

(Translation of letter from Shrimatam)

Shri Narasimha Upasana in Vaidika form for protection

By the orders of the Mahasannidhanam Jagadguru Shankaracharya Shri Kanchi Kamakoti Moolamnaya Sarvajna Peetadhipatis, it is notified that –

In view of recent events giving severe grief to those following our Sanatana Vaidika Hindu Dharma, it is advised that, with a prarthana for protection of our people, on the upcoming **Narasimha Jayanti** (Vaishakha Shukla Chaturdashi, **2025 May 11**), **Vedic scholars, adhyapakas and vidyarthi**s may do the following:

1. After completing snanam, sandhyavandanam and other nitya karmanushthanam early that day, the **Shri Narasimha Gayatri** should be chanted **108 times**.
2. The **Shri Narasimha Mahamantra “ugram veeram”** should be chanted **1008 times** or 336 times or as much possible.
3. Wherever possible **homa with the same mantra** should be done.
4. This should be done before any food. Senior citizens and children may take liquid food (buttermilk, kanji) without salt if needed.

Others and particularly women should do parayanam of Shri Narasimha Karunarasa (Karavalamba) Stotram by Shri Shankara Bhagavatpada **at least three times** in the evening on that day.

Yatra Sthanam – Kanchipuram

Shankarabda #2534 **Vishvavasv** year, **Shri Shankara Jayanti**, Bhrigu vasara
(2025 May 02)

Note – Panakam (one part of jaggery dissolved into two and a half parts of water, with powders of dried ginger and elaichi added) is to be done naivedyam unto Bhagavan and distributed to devotees