsāra-viṣa-nāśinyai namaḥ
 prayāga-nilayāyai namaḥ
 śītāyai namaḥ
 tāpa-traya-vimocinyai namaḥ
 śaraṇāgata-dīnārta-paritrāṇāyai na-
 maḥ 80
 su-mukti-dāyai namaḥ
 pāpa-hantryai namaḥ
 pāvanāṅgāyai namaḥ
 para-brahma-svarūpiṇyai namaḥ
 pūrṇāyai namaḥ
 purātanāyai namaḥ
 puṇyāyai namaḥ
 puṇya-dāyai namaḥ
 puṇya-vāhinyai namaḥ

hara hara śaṅkara

8

jaya jaya śaṅkara

pulomajārcitāyai namaḥ 90
pūtāyai namaḥ
pūta-tri-bhuvanāyai namaḥ
jayāyai namaḥ
jaṅgamāyai namaḥ
jaṅgamādhārāyai namaḥ
siddha-yogi-niṣevitāyai namaḥ
jala-rūpāyai namaḥ
jagad-dhātryai namaḥ
jagad-bhūtāyai namaḥ

janārcitāyai namaḥ 100
jahnu-putryai namaḥ
jaganmātre namaḥ
jambū-dvīpa-vihārīṇyai namaḥ
bhava-patnyai namaḥ
bhīṣma-mātre namaḥ
siddha-ramya-svarūpa-dhṛte na-
maḥ
umā-sahodaryai namaḥ
ajñāna-timirāpahṛte namaḥ 108

||iti śrī-gaṅgāṣṭottaraśata-nāmāvaliḥ sampūrṇā||

gaṅgā-devyai namaḥ, nānā-vidha-parimala-patra-puṣpāṇi samarpayāmi||

candanāgaru-mustādi-ghṛta-guggulu-saṃyutam
daśāṅga-dravya-saṃyuktaṃ dhūpo'yaṃ pratigṛhyatām||
gaṅgā-devyai namaḥ, dhūpam āghrāpayāmi||

sājyaṃ tri-varti-saṃyuktaṃ vahninā yojitaṃ mayā
gr̥hāṇa maṅgalaṃ dīpaṃ trailokya-timirāpaham||
gaṅgā-devyai namaḥ, dīpaṃ darśayāmi||

śālyannaṃ vyañjanairyuktaṃ sūpāpūpa-ghṛtānvitam
kṣīrānnaṃ laḍḍukopetaṃ bhujyatāmamṛtāśini||
gaṅgā-devyai namaḥ, naivedyaṃ samarpayāmi||

pūgī-phala-samāyuktaṃ nāga-vallī-dalairyutam
karpūra-cūrṇa-saṃyuktaṃ tāmbūlaṃ pratigṛhyatām||
gaṅgā-devyai namaḥ, karpūra-tāmbūlaṃ samarpayāmi||

tejaḥ-puñja-svarūpe te tejasā bhāsitam jagat
nīrājayāmi gaṅge tvam bhaktābhīṣṭa-phala-prade||
gaṅgā-devyai namaḥ, nīrājanaṃ samarpayāmi||

veda-dharma-śāstra-paripālana-sabhā

gaṅge tri-patha-ge divye jāhnavi tridiva-sthite|
 pradakṣiṇaṃ karomi tvāṃ praṇatāghaughā-nāśini||
 gaṅgā-devyai namaḥ, pradakṣiṇa-namaskārān samarpayāmi||

prāleyācala-sambhūte prācīnābdhi-samāgame
 prāṇināṃ bhava-roga-ghni pūjā-sampūrṇatāṃ kuru|
 putra-pautra-dharā-dhānya-paśu-puṇya-phalodayam
 dehi me devi bhaktiṃ te tvat-pāda-kamale sadā||
 gaṅgā-devyai namaḥ, prārthanāṃ samarpayāmi||
 pūjānte kṣīrārghya-pradānaṃ kariṣye|

brahma-pātra-samudbhūte gaṅge tri-patha-gāmini|
 trailokya-vandite devi grhāṇārghyaṃ namo'stu te||1||
 gaṅgāyai namaḥ idamarghyam idamarghyam idamarghyam||

tapanasya sute devi yama-jyeṣṭhe yaśasvini|
 śuddhānāṃ śuddhi-de devi grhāṇārghyaṃ namo'stu te||2||
 yamunāyai namaḥ idamarghyam idamarghyam idamarghyam||

viriñci-tanaye devi brahmarandhra-nivāsini|
 sarasvati jaganmātargrāṇārghyaṃ namo'stu te||3||
 sarasvatyai namaḥ idamarghyam idamarghyam idamarghyam||

gaṅgā-yamunayormadhye yatra guptā sarasvatī|
 trailokya-vandite devi triveṇyarghyaṃ namo'stu te||4||
 triveṇyai namaḥ idamarghyam idamarghyam idamarghyam||

ekārṇave mahākalpe suṣuptau mādharma-prabhoh|
 paryāṅka vaṭa-rāja tvāṃ grhāṇārghyaṃ namo'stu te||5||
 vaṭa-rājāya namaḥ idamarghyam idamarghyam idamarghyam||

veṇī-mādhava sarva-jña bhaktepsita-phala-prada|
 saphalāṃ kuru me yātrāṃ veṇī-mādhava te namaḥ||6||
 tīrtha-rājāya namaḥ idamarghyam idamarghyam idamarghyam||

veda-dharma-śāstra-paripālana-sabhā

tri-veṇi tryambake devi tri-vidhāgha-vināśini|
 tri-mārge tri-guṇe trāhi tri-veṇi śaraṇāgatam||
 prārthanāṃ samarpayāmi ||

kāyena vācā manasendriyairvā
 buddhyā”tmanā vā prakṛteḥ svabhāvāt|
 karomi yadyat sakalaṃ parasmai
 nārāyaṇāyeti samarpayāmi||

om tat sad brahmārpaṇamastu|
 || iti gaṅgā-pūjā-kalpaḥ sampūrṇaḥ ||

||gaṅgāṣṭottaraśatanāmastotram||

śrī-gaṅgā viṣṇu-pādābja-sambhūtā hara-vallabhā|
 himācalendra-tanayā giri-maṇḍala-gāmini||1||

tārakārāti-janani sāgarātmaja-tārikā|
 sarasvatī-samāyuktā su-ghoṣā sindhu-gāmini||2||

bhāgīrathī bhāgya-vatī bhagīratha-rathānugā|
 trivikrama-padodbhūtā tri-loka-patha-gāmini||3||

kṣīra-śubhrā bahu-kṣīrā kṣīra-vṛkṣa-samākulā|
 tri-locana-jaṭā-vāsinyṛṇa-traya-vimocinī ||4||

tripurāri-śiraścūdā jāhnavī nara-bhīti-hṛt|
 avyayā nayanānanda-dāyinī naga-putrikā||5||

nirañjanā nitya-śuddhā nīrajāli-parīṣkṛtā|
 sāvitṛī salilāvāsā sāgarāmbu-samedhinī||6||

ramyā bindu-sarovyaktā vṛndāraka-samāśritā|
 umā-sapatnī śubhrāṅgā śrī-matī dhavalāmbarā||7||

veda-dharma-śāstra-paripālana-sabhā

ākhaṇḍala-vanāvāsā khaṇḍendu-kṛta-śekharā|
amṛtākāra-salilā līlā-laṅghita-parvatā||8||

viriñci-kalaśāvāsā tri-veṇī tri-guṇātmikā|
saṅgatāghaughā-śamanī śaṅkha-dundubhi-niḥsvanā||9||

bhīti-ghnī bhāgya-jananī bhinna-brahmāṇḍa-darpiṇī|
nandinī śīghra-gā siddhā śaraṇyā śaśi-śekharā||10||

śaṁ-karī śapharī-pūrṇā bharga-mūrdha-kṛtālayā|
bhava-priyā satya-sandha-priyā haṁsa-svarūpiṇī||11||

bhagīratha-sutā 'nantā śaraccandra-nibhānanā|
oṅkāra-rūpiṇyatulā krīḍā-kallola-kāriṇī||12||

svarga-sopāna-saraṇiḥ sarva-deva-svarūpiṇī|
ambhaḥ-pradā duḥkha-hantrī śānti-santāna-kāriṇī||13||

dāridrya-hantrī śiva-dā saṁsāra-viṣa-nāśinī|
prayāga-nilayā śītā tāpa-traya-vimocinī||14||

śaraṇāgata-dīnārta-paritrāṇā su-mukti-dā|
pāpa-hantrī pāvanāṅgā para-brahma-svarūpiṇī||15||

pūrṇā purātanā puṇyā puṇya-dā puṇya-vāhinī|
pulomajārcitā pūtā pūta-tri-bhuvanā jayā||16||

jaṅgamā jaṅgamādhārā siddha-yogi-niṣevitā|
jala-rūpā jagad-dhātrī jagad-bhūtā janārcitā||17||

jahnu-putrī jaganmātā jambū-dvīpa-vihāriṇī|
bhava-patnī bhīṣma-mātā siddha-ramya-svarūpa-dhṛt|
umā-sahodarī [caiva] ajñāna-timirāpahṛt||18||

||iti śrī-gaṅgāṣṭottaraśatanāma-stotram sampūrṇam||



veda-dharma-śāstra-paripālana-sabhā

☎ 9884655618 ➡

☎ 8072613857 ➡

✉ vdspsabha@gmail.com

🌐 vdspsabha.org