# Samantha A. Morel, PhD 832-304-8894 samantha@drsamanthamorel.com



# **EDUCATION**

Ph.D. Purdue University, West Lafayette, IN

Aug 3, 2019

Counseling Psychology (APA Accredited)

GPA: 3.97

Advisor: Eric Deemer, Ph.D.

Dissertation (Defended Dec 6, 2018): Exploring a career path towards well-being: How parental behaviors, career values awareness, and career decision-making self-efficacy impact well-being in undergraduate college students

Pre-Doctoral Internship: Texas A&M University Student Counseling Service (APA Accredited)

MS. Ed. Fordham University, New York, NY

2014

Program: Mental Health Counseling

GPA: 3.97

Master's Internship: Dr. Robins & Associates

B. S. Louisiana State University, Baton Rouge, LA

2012

Major: Psychology

GPA: 3.64

# **CLINICAL EXPERIENCE**

# Post-Doctoral Psychology Resident Samantha Morel, PhD, LLC, The Woodlands, TX

**Sep. 2019 – Present** 

Clinical Supervisor: Susan Pollard, Ph.D.

- Providing intakes and individual psychotherapy to clients of all ages.
- Offering comprehensive neurocognitive and psychological batteries (including neurological, cognitive, personality, executive functioning assessments) including comprehensive assessment reports and feedback to clients and referring clinicians (and parents).
- Engaging in weekly individual supervision.
- Provide outreach and community support to local area

Sep. 2019 – May. 2020

# Post-Doctoral Resident & Assistant Director of Psychological Assessment Houston Family Counseling, Humble, TX

Clinical Supervisor: Susan Pollard, Ph.D.

- Provided intakes and individual psychotherapy to clients of all ages on contract basis.
- Offered comprehensive neurocognitive and psychological batteries (including neurological, cognitive, personality, executive functioning assessments) including comprehensive assessment reports and feedback to clients and referring clinicians (and parents) on contract basis.
- Created procedures and policies related to assessment and ethical private practice.
- Engaged in weekly individual supervision.

# Pre-Doctoral Psychology Intern, Texas A&M University Aug. 2018 – Jul. 2019 Student Counseling Service (APA Accredited), College Station, TX

Training Director: Jason Hindman, Ph.D., ABPP

Primary Clinical Supervisors: Connie Langellier, Psy.D. (Fall) | Robert Carter, Ph.D., ABPP (Spring & Summer)

- Provided triage appointments, intakes, group counseling, and brief individual psychotherapy to college students presenting a variety of concerns, including effective documentation
- Responsible for a 2-hour per week crisis shift
- Engaged in 2 hours of weekly individual supervision and biweekly case consultation
- Provided supervision to practicum clinicians as an individual and group supervisor
- Engaged in specialized training rotations in Clinical Supervision (Fall with Dr. Christina Ingram), Cognitive Behavioral Therapy (Spring with Dr. Carrie Klemt), Psychological Assessment Administration (Spring with Dr. Christina Ingram)
- Responded to requests for outreach and create presentation materials (approx. once per month)
- Attended and participated in weekly didactics seminars on various clinical topics
- Regularly engaged in referral and consultation as appropriate given scope of the agency

# Advanced Doctoral Practicum, Purdue University Counseling and Psychological Services, West Lafayette, IN

**Aug. 2017 – May 2018** 

Training Director: Colleen Maguire Jackson, Ph.D. Primary Clinical Supervisor: Julie Beckwith, Psy.D.

- Conducted intake assessments and provided brief psychotherapy to a caseload of college students with a variety of DSM-5 diagnoses
- Composed detailed intake reports, session notes, and termination reports as appropriate
- Engaged in weekly individual and biweekly group supervisions, and didactic seminars

# **Doctoral Career Assessment Practicum, Purdue University** Purdue Counseling and Guidance Center, West Lafayette, IN

Summer 2016 & 2017

Primary Clinical Supervisor: Eric Deemer, Ph.D.

- Administered career and intellectual assessments to high school students (including semistructured interviews, NEO PI-R, Self-Directed Search, Strong Interest Inventory and Skills Confidence Inventory, and Woodcock-Johnson III Brief Battery)
- Interpreted and created integrated assessment reports, session notes, and termination reports
- Engaged in weekly group supervision

#### Advanced Doctoral Practicum, Indiana University-Purdue University Indianapolis Counseling and Psychological Services, Indianapolis, IN Aug. 2016 – May 2017

Training Director: Emily Williams, Psy.D.

Primary Clinical Supervisors: Becca Stemple, Psy.D. (Fall) | Michelle Doeden, Ph.D. (Spring)

- Provided intake assessments, weekly psychotherapy, and crisis interventions to a caseload of college students with a variety of DSM-5 diagnoses
- Engaged in weekly individual supervision, group supervision, and clinical didactic training

# **Doctoral Practicum, Purdue University** Purdue Counseling and Guidance Center, West Lafayette, IN

Aug. 2015 – May 2016

Primary Clinical Supervisors: Eric Deemer, Ph.D. (Fall) | Blake Allan, Ph.D. (Spring)

- Provided intake assessments, weekly psychotherapy, and crisis interventions to a caseload of college students and community members with a variety of DSM-5 diagnoses
- Composed detailed intake reports, session notes, and termination reports as appropriate
- Attended in weekly individual supervision and weekly case consultation

# Pre-Doctoral Clinical Experience

# **Fulltime Mental Health Professional**

Jul. 2014 – May 2015

# Community Empowerment Services, Baton Rouge, LA

Primary Clinical Supervisor: Walthena Gosa, LFMT

- Provided psychotherapy (1-4 times per week) to a caseload of clients (child, adolescent, and adult) with a variety of DSM-5 diagnoses
- Facilitated communication and advocating for clients' needs between client, parent, psychiatrists, and teachers as needed
- Attended and participated in weekly group supervision and monthly staff meetings and continuing education opportunities

# **Masters Internship**

Sep. 2013 – May 2014

# Dr. Robins & Associates, New York, NY

Director: Charles E. Robins, Ph.D.

Primary Clinical Supervisor: Elenor Daneshvar, Psy.D.

- Provided weekly trauma-focused psychotherapy to a caseload of clients with a variety of PTSD, Depression, Anxiety, and Post-Concussion Syndrome diagnoses
- Observed the administration of Neurocognitive and Psychological evaluations
- Attended and participated in weekly case conferences

# **GROUP EXPERIENCE**

# What's Next!? Group Therapy

Fall 2019 - Present

# Managing Anxiety Group, Texas A&M SCS

**Summer 2019** 

Co-facilitator with Alexandria Ambrose, Supervised by Dr. Esther Wright, Ph.D., ABPP

6-week semi-structured group designed for those who struggle with anxiety (7 students in the group)

#### **Understanding Self and Other Group, Texas A&M SCS**

Spring 2019

Co-facilitator with Robert Carter, Ph.D., ABPP

Unstructured process group where members gain a better understand of themselves, relationship patterns, and develop ways of changing these patterns to improve relationships (8 students in the group)

#### Strong Interest Inventory Workshop, Texas A&M SCS

Oct. 2018 & Mar. 2019

Created a presentation on the assessment and facilitated students in how to interpret their personalized results (approx. 10 students in each workshop)

# **Embracing Your Self-Worth Group, Texas A&M SCS**

**Fall 2018** 

Co-facilitator with Kari Keller-Becker, Ph.D.

8-week semi-structured group designed for those who struggle with feeling worthy or accepting themselves, and considering what it means to care for themselves (8 students in the group)

#### **Understanding Self and Other Group, Purdue University CAPS**

Spring 2018

Process Observer for Kyle Kittleson Psy.D. & Cheryl Wilson Psy.D.

- Unstructured process group where members gain a better understand of themselves, relationship patterns, and develop ways of changing these patterns to improve relationships (approx.. 8 students in the group)
- As process observer, I observed and gave feedback to the group on the process of the sessions, participated in supervision, as well as managed group notes/documentation

#### Mindfulness-Based Stress Management Group, IUPUI CAPS

Aug. 2016 – May 2017

Co-facilitator with Monica Villalta-Rabb, Psy.D. (Fall) | Michelle Doeden, Ph.D. (Spring)

6-week semi-structured group to teach about mindfulness and practice meditation techniques that can help reduce stress levels a5approx. 10 students in each group)

# **CLINICAL SUPERIVSION EXPERIENCE**

# **Individual Supervisor, Texas A&M SCS**

Jan. 2019 – Aug. 2019

- Served as the primary supervisor for one second-year counseling psychology doctoral student
- Participated in weekly 2-hour group supervision of supervision

# Practicum Group Supervision, Texas A&M SCS Co-facilitator with Christina Ingram, Ph.D.

**Fall 2018** 

- Co-facilitated weekly 2-hour clinical group supervision and provided feedback to supervisees (4 practicum students in the group)
- Participated weekly in one hour of individual supervision of supervision

#### TEACHING EXPERIENCE

# **Graduate Assistant, Purdue University**

**Summer 2018** 

**Collaborative Leadership and Interpersonal Skills (EDPS 315)** 

Primary Supervisor: Brittany Gundel, Ph.D.

- Assisted in reformulating course outline, manuals, and guidelines for upcoming sections
- Researched and integrated new materials for the course
- Developed online resources and a class website for instructors to in facilitating courses

# **Instructor, Purdue University**

Aug. 2016 – May 2018

# Collaborative Leadership and Interpersonal Skills (EDPS 315)

Primary Supervisor: Brittany Gundel, Ph.D.

- Instructor of record for four sections over two semesters (Approx. 25 students per section)
- Facilitated student learning in areas of leadership, active listening and interpersonal skills
- Created course material, taught bi-weekly classes, graded assignments, provided students with feedback, answered student questions, held office hours and managed online course website

# **Instructor, Purdue University Academic and Career Planning (EDPS 105)**

Aug. 2015 – Dec. 2016

Primary Supervisor: Colleen Brown, M.S.

- Instructor of record for five sections over three semesters (Approx. 20 students per section)
- Facilitated student learning in areas of career exploration and decision-making
- Generated course material, taught bi-weekly classes, graded assignments, provided students with feedback, answered student questions, held office hours and managed online course website

• Engaged in weekly to instructor preparation meetings

# **Instructor, Purdue University**

**Spring 2016** 

# **Introduction to Research Methods in Psychology Lab (PSY 203)**

Primary Supervisor: Thomas Redick, Ph.D.

- Instructor of record for one section (Approx. 22 students)
- Facilitated student learning in areas of research methods and APA writing
- Generated course material, taught class once a week, graded assignments, provided students feedback, answered student questions, and managed online course website

# Undergraduate Teaching Assistant, Louisiana State University Statistical Analysis Lab

**Spring 2012** 

Primary Supervisor: Michael McKenna

• Collaborated with the graduate teaching assistant to teach lab lessons, answered student questions on lab material, and assisted with SAS software problems (Approx. 20 students)

# RESEARCH EXPERIENCE

# **Doctoral Student, Career Development Research Lab**

Aug. 2015 – June 2018

Research Supervisor: Eric Deemer, Ph.D.

- Actively participated in team-based research projects investigating the intrapersonal and sociocultural factors that influence individuals' academic- and career-related attitudes, decisions, and behaviors.
- Engaged in weekly research meetings to support and supervisee lab mate's work

# Research Assistant, Starr Career Development Center Baruch College, New York, NY

**Apr. 2013 – May 2014** 

Research Supervisor: Richard Orbé-Austin, Ph.D.

- Facilitated research focused on Asian American college students and factors of career decision making self-efficacy, ethnic identity, English language fluency, and career development
- In charge of all data entry, verification, cleaning, and analysis

# Research Assistant, Anxiety and Addictive Behaviors Laboratory Louisiana State University, Baton Rouge, LA Aug. 2011 – May 2012

Research Supervisor: Julie Buckner, Ph.D.

- Screened for eligible study participants and engaged in data entry, verification, cleaning
- Served as a confederate in experiments aimed at understanding the processes involved in anxiety disorders, substance use disorders, and their co-occurrence

Research Assistant, Beck Visual Cognition Research Laboratory Louisiana State University, Baton Rouge, LA Aug. 2010 – May 2011

Research Supervisor: Melissa Beck, Ph.D.

- Ran an intensive experiment related to research on theoretical and applied questions related to visual attention and memory
- Responsible for following protocol that required manipulation of an eye-tracking device and answered participant questions related to experiments

# **PUBLICATIONS & PRESENTATIONS**

#### **Publications**

- Deemer, E. D., Yough, M., **Morel, S. A**. (2017). Performance-approach goals, science task choice, and academic procrastination: Exploring the moderating role of competence perceptions. *Emotion and Motivation*. https://doi.org.ezproxy.lib.purdue.edu/10.1007/s11031-017-9649-z
- Deemer, E. D., Dotterer, A., **Morel, S. A.**, Bastnagel, A. (2017). Undergraduate students' achievement goals for conducting research: Examining the motivational benefits of classroom affiliation. *Learning Environments Research*, 20(3), 325-338.
- Ponterotto, J.G., Reynolds, J. D., **Morel, S. A**, & Cheung, L. (2015). Psychobiography training in psychology in North America: Mapping the field and charting a course. *Europe's Journal of Psychology*, *11* (3), 459-475.

#### **Presentations**

- **Morel, S. A**, Chen, C., Jensen, L., & Deemer, E. (2018, April). *Differing perceptions of support? Exploring high school students' and parents' perceptions of career behaviors.* Poster session presented at the annual meeting of the Great Lakes Regional Counseling Psychology Conference, Kalamazoo, MI.
- Morel, S. A. (2017, October). Exploring a career path towards well-being: How parental behaviors, career values awareness, and career decision-making self-efficacy impact well-being in undergraduate college students. Brown Bag lecture presentation for Purdue College of Educational Studies.
- Deemer, E. D., Dolson, J., **Morel, S. A.,** Bastnagel, A. (2016, August). *Psychological Well-Being of Women Engineers: Examining the Moderating Role of Gender Bias in the Workplace*. Poster session presented at the annual American Psychological Association, Denver, CO.
- Morel, S. A., & Deemer, E. D. (2016, April). Symptoms of depression and academic major decision-making self-efficacy: Examining the moderating roles of parental attachment and academic support/guidance. Poster session presented at the annual meeting of the Great Lakes Regional Counseling Psychology Conference, Bloomington, IN.

# COMMITTEE MEMBERSHIP & PROFESSIONAL DEVELOPMENT ACTIVITIES

# **Training Committee, Texas A&M SCS**

Jan. 2019 - Jul. 2019

• Serve as an engaged member of the committee focused on continuity of training program, access to training, and aspects of the training program as they relate to the center's needs

# Suicide Prevention Training Team, Texas A&M SCS

Jan. 2019 - Jul. 2019

- Attended a 2-day long training to deliver Campus Connect and Question, Persuade, Refer (QPR) programming on a college campus
- Prepare and facilitate trainings on campus as requested by faculty, staff, and students

# Clinical Services Committee, Texas A&M SCS

Fall 2018

• Served as an active member on the committee focused on evaluating and providing prompt, effective, ethical and appropriate clinical services to students

# Counseling Psychology Multicultural Seminar, Purdue University

Fall 2017

 Worked as student representative to plan a 90-minute bi-weekly seminar focused on multicultural issues in psychology for counseling psychology doctoral program

# **Direct Relationship Team, Purdue CAPS**

Sep. 2017 – May 2018

• Served as a member of the direct relationship outreach team focusing on the Purdue Latino Cultural Center

#### **Building Bridges, Purdue University**

Oct. 2017

Volunteered as a group facilitator of safe discussion spaces for students and community
members who were affected by the ending of DACA, Muslim travel ban, and other antiimmigrant issues in the community

#### PROFESSIONAL ASSOCIATIONS & SPECILIZED TRAININGS

# **Professional Associations**

- American Psychological Association Member
- American Psychological Association Division 17 Affiliate
- Texas Psychological Association
- New England Psychological Association

- The Gottman Institute- Level 1 Training
- Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training (Distance Training)
- PESI Acceptance & Commitment Therapy: 2 Day Intensive ACT Training (Attended June 2019)
- Social Justice in College Counseling Conference 2019: Providing Gender-Affirming Care to Transgender, Gender Non-Conforming, & Non-Binary Students (Attended May 2019)
- Race Identity and Social Equity (RISE) Conference (Attended March 2109)
- Counseling Those Who Self-Injure: A Strength-Based, Humanistic Approach (Attended March 2019)
- Question Persuade Refer (Trained to present materials January 2019)
- Campus Connect (Trained to present materials January 2019)
- Aggie Allie (Safe Zone Training; Attended September 2018 & April 2017)
- Two-Day Advanced Training for Mental Health Providers Brief Cognitive Behavioral Therapy for Suicide Risk (Attended February 2017)
- Asexuality 101 Training (Attended October 2017)

#### TECHNICAL SKILLS & ASSESSMENT ADMINISTRATION EXPREINCE

#### Technical Skills

AMOS (basic proficiency), Blackboard, Clinical Advisor, HTML (basic proficiency), Photoshop (basic proficiency), Microsoft Office (Excel, Word, PowerPoint), Mplus, R Studio, SAS, SPSS, Survey Monkey, Titanium, TherapyNotes.com, Pearson QGlobal, Pearson QInteractive, Q-Intake

#### Assessment Administration Experience

- Anger Disorders Scale (ADS)
- Autism Disorders Scale- Revised (ADI-R)
- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory (BDI)
- Conners Comprehensive Behavior Rating Scale
   Rorschach Test
- Conners Continuous Performance Test
- Eating Disorders Inventory (EDI-3)
- Fundamental Interpersonal Relations Orientation (FIRO-B)
- Millon Adolescent Clinical Inventory (MACI)

- Myers-Briggs Type Indicator (MBTI)
- NEO- Personality Inventory (NEO-PI-3)
- Personality Assessment Inventory (PAI)
- Quality of Life Inventory
- Self-Directed Search (SDS)
- Strong Interest Inventory and Skills Confidence Inventory (SII)
- Thematic Apperception Test
- Wechsler Adult Intelligence Scale (WAIS/WISC)
- Millon Clinical Multiaxial Inventory-IV (MCMI-IV) Wechsler Individual Achievement Test (WIAT)
- Minnesota Multiphasic Personality Inventory (MMPI-2)
- Woodcock-Johnson III Brief Battery (WJ-III)

# **SCHOLARSHIPS & AWARDS**

- Purdue College of Education Graduate School Scholarship: Award amount of \$2,000
- Fordham Graduate School of Education Scholarship: Award amount of \$16,314
- Taylor Opportunity Program for Students: Award amount of \$14,001
- Roddy L. Richards General Studies Scholarship at Louisiana State University
- Dean's List, Louisiana State University

# REFERENCES – AVAILABLE UPON REQUEST