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#### JAGADGURU SRI SANKARACHARYA SWAMIGAL Srimatam Samsthanam

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#### सुरक्षार्था वैदिकी श्री-नरसिंह-उपासना

महासन्निधानानां श्री-काञ्ची-कामकोटि-मूलाम्नाय-सर्वज्ञ-पीठाधिपति-जगद्गुरु-शङ्कराचार्य-स्वामिनाम् आज्ञया विज्ञप्यते -

अस्माकं सनातनं वैदिकं धर्मम् अवलम्बमानानाम् अत्यन्त-दुःखदाः काश्च घटनाः अचिरात् काश्मीर-वङ्गादिषु देशेषु सञ्जाताः। तद् मनसि निधाय इदं सूच्यते यत् अस्माकं जनानां सुरक्षार्थं प्रार्थयमानैः आगामिन्यां नरसिंह-जयन्त्यां (२०२५ मै ११, भाजनासरे) वेदं विद्वांसः अध्यापयन्तः अधीयानाश्च इत्थं कुर्युः -

- 1. तद-दिने प्रातः शीघ्रमेव स्नानं सन्ध्यावन्दनम् इत्यादीनि नित्य-कर्माणि समाप्य, श्री-नरसिंह-गायत्री-मन्त्रस्य १०८-वारं जपः कार्यः।
- 2. "उग्रं वीरम्" इति श्री-नरसिंह-महामन्त्रस्य १००८-वारम् अथवा ३३६-वारम् अथवा यावच्छक्ति जपः कार्यः।
- 3 यत्र सम्भवति अनेनैव मन्त्रेण होमः कर्तव्यः।
- 4. सर्वस्माद् आहारात् प्राग् इदं कार्यम् । अपेक्षायां सत्यां वृद्धाः बालाः च लवण-रहितं द्रव-आहारं (तक्रं यवाग्ं) प्राश्रीयः।

अन्ये विशेषतः स्त्रियश्च तद्-दिने सायं श्री-शङ्कर-भगवत्पादैः अनुगृहीतस्य श्री-नरसिंह-करुणारस-(करावलम्ब-)स्तोत्रस्य अवरतः त्रि-वारं पारायणं कुर्युः। For Sri Kanchi Kamakoti Peetam Srimatam Samsthanan

यात्रा-स्थानम् - काञ्चीपुरम्

शाङ्कराब्दः २५३४ विश्वावसु-वत्सरः, श्री-शङ्कर-जयन्ती (२०२५ मै २) भूग-वासरः

सूचना - पानकं (गुडं सार्धिद्वगुणेन जलेन मिश्रयित्वा तत्र शुण्ठीचूर्णम् एलाचूर्णं च योजयित्वा निर्मितं) भगवते नरसिंहाय निवेदितं कृत्वा भक्तेभ्यो वितरणीयम्।

## (Translation of letter from Shrimatam) **Shri Narasimha Upasana in Vaidika form for protection**

By the orders of the Mahasannidhanam Jagadguru Shankaracharya Shri Kanchi Kamakoti Moolamnaya Sarvajna Peetadhipatis, it is notified that –

In view of recent events giving severe grief to those following our Sanatana Vaidika Hindu Dharma, it is advised that, with a prarthana for protection of our people, on the upcoming Narasimha Jayanti (Vaishakha Shukla Chaturdashi, 2025 May 11), Vedic scholars, adhyapakas and vidyarthis may do the following:

- 1. After completing snanam, sandhyavandanam and other nitya karmanushthanam early that day, the **Shri Narasimha Gayatri should** be chanted 108 times.
- 2. The Shri Narasimha Mahamantra "ugram veeram" should be chanted 1008 times or 336 times or as much possible.
- 3. Wherever possible homa with the same mantra should be done.
- 4. This should be done before any food. Senior citizens and children may take liquid food (buttermilk, kanji) without salt if needed.

Others and particularly women should do parayanam of Shri Narasimha Karunarasa (Karavalamba) Stotram by Shri Shankara Bhagavatpada at least three times in the evening on that day.

**Yatra Sthanam** – Kanchipuram Shankarabda #2534 **Vishvavasu year, Shri Shankara Jayanti**, Bhrigu vasara (2025 May 02)

Note – Panakam (one part of jaggery dissolved into two and a half parts of water, with powders of dried ginger and elaichi added) is to be done naivedyam unto Bhagavan and distributed to devotees

#### Need to use a proper script for Samskritam

Even though Bhagavan understands all languages, the power of our Bharatiya languages cannot be matched in expressing our cultural values especially when rising to the plane of conversing with Bhagavan. Of them, the Samskrita bhasha is special in that it is pan-Bharatiya. Hence our scriptures, anushthana paddhati-s and a lot of bhakti sahitya texts are in Samskrita only.

We know that in Samskritam, especially for anushthanam, sound/pronunciation is important. Therefore one should write and read sankalpa shloka-s etc for anushthanam in an appropriate script which is capable of distinguishing all the sounds of Samskritam.

Now the Latin (English) script was evolved for other languages, and we all know the difficulty of correlating spelling and pronunciation even in English. Further, more letters are required to write Samskritam than English as there are more sounds in it. However, since Latin script is widely known, scholars felt it useful to create a Latin-based transliteration system for Samskritam.

In such a system, Latin letters which may be casually applied to different sounds need to be differentiated. For instance in Rama the first or second "a" may denote a long sound. This is differentiated as Rāma or Ramā. Similarly, other marks called diacritics are used to differentiate sounds as in aā iī uū rṛṛ lll̄ mṃ hḥ nṅñṇ tṭ dḍ sśṣ. Aspirated (mahāprāna) sounds are denoted with an additional h as in k/kh, g/gh, c/ch, j/jh, t/th, d/dh, t/th, d/dh, p/ph, b/bh.

However, a system is useful only if followed correctly. If diacritics or added h-s are ignored and we do not read with the intended pronunciation, then the transliteration is no longer useful for its intended purpose. It is very easy to ignore diacritics as they are not in daily use. It would then have altogether been better to use a script which actually has different symbols for the sounds.

Therefore **it is strongly recommended to learn a Bharatiya script** like Devanagari, Grantha, Telugu, Kannada etc **which has clearly different letters to denote the various sounds**. Our documents are published in many such scripts.

However, with a view to help people who are not able to immediately learn such scripts, we are now publishing documents in Latin transliteration as well as per the system called International Alphabet of Sanskrit Transliteration (IAST). For the above reasons, people should use these as a temporary measure till they learn a Bharatiya script.

The Samskrita varnamala in IAST is given below with Devanagari equivalents:

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a अ, ā आ, i इ, ī ई, u उ, ū ऊ, ṛ ऋ, ṭ ऋ, ṭ ॡ, ṭ ॡ ṭa ट, ṭha ठ, ḍa ड, ḍha ढ, ṇa ण
e ए, ai ऐ, o ओ, au औ, aṃ अं, aḥ अः ta त, tha थ, da द, dha ध, na न
ka क, kha ख, ga ग, gha घ, ṇa ङ pa प, pha फ, ba ब, bha भ, ma म
ca च, cha छ, ja ज, jha झ, ña ञ ya य, ra र, la ल, va व, śa रा, ṣa प, sa प, sa प, sa प, sa प, sa ए, sa ए,
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#### om











śrīmad-ādya-śaṅkara-bhagavatpādaparamparāgata-mūlāmnāya-sarvajña-pīṭham śrī-kāñcī-kāmakoṭi-pīṭham jagadguru-śrī-śaṅkarācārya-svāmi-śrīmaṭhasaṃsthānam

# ||narasiṃha-jayantī-japa-pārāyaṇam|| saṅkalpaḥ

mamopātta-samasta-durita-kṣaya-dvārā śrī-parameśvaraprītyarthaṃ śubhe śobhane muhūrte adya brahmaṇaḥ dvitīya-parārdhe śvetavarāha-kalpe vaivasvata-manvantare aṣṭāviṃśatitame kali-yuge prathame pāde jambū-dvīpe bhārata-varṣe bharatakhaṇḍe meroḥ dakṣiṇe pārśve asmin vartamāne vyāvahārikāṇāṃ prabhavādīnāṃ ṣaṣṭyāḥ saṃvat-sarāṇāṃ madhye viśvāvasu-nāma-saṃvatsare uttarāyaṇe vasanta-ṛtau meṣa-vaiśākha-māse śukla-pakṣe caturdaśyāṃ śubhatithau bhānuvāsara-yuktāyāṃ svātī-nakṣatrayuktāyāṃ vyatīpāta-yogayuktāyāṃ garajā-karaṇa (06:47; vaṇijā-karaṇa)yuktāyām evaṃ-guṇa-viśeṣaṇa-viśiṣṭāyām asyāṃ caturdaśyāṃ śubha-tithau bhagavataḥ śrī-narasiṃhasya prasādena -

o akhaṇḍa-bhārate anyatra ca sanātana-dharma-avalambināṃ surakṣā-siddhaye

- o viśeṣataḥ tad-rakṣaṇe udyatānām adhikāriṇāṃ sainikānām anyeṣāṃ ca tadartha-apekṣita-śraddhā-sāmarthya-dhairya-viśvāsa-puṣṭaye
- o adhikāriņām deśa-rakṣaṇārtha-āntara-bāhya-ānukūlyasya siddhaye
- o bhārata-deśasya, sanātana-dharmasya ca antaḥśatrūṇāṃ bahiḥśatrūṇāṃ sarveṣāṃ niḥśeṣam unmūlanāya
- o dharma-virodhinām dūrataḥ utsāraṇāya, tat-protsāhakānām pratibandhanāya, teṣām sarveṣām durvicāra-parityāga-pūrvaka-sadbuddhiprāptaye
- o ye bhū-bhāgāḥ nyāyataḥ bhāratasya pradeśāḥ, tatra ākrāntavatāṃ svayameva pratinivṛttyā, teṣāṃ bhū-bhāgānāṃ bhāratāṅgatva-siddhaye
- o dharma-virodha-vaśād vyāpāditānām jīvānām sad-gati-prāptaye, tad-bandhūnām manaḥ-śāntaye
- o dharma-virodha-pīḍiteṣu pradeśeṣu śīghrameva surakṣā-pūrvakaśānta-svābhāvika-sthiteḥ punarāgamanāya
- o janānām dhārmikatayā santoṣeṇa jīvanasya siddhaye

narasiṃha-gāyatryāḥ aṣṭottaraśata-saṅkhyayā narasiṃha-mantrarājasya ca aṣṭottarasahasra-saṅkhyayā japaṃ kariṣye |

## ||śrī-narasimha-gāyatrī||

oṃ vajranakhāya vidmahe tīkṣṇadaṃṣṭrāya dhīmahi| tanno nārasiṃhaḥ pracodayāt||

### ||śrī-narasimha-mahāmantrah||

asya śrī-narasiṃha-mahāmantrasya nārada ṛṣiḥ, anuṣṭup chandaḥ, śrī-narasiṃho devatā| śrī-narasiṃha-prasāda-sidhyarthe jape viniyogaḥ||

ugram vīram mahāviṣṇum jvalantam sarvatomukham nṛsiṃham bhīṣaṇam bhadram mṛtyumṛtyum namāmyaham

kāyena vācā manasendriyairvā buddhyā"tmanā vā prakṛteḥ svabhāvāt karomi yad yat sakalaṃ parasmai nārāyaṇāyeti samarpayāmi

## ||lakṣmī-nṛsiṃha-karuṇā-rasa-stotram||

śrīmat-payonidhi-niketana cakra-pāṇe
bhogīndra-bhoga-maṇi-rājita-puṇya-mūrte
yogīśa śāśvata śaraṇya bhavābdhi-pota
lakṣmī-nṛsiṃha mama dehi karāvalambam 1
brahmendra-rudra-marudarka-kirīţa-koţi-
saṅghaṭṭitāṅghri-kamalāmala-kānti-kānta
lakṣmī-lasat-kuca-saroruha-rājahaṃsa
lakṣmī-nṛsiṃha mama dehi karāvalambam 2
saṃsāra-dāva-dahanākara-bhī-karoru-
jvālāvalībhiratidagdha-tanūruhasya
tvat-pāda-padma-sarasī šaraņāgatasya
lakṣmī-nṛsiṃha mama dehi karāvalambam  3
saṃsāra-jāla-patitasya jagannivāsa
sarvendriyārtha-badisagra-jhasopamasya
protkampita-pracura-tāluka-mastakasya
lakṣmī-nṛsiṃha mama dehi karāvalambam  4
saṃsāra-kūpamatighoramagādha-mūlaṃ
samprāpya duḥkha-śata-sarpa-samākulasya
dīnasya deva kṛpayā padamāgatasya
lakṣmī-nṛsiṃha mama dehi karāvalambam  5
saṃsāra-bhī-kara-karīndra-karābhighāta-
nispīdyamāna-vapusah sakalārti-nāsa
prāṇa-prayāṇa-bhava-bhīti-samākulasya
lakṣmī-nṛsiṃha mama dehi karāvalambam 6
saṃsāra-sarpa-viṣa-digdha-mahogra-tīvra-
damstrāgra-koti-paridasta-vinasta-mūrteh
nāgāri-vāhana sudhābdhi-nivāsa śaure
lakṣmī-nṛsiṃha mama dehi karāvalambam   7

saṃsāra-vṛkṣamagha-bījamananta-karma- śākhā-yutaṃ karaṇa-patramanaṅga-puṣpam āruhya duḥkha-phalitaṃ patato dayālo
lakṣmī-nṛsiṃha mama dehi karāvalambam   8
saṃsāra-sāgara-viśāla-karāla-kāla- nakra-graha-grasita-nigraha-vigrahasya vyagrasya rāga-nicayormi-nipīḍitasya lakṣmī-nṛsiṃha mama dehi karāvalambam   9
saṃsāra-sāgara-nimajjana-muhyamānaṃ dīnaṃ vilokaya vibho karuṇā-nidhe mām prahlāda-kheda-parihāra-parāvatāra lakṣmī-nṛsiṃha mama dehi karāvalambam 10
saṃsāra-ghora-gahane carato murāre mārogra-bhīkara-mṛga-pracurārditasya ārtasya matsara-nidāgha-suduḥkhitasya lakṣmī-nṛsiṃha mama dehi karāvalambam 11
baddhvā gale yama-bhaṭā bahu tarjayantaḥ karṣanti yatra bhava-pāśa-śatairyutaṃ mām ekākinaṃ para-vaśaṃ cakitaṃ dayālo lakṣmī-nṛsiṃha mama dehi karāvalambam  12
lakṣmī-pate kamala-nābha sureśa viṣṇo yajñeśa yajña madhusūdana viśva-rūpa brahmaṇya keśava janārdana vāsudeva lakṣmī-nṛsiṃha mama dehi karāvalambam 13
ekena cakramapareṇa kareṇa śaṅkham anyena sindhu-tanayāmavalambya tiṣṭhan vāmetareṇa varadābhaya-padma-cihnaṃ lakṣmī-nṛsiṃha mama dehi karāvalambam 14

andhasya me hṛta-viveka-mahādhanasya corairmahā-balibhirindriya-nāmadheyaiḥ mohāndhakāra-kuhare vinipātitasya lakṣmī-nṛsiṃha mama dehi karāvalambam 15 prahlāda-nārada-parāśara-puņḍarīkavyāsādi-bhāgavata-pungava-hṛnnivāsa bhaktānurakta-paripālana-pārijāta lakṣmī-nṛsiṃha mama dehi karāvalambam 16 lakṣmī-nṛsiṃha-caraṇābja-madhu-vratena stotram kṛtam śubha-karam bhuvi śankarena ye tat pațhanti manujā hari-bhakti-yuktā: tat-pada-sarojamakhaṇḍa-rūpam 17 yānti liti śrīmacchankara-bhagavatpāda-viracitam śrī-lakṣmī-nṛsiṃha-karuṇā-rasa-stotram sampūrṇam

