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શ્રી-વેદવ્યાસાય નમઃ

શ્રીમદ્-આધ-શકુર-ભગવત્પાદ-પરમ્પરાગત-મૂલામ્નાય-  
સર્વજ્ઞ-પીઠમ્  
શ્રી-કાઞ્ચી-કામકોટિ-પીઠમ્  
જગદ્ગુરુ-શ્રી-શકુરાચાર્ય-સ્વામિ-શ્રીમઠ-સંસ્થાનમ્

## સૂર્ય-અર્ઘ્ય-પ્રદાનમ્

### Method of women offering Arghya to Surya

After bathing, wearing clean clothes, tilakam etc, taking clean water in a tirtha patram, this must be offered **thrice every day** with devotion.

It must be done facing **east** in the morning and facing **west** in the evening. For noon, east until midday, and west if it has elapsed.

Pray to Surya with the first shloka. Chanting the second shloka three times, offer arghyam for each repetition.

**Arghya** means to join the two hands joined together, cupped and palms facing up, taking water in them and give with devotion.

### Do-s and don't-s

Arghya must be offered in a waterbody such as a river or in a clean place. If that is not possible, it may be offered in a plate or vessel and then poured away in another clean place.

The water offered as arghya should not get mixed with dirty water. It should not be touched by feet. If it spills where feet might touch it, wipe it away.

વેદ-ધર્મ-શાસ્ત્ર-પરિપાલન-સભા

☎ 9884655618

☎ 8072613857

✉ vdspsabha@gmail.com

🌐 vdspsabha.org

Not only for this, but for any anushthanam, vessels used must be made of traditional metals such as copper, brass etc. Stainless steel should not be used.

If one incurs an ashaucham, one can mentally pray to Surya but perform this only after it has elapsed and one acquires shuddhi.

### Meanings of the verses

**Prarthana:** Come O Surya! You are the thousand-rayed effulgence! You are the ruler of this world! Oh causer of daytime! Please accept my arghyam, showing compassion towards my devotion.

**Arghyam:** O supreme being who shine with many rays! Your brilliance pervades everywhere! You are the one who created this world. You are pure. You are the witness to all the happenings of this world. You are the one that gives the fruits of actions to beings! To you my prostrations!

## ॥પ્રાર્થના॥

એહિ સૂર્ય સહસ્રાંશો તેજોરાશે જગત્પતે  
અનુકમ્પય માં ભક્ત્યા ગૃહાણાર્ધ્ય દિવાકરા

## ॥અર્ધ્ય-પ્રદાનમ્॥

નમો વિવસ્વતે બ્રહ્મન્ ભાસ્વતે વિષ્ણુતેજસે  
જગત્સવિત્રે શુચયે સવિત્રે ફલદાયિને  
(એવં ત્રિઃ)

વેદ-ધર્મ-શાસ્ત્ર-પરિપાલન-સભા

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☎ 8072613857

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🌐 vdspsabha.org