## **Skills for Inclusive Conversations**





## **Shared Meaning Self-Assessment**

	A Great Deal	Somewhat	Not at All
I am culturally self-aware.	Yes		
I have explored my unconscious biases.	Yes		
I am comfortable talking about difficult subjects.	Yes		
I believe that treating everyone the same is not the solution to polarization.		Yes	
I have studied my own and other cultures' norms and beliefs.	Yes		
I have a high degree of emotional intelligence.	Yes		
I readily acknowledge that I don't know what I don't know.	Yes		
I recognize there are differences that make a difference and I try not to minimize them.	Yes		
I have regular exposure to difference.	Yes		
I have meaningful relationships with diverse individuals and groups.	Yes		
I can separate the person from their position.		Yes	
My organizational culture is ready to have Bold, Inclusive Conversations®.	Yes		
There is a high level of trust in the organization.		Yes	

There is a high level of trust within my team.		Yes	
I am aware of my power and privilege.	Yes		
I already have a lot of experience with Bold, Inclusive Conversations®.	Yes		

Skills for Inclusive Conversations with Mary-Frances Winters

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